

ACTIVITY CALENDAR

OCTOBER 2020 The Arbors At ISLANDIA EAST SAFECARE

Tel: 631-232-3131
www.thearborsassistedliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	STAFF KEY V=Valerie Director T=Tatiana I=Indasia D=Danielle M=Michelle W=Wilfred A=Anne R=Rahat K=Keara RS- Recreation Staff RL= Resident Lead VEN- Vender	LOCATION KEY O-Outing B-Bistro P-Patio LR- Living Room DR-Dining Room ELO- East Lobby PDR- Private Dining Room W- West Side EM-East Media Room ECY=East Court Yard EG=East Game Room	FOR YOUR DINING PLEASURE Breakfast 8am-9pm Lunch 12pm-1pm Dinner 5pm-6pm All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Valerie will be happy to answer any questions you may have regarding this calendar.	1 ANDREW ENTERTAINMENT AL 9:30 PICTURE BOOKS M/D LR 10:00 STRETCHING & REFRESHING M/D LR 10:30 TRUE OR FALSE M/D LR 11:00 BALLOONS AFLOAT M/D LR 1:15 DRAWING PUMPKINS M/D LR 1:30 ANDREW ENTERTAINMENT AL M/D LR 2:00 JUMBO GAMES M/D LR 2:30 DICE ROLL M/D DR 3:00 HAPPY HOUR SOFT CHOCOLATE CHIP COOKIES M/D LR 4:00 BINGO RS LR 6:00 BACK TO THE 50'S	2 9:30 FAMILIAR FACES W/M/D LR 10:00 LET'S DO THE TWIST W/M/D LR 10:30 JOKES W/M/D LR 11:00 SEEK & FIND W/M/D LR 1:15 SING A LONG W/M/D LR 2:00 NOODLE TENNIS W/M/D LR 2:30 NAME 10 W/M/D LR 3:00 HAPPY HOUR RICE PUDDING W/RAISINS W/M/D DR 4:00 DICE GAMES W/M/D LR 6:00 MUSIC STYLINGS OF JOHNNY MATHIS RS LR	3 9:30 A-Z AUTUMN W/M LR 10:00 EXERCISE & HYDRATE W/M LR 10:30 NAME THAT ANIMAL W/M LR 11:00 BASKETBALL SHOOTOUT W/M LR 1:15 HOOP TOSS W/M LR 2:00 NAME THAT SOUND W/M LR 2:30 BALL GAMES W/M LR 3:00 HAPPY HOUR CUP CAKES W/M DR 4:00 BINGO W/M LR 6:00 MUSICAL SENSATIONS RS LR
4 COMMUNION WITH JAMES AL 9:30 SIT AND TALK K/D LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV K/D LR 10:00 TABLE ACTIVITIES K/D LR 10:30 MOVE TO THE BEAT & HYDRATE K/D LR 11:00 NOODLE TAP K/D LR 1:15 DICE GAMES K/D LR 2:00 BOWLING K/D LR 2:30 NAME THAT OBJECT K/D LR 3:00 HAPPY HOUR SUNDAES K/D DR 4:00 DICE GAMES K/D LR 6:00 DANCING ON SCREEN RS LR	5 MUSIC THERAPY W/MARIA MENNITI 9:30 NAME THAT FACE W/D LR 10:00 STRETCH & REFRESH W/D LR 10:30 BALLOON VOLLEY W/D LR 11:00 RHYME TIME W/D LR 1:15 MUSIC THERAPY W/MARIA MENNITI VEN LR 2:00 BALL GAMES