

ACTIVITY CALENDAR

OCTOBER 2025

The Arbors At ISLANDIA EAST SAFECARE

Tel: 631-232-3131
www.thearborsassistedliving.com

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|---|--|
| <div></div> <div>STAFF KEY V=Valerie Director D= Denzel S=Sarah DD=Danielle IC=Isabella VC=Vincent A=Anne R=Rahat K=Keara I=Indasia W=Wilfred VEN= Vender RS= Recreation Staff RL= Resident Lead</div> <div>LOCATION KEY O-Outing B-Bistro P-Patio LR- Living Room DR-Dining Room ELO- East Lobby PDR- Private Dining Room W- West Side EM-East Media Room ECY=East Court Yard EG=East Game Room</div> | <div>FOR YOUR DINING PLEASURE Breakfast 8am-9pm Lunch 12pm-1pm Dinner 5pm-6pm All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Valerie will be happy to answer any questions you may have regarding this calendar.</div> | <div>1 VANCE ENTERTAINMENT 9:30 TRIVIA TEASERS T/I LR 10:00 MOVE TO THE BEAT & HYDRATION STATION T/I LR 10:30 INTERNATIONAL COFFEE DAY COFFEE TIME T/I LR 11:00 GUESSING GAME T/I LR 1:00 VANCE ENTERTAINMENT VEN LR 2:00 PARACHUTE T/I LR 2:30 AUTUMN Pictionary T/I LR 3:00 MOVEMENT TO MUSIC T/I LR 4:00 HAPPY HOUR ICE CREAM T/I DR 4:00 DICE GAMES T/I LR 6:00 SOOTHING MELODIES RS LR</div> | <div>2 YOM KIPPUR 9:30 PICTURE BOOKS I/R/DD LR 10:00 STRETCHING & REFRESHING I/R/DD LR 10:30 TRUE OR FALSE I/R/DD LR 11:00 BALLOONS AFLOAT I/R/DD LR 1:15 DRAWING PUMPKINS I/R/DD LR 2:00 JUMBO GAMES I/R/DD LR 2:30 DICE ROLL I/R/DD LR 3:00 HAPPY HOUR ONION RINGS I/R/DD DR 4:00 BINGO I/R/DD LR 6:00 BACK TO THE 50'S RS LR</div> | <div>3 CHUBBY CHECKER'S BIRTHDAY 9:30 FAMILIAR FACES W/VC/DD LR 10:00 LET'S DO THE TWIST W/VC/DD LR 10:30 JOKES W/VC/DD LR 11:00 SEEK & FIND W/VC/DD LR 1:15 SING A LONG W/VC/DD LR 2:00 NOODLE TENNIS W/VC/DD LR 2:30 NAME 10 W/VC/DD LR 3:00 HAPPY HOUR RICE PUDDING W/VC/DD DR 4:00 DICE GAMES W/VC/DD LR 6:00 MUSIC STYLINGS OF JOHNNY MATHIS RS LR</div> | <div>4 A-Z AUTUMN 9:30 EXERCISE & HYDRATE W/VC/I LR 10:00 NAME THAT ANIMAL W/VC/I LR 11:00 BASKETBALL SHOOTOUT W/VC/I LR 1:15 HOOP TOSS W/VC/I LR 2:00 NAME THAT SOUND W/VC/I LR 2:30 BALL GAMES W/VC/I LR 3:00 HAPPY HOUR CHEEZ-ITS W/VC/I DR 4:00 BINGO W/VC/I LR 6:00 MUSICAL SENSATIONS RS LR</div> | |
