

NOVEMBER 2025

The Arbors At BOHEMIA

Tel: 631-567-3113
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



STAFF KEY

AM- Angi Meyer
GT- Gale Taxis
SD- Shannagh Dignan
JG- Jim Gover
T- Tricia Cieslak
M- Marilyn Montalvo
K- Keira Aebisher
AS- ASHLEY SILVA
VEN- VENDOR
A- All Staff

LOCATION KEY

GN-Game Nook
E-Entrance Lounge
FL- Front Lawn
B-Bistro
OC-Courtyard
PD-Private Dining
C-Café
GR-Great Room
S-Salon
TH-Theater

CLUB SCHEDULES

MAHJONG: MONDAYS AT 9:45AM
KARAOKE: MON., FRI. AT 6:30PM
POKER: WEDNESDAYS AND FRIDAYS AT 2PM
UNO: WEDNESDAYS 11AM
SCRABBLE: TUES./THURS./SAT. AT 3:15PM
RUMMICKUB: SUN., MON., WED., FRI. AT 2:30PM

MEALS

BREAKFAST SERVED 7:45 AM & 9:00 AM
LUNCH SERVED 11:45 AM & 1:00 PM
DINNER SERVED 4:45PM & 6:00 PM

DAILY PROGRAMS

10:30 EXERCISE GR
11:00 GAMES GR
2:00 MATINEE MOVIE TH
3:00 SOCIAL HOUR GR

7:00 EVENING MOVIE TH

*ALL TRIPS ARE WEATHER PERMITTING

*ALL PROGRAMS ARE SUBJECT TO CHANGE

*All trips are if weather permits.
*All programs are subject to change.
Change will be reflected on the Daily Board.

Recreation Director will be happy to answer any questions you may have regarding this calendar.



1 NATIONAL CINNAMON DAY

9:00	WEEKEND MUSIC	A	GR
9:30	WHAT HAPPENED TODAY	A	GR
10:30	WEEKEND FITNESS FUN	A	GR
11:00	BALLOON VOLLEYBALL	A	GR
11:30	MATCH GAME	A	GR
1:30	NAME 5	IV	GR
1:30	CONCERT SERIES- THE TEMPTATIONS		GR
2:00	MOVIE MATINEE	TH	
2:30	GARDENING CLUB	AM	OC
3:00	HAPPY HOUR- CINNAMON ROLLS	A	GR
3:15	SCRABBLE CLUB		GN
3:45	CASH BINGO	A	GR
5:30	INDEPENDENT GAMES	A	GR
7:00	NIGHTLY CHAT	A	GR
7:00	EVENING MOVIE		TH

2	SUNDAY TUNES	A	GR
9:30	GOOD NEWS TODAY	A	GR
10:30	SUNDAY STRETCHES	A	GR
11:00	FOOTBALL TOSS SUNDAYS	A	GR
11:15	SUNDAY MASS WITH ST. JOHN'S CHURCH	TH	
11:30	MATCH-GAME	A	GR
1:00	WATCH SUNDAY FOOTBALL	C	
1:00	MANICURES BY APPOINTMENT	A	EL
1:30	LCR	A	GR
1:30	CRAFT CORNER	A	E
2:00	WII BOWLING	A	GR
2:00	AFTERNOON MOVIE	TH	
3:00	HAPPY HOUR -SUNDAES	A	GR
2:30	RUMMIKUB CLUB		GN
3:45	CASH BINGO	A	GR
4:00	HAPPY HOUR	A	GR
5:00	COLORING CORNER	A	GR
6:00	WII BOWLING	K	

3 NUTCRACKER BALLET/SANDY AND BROOK

9:00	MONDAY MUSIC	A	GR
9:30	CURRENT EVENTS	A	GR
9:45	MAHJONG		
10:30	SIT & BE FIT	A	GR
11:00	PUTT BOWLING	A	GR
11:30	SEEK AND FIND	A	GR
12:00	YOU TUBE- THE NUTCRACKER		
1:30	TRAVELOGUE	A	GR
2:00	NUTCRACKER BALLET SANDY AND BROOK		
2:00	MOVIE MATINEE	TH	
2:30	RUMMIKUB CLUB	GN	
3:00	HAPPY HOUR	A	GR
3:45	CASH BINGO	A	GR
5:30	INDEPENDENT GAMES	A	GR
6:00	WORD GAMES	A	GR
6:30	KARAOKE		
7:00	EVENING CHAT	A	GR
7:00	EVENING MOVIE IN THE CINEMA	TH	

