

JANUARY 2026

The Arbors At BOHEMIA

Tel: 631-567-3113
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

STAFF KEY		LOCATION KEY		CLUB SCHEDULES						1 NEW YEARS DAY		2		3 NATIONAL CHOCOLATE COVERED CHERRY DAY	
GT-Gale Taxis SD- Shannagh Dignan JG- Jim Gover T- Tricia Cieslak M- Marilyn Montalvo K-Keira Aebisher AS- Ashley Silva VEN- Vendor A- All Staff I-Independent Activity		GN-Game Nook E-Entrance Lounge FL- Front Lawn B-Bistro OC-Courtyard PD-Private Dining C-Café GR-Great Room S-Salon TH-Theater		MAHJONG: MONDAYS AT 9:45AM KARAOKE: MON., WED. AT 6:45PM POKER: WEDNESDAYS AND FRIDAYS AT 2PM UNO: WEDNESDAYS 11AM SCRABBLE: TUES./THURS./SAT. AT 3:15PM RUMMICKUBE: SUN., MON., WED., FRI. AT 2:30PM CHRISTIAN SERVICE: SUNDAY 11AM PRIVATE DINING ROOM MEALS BREAKFAST SERVED 7:45 AM & 9:00 AM LUNCH SERVED 11:45 AM & 1:00 PM DINNER SERVED 4: 45PM & 6:00 PM DAILY PROGRAMS 10:30 EXERCISE GR 11:00 GAMES GR 2:00 MATINEE MOVIE TH		3:00 SOCIAL HOUR GR 7:00 EVENING MOVIE TH *ALL TRIPS ARE WEATHER PERMITTING *ALL PROGRAMS ARE SUBJECT TO CHANGE *All trips are if weather permits. *All programs are subject to change. Change will be reflected on the Daily Board. Recreation Director will be happy to answer any questions you may have regarding this calendar.				9:00 NEW YEARS DAY NEWS TODAY DR GR 9:15 CHAIR EXERCISE DR GR 10:00 MEMORY LANE TRIVIA- QUESTIONS ABT 50/60S/70S DR TH 10:15 WRITE A NEW YEARS RESOLUTION 10:30 LADDER BALL A GR 11:00 MAKE A NECKLACE WITH SHANNAGH SD GR 11:30 WHEEL OF FORTUNE DR GR 12:00 CONCERT SERIES: DONNA SUMMER A GR 1:30 LCR GT GR 2:00 HANDICRAFT & CHAT E TH 2:00 AFTERNOON MOVIE- NEWS YEARS DAY BINGO 3:00 HAPPY HOUR A GR 3:15 SCRABBLE CLUB GN 4:00 WISHING WALL SD GR 7:00 INDEPENDENT MUSIC A GR 7:00 CHAT: STORYTELLING NEW YEARS MEMORIES A GR 7:00 EVENING MOVIE IN THE CINEMA TH		9:00 FRIDAY TUNES JG GR 9:30 NEWS FLASH JG GR 10:30 STRETCHING & REFRESHING JG GR 11:00 FOOTBALL TOSS JG GR 11:30 JOKETIME WITH JIMMY JG GR 12:00 LRC JG GR 1:30 TRAVELOGUE- TRAVEL TO JAMAICA JG GR 2:00 POKER GN 2:00 MOVIE MATINEE - MEN'S GROUP WITH JIMMY GR 2:30 RUMMIKUB CLUB GN 3:00 HAPPY HOUR A GR 3:45 CASH BINGO A GR 4:00 WII BOWLING A GR 4:00 SHABBAT PD 5:30 TABLE GAMES A GR 7:00 NIGHTLY CHAT A GR 7:00 FRIDAY FILM TH		9:00 WEEKEND MUSIC KA GR 9:30 WHAT HAPPENED TODAY KA GR 10:30 WEEKEND FITNESS FUN KA GR 10:30 BIBLE STUDY I PD 11:00 BEAN BAG AIM GAME KA GR 11:30 MATCH GAME KA GR 1:30 NAME 5 GT GR 1:30 CONCERT SERIES- THE TEMPTATIONS GR 2:00 MOVIE MATINEE TH 2:30 WORD PECK 3:00 HAPPY HOUR- CHOCOLATE COVERED CHERRIES A GR 3:45 SCRABBLE CLUB GN 3:45 CASH BINGO MM GR 5:30 INDEPENDENT GAMES MM GR 7:00 NIGHTLY CHAT MM GR 7:00 EVENING MOVIE TH	
