ACTIVITY CALENDAR

November 2026

The Arbors At BOHEMIA

Tel: 631-567-3113
www.thearborsassistedliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 *SUNDAY MASS WITH ST. JOHN'S* 9:30 THIS DAY IN HISTORY GR T 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GR T 10:30 **INTERFAITH SERVICE** GR I 11:00 HOOP TAC TOE TH A 11:00 COMMUNION GR I 1:30 ARTIST'S HOUR TH I 2:00 MOVIE MATINEE EL SJ 2:00 RUMMIKUB CLUB GR T 3:00 **SUNDAY SUNDAES** TH I 4:00 MUSIC APPRECIATION GRA A 5:00 TABLE GAMES GN I 6:00 JEOPARDY! GR A 7:00 EVENING CINEMA GN A	**2** 9:30 THIS DAY IN HISTORY GR A 9:45 MAHJONG CLUB GR T 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GN I 12:00 **CORN HOLE** GR A 1:00 JEOPARDY C I 2:00 SEWING CIRCLE GR A 2:00 RUMMIKUB CLUB GR T 2:00 WII BOWLING EL I 3:00 HAPPY HOUR GR I 4:00 CASH BINGO TH I 5:00 TABLE GAMES GN I 6:00 WORD PECK GR P 7:00 EVENING CINEMA GR A	**3** 9:30 **WALKER/WHEELCHAIR CLINIC** 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GR A 11:00 BUCKET TOSS GR A 1:00 TRAVELOGUE: NEW YORK CITY IN THE FALL GR A 2:00 MOVIE MATINEE TH A 2:00 **LIGHT & LIVELY BALLOON CIRCLE** GR S 2:00 POKER CLUB GR A 3:00 SCRABBLE CLUB G ALL 4:00 CASH BINGO GR ALL 5:00 TABLE GAMES GR A 6:00 CRANIUM CRUNCH B I 7:00 EVENING CINEMA GR A 7:00 CARD GAMES GR A	**4** 9:30 **3 SISTERS VENDING SHOP** 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:00 **LIVE ROSARY** (THEATER) TH I 10:30 CHAIR EXERCISE GR A 11:00 **BIBLE STUDY** (CAFE) GR I 11:00 LADDERBALL PD I 1:00 ART HISTORY: CLAUDE MONET GR A 2:00 ACTIVITY PLANNING MEETING GR V 2:00 JEWELRY MAKING EL SD 2:00 RUMMIKUB CLUB TH A 3:00 HAPPY HOUR EL I 4:00 SING ALONG WITH CAROL GN I 5:00 TABLE GAMES GR A 6:00 WORD PECK GR A 7:00 EVENING CINEMA GR A 7:00 TRIVIA CHALLENGE TH A	**5** *FOOD COUNCIL 10:00/RESIDENT COUNCIL 10:30* 9:30 THIS DAY IN HISTORY GR A 10:00 FOOD COUNCIL GR A 10:30 RESIDENT COUNCIL GR A 10:30 CHAIR EXERCISE GR A 11:00 CORN HOLE GRA 11:00 COMMUNITY LUNCH OUTING GR A 1:00 BIOGRAPHY: ELEANOR ROOSEVELT GR A 2:00 CHAIR YOGA W SARA GR A 2:00 SEWING CIRCLE EL A 2:00 AFTERNOON MATINEE TH A 3:00 SCRABBLE CLUB GN I 3:00 HAPPY HOUR GR A 4:00 POKENO GR A 5:00 TABLE GAMES GR A 6:00 WORD PECK GR A 7:00 EVENING CINEMA GR A 7:00 TRIVIA CHALLENGE GR A	**6** 9:30 THIS DAY IN HISTORY 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GR A 11:00 AXE THROWING GR A 11:00 **THE GENTLEMAN'S CLUB** GR A 1:00 WATERCOLOR PAINTING GN I 2:00 BALLOON VOLLEYBALL GR A 2:00 RUMMIKUB CLUB GR A 2:00 POKER GR A 3:00 HAPPY HOUR GR A 4:00 CASH BINGO TH I 4:00 **SHABBAT** GR A 6:00 CRANIUM CRUNCHES GN I 7:00 WHO WANT TO BE A MILLIONAIRE? GN I 7:00 EVENING CINEMA GR A	**7** 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE PD A 10:30 CHAIR EXERCISE GR A 11:00 PUT & BOWL GR A 12:30 WHEEL OF FORTUNE GR A 1:30 **POPCORN BAR** GR A 2:00 HORSE RACING GR A 3:00 SCRABBLE CLUB GR A 3:00 HAPPY HOUR GR A 4:00 NUMBER CHALLENGE TH A 5:00 TABLE GAMES TH A 6:00 WORD PECK GR A 7:00 EVENING CINEMA GR A 7:00 NIGHTLY CHAT GR A
