

ACTIVITY CALENDAR

OCTOBER 2025

The Arbors At ISLANDIA EAST

Tel: 631-232-3131
www.thearborsassistedliving.com

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
STAFF KEY V=Valerie Director S= Sarah G= Gina E=Elissa A= Anne M=Michelle L=Linda D=Denzel N=Neha VEN= Vender RS= Recreation Staff RL= Resident Lead		LOCATION KEY O- Outing B-Bistro CY- Courtyard LO- Lobby G- Game Room DR- Dining Room M- Media Room W- West Side PDR- Private Dining Room		FOR YOUR DINING PLEASURE BREAKFAST 7:45am-9:15am LUNCH 11:45am-1:15pm DINNER 4:45pm-6:15pm All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Valerie will be happy to answer any questions you may have regarding this calendar.		WEEKLY TRIPS TO SIGN UP FOR OUR WEEKLY TRIPS OR SPECIAL EVENTS PLEASE GO TO THE CALENDAR AREA BY THE FRONT DESK TO RESERVE YOUR SPOT! *All trips are if weather permits.		1 VANCE ENTERTAINMENT 9:30 NEWS & COFFEE D G 10:00 CHAIR YOGA & REFRESHMENTS E G 10:30 LUTHERAN SERVICE W/PASTOR ZACHARY VEN M 10:30 WALKING CLUB E G 11:00 SCATERGORIES D G 1:15 MID DAY SHOW E M 1:15 BINGO! A G 2:00 THREE THIRTEEN CLUB RL WH 2:00 VANCE ENTERTAINMENT VEN LO 3:00 HAPPY HOUR ROOTBEER FLOATS E/D/A B 4:00 MULTIPLE CHOICE D G 6:15 BINGO! A G 7:15 TONIGHT'S FEATURE FILM A M		2 YOM KIPPUR 9:30 GOOD NEWS TODAY D G 10:00 FITNESS FUN & HYDRATION S G 10:30 WALKING CLUB S G 11:00 WORD SCRAMBLE D G 1:15 TRIP TO THE PUMPKIN PATCH S/D O 1:15 AFTERNOON FLICK AM M 1:15 BINGO! AM G 2:00 CANASTA CLUB RL WH 2:00 TABLE TOP GAMES AM G 3:00 HAPPY HOUR ONION RINGS AM/RS B 4:00 FAMOUS FOLKS TRIVIA D G 6:15 BINGO CHALLENGE AM G 7:15 MOVIE NIGHT AM M		3 CHUBBY CHECKERS BIRTHDAY 9:30 HAPPENINGS S/M G 10:00 DO THE TWIST W/REFRESHMENTS S/M G 10:30 WALKING CLUB S/M G 11:00 TRIVIA CHALLENGE S/M G 12:00 TAKE-IN SUBWAY S/M/AMB 1:15 MID DAY MOVIE AM M 1:15 BINGO! AM G 2:00 THREE THIRTEEN CLUB RL G 2:00 BALLOON VOLLEYBALL S/M LO 3:00 HAPPY HOUR RICE PUDDING S/M/AMB 4:00 FAMILY FEUD S/M G 6:15 BINGO ANYONE? AM G 7:15 MOVIE IN THE ARBORS THEATER AM M		4 9:30 NEWS FLASH S G 10:00 SATURDAY WARM UP & REFRESHMENTS S G 10:30 WALKING CLUB S G 11:00 FILL IN THE BLANK S G 1:15 MOVIE IN THE CINEMA AM M 1:15 BINGO! AM G 2:00 POKENO CLUB RL WH 2:00 DICE GAMES S G 3:00 HAPPY HOUR CHEEZ-ITS S/AM B 4:00 NAME 10 S G 6:15 WEEKEND BINGO AM G 7:15 NIGHT AT THE MOVIES AM M	