W/D LR 2:30 TRIVIA TIME W/D LR 3:00 HAPPY HOUR FALL CHILLI DIP & TORTILLA CHIPS W/D DR 4:00 BINGO W/D LR 6:00 SOUNDS OF NATURE RS LR	6 SENSORY GROUP 9:30 WHAT WOULD YOU DO? W/R/T LR 10:00 FITNESS FUN & HYDRATE W/R/T LR 10:30 WORD TEASERS W/R/T LR 11:00 SIMON SAYS W/R/T LR 1:15 SENSORY GROUP T DR 1:15 DANCE PARTY W/R/T LR 2:00 SING A LONG W/R/T LR 2:30 CHEER FITNESS W/R/T LR 3:00 HAPPY HOUR PIZZA BITES W/R/T DR 4:00 DICE GAMES W/R/T LR 6:00 MOTOWN MUSIC RS LR	7 PUMPKIN FARM VISIT 9:30 HISTORIC EVENTS T/I/D LR 10:00 EXERCISE & REFRESH T/I/D LR 10:30 SHORT STORIES T/I/D LR 11:00 ACTIVE GAMES T/I/D LR 1:15 PUMPKIN FARM VISIT A/T O 1:15 A-Z VEGETABLES I/D LR 2:00 BALL TOSS I/D LR 2:30 FLOWER ARRANGING I/D LR 3:00 HAPPY HOUR ICE CREAM I/D D 4:00 BINGO I/D LR 6:00 HAPPY SONGS RS LR	8 NATIONAL FLUFFERNUTTER DAY 9:30 TRIVIA TEASERS M/D LR 10:00 MOVE TO THE BEAT & HYDRATION STATION M/D LR 10:30 BALLOON TAP M/D LR 11:00 CLUE TRIVIA M/D LR 1:15 MELODY LANE COUNTRY SING A LONG M/D LR 2:00 RING TOSS M/D LR 2:30 MOVEMENT TO MUSIC M/D LR 3:00 HAPPY HOUR FLUFFERNUTTER FINGER SANDWICHES M/D DR 4:00 DICE GAMES M/D LR 6:00 SOOTHING MELODIES RS LR	9 9:30 PICTURE BOOKS W/M/D LR 10:00 STRETCHING & REFRESHING W/M/D LR 10:30 FUN FACTS W/M/D LR 11:00 BASKETBALL SHOOTOUT W/M/D LR 1:15 HALLOWEEN CRAFTS W/M/D LR 2:00 ROLL OF THE DICE W/M/D LR 2:30 SPORTS CHARADES W/M/D LR 3:00 HAPPY HOUR CINNAMON SQUARES W/M/D DR 4:00 BINGO W/M/D LR 6:00 GOLDEN OLDIES RS LR	10 9:30 MOVIE TALK W/M LR 10:00 FITNESS FUN &HYDRATION W/M LR 10:30 TRUE OR FALSE W/M LR 11:00 HIDDEN OBJECTS W/M LR 1:15 SING A LONG W/M LR 2:00 NOODLE TENNIS W/M LR 2:30 FAMILY FEUD W/M LR 3:00 HAPPY HOUR CHEESY GARLIC BREAD W/M DR 4:00 BINGO W/M LR 6:00 MUSIC STYLINGS OF NIEL DIAMOND RS LR
11 COMMUNION WITH JAMES AL 9:30 A-Z ORANGE K/D LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV K/D LR 10:00 TABLE ACTIVITIES K/D LR 10:30 EXERCISE & REFRESH K/D LR 11:00 HOOP TOSS K/D LR 1:15 WALK TO THE PATIO K/D P 2:00 BALLOON VOLLEYBALL K/D P 2:30 SCATEGORIES K/D LR 3:00 HAPPY HOUR SUNDAES K/D DR 4:00 BINGO K/D LR 6:00 MUSIC FOR THE SOUL RS LR	12 COLUMBUS DAY 9:30 LETS TALK W/D LR 10:00 MOVE TO THE BEAT &HYDRATION STATION W/D LR 10:30 