4 NATIONAL SPAGHETTI DAY 9:00 SUNDAY TUNES TC GR 9:30 GOOD NEWS TODAY TC GR 10:30 SUNDAY STRETCHES I TC GR 10:30 INTERFAITH WORSHIP I PD 11:00 HORSE JOURNEY TC GR 11:15 SUNDAY MASS WITH ST. JOHN'S CHURCH TH 11:30 MATCH GAME TC GR 1:00 WATCH SUNDAY FOOTBALL C 1:00 MANICURES BY APPOINTMENT AS EL 12:00 MUSIC OF THE 60S 1:30 NAME 5 AS GR 1:30 CRAFT CORNER A GR 2:00 SIGN LANGUAGE CLASS WITH DIANE DU PDR 2:00 WII BOWLING A GR 2:00 AFTERNOON MOVIE TH GN 2:30 RUMMIKUB CLUB GN 3:00 HAPPY HOUR - SUNDAES A GR 3:00 WORD PECK KA GR 6:00 WII BOWLING KA GR 7:00 NIGHTLY CHAT KA GR 7:00 SUNDAY NIGHT AT THE MOVIES TH		5 NATIONAL BIRD DAY 9:00 JANUARY TUNES TC GR 9:30 CURRENT EVENTS TC GR 9:45 MAHJONG I TC GR 10:30 SIT & BE FIT TC GR 11:00 GOLF TIME TC GR 11:00 COOKING CLASS AS C 11:30 SEEK AND FIND MM GR 12:00 DOCUMENTARY: LIFE OF BIRDS & HUMMINGBIRDS TC GR 1:30 LCR TH GR 2:00 WORD PECK MM GR 2:00 MOVIE MATINEE- THE STARLING TH GR 2:30 RUMMICKUB CLUB GN 3:00 HAPPY HOUR AS GR 3:45 CASH BINGO MM GR 5:30 INDEPENDENT GAMES A GR 6:00 WORD GAMES SD GR 6:45 KARAOKE SD GR 7:00 EVENING CHAT SD GR 7:00 EVENING MOVIE IN THE CINEMA TH		6 9:00 GET UP AND DANCE TC GR 9:30 DAILY NEWS TC GR 10:00 HOROSCOPES TC 10:30 TAI CHI TUESDAYS-AM TC GR 11:00 TIC TAC TOE TC GR 11:30 HANGMAN TC GR 12:00 CONCERT SERIES: ANDREA BOCELLI TC GR 1:30 NAME 5 TC GR 2:00 MOVIE MATINEE GR 2:30 CHESS CLUB GN 3:00 HAPPY HOUR A GR 3:15 SCRABBLE CLUB GR 7:00 INDEPENDENT MUSIC JW GR 7:00 NIGHTLY CHAT JW GR 7:00 NIGHT AT THE MOVIES TH		7 9:00 HITS OF THE 70S MM GR 9:30 GOOD NEWS TODAY MM GR 10:00 LIVE ROSARY TH 10:30 WORK THOSE MUSCLES MM GR 11:00 UNO CLUB MM GR 11:00 WINTER CRAFTS WITH DENISE DR GR 11:30 PASSPORT TRIVIA MM GR 12:00 WORD GAMES SD GN 1:00 FIND THE DIFFERENCES SD GR 1:30 WORD PECK TH GR 2:00 MOVIE TIME- GN 2:00 POKER TH GR 2:00 JEWELRY MAKING WITH SHANNAGH SD GR 2:30 RUMMIKUB CLUB GN 3:00 HAPPY HOUR SD GR 4:00 SING ALONG WITH CAROL SD GR 5:30 WII BOWLING SD GR 6:45 KARAOKE SD GR 7:00 NIGHTLY CHAT SD GR 7:00 FEATURE FILM TH		8 ELVIS PRESLEY'S BIRTHDAY- ENTERTAINER 9:00 ELVIS PRESELEY'S HITS DR GR 9:15 HEARTBREAK HOTEL NEWS DR GR 10:00 ALL SHOOK UP' WORK OUT DR GR 10:30 FOOD COMMITTEE DR TH 11:00 RESIDENT COUNCIL DR TH 11:00 MAKE A NECKLACE WITH SHANNAGH SD GR 11:30 WHEEL OF FORTUNE SD GR 12:00 CONCERT SERIES: ELVIS PRESELY GN 1:30 NAME 5 GT GR 2:00 HANDICRAFT & CHAT E 2:00 AFTERNOON MOVIE- ELVIS DOCUMENTARY TH 3:00 HAPPY HOUR A GR 3:15 SCRABBLE CLUB GN 4:00 HANGMAN SD GR 5:30 WORD PECK SD GR 7:00 INDEPENDENT MUSIC A GR 7:00 EVENING CHAT /MOVIE A GR		9 NATIONAL APRICOT DAY 9:00 FUN FRIDAY MUSIC JG GR 9:30 NEWS FLASH JG GR 10:30 STRETCHING & REFRESHING JG GR 11:00 BALL TOSS JG GR 11:30 JOKE TIME WITH JIMMY JG GR 12:00 MUSIC OF THE 70S A GR 1:30 LRC A GR 2:00 POKER GN 2:00 MOVIE MATINEE A TH 2:00 WORD PECK A GR 2:30 RUMMIKUB CLUB GN 3:00 HAPPY HOUR A GR 3:45 CASH BINGO A GR 4:00 WII BOWLING A GR 4:00 SHABBAT PD 5:30 TABLE GAMES A GR 7:00 NIGHTLY CHAT A GR 7:00 FRIDAY FILM TH		10 NATIONAL HOUSE PLANT APPRECIATION DAY 9:00 HITS OF THE 60'S KA GR 9:30 WHAT HAPPENED TODAY? KA GR 10:30 SATURDAY WORK OUT KA GR 10:30 BIBLE STUDY I PD 11:00 GOLF FOR POINTS KA GR 11:30 FIND THE DIFFERENCES MM GR 12:00 MUSIC OF THE 50S A GR 1:30 CONCERT SERIES- DONNA SUMMER A GR 2:00 MOVIE MATINEE TH 2:30 WORD PECK 3:00 HAPPY HOUR A GR 3:15 SCRABBLE CLUB GR 3:45 CASH BINGO MM GR 5:30 WORD PECK MM GR 7:00 NIGHTLY CHAT MM GR 7:00 NIGHT AT THE MOVIES TH			
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ACTIVITY CALENDAR