

JUNE 2025

The Arbors At ISLANDIA WEST

Tel: 631-582-3600
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1 MARILYN MONROE BDAY 9:00 GREASE SOUNDTRACK DA LV 9:30 NEWS AND VIEWS DA LV 10:00 COMMUNION WITH JAMES V DR 10:00 CHAIR EXERCISES DA LV 10:30 WEEKEND STROLL DA CM 11:00 ONE ON ONE VISITS RS RR 11:00 A TO Z WORD GAME RS LV 11:30 WORD IN A WORD DA LV 11:30 1 ON 1'S DA RR 1:30 GARDENING CLUB 1:30 MARILYN MONROE TIDBITS RS LV 1:30 COURTYARD GAMES DA CY 2:00 MATCH GAME DA/RS B 3:00 HAPPY HOUR ICE CREAM DA B 4:00 BAR TRIVIA RS B 6:00 BINGO BLITZ RS B 7:00 EVENING MOVIE RS M	2 JOHN WALTERS ENTERTAINMENT 9:00 BIG BAND SONGS IS LV 9:30 CURRENT EVENTS IS LV 10:00 WORK IT OUT IS LV 10:30 WALKING CLUB IS CY 11:00 PET THERAPY WITH ABRAHAM V LV 11:30 WORDS THAT START WITH "J" D LV 1:00 SCRABBLE CLUB V B 1:30 JOHN WALTERS ENTERTAINMENT E LV 1:15 AFTERNOON SHOWING 1:00 SCRABBLE CLUB 1:30 ONE ON ONE VISITS IS RR 3:00 HAPPY HOUR CHEESE BURGER DIP W/CHIPS D/IS B 4:00 TRIVIA TIME IS B 6:00 MONDAY BINGO D B 7:00 IN THE CINEMA RS M	3 PICNIC AT ISLANDIA PARK 9:00 ELVIS HITS DD LV 9:30 DAILY DOSE DD LV 10:00 SIT & GET FIT DD LV 10:30 WALKING CLUB DD CY 11:00 CROSSWORD DA LV 11:30 PICNIC AT ISLANDIA PARK RS O 1:00 MANICURES BY APPT DA B 1:30 FACT OR FICTION DD LV 2:00 ART THERAPY WITH CAT 2:00 WHO SAID THAT? DD LV 3:00 HAPPY HOUR TERIYAKI MEATBALLS DA/DB B 4:00 SHOUT OUT THE ANSWERS DD B 6:00 BINGO! DA B 7:00 FEATURE FILM RS M	4 BUS TRIP LADY OF THE SHRINE & WENDYS 9:00 SHOW TUNES D LV 9:30 WHAT'S IN THE NEWS? D LV 10:00 SHAKE IT UP D LV 10:30 LADY OF SHRINE TRIP RS O 10:30 WALKING CLUB D LV 11:00 WORD-IN-A-WORD D LV 11:30 HANGMAN D LV 1:00 SCRABBLE CLUB V GR 1:30 HOT SEAT CHALLENGE 1:15 MID-DAY MATINEE 1:30 GARDEN CLUB RS CY 2:00 TRUE OR FALSE D LV 3:00 HAPPY HOUR ICE CREAM D/RS B 4:00 CONVERSATION STARTERS D B 4:00 BOOK CLUB S BI 6:00 SPEED BINGO RS B 7:00 MOVIE TIME RS M	5 ACTIVITY COMMITTEE/BBQ 9:00 INSTRUMENTAL MELODIES D LV 9:30 NEWS DISCUSSION D LV 10:00 SHAKE IT UP D LV 10:30 WALKING CLUB D CM 11:00 ACTIVITY COMMITTEE S LV 11:45 COURTYARD BBQ E LV 1:30 REMEMBER WHEN? D LV 1:30 FLORAL CREATIONS 1:15 MOVIE MATINEE 1:30 CREATIVE TIME E B 2:00 WHO AM I? D LV 3:00 HAPPY HOUR DONUT HOLES D/E B 4:00 ARMCHAIR TRIVIA D B 6:00 BINGO AT NIGHT E B 7:00 LETS GO TO THE MOVIES RS M	6 SMITHTOWN CHRISTIAN SCHOOL VISIT 9:00 RELAXING SOFT JAZZ D LV 9:30 DAILY NEWS D LV 9:30 SMITHTOWN CHRISTIAN SCHOOL VISIT V LV 9:45 ROSARY