

ACTIVITY CALENDAR

NOVEMBER 2025

The Arbors At ISLANDIA EAST

Tel: 631-232-3131
www.thearborsassistedliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	STAFF KEY V=Valerie Director S= Sarah G= Gina E=Elissa A= Anne I=Indasia D=Denzel VEN- Vender RS- Recreation Staff RL= Resident Lead LOCATION KEY O- Outing B-Bistro CY- Courtyard LO- Lobby G- Game Room DR- Dining Room M- Media Room W- West Side PDR- Private Dining Room	FOR YOUR DINING PLEASURE BREAKFAST 7:45am-9:15am LUNCH 11:45am-1:15pm DINNER 4:45pm-6:15pm All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Valerie will be happy to answer any questions you may have regarding this calendar.	WEEKLY TRIPS TO SIGN UP FOR OUR WEEKLY TRIPS OR SPECIAL EVENTS PLEASE GO TO THE CALENDAR AREA BY THE FRONT DESK TO RESERVE YOUR SPOT! *All trips are if weather permits.		1 9:30 NEWS FLASH S G 10:00 SATURDAY WARM UP & REFRESHMENTS S G 10:30 WALKING CLUB/HOT COCOA BAR S G 11:00 FILL IN THE BLANK S G 1:15 MOVIE IN THE CINEMA I M 1:15 BINGO! I G 2:00 POKENO CLUB RL WH 2:00 BOARD GAMES S G 3:00 HAPPY HOUR BBQ CHIPS S/I B 4:00 NAME 10 S G 6:15 WEEKEND BINGO I G 7:15 NIGHT AT THE MOVIES I M	
2 DAYLIGHT SAVINGS FALL BACK 9:30 R.C. COMMUNION W/JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/D O 10:15 MORNING WARM UP & REFRESHMENTS I M 11:00 WORD CHALLENGE I M 1:15 SUNDAY MATINEE D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL WH 2:00 AFTERNOON BEADING A/I G 3:00 HAPPY HOUR SUNDAES A/D/I B 4:00 TRIVIA CHALLENGE D G 6:15 LATE DAY BINGO A G 7:15 EVENING MOVIE IN THE CINEMA A M	3 ROSARY PRAYER SERVICE 9:30 CURRENT EVENTS G/E G 10:00 EXERCISE & HYDRATION G/E G 10:00 ROSARY PRAYER SERVICE VEN M 10:30 WALKING CLUB/NAME 10 G/E G 11:00 AUTUMN BOGGLE G/E G 1:15 AFTERNOON MOVIE G/E M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL WH 2:00 DICE GAMES G/E/D G 3:00 HAPPY HOUR KEY LIME PIE DIP G/E/D B 4:00 MULTIPLE CHOICE G/E G 6:15 AFTER DINNER BINGO D G 7:15 NIGHT FLICK D M	4 RESIDENT COUNCIL/FOOD COUNCIL 9:30 NEWS & VIEWS D G 10:00 TUESDAY TONING & REFRESHMENTS G G 10:30 RESIDENT COUNCIL RL G 11:00 FOOD COUNCIL RL G 1:15 MATINEE G/D M 1:15 BINGO! G/D G 2:00 MAH JONG CLUB RL F2 2:00 CRAFTING S/G G 3:00 HAPPY HOUR SOFT PRETZELS G/D/S B 4:00 JEOPARDY D G 6:15 BINGO ANYONE? S G 7:15 FEATURE FILM S M	5 LUTHERAN SERVICE W/ PASTOR ZACHARY 9:30 WORLD NEWS D M 10:00 WEDNESDAY WORKOUT & HYDRATE E M 10:30 LUTHERAN SERVICE W/ PASTOR ZACHARY VEN G 10:30 WALKING CLUB/DOMINOS E G 11:00 WHEEL OF FORTUNE D M 1:15 MOVIE TIME E M 1:15 BINGO! E G 2:00 THREE THIRTEEN CLUB RL WH 2:00 WHAT WOULD YOU DO? E/D G 3:00 HAPPY HOUR ROOTBEER FLOATS E/D/A B 4:00 TRIVIA TEASERS D G 6:15 ALL ABOUT BINGO A G 7:15 EVENING MOTION PICTURE A M	6 JOHN CIOTA ENTERTAINMENT 9:30 DAILY NEWS D G 10:00 CHAIR YOGA & HYDRATE S G 10:30 WALKING CLUB/YATZEE S G 