

August 2025

The Arbors At ISLANDIA EAST

Tel: 631-232-3131
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

STAFF KEY

V=Valerie Director
S= Sarah
G= Gina
E=Elissa
A= Anne
M=Michelle
L=Linda
D=Denzel
N=Neha
VEN= Vender
RS- Recreation Staff
RL= Resident Lead

LOCATION KEY

O- Outing
B-Bistro
CY- Courtyard
LO- Lobby
G- Game Room
DR- Dining Room
M- Media Room
W- West Side
PDR- Private Dining Room

FOR YOUR DINING PLEASURE

BREAKFAST 7:45am-9:15am
LUNCH 11:45am-1:15pm
DINNER 4:45pm-6:15pm

All programs are subject to change.
All changes will be reflected on the Daily Board.

Your Director Valerie will be happy to answer any questions you may have regarding this calendar.

WEEKLY TRIPS

TO SIGN UP FOR OUR WEEKLY TRIPS
OR SPECIAL EVENTS PLEASE GO TO
THE CALENDAR AREA BY THE FRONT
DESK TO RESERVE YOUR SPOT!

*All trips are if weather permits.



1 POTTERY PAINTING

9:30	NEWS FLASH	M	LO
10:00	WARM UP FRIDAY & REFRESH	S	LO
10:30	WALKING CLUB/DOMINOS	M	LO
11:00	TRIVIA CHALLENGE	S	LO
1:15	MOVIE IN THE CINEMA	M	M
1:15	BINGO!	RS	G
2:00	CARD CLUB	RL	G
2:00	POTTERY PAINTING	S/M	LO
3:00	HAPPY HOUR	S/M	B
4:00	NAME 10	M	LO
6:15	BIG BUCKS BINGO	RS	G
7:15	NIGHT AT THE MOVIES	RS	M

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9:30	TODAY IN HISTORY	S
10:00	EXERCISE & HYDRATE	S
10:30	COURTYARD WALK	S
11:00	MATCH GAME	S
1:15	SATURDAY MATINEE	S
1:15	BINGO!	L
2:00	POKENO CLUB	RL
2:00	BOARD GAMES	N/L
3:00	HAPPY HOUR CHIPS	S/N/L
4:00	WHO AM I?	S
6:15	BINGO BINGO BINGO	L
7:15	NIGHT FLICK	L

3 R.C. COMMUNION W/JAMES

9:30	R.C. COMMUNION WITH JAMES	VEN	G
9:30	TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L	O	
10:15	EXERCISE & HYDRATE	D	LO
11:00	TRIVIA	D	LO
1:15	AFTERNOON MOVIE	D	M
1:15	BINGO!	D	G
2:00	KINGS IN THE CORNER CLUB	RL	G
2:00	WORD GAMES	D/L/A	LO
3:00	HAPPY HOUR SUNDAES	D/L/A	B
4:00	BOGGLE	D	LO
6:15	AFTER DINNER BINGO	A	G
7:15	NIGHT FLICK	A	M

4 ROSARY PRAYER SERVICE

9:30	NEWS & VIEWS	G	LO
10:00	ROSARY PRAYER SERVICE	RL	M
10:00	SIT, BE FIT & HYDRATE	G	LO
10:30	WALKING CLUB/CELEBRITY GUESS	E/G	LO
11:00	GROUP CROSSWORD	E	LO
1:15	MATINEE	D	M
1:15	BINGO!	D	G
2:00	PENNY POKER CLUB	RL	G
2:00	BILLIARD CLUB	G/E/D	LO
3:00	HAPPY HOUR VEGGIE STICKS W/RANCH DIP	G	B
4:00	JEOPARDY	D	LO
6:15	BINGO ANYONE?	D	G
7:15	FEATURE FILM	D	M

5 RESIDENT & FOOD COUNCIL MEETINGS

9:30	3 SISTERS VENDOR	VEN	LO
9:30	WORLD NEWS	D	LO
10:00	TUESDAY TONING & REFRESHMENTS	G	LO
10:30	RESIDENT COUNCIL MEETING	RL	M
11:00	FOOD COUNCIL MEETING	RL	M
11:30	TRIVIA TEASERS	D	LO
1:15	MOVIE TIME	G	M
1:15	BINGO!	S	G
2:00	MAH JONG CLUB	RL	G
2:00	PATRIOTIC PENCIL PUZZLES	D/G	LO
3:00	HAPPY HOUR CHICKEN NUGGETS	D/G/S	B
4:00	TRIVIA TIME	D	LO
6:15	ALL ABOUT BINGO	S	G
7:15	EVENING MOTION PICTURE	S	M

