

ACTIVITY CALENDAR

September 2025

The Arbors At ISLANDIA EAST

Tel: 631-232-3131
www.thearborsassistedliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
STAFF KEY V=Valerie Director S= Sarah G= Gina E=Elissa A= Anne M=Michelle L=Linda D=Denzel N=Neha VEN= Vender RS- Recreation Staff RL= Resident Lead LOCATION KEY O- Outing B-Bistro CY- Courtyard LO- Lobby G- Game Room DR- Dining Room M- Media Room W- West Side PDR- Private Dining Room	1 LABOR DAY 9:30 NEWS & VIEWS G LO 10:00 ROSARY PRAYER SERVICE RL M 10:00 SIT, BE FIT & HYDRATE G LO 10:30 WALKING CLUB/CELEBRITY GUESS E/G LO 11:00 GROUP CROSSWORD E LO 1:15 MATINEE E M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL G 2:00 BILLIARD CLUB G/E LO 3:00 HAPPY HOUR BANANA PUDDING DIP G/E/D B 4:00 JEOPARDY E LO 6:15 BINGO ANYONE? D G 7:15 FEATURE FILM D M	2 RESIDENT & FOOD COUNCIL MEETINGS 9:30 WORLD NEWS D LO 10:00 TUESDAY TONING & REFRESHMENTS G LO 10:30 RESIDENT COUNCIL MEETING RL M 11:00 FOOD COUNCIL MEETING RL M 11:30 WALK TO THE COURTYARD D/G CY 12:00 BBQ RS CY 1:30 ANDREW ENTERTAINMENT VEN CY 2:00 MAH JONG CLUB RL G 2:30 PENCIL PUZZLES D/G/S LO 3:00 HAPPY HOUR CHOCOLATE CHIP COOKIES D/G/S B 4:00 TRIVIA TEASERS D LO 6:15 ALL ABOUT BINGO S G 7:15 EVENING MOTION PICTURE S M	3 9:30 DAILY NEWS D LO 10:00 CHAIR YOGA & HYDRATION E LO 10:30 WALKING CLUB/BOARD GAMES D LO 11:00 SCATERGORIES D LO 1:15 MID DAY SHOW E M 1:15 BINGO! D G 2:00 THREE THIRTEEN CLUB RL G 2:00 JUMBO GAMES D/E LO 3:00 HAPPY HOUR ROOTBEER FLOATS E/D/A B 4:00 GUESSING GAME D LO 6:15 BINGO! A G 7:15 TONIGHT'S FEATURE FILM A M	4 PICNIC AT THE BEACH TRIP 9:30 GOOD NEWS DAY D LO 10:00 PICNIC AT THE BEACH TRIP S/RS O 10:00 FITNESS FUN & HYDRATE S LO 10:30 WALKING CLUB/WORD GAME D LO 11:00 MULTIPLE CHOICE D LO 1:15 AFTERNOON MOVIE D M 1:15 BINGO! L G 2:00 CANASTA CLUB RL G 2:00 BALLOON VOLLEY D/S LO 3:00 HAPPY HOUR RICE BALLS D/S B 4:00 BRAIN BENDERS D LO 6:15 BINGO TIME RS G 7:15 EVENING FILM RS M	5 JEWELRY CRAFTING 9:30 HAPPENINGS M LO 10:00 STRETCHING & REFRESHING S LO 10:30 COURTYARD WALK M LO 11:00 FUN FACTS S LO 1:15 MID DAY MOVIE M M 1:15 BINGO! RS G 2:00 CARD CLUB RL G 2:00 JEWELRY CRAFTING S/M LO 3:00 HAPPY HOUR MIXED NUTS S/M B 4:00 FAMILY FEUD S LO 6:15 BIG BUCKS BINGO RS G 7:15 MOVIE IN THE ARBORS THEATER RS M	6 9:30 NEWS FLASH S LO 10:00 SATURDAY WARM UP S LO 10:30 WALKING CLUB/DOMINOS S LO 11:00 TRIVIA TEASERS S LO 1:15 MOVIE IN THE CINEMA S M 1:15 BINGO! N G 2:00 POKENO CLUB RL G 2:00 BOARD GAMES S LO 3:00 HAPPY HOUR POTATO CHIPS S/N B 4:00 NAME 10 S LO 6:15 WEEKEND BINGO RS G 7:15 NIGHT AT THE MOVIES RS M