11:00 SCATERGORIES D G 1:15 MID DAY SHOW S/D M 1:15 BINGO! S G 2:00 CANASTA CLUB RL WH 2:30 JOHN CIOTA ENTERTAINMENT VEN LO 3:00 HAPPY HOUR RICE BALLS S/D/I G 4:00 GUESSING GAME S B 6:15 BINGO! I G 7:15 TONIGHT'S FEATURE FILM I M	7 TRIP TO WALMART 9:30 GOOD NEWS DAY S G 10:00 FITNESS FUN & HYDRATION S G 10:30 WALKING CLUB/WORD GAME S G 11:00 FALL Pictionary S G TRIP TO WALMART S/V O 1:15 FRIDAY AFTERNOON FLICK I M 1:15 BINGO! I G 2:00 CARD CLUB RL WH 2:00 FALL PENCIL PICTURES I G 3:00 HAPPY HOUR MIXED NUTS S/I B 4:00 BRAIN BENDERS S G 6:15 BIG BUCKS BINGO I G 7:15 FRIDAY NIGHT FLICK I M	8 9:30 HAPPENINGS S G 10:00 STRETCHING & REFRESHING S G 10:30 WALKING CLUB/HOT COCOA BAR S G 11:00 FASCINATING FACTS S G 1:15 MID DAY MOVIE I M 1:15 BINGO! I G 2:00 POKENO CLUB RL WH 2:00 DICE GAMES S G 3:00 HAPPY HOUR POPCORN S/I B 4:00 FAMILY FEUD S G 6:15 BINGO ANYONE? I G 7:15 MOVIE IN THE ARBORS THEATER I M
9 R.C. COMMUNION W/JAMES 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L O 10:15 FLEX, STRETCH & REFRESH I M 11:00 GUESSING GAME I M 1:15 MOVIE TIME D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL WH 2:00 BEADING WITH ANNE & INDASIA A G 3:00 HAPPY HOUR SUNDAES A/D/I B 4:00 GROUP CROSSWORD D G 6:15 EVENING BINGO A G 7:15 NIGHT TIME MOVIE A M	10 3 SISTERS VENDOR 9:00 3 SISTERS VENDOR VEN LO 9:30 GOOD NEWS TODAY G/E G 10:00 ROSARY PRAYER SERVICE RL M 10:00 MORNING WARM UP & REFRESHMENTS G/E G 10:30 WALKING CLUB/TABLE TALK G/E G 11:00 MULTIPLE CHOICE G/E G 1:15 MATINEE G/E M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL WH 2:00 WORD SEARCH G/E G 3:00 HAPPY HOUR NASHVILLE CHICK DIP G/E/D B 4:00 WORD PUZZLES G/E G 6:15 LATE DAY BINGO D G 7:15 EVENING MOVIE IN THE CINEMA D M	11 VETERANS DAY 9:30 NEWSDAY D G 10:00 EXERCISE & REFRESH G G 10:15 HONORING OUR VETERANS V LO 10:30 ANDREW ENTERTAINMENT VEN LO 1:15 MOVIE TIME G M 1:15 BINGO! D G 2:00 MAH JONG CLUB RL F2 2:00 DICE GAMES S/G G 3:00 HAPPY HOUR BANANA BREAD S/G/D B 4:00 NAME THAT CELEBRITY D G 6:15 AFTER DINNER BINGO S G 7:15 NIGHT FLICK S M	12 TRIP TO DUNKIN DONUTS 9:30 CURRENT EVENTS D G 10:00 SIT BE FIT & HYDRATE E G 10:30 WALKING CLUB/WEIRD BUT TRUE E G 11:00 GROUP CROSSWORD D G 1:15 TRIP TO DUNKIN DONUTS A/D O 1:15 MATINEE D M 1:15 BINGO! E G 2:00 THREE THIRTEEN CLUB RL WH 2:00 PENCIL PICTURES E G 3:00 HAPPY HOUR ROOTBEER FLOATS D/E/A B 4:00 JEOPARDY E G 6:15 BINGO ANYONE? A G 7:15 FEATURE FILM A M	13 MONTHLY BIRTHDAY PARTY W/MARY PECK ENTERTAINMENT 9:30 WORLD NEWS D G 10:00 EXERCISE & REFRESH S G 10:30 WALKING CLUB/DOMINOS S G 11:00 WHEEL OF FORTUNE D G 1:15 AFTERNOON MOVIE S M 1:15 BINGO! I G 2:00 CANASTA CLUB RL WH 2:30 MONTHLY BIRTHDAY PARTY W/ MARY PECK ENTERTAINMENT VEN LO 3:00 HAPPY HOUR SWEET TATER TOTS S/D/I B 4:00 TRIVIA CHALLENGE S B 6:15 BINGO PARTY! I G 7:15 EVENING MOVIE I G	14 PIZZA