8 *SUNDAY MASS WITH ST. JOHN'S* 9:30 THIS DAY IN HISTORY GR T 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GR T 10:30 **INTERFAITH SERVICE** GR A 11:00 HOOP TAC TOE TH A 11:00 **COMMUNION** TH I 1:00 FOOTBALL IN THE ARBORS CAFE C I 1:30 ARTIST HOUR GR A 2:00 MOVIE MATINEE EL SJ 2:00 RUMMIKUB CLUB GR A 3:00 **SUNDAY SUNDAES** TH I 4:00 MUSIC APPRECIATION GR A 5:00 TABLE GAMES GN I 6:00 JEOPARDY! GR A 7:00 EVENING CINEMA	**9** 9:30 THIS DAY IN HISTORY GR A 9:45 MAHJONG CLUB GR I 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GN I 11:00 **AXE THROWING** GR A 2:00 MOVIE MATINEE GR A 2:00 WII BOWLING GR A 2:00 SEWING CIRCLE 2:00 RUMMIKUB CLUB GR A 2:00 POKER CLUB GR A 3:00 HAPPY HOUR GR A 4:00 CASH BINGO GR A 5:00 TABLE GAMES GR A 6:00 WORD PECK TH A 7:00 EVENING CINEMA GR P	**10** 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GR A 11:00 BUCKET TOSS GR A 1:00 TRAVELOGUE: NEW ENGLAND IN AUTUMN TH A 2:00 **LIGHT & LIVELY BALLOON CIRCLE** TH A 2:00 POKER CLUB EL SJ 2:00 SCRABBLE CLUB GR A 3:00 HAPPY HOUR GR A 3:00 SCRABBLE CLUB GR A 4:00 CASH BINGO GR A 5:00 TABLE GAMES GR A 6:00 CRANIUM CRUNCH GN A 7:00 EVENING CINEMA GN A 7:00 CARD GAMES GR A	**11** *VETERAN'S DAY* 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:00 **LIVE ROSARY** (THEATER) TH I 10:30 CHAIR EXERCISE GR A 11:00 **BIBLE STUDY** (CAFE) GR A 11:00 LADDERBALL PD A 12:00 VETERAN'S LUNCHEON GR A 2:00 POKER CLUB GR A 2:00 VETERAN'S DAY COMMENCEMENT GR A 2:00 RUMMIKUB CLUB GR A 3:00 HAPPY HOUR GR A 4:00 SING ALONG WITH CAROL GR SD 5:00 TABLE GAMES GR A 6:00 WORD PECK TH A 7:00 EVENING CINEMA GN I 7:00 TRIVIA CHALLENGE GR A	**12** *MUSIC WITH JOHN CIOTTA* 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:00 CHAIR EXERCISE GR A 10:00 **JAKE'S 58 CASINO** GR A 11:00 CORN HOLE GR A 1:00 CELEBRITY SPOTLIGHT: GRACE KELLY TH A 2:00 SEWING CIRCLE 2:00 AFTERNOON MATINEE GR A 2:00 **MUSIC WITH JOHN CIOTTA** GR A 3:00 SCRABBLE CLUB GN I 3:00 HAPPY HOUR GR A 4:00 POKENO GR I 5:00 TABLE GAMES GR A 6:00 WORD PECK GR A 7:00 EVENING CINEMA EL A 7:00 TRIVIA CHALLENGE GR A	**13** 9:30 THIS DAY IN HISTORY 10:00 DAILY CHALLENGE GR A CHAIR EXERCISE GR A 11:00 PUTT & BOWL GR A 1:00 WATERCOLOR PAINTING GN A 2:00 BALLOON VOLLEYBALL GR A 2:00 RUMMIKUB CLUB GR A 2:00 POKER GR A 3:00 HAPPY HOUR GR A 4:00 CASH BINGO GR A 4:00 **SHABBAT** PDA A 6:00 CRANIUM CRUNCHES GN I 7:00 FAMILY FEUD GR A 7:00 EVENING CINEMA GR ALL	**14** 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE PD I 10:30 CHAIR EXERCISE GR A 11:00 LADDER BALL GR A 12:30 WHEEL OF FORTUNE GR A 1:30 **POPCORN BAR** GR A 2:00 HORSE RACING GR A 3:00 SCRABBLE CLUB GR A 3:00 HAPPY HOUR GR A 4:00 NUMBER CHALLENGE TH A 5:00 TABLE GAMES TH A 6:00 WORD PECK GR A 7:00 EVENING CINEMA GR A 7:00 NIGHTLY CHAT GR A
15 *SUNDAY MASS WITH ST. JOHN'S* 9:30 THIS DAY IN HISTORY 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE C I 10:30 **INTERFAITH SERVICE** GR A 11:00 HOOP TAC TOE THI SD 11:00 **COMMUNION** EL SJ 1:00 FOOTBALL IN THE ARBORS CAFE C I 1:30 ARTIST'S HOUR GR A 2:00 MOVIE MATINEE GR A 2:00 BOWLING GR I 2:00 RUMMIKUB CLUB GR A 3:00 SUNDAY SUNDAES GRA A 4:00 MUSIC APPRECIATION GN I 5:00 TABLE GAMES GR A 6:00 JEOPARDY! THI A 7:00 EVENING CINEMA	**16** 9:30 THIS DAY IN