V M 10:00 EXERCISE BASICS D LV 11:00 MUSICAL HANGMAN D LV 1:00 SCRABBLE CLUB V GR 1:30 FRESH AIR CLUB RS LV 1:30 BOARD GAMES & PUZZLES D B 2:00 FACT OR FICTION RS LV 3:00 HAPPY HOUR BBQ CHIPS D/RS B 4:00 NAME THAT TUNE D B 6:00 TGIF BINGO RS B 7:00 FRIDAY FLICK RS M	7 CHOCOLATE ICE CREAM DAY 9:00 RHYTHM & BLUES RS LV 9:30 LOCAL NEWS RS LV 10:00 WAKE UP & WORK OUT RS LV 10:30 WEEKEND STROLL RS CM 11:00 COFFEE AND CROSSWORDS RS LV 11:00 BOARD GAMES & PUZZLES DB LV 1:30 KEEP UP THE BALLOON RS LV 1:30 CARDS AT THE BAR DB B 2:00 CHOCOLATE FACTS RS LV 3:00 HAPPY HOUR RS/DBB 4:00 TRIVIA TIME RS B 6:00 WEEKEND BINGO DB B 7:00 SATURDAY SHOWING DB M
8 HALF HOLLOW CHORUS 9:00 SHOWTUNES DA LV 9:30 WEEKEND NEWS DA LV 10:00 COMMUNION WITH JAMES V DR 10:00 WORK THOSE MUSCLES DA LV 11:30 WORD IN A WORD RS LV 1:15 HALF HOLLOW CHORUS V B 1:30 ONE ON ONE VISITS RS LV 3:00 HAPPY HOUR ICE CREAM RS/DA B 4:00 PUB TRIVIA DA B 6:00 WEEKEND BINGO RS B 7:00 SUNDAY MOTION PICTURE RS M	9 BUS TRIP TO DOLLAR TREE 9:00 ROCK N ROLL HITS IS LV 9:30 HAPPENINGS & HOROSCOPES IS LV 10:00 COORDINATION EXERCISES IS LV 10:30 BUS TRIP DOLLAR TREE RS O 10:30 WALKING CLUB IS CM 11:00 NAME 10.15.20 D LV 1:30 FRESH AIR CLUB D CY 2:00 SING A LONGS IS LV 2:00 MATCH GAME IS LV 3:00 HAPPY HOUR COWBOY CAVIAR W/TORTILLAS IS/D B 4:00 QUIZ CHALLENGE IS B 6:00 JACKPOT BINGO D B 7:00 EVENING FLICK RS M	10 CERAMIC WORKSHOP 9:00 CROONERS & SWOONERS DD LV 9:30 TOP NEWS STORIES DD LV 10:00 ENDURANCE PERFORMANCE DD LV 10:30 WALKING CLUB DD CM 10:30 LIBRARY VISIT V BI 11:00 DAILY CROSSWORD DA LV 1:30 CERAMIC WORKSHOP E B 1:30 TRUE OR FICTION DA LV 2:00 WHEEL OF FORTUNE DA LV 3:00 HAPPY HOUR CORN NUGGETS DD/DA B 4:00 TRIVIA THAT ROCKS DA B 6:00 DID SOMEONE SAY BINGO DA B 7:00 MOVIE TIME RS M	11 SAY HI DAY! 9:00 SWAY TO THE MUSIC D LV 9:30 MORNING WARM UP'S D LV 10:00 TODAY'S TOPICS D LV 10:30 WALKING CLUB D CM 1:00 SCRABBLE CLUB V GR 1:30 GARDEN CLUB D CY 1:30 FAMILY FEUD RS LV 2:00 TOSS & TALK BALL RS LV 3:00 HAPPY HOUR ICE CREAM RS/D B 4:00 BOOK CLUB S BI 4:00 TRIVIA MADNESS D B 6:00 SPEED BINGO RS B 7:00 MID WEEK MOVIE RS M	12 CENTRAL ISLIP CHORUS 9:00 MUSICAL MUSINGS D LV 9:30 DAILY NEWS D LV 10:00 MOVEMENT FOR AGILITY D LV 10:30 CENTRAL ISLIP CHORUS D CM 11:00 ONE ON ONE VISITS RS RR 2:30 WOULD YOU RATHER? RS LV 3:00 HAPPY HOUR PEANUT BUTTER COOKIES RS/D B 4:00 TRIVIA FUN D B 6:00 JACKPOT BINGO RS B 7:00 MOVIE TIME RS M	13 LINE DANCING WITH DONNA 9:00 THE