4 TUESDAY TUNES

9:00	TUESDAY TUNES	A	GR
9:30	DAILY NEWS	A	GR
10:00	HOROSCOPES		
10:30	TAI CHI TUESDAYS-AM	A	GR
11:00	HOOP TAC TOE	A	GR
11:00	COOKING CLASS	A	C
11:30	HANGMAN	A	GR
12:00	CONCERT SERIES: ANDREA BOCELLI	A	GR
1:30	DOCUMENTARY	A	GR
2:00	MOVIE MATINEE	TH	
2:30	CHESS CLUB	GN	
3:00	HAPPY HOUR	A	GR
3:15	SCRABBLE CLUB	A	GR
5:00	COLORING CORNER	A	GR
7:00	INDEPENDENT MUSIC		
7:00	NIGHTLY CHAT	D	GR
7:00	NIGHT AT THE MOVIES	TH	

5 NATIONAL DONUT DAY

9:00	WEDNESDAY TUNES	A	GR
9:30	GOOD NEWS TODAY	A	GR
10:00	LIVE ROSARY	TH	
10:30	WORK THOSE MUSCLES	A	GR
11:00	UNO CLUB		
11:00	TIN CAN ALLEY	A	GR
11:30	PASSPORT TRIVIA	A	GR
12:00	WORD GAMES	A	GR
1:00	MANICURES BY APPOINTMENT	A	EL
1:30	NAME 5	A	GR
2:00	MOVIE TIME- POKER	TH	
2:00	JEWELRY MAKING WITH SHANNAGH	SD	GR
2:30	RUMMIKUB CLUB	GN	
3:00	HAPPY HOUR - DONUTS	A	GR
4:00	SING ALONG WITH CAROL	GR	
5:30	WII BOWLING	SD	GR
7:00	NIGHTLY CHAT	A	GR
7:00	FEATURE FILM	GR	

6 RESIDENT COUNCIL AND FOOD COMMITTEE

9:00	WHAT HAPPENED TODAY	A	GR
9:30	WORK THOSE MUSCLES	A	GR
10:00	THANKFUL FOR THURSDAYS		
10:30	RESIDENT COUNCIL AND FOOD COMMITTEE	A	GR
11:00	PONG BALL	A	TH
11:00	MAKE A NECKLACE WITH SHANNAGH	S	GR
11:30	WHEEL OF FORTUNE	A	GR
12:00	CONCERT SERIES: DONNA SUMMER	GR	
1:30	LCR	D	GR
2:00	HANDICRAFT & CHAT	E	
2:00	AFTERNOON MOVIE	TH	
3:00	HAPPY HOUR	A	GR
3:15	SCRABBLE CLUB	A	GN
4:00	SCRAPBOOKING WITH SHANNAGH	SD	GR
5:30	COLORING CORNER	A	GR
7:00	EVENING CHAT	A	GR
7:00	EVENING MOVIE IN THE CINEMA	TH	

7 TRIP TO AIRPORT DINER- 11:45 AM

9:00	FRIDAY TUNES	A	GR
9:30	NEWS FLASH	A	GR
10:30	STRETCHING & REFRESHING	A	GR
11:00	BATTLE AXE THROW	A	GR
11:30	JOKE TIME WITH JIMMY	J	GR
12:00	DOCUMENTARY- ENCHANTING AUTUMN NATURE		
1:30	TRAVELOGUE		
2:00	POKER		GN
2:00	MOVIE MATINEE	A	TH
2:30	RUMMIKUB CLUB		GN
3:00	HAPPY HOUR	A	GR
3:45	CASH BINGO	A	GR
4:00	WII BOWLING	A	GR
4:00	SHABBAT	AM	PD
5:30	TABLE GAMES	A	GR
6:30	KARAOKE	AS	
7:00	NIGHTLY CHAT	A	GR
7:00	FRIDAY FILM	TH	

8 THREE SISTER'S POP UP

9:00	WEEKEND MUSIC	A	GR
9:30	WHAT HAPPENED TODAY?	A	GR
10:30	SATURDAY WORK OUT	A	GR
11:00	LADDER BALL	A	GR
11:30	FIND THE DIFFERENCES	A	GR
12:00	PIZZA LUNCH- SIGN UP		
1:30	DOCUMENTARY	A	GR
2:00	MOVIE MATINEE	TH	
2:00	MOVIE MATINEE	OC	
2:30	GARDENING CLUB	AM	OC
3:00	HAPPY HOUR	A	GR
3:15	SCRABBLE CLUB		GR
3:45	CASH BINGO	A	GR
5:30	COLORING CORNER	A	GR
7:00	NIGHTLY CHAT	A	GR
7:00	NIGHT AT THE MOVIES		TH

