

| Sunday                                                                                                                                                                                                                                                                                                             | Monday                                                                                                                                                                                                                                                                                                                                                                                                           | Tuesday                                                                                                                                                                                                                                                                                                                                                                               | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                               | Friday                                                                                                                                                                                                                                                                                                                                                                                           | Saturday                                                                                                                                                                                                                                                                                                                                                                                                         |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  <div>The Arbors<br/>ASSISTED LIVING COMMUNITIES</div>                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                       | <div>LOCATION KEY<br/>F - Fire Place<br/>B - Bistro Area<br/>O - Outside Patio<br/>L - Lobby<br/>S - Sunroom<br/>T - Theater<br/>AC - Activity Channel<br/><br/>STAFF KEY<br/>Y - Yvonne Coward<br/>K - Keron Cush<br/>S - Stephanie DeVita<br/>L - Elizabeth</div> <div>1 - 1st Floor<br/>2 - 2nd Floor Game Room<br/>T - Trip<br/>C - Chapel/Media Room<br/>D - Dining Room<br/>M - Multipurpose Room<br/>R - In Rooms<br/>BP - Beauty Parlor<br/><br/>S - Sade Harris<br/>A - Ana Donis<br/>E - Emma</div> |                                                                                                                                                                                                                                                                                                                                                                                                                                        | <div>CLUB SCHEDULES<br/>Jam Session with Keron<br/>When posted<br/><br/>Program Planning Group<br/>Last Friday of the month at 11am when posted<br/><br/>Deacon Ed and Father Tufaro<br/>communion service will be posted.