BEATLES MELODIES D LV 9:30 LOCAL HAPPENINGS D LV 10:00 HUSTLE THOSE MUSCLES D LV 10:30 WALKING CLUB D CM 11:00 A TO Z WORD GAME A LV 1:00 SCRABBLE CLUB V B 1:30 LINE DANCING WITH DONNA V B 1:30 FAMILY FEUD D LV 2:00 WHEEL OF FORTUNE A LV 3:00 HAPPY HOUR FRESH FRUIT A/D B 4:00 JOIN THE FUN WITH TRIVIA D B 6:00 CASH BINGO A B 7:00 FRIDAY FILM RS M	14 FLAG DAY 9:00 PATRIOTIC SONGS G LV 9:30 USA NEWS G LV 10:00 BORN TO SHINE G LV 10:30 FREEDOM STROLL G CM 11:00 NAME 10..15..20 G LV 11:30 WORD GAME WITH "FLAG DAY" G LV 2:00 JEOPARDY DB LV 2:30 MATCH GAME DB LV 3:00 HAPPY HOUR PRETZELS DB/G B 4:00 SHOUT OUT QUIZ G B 6:00 BINGO=FUN DB B 7:00 STAR STUDED PREMIERE RS M
15 FATHER'S DAY 9:00 TRIBUTE SONGS TO DADS DA LV 9:30 TOP POP HEADLINES DA LV 10:00 COMMUNION WITH JAMES V DR 10:30 FATHERS DAY SHUFFLE DA CM 10:30 DONUTS FOR DAD DA BI 11:00 DAILY CROSSWORD RS LV 11:00 ONE ON ONE VISITS DA LV 1:30 BILLARDS RS GR 1:30 NAME THE FAMOUS TV DADS DAA M 2:00 FATHERS DAY FRIENDLY FEUD RS LV 3:00 HAPPY HOUR ICE CREAM RS/DA B 4:00 DAD JOKES DA B 6:00 TOP POP BINGO RS B 7:00 THE SILVER SCREEN RS M	16 SPCA LECTURE 9:00 MORNING MUSIC IS LV 9:30 BREAKING NEWS IS LV 10:00 SIT & BE FIT IS LV 10:30 WALKING CLUB IS CM 11:00 SPCA LECTURE V LV 1:00 SCRABBLE CLUB V DR 1:30 BALLOON VOLLEYBALL D LV 1:30 SUMMER CRAFTS IS B 2:00 FAMILY FEUD D LV 3:00 HAPPY HOUR KEY LIME PIE DIP D/IS B 4:00 PUB TRIVIA IS B 6:00 JACKPOT BINGO D B 7:00 NIGHTTIME MOVIE RS M	17 LUNCH TRIP BURGER KING 9:00 SING A LONG TUNES DD LV 9:30 TODAY'S TOPICS DD LV 10:00 STRETCH IT OUT DD LV 10:30 WALKING CLUB DD CM 11:00 WORD IN A WORD DA LV 11:30 NAME 10.15.20 DA LV 11:30 LUNCH TRIP BURGER KING RS O 1:00 MANICURES BY APPT DA B 1:30 FRESH AIR CLUB DD LV 2:00 WHEEL OF FORTUNE DD LV 3:00 HAPPY HOUR CAULIFLOWER BREADSTICKS DD/DA B 4:00 BAR GAMES DD B 6:00 DID SOMEONE SAY BINGO DA B 7:00 TUESDAY THEATER RS M	18 ENTERTAINMENT JOEY NICKELS 9:00 SOULFUL BLUES D LV 9:30 DAILY NEWS D LV 10:00 MOVEMENT FOR SENIORS D LV 10:30 WALKING CLUB D LV 11:00 DAILY CROSSWORD D LV 11:00 ONE ON ONE'S RS LV 1:30 ENTERTAINMENT JOEY NICKELS E GR 1:30 GARDEN CLUB RS CY 3:00 HAPPY HOUR ICE CREAM D/RS B 4:00 BOOK CLUB S BI 4:00 ARMCHAIR TRIVIA D B 6:00 SPEED BINGO RS B 7:00 MOTION PICTURE RS M	19 COURTYARD BBQ 9:00 RAT PACK COLLECTION D LV 9:30 CURRENT EVENTS D LV 10:00 STRETCH & FLEX D LV 10:30 WALKING CLUB D CM 11:00 A TO Z D LV 11:30 MUSICAL HANGMAN RS LV 11:45 SUMMER BBQ RS CY 1:30 KARAOKE D