5 R.C. COMMUNION W/JAMES/RECOVERY MEETING 9:30 R.C. COMMUNION W/JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/D O 10:15 MORNING WARM UP & REFRESHMENTS K G 11:00 MULTIPLE CHOICE K G 1:15 SUNDAY MATINEE K M 1:15 BINGO! K G 2:00 KINGS IN THE CORNER CLUB RL WH 2:00 AFTERNOON BEADING A G 3:00 HAPPY HOUR SUNDAES A/D/K B 4:00 TRIVIA CHALLENGE K G 6:15 LATE DAY BINGO A G 7:15 EVENING MOVIE IN THE CINEMA A M		6 ROSARY PRAYER SERVICE 9:30 CURRENT EVENTS G/E G 10:00 EXERCISE & HYDRATION G/E G 10:00 ROSARY PRAYER SERVICE VEN M 10:30 WALKING CLUB G/E G 11:00 AUTUMN BOGGLE G/E G 1:15 AFTERNOON MOVIE G/E M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL WH 2:00 JUMBO GAMES G/E/D G 3:00 HAPPY HOUR APPLES & PUMPKIN PIE DIP G/E/D B 4:00 WORD GAMES G/E G 6:15 AFTER DINNER BINGO D G 7:15 NIGHT FLICK D M		7 RESIDENT COUNCIL/FOOD COUNCIL 9:30 NEWS & VIEWS D G 10:00 TUESDAY TONING & REFRESH G G 10:30 RESIDENT COUNCIL RL G 11:00 FOOD COUNCIL RL G 1:15 MATINEE G/D M 1:15 BINGO! G/D G 2:00 MAH JONG CLUB RL WH 2:00 CRAFTING S G 3:00 HAPPY HOUR SWEET POTATO FRIES G/D/S B 4:00 JEOPARDY D G 6:15 BINGO ANYONE? S G 7:15 FEATURE FILM S M		8 9:30 WORLD NEWS D G 10:00 WEDNESDAY WORKOUT & HYDRATE E G 10:30 WALKING CLUB E G 11:00 WHEEL OF FORTUNE D G 1:15 MOVIE TIME E M 1:15 BINGO! E G 2:00 THREE THIRTEEN CLUB RL WH 2:00 WHAT WOULD YOU DO? E/D G 3:00 HAPPY HOUR ROOTBEER FLOATS E/D/A B 4:00 TRIVIA TEASERS D G 6:15 ALL ABOUT BINGO A G 7:15 EVENING MOTION PICTURE A M		9 NATIONAL BRING YOUR TEDDY BEAR TO WORK DAY 9:30 REMINISCING TEDDY BEARS D G 10:00 CHAIR YOGA & HYDRATION S G 10:30 WALKING CLUB S G 11:00 SCATERGORIES D G 1:15 DOLLAR TREE TRIP S/D O 1:15 MID DAY SHOW AM M 1:15 BINGO! AM G 2:00 CANASTA CLUB RL WH 2:00 JUMBO GAMES AM G 3:00 HAPPY HOUR TERIYAKI MEATBALLS AM/RS B 4:00 GUESSING GAME D G 6:15 BINGO! AM G 7:15 TONIGHT'S FEATURE FILM AM M		10 3 SISTERS VENDOR 9:30 3 SISTERS VENDOR S/M LO 9:30 GOOD NEWS DAY S/M G 10:00 FITNESS FUN & HYDRATION S/M G 10:30 WALKING CLUB S/M G 11:00 TRIVIA TID BITS S/M G 1:15 FRIDAY AFTERNOON FLICK AM M 1:15 BINGO! AM G 2:00 THREE THIRTEEN CLUB RL WH 2:00 BALLOON VOLLEYBALL M/S LO 3:00 HAPPY HOUR APPLES & CARAMEL M/S/AMB 4:00 BRAIN BENDERS S G 6:15 BIG BUCKS BINGO AM G 7:15 FRIDAY NIGHT FLICK AM M		11 PLENTY OF RHYTHM DANCERS 9:30 HAPPENINGS S G 10:00 STRETCHING & REFRESHING S G 10:30 WALKING CLUB S G 11:00 FASCINATING FACTS S G 1:15 MID DAY MOVIE AM M 1:15 BINGO! AM G 2:00 POKENO CLUB RL WH 2:30 PLENTY OF RHYTHM DANCERS VEN LO 3:00 HAPPY HOUR DORITOS S/AM B 4:00 FAMILY FEUD S G 6:15 BINGO ANYONE? AM G 7:15 WEEKEND MOVIE AM M			
