

JULY 2025

The Arbors At BOHEMIA

Tel: 631-567-3113
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

STAFF KEY	LOCATION KEY
AM- Angi Meyer	GN-Game Nook
GT-Gale Taxis	E-Entrance Lounge
P-Paige Tatzel	FL- Front Lawn
IV-Isabelle Vaders	B-Bistro
D- Dan Melli	OC-Courtyard
T- Tricia Cieslak	PD-Private Dining
M- Marilyn Montalvo	C-Café
AS- Andreanna Santacroce	GR-Great Room
DN-Dolores Nottingham	S-Salon
S- Samantha Gregory	TH-Theater
VEN- Vendor	
A- Activities Staff	

CLUB SCHEDULES
MAHJONG: MONDAYS AT 9:45AM POKER: WEDNESDAYS AND FRIDAYS AT 2PM SCRABBLE: TUES./THURS./SAT. AT 3:15PM RUMMICKUB: SUN., MON., WED., FRI. AT 2:30PM
MEALS
BREAKFAST SERVED 7:45 AM & 9:00 AM LUNCH SERVED 11:45 AM & 1:00 PM DINNER SERVED 4: 45PM & 6:00 PM
DAILY PROGRAMS
10:30 EXERCISE GR 11:00 GAMES GR 2:00 MATINEE MOVIE TH 3:00 SOCIAL HOUR GR 7:00 EVENING MOVIE TH

1 INTERNATIONAL JOKE DAY
9:15 HAPPENINGS & HOROSCOPES GR T 9:45 WALKING CLUB GR DN 10:30 MOVEMENT & MUSIC GR A 11:00 BALLOON VOLLEYBALL GR A 1:30 FOOTBALL TOSS GR D 2:00 TECH INFO SESSION GR DN 2:00 TONGUE TWISTERS GR A 2:00 MOVIE MATINEE TH A 3:00 HAPPY HOUR GR A 3:45 CASH BINGO GR A 5:00 Pictionary GR A 6:30 ALPHALIST GR A 7:00 EVENING MOVIE TH A 7:00 NIGHTLY CHAT GR

2 TRIP TO OLIVE GARDEN
9:00 WOULD YOU RATHER? GR A 10:00 LIVE ROSARY TH 10:30 FITNESS FUN GR A 11:00 BATTLE AXE THROW GR A 1:00 MANICURES GN A 2:00 HORSE RACING GR I 2:00 MOVIE MATINEE GR 2:00 POKER TH A 2:30 RUMMIKUB CLUB GN I 3:00 HAPPY HOUR GR A 4:00 LARRY WOLF SHOW-YANKEE DOODLE DANDEE GR A 5:00 TABLE GAMES GR A 6:30 KARAOKE WITH PAIGE TH P 7:00 EVENING MOVIE TH I 7:00 NIGHTLY CHAT GR

3 RESIDENT COUNCIL & FOOD COMMITTEE
9:00 NEWS FLASH GR A 9:30 SIT & BE FIT GR A 10:15 FOOD COUNCIL GR A 11:00 RESIDENT COUNCIL GR A 11:00 CORN HOLE GR A 11:00 ROCK PAINTING WITH ISABELLE GR IV 1:00 PLANET EARTH DOCUMENTARY GR I 2:00 FINISH THE PHRASE GR A 2:00 ROCK PAINTING WITH ISABELLE EL IV 2:00 MOVIE MATINEE TH A 2:00 KNITTING CLUB EL I 2:30 PET THERAPY WITH SMUSHY & ZOLA TH 3:00 PATRIOTIC HAPPY HOUR GR A 3:15 SCRABBLE CLUB GN 4:00 LITERATURE LOVERS WITH DAN C D 5:00 TABLE GAMES GR A 6:30 WORD GAMES TH M 7:00 EVENING MOVIE TH I 7:00 NIGHTLY CHAT GR