HISTORY GR A 9:45 MAHJONG CLUB GR A 10:00 DAILY CHALLENGE GN I 10:30 CHAIR EXERCISE GR A 11:00 **AXE THROWING** GR A 1:00 SEWING CIRCLE PD A 1:00 JEOPARDY GR A 2:00 MOVIE MATINEE GR A 2:00 WII BOWLING GR A 2:00 RUMMIKUB CLUB TH A 2:00 POKER CLUB GR A 3:00 HAPPY HOUR GR A 4:00 CASH BINGO GR A 5:00 TABLE GAMES GR V 6:00 WORD PECK TH A 7:00 EVENING CINEMA GR A	**17** 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GR A/E 11:00 BUCKET TOSS GR A 1:00 TRAVELOGUE: QUEBEC CITY, CANADA GR A 2:00 MOVIE MATINEE GR A 2:00 **LIGHT & LIVELY BALLOON CIRCLE** GR A 2:00 POKER CLUB GR V 3:00 SCRABBLE CLUB GR A 4:00 CASH BINGO GR A 5:00 TABLE GAMES GR A 6:00 CRANIUM CRUNCH B I 7:00 EVENING CINEMA GR A 7:00 CARD GAMES GR A	**18** 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:00 **LIVE ROSARY** (THEATER) TH A 10:30 CHAIR EXERCISE GR A 11:00 **BIBLE STUDY** (CAFE) GR A/E 11:00 LADDERBALL GR I 1:00 ART HISTORY: TOULOUSE-LAUTREC PD I 2:00 POKER CLUB GR A 2:00 JEWELRY MAKING GR E 2:00 RUMMIKUB CLUB GR A 2:00 **LIBRARY BOOK TALK** EL SD 4:00 SING ALONG WITH CAROL TH A 5:00 TABLE GAMES GR A 6:00 WORD PECK GN I 7:00 EVENING CINEMA GR A 7:00 TRIVIA CHALLENGE GR A	**19** 9:30 THIS DAY IN HISTORY GR 10:00 DAILY CHALLENGE GR A 10:00 **SHOPPING: DOLLAR TREE** GR I 10:30 CHAIR EXERCISE GR A 11:00 CORN HOLE GR A 2:00 SEWING CIRCLE GR A 2:00 **FRIENDSGIVING CELEBRATION** TH A 2:00 **MUSIC WITH MARK DANTE** GR A 3:00 **FRIENDSGIVING HAPPY HOUR** GR A 3:00 SCRABBLE CLUB GN I 4:00 POKENO GR A 6:00 WORD PECK GR A 7:00 SEWING CIRCLE TH A 7:00 TRIVIA CHALLENGE GR A	**20** 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GR A 11:00 AXE THROWING PD A 1:00 WATERCOLOR PAINTING GR A 2:00 BALLOON VOLLEYBALL GR A 2:00 RUMMIKUB CLUB C A 2:00 POKER GR A 3:00 HAPPY HOUR GR A 4:00 CASH BINGO GR A 4:00 **SHABBAT** GR A 6:00 CRANIUM CRUNCHES GR A 7:00 WHO WANT TO BE A MILLIONAIRE? GR A 7:00 EVENING CINEMA TH A	**21** 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE PD A 10:30 CHAIR EXERCISE GR A 11:00 PUT & BOWL GR A 12:30 WHEEL OF FORTUNE GR A 1:30 **POPCORN BAR** GR A 2:00 HORSE RACING GR A 3:00 SCRABBLE CLUB GR A 3:00 HAPPY HOUR GR A 4:00 NUMBER CHALLENGE TH A 5:00 TABLE GAMES TH A 6:00 WORD PECK GR A 7:00 EVENING CINEMA GR A 7:00 NIGHTLY CHAT GR A
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29 *SUNDAY MASS WITH ST. JOHN'S* 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR T 10:00 CHAIR EXERCISE GR A 10:30 **INTERFAITH SERVICE** TH A 11:00 HOOP TAC TOE TH A 11:00 **COMMUNION** GR A 1:00 FOOTBALL IN THE ARBORS CAFE C I 1:30 ARTIST'S HOUR EL SD 2:00 MOVIE MATINEE GR A 2:00 BOWLING GR A 2:00 RUMMIKUB CLUB TH I 3:00 SUNDAY SUNDAES PD I 4:00 MUSIC APPRECIATION GR A 5:00 TABLE GAMES GR A 6:00 JEOPARDY! GN I 7:00 EVENING CINEMA	**30** 9:30 THIS DAY IN HISTORY GR A 9:45 MAHJONG CLUB GR A 10:00 DAILY CHALLENGE GN A 10:30 CHAIR EXERCISE GR A 11:00 **AXE THROWING** GR A 1:00 SEWING CIRCLE GR A 2:00 MOVIE MATINEE GR A 2:00 WII BOWLING GR A 2:00 RUMMIKUB CLUB GR A 2:00 POKER CLUB GR A 3:00 HAPPY HOUR GR A 4:00 CASH BINGO GR A 5:00 TABLE GAMES GR A 6:00 WORD PECK GR A 7:00 EVENING CINEMA GR A					