FAMOUS FACES W/D LR 11:00 BALL TOSS W/D LR 1:15 CRAYON SHIP CREATIONS W/D LR 2:00 GUESSING GAME W/D LR 2:30 JUMBO GAMES W/D LR 3:00 HAPPY HOUR SOFT PRETZELS & DIP W/D DR 4:00 DICE GAMES W/D LR 6:00 MUSICAL STYLINGS OF PERRY CUOMO RS LR	13 SENSORY GROUP 9:30 WHO DO YOU KNOW? W/R/T LR 10:00 STRETCHING & REFRESHING W/R/T LR 10:30 BALLOON VOLLEY W/R/T LR 11:00 NAME 10 W/R/T LR 1:15 SENSORY GROUP T DR 1:15 RING TOSS W/R/T LR 2:00 BALL GAMES W/R/T LR 2:30 INSTRUMENT CHARADES W/R/T LR 3:00 HAPPY HOUR POTATO PUFFS W/R/T DR 4:00 BINGO W/R/T LR 6:00 SWEET MELODIES RS LR	14 FALL SCENIC DRIVE 9:30 CHIT CHAT T/I/D LR 10:00 FITNESS FUN & HYDRATE T/I/D LR 10:30 GUESS THE EMOJI T/I/D LR 11:00 SIMON SAYS T/I/D LR 1:15 FALL SCENIC DRIVE A/T O 1:15 BEAN BAG CHALLENGE I/D LR 2:00 SING A LONG I/D LR 2:30 CHEER FITNESS I/D LR 3:00 HAPPY HOUR ICE CREAM I/D DR 4:00 DICE GAMES I/D LR 6:00 MUSIC MEDITATION RS LR	15 VANCE ENTERTAINMENT 9:30 NATIONAL I LOVE LUCY DAY M/D LR 10:00 EXERCISE & REFRESH M/D LR 10:30 VANCE ENTERTAINMENT VEN LR 1:15 A-Z ON THE FARM M/D LR 2:00 BALL TOSS M/D LR 2:30 WATERCOLOR FALL LEAVES M/D LR 3:00 HAPPY HOUR CORN NUGGETS M/D LR 4:00 BINGO M/D DR 6:00 I LOVE LUCY ON SCREEN M/D LR	16 YOGA CLASS W/RAY 9:30 YOU BE THE JUDGE W/M/D LR 10:15 YOGA CLASS W/RAY VEN LR 11:00 BALLOON VOLLEYBALL W/M/D LR 1:15 MELODY LANE SONGS THAT MAKE YOU SMILE W/M/D LR 2:00 TRIVIA CHALLENGE W/M/D LR 2:30 MOVEMENT TO MUSIC W/M/D LR 3:00 HAPPY HOUR CHEESY POPCORN W/M/D DR 4:00 DICE GAMES W/M/D LR 6:00 MOVIE TIME RS LR	17 ART CLUB 9:30 PICTURE BOOKS W/M LR 10:00 STRETCHING & REFRESHING W/M LR 10:30 FACT OR FICTION W/M LR 11:00 BASKETBALL SHOOTOUT W/M LR 1:15 ART CLUB V DR 1:15 FARM ANIMAL CHARADES W/M LR 2:00 JUMBO DOMINOS W/M LR 2:30 NAME 10 W/M LR 3:00 HAPPY HOUR WARM BROWNIES W/M DR 4:00 BINGO W/M LR 6:00 GOLDEN OLDIES RS LR
18 COMMUNION WITH JAMES 9:30 TALK ABOUT FAVORITES K/D LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV K/D LR 10:00 TABLE ACTIVITIES K/D LR 10:30 FITNESS FUN & HYDRATION K/D LR 11:00 NAME 10 K/D LR 1:15 BASKETBALL SHOOTOUT K/D LR 2:00 GUESSING GAME K/D LR 2:30 KICK BALL K/D LR 3:00 HAPPY HOUR SUNDAES K/D DR 4:00 DICE GAMES K/D LR 6:00 MUSIC MONTAGE RS LR	19 