7 GRANDPARENTS DAY TABLE GAMES & PICTURES 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L O 10:15 MORNING WARM UP & REFRESH D LO 11:00 MULTIPLE CHOICE D LO 1:15 SUNDAY MATINEE D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL G 2:00 GRANDPARENTS DAY TABLE GAMES & PICTURES D/A/L LO 3:00 HAPPY HOUR SUNDAES D/A/L B 4:00 TRIVIA CHALLENGE D LO 6:15 LATE DAY BINGO A G 7:15 EVENING MOVIE IN THE CINEMA A M	8 CRUISE TO JAMAICA WEAR BLACK GOLD & GREEN 9:30 TRAVEL JAMAICA G LO 10:00 ROSARY PRAYER SERVICE VEN M 10:00 EXERCISE & HYDRATE G LO 10:30 WALKING CLUB/TABLE TALK E/G LO 11:00 TRIVIA E LO 1:15 AFTERNOON MOVIE G M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL G 2:00 JAMAICAN PENCIL PICTURES G/E LO 3:00 HAPPY HOUR CHEESY CHICK DIP G/E/D B 4:00 BOGGLE E LO 6:15 AFTER DINNER BINGO D G 7:15 NIGHT FLICK D M	9 CRUISE TO ITALY WEAR RED WHITE & GREEN 9:30 LIBRARY VISIT VEN B 9:30 VISIT ITALY G LO 10:00 SIT, BE FIT & HYDRATE D LO 10:30 WALKING CLUB/CELEBRITY GUESS G/D LO 11:00 GROUP CROSSWORD D LO 1:15 MATINEE D M 1:15 BINGO! D G 2:00 MAH JONG CLUB RL G 2:30 JOHN CIOTA ENTERTAINMENT VEN LO 3:00 HAPPY HOUR DOUGHNUT HOLES D/G/S B 4:00 JEOPARDY D LO 6:15 BINGO ANYONE? S G 7:15 FEATURE FILM S M	10 THE ARBORS OLYMPICS WEAR RED 9:30 COURTYARD DECORATING RS CY 10:00 THE ARBORS OLYMPIC GAMES RS CY TO BBQ DJ 3:30 AND FUN 6:15 ALL ABOUT BINGO A G 7:15 EVENING MOTION PICTURE A M	11 CRUISE TO MEXICO WEAR RED WHITE & 9:30 VISIONS OF MEXICO S LO 10:00 CHAIR YOGA & REFRESH D LO 10:30 WALKING CLUB/BOARD GAMES S LO 11:00 SCATERGORIES D LO 1:15 MOVIE TIME D M 1:15 BINGO! S G 2:00 CANASTA CLUB RL G 2:00 MAKING CASTANETS D/S LO 3:00 HAPPY HOUR TUNA SALAD & CRACKERS S/D B 4:00 GUESSING GAME D LO 6:15 BINGO! RS G 7:15 TONIGHT'S FEATURE FILM RS M	12 CRUISE TO ENGLAND WEAR RED WHITE 9:30 GOOD NEWS DAY M LO 10:00 FITNESS FUN & HYDRATE S LO 10:30 WALKING CLUB/WORD GAME M LO 11:00 TRIVIA TID BITS M LO 1:15 FRIDAY AFTERNOON FLICK S M 1:15 BINGO! RS G 2:00 CARD CLUB RL G 2:00 CRUISE SHIP PENCIL PICTURES S/M LO 3:00 HAPPY HOUR FRUIT PARFAIT S/M