The Arbors At WESTBURY Tel: 516-333-6400 www.thearborsassistedliving.com **OBER 2025 Friday** Sunday **Tuesday** Wednesday **Thursday** Monday Saturday **STAFF KEY LOCATION KEY BANKING HOURS** 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 USA NEWS 10:15 FRIDAY FITNESS **1ST SEATING MEALS** \*ALL TRIPS ARE IF WEATHER PERMITS. 9:00 MORNING MUSIC 9:00 MORNING MUSIC 9:00 MORNING MUSIC I = INDEPENDENT GR B - Bistro 9:30 COFFEE CLUTCH Breakfast - 7:45am 9:30 COFFEE CLUTCH 9:30 COFFEE CLUTCH MONDAY - FRIDAY \*ALL PROGRAMS ARE SUBJECT TO CHANGE. E = EDWIN D - Dining Room Lunch - 11:45am 9:45 HAPPY NEWS GR 9:45 SPORTS NEWS CHANGE WILL BE REFLECTED ON THE DAILY 11:00 AM - 3:00 PM F = FATIMA10:15 **ZUMBA** 10:30 YOGA WITH JANICE 11:00 **GARDENING GROUP**11:00 BEAN BAG TOSS
12:00 BOWLING GR - Great Room BOARD. 11:00 VOLLEYBALL CHALLENGE Dinner- 4:45pm 11:00 TRIVIA 11:00 MANICURES & MUSIC C = CARMEN 11:00 IFWISH SERVICES WITH RARRI RROWNSTI M - Media Room 12:00 COLORING CORNER 11:15 AXE THROWING CHALLENGE 12:00 CHESS AND CHECKERS
1:00 PUZZLES
2:15 COOKING CLUB WALKING CLUB 12:00 TAKE OUT: CHINESE FOOD
1:00 TABLE GAMES
2:30 AFTERNOON BINGO JE = JESSICA YOUR PROGRAMMING TEAM WILL BE HAPPY 1:30 UNO! CARD GAME 12:00 PUZZLES 0 - Outings **2ND SEATING MEALS** TUESDAY/SATURDAY 2:30 AFTERNOON BINGO 1:30 TRIVIA TO ANSWER ANY OUESTIONS GR GR Y = YULIZAP - Patio Breakfast- 9am HAPPY HOUR! 2:30 AFTERNOON BINGO 2:30 AFTERNOON BINGO 4:00 CARFTING CLUB
4:00 CARFTING CLUB
4:00 CARP GAMES
7:00 RUMMIKUB
7:15 EVENING BINGO YOU MAY HAVE REGARDING 10:00 AM GR GR GR GR GR Z=EZECHIEL 4:00 BIBLE STUDY 3:15 HAPPY HOUR! Lunch- 1pm 3:15 HAPPY HOUR! 4:00 NAME THAT TUNE 6:00 TABLES GAMES IR - In Room THIS CALENDAR. 4:00 MATCHING CAME 4:00 INDOOR GULF GR GR GR V = VENDORDinner-6pm UN - Upper Nook GR GR GR 6:00 CHECKER AND CHESS 6:00 COLORING CORNER AS = ALL STAFF 7:00 RUMMIKUB 7:00 RUMMIKUB 7:15 EVENING BINGO 7:00 RUMMIKUB 7:15 EVENING BINGO 7:15 EVENING BINGO 8:15 EVENING MOVIE 8:15 EVENING MOVIE 8:15 EVENING MOVIE 8:15 EVENING MOVIE 5 9:00 MORNING MUSIC 6 8 9 10 HAIR SALON 8AM - 2PM MORNING MUSIC 9:00 MORNING MUSIC 9:00 MORNING MUSIC GR 9:00 MORNING MUSIC **MORNING MUSIC** 9:00 9:30 9:45 B GR O GR 9:30 COFFEE CLUTCH 9:45 TODAY'S HEADLINES 9:30 9:45 COFFEE CLUTCH