GARDEN CARE ON THE PATIO 9:30 GARDENING TALK W/D LR 10:00 EXERCISE & REFRESH W/D LR 10:30 MATCH GAME W/D LR 11:00 MULTIPLE CHOICE W/D LR 1:15 GARDEN CARE ON THE PATIO W/D P 2:00 BALLOON VOLLEYBALL W/D P 2:30 CLUE TRIVIA W/D P 3:00 HAPPY HOUR CORN DIP & TORTILLA CHIPS W/D DR 4:00 BINGO W/D LR 6:00 MUSIC FOR THE SOUL RS LR	20 PET THERAPY 9:30 SEE THE 7 WONDERS OF THE WORLD W/R/T LR 10:00 MOVE TO THE BEAT & HYDRATION STATION W/R/T LR 10:30 20 QUESTIONS W/R/T LR 11:00 TOSS GAMES W/R/T LR 11:00 PET THERAPY VEN LR 1:15 SENSORY GROUP T DR 1:15 WORD CHALLENGE W/R/T LR 2:00 BOWLING W/R/T LR 2:30 JUMBO GAMES W/R/T LR 3:00 HAPPY HOUR BACON CHEDDAR DROP BISCUITS W/R/T DR 4:00 DICE GAMES W/R/T LR 6:00 MUSIC STYLINGS OF THE ANDRE RIEU RS LR	21 TONYT & MARGUERITA ROSE ENTERTAINMENT AL 9:30 REMINISCING AUTUMN T/I/D LR 10:00 STRETCHING & REFRESHING T/I/D LR 10:30 BALLOON TAP T/I/D LR 11:00 KARAOKE T/I/D LR 1:15 KICK BALL T/I/D LR 2:00 FAMILY FEUD T/I/D LR 2:30 TONYT & MARGUERITA ROSE ENTERTAINMENT AL VEN ELO 2:30 CHARADES T/I/D LR 3:00 HAPPY HOUR ICE CREAM T/I/D DR 4:00 BINGO T/I/D LR 6:00 SWEET MELODIES RS LR	22 GOLDEN GALS CARDIO DRUMMING 9:30 TABLE TALK M/D LR 10:00 FITNESS FUN & HYDRATE M/D LR 10:30 TRIVIA TIME M/D LR 11:00 SIMON SAYS M/D LR 1:15 GOLDEN GALS CARDIO DRUMMING VEN LR 2:00 DANCE TO THE MUSIC M/D LR 2:30 SING A LONG M/D LR 3:00 HAPPY HOUR PEANUT BUTTER CAKE M/D DR 4:00 DICE GAMES M/D LR 6:00 MUSIC MEDITATION RS LR	23 9:30 MUSIC DISCUSSION W/M/D LR 10:00 EXERCISE & REFRESH W/M/D LR 10:30 SHORT STORIES W/M/D LR 11:00 TABLE GAMES W/M/D LR 1:15 WALK TO THE PATIO W/M/D P 2:00 WORD GAMES W/M/D P 2:30 BALL TOSS W/M/D P 3:00 HAPPY HOUR CARROT FRIES W/M/D DR 4:00 BINGO W/M/D LR 6:00 MUSIC THAT MAKES YOU SMILE RS LR	24 9:30 CURRENT EVENTS W/M LR 10:00 MOVE TO THE BEAT &HYDRATION STATION W/M LR 10:30 TRIVIA TEASERS W/M LR 11:00 BALLOON VOLLEYBALL W/M LR 1:15 RING TOSS W/M LR 2:00 RHYTHM WITH INSTRUMENTS W/M LR 2:30 CHAIR EXERCISE W/M LR 3:00 HAPPY HOUR ORANGE CRANBERRY MUFFINS W/M DR 4:00 DICE GAMES W/M LR 6:00 SOOTHING MELODIES RS LR