| <div>5 COMMUNION WITH JAMES AL 9:30 SIT AND TALK IC/VC/K LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV IC/VC/K LR 10:00 TABLE ACTIVITIES IC/VC/K LR 10:30 MOVE TO THE BEAT & HYDRATE IC/VC/K LR 11:00 NOODLE TAP IC/VC/K LR 1:15 DICE GAMES IC/VC/K LR 2:00 BOWLING IC/VC/K LR 2:30 NAME THAT OBJECT IC/VC/K LR 3:00 HAPPY HOUR SUNDAES IC/VC/K DR 4:00 DICE GAMES IC/VC/K LR 6:00 DANCING ON SCREEN RS LR</div> | <div>6 MUSIC THERAPY W/MARIA MENNITI 9:30 NAME THAT FACE W/VC LR 10:00 STRETCH & REFRESH W/VC LR 10:30 BALLOON VOLLEY W/VC LR 11:00 RHYME TIME W/VC LR 1:15 MUSIC THERAPY W/MARIA MENNITI VEN LR 2:00 BALL GAMES W/VC LR 2:30 TRIVIA TIME W/VC LR 3:00 HAPPY HOUR APPLES & PUMPKIN PIE DIP W/VC DR 4:00 BINGO W/VC LR 6:00 SOUNDS OF NATURE RS LR</div> | <div>7 9:30 WHAT WOULD YOU DO? W/R/I LR 10:00 FITNESS FUN & HYDRATE W/R/I LR 10:30 WORD TEASERS W/R/I LR 11:00 SIMON SAYS W/R/I LR 1:15 DANCE PARTY W/R/I LR 2:00 SING A LONG W/R/I LR 2:30 CHEER FITNESS W/R/I LR 3:00 HAPPY HOUR SWEET POTATO FRIES W/R/I DR 4:00 DICE GAMES W/R/I LR 6:00 MOTOWN MUSIC RS LR</div> | <div>8 HORSE THERAPY TRIP 9:30 HISTORIC EVENTS T/I LR 10:00 EXERCISE & REFRESH T/I LR 10:30 SHORT STORIES T/I LR 11:00 ACTIVE GAMES T/I LR 1:15 HORSE THERAPY TRIP A/T O 1:15 A-Z VEGETABLES I/RS LR 2:00 BALL TOSS I/RS LR 2:30 FLOWER ARRANGING I/RS LR 3:00 HAPPY HOUR ICE CREAM T/I D 4:00 BINGO T/I LR 6:00 HAPPY SONGS RS LR</div> | <div>9 NATIONAL BRING YOUR TEDDY BEAR TO WORK DAY 9:30 REMINISCING TEDDY BEARS I/R/DD LR 10:00 MOVE TO THE BEAT & HYDRATION STATION I/R/DD LR 10:30 BALLOON TAP I/R/DD LR 11:00 CLUE TRIVIA I/R/DD LR 1:15 RING TOSS I/R/DD LR 2:00 BINGO I/R/DD LR 2:30 MOVEMENT TO MUSIC I/R/DD LR 3:00 HAPPY HOUR TERIYAKI MEATBALLS I/R/DD DR 4:00 DICE GAMES I/R/DD LR 6:00 SOOTHING MELODIES RS LR</div> | <div>10 HALLOWEEN CRAFTS 9:30 PICTURE BOOKS W/VC/DD LR 10:00 STRETCHING & REFRESHING W/VC/DD LR 10:30 FUN FACTS W/VC/DD LR 11:00 BASKETBALL SHOOTOUT W/VC/DD LR 1:15 HALLOWEEN CRAFTS W/VC/DD LR 2:00 ROLL OF THE DICE W/VC/DD LR 2:30 SPORTS CHARADES W/VC/DD LR 3:00 HAPPY HOUR APPLES & CARAMEL W/VC/DD DR 4:00 BINGO W/VC/DD LR 6:00 GOLDEN OLDIES RS LR</div> | <div>11 PLENTY OF RHYTHM DANCERS AL 9:30 MOVIE TALK W/VC/I LR 10:00 FITNESS FUN & HYDRATION W/VC/I LR 10:30 TRUE OR FALSE W/VC/I LR 11:00 HIDDEN OBJECTS W/VC/I LR 1:15 SING A LONG W/VC/I LR 2:00 NOODLE TENNIS W/VC/I LR 2:30 PLENTY OF RHYTHM DANCERS AL VEN EDR 2:30 FAMILY FEUD W/VC/I LR 3:00 HAPPY HOUR DORITOS W/VC/I DR 4:00 BINGO W/VC/I LR 6:00 MUSIC STYLINGS OF NEIL DIAMOND RS LR</div> |
