ACTIVITY CALENDAR

November 2026

The Arbors At ISLANDIA EAST

Tel: 631-232-3131
www.thearborsassistedliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 *DAYLIGHT SAVINGS FALL BACK* 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST PATRICKS CHURCH A/D O 10:15 MORNING WARM UP & REFRESHMENTS I G 11:00 WORD CHALLENGE I G 1:15 SUNDAY MATINEE D M 1:15 BINGO! D G 2:00 CARD CLUB RL WH 2:00 AFTERNOON BEADING A/I G 3:00 HAPPY HOUR SUNDAES A/D/I B 4:00 TRIVIA CHALLENGE D G 6:15 LATE DAY BINGO A G 7:15 EVENING MOVIE IN THE CINEMA A M	**2** *ROSARY PRAYER SERVICE* 9:30 CURRENT EVENTS G G 10:00 EXERCISE & HYDRATION E G 10:00 ROSARY PRAYER SERVICE VEN M 10:30 WALKING CLUB G G 11:00 AUTUMN BOGGLE G G 1:15 AFTERNOON MOVIE D M 1:15 BINGO! D G 2:00 SCRABBLE CLUB RL G 2:00 DICE GAMES G/E/D G 3:00 HAPPY HOUR PUMPKIN HUMMUS & CHIPS G/E/D B 4:00 MULTIPLE CHOICE E G 6:15 AFTER DINNER BINGO D G 7:15 NIGHT FLICK D M	**3** *RESIDENT COUNCIL/FOOD COUNCIL* 9:30 NEWS & VIEWS D G 10:00 TUESDAY TONING & REFRESHMENTS G G 10:30 RESIDENT COUNCIL RL G 11:00 FOOD COUNCIL RL G 1:15 MATINEE D M 1:15 BINGO! G G 2:00 MAH JONG CLUB RL F2 2:00 FALL CRAFTING S/G/D G 3:00 HAPPY HOUR SPICED APPLE FRITTERS S/G/D B 4:00 JEOPARDY D G 6:15 BINGO ANYONE? S G 7:15 FEATURE FILM S M 7:15 NOVEMBER PENCIL PUZZLES RL B	**4** *MILL LANE BOUTIQUE* 9:30 WORLD NEWS D M 10:00 WEDNESDAY WORKOUT & HYDRATE E M 10:00 LUTHERAN SERVICE W/ PASTOR ZACHARY VEN G 10:30 WALKING CLUB E LO 11:00 WHEEL OF FORTUNE D M 1:15 MOVIE TIME E M 1:15 BINGO! E G 2:00 THREE THIRTEEN CLUB RL WH 2:00 WHAT WOULD YOU DO? E/D G 3:00 HAPPY HOUR ROOTBEER FLOATS E/D/A B 4:00 TRIVIA TEASERS D G 6:15 ALL ABOUT BINGO A G 7:15 EVENING MOTION PICTURE A M	**5** *TRIP TO WALMART* 9:30 DAILY NEWS D G 10:00 CHAIR YOGA & HYDRATE S G 10:30 WALKING CLUB/HOT COCOA BAR S LO 11:00 SCATERGORIES D G 1:15 TRIP TO WALMART S/D O 1:15 MID DAY SHOW I M 1:15 BINGO! I G 2:00 CANASTA CLUB RL WH 2:00 BOARD GAMES I G 3:00 HAPPY HOUR FIG NEWTONS I B 4:00 GUESSING GAME D G 6:15 BINGO! I G 7:15 TONIGHT'S FEATURE FILM I M	**6** 9:30 GOOD NEWS DAY DJ G 10:00 FITNESS FUN & HYDRATION S G 10:30 WALKING CLUB S LO 11:00 PICTIONARY DJ G 1:15 FRIDAY AFTERNOON FLICK S M 1:15 BINGO! I G 2:00 CARD CLUB RL WH 2:00 FALL PENCIL PICTURES S/DJ/I G 3:00 HAPPY HOUR WARM SUGAR COOKIES S/DJ/I B 4:00 BRAIN BENDERS DJ G 6:15 BIG BUCKS BINGO I G 7:15 FRIDAY NIGHT FLICK I M	**7** 9:30 HAPPENINGS S G 10:00 STRETCHING & REFRESHING S G 10:30 WALKING CLUB/HOT COCOA BAR S G 11:00 FASCINATING FACTS S G 1:15 MID DAY MOVIE I M 1:15 BINGO! N G 2:00 YARN CLUB RL G 2:00 PENCIL PICTURES S/N/I G 3:00 HAPPY HOUR ORANGE CRANBERRY SCONES S/N/I B 4:00 FAMILY FEUD S G 6:15 BINGO ANYONE? I G 7:15 MOVIE IN THE ARBORS THEATER I M