6 ALEX ALEXANDER ENTERTAINMENT

9:30	DAILY NEWS	D	LO
10:00	CHAIR YOGA & HYDRATION	E	LO
10:30	ALEX ALEXANDER ENTERTAINMENT	VEN	LO
10:30	WALKING CLUB/BOARD GAMES	D/E	LO
11:00	SCATERGORIES	D	LO
1:15	MID DAY SHOW	D	M
1:15	BINGO!	A	G
2:00	THREE THIRTEEN CLUB	RL	G
2:00	JUMBO GAMES	E	LO
3:00	HAPPY HOUR ROOTBEER FLOATS	E/D/A	B
4:00	GUESSING GAME	D	LO
6:15	BINGO!	A	G
7:15	TONIGHT'S FEATURE FILM	A	M

7 COURTYARD BBQ

9:30	GOOD NEWS DAY	D	LO
10:00	FITNESS FUN & HYDRATE	S	LO
10:30	WALKING CLUB/WORD GAME	S	LO
11:00	MULTIPLE CHOICE	D	LO
12:00	COURTYARD BBQ	S/D/L	CY
1:15	AFTERNOON MOVIE	D	M
1:15	BINGO!	L	G
2:00	CANASTA CLUB	RL	G
2:00	BALLOON VOLLEY	D/S	LO
3:00	HAPPY HOUR SOFT PRETZELS	D/S/L	LO
4:00	BRAIN BENDERS	D	LO
6:15	BINGO TIME	L	G
7:15	EVENING FILM	L	M

8 BEADED BRACELETS CRAFT

9:30	HAPPENINGS	M	LO
10:00	STRETCHING & REFRESHING	S	LO
10:30	COURTYARD WALK	M	LO
11:00	FUN FACTS	S	LO
1:15	MID DAY MOVIE	M	M
1:15	BINGO!	RS	G
2:00	CARD CLUB	RL	G
2:00	BEADED BRACELETS CRAFT	S/M	LO
3:00	HAPPY HOUR WATERMELON	S/M	B
4:00	FAMILY FEUD	S	LO
6:15	BIG BUCKS BINGO	RS	G
7:15	MOVIE IN THE ARBORS THEATER	RS	M

9 GARAGE SAILING TRIP

9:30	GARAGE SAILING TRIP	S/V	O
9:30	NEWS FLASH	RS	LO
10:00	SATURDAY WARM UP	RS	LO
10:30	WALKING CLUB/DOMINOS	RS	LO
11:00	TRIVIA TEASERS	RS	LO
1:15	MOVIE IN THE CINEMA	S	M
1:15	BINGO!	L	G
2:00	POKENO CLUB	RL	G
2:00	BOARD GAMES	S/N/L	LO
3:00	HAPPY HOUR DORITOS	S/N/L	B
4:00	NAME 10	S	G
6:15	WEEKEND BINGO	L	G
7:15	NIGHT AT THE MOVIES	L	M

10 R.C. COMMUNION W/JAMES

9:30	R.C. COMMUNION WITH JAMES	VEN	G
9:30	TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L	O	
10:15	MORNING WARM UP & REFRESH	D	LO
11:00	MULTIPLE CHOICE	D	LO
1:15	SUNDAY MATINEE	D	M
1:15	BINGO!	D	G
2:00	KINGS IN THE CORNER CLUB	RL	G
2:00	WORD SEARCH	D/A/L	LO
3:00	HAPPY HOUR SUNDAES	D/A/L	B
4:00	TRIVIA CHALLENGE	D	LO
6:15	LATE DAY BINGO	A	G
7:15	EVENING MOVIE IN THE CINEMA	A	M