12 R.C. COMMUNION W/JAMES 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L O 10:15 FITNESS FUN & HYDRATE K G 11:00 GUESSING GAME K G 1:15 MOVIE TIME K M 1:15 BINGO! K G 2:00 KINGS IN THE CORNER CLUB RL WH 2:00 BEADING WITH ANNE A G 3:00 HAPPY HOUR SUNDAES A/D/K B 4:00 CROSSWORD K G 6:15 EVENING BINGO A G 7:15 NIGHT TIME MOVIE A M		13 COLUMBUS DAY/MARGUERITA ROSE ENTER- 9:30 GOOD NEWS TODAY G/E G 10:00 ROSARY PRAYER SERVICE RL M 10:00 MORNING WARM UP & REFRESHMENTS G/E G 10:30 WALKING CLUB G/E G 11:00 MULTIPLE CHOICE G/E G 1:15 MATINEE G/E M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL WH 2:30 MARGUERITA ROSE ENTERTAINMENT VEN LO 3:00 HAPPY HOUR CHIPS & FRENCH ONION DIP G/E/D B 4:00 COLUMBUS DAY WORD PUZZLES G/E G 6:15 LATE DAY BINGO D G 7:15 EVENING MOVIE IN THE CINEMA D M		14 TRIP TO BURLINGTON COAT FACTORY 9:30 LIBRARY VISIT VEN LO 9:30 CURRENT EVENTS D G 10:00 EXERCISE & HYDRATION G G 10:30 WALKING CLUB G G 11:00 BOGGLE D G 1:15 TRIP TO BURLINGTON COAT FACTORY S/G O 1:15 AFTERNOON MOVIE D M 1:15 BINGO! D G 2:00 MAH JONG CLUB RL WH 2:00 DICE GAMES D G 3:00 HAPPY HOUR GARLIC BREAD STICKS S/G/D B 4:00 NAME THAT CELEBRITY D G 6:15 AFTER DINNER BINGO S G 7:15 NIGHT FLICK S M		15 JASON DORSA ENTERTAINMENT 9:30 NEWS & VIEWS D G 10:00 SIT AND BE FIT & REFRESH E G 10:30 WALKING CLUB E G 11:00 GROUP CROSSWORD D G 1:15 MATINEE D M 1:15 BINGO! E G 2:00 THREE THIRTEEN CLUB RL WH 2:30 JASON DORSA ENTERTAINMENT VEN LO 3:00 HAPPY HOUR ROOTBEER FLOATS D/E/A B 4:00 JEOPARDY D G 6:15 BINGO ANYONE? A G 7:15 FEATURE FILM A M		16 TASTE OF FALL CIDER & DONUTS 9:30 WORLD NEWS D G 10:00 EXERCISE & REFRESH S G 10:30 WALKING CLUB S G 11:00 WHEEL OF FORTUNE D G 1:15 TASTE OF FALL CIDER & DONUTS VEN LO 1:15 MOVIE TIME D M 1:15 BINGO! AM G 2:00 CANASTA CLUB RL WH 2:00 YOU BE THE JUDGE D G 3:00 HAPPY HOUR FRIED CORN NUGGETS S/D/AMB 4:00 TRIVIA CHALLENGE D G 6:15 BINGO PARTY! AM G 7:15 EVENING MOVIE AM M		17 TAKE-IN CHINESE 9:30 YOGA WITH RAY VEN G 10:15 WALKING CLUB S/M G 11:00 OUTBURST S/M G 12:00 TAKE-IN CHINESE S/M/AMB 1:15 MID DAY SHOW AM M 1:15 BINGO! AM G 2:00 THREE THIRTEEN CLUB RL WH 2:00 BALLOON VOLLEYBALL S/M/AMLO 3:00 HAPPY HOUR FRESH FRUIT S/M/AMB 4:00 FUN FACT FRIDAY S G 6:15 BIG BUCKS BINGO AM G 7:15 MOVIE NIGHT AM M		18 9:30 GOOD NEWS DAY S G 10:00 FITNESS FUN & HYDRATION S G 10:30 TABLE GAMES S G 11:00 BOGGLE S G 1:15 AFTERNOON MOVIE AM M 1:15 BINGO! AM G 2:00 POKENO CLUB RL WH 2:00 TABLE TOP BOWLING S G 3:00 HAPPY HOUR BAR MIX S/AM B 4:00 BRAIN BENDERS S G 6:15 BINGO TIME AM G 7:15 EVENING FILM AM M			