| <div>12 COMMUNION WITH JAMES AL 9:30 A-Z ORANGE IC/VC/K LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV IC/VC/K LR 10:00 TABLE ACTIVITIES IC/VC/K LR 10:30 EXERCISE & REFRESH IC/VC/K LR 11:00 HOOP TOSS IC/VC/K LR 1:15 WALK TO THE PATIO IC/VC/K P 2:00 BALLOON VOLLEYBALL IC/VC/K P 2:30 SCATEGORIES IC/VC/K LR 3:00 HAPPY HOUR SUNDAES IC/VC/K DR 4:00 BINGO IC/VC/K LR 6:00 MUSIC FOR THE SOUL RS LR</div> | <div>13 COLUMBUS DAY 9:30 LETS TALK W/VC LR 10:00 MOVE TO THE BEAT & HYDRATION STATION W/VC LR 10:30 FAMOUS FACES W/VC LR 11:00 BALL TOSS W/VC LR 1:15 CRAYON SHIP CREATIONS W/VC LR 2:00 GUESSING GAME W/VC LR 2:30 MARGARITA ROSE & TONY T ENTERTAINMENT AL VEN EDR 2:30 JUMBO GAMES W/VC LR 3:00 HAPPY HOUR CHIPS & FRENCH ONION DIP W/VC DR 4:00 DICE GAMES W/VC LR 6:00 MUSICAL STYLINGS OF PERRY CUOMO RS LR</div> | <div>14 9:30 WHO DO YOU KNOW? W/R/I LR 10:00 STRETCHING & REFRESHING W/R/I LR 10:30 BALLOON VOLLEY W/R/I LR 11:00 NAME 10 W/R/I LR 1:15 RING TOSS W/R/I LR 2:00 BALL TOSS W/R/I LR 2:30 INSTRUMENT CHARADES W/R/I LR 3:00 HAPPY HOUR GARLIC BREAD STICKS W/R/I DR 4:00 BINGO W/R/I LR 6:00 SWEET MELODIES RS LR</div> | <div>15 SCENIC DRIVE 9:30 CHIT CHAT T/I LR 10:00 FITNESS FUN & HYDRATE T/I LR 10:30 GUESS THE EMOJI T/I LR 11:00 SIMON SAYS T/I LR 1:15 SCENIC DRIVE A/T O 1:15 BEAN BAG CHALLENGE I/RS LR 2:00 SING A LONG I/RS LR 2:30 CHEER FITNESS I/RS LR 3:00 HAPPY HOUR ICE CREAM T/I DR 4:00 DICE GAMES T/I LR 6:00 MUSIC MEDITATION RS LR</div> | <div>16 9:30 SIT AND TALK I/R/DD LR 10:00 EXERCISE & REFRESH I/R/DD LR 10:30 SHORT STORIES I/R/DD LR 11:00 ACTIVE GAMES I/R/DD LR 1:15 A-Z ON THE FARM I/R/DD LR 2:00 BALL TOSS I/R/DD LR 2:30 FLOWER ARRANGING I/R/DD LR 3:00 HAPPY HOUR FRIED CORN NUGGETS I/R/DD DR 4:00 BINGO I/R/DD LR 6:00 MUSIC THAT MAKES YOU SMILE RS LR</div> | <div>17 YOGA CLASS W/RAY 9:30 YOU BE THE JUDGE W/VC/DD LR 10:15 YOGA CLASS WITH RAY VEN LR 11:00 BALLOON VOLLEYBALL W/VC/DD LR 1:15 40'S SONGS W/VC/DD LR 2:00 TRIVIA CHALLENGE W/VC/DD LR 2:30 MOVEMENT TO MUSIC W/VC/DD LR 3:00 HAPPY HOUR FRESH FRUIT W/VC/DD DR 4:00 DICE GAMES W/VC/DD LR 6:00 MOVIE TIME RS LR</div> | <div>18 ART CLUB 9:30 PICTURE BOOKS W/VC/I LR 10:00 STRETCHING & REFRESHING W/VC/I LR 10:30 FACT OR FICTION W/VC/I LR 11:00 BASKETBALL SHOOTOUT W/VC/I LR 1:15 ART CLUB V DR 1:15 FARM ANIMAL CHARADES W/VC/I LR 2:00 JUMBO DOMINOS W/VC/I LR 2:30 NAME 10 W/VC/I LR 3:00 HAPPY HOUR BAR MIX W/VC/I DR 4:00 BINGO W/VC/I LR 6:00 GOLDEN OLDIES RS LR</div> |