8 *CHRISTIAN SING A LONG WITH LI ASSEMBLY* 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST PATRICKS CHURCH A/D O 10:15 FLEX, STRECH, REFRESH & HOT COCOA I G 11:00 GUESSING GAME I G 1:15 FUNNY VIDEOS D M 1:15 BINGO! D G 2:00 CARD CLUB RL WH 2:00 CHRISTIAN SING A LONG W/LI ASSEMBLY VEN M 3:00 HAPPY HOUR SUNDAES A/D/I B 4:00 GROUP CROSSWORD D G 6:15 EVENING BINGO A G 7:15 NIGHT TIME MOVIE A M	**9** 9:30 GOOD NEWS TODAY G G 10:00 ROSARY PRAYER SERVICE RL M 10:00 MORNING WARM UP & REFRESHMENTS E G 10:30 WALKING CLUB G LO 11:00 MULTIPLE CHOICE G G 1:15 MATINEE D M 1:15 BINGO! D G 2:00 SCRABBLE CLUB RL G 2:00 WORD SEARCH G/E/D G 3:00 HAPPY HOUR FRENCH ONION DIP & CHIPS G/E/D B 4:00 WORD PUZZLES E G 6:15 LATE DAY BINGO D G 7:15 EVENING MOVIE IN THE CINEMA D M	**10** *WALMART TRIP* 9:30 LIBRARY VISIT VEN LO 9:30 NEWSDAY D G 10:00 EXERCISE & REFRESH G G 10:30 WALKING CLUB G LO 11:00 BOGGLE D G 1:15 WALMART TRIP S/G O 1:15 MOVIE TIME D M 1:15 BINGO! D G 2:00 MAH JONG CLUB RL F2 2:00 DICE GAMES D G 3:00 HAPPY HOUR VANILLA CUPCAKES D B 4:00 NAME THAT CELEBRITY G G 6:15 AFTER DINNER BINGO S G 7:15 NIGHT FLICK S M	**11** *VETERANS DAY* 9:30 CURRENT EVENTS D G 10:00 SIT BE FIT & HYDRATE E G 10:30 WALKING CLUB E LO 11:00 GROUP CROSSWORD D G 1:15 ANDREA BOCELLI CONCERT D M 1:15 BINGO! E G 2:00 HONORING OUR VETERANS E/D/A LO 2:00 ENTERTAINMENT WITH LYZA VEN LO 3:00 HAPPY HOUR ROOTBEER FLOATS E/D/A G 4:00 JEOPARDY D B 6:15 BINGO ANYONE? A G 7:15 FEATURE FILM A G	**12** *ACTIVITY PLANNING* 9:30 WORLD NEWS D G 10:00 EXERCISE & REFRESH S G 10:30 ACTIVITY PLANNING S LO 11:00 WHEEL OF FORTUNE D G 1:15 AFTERNOON MOVIE S M 1:15 BINGO! I G 2:00 CANASTA CLUB RL WH 2:30 AXE THROWING VEN LO 3:00 HAPPY HOUR BANANA BREAD S/D/I B 4:00 TRIVIA TIME S G 6:15 BINGO PARTY! I G 7:15 EVENING MOVIE I G 7:15 COFFEE/TEA & CHAT RL B	**13** *3 SISTER GLASS VENDOR* 9:30 DAILY NEWS S G 10:00 CHAIR YOGA & HYDRATE S G 10:30 WALKING CLUB/HOT COCOA BAR S G 11:00 OUTBURST S G 12:00 PIZZA TAKE-IN LUNCH S/I B 1:15 MID DAY SHOW I M 1:15 BINGO! I G 2:00 