19 R.C. COMMUNION WITH JAMES 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L O 10:15 SWAY TO THE MUSIC & REFRESHMENTS K G 11:00 JEOPARDY K G 1:15 MOVIE IN THE CINEMA K M 1:15 BINGO! K G 2:00 KINGS IN THE CORNER CLUB RL WH 2:00 AFTERNOON BEADING A G 3:00 HAPPY HOUR SUNDAES A/D/K B 4:00 MIND BENDERS K G 6:15 WHO'S PLAYING BINGO A G 7:15 EVENING MOVIE IN THE CINEMA A M		20 ROSARY PRAYER SERVICE 9:30 HAPPENINGS G/E G 10:00 FLEX AND STRETCH & REFRESH G/E G 10:00 ROSARY PRAYER SERVICE VEN M 10:30 WALKING CLUB G/E G 11:00 GUESSING GAME G/E G 1:15 MOVIE TIME G/E M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL WH 2:00 TABLE GAMES G/E G 3:00 HAPPY HOUR TORTILLA CHIP & CHILI CHEESE DIP G/E/D B 4:00 CROSSWORD G/E G 6:15 BINGO TIME D G 7:15 EVENING MOVIE D M		21 9:30 NEWS AROUND TOWN D G 10:00 FITNESS FUN & HYDRATE G G 10:30 WALKING CLUB G G 11:00 MULTIPLE CHOICE D G 1:15 AFTERNOON MOVIE G M 1:15 BINGO! S G 2:00 MAH JONG CLUB RL WH 2:00 WORD SEARCH VEN LO 3:00 HAPPY HOUR CHOCOLATE BROWNIES G/S/D B 4:00 WORD SCRAMBLE D G 6:15 BINGO BONANZA S G 7:15 MOVIE NIGHT S M		22 ALEX ALEXANDER ENTERTAINMENT 9:30 WORLD NEWS D G 10:00 EXERCISE & HYDRATION E G 10:30 ACTIVITY PLANNING MEETING V G 11:00 WORD CHALLENGE D G 1:15 MOVIE TIME D M 1:15 BINGO! E G 2:00 THREE THIRTEEN CLUB RL WH 2:30 ALEX ALEXANDER ENTERTAINMENT VEN LO 3:00 HAPPY HOUR ROOTBEER FLOATS E/D/A B 4:00 FINISH THE LYRICS D G 6:15 LATE DAY BINGO A G 7:15 NIGHT FLICK A M		23 ACTIVITY PLANNING MEETING 9:30 CURRENT EVENTS D G 10:00 SIT AND BE FIT & HYDRATE S G 10:30 ACTIVITY PLANNING MEETING S G 11:00 GROUP CROSSWORD D G 1:15 MATINEE RS M 1:15 BINGO! AM G 2:00 CANASTA CLUB RL WH 2:00 PENCIL COLORING WITH MUSIC D G 3:00 HAPPY HOUR MOZZARELLA STICKS D/S/AMB 4:00 JEOPARDY D G 6:15 BINGO! AM G 7:15 THURSDAY SHOWING AM M		24 9:30 NEWS & VIEWS S/M G 10:00 EXERCISE & REFRESH S/M G 10:30 AUTUMN MEDITATION S/M G 11:00 WHEEL OF FORTUNE S/M G 1:15 AFTERNOON MOVIE AM M 1:15 BINGO! AM G 2:00 THREE THIRTEEN CLUB RL WH 2:00 BALLOON VOLLEYBALL S/M LO 3:00 HAPPY HOUR CINNAMON SQUARES S/M/AMB 4:00 TRIVIA TIME S G 6:15 BIG BUCKS BINGO AM G 7:15 FRIDAY FILM AM M		25 9:30 HAPPENINGS S G 10:00 SIT AND BE FIT & HYDRATE S G 10:30 WALKING CLUB S G 11:00 ARE YOU SMARTER THAN A 5TH GRADER S G 1:15 MOVIE TIME AM M 1:15 BINGO! AM G 2:00 POKENO CLUB RL WH 2:00 JUMBO GAMES S G 3:00 HAPPY HOUR CHEESE DOODLES S/AM B 4:00 WHAT MORE DO YOU KNOW? S G 6:15 EVENING BINGO AM G 7:15 NIGHT MOVIE AT THE CINEMA AM M			