B 4:00 BRAIN BENDERS S/M LO 5:00 CAPTAIN'S DINNER S DR 6:15 BIG BUCKS BINGO RS G 7:15 FRIDAY NIGHT FLICK RS M	13 GARAGE SAILING TRIP 9:30 GARAGE SAILING TRIP S/V O 9:30 HAPPENINGS RS LO 10:00 STRETCHING & REFRESHING RS LO 10:30 COURTYARD WALK RS CY 11:00 FASCINATING FACTS RS LO 1:15 MID DAY MOVIE S M 1:15 BINGO! N G 2:00 POKENO CLUB RL G 2:00 BOARD GAMES S/N LO 3:00 HAPPY HOUR PRETZELS S/N B 4:00 FAMILY FEUD S LO 6:15 BINGO ANYONE? RS G 7:15 MOVIE IN THE ARBORS THEATER RS M
14 RECOVERY MEETING 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L O 10:15 FITNESS FUN & REFRESH D LO 11:00 GUESSING GAME D LO 1:00 RECOVERY MEETING D M 1:15 MOVIE TIME D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL G 2:00 TABLE TOP GAMES D/A/L LO 3:00 HAPPY HOUR SUNDAES D/A/L B 4:00 GROUP CROSSWORD D LO 6:15 BINGO TIME A G 7:15 NIGHT TIME MOVIE A M	15 ROSARY PRAYER SERVICE 9:30 GOOD NEWS TODAY G LO 10:00 MORNING WARM UP & REFRESHMENTS E LO 10:00 ROSARY PRAYER SERVICE RL M 10:30 WALKING CLUB/TRIVIA G LO 11:00 MULTIPLE CHOICE E LO 1:15 MATINEE G M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL G 2:00 BILLIARD CLUB E/G LO 3:00 HAPPY HOUR MARRY ME CHICK DIP G/E/D B 4:00 TRIVIA CHALLENGE G LO 6:15 LATE DAY BINGO D G 7:15 EVENING MOVIE IN THE CINEMA D M	16 HIBACCI LUNCH TRIP 9:30 CURRENT EVENTS G LO 10:00 EXERCISE & HYDRATE D LO 10:30 PET THERAPY VEN LO 10:30 WALKING CLUB/TABLE TALK G LO 11:00 WHO AM I? D LO 11:30 HIBACHI LUNCH TRIP S/G O 1:15 AFTERNOON MOVIE D M 1:15 BINGO! D G 2:00 MAH JONG CLUB RL G 2:00 PENCIL PUZZLES D LO 3:00 HAPPY HOUR PIN WHEELS D/RS B 4:00 BOGGLE D LO 6:15 AFTER DINNER BINGO S G 7:15 NIGHT FLICK S M	17 9:30 NEWS & VIEWS D LO 10:00 SIT, BE FIT & HYDRATE E LO 10:30 WALKING CLUB/WHO AM I E/D LO 11:00 GROUP CROSSWORD D LO 1:15 MATINEE E M 1:15 BINGO! D G 2:00 THREE THIRTEEN CLUB RL G 2:00 BALLOON VOLLEYBALL D/E LO 3:00 HAPPY HOUR ROOTBEER FLOATS E/D/A B 4:00 JEOPARDY D LO 6:15 BINGO ANYONE? A G 7:15 FEATURE FILM A M	18 9:30 WORLD NEWS D LO 10:00 SCARF DANCING & HYDRATION S LO 10:30 WALK TO THE COURTYARD S/D CY 11:00 WHEEL OF FORTUNE D LO 1:15 AFTERNOON MOVIE S M 1:15 BINGO! D G 2:00 CANASTA CLUB RL G 2:00 PENCIL PUZZLES S/D LO 3:00 HAPPY HOUR BROWNIES S/D B 4:00 TRIVIA TIME D LO 6:15 ALL ABOUT BINGO RS G 7:15 EVENING MOTION PICTURE RS M	19 YOGA RAY 9:30 YOGA RAY VEN LO 