CY 2:00 LADDERBALL D CY 3:00 HAPPY HOUR OATBARS D/RS B 4:00 SHOUT OUT ANSWERS! D B 6:00 EVENING BINGO RS B 7:00 MOVIES, MOVIES, MOVIES RS M	20 ROSARY/FIRST DAY OF SUMMER 9:00 SOFT RELAX TUNES D LV 9:30 NEWS & VIEWS D LV 9:45 ROSARY V M 10:00 SHAKE IT UP D LV 10:30 WALKING CLUB D CM 11:00 WORDS THAT START WITH "U" RS LV 11:00 ONE ON ON VISITS RS LV 11:30 A TO Z WORD GAME RS LV 1:00 SCRABBLE CLUB V GR 1:30 MATCH GAME D CY 2:00 FACT OR FICTION D LV 3:00 HAPPY HOUR STRAWBERRIES & CREAM RS/DB B 4:00 SING A LONG TO THE CLASSICS D B 6:00 CASH BINGO RS B 7:00 TGIF FEATURE RS M	21 CREATE BIRD FEEDERS 9:00 LIVELY MUSIC G LV 9:30 LOCAL HAPPENINGS G LV 10:00 CHAIR EXERCISES G LV 10:30 WEEKEND STROLL G CM 11:00 UNSCRAMBLE THOSE LETTERS G LV 11:30 WHO SAID THAT? FAMOUS QUOTES DB LV 1:30 FINISH THE LYRICS DB LV 1:30 CREATE BIRD FEEDERS G B 2:00 JEOPARDY G 2:30 WHEEL OF FORTUNE G 3:00 HAPPY HOUR FUNIONS G/DBB 4:00 PUB GAMES G B 6:00 BINGO NIGHT DB B 7:00 MOVIE MANIA RS M
22 ENTERTAINMENT WITH CURTIS MAXWELL 9:00 COUNTRY SONGS DA LV 9:30 NEWS STORIES DA LV 10:00 COMMUNION WITH JAMES V DR 10:00 WAKE UP WORK OUT DA LV 10:30 WEEKEND STROLL DA CM 11:00 LETTER "N" QUIZ DA LV 11:30 WORD WATERFALL RS LV 1:30 CURTIS MAXWELL ENTERTAINER E LV 1:30 ONE ON ONE VISITS RS RR 3:00 HAPPY HOUR DA/RS B 4:00 MIND JOGGERS DA B 6:00 NIGHTLY BINGO RS B 7:00 SUNDAY SHOWING RS M	23 HISTORIAL SOCIETY TRIP 9:00 SONGS FROM GREASE IS LV 9:30 TODAY'S HEADLINERS IS LV 10:00 MOVE & GROOVE IS LV 10:30 WALKING CLUB IS CM 11:00 DAILY CROSSWORD IS O 1:00 SCRABBLE CLUB V GR 1:15 BOHEMIA HISTORIAL BUS TRIP RS O 1:30 MATCH GAME D LV 2:00 WHEEL OF FORTUNE D LV 3:00 HAPPY HOUR DIP W/PITA D/IS B 4:00 BAR GAMES IS B 6:00 BINGO FOR \$ D B 7:00 EVENING MOVIE RS M	24 LI DUCKS GAME 9:00 SWAY TO THE MUSIC DD LV 9:30 NEWS OF THE DAY DD LV 10:00 EXERCISE REGIMEN DD LV 10:30 WALKING CLUB DD CM 11:00 WORD IN A WORD DA LV 11:30 ONE ON ONE VISITS DD RR 11:30 NAME 10.15.20 DA LV 1:00 MANICURES BY APPT DA B 1:30 FRESH AIR CLUB DD LV 1:30 DESIGN MASON JARS DA B 2:00 TRUE OR FALSE DD LV 3:00 HAPPY HOUR PIZZA BITES DD/DA B 4:00 BRAIN OR SHINE DD B 4:00 ARMCHAIR TRIVIA DA B 6:00 BINGO DA B 7:00 MOVIE TIME RS M	25 HOME SCHOOL KIDS VISIT 9:00 70'S SONGS D LV 9:30 NEWS HEADLINERS D LV 10:00 KEEP IN SHAPE D LV 10:30 WALKING CLUB G CM 11:00 HANGMAN RS LV 11:30 NAME 10...15..20.. RS LV 1:00 SCRABBLE CLUB V GR 1:30 GARDEN CLUB RS CY 1:30 WOULD YOU RATHER D LV </			

ACTIVITY CALENDAR