11 ROSARY PRAYER SERVICE

9:30	CURRENT EVENTS	G	LO
10:00	ROSARY PRAYER SERVICE	VEN	M
10:00	EXERCISE & HYDRATE	G	LO
10:30	WALKING CLUB/TABLE TALK	E/G	LO
11:00	TRIVIA	E	LO
1:15	AFTERNOON MOVIE	G	M
1:15	BINGO!	D	G
2:00	PENNY POKER CLUB	RL	G
2:00	SUMMER PENCIL PICTURES	G/E	LO
3:00	HAPPY HOUR TORTILLA CHIPS & SALSA DIP	G/E/D	B
4:00	BOGGLE	D	LO
6:15	AFTER DINNER BINGO	D	G
7:15	NIGHT FLICK	D	M

12 SHOPPING TRIP

9:30	LIBRARY VISIT		
9:30	NEWS & VIEWS	G	LO
10:00	SIT, BE FIT & HYDRATE	D	LO
10:30	WALKING CLUB/CELEBRITY GUESS	G/D	LO
11:00	GROUP CROSSWORD	D	LO
1:15	SHOPPING TRIP	S/G	O
1:15	MATINEE	D	M
1:15	BINGO!	D	G
2:00	MAH JONG CLUB	RL	G
2:00	BILLIARD CLUB	D	LO
3:00	HAPPY HOUR TERIYAKI MEATBALLS	D/RS	B
4:00	JEOPARDY	D	LO
6:15	BINGO ANYONE?	S	G
7:15	FEATURE FILM	S	M

13 GRIGORY ENTERTAINMENT

9:30	WORLD NEWS	D	LO
10:00	WEDNESDAY WORKOUT & HYDRATION	E	LO
10:30	WALKING CLUB/TABLE GAMES	E/D	LO
11:00	WHEEL OF FORTUNE	D	LO
1:15	MOVIE TIME	E	M
1:15	BINGO!	A	G
2:00	THREE THIRTEEN CLUB	RL	G
2:00	TROPICAL PENCIL PUZZLES	E/D	LO
3:00	HAPPY HOUR ROOTBEER FLOATS	E/D/A	B
3:30	GRIGORY ENTERTAINMENT	VEN	LO
6:15	ALL ABOUT BINGO	A	G
7:15	EVENING MOTION PICTURE	A	M

14 QUARTET ENTERTAINMENT AT NIGHT

9:30	DAILY NEWS	S	LO
10:00	CHAIR YOGA & REFRESH	D	LO
10:30	WALKING CLUB/BOARD GAMES	S	LO
11:00	SCATERGORIES	D	LO
1:15	MOVIE TIME	D	M
1:15	BINGO!	S	G
2:00	CANASTA CLUB	RL	G
2:00	JUMBO GAMES	D/L	LO
3:00	HAPPY HOUR BROWNIES	S/D/L	B
4:00	GUESSING GAME	D	LO
6:15	6 GAME BINGO!	L	G
7:15	QUARTET ENTERTAINMENT AT NIGHT	L	

15 TAKE-IN BAGEL LUNCH

9:30	YOGA RAY	VEN	LO
10:00	FITNESS FUN & HYDRATE	S	LO
10:30	WALKING CLUB/WORD GAME	M	LO
11:00	TRIVIA TID BITS	M	LO
12:00	TAKE-IN BAGEL LUNCH	S/M/L	B
1:15	FRIDAY AFTERNOON FLICK	L	M
1:15	BINGO!	L	G
2:00	CARD CLUB	RL	G
2:00	UNDER THE SEA PENCIL PICTURES	S/M	LO
3:00	HAPPY HOUR PEACHES & CREAM	S/M/L	B
4:00	BRAIN BENDERS	S	LO
6:15	BIG BUCKS BINGO	L	G
7:15	FRIDAY NIGHT FLICK	L	M

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9:30	HAPPENINGS	S	LO
10:00	STRETCHING & REFRESHING	S	LO
10:30	COURTYARD WALK	S	CY
11:00	FASCINATING FACTS	S	LO
1:15	MID DAY MOVIE	N	M
1:15	BINGO!	L	G
2:00	POKENO CLUB	RL	G
2:00	BOARD GAMES	VEN	LO
3:00	HAPPY HOUR STRAWBERRY CHEX MIX	S/N/L	B
4:00	FAMILY FEUD	N	LO
6:15	BINGO ANYONE?	L	G
7:15	MOVIE IN THE ARBORS THEATER	L	M