CARD CLUB RL WH 2:00 DICE GAMES S/I G 3:00 HAPPY HOUR BROWNIES S/I B 4:00 FALL HANGMAN S G 6:15 BIG BUCKS BINGO I G 7:15 MOVIE NIGHT I M	**14** 9:30 GOOD NEWS DAY S G 10:00 FITNESS FUN &HYDRATION S G 10:30 WALKING CLUB/HOT COCOA BAR S G 11:00 BOGGLE S G 1:15 AFTERNOON MOVIE I M 1:15 BINGO! N G 2:00 YARN CLUB RL G 2:00 PENCIL PUZZLES S/N/I G 3:00 HAPPY HOUR SWEET POTATO BITES S/N/I B 4:00 BRAIN BENDERS S G 6:15 BINGO TIME I G 7:15 EVENING FILM I M
15 *R.C. COMMUNION WITH JAMES* 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST PATRICKS CHURCH A/L O 10:15 SWAY TO THE MUSIC &REFRESHMENTS I G 11:00 JEOPARDY I G 1:15 MOVIE IN THE CINEMA D M 1:15 BINGO! D G 2:00 CARD CLUB RL WH 2:00 AFTERNOON BEADING A G 3:00 HAPPY HOUR SUNDAES A/D/I B 4:00 MIND BENDERS D G 6:15 WHO'S PLAYING BINGO A G 7:15 EVENING MOVIE IN THE CINEMA A M	**16** *VIOLINIST ALBERT MULAD* 9:30 HAPPENINGS G G 10:00 FLEX, STRETCH & REFRESH E G 10:00 ROSARY PRAYER SERVICE VEN M 10:30 WALKING CLUB/HOT COCOA BAR G G 11:00 GUESSING GAME G G 1:15 MOVIE TIME D M 1:15 BINGO! D G 2:00 SCRABBLE CLUB RL G 2:00 TABLE GAMES G/E/D G 3:00 HAPPY HOUR SALSA & TORTILLA CHIPS G/E/D B 3:45 VIOLINIST ALBERT MULAD VEN LO 6:15 BINGO TIME D G 7:15 EVENING MOVIE D M 7:15 INSPIRATIONAL READINGS RL B	**17** *LUNCH TRIP TO RED LOBSTER* 9:30 NEWS AROUND TOWN D G 10:00 FITNESS FUN & HYDRATE G G 10:30 WALKING CLUB G LO 10:30 PET THERAPY VEN G 11:00 MULTIPLE CHOICE D G 11:15 LUNCH TRIP TO RED LOBSTER S/G O 1:15 AFTERNOON MOVIE D M 1:15 BINGO! D G 2:00 MAH JONG CLUB RL F2 2:00 WORD SEARCH D G 3:00 HAPPY HOUR APPLE CINNAMON MUFFINS D B 4:00 WORD SCRAMBLE G G 6:15 BINGO BONANZA S G 7:15 MOVIE NIGHT S M 7:15 FALL ANIMAL PENCIL PUZZLES RL B	**18** 9:30 NEWSDAY D G 10:00 EXERCISE & REFRESH E G 10:30 WALKING CLUB E LO 11:00 WORD CHALLENGE D G 1:15 MOVIE TIME D M 1:15 BINGO! E G 2:00 THREE THIRTEEN CLUB RL WH 2:00 DICE GAMES E/D/A G 3:00 HAPPY HOUR ROOTBEER FLOATS E/D/A B 4:00 MULTIPLE CHOICE D G 6:15 LATE DAY BINGO A G 7:15 NIGHT FLICK A M	**19** *OPEN HOUSE TASTE OF THE ARBORS* 9:30 CURRENT EVENTS D G 10:00 SIT BE FIT & HYDRATE S G 10:30 WALKING CLUB V G 11:00 FALL PICTIONARY D G 1:15 MUSICAL STYLINGS OF SIMON & GARFUNKEL D M 1:15 BINGO! S G 2:00 CANASTA CLUB RL WH 2:30 OPEN HOUSE ENTERTAINMENT S/D/I LO 3:00 HAPPY HOUR PUMPKIN CAKE S/D/I B 4:00 AUTUMN WORD SCRAMBLE D G 6:15 BINGO! I G 7:15 THURSDAY SHOWING I M 7:15 