

JULY 2026

The Arbors At BOHEMIA

Tel: 631-567-3113
www.thearborsassistedliving.com

ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
STAFF KEY G- Greg Slingluff M- Marilyn Montalvo SD- Shannagh Dignan JG- Jim Gover K-Keira Aebisher DR- Denise Rafkind AS- Ashley Silva GT-Gale Taxis E- Eliana Puntarich SG- Samantha Gregory A - ACTIVITY STAFF V - Vendor	LOCATION KEY EL-Entrance Lounge FL- Front Lawn GN-Game Nook OC-Courtyard PD-Private Dining C-Café GR-Great Room S-Salon TH-Theater I-Independent RR-Resident's Room	CLUB SCHEDULES RUMMIKUB: SUN., MON., WED., FRI. AT 2:00PM INTERFAITH SERVICE: SUNDAY 10:30AM KARAOKE: SUN., WED. AT 7PM MAHJONG: MONDAYS AT 9:45AM POKER: WEDNESDAYS AND FRIDAYS AT 2PM UNO: WEDNESDAYS 11AM BIBLE STUDY: WEDNESDAYS 10:30AM PRIVATE DINING ROOM SCRABBLE: THURS./SAT. AT 3:00PM *ALL TRIPS ARE WEATHER PERMITTING *ALL PROGRAMS ARE SUBJECT TO CHANGE Changes will be reflected on the Daily Board. Recreation Director will be happy to answer any questions you may have regarding this calendar.	DAILY PROGRAMS 10:30 EXERCISE GR 11:00 GAMES GR 2:00 MATINEE MOVIE TH 3:00 SOCIAL HOUR GR 7:00 EVENING MOVIE TH MEALS BREAKFAST SERVED 7:45 AM & 9:00 AM LUNCH SERVED 11:45 AM & 1:00 PM DINNER SERVED 4:45PM & 6:00 PM	1 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:00 LIVE ROSARY (THEATER) TH A 10:30 CHAIR EXERCISE GR A 11:00 BIBLE STUDY (CAFE) GR I 11:00 LADDERBALL PD I 1:00 ART HISTORY: CAMILLE PISSARRO GR A 2:00 ACTIVITY PLANNING MEETING GR A 2:00 POKER CLUB EL SD 2:00 JEWELRY MAKING TH A 2:00 RUMMIKUB CLUB EL I 3:00 HAPPY HOUR GN I 4:00 SING ALONG WITH CAROL GR A 5:00 TABLE GAMES GR A 6:00 WORD PECK GR A 7:00 EVENING CINEMA TH A 7:00 TRIVIA CHALLENGE GR A	2 FOOD COUNCIL 10AM/RESIDENT COUNCIL 10:30 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:30 FOOD COUNCIL RESIDENT COUNCIL GR A 11:00 CHAIR EXERCISE GR A 12:30 MANICURES & MELODIES GR A 1:00 AMERICA'S NATIONAL MONUMENTS & MEMORIALS GR A 2:00 SEWING CIRCLE GR A 2:00 PATRIOTIC CHAIR DANCING WITH THE GOLDEN GALS GR A 2:00 AFTERNOON MATINEE EL A 3:00 HAPPY HOUR TH A 4:00 POKENO GR A 5:00 TABLE GAMES GR A 6:00 WORD PECK GR A 7:00 EVENING CINEMA GR A 7:00 TRIVIA CHALLENGE GR A	3 SHOPPING: CVS 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:15 SHOPPING: CVS GR A 10:30 CHAIR EXERCISE GR A 11:00 PUTT & BOWL GN EP 12:30 BIOGRAPHY: PRINCESS DIANA GR A 1:00 WATERCOLOR PAINTING GR A 2:00 BALLOON VOLLEYBALL GR A 2:00 RUMMIKUB CLUB GN I 2:00 POKER GR A 3:00 HAPPY HOUR EL A 4:00 CASH BINGO GR A 4:00 SHABBAT PD A 6:00 CRANIUM CRUNCHES GR A 7:00 FAMILY FEUD GR A 7:00 EVENING CINEMA TH A	4 INDEPENDENCE DAY MUSIC WITH BARBARA 10:00 DAILY CHALLENGE PD I 10:30 CHAIR EXERCISE GR A 11:00 LADDER BALL GR A 12:00 4TH OF JULY BARBEQUE MUSIC WITH BARBARA GR A 2:00 AFTERNOON MATINEE GR A 3:00 HAPPY HOUR TH A 4:00 STARS & STRIPES BINGO GR A 5:00 TABLE GAMES GR A 6:00 WORD PECK GR A 7:00 EVENING CINEMA GR A 7:00 NIGHTLY CHAT GR A