STAFF KEY
G- Greg Slingluff
M- Marilyn Montalvo
SD- Shannagh Dignan
JG- Jim Gover
T- Tricia Cieslak
K-Keira Aebisher
DR- Denise Rafkind
AS- Ashley Silva
GT-Gale Taxis
E- Eliana Puntarich
A - ACTIVITY STAFF
V - Vendor

LOCATION KEY
EL-Entrance Lounge
FL- Front Lawn
GN-Game Nook
OC-Courtyard
PD-Private Dining
C-Café
GR-Great Room
S-Salon
TH-Theater
I-Independent
RR-Resident's Room

CLUB SCHEDULES
RUMMIKUB: SUN., MON., WED., FRI. AT 2:00PM
INTERFAITH SERVICE: SUNDAY 10:30AM
KARAOKE: SUN., WED. AT 7PM
MAHJONG: MONDAYS AT 9:45AM
POKER: WEDNESDAYS AND FRIDAYS AT 2PM
UNO: WEDNESDAYS 11AM
BIBLE STUDY: WEDNESDAYS 10:30AM PRIVATE DINING ROOM
SCRABBLE: THURS./SAT. AT 3:00PM

*ALL TRIPS ARE WEATHER PERMITTING
*ALL PROGRAMS ARE SUBJECT TO CHANGE
Changes will be reflected on the Daily Board.

Recreation Director will be happy to answer any questions you may have regarding this calendar.

DAILY PROGRAMS
10:30 EXERCISE GR
11:00 GAMES GR
2:00 MATINEE MOVIE TH
3:00 SOCIAL HOUR GR
7:00 EVENING MOVIE TH

MEALS
BREAKFAST SERVED 7:45 AM & 9:00 AM
LUNCH SERVED 11:45 AM & 1:00 PM
DINNER SERVED 4: 45 PM & 6:00 PM