4 HAPPY 4TH OF JULY!WEAR RED, WHITE & BLUE
9:00 NEWS FLASH GR A 9:30 LCR DICE GAME GR A 10:30 STARS & STRIPES SWEAT GR A 11:00 JULY 4TH TRIVIA GN I 11:00 LADDER BALL GR A 1:30 URBAN MYTHS GR D 2:00 MOVIE MATINEE TH I 2:00 POKER GR I 2:30 RUMMIKUB CLUB GN I 3:00 PATRIOTIC HAPPY HOUR GR A 3:10 YANKEES VS METS GR I 3:45 CASH BINGO GN A 4:00 RUMMIKUB CLUB GR I 4:00 WII BOWLING GR I 4:00 SHABBAT PD AM 5:00 TABLE GAMES GR A 6:30 KARAOKE WITH DAN GR D 7:00 EVENING MOVIE TH I 7:00 NIGHTLY CHAT GR

5 NATIONAL GRAHAM CRACKER DAY/MANICURES 1PM
9:30 THIS DAY IN HISTORY GR M 10:30 STRETCH IT OUT GR D 12:00 WORD LADDERS OC 1:00 WHAT WOULD YOU DO? GR A 1:00 FOOTBALL TOSS GR A 1:00 MANICURES GN A 1:15 SING ALONG GR D 2:00 MOVIE MATINEE TH I 2:30 GARDENING CLUB AM 3:00 HAPPY HOUR GR A 3:15 SCRABBLE CLUB GN I 3:45 CASH BINGO GR A 4:00 YOU BE THE JUDGE GR A 4:00 DOMINOES GN I 4:10 METS VS YANKEES C I 5:00 TABLE GAMES GR A 6:30 JEOPARDY! EL A 7:00 NIGHTLY CHAT GR 7:00 EVENING MOVIE TH I

6 LIVE SUNDAY MASS STRAWBERRY SUNDAE DAY
9:30 PASSPORT TRIVIA GR T 10:30 EXERCISE GR T 11:00 BALLOON VOLLEYBALL GR T 11:15 SUNDAY MASS WITH ST. JOHN'S CHURCH TH 1:30 CRAFT CORNER EL A 2:00 MOVIE MATINEE TH A 2:00 DRUMMER'S CIRCLE GR T 2:30 RUMMIKUB CLUB GN I 3:00 ICE CREAM HAPPY HOUR GR A 4:00 WII BOWLING GR A 5:00 TABLE GAMES GR A 7:00 EVENING MOVIE TH I 7:00 NIGHTLY CHAT GR

7 WORLD CHOCOLATE DAY
9:30 NEWS & VIEWS GR A 9:45 MAHJONG GN I 10:30 WORK YOUR MUSCLES GR J 11:00 INDOOR GOLF GR A/D 1:30 TRAVELOGUE GR J 2:00 MOVIE MATINEE TH J 2:00 JEOPARDY! GR A 2:30 RUMMIKUB CLUB GN I 3:00 HAPPY HOUR GR D 3:45 CASH BINGO GR A 5:00 TABLE GAMES GN A 6:30 WORD GAMES GR K 7:00 EVENING MOVIE TH K 7:00 NIGHTLY CHAT GR

8 NATIONAL BLUEBERRY DAY
9:30 VENTURE TRIVIA GR T 10:30 TONING EXERCISES GR A 11:00 VELCRO DARTS GR A 12:00 CONCERT SERIES; FRANKIE VALLI AND THE FOUR SEASONS (YOUTUBE) GR I 1:30 A FAMOUS FACE GR A 2:00 MOVIE MATINEE TH A 2:00 MEN'S GROUP C DN 2:00 DAY AT THE RACES GR A 3:00 HAPPY HOUR GR 3:15 SCRABBLE CLUB GR A 3:45 CASH BINGO GR A 4:00 LCR DICE GAME GR M 5:00 TABLE GAMES GR A 6:30 ALPHALIST GR A 7:00 EVENING MOVIE TH A 7:00 NIGHTLY CHAT GR

9 NATIONAL FASHION DAY/TRIP TO TARGET
9:30 NAME THAT TUNE GR A 10:00 LIVE ROSARY TH A 10:30 CARDIO BLAST FITNESS CLASS GR A 11:00 FOOTBALL TOSS GR A 12:00 SCATTERGORIES GR A 1:00 MANICURES GN A 1:00 WORD PUZZLES GR T 2:00 MOVIE MATINEE TH I 2:00 NAME THAT TUNE GR A 2:00 POKER GN I 2:30 RUMMIKUB CLUB GN I 3:00 HAPPY HOUR GR A 4:00 SING ALONG WITH CAROL GR A 5:00 TABLE GAMES GR A 6:30 WII BOWLING TH A 7:00 EVENING MOVIE TH A 7:00 NIGHTLY CHAT GR