| <div>19 COMMUNION WITH JAMES AL 9:30 TALK ABOUT FAVORITES IC/VC/K LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV IC/VC/K LR 10:00 TABLE ACTIVITIES IC/VC/K LR 10:30 FITNESS FUN & HYDRATION IC/VC/K LR 11:00 NAME 10 IC/VC/K LR 1:15 BASKETBALL SHOOTOUT IC/VC/K LR 2:00 GUESSING GAME IC/VC/K LR 2:30 KICK BALL IC/VC/K LR 3:00 HAPPY HOUR SUNDAES IC/VC/K DR 4:00 DICE GAMES IC/VC/K LR 6:00 MUSIC MONTAGE RS LR</div> | <div>20 9:30 GARDENING TALK W/VC LR 10:00 EXERCISE & REFRESH W/VC LR 10:30 MATCH GAME W/VC LR 11:00 MULTIPLE CHOICE W/VC LR 1:15 GARDEN CARE ON THE PATIO W/VC P 2:00 BALLOON VOLLEYBALL W/VC P 2:30 CLUE TRIVIA W/VC P 3:00 HAPPY HOUR TORTILLA CHIPS & CHILI CHEESE DIP W/VC DR 4:00 BINGO W/VC LR 6:00 MUSIC FOR THE SOUL RS LR</div> | <div>21 9:30 TRAVEL TO GREECE W/R/I LR 10:00 MOVE TO THE BEAT & HYDRATION STATION W/R/I LR 10:30 20 QUESTIONS W/R/I LR 11:00 TOSS GAMES W/R/I LR 1:15 WORD CHALLENGE W/R/I LR 2:00 BOWLING W/R/I LR 2:30 JUMBO GAMES W/R/I LR 3:00 HAPPY HOUR BROWNIES W/R/I DR 4:00 DICE GAMES W/R/I LR 6:00 MUSIC STYLINGS OF THE ANDRE RIEU RS LR</div> | <div>22 ALEX ALEXANDER ENTERTAINMENT AL 9:30 REMINISCING AUTUMN T/I LR 10:00 STRETCHING & REFRESHING T/I LR 10:30 BALLOON TAP T/I LR 11:00 KARAOKE T/I LR 1:15 KICK BALL T/I LR 2:00 FAMILY FEUD T/I LR 2:30 ALEX ALEXANDER ENTERTAINMENT AL VEN LR 2:30 CHARADES T/I LR 3:00 HAPPY HOUR ICE CREAM T/I DR 4:00 BINGO T/I LR 6:00 SWEET MELODIES RS LR</div> | <div>23 9:30 TABLE TALK I/R/DD LR 10:00 FITNESS FUN & HYDRATE I/R/DD LR 10:30 TRIVIA TIME I/R/DD LR 11:00 SIMON SAYS I/R/DD LR 1:15 HALLOWEEN HANGMAN I/R/DD LR 2:00 DANCE TO THE MUSIC I/R/DD LR 2:30 SING A LONG I/R/DD LR 3:00 HAPPY HOUR MOZZARELLA STICKS I/R/DD DR 4:00 DICE GAMES I/R/DD LR 6:00 MUSIC MEDITATION RS LR</div> | <div>24 WALK TO THE PATIO 9:30 MUSIC DISCUSSION W/VC/DD LR 10:00 EXERCISE & REFRESH W/VC/DD LR 10:30 SHORT STORIES W/VC/DD LR 11:00 TABLE GAMES W/VC/DD LR 1:15 WALK TO THE PATIO W/VC/DD P 2:00 WORD GAMES W/VC/DD P 2:30 BALL TOSS W/VC/DD P 3:00 HAPPY HOUR CINNAMON SQUARES W/VC/DD DR 4:00 BINGO W/VC/DD LR 6:00 MUSIC THAT MAKES YOU SMILE RS LR</div> | <div>25 9:30 CURRENT EVENTS W/VC/I LR 10:00 MOVE TO THE BEAT & HYDRATION STATION W/VC/I LR 10:30 TRIVIA TEASERS W/VC/I LR 11:00 BALLOON VOLLEYBALL W/VC/I LR 1:15 RING TOSS W/VC/I LR 2:00 RHYTHM WITH INSTRUMENTS W/VC/I LR 2:30 CHAIR EXERCISE W/VC/I LR 3:00 HAPPY HOUR CHEESE DOODLES W/VC/I DR 4:00 DICE GAMES W/VC/I LR 6:00 SOOTHING MELODIES RS LR</div> |