25 COMMUNION WITH JAMES 9:30 PICTURE BOOKS K/D LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV K/D LR 10:00 TABLE ACTIVITIES K/D LR 10:30 STRETCHING & REFRESHING K/D LR 11:00 BALLOON VOLLEYBALL K/D LR 1:15 SING A LONG K/D LR 2:00 ACTIVE GAMES K/D LR 2:30 NAME 10 K/D LR 3:00 HAPPY HOUR SUNDAES K/D DR 4:00 BINGO K/D LR 6:00 EASY LISTENING RS LR	26 NATIONAL PUMPKIN DAY 9:30 CHIT CHAT W/D LR 10:00 FITNESS FUN & HYDRATION W/D LR 10:30 NAME THAT SOUND W/D LR 11:00 BELIEVE IT OR NOT W/D LR 1:15 KICKBALL W/D LR 2:00 SCATEGORIES W/D LR 2:30 MOVE TO THE MUSIC W/D LR 3:00 HAPPY HOUR PUMPKIN PIE DIP W/CANOLI CHIPS W/D DR 4:00 DICE GAMES W/D LR 6:00 MUSIC MONTAGE RS LR	27 HORSE THERAPY FARM TRIP 9:30 PUMPKIN CHAT W/R/T LR 10:00 HORSE THERAPY FARM TRIP W/R/T LR 10:00 HOT COCOA BAR W/R/T LR 10:30 EXERCISE & REFRESH W/R/T LR 11:00 MULTIPLE CHOICE W/R/T LR 1:15 SENSORY GROUP T DR 1:15 PUMPKIN CREATIONS W/R/T LR 2:00 BALLOON VOLLEYBALL W/R/T LR 2:30 HIDDEN OBJECTS W/R/T LR 3:00 HAPPY HOUR MONSTER CHICKEN FINGERS W/R/T DR 4:00 BINGO W/R/T LR 6:00 MUSIC FOR THE SOUL RS LR	28 FAMILY PIZZA LUNCH 9:30 TRAVEL TO GERMANY T/I/D LR 10:00 MOVE TO THE BEAT & HYDRATION STATION T/I/D LR 10:30 CLUE TRIVIA T/I/D LR 11:00 TOSS GAMES T/I/D LR 12:00 FAMILY PIZZA LUNCH RS DR 1:15 LETTER GAMES T/I/D LR 2:00 TABLE GAMES T/I/D LR 2:30 JUMBO GAMES T/I/D LR 3:00 HAPPY HOUR ICE CREAM T/I/D DR 4:00 DICE GAMES T/I/D LR 6:00 MUSICAL STYLINGS OF ANDREA BOCELLI RS LR	29 9:30 REMINISCING M/D LR 10:00 STRETCH & REFRESH M/D LR 10:30 BALLOON TAP M/D LR 11:00 A-Z COSTUMES M/D LR 1:15 KICKBALL M/D LR 2:00 FAMILY FEUD M/D LR 2:30 HALLOWEEN CHARADES M/D LR 3:00 HAPPY HOUR FRANKENSTEIN & BEANS M/D DR 4:00 BINGO M/D LR 6:00 HALLOWEEN TUNES RS LR	30 9:30 TABLE TALK W/M/D LR 10:00 SCARF DANCING & HYDRATION W/M/D LR 10:30 WORD CHALLENGE W/M/D LR 11:00 BALL TOSS W/M/D LR 1:15 TRIVIA TIME W/M/D LR 2:00 DANCE TO THE MUSIC W/M/D LR 2:30 SING A LONG W/M/D LR 3:00 HAPPY HOUR BOO BERRY PARFAIT W/M/D DR 4:00 DICE GAMES W/M/D LR 6:00 MUSIC MEDITATION RS LR	31 HALLOWEEN UNDER THE SEA 9:30 HALLOWEEN RIDDLES W/M LR 10:00 EXERCISE & REFRESH W/M LR 10:30 HALLOWEEN UNDER THE SEA PARTY W/MARY PECK VEN LR 1:15 SPOOKY POEMS W/M LR 2:00 ACTIVE GAMES W/M LR 2:30 HALLOWEEN Pictionary W/M LR 3:00 HAPPY HOUR CANDY APPLE CAKE W/M DR 4:00 BINGO W/M LR 6:00 HALLOWEEN FILM RS LR