TAKE-IN LUNCH 9:30 DAILY NEWS S G 10:00 CHAIR YOGA & HYDRATE S G 10:30 WALKING CLUB/YATZEE S G 11:00 OUTBURST S G 12:00 PIZZA TAKE-IN LUNCH S/I B 1:15 MID DAY SHOW I M 1:15 BINGO! I G 2:00 CARD CLUB RL WH 2:00 DICE GAMES S/I G 3:00 HAPPY HOUR TUNA SALAD W/ CRACKERS S/I B 4:00 FALL HANGMAN S G 6:15 BIG BUCKS BINGO I G 7:15 MOVIE NIGHT I M	15 9:30 GOOD NEWS DAY S G 10:00 FITNESS FUN & HYDRATION S G 10:30 WALKING CLUB/HOT COCOA BAR S G 11:00 BOGGLE S G 1:15 AFTERNOON MOVIE I M 1:15 BINGO! I G 2:00 POKENO CLUB RL WH 2:00 BOARD GAMES S G 3:00 HAPPY HOUR GOLDFISH CRACKERS S/I B 4:00 BRAIN BENDERS S G 6:15 BINGO TIME I G 7:15 EVENING FILM I M
16 R.C. COMMUNION WITH JAMES 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L O 10:15 SWAY TO THE MUSIC & REFRESHMENTS I M 11:00 JEOPARDY I M 1:15 MOVIE IN THE CINEMA D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL WH 2:00 AFTERNOON BEADING A G 3:00 HAPPY HOUR SUNDAES A/D/I B 4:00 MIND BENDERS D G 6:15 WHO'S PLAYING BINGO A G 7:15 EVENING MOVIE IN THE CINEMA A M	17 ROSARY PRAYER SERVICE 9:30 HAPPENINGS G/E G 10:00 FLEX, STRETCH & REFRESH G/E G 10:00 ROSARY PRAYER SERVICE VEN M 10:30 WALKING CLUB/HANGMAN G/E G 11:00 GUESSING GAME G/E G 1:15 MOVIE TIME G/E M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL WH 2:00 TABLE GAMES G/E G 3:00 HAPPY HOUR TURTLE CHEESECAKE DIP G/E/D B 4:00 GROUP CROSSWORD G/E G 6:15 BINGO TIME D G 7:15 EVENING MOVIE D M	18 LUNCH TRIP TO MILLERRIDGE INN 9:30 NEWS AROUND TOWN D G 10:00 FITNESS FUN & HYDRATE G G 10:30 WALKING CLUB/TABLE TALK G G 10:30 PET THERAPY VEN G 11:00 MULTIPLE CHOICE D G 11:15 LUNCH TRIP TO MILLERRIDGE INN S/G O 1:15 AFTERNOON MOVIE D M 1:15 BINGO! D G 2:00 MAH JONG CLUB RL F2 2:00 WORD SEARCH D G 3:00 HAPPY HOUR CHOCOLATE CHIP COOKIES D B 4:00 WORD SCRAMBLE G G 6:15 BINGO BONANZA S G 7:15 MOVIE NIGHT S M	19 9:30 NEWSDAY D G 10:00 EXERCISE & REFRESH E G 10:30 WALKING CLUB/NAME 10 E G 11:00 WORD CHALLENGE D G 1:15 MOVIE TIME D M 1:15 BINGO! E G 2:00 THREE THIRTEEN CLUB RL WH 2:00 DICE GAMES E/D G 3:00 HAPPY HOUR ROOTBEER FLOATS E/D/A B 4:00 MULTIPLE CHOICE D G 6:15 LATE DAY BINGO A G 7:15 NIGHT FLICK A M	20 OPEN HOUSE TASTE OF THE ARBORS 9:30 CURRENT EVENTS D G 10:00 SIT BE FIT & HYDRATE S G 10:30 ACTIVITY PLANNING MEETING S G 11:00 GROUP CROSSWORD D G 1:15 MATINEE D M 1:15 BINGO! S G 2:00 CANASTA CLUB RL WH 2:30 MARGUERITA ROSE ENTERTAINMENT VEN LO 3:00 HAPPY HOUR BONELESS CHICKEN WINGS D/S/I B 4:00 JEOPARDY D G 6:15 BINGO! I G 7:15 THURSDAY SHOWING I M	21 YOGA RAY 9:15 YOGA RAY S G 10:00 WORLD NEWS S G 10:30 WALKING CLUB/REFRESHMENTS S G 11:00 WHEEL OF FORTUNE S G 1:15 AFTERNOON MOVIE I M 1:15 BINGO! I G 2:00 CARD CLUB RL WH 2:00 BALLOON VOLLEYBALL S/I LO 3:00 HAPPY HOUR MINI PIZZA S/I B 4:00 TRIVIA TIME S G 6:15 BIG BUCKS BINGO I G 7:15 FRIDAY FILM I M	22 9:30 DAILY NEWS S G 10:00 SATURDAY WORKOUT & REFRESHMENTS S G 10:30 WALKING CLUB/HOT COCOA BAR S G 11:00 SCATERGORIES S G 1:15 MOVIE TIME I M 1:15 BINGO! I G 2:00 POKENO CLUB RL WH 2:00 DICE GAMES S G 3:00 HAPPY HOUR POTATO CHIPS S/I B 4:00 WHAT MORE DO YOU KNOW? S G 6:15 EVENING BINGO I G 7:15 NIGHT MOVIE AT THE CINEMA I M