</div> <div>Cooking Club<br/>When posted</div>                                                                                                                         | Breakfast @ 7:30<br>Lunch Served @ 11:30<br>Dinner Served @ 4:30<br><br>Sign up at the recreation calendar desk for weekly trips and special events.<br>All programs are subject to change.<br>All changes will be reflected on the Daily Board.<br>*All trips are if weather permits.<br><br>Your Recreation Director Yvonne Coward will be happy to answer any questions you may have regarding this calendar. |
| <b>1</b><br>9:45 EXERCISE L K<br>10:15 ST.PATRICK'S CATHEDRAL MASS (STREAM-YOUTUBE) M<br>10:30 BINGO L K<br>2:00 ICE CREAM SUNDAES L K/S<br>3:00 INDEPENDENT GAMES L 1<br>3:00 SUNDAY CROSSWORDS L K<br>3:15 POOL SHARKS G S<br>6:30 TRIVIA L S<br>7:00 MOVIE NIGHT T S                                            | <b>2</b><br>9:00 MUSIC APPRECIATION L<br>9:45 SITTING EXERCISE L K<br>10:30 WORDS GAMES L K<br>11:00 CORN HOLE L<br>1:30 MOVIE MATINEE: THE GREEN MILE (P) L Y<br>1:45 JACKPOT BINGO L K<br>3:30 DRUMMING CIRCLE F<br>3:30 COOKING CLUB: CANDY MAKING L S<br>6:00 TRIVIA F M<br>7:00 MOVIE NIGHT T                                                                                                               | <b>3</b><br>9:30 PETS VISITS WITH LUKE L<br>9:45 STANDING EXERCISE L<br>10:30 WORD GAMES L Y<br>11:00 ROSARY M<br>11:30 LUNCH TRIP: OUTBACK STEAK HOUSE T A<br>1:30 MOVIE MATINEE: GROUNDHOG DAY (P) T<br>1:45 BINGO L<br>3:00 HAPPY HOUR L Y<br>3:30 INDEPENDENT GAMES L Y<br>3:45 LET'S JAM WITH KERON F K<br>3:45 ARTS AND CRAFTS W LIZ L<br>6:30 TRIVIA L A<br>7:00 MOVIE NIGHT T | <b>4</b><br>9:30 PET VISITS WITH LUKE L<br>9:45 TONING EXERCISES L Y<br>9:30 TRIP TO WALMART S<br>10:30 WORD GAMES ON THE SMART BOARD L T<br>1:30 PET VISITS WITH JUSTICE L<br>1:30 MOVIE MATINEE: ALONG CAME POLLY (P) T<br>3:30 RUMMIKUB L A<br>3:00 HAPPY HOUR L Y<br>3:30 WATER COLOR W STEPHANIE S<br>3:45 BALLOON VOLLEY L K<br>6:30 TRIVIA L K<br>7:00 MOVIE NIGHT T                                                                                                                                   | <b>5</b><br>9:45 EXERCISE L J<br>10:15 TRIVIA ON THE SMARTBOARD L Y<br>11:00 ROSARY/MANICURES (S) M<br>1:30 MOVIE MATINEE: BAREFOOT IN THE PARK (P) T<br>1:45 BINGO L S<br>2:00 COOKING CLUB WITH ANA S<br>3:00 HAPPY HOUR CHEF'S TASTING L A/Y<br>3:30 ARTS AND CRAFTS WITH SADE L S<br>3:30 FIRESIDE CHATS WITH DR. BROWN F<br>4:00 SCRABBLE L Y<br>6:30 TRIVIA L S<br>7:00 MOVIE NIGHT T                                            | <b>6</b><br>9:45 EXERCISE M S<br>10:30 TABLE GAMES PUZZLES M<br>1:30 MOVIE MATINEE: THE PROPOSAL (P) T<br>1:30 TRIP TO ROSS T A<br>1:45 JACKPOT