10
9:30 WORD GAMES ON SMART BOARD GR A 10:30 FUN FITNESS GR A 11:00 CORN HOLE GR A 11:00 PAINTING WITH ISABELLE IV 2:00 MOVIE MATINEE TH A 2:30 PET THERAPY WITH SMUSHY & ZOLA EL I 3:00 CARNIE HAPPY HOUR GR A 3:15 SCRABBLE CLUB GN I 4:00 SCATTERGORIES GR M 4:00 LITERATURE LOVERS WITH DAN C D 4:00 SCRABBLE CLUB GN I 5:00 TABLE GAMES GR A 6:30 WORD GAMES TH M 7:00 EVENING MOVIE TH M 7:00 NIGHTLY CHAT GR

11 NATIONAL BLUEBERRY MUFFIN DAY
9:30 LCR DICE GAME GR M 10:30 CHAIR YOGA GR J 11:00 COOKING CLUB:PARFAIT GR J/M 1:30 POETRY CORNER C D 1:30 TRAVELOGUE GR D 2:00 MOVIE MATINEE TH D 2:00 DRAMA CLUB GR D 2:00 POKER GR I 2:30 RUMMIKUB CLUB GN I 3:00 HAPPY HOUR GR A 3:45 CASH BINGO GR J 4:00 WII BOWLING GR A 4:00 SHABBAT PD AM 5:00 TABLE GAMES GR A 6:30 KARAOKE WITH DAN GR D 7:00 EVENING MOVIE TH D 7:00 NIGHTLY CHAT GR

12 MANICURES 1:00 PM
9:30 THIS DAY IN HISTORY GR S 10:30 EXERCISE CLUB GR D 11:00 PONG BALL GR D 1:15 SING ALONG GR D 1:00 MANICURES GN A 2:00 MOVIE MATINEE TH I 2:30 GARDENING CLUB AM 3:00 HAPPY HOUR GR A 3:15 SCRABBLE CLUB GN I 3:45 CASH BINGO GR A 4:00 YOU BE THE JUDGE GR A 4:00 DOMINOES B I 5:00 TABLE GAMES GR A 6:30 JEOPARDY! GR A 7:00 EVENING MOVIE TH A 7:00 NIGHTLY CHAT GR

13 SUNDAY MASS WITH ST. JOHN'S CHURCH NATIONAL FRENCH FRIES DAY
9:15 CROSSWORD PUZZLE GR T 9:30 BREAKING NEWS GR DN 10:30 MORNING STRETCH GR A 11:00 TWISTED TWISTER GR A 11:15 SUNDAY MASS WITH ST. JOHN'S CHURCH TH A 1:30 CRAFT CORNER EL A 2:00 MOVIE MATINEE TH A 2:30 RUMMIKUB CLUB GN I 3:00 SUNDAY SUNDAES GR A 3:00 HAPPY HOUR GR D 4:00 WII BOWLING TH A 5:00 COLORING CORNER GR A 5:00 TABLE GAMES GR A 7:00 EVENING MOVIE TH A 7:00 NIGHTLY CHAT GR

14
9:30 NEWS & VIEWS GR A 9:45 MAHJONG B I 10:30 FITNESS FUN B J 11:00 LADDERBALL GR DN 1:30 TRAVELOGUE GR A 2:00 MOVIE MATINEE TH D 2:00 JEOPARDY! GR A 2:30 RUMMIKUB CLUB GN I 3:00 HAPPY HOUR GR A 3:45 CASH BINGO GR A 5:00 TABLE GAMES GR A 6:30 WORD GAMES GR A 7:00 EVENING MOVIE TH A 7:00 NIGHTLY CHAT GR