10:15 WALKING CLUB & REFRESHMENTS M LO 11:00 SCATERGORIES S LO 1:15 MOVIE TIME M M 1:15 BINGO! S G 2:00 CARD CLUB RL G 2:00 CANVAS PAINTING M/S LO 3:00 HAPPY HOUR PEANUT BUTTER & APPLES S/M B 4:00 GUESSING GAME S LO 6:15 BIG BUCKS BINGO RS G 7:15 TONIGHT'S FEATURE FILM RS M	20 9:30 GOOD NEWS DAY S LO 10:00 FITNESS FUN & HYDRATE S LO 10:30 WALKING CLUB/WORD GAME S LO 11:00 BOGGLE S LO 1:15 AFTERNOON MOVIE S M 1:15 BINGO! N G 2:00 POKENO CLUB RL G 2:00 BOARD GAMES S/N LO 3:00 HAPPY HOUR POPCORN S/N B 4:00 BRAIN BENDERS N LO 6:15 BINGO TIME RS G 7:15 EVENING FILM RS M
21 R.C. COMMUNION WITH JAMES 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L O 10:15 SWAY TO THE MUSIC & HYDRATE D LO 11:00 JEOPARDY D LO 1:15 MOVIE IN THE CINEMA D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL G 2:00 WORD SEARCH A/L LO 3:00 HAPPY HOUR SUNDAES D/A/L B 4:00 WORD CHALLENGE D LO 6:15 WHO'S PLAYING BINGO A G 7:15 EVENING MOVIE IN THE CINEMA A M	22 AUTUMN BEGINS 9:30 THIS DAY IN HISTORY G LO 10:00 ROSARY PRAYER SERVICE VEN M 10:00 FLEX, STRETCH & REFRESH E LO 10:30 WALKING CLUB/TABLE TALK G LO 11:00 GUESSING GAME E LO 1:15 MOVIE TIME G M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL G 2:00 TABLE TOP GAMES G/E LO 3:00 HAPPY HOUR COOKIE DOUGH DIP G/E/D B 4:00 GROUP CROSSWORD E LO 6:15 BINGO TIME D G 7:15 NIGHT TIME MOVIE D M	23 ROSH HASHANA BEGINS 9:30 GOOD NEWS TODAY G LO 10:00 FITNESS FUN & HYDRATION D LO 10:30 WALKING CLUB/TRIVIA G LO 11:00 MULTIPLE CHOICE D LO 1:15 AFTERNOON MOVIE G M 1:15 BINGO! S G 2:00 MAH JONG CLUB RL G 2:00 BILLARD CLUB G/D LO 3:00 HAPPY HOUR SWEDISH MEATBALLS D/G/S B 4:00 TRIVIA CHALLENGE D LO 6:15 LATE DAY BINGO S G 7:15 EVENING MOVIE IN THE CINEMA S M	24 MONTHLY BIRTHDAY PARTY W/ALEX ALEXANDER 9:30 CURRENT EVENTS D LO 10:00 EXERCISE & HYDRATE E LO 10:30 WALKING CLUB/TABLE TALK E LO 10:30 FAMOUS FOLKS TRIVIA D LO 11:15 ROSH HASHANA SERVICE ON WEST VEN WB 1:15 AFTERNOON MOVIE E M 1:15 BINGO! A G 2:00 THREE THIRTEEN CLUB RL G 2:30 MONTHLY BIRTHDAY PARTY W/ALEX ALEXANDER VEN LO 3:00 HAPPY HOUR ROOTBEER FLOATS E/A/D B 4:00 BOGGLE D LO 6:15 AFTER DINNER BINGO A G 7:15 NIGHT FLICK A M	25 WALMART TRIP 9:30 NEWS & VIEWS S LO 10:00 SIT, BE FIT & HYDRATE D LO 10:30 ACTIVITY PLANNING V M 11:00 TRIVIA TIME D M 11:30 WALMART TRIP S/RS O 1:15 MATINEE D M 1:15 BINGO! D G 