26 R.C. COMMUNION W/JAMES 9:30 R.C. COMMUNION W/JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST PATRICKS CHURCH A/L O 10:15 SUNDAY WORKOUT & REFRESH K G 11:00 MULTIPLE CHOICE K G 1:15 AFTERNOON MOVIE K M 1:15 BINGO! K G 2:00 KINGS IN THE CORNER CLUB RL WH 2:00 BEADING WITH ANNE A G 3:00 HAPPY HOUR SUNDAES A/D/K B 4:00 TRAVEL TRIVIA K G 6:15 AFTER DINNER BINGO A G 7:15 MOVIE NIGHT A M		27 ROSARY PRAYER SERVICE 9:30 WHAT'S UP G/E G 10:00 TOTAL FITNESS & HYDRATION G/E G 10:00 ROSARY PRAYER SERVICE RL M 10:30 WALKING CLUB G/E G 11:00 WORD CHALLENGE G/E G 1:15 MATINEE G M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL WH 2:00 MIND BENDERS G G 3:00 HAPPY HOUR SOFT PRETZELS & QUESO CHEESE DIP G/E/D B 4:00 BOGGLE G/E G 6:15 LATE DAY BINGO D G 7:15 MOVIE TIME D M		28 NATIONAL CHOCOLATE DAY 9:30 HAPPENINGS D G 10:00 FLEX AND STRETCH & REFRESH G G 10:30 WALKING CLUB & HOT COCOA BAR G G 11:00 GUESSING GAME D G 1:15 TRIP TO STOP & SHOP PLUS S/G O 1:15 MOVIE TIME D M 1:15 BINGO! D G 2:00 MAH JONG CLUB RL WH 2:00 TABLE GAMES D G 3:00 HAPPY HOUR SUGAR COOKIES WITH A HERSHEY KISS S/G/D B 4:00 CROSSWORD D G 6:15 BINGO TIME S G 7:15 EVENING MOVIE S M		29 9:30 NEWS AROUND TOWN D G 10:00 FITNESS FUN & HYDRATE E G 10:30 WALKING CLUB E G 11:00 MULTIPLE CHOICE D G 1:15 AFTERNOON MOVIE E M 1:15 BINGO! E G 2:00 THREE THIRTEEN CLUB RL WH 2:00 WORD SEARCH E G 3:00 HAPPY HOUR ROOTBEER FLOATS E/D/A B 4:00 WORD SCRAMBLE D G 6:15 BINGO BONANZA A G 7:15 MOVIE NIGHT A M		30 9:30 WORLD NEWS & HALLOWEEN TRADITIONS D G 10:00 EXERCISE & REFRESH S G 10:30 WALKING CLUB S G 11:00 WORD CHALLENGE D G 1:15 MOVIE TIME S M 1:15 BINGO! AM G 2:00 CANASTA CLUB RL WH 2:00 CRAFTING S G 3:00 HAPPY HOUR PIGS IN A BLANKET S/D/AMB 4:00 GROUP CROSSWORD D G 6:15 LATE DAY BINGO AM G 7:15 NIGHT FLICK AM M		31 ROYAL HALLOWEEN CELEBRATION 9:30 CURRENT EVENTS & HALLOWEEN TRADITIONS S G 10:00 FREAKY FITNESS & REFRESHMENTS M G 10:30 ROYAL HALLOWEEN CELEBRATION S/M LO 1:15 HALLOWEEN MOVIE AM M 1:15 BINGO! AM G 2:00 THREE THIRTEEN CLUB RL WH 2:00 SPOOKY WALK M G 3:00 HAPPY HOUR PUMPKIN BREAD & PUMPKIN SPICE COFFEE S/M/AMB 4:00 HALLOWEEN TRIVIA M G 6:15 BIG BUCKS BINGO AM G 7:15 HALLOWEEN MOVIE AM M					