15
9:30 VENTURE TRIVIA GR A 10:30 TAI CHI GR A 11:00 FOOTBALL TOSS GR A 1:30 A FAMOUS FACE GR A 2:00 MOVIE MATINEE TH 2:00 TECH INFO SESSION GR D 3:00 HAPPY HOUR GR A 3:15 SCRABBLE CLUB GN I 3:45 CASH BINGO GR A 4:00 LCR DICE GAME GR 5:00 TABLE GAMES GR I 6:30 ALPHALIST TH A 7:00 EVENING MOVIE TH A 7:00 NIGHTLY CHAT GR

16 TRIP TO IZUMI
9:30 NAME THAT TUNE GR A 10:00 LIVE ROSARY TH E 10:30 FITNESS FUN GR A 11:00 BALLOON VOLLEYBALL GR A 12:00 COLORING CORNER GN A 1:00 MANICURES TH I 2:00 MOVIE MATINEE TH I 2:00 POKER GN I 2:30 RUMMIKUB CLUB GN I 3:00 HAPPY HOUR GR A 4:00 SING ALONG WITH CAROL GR A 5:00 TABLE GAMES GR A 6:30 WII BOWLING GR A 7:00 EVENING MOVIE TH A 7:00 NIGHTLY CHAT GR

17 OPEN HOUSE 1-5PM CARNIVAL
9:30 NAME 10 GR A 10:30 TONING EXERCISES GR A 11:00 PAINTING WITH ISABELLE GR IV 1:00 CARNIVAL- GAMES GR A 2:00 PETTING ZOO TH 3:00 MOVIE MATINEE TH 3:00 HAPPY HOUR OC A 3:15 SCRABBLE CLUB GN I 5:00 TABLE GAMES GR A 6:30 WORD GAMES GR M 7:00 EVENING MOVIE TH M 7:00 NIGHTLY CHAT GR

18
9:30 LCR DICE GAME GR M 10:30 CHAIR YOGA GR J 11:00 HOOP TAC TOE GR J/M 11:00 COOKING CLUB C D 1:30 POETRY CORNER GR D 1:30 TRAVELOGUE GR D 2:00 MOVIE MATINEE TH D 2:00 HORSE RACING FOR PRIZES GR J 2:00 POKER GN I 2:30 RUMMIKUB CLUB GR AM 3:00 HAPPY HOUR GR A 3:45 CASH BINGO GR J 4:00 WII BOWLING GRJ 5:00 SHABBAT PD AM 5:00 TABLE GAMES GR A 6:30 KARAOKE WITH DAN GR D 7:00 EVENING MOVIE TH D 7:00 NIGHTLY CHAT GR

19 MANICURES 1:00 PM
9:30 THIS DAY IN HISTORY GR M 10:30 EXERCISE CLUB GR D 11:00 VELCRO DARTS GR M/D 1:15 WII BOWLING GR I 1:00 MANICURES GN A 2:00 MOVIE MATINEE TH I 2:30 TRIVIA GR 2:30 GARDENING CLUB GR AM 3:00 HAPPY HOUR GR 3:15 SCRABBLE CLUB GN I 3:45 CASH BINGO GR D 4:00 DOMINOES CLUB B I 5:00 TABLE GAMES GR A 6:30 JEOPARDY! GR P 7:00 EVENING MOVIE TH P 7:00 NIGHTLY CHAT GR

20 SUNDAY MASS WITH ST. JOHN'S CHURCH NATIONAL ICE CREAM DAY
9:30 PASSPORT TRIVIA GR T 10:30 WAKE UP AND WORK OUT GR DN 11:00 OUTSIDE CORN HOLE GR A 11:15 SUNDAY MASS WITH ST. JOHN'S CHURCH TH I 12:00 FINISH THAT LYRIC GR A 1:30 WHEEL OF FORTUNE GR A 1:30 CRAFT CORNER EL A 1:40 REDS VS METS C I 2:00 MOVIE MATINEE TH A 2:30 MEN'S GROUP C DN 2:30 RUMMIKUB CLUB GN I 3:00 SUNDAY SUNDAES GR A 3:00 HAPPY HOUR GR A 5:00 TABLE GAMES GR A 4:00 WII BOWLING GR A 6:30 KARAOKE WITH PAIGE TH A 7:00 EVENING MOVIE GR A 7:00 NIGHTLY CHAT GR