17 R.C. COMMUNION WITH JAMES

9:30	R.C. COMMUNION WITH JAMES	VEN	G
9:30	TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L	O	
10:15	FITNESS FUN & REFRESH	D	LO
11:00	GUESSING GAME	D	LO
1:15	MOVIE TIME	D	M
1:15	BINGO!	D	G
2:00	KINGS IN THE CORNER CLUB	RL	G
2:00	TABLE TOP GAMES	D/A/L	LO
3:00	HAPPY HOUR SUNDAES	D/A/L	B
4:00	GROUP CROSSWORD	D	LO
6:15	BINGO TIME	A	G
7:15	NIGHT TIME MOVIE	A	M

18 ROSARY PRAYER SERVICE

9:30	GOOD NEWS TODAY	G	LO
10:00	MORNING WARM UP & REFRESHMENTS	E	LO
10:00	ROSARY PRAYER SERVICE	RL	M
10:30	WALKING CLUB/TRIVIA	G	LO
11:00	MULTIPLE CHOICE	E	LO
1:15	MATINEE	G	M
1:15	BINGO!	D	G
2:00	PENNY POKER CLUB	RL	G
2:00	BILLIARD CLUB	E/G	LO
3:00	HAPPY HOUR POTATO CHIPS & FRENCH ONION DIP	G/E/D	B
4:00	TRIVIA CHALLENGE	G	LO
6:15	LATE DAY BINGO	D	G
7:15	EVENING MOVIE IN THE CINEMA	D	M

19 LUNCH TRIP TO HARBOR CRAB

9:30	CURRENT EVENTS	G	LO
10:00	EXERCISE & HYDRATE	D	LO
10:30	PET THERAPY	VEN	LO
10:30	WALKING CLUB/TABLE TALK	G	LO
11:00	WHO AM I?	D	LO
11:30	LUNCH TRIP TO HARBOR CRAB	S/G	O
1:15	AFTERNOON MOVIE	D	M
1:15	BINGO!	D	G
2:00	MAH JONG CLUB	RL	G
2:00	PENCIL PUZZLES	D	LO
3:00	HAPPY HOUR CRAB & CHEESE STUFFED MUSHROOMS	D/RS	B
4:00	BOGGLE	D	LO
6:15	AFTER DINNER BINGO	S	G
7:15	NIGHT FLICK	S	M

20

9:30	NEWS & VIEWS	D	LO
10:00	SIT, BE FIT & HYDRATE	E	LO
10:30	WALKING CLUB/WHO AM I	E/D	LO
11:00	GROUP CROSSWORD	D	LO
1:15	MATINEE	E	M
1:15	BINGO!	D	G
2:00	THREE THIRTEEN CLUB	RL	G
2:00	BALLOON VOLLEYBALL	D/E	LO
3:00	HAPPY HOUR ROOTBEER FLOATS	E/D/A	B
4:00	JEOPARDY	D	LO
6:15	BINGO ANYONE?	A	G
7:15	FEATURE FILM	A	M

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9:30	WORLD NEWS	D	LO
10:00	SCARF DANCING & HYDRATION	S	LO
10:30	WHEEL OF FORTUNE	D	LO
11:00	WALK TO THE COURTYARD	S/D	CY
12:00	HAWAIIAN BBQ	S/D/L	CY
TO	LUAU ENTERTAINMENT	S/D/L	CY
4:00	HAPPY HOUR HAWAIIAN PIZZA BITES	VEN	CY
4:15	TRIVIA TIME	S/D/L	LO
6:15	ALL ABOUT BINGO	L	G
7:15	EVENING MOTION PICTURE	L	M

22 TRINKET BOX PAINTING

9:30	DAILY NEWS	S	LO
10:00	CHAIR YOGA & REFRESH	M	LO
10:30	WALKING CLUB & REFRESHMENTS	S	LO
11:00	SCATERGORIES	M	LO
1:15	MOVIE TIME	S	M
1:15	BINGO!	VEN	G
2:00	CARD CLUB	M/L	G
2:00	TRINKET BOX PAINTING	S/M/L	LO
3:00	HAPPY HOUR BERRY PARFAIT	S	B
4:00	GUESSING GAME	S	LO
6:15	BIG BUCKS BINGO	L	G
7:15	TONIGHT'S FEATURE FILM	L	M

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9:30	GOOD NEWS DAY	S	LO
10:00	FITNESS FUN & HYDRATE	S	LO
10:30	WALKING CLUB/WORD GAME	S	LO
11:00	BOGGLE	S	LO
1:15			