BINGO L S<br>3:00 HAPPY HOUR L S<br>3:30 WII BOWLING T<br>3:30 SING A LONG ON THE SMARTBOARD L A<br>6:30 TRIVIA L S<br>7:00 MOVIE NIGHT T                                                                                                        | <b>7</b><br>9:45 FITNESS FUN L A<br>10:30 WORD GAMES ON THE SMART BOARD S<br>11:00 MANICURES L A<br>1:30 MOVIE MATINEE: STANLEY AND IRIS (P) T<br>1:45 BINGO L A/1<br>3:00 HAPPY HOUR L A<br>3:30 JEOPARDY L S<br>3:30 BIBLE STUDY WITH ANA M<br>3:30 TABLE GAMES L A<br>6:30 TRIVIA NIGHT L K<br>7:00 MOVIE NIGHT T K                                                                                           |
| <b>8</b><br>9:45 EXERCISE L<br>10:15 ST.PATRICK'S CATHEDRAL MASS (STREAM-YOUTUBE) M<br>10:30 BINGO L K<br>2:00 ICE CREAM SUNDAES L S<br>3:00 SUNDAY CROSSWORDS L K<br>3:00 MOVIE MATINEE: OUT OF TIME (P) T<br>3:30 BOARD GAME BONANZA L E<br>6:00 SUPER BOWL PARTY 2026 T                                         | <b>9</b><br>9:00 MORNING MUSIC L Y<br>9:45 EXERCISES L K<br>10:00 KITTY AND CATS POP UP SHOP (VENDOR) S<br>10:30 WORDS GAMES L K<br>11:00 CORN HOLE L Y<br>1:30 MOVIE MATINEE: THE PRINCE OF TIDES (P) T<br>1:45 JACKPOT BINGO L S<br>3:00 HAPPY HOUR L<br>3:30 LET'S JAM WITH KERON L A<br>3:30 COOKING CLUB: CHOCOLATE COVERED STRAWBERRIES L<br>3:30 WII BOWLING L S<br>6:30 TRIVIA L S<br>7:00 MOVIE NIGHT T | <b>10</b><br>9:00 MORNING MUSIC L Y<br>9:30 TRIP TO THE DOLLAR STORE T K<br>9:45 EXERCISES L Y<br>10:30 WORD GAMES L K<br>11:00 ROSARY M<br>11:30 LUNCH TRIP TO I HOP T A<br>1:30 MOVIE MATINEE: THE BIRD CAGE (P) T<br>1:45 BINGO L K<br>3:00 HAPPY HOUR L Y<br>3:30 BATTLE OF THE SEXES L<br>6:30 TRIVIA L A<br>7:00 MOVIE NIGHT T                                                  | <b>11</b><br>9:00 MORNING MUSIC L Y<br>9:45 EXERCISE L T<br>10:30 WORD GAMES ON THE SMART BOARD L A<br>11:00 WATER COLOR W STEPHANIE L<br>1:30 PET VISITS WITH JUSTICE L<br>1:30 MOVIE MATINEE: PRETTY WOMAN (P) T<br>1:30 TRIP TO WALMART T A<br>1:45 BINGO L<br>3:00 HAPPY HOUR L Y<br>3:30 INDEPENDENT GAMES L<br>3:30 SCRABBLE L<br>6:30 TRIVIA L K<br>7:00 MOVIE NIGHT T                                                                                                                                 | <b>12</b><br>9:00 MORNING MUSIC L Y<br>9:45 FITNESS FUN L A<br>10:30 TRIP TO TJ MAXX L A<br>11:00 ROSARY M<br>11:00 MANICURES S<br>1:30 MOVIE MATINEE: AND SO IT GOES (P) T<br>1:45 BINGO L Y<br>2:00 COOKING CLUB WITH ANA MONKEY BREAD S<br>3:00 HAPPY HOUR L A<br>3:30 WHEEL OF FORTUNE L<br>3:30 FIRESIDE CHATS WITH DR. BROWN F<br>6:30 TRIVIA L S<br>7:00 MOVIE NIGHT T S                                                        | <b>13</b><br>9:00 MORNING MUSIC L A<br>9:45 WORK YOUR MUSCLES L S<br>10:00 FRAN FROM HAUPPAUGE LIBRARY F<br>10:30 WORD GAMES ON THE SMART BOARD L Y<br>11:00 CHAPLET OF DIVINE MERCY M<br>1:30 MOVIE MATINEE: A WALK TO REMEMBER (P) T<br>1:45 JACKPOT BINGO L S<br>3:00 GALENTINE'S DAY SOCIAL L S<br>3:30 SCRABBLE L S<br>6:30 TRIVIA L S<br>7:00 MOVIE NIGHT T                                | <b>14</b><br>9:00 MORNING MUSIC L<br>9:45 FITNESS FUN L A<br>10:30 MATCHING GAME ON THE SMARTBOARD L S<br>10:30 COLOR AWAY WITH SADE L A<br>11:00 MANICURES L A<br>1:45 BINGO L A<br>3:00 HAPPY HOUR L K<br>3:00 MOVIE MATINEE: ALONG CAME POLLY (P) T<br>3:30 VALENTINE'S DAY ENTERTAINMENT WITH STAN AND EYDIE L S<br>4:30 VALENTINE'S DAY DINNER D<br>6:30 TRIVIA NIGHT L K<br>7:00 MOVIE NIGHT T K           |