| <div>26 COMMUNION WITH JAMES AL 9:30 PICTURE BOOKS IC/VC/K LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV IC/VC/K LR 10:00 TABLE ACTIVITIES IC/VC/K LR 10:30 STRETCHING & REFRESHING IC/VC/K LR 11:00 BALLOON VOLLEYBALL IC/VC/K LR 1:15 SING A LONG IC/VC/K LR 2:00 ACTIVE GAMES IC/VC/K LR 2:30 NAME 10 IC/VC/K LR 3:00 HAPPY HOUR SUNDAES IC/VC/K DR 4:00 BINGO IC/VC/K LR 6:00 EASY LISTENING RS LR</div> | <div>27 9:30 CHIT CHAT W/VC LR 10:00 FITNESS FUN & HYDRATION W/VC LR 10:30 NAME THAT SOUND W/VC LR 11:00 BELIEVE IT OR NOT W/VC LR 1:15 KICKBALL W/VC LR 2:00 SCATEGORIES W/VC LR 2:30 MOVE TO THE MUSIC W/VC LR 3:00 HAPPY HOUR PRETZELS & QUESO CHEESE DIP W/VC DR 4:00 DICE GAMES W/VC LR 6:00 MUSIC MONTAGE RS LR</div> | <div>28 NATIONAL CHOCOLATE DAY 9:30 PUMPKIN CHAT W/R/I LR 10:00 EXERCISE & REFRESH W/R/I LR 10:30 HOT COCOA BAR W/R/I LR 11:00 MULTIPLE CHOICE W/R/I LR 1:15 PUMPKIN CREATIONS W/R/I LR 2:00 BALLOON VOLLEYBALL W/R/I LR 2:30 HIDDEN OBJECTS W/R/I LR 3:00 HAPPY HOUR SUGAR COOKIES WITH A HERSHEY KISS W/R/I DR 4:00 BINGO W/R/I LR 6:00 MUSIC FOR THE SOUL RS LR</div> | <div>29 PIZZA TRIP 9:30 TRAVEL TO GREECE T/I LR 10:00 MOVE TO THE BEAT & HYDRATION STATION T/I LR 10:30 CLUE TRIVIA T/I LR 11:00 TOSS GAMES T/I LR 11:30 PIZZA TRIP A/T LR 1:15 LETTER GAMES I/RS LR 2:00 TABLE GAMES I/RS LR 2:30 JUMBO GAMES I/RS DR 3:00 HAPPY HOUR ICE CREAM T/I LR 4:00 DICE GAMES T/I LR 6:00 MUSICAL STYLINGS OF ANDREA BOCELLI RS</div> | <div>30 9:30 REMINISCING I/R/DD LR 10:00 STRETCH & REFRESH I/R/DD LR 10:30 BALLOON TAP I/R/DD LR 11:00 A-Z COSTUMES I/R/DD LR 1:15 KICKBALL I/R/DD LR 2:00 FAMILY FEUD I/R/DD LR 2:30 HALLOWEEN CHARADES I/R/DD LR 3:00 HAPPY HOUR PIGS IN A BLANKET I/R/DD DR 4:00 BINGO I/R/DD LR 6:00 HALLOWEEN TUNES RS LR</div> | <div>31 HAPPY HALLOWEEN/BAY CITY ENTERTAINMENT 9:30 HALLOWEEN RIDDLES W/VC/DD LR 10:00 SCARF DANCING & HYDRATION W/VC/DD LR 10:30 WORD CHALLENGE W/VC/DD LR 11:00 BALL TOSS W/VC/DD LR 1:15 SPOOKY POEMS W/VC/DD LR 2:00 TRIVIA TIME W/VC/DD LR 2:30 ROYAL HALLOWEEN PARTY W/VC/DD LR 3:00 HAPPY HOUR PUMPKIN BREAD & PUMPKIN SPICE COFFEE W/VC/DD DR 4:00 DICE GAMES W/VC/DD LR 6:00 CASPER THE MOVIE RS LR</div> | <div></div> |