2:00 CANASTA CLUB RL G 2:00 AUTUMN WORD PUZZLES D/RS LO 3:00 HAPPY HOUR SOFT PRETZELS D/RS B 4:00 JEOPARDY D LO 6:15 BINGO! RS G 7:15 THURSDAY SHOWING RS M	26 TAKE-IN LUNCH 9:30 WORLD NEWS M LO 10:15 EXERCISE & HYDRATION S LO 10:30 WALKING CLUB/TABLE GAMES M LO 11:00 WHEEL OF FORTUNE S LO 12:00 TAKE-IN LUNCH S/M B 1:15 AFTERNOON MOVIE RS M 1:15 BINGO! RS G 2:00 THREE THIRTEEN CLUB RL G 2:00 AUTUMN PENCIL PUZZLES S/M LO 3:00 HAPPY HOUR HUMMUS & CRACKERS S/M B 4:00 TRIVIA TIME S LO 6:15 BIG BUCKS BINGO RS G 7:15 FRIDAY FILM RS M	27 9:30 DAILY NEWS S LO 10:00 SATURDAY WORKOUT & REFRESHMENTS S LO 10:30 WALKING CLUB/DOMINOES S LO 11:00 ARE YOU SMARTER THAN A 5TH GRADER S LO 1:15 MOVIE TIME S M 1:15 BINGO! N G 2:00 POKENO CLUB RL G 2:00 BOARD GAMES S/N LO 3:00 HAPPY HOUR DORITOS S/N B 4:00 WHAT MORE DO YOU KNOW? S LO 6:15 EVENING BINGO RS G 7:15 NIGHT MOVIE AT THE CINEMA RS M
28 OKTOBERFEST OPENHOUSE 9:30 R.C. COMMUNION W/JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST PATRICKS CHURCH A/L O 10:15 SUNDAY WORKOUT & REFRESH D LO 11:00 MULTIPLE CHOICE D LO 1:30 OKTOBERFEST ENTERTAINMENT & PHOTOBOOTH D/A/L CY 3:00 HAPPY HOUR SUNDAES D B 4:00 GROUP CROSSWORD RL LO 6:15 AFTER DINNER BINGO A/L G 7:15 MOVIE NIGHT D/A/L M	29 9:30 DAILY NEWS G LO 10:00 MOVE TO THE BEAT & REFRESHMENTS E LO 10:30 WALKING CLUB/DOMINOS G LO 11:00 JEOPARDY G LO 1:15 MOVIE IN THE CINEMA E M 1:15 BINGO! D G 2:00 PENNY POKER CLUB D G 2:00 WORD SEARCH G/E LO 3:00 HAPPY HOUR TURTLE CHEESECAKE DIP G/E/D B 4:00 WORD CHALLENGE G LO 6:15 WHO'S PLAYING BINGO? D G 7:15 EVENING MOVIE IN THE CINEMA D M	30 9:30 THIS DAY IN HISTORY G LO 10:00 FLEX, STRETCH & REFRESH D LO 10:30 WALKING CLUB/TABLE TALK G LO 11:00 GUESSING GAME D LO 1:15 MOVIE TIME D M 1:15 BINGO! S G 2:00 MAH JONG CLUB RL G 2:30 BALLOON VOLLEYBALL G/D LO 3:00 HAPPY HOUR STUFFED MUSHROOMS G/D/S B 4:00 GROUP CROSSWORD D LO 6:15 BINGO TIME S G 7:15 NIGHT TIME MOVIE S M	FOR YOUR DINING PLEASURE BREAKFAST 7:45am-9:15am LUNCH 11:45am-1:15pm DINNER 4:45pm-6:15pm All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Valerie will be happy to answer any questions you may have regarding this calendar.	WEEKLY TRIPS TO SIGN UP FOR OUR WEEKLY TRIPS OR SPECIAL EVENTS PLEASE GO TO THE CALENDAR AREA BY THE FRONT DESK TO RESERVE YOUR SPOT! *All trips are if weather permits.		