HAPPENINGS & HOROSCOPES COFFEE CLUTCH USA NEWS **COFFEE CLUTCH** 9:30 COFFEE CLUTCH 9:30 COFFEE CLUTCH COFFEE CLUTCH GR GR GR 9.45 THIS DAY IN HISTORY 9:45 **WORLD NEWS** 9:45 HAPPY NEWS SPORTS NEWS 10:00 TRIP: ST. PAUL THE APOSTLE CHURCH SHOPPING TRIP - TARGET 10:15 TAI CHI AND MEDITATION FRIDAY FITNESS 10:15 TRIP: NEW YORK AQUARIUM BKLYN 10:15 WALKING CLUB AS 10:00 SUNDAY STRENGTHENING 10:15 11:00 VOLLEYBALL CHALLENGE 11:00 GARDENING G 11:00 BEAN BAG TOSS 11:00 FAMILY FEUD 10:15 **ZUMBA** 11:00 AXE THROWING CHALLENGE 10:30 SUNDAY MASS ON TV GR GR GR GR GR GR GR GR 11:00 LADDER BALL 12:00 HANGMAN 11:00 TRIVIA 11:00 MANICURES & MUSIC 12:00 BOWLING 12:00 TAKE OUT: PI 1:00 TABLE GAMES GR 12:00 COLORING CORNER
1:30 FLOOR RING TOSS GAME
2:30 AFTERNOON BINGO
3:15 HAPPY HOUR! 11:15 JEOPARDY BOWLING TAKE OUT: PIZZA GR GR GR GR 12:00 CHESS AND CHECKERS 1:00 CARD GAMES GR 12:00 COLORING CORNER 12:00 PUZZLES 12:00 BOARD GAMES 1:00 PUZZLES 2:15 COOKING CLUB 1:30 TRIVIA GR GR GR GR 2:30 RESIDENT COUNCIL 1:00 UNO! CARD GAME 1:30 WHO WANTS TO BE A MILLIONAIRE 3:00 VETERANS' CHAT WITH ERIC 2:30 AFTERNOON BINGO 3:15 HAPPY HOUR! 3:30 CRAFTING CLUB 2:30 AFTERNOON BINGO AFTERNOON BINGO 2:30 AFTERNOON BINGO HICK'S FALL FESTIVAL 2:30 AFTERNOON BINGO 3:15 HAPPY HOUR! 3:15 HAPPY HOUR! 3:15 HAPPY HOUR! AFTERNOON BINGO TRIVIA AS GR 3:15 HAPPY HOUR! 4:00 AFTERNOON BINGO 4:00 RIBLE STUDY 4:00 INDOOR GULF **MANICURES & MUSIC** 4:00 NAME THAT TUNE 4:00 KARAOKE 6:00 CARD GAMES 7:00 RUMMIKUB 4:00 DINNER TRIP: RED LOBSTER 6:00 COLORING CORNER GR GR GR GR 6:00 TABLE GAMES 7:00 RUMMIKUB 7:15 EVENING BINGO 4:00 MATCHING CAME GR GR GR M 4:00 LEFT CENTER RIGHT DICE GAME GR 6:00 TABLES GAMES 7:00 RUMMIKUB 7:15 EVENING BINGO 6:00 CHECKER AND CHESS GR GR 6:00 MAHJONG GR 5.30 CARD GAMES 7:00 RUMMIKUB 7:00 RUMMIKUB 7:00 RUMMIKUB 7:15 EVENING BINGO 7:15 EVENING BINGO 8:15 EVENING MOVIE 7:00 RUMMIKUB 8:15 EVENING MOVIE 7:15 EVENING BINGO GR 8:15 EVENING MOVIE 7:15 EVENING BINGO 7:15 EVENING BINGO 8:15 EVENING MOVIE 13 COLUMBUS DAY **14** HAIR SALON 8AM - 2PM 16 17 18 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 HAPPY NEWS MORNING MUSIC MORNING MUSIC MORNING MUSIC **BREAKFAST TRIP - IHOP** MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 HAPPENINGS & HOROSCOPES 9:30 COFFEE CLUTCH **COFFEE CLUTCH** 9:00 9:30 9:45 **COFFEE CLUTCH** 9:30 COFFEE CLUTCH B GR **■** [ TODAY'S HEADLINES JE GR 9.45 **WORLD NEWS** GR COFFEE