| <b>15</b><br>9:45 EXERCISE L K<br>10:45 BINGO L K<br>2:00 ICE CREAM SOCIAL L K/S<br>3:00 SUNDAY CROSSWORDS L K<br>3:00 MOVIE MATINEE: BRIDE WARS (N) T<br>3:30 INDEPENDENT GAMES L E<br>3:30 POOL SHARKS S<br>6:30 TRIVIA L A<br>7:00 MOVIE NIGHT T                                                                | <b>16</b><br>9:00 MORNING MUSIC L K<br>9:45 SITTING EXERCISES L K<br>10:30 SMART BOARD GAMES L K<br>1:30 MOVIE MATINEE: GLORY (N) T<br>2:00 COMMUNION WITH FATHER WADOWSKI L Y<br>3:30 JACKPOT BINGO L Y<br>3:30 DRUMMER'S CIRCLE M K<br>3:45 INDEPENDENT GAMES L S<br>6:30 TRIVIA L S<br>7:00 MOVIE MATINEE T                                                                                                   | <b>17</b><br>9:30 MORNING MUSIC L K<br>9:45 SITTING EXERCISES L K<br>10:30 FOOD COUNCIL L<br>11:00 ROSARY M<br>1:30 MOVIE MATINEE: RADIO (N) T<br>1:45 BINGO L Y<br>2:00 LET'S JAM WITH KERON M<br>3:00 HAPPY HOUR L Y<br>3:30 MARDI GRAS CELEBRATION WITH AMI L Y<br>6:30 TRIVIA L A<br>7:00 MOVIE NIGHT T                                                                           | <b>18</b><br>9:00 MORNING MUSIC L K<br>9:45 TONING EXERCISES L K<br>10:30 WORD GAMES ON THE SMART BOARD L A<br>11:00 CRAFTS W STEPHANIE L<br>11:30 ITALIAN TAKE OUT PIZZA L<br>1:30 PET THERAPY WITH JUSTICE L<br>1:30 MOVIE MATINEE: SHIRLEY (N) T<br>1:45 BINGO L Y<br>3:00 HAPPY HOUR L K<br>3:30 BALLOON VOLLEY L A<br>3:45 COOKING CLUB: CAKE POPS L Y<br>6:00 PAINT NIGHT W NICOLE L Y<br>7:00 MOVIE NIGHT L                                                                                            | <b>19</b><br>9:00 MORNING MUSIC L<br>9:45 FITNESS FUN L A/Y<br>10:30 SHOPPING TRIP SUPER WALMART DOCUMENTARY : BEN FRANKLIN'S GREATEST INVENTIONS (YOUTUBE) T A<br>10:30 WORD GAMES L A/Y<br>11:00 MANICURES S S/A<br>11:00 ROSARY F<br>1:30 MOVIE MATINEE: "42"(P) P<br>1:45 BINGO P<br>3:00 HAPPY HOUR L S<br>3:30 FIRESIDE CHATS WITH DR. BROWN F<br>3:30 WORD SEARCH/COLOR AWAY L<br>6:30 TRIVIA NIGHT L S<br>7:00 MOVIE NIGHT T S | <b>20</b><br>9:00 MORNING MUSIC L S<br>9:45 WORK YOUR MUSCLES L J<br>10:30 WORD GAMES ON THE SMART BOARD L S<br>11:00 CHAPLET OF DIVINE MERCY M A<br>1:30 MOVIE MATINEE: THE SIX TRIPLE EIGHT (N) T<br>1:15 JACKPOT BINGO L J<br>2:30 CHINESE LUNAR NEW YEAR CELEBRATION L Y<br>3:00 HAPPY HOUR L J<br>3:30 INDEPENDENT GAMES L<br>3:30 WII BOWLING T<br>6:00 TRIVIA L S<br>7:00 MOVIE NIGHT T S | <b>21</b><br>9:00 MORNING MUSIC AC J<br>9:45 FITNESS FUN L S<br>10:30 WHEEL OF FORTUNE WITH SADE L A<br>10:30 WII BOWLING T<br>1:45 BINGO L Y<br>3:00 HAPPY HOUR L Y<br>3:00 MOVIE MATINEE: RIDE TO FREEDOM THE ROSA PARKS STORY (N) T<br>3:30 BIBLE STUDY WITH ANA L Y<br>3:30 SCRABBLE WITH SADE L Y<br>3:30 MATCHING GAME T A<br>6:30 TRIVIA NIGHT L K<br>7:00 MOVIE NIGHT T K                                |