5 SUNDAY MASS WITH ST. JOHN'S 9:30 THIS DAY IN HISTORY GR T 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GR T 10:30 INTERFAITH SERVICE GR I 11:00 HOOP TAC TOE TH A 11:00 COMMUNION GR I 1:30 ARTIST'S HOUR TH I 2:00 MOVIE MATINEE EL SJ 2:00 WII BOWLING EL SD 2:00 RUMMIKUB CLUB GR T 3:00 SUNDAY SUNDAES TH I 4:00 MUSIC APPRECIATION GRA A 5:00 TABLE GAMES GN I 6:00 JEOPARDY! GR A 7:00 EVENING CINEMA GR A	6 9:30 THIS DAY IN HISTORY GR A 9:45 MAHJONG CLUB GR T 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GN I 11:00 AXE THROWING GR A 1:00 JEOPARDY B T 2:00 MOVIE MATINEE C I 2:00 WII BOWLING GR A 2:00 RUMMIKUB CLUB GR T 2:00 POKER CLUB EL I 3:00 HAPPY HOUR GR I 4:00 CASH BINGO TH I 5:00 TABLE GAMES GN I 6:00 WORD PECK GR P 7:00 EVENING CINEMA GR A	7 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GR A 11:00 LIGHT & LIVELY BALLOON CIRCLE GR A 11:30 MANICURES & MELODIES GR A 1:00 TRAVELOGUE: WASHINGTON DC GR A 2:00 MOVIE MATINEE TH A 2:00 CHAIR ZUMBA GR S 2:00 RUMMIKUB CLUB TH A 2:00 POKER CLUB GR A 3:00 HAPPY HOUR G ALL 4:00 CASH BINGO GR ALL 5:00 TABLE GAMES GR A 6:00 CRANIUM CRUNCH B I 7:00 EVENING CINEMA GR A 7:00 CARD GAMES GR A	8 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:00 LIVE ROSARY (THEATER) TH I 10:30 CHAIR EXERCISE GR A 11:00 BIBLE STUDY (CAFE) GR I 11:00 LADDERBALL PD I 1:00 ART HISTORY: EDWARD HOPPER GR A 2:00 JEWELRY MAKING GR V 2:00 POKER CLUB EL SD 2:00 RUMMIKUB CLUB TH A 3:00 HAPPY HOUR EL I 4:00 SING ALONG WITH CAROL GN I 5:00 TABLE GAMES GR A 6:00 WORD PECK GR A 7:00 EVENING CINEMA GR A 7:00 TRIVIA CHALLENGE TH A	9 MUSIC WITH JOHN CIOTTA 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GR A 11:00 CORN HOLE GR A 11:15 COMMUNITY LUNCH OUTING GR A 1:00 JEOPARDY! GR A 2:00 SEWING CIRCLE GR A 2:00 MUSIC WITH JOHN CIOTTA EL A 2:00 AFTERNOON MATINEE TH A 3:00 HAPPY HOUR GR A 4:00 POKENO GR A 5:00 TABLE GAMES GR A 6:00 WORD PECK GR A 7:00 EVENING CINEMA GR A 7:00 TRIVIA CHALLENGE GR A	10 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GR A 11:00 AXE THROWING GR A 12:30 BIOGRAPHY SPOTLIGHT: BING CROSBY GR A 1:00 WATERCOLOR PAINTING GN I 2:00 BALLOON VOLLEYBALL GR A 2:00 RUMMIKUB CLUB GR A 2:00 POKER GR A 3:00 HAPPY HOUR GR A 4:00 CASH BINGO TH I 4:00 SHABBAT GR A 6:00 CRANIUM CRUNCHES GN I 7:00 WHO WANT TO BE A MILLIONAIRE? GN I 7:00 EVENING CINEMA GR A	11 10:00 DAILY CHALLENGE PD A 10:30 CHAIR EXERCISE GR A 11:00 PUT & BOWL GR A 12:30 WHEEL OF FORTUNE GR A 2:00 POPCORN BAR GR A 2:30 HORSE RACING GR A 3:00 HAPPY HOUR GR A 4:00 THEMED BINGO TH A 5:00 TABLE GAMES TH A 6:00 WORD PECK GR A 7:00 EVENING CINEMA GR A 7:00 NIGHTLY CHAT GR A	