23/30 R.C. COMMUNION W/JAMES 9:30 R.C. COMMUNION W/JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST PATRICKS CHURCH A/L O 10:15 SUNDAY WORKOUT & REFRESH I M 11:00 MULTIPLE CHOICE I M 1:15 AFTERNOON MOVIE D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL WH 2:00 BEADING WITH ANNE & INDASIA A G 3:00 HAPPY HOUR SUNDAES A/D/I B 4:00 TRAVEL TRIVIA D G 6:15 AFTER DINNER BINGO A G 7:15 MOVIE NIGHT A M	24 ROSARY PRAYER SERVICE 9:30 WHAT'S UP G/E 10:00 TOTAL FITNESS & HYDRATION G/E 10:00 ROSARY PRAYER SERVICE RL 10:30 WALKING CLUB/CELEBRITY GUESS G/E 11:00 WORD CHALLENGE G/E 1:15 MATINEE G 1:15 BINGO! D 2:00 PENNY POKER CLUB RL 2:00 MIND BENDERS G/E 3:00 HAPPY HOUR PUMPKIN DIP G/E/D 4:00 BOGGLE G/E 6:15 LATE DAY BINGO D 7:15 MOVIE TIME D	25 HOLIDAY SHOPPING TRIP 9:30 HAPPENINGS D G 10:00 FLEX, STRETCH & REFRESH G G 10:30 WALKING CLUB/HOT COCOA BAR G G 11:00 GUESSING GAME D G 1:15 HOLIDAY SHOPPING TRIP S/G O 1:15 MOVIE TIME D M 1:15 BINGO! D G 2:00 MAH JONG CLUB RL F2 2:00 TABLE GAMES D G 3:00 HAPPY HOUR BROWNIES S/G/D B 4:00 GROUP CROSSWORD D G 6:15 BINGO TIME S G 7:15 EVENING MOVIE S M	26 ALEX ALEXANDER ENTERTAINMENT 9:30 NEWS AROUND TOWN D G 10:00 FITNESS FUN & HYDRATE E G 10:30 WALKING CLUB/TABLE TALK E G 11:00 MULTIPLE CHOICE D G 1:15 AFTERNOON MOVIE E M 1:15 BINGO! E G 2:00 THREE THIRTEEN CLUB RL WH 2:30 ALEX ALEXANDER ENTERTAINMENT VEN G 3:00 HAPPY HOUR ROOTBEER FLOATS E/D/A B 4:00 WORD SCRAMBLE D G 6:15 BINGO BONANZA A G 7:15 MOVIE NIGHT A M	27 THANKSGIVING 9:30 THANKSGIVING TRADITIONS D G 10:00 EXERCISE & REFRESH S G 10:30 WALKING CLUB/20 QUESTIONS S G 11:00 THANKSGIVING Pictionary D G 1:15 THANKSGIVING FILM D M 1:15 BINGO! I G 2:00 CANASTA CLUB RL WH 2:00 THANKFUL NOTES S G 3:00 HAPPY HOUR CHEESY GARLIC BREAD S/D/I B 4:00 THANKSGIVING HANGMAN D G 6:15 LATE DAY BINGO I G 7:15 THANKSGIVING FILM I M	28 TAKE-IN BAGEL LUNCH 9:30 CURRENT EVENTS S G 10:00 SIT BE FIT & HYDRATE S G 10:30 WALKING CLUB/FUN FACTS S G 11:00 GROUP CROSSWORD S G 12:00 TAKE-IN BAGEL LUNCH S/I B 1:15 MATINEE I M 1:15 BINGO! I G 2:00 CARD CLUB RL WH 2:00 CRAFTING S/I G 3:00 HAPPY HOUR YOGURT PARFAIT S/I B 4:00 JEOPARDY S G 6:15 BIG BUCKS BINGO I G 7:15 FEATURE FILM I M	29 9:30 WORLD NEWS S G 10:00 EXERCISE & REFRESH S G 10:30 WALKING CLUB/HOT COCOA BAR S G 11:00 WHEEL OF FORTUNE S G 1:15 AFTERNOON MOVIE I M 1:15 BINGO! I G 2:00 POKENO CLUB RL WH 2:00 BALLOON VOLLEYBALL S LO 3:00 HAPPY HOUR PRETZELS S/I B 4:00 TRIVIA TIME S G 6:15 BINGO PARTY! I G 7:15 EVENING MOVIE I M