CLUTCH THIS DAY IN HISTORY USA NEWS FRIDAY FITNESS SPORTS NEWS **SHOPPING TRIP - WALMART** 10:15 10:15 WALKING CL 11:00 FAMILY FEUD WAI KING CLUP 10:30 YOGA WITH JANICE 10:15 SUNDAY STRENGTHENING 10:15 CHAIR AEROBICS 10:30 TRIP:MUSEUM OF AMERICAN ARMOR GR GR 11:00 SUNDAY MASS W/ MINISTER ELENA **MANICURES & MUSIC** 12:00 HANGMAN TRIVIA 11:00 VOLLEYBALL CHALLENGE BEAN BAG TOSS COMFORT DOG VISIT GR GR GR GR 11:15 AXE THROWING CHALLENGE 12:00 BOARD GAMES 11:00 LADDER BALL 12:00 COLORING COF IFWISH SERVICES WITH RARRI BROWNSTEI 1:00 CARD GAMES 12:00 COLORING CORNER 1:30 WHO WANTS TO BE A MILLIONAIRE GR 12:00 PUZZLES TAKE OUT: KFC TABLE GAMES 12:00 CHESS AND CHECKERS 1:00 UNO! CARD GAME 2:30 AFTERNOON BINGO 3:15 HAPPY HOUR! GR GR GR GR GR GR COLORING CORNER 2:30 AFTERNOON BINGO 1:30 TRIVIA 2:15 SHOPPING TRIP: CVS E/JE 0 PUZZLES COOKING CLUB 1:30 FLOOR RING TOSS GAME 2:30 AFTERNOON BINGO 3:00 VETERANS' CHAT WITH ERIC
3:15 HAPPY HOUR! 2:30 AFTERNOON BINGO AFTERNOON BINGO 2:30 AFTERNOON BINGO HAPPY HOUR! CRAFTING CLUB 3:15 HAPPY HOUR! 2:30 AFTERNOON BINGO 3:15 3:30 3:15 HAPPY HOUR! 3:15 **HAPPY**4:00 TRIVIA
4:00 **MANIC** 4:00 AFTERNOON BINGO HAPPY HOUR! 3:15 HAPPY HOUR! 4:00 NAME THAT TUNE GR GR GR 4:00 LEFT CENTER RIGHT DICE GAME GR 4:00 INDOOR GULF 4:00 MATCHING CAME 4:00 KARAOKE GR 6:00 COLORING CORNER 6:00 CARD GAMES GR GR GR GR **MANICURES & MUSIC** 6:00 MAHJONG 6:00 CHECKER AND CHESS 6:00 CARD GAMES
7:00 RUMMIKUB
7:15 EVENING BINGO
8:15 EVENING MOVIE 6:00 TABLES GAMES GR GR 7:00 RUMMIKUB GR 7:00 RUMMIKUB 6:00 TABLE GAMES 7:00 RUMMIKUB 7:15 EVENING BINGO 7:00 RUMMIKUB 7:15 EVENING BINGO 7:00 RUMMIKUB 7:15 EVENING BINGO RUMMIKUB EVENING BINGO 7:15 EVENING BINGO GR 7:15 EVENING RINGO M 8:15 EVENING MOVIE 8:15 EVENING MOVIE 8:15 **EVENING MOVIE** 8:15 EVENING MOVIE 19 20 23 24 21 HAIR SALON 8AM - 2PM 9:00 MORNING MUSI 9:30 COFFEE CLUTCH MORNING MUSIC MORNING MUSIC GF MORNING MUSIC 9:00 MORNING MUSIC GR 9:00 MORNING MUSIC **MORNING MUSIC** MORNING MUSIC 9:00 MORNING MUSI 9:30 COFFEE CLUTCH B GR O GR GR ODAY'S HEADLINES GR HAPPENINGS & HOROSCOPES THIS DAY IN HISTORY USA NEWS GF 9:45 WORLD NEWS GR GR GR GR M GR GR 9:45 SPORTS NEWS 10:00 TRIP: ST. PAUL THE APOSTLE CHURCH E 10:00 SUNDAY STRENGTHENING JE 10:15 TAI CHI AND MEDITATION