9	SUNDAY EASY LISTENING	A	GR
9:30	SUNDAY MORNING NEWS	A	GR
10:30	MORNING WARM UP & REFRESH	A	GR
11:00	FOOTBALL TOSS SUNDAYS	A	GR
11:00	SUNDAY MASS WITH ST. JOHN'S CHURCH	TH	
11:30	FAMILY FEUD	A	GR
1:00	MANICURES BY APPOINTMENT	A	EL
1:00	WATCH SUNDAY FOOTBALL	C	
1:30	NAME 5	A	GR
1:30	CRAFT CORNER	A	E
2:00	MATINEE	TH	
2:00	WII BOWLING	A	GR
2:30	RUMMIKUB CLUB		GN
3:00	HAPPY HOUR SUNDAES	A	GR
3:45	CASH BINGO	A	GR
5:00	TABLE GAMES	A	GR
6:00	WII BOWLING	K	
7:00	NIGHTLY CHAT	A	GR
7:00	SUNDAY NIGHT AT THE MOVIES	TH	

10 MONDAY MUSIC

9:00	MONDAY MUSIC	A	GR
9:30	CURRENT EVENTS	A	GR
9:45	MAHJONG		
10:30	EXERCISE & HYDRATE	A	GR
11:00	HORSE RACING	A	GR
11:30	SEEK AND FIND	A	GR
1:30	LCR	A	GR
2:00	WII BOWLING	A	GR
2:00	AFTERNOON MOVIE	TH	
2:30	RUMMIKUB CLUB	GN	
3:00	HAPPY HOUR	A	GR
3:45	CASH BINGO	A	GR
5:00	COLORING CORNER		
6:30	KARAOKE		
7:00	EVENING CHAT	A	GR
7:00	EVENING MOVIE IN THE CINEMA	TH	

11 VETERANS DAY/NATIONAL SUNDAE DAY

9:00	TUESDAY TUNES	A	GR
9:30	DAILY NEWS & HOROSCOPES	A	GR
10:30	TAI CHAI TUESDAYS AM	A	GR
11:00	COOKING CLASS	A	C
11:00	CORN HOLE	A	GR
11:30	TRAVELOGUE- TRAVEL TO ITALY	A	GR
1:30	DOCUMENTARY - MODERN MARVELS: HOW IS ICE CREAM MADE?	D	GR
2:00	MOVIE- ALL QUIET ON THE WESTERN FRONT	TH	
2:30	CHESS CLUB	GN	
3:00	HAPPY HOUR -SUNDAES	A	GR
3:15	SCRABBLE CLUB	A	GR
7:00	INDEPENDENT MUSIC	D	GR
7:00	NIGHTLY CHAT	D	GR
7:00	NIGHT AT THE MOVIES	TH	

12 WEDNESDAY SONGS

9:00	WEDNESDAY SONGS	A	GR
9:30	WORLD NEWS	A	GR
10:00	LIVE ROSARY	TH	
10:30	WEDNESDAY WORKOUT & HYDRATION	A	GR
11:00	UNO CLUB	GN	
11:00	BEAN BAG BUCKETS	A	GR
11:30	MATCH GAME	A	GR
1:00	MANICURES BY APPOINTMENT	A	EL
1:30	TRAVELOGUE	A	GR
2:00	JEWELRY MAKING WITH SHANNAGH	TH	
2:00	POKER	GN	
2:30	RUMMIKUB CLUB	GN	
3:00	HAPPY HOUR	A	GR
4:00	SING ALONG WITH CAROL	A	GR
5:00	TABLE GAMES	A	GR
5:30	WII BOWLING	SD	GR
7:00	NIGHTLY CHAT	A	GR
7:00	FEATURE FILM	TH	