12 SUNDAY MASS WITH ST. JOHN'S/FLAG DAY 9:30 THIS DAY IN HISTORY GR T 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GR T 10:30 INTERFAITH SERVICE GR A 11:00 HOOP TAC TOE TH A 11:00 COMMUNION TH I 1:30 ARTIST'S HOUR GR A 2:00 MOVIE MATINEE GR A 2:00 WII BOWLING EL SJ 2:00 RUMMIKUB CLUB EL SD 3:00 SUNDAY SUNDAES GR A 4:00 MUSIC APPRECIATION TH I 5:00 TABLE GAMES GR A 6:00 JEOPARDY! GN I 7:00 EVENING CINEMA GR A	13 9:30 THIS DAY IN HISTORY GR A 9:45 MAHJONG CLUB GR I 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GN I 11:00 AXE THROWING GR A 1:00 JEOPARDY GR P 2:00 MOVIE MATINEE GR A 2:00 WII BOWLING GR A 2:00 RUMMIKUB CLUB GR A 2:00 POKER CLUB GR A 3:00 HAPPY HOUR GR A 4:00 CASH BINGO GR A 5:00 TABLE GAMES GR A 6:00 WORD PECK TH A 7:00 EVENING CINEMA GR P	14 BASTILLE DAY 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GR A 11:00 LIGHT & LIVELY BALLOON CIRCLE GR A 11:30 MANICURES & MELODIES GR A 1:00 TRAVELOGUE: PARIS TH A 2:00 PARISIAN TOSS CHALLENGE TH A 2:00 RUMMIKUB CLUB EL SJ 2:00 POKER CLUB GR A 2:00 SCRABBLE CLUB GR A 3:00 BASTILLE DAY SOCIAL GR A 4:00 CASH BINGO GR A 5:00 TABLE GAMES GR A 6:00 CRANIUM CRUNCH GR A 7:00 EVENING CINEMA GN A 7:00 CARD GAMES GR A	15 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:00 LIVE ROSARY (THEATER) TH I 10:30 CHAIR EXERCISE GR A 11:00 BIBLE STUDY (CAFE) GR A 11:00 LADDERBALL PD A 1:00 ART HISTORY: MARCEL DUCHAMP GR A 2:00 POKER CLUB GR A 2:00 JEWELRY MAKING GR A 2:00 RUMMIKUB CLUB GR A 3:00 HAPPY HOUR GR A 4:00 SING ALONG WITH CAROL GR SD 5:00 TABLE GAMES GR A 6:00 WORD PECK TH A 7:00 EVENING CINEMA GN I 7:00 TRIVIA CHALLENGE GR A	16 SUMMER BOARDWALK CARNIVAL PETTING ZOO & PONIES 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:30 CHAIR EXERCISE GR A 11:00 CORN HOLE GR A 1:00 SUMMER BOARDWALK CARNIVAL PETTING ZOO & PONIES GR A 2:00 AFTERNOON MATINEE GR A 2:00 MUSIC WITH BOB STACK GR A 3:00 BOARDWALK SOCIAL HOUR GR A 4:00 POKENO GR I 5:00 TABLE GAMES GR A 6:00 WORD PECK GR A 7:00 EVENING CINEMA EL A 7:00 TRIVIA CHALLENGE GR A	17 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE GR A 10:15 SHOPPING TRIP: DOLLAR TREE GR A 10:30 CHAIR EXERCISE GR A 11:00 PUTT & BOWL GR A 12:30 BIOGRAPHY: GINGER ROGERS GR A 1:00 WATERCOLOR PAINTING GN A 2:00 BALLOON VOLLEYBALL GR A 2:00 RUMMIKUB CLUB GR A 2:00 POKER GR A 3:00 HAPPY HOUR GR A 4:00 CASH BINGO GR A 4:00 SHABBAT PDA A 6:00 CRANIUM CRUNCHES GN I 7:00 FAMILY FEUD GR A 7:00 EVENING CINEMA GR ALL	18 9:30 THIS DAY IN HISTORY GR A 10:00 DAILY CHALLENGE PD I 10:30 CHAIR EXERCISE GR A 11:00 LADDER BALL GR A 12:30 WHEEL OF FORTUNE GR A 2:00 POPCORN BAR GR A 2:30 HORSE RACING GR A 3:00 HAPPY HOUR GR A 4:00 THEMED BINGO GR A 5:00 TABLE GAMES GR A 6:00 WORD PECK GR A 7:00 EVENING CINEMA TH A 7:00 NIGHTLY CHAT GR A	
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