| <b>22</b><br>9:45 EXERCISE L K<br>10:15 ST.PATRICK'S CATHEDRAL MASS (STREAM-YOUTUBE) M<br>10:30 BINGO L K<br>2:00 ICE CREAM SUNDAES L K/S<br>3:00 SUNDAY CROSSWORDS L K<br>3:00 MOVIE MATINEE: ANGER MANAGEMENT (N) T<br>3:15 POOL SHARKS G S<br>3:45 INDEPENDENT GAMES L E<br>6:30 TRIVIA L<br>7:00 MOVIE NIGHT T | <b>23</b><br>9:00 MORNING MUSIC L K<br>9:30 EXERCISE L T<br>10:30 WORDS GAMES ON THE SMARTBOARD L K<br>1:30 MOVIE MATINEE: RACE (N) T<br>1:45 JACKPOT BINGO L S<br>3:00 HAPPY HOUR L E<br>3:30 COOKING CLUB RED VELVET CUPCAKES L S<br>3:30 DRUMMER'S CIRCLE L<br>3:45 BLACK HISTORY MONTH DISCUSSION WITH YVONNE M<br>6:30 TRIVIA L S<br>7:00 MOVIE NIGHT T                                                     | <b>24</b><br>9:00 MORNING MUSIC L K<br>9:30 SHOPPING TRIP: TARGET T K<br>9:45 EXERCISE L K<br>10:30 WORD GAMES L<br>11:00 ROSARY M<br>11:30 LUNCH TRIP : LONG HORN STEAK HOUSE T K<br>1:30 MOVIE MATINEE: AS GOOD AS IT GETS (N) T<br>1:45 BINGO L<br>3:00 HAPPY HOUR L Y<br>3:30 WORD JUMBLES L Y<br>3:45 LET'S JAM WITH KERON F K<br>3:45 PUZZLE TIME WITH LIZ L<br>6:30 TRIVIA L A | <b>25</b><br>9:00 MORNING MUSIC L K<br>9:45 TONING EXERCISES L K<br>10:30 BRAIN GAMES L J<br>10:30 CONCERT SERIES: THE BEACH BOYS 50TH ANNIVERSARY (YOUTUBE) T<br>11:00 CRAFTS WITH STEPHANIE L<br>1:30 PET THERAPY WITH JUSTICE L<br>1:30 MOVIE MATINEE: ERIN BROCKOVICH (N) T<br>1:45 BINGO L Y<br>3:00 HAPPY HOUR L Y<br>3:45 PINES ELEMENTARY SCHOOL VISITS L A<br>6:00 BINGO M A<br>7:00 MOVIE NIGHT T A                                                                                                 | <b>26</b><br>9:00 MORNING MUSIC L Y<br>9:45 EXERCISE L J<br>10:30 WORD CHALLENGE ON THE SMART BOARD L J<br>11:00 MANICURES L J<br>11:00 ROSARY F<br>11:30 COMEDY HOUR ON THE SMART BOARD L<br>1:30 MOVIE MATINEE: FACE/OFF (N) L Y<br>1:45 BINGO L Y<br>3:00 HAPPY HOUR L Y<br>3:30 FIRESIDE CHAT WITH DR. BROWN F<br>3:30 PICTONARY L E<br>6:30 TRIVIA L S<br>7:00 MOVIE NIGHT T                                                      | <b>27</b><br>9:00 MORNING MUSIC L A<br>9:45 WORK YOUR MUSCLES L S<br>10:30 RESIDENT COUNCIL L<br>1:30 MOVIE MATINEE: HE'S JUST NOT THAT INTO YOU (P) T<br>1:45 JACKPOT BINGO L S<br>3:00 HAPPY HOUR L Y<br>3:30 MONTHLY BIRTHDAY PARTY W/ JOHN WALTERS L Y<br>6:30 TRIVIA L S<br>7:00 MOVIE NIGHT T S                                                                                            | <b>28</b><br>9:45 FITNESS FUN L J<br>10:30 WORD GAMES L J<br>11:00 MANICURES L S<br>11:00 SING A LONG L J<br>1:30 MOVIE MATINEE: CITY OF ANGELS (P) T<br>1:45 BINGO L<br>3:30 HYMNS WITH ANA M<br>3:00 HAPPY HOUR L G/A<br>3:30 WHO WANTS TO BE A MILLIONAIRE L K<br>3:30 COLORING WITH SADE F S<br>3:30 RUMMIKUB S A<br>6:00 TRIVIA L K<br>7:00 MOVIE NIGHT T K                                                 |