21 MUSIC WITH DAVID LONIGRO 2:00-3:00
9:30 NEWS & VIEWS GR A 9:45 MAHJONG B I 10:30 CHAIR ZUMBA B T 11:00 PUTT & BOWL GR DN 12:00 WHEEL OF FORTUNE GR 1:30 TRAVELOGUE GR A 2:00 MOVIE MATINEE TH I 2:00 DAVID LONIGRO PERFORMS GR VEN 2:30 RUMMIKUB CLUB GN I 3:00 HAPPY HOUR GR A 3:15 RUMMIKUB CLUB GN I 3:45 CASH BINGO GR A 5:00 TABLE GAMES GR A 6:30 WORD GAMES GR A 7:00 EVENING MOVIE TH I 7:00 NIGHTLY CHAT GR

22 ACTIVITY PLANNING
9:30 VENTURE TRIVIA GR T 10:30 FITNESS FUN GR 11:00 BEAN BAG BUCKETS GR A 1:30 A FAMOUS FACE GR A 2:00 MOVIE MATINEE TH A 2:00 DAY AT THE RACES GR 3:00 HAPPY HOUR GR A 3:15 SCRABBLE CLUB GN I 3:45 CASH BINGO GR A 4:00 LCR DICE GAME GR M 5:00 TABLE GAMES GR A 6:30 ALPHALIST GR A 7:00 EVENING MOVIE TH A 7:00 NIGHTLY CHAT GR

23 TRIP TO BASKIN-ROBBINS
9:30 LCR GR A 10:00 LIVE ROSARY TH A 10:30 EXERCISE CLUB GR A 11:00 PONG BALL GR A 1:00 MANICURES GN A 2:00 MOVIE MATINEE TH A 2:00 POKER TH A 2:30 RUMMIKUB CLUB GR A 3:00 HAPPY HOUR GR A 4:00 SING ALONG WITH CAROL GR A 5:00 TABLE GAMES GR A 6:30 WII BOWLING GR I 7:00 EVENING MOVIE TH A 7:00 NIGHTLY CHAT GR

24
9:30 NAME 10 GR A 10:30 TONING EXERCISES GR A 11:00 PAINTING WITH ISABELLE IV 12:00 LADDERBALL GR AS 1:30 PLANET EARTH DOCUMENTARY GR AS 2:00 MOVIE MATINEE TH A 2:00 HANDCRAFTS & CHAT EL I 2:30 PET THERAPY WITH SMUSHY & ZOLA GR ALL 3:00 WINE & CHEESE SOCIAL GR 3:15 SCRABBLE CLUB C D 4:00 LITERATURE LOVERS WITH DAN GR A 5:00 TABLE GAMES GR A 6:30 WORD GAMES GR M 7:00 EVENING MOVIE TH M 7:00 NIGHTLY CHAT GR

25 JULY BIRTHDAY PARTY
9:30 LCR DICE GAME GR M 10:30 CHAIR YOGA GR J 11:00 BALLOON VOLLEYBALL GR J/M 11:00 COOKING CLUB C D 1:30 POETRY CORNER GR D 1:30 TRAVELOGUE GR D 2:00 MOVIE MATINEE TH D 2:00 DRAMA CLUB GR J 2:00 POKER GN I 2:30 RUMMIKUB CLUB GR AM 3:00 HAPPY HOUR GR A 3:45 CASH BINGO GR J 4:00 WII BOWLING GRJ 5:00 SHABBAT PD AM 5:00 TABLE GAMES GR A 6:30 KARAOKE WITH DAN GR D 7:00 EVENING MOVIE TH D 7:00 NIGHTLY CHAT GR

26 MANICURES 1:00 PM
9:30 THIS DAY IN HISTORY GR M 10:30 EXERCISE CLUB GR D 11:00 FOOTBALL TOSS GR M/D 1:00 MANICURES GN A 1:15 SING ALONG GR D 2:00 MOVIE MATINEE TH F 2:30 GARDENING CLUB AM 3:00 HAPPY HOUR GR ALL 3:15 SCRABBLE CLUB GN I 3:45 CASH BINGO GR J 4:00 DOMINOES CLUB GR I 5:00 TABLE GAMES GR A 6:30 JEOPARDY! GR P 7:00 EVENING MOVIE TH P 7:00 NIGHTLY CHAT GR