COFFEE/TEA & CHAT RL B	**20** *YOGA WITH RAY* 9:15 YOGA RAY S G 10:00 WORLD NEWS S G 10:30 WALKING CLUB S G 11:00 WHEEL OF FORTUNE S G 12:00 TAKE-IN SUBWAY LUNCH I M 1:15 AFTERNOON MOVIE I G 1:15 BINGO! RL WH 2:00 CARD CLUB S/I LO 2:00 BALLOON VOLLEYBALL S/I B 3:00 HAPPY HOUR SPICED PEARS S G 4:00 TRIVIA TIME I G 6:15 BIG BUCKS BINGO I M	**21** 9:30 DAILY NEWS S G 10:00 SATURDAY WORKOUT & REFRESHMENTS S G 10:30 WALKING CLUB/HOT COCOA BAR S G 11:00 SCATERGORIES S G 1:15 MOVIE TIME I M 1:15 BINGO! N G 2:00 YARN CLUB RL G 2:00 PENCIL PICTURES S/N/I G 3:00 HAPPY HOUR GINGERBREAD CAKE S/N/I B 4:00 WHAT MORE DO YOU KNOW? S G 6:15 EVENING BINGO I G 7:15 NIGHT MOVIE AT THE CINEMA I M
22 *R.C. COMMUNION WITH JAMES* 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST PATRICKS CHURCH A/L O 10:15 SUNDAY WORKOUT &REFRESH I G 11:00 MULTIPLE CHOICE I G 1:15 AFTERNOON MOVIE D M 1:15 BINGO! D G 2:00 CARD CLUB RL WH 2:00 BEADING WITH ANNE & INDASIA A G 3:00 HAPPY HOUR SUNDAES A/D/I B 4:00 TRAVEL TRIVIA D G 6:15 AFTER DINNER BINGO A G 7:15 MOVIE NIGHT A M	**23** *ROSARY PRAYER SERVICE* 9:30 WHAT'S UP G G 10:00 TOTAL FITNESS & HYDRATION E G 10:00 ROSARY PRAYER SERVICE RL M 10:30 WALKING CLUB G LO 11:00 WORD CHALLENGE G G 1:15 MATINEE D M 1:15 BINGO! D G 2:00 SCRABBLE CLUB RL G 2:00 DOMINOS G/E/D G 3:00 HAPPY HOUR PEANUT BUTTER & APPLES G/E/D B 4:00 BOGGLE E G 6:15 LATE DAY BINGO D G 7:15 MOVIE TIME D M 7:15 INSPIRATIONAL READINGS RL B	**24** *HOLIDAY SHOPPING TRIP* 9:30 HAPPENINGS D G 10:00 FLEX, STRETCH & REFRESH G G 10:30 WALKING CLUB/HOT COCOA BAR G G 11:00 GUESSING GAME D G 1:15 HOLIDAY SHOPPING TRIP S/G O 1:15 MOVIE TIME D M 1:15 BINGO! D G 2:00 MAH JONG CLUB RL F2 2:00 TABLE GAMES D G 3:00 HAPPY HOUR CHOCOLATE CAKE D B 4:00 GROUP CROSSWORD D G 6:15 BINGO TIME S G 7:15 EVENING MOVIE S M	**25** *VETERANS GROUP ON WEST* 9:30 NEWS AROUND TOWN D G 10:00 FITNESS FUN & HYDRATE E G 10:30 WALKING CLUB E LO 11:00 MULTIPLE CHOICE D G 11:00 VETERANS GROUP ON WEST VEN W 1:15 AFTERNOON MOVIE D G 1:15 BINGO! E G 2:00 THREE THIRTEEN CLUB RL WH 2:00 THANKSGIVING PENCIL PICTURES E/D/A G 3:00 HAPPY HOUR ROOTBEER FLOATS E/D/A B 4:00 WORD SCRAMBLE D G 6:15 BINGO BONANZA A G 7:15 MOVIE NIGHT A M	**26** *THANKSGIVING* 9:30 THANKSGIVING TRADITIONS D G 10:00 EXERCISE & REFRESH S G 10:30 WALKING CLUB S LO 11:00 THANKSGIVING PICTIONARY D G 1:15 THANKSGIVING FILM D M 1:15 BINGO! I