11:00 VOLLEYBALL CHALLENGE O GR GR GR 10:15 SHOPPING TRIP-10:15 CHAIR AEROBICS **SHOPPING TRIP - STOP AND SHOP** 10:15 ZUMBA 10:15 FRIDAY FITNESS 10:15 WALKING CLUB 10:15 WALKING CLUE AS TRIP: AMERICAN AIRPOWER MUSEUM 11:00 FAMILY FEUD 10:30 **TRIP:** A 11:00 TRIVIA 11:00 GARDENING GROUP 11:00 AXE THROWING CHALLENGE 11:00 LADDER BALL 10:30 SUNDAY MASS ON TV 11:00 IFWISH SERVICES WITH RARRI BROWNSTEI 11:00 BEAN BAG TOSS 12:00 HANGMAN 11:00 MANICURES & MUSIC 11:15 JEOPARDY 12:00 COLORING CORNER 12:00 COLORING CORNER 12:00 CHESS AND CHECKERS 12:00 PUZZLES 1:30 TRIVIA 1:00 CARD GAMES 12:00 BOWLING GR 1:00 UNO! CARD GAME 2:30 AFTERNOON BINGO 3:15 HAPPY HOUR! 12:00 BOARD GAMES 1:30 FLOOR RING TOSS GAME 1:00 PUZZLES 12:00 TAKE OUT: BURGER KING 2:30 AFTERNOON BINGO SHOPPING TRIP: WALGREENS 0 GR 2:30 AFTERNOON BINGO CHEFFD 1:00 TABLE GAMES GF 2:30 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:00 INDOOR GULF 3:15 HAPPY HOUR! 2:30 AFTERNOON BINGO HAPPY HOUR! 2:30 AFTERNOON BINGO GR GR GR GR GR 2:30 AFTERNOON BINGO 4:00 AFTERNOON BINGO 4:00 BIBLE STUDY 4:00 MATCHING CAME 3:15 HAPPY HOUR! 4:00 NAME THAT TUNE 3:15 HAPPY HOUR! GR GR GR GR GR 4:00 TRIVIA GR GR GR GR GR 3:30 BIRTHDAY PARTY GR 4:00 LEFT CENTER RIGHT DICE GAME 4:00 DINNER TRIP: OUTBACK STEAK HOUSE E 4:00 MANICURES & MUSIC GR GR 6:00 CARD GAMES 6:00 COLORING CORNER 6.00 MAHIONG 6:00 TABLE GAMES 6:00 CHECKER AND CHESS 6:00 TABLES GAMES 6:00 CARD GAMES 7:00 RUMMIKUB 7:00 RUMMIKUB GR GR M 7:00 RUMMIKUB
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3:15 HAPPY HOUR!
4:00 TRIVIA 12:00 BOWLING GR 1:00 PUZZLES 2:30 AFTERNOON BINGO 2:15 SHOPPING TRIP: CVS E/JE 0 2:30 FOOD COUNCIL 1:00 TABLE GAMES 2:15 COOKING CLUB GR 2:30 AFTERNOON BINGO 3:15 HAPPY HOUR! 3:15 HAPPY HOUR 2:30 AFTERNOON BINGO 2:30 AFTERNOON BINGO GR GR 4:00 AFTERNOON BINGO 4:00 BIBLE STUDY 3:30 HALLOWEEN PARTY GR 4:00 LEFT CENTER RIGHT DICE GAME 4:00 DINNER TRIP: TAP ROOM 4:00 MATCHING CAME GR GR GR GR M **MANICURES & MUSIC** 4:00 NAME THAT TUNE GR 6:00 CARD GAMES 6:00 CARD GAMES GR GR GR 6:00 MAHJONG 6:00 CHECKER AND CHESS **TABLE GAMES** 6:00 TABLES GAMES 7:00 RUMMIKUB GR 7:00 RUMMIKUB GR 7:00 RUMMIKUB 7:00 RUMMIKUB RUMMIKUB 7:00 RUMMIKUB GR M 7:15 EVENING BINGO GR 7:15 EVENING BINGO GR GR 7:15 EVENING BINGO 7:15 EVENING BINGO 7:15 EVENING BINGO 8:15 EVENING MOVIE 7:15 EVENING BINGO 8:15 EVENING MOVIE 8:15 **EVENING MOVIE** 8:15 EVENING MOVIE 8:15 EVENING MOVIE 8:15 EVENING MOVIE