13 WORLD KINDNESS DAY/ JULIA LEIGH PERFORMS

9:00	MUSIC TO LOVE	A	GR
9:30	DAILY NEWS	A	GR
10:00	RETAIL POP CUP- CATHY LET'S TALK TURKEYS TRIVIA	VEN E	
10:30	WORK THOSE MUSCLES	A	GR
11:00	THANKFUL FOR THURSDAYS	A	GR
11:00	VELCRO DARTS	A	GR
11:30	HANGMAN	A	GR
1:30	NAME 5	A	GR
2:00	JULIA LEIGH PERFORMS		
2:00	AFTERNOON MOVIE	TH	
2:00	HANDICRAFT & CHAT	E	
3:00	HAPPY HOUR	A	GR
3:15	SCRABBLE CLUB	A	GN
4:00	SCRAPBOOKING WITH SHANNAGH	D	C
7:00	INDEPENDENT MUSIC	A	GR
7:00	EVENING CHAT	D	GR
7:00	EVENING MOVIE IN THE CINEMA	GR	

14 TRIP TO SWEET FROG FROZEN YOGURT

9:00	FRIDAY TUNES	A	GR
9:30	GOOD NEWS DAY	A	GR
10:30	FITNESS FUN & HYDRATE	A	GR
11:00	BALLOON VOLLEYBALL	A	GR
11:30	JOKE TIME WITH JIMMY	J	GR
1:30	LCR	A	GR
2:00	FRIDAY AFTERNOON FLICK	A	TH
2:00	TRIP TO SWEET FROG FROZEN YOGURT		
2:30	RUMMIKUB CLUB		GN
3:00	HAPPY HOUR	A	GR
3:45	CASH BINGO	A	GR
4:00	SHABBAT	AM	PD
5:00	CARD GAMES	A	GR
6:30	KARAOKE	AS	
7:00	NIGHTLY CHAT	D	GR

15 ANNIE- TRIP TO ARGYLE THEATER- LISA- POP UP RETAIL STORE

9:00	WEEKEND MUSIC	A	GR
9:30	WHAT HAPPENED TODAY	A	GR
10:00	LISA- POP UP RETAIL STORE		
10:30	STRETCHING & REFRESHING	A	GR
11:00	PUTT BOWLING	A	GR
11:30	FIND THE DIFFERENCES	A	GR
1:30	MATCH GAME	A	GR
1:30	ANNIE-TRIP TO ARGYLE THEATER- SATURDAY MOVIE- ANNIE	IV	TH
2:30	GARDENING CLUB	AM	OC
3:00	HAPPY HOUR	A	GR
3:15	SCRABBLE CLUB		GN
3:45	CASH BINGO	A	GR
5:00	COLORING CORNER	A	GR
7:00	NIGHTLY CHAT	A	GR
7:00	MOVIE IN THE ARBORS THEATER		TH

16	NATIONAL FAST FOOD DAY		
9:00	SUNDAY EASY LISTENING	A	GR
9:30	SUNDAY MORNING NEWS	A	GR
10:30	FITNESS FUN & REFRESH	A	GR
11:00	FOOTBALL TOSS SUNDAYS	A	GR
11:00	SUNDAY MASS WITH ST. JOHN'S CHURCH	TH	
11:30	WHEEL OF FORTUNE	A	GR
12:00	VETERANS LUNCH AT AMERICAN LEGION	O	
1:00	MANICURES BY APPOINTMENT	A	EL
1:00	WATCH SUNDAY FOOTBALL	C	
1:30	NAME 5	A	GR
1:30	CRAFT CORNER	A	E
2:00	WII BOWLING	A	GR
2:00	MOVIE TIME	TH	
2:30	RUMMIKUB CLUB		GN
3:00	HAPPY HOUR SUNDAES & GIFTS	A	GR
3:45	CASH BINGO	A	GR
5:30	INDEPENDENT TABLE GAMES	A	
6:00	WII BOWLING	K	
7:00	NIGHTLY CHAT	A	GR
7:00	SUNDAY NIGHT AT THE MOVIES	TH	

17 MONDAY MUSIC

9:00	MONDAY MUSIC	A	GR
9:30	CURRENT EVENTS	A	GR
9:45	MAHJONG		
10:30	EXERCISE & HYDRATE	A	GR
11:00	HOOP TAC TOE	A	GR
11:30	JEOPARDY	A	GR
1:30	LCR	A	GR
2:00	WII BOWLING	A	GR
2:00	AFTERNOON MOVIE	TH	
2:30	RUMMIKUB CLUB	GN	
3:00	HAPPY HOUR	A	GR
3:45	CASH BINGO	A	GR
5:30	COLORING CORNER		
6:30	KARAOKE	A	GR
7:00	EVENING CHAT	A	GR
7:00	EVENING MOVIE IN THE CINEMA	TH	