27 SUNDAY MASS WITH ST. JOHN'S CHURCH NATIONAL LOVE IS KIND DAY
9:00 MORNING MUSIC GR I 9:30 TRIVIA ON THE SMARTBOARD GR A 9:45 TODAY'S HEADLINES GR A 10:30 SUNDAY STRETCHING GR DN 11:00 INDOOR GOLF GR A 11:15 SUNDAY MASS WITH ST. JOHN'S CHURCH TH I 1:30 CRAFT CORNER EL A 2:00 MOVIE MATINEE GR A 2:30 MEN'S GROUP C A 2:30 RUMMIKUB CLUB GN I 3:00 SUNDAY SUNDAES AT HAPPY HOUR GR A 4:00 UNO CARD GAME GN I 4:00 WII BOWLING GR A 5:00 WHO WANTS TO BE A MILLIONAIRE GR A 7:00 EVENING MOVIE GR A 7:00 NIGHTLY CHAT GR

28
9:00 MORNING MUSIC GR I 9:30 WORD FIND GR A 9:45 MAHJONG GN I 10:30 SIT AND BE FIT GR A 11:00 HOOP TAC TOE TH I 1:30 TRAVELOGUE GR A 2:00 MOVIE MATINEE TH I 2:00 JEOPARDY! GR A 2:30 RUMMIKUB CLUB GN I 3:00 HAPPY HOUR GR A 3:45 CASH BINGO GR DN 5:00 TABLE GAMES GR A 6:30 WORD GAMES TH A 7:00 EVENING MOVIE PD A 7:00 NIGHTLY CHAT GR

29
9:00 MORNING MUSIC GR I 9:30 SCATTERGORIES GR M 10:30 TAI CHI GR M 11:00 PUTT & BOWL GR A 1:30 A FAMOUS FACE GR A 2:00 MOVIE MATINEE TH A 2:00 MEN'S GROUP C DN 2:00 DAY AT THE RACES GR A 3:00 HAPPY HOUR GR ALL 3:15 SCRABBLE CLUB GN I 3:45 CASH BINGO GR D 5:00 TABLE GAMES GR A 6:30 ALPHALIST GR A 7:00 EVENING MOVIE TH A 7:00 NIGHTLY CHAT GR

30 TRIP TO CHEESECAKE FACTORY NATIONAL CHEESECAKE DAY
9:00 MORNING MUSIC GR I 9:30 NAME THAT TUNE GR A 10:00 LIVE ROSARY TH E 10:30 EXERCISE CLUB GR A 11:00 PONG BALL GR A 1:00 MANICURES GN A 2:00 MOVIE MATINEE TH A 2:00 CASH BINGO GR A/J 2:00 POKER GR 2:30 RUMMIKUB CLUB GN I 3:00 HAPPY HOUR GR ALL 3:15 RUMMIKUB CLUB GN I 4:00 SING ALONG WITH CAROL GR A 5:00 TABLE GAMES GR A 6:30 WII BOWLING GR J 7:00 EVENING MOVIE TH J 7:00 NIGHTLY CHAT GR

31 POP UP FASHION WITH KATHY DRASKIN- ALL DAY
9:00 MORNING MUSIC GR I 9:30 HANGMAN GR A 10:30 EXERCISE CLUB GR A 11:00 BALLOON VOLLEYBALL A 11:00 PAINTING WITH ISABELLE IV 2:00 MOVIE MATINEE TH A 2:30 PET THERAPY WITH SMUSHY & ZOLA GR 3:00 HAPPY HOUR GR 3:15 SCRABBLE CLUB GN IV 4:00 LITERATURE LOVERS WITH DAN C D 5:00 TABLE GAMES GR A 7:00 EVENING MOVIE TH I 7:00 NIGHTLY CHAT GR A



*ALL TRIPS ARE WEATHER PERMITTING

*ALL PROGRAMS ARE SUBJECT TO CHANGE

*All trips are if weather permits.
*All programs are subject to change.
Change will be reflected on the Daily Board.

Recreation Director will be happy to answer any questions you may have regarding this calendar.

ACTIVITY CALENDAR