G 2:00 CANASTA CLUB RL WH 2:00 THANKFUL NOTES S/D/I G 3:00 HAPPY HOUR APPLE CRISP S/D/I B 4:00 THANKSGIVING HANGMAN D G 6:15 LATE DAY BINGO I G 7:15 THANKSGIVING FILM I M	**27** *CRAFTING* 9:30 CURRENT EVENTS S G 10:00 SIT BE FIT & HYDRATE S G 10:30 WALKING CLUB/FUN FACTS S G 11:00 GROUP CROSSWORD S G 1:15 MATINEE S/I B 1:15 BINGO! I M 2:00 CARD CLUB I G 2:00 CRAFTING RL WH 3:00 HAPPY HOUR CINNAMON SUGAR DONUT HOLES S/I G 4:00 JEOPARDY S/I B 6:15 BIG BUCKS BINGO S G 7:15 FEATURE FILM I G	**28** 9:30 WORLD NEWS S G 10:00 EXERCISE & REFRESH S G 10:30 WALKING CLUB/HOT COCOA BAR S G 11:00 WHEEL OF FORTUNE S G 1:15 AFTERNOON MOVIE I M 1:15 BINGO! N G 2:00 YARN CLUB RL G 2:00 BALLOON VOLLEYBALL S/N/I LO 3:00 HAPPY HOUR PUMPKIN BREAD PUDDING S/N/I B 4:00 TRIVIA TIME S G 6:15 BINGO PARTY! I G 7:15 EVENING MOVIE I M
29 *R.C. COMMUNION WITH JAMES* 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST PATRICKS CHURCH A/L O 10:15 FITNESS FUN & HYDRATE I M 11:00 MULTIPLE CHOICE I M 1:15 MATINEE D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL WH 2:00 AFTERNOON BEADING A/I G 3:00 HAPPY HOUR SUNDAES A/D/I B 4:00 PICTIONARY D G 6:15 BINGO IN THE EVENING A G 7:15 THEATER TIME A M	**30** *CELEBRATING 100 YEARS WITH ALFREDO* 9:30 TODAYS NEWS G G 10:00 MONDAY WORKOUT & REFRESH E G 10:30 WALKING CLUB G LO 11:00 MULTIPLE CHOICE G G 1:15 I LOVE LUCY EPISODES D M 1:15 BINGO! D G 2:00 CELEBRATING 100 YEARS W/ALFREDO RS LO 2:00 TONY T & MARGUERITA ROSE ENTERTAINMENT VEN LO 3:00 HAPPY HOUR BIRTHDAY CAKE G/E/D B 4:00 TRIVIA CHALLENGE E G 6:15 AFTER DINNER BINGO D G 7:15 MONDAY MOVIE NIGHT D M 7:15 INSPIRATIONAL READINGS RL B					

STAFF KEY
V=Valerie Director
S= Sarah
G= Gina
E=Elissa
A= Anne
I=Indasia
D=Denzel
VEN- Vender
RS- Recreation Staff
RL= Resident Lead

LOCATION KEY
O- Outing
B-Bistro
CY- Courtyard
LO- Lobby
G- Game Room
DR- Dining Room
M- Media Room
W- West Side
PDR- Private Dining Room
WH=Wall of Heroes

FOR YOUR DINING PLEASURE
BREAKFAST 7:45am-9:15am
LUNCH 11:45am-1:15pm
DINNER 4:45pm-6:15pm

All programs are subject to change.
All changes will be reflected on the Daily Board.

Your Director Valerie will be happy to answer any questions you may have regarding this calendar.

WEEKLY TRIPS

TO SIGN UP FOR OUR WEEKLY TRIPS OR SPECIAL EVENTS PLEASE GO TO THE CALENDAR AREA BY THE FRONT DESK TO RESERVE YOUR SPOT!

*All trips are if weather permits.