

JUNE 2025

The Arbors At WESTBURY Tel: 516-333-6400
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 TODAY'S HEADLINES 10:00 SUNDAY STRENGTHENING 10:00 TRIP: ST. PAUL THE APOSTLE CHURCH 10:30 SUNDAY MASS ON TV 11:00 MANICURES & MUSIC 12:00 WORD IN A WORD 1:15 Pictionary 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:00 JEWELRY MAKING 6:30 LEFT CENTER RIGHT DICE GAME 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B JE GR JE GR E/JS O I M JE GR E GR F GR JS GR E/JE GR F GR F GR F M	2 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 HAPPENINGS & HOROSCOPES 10:00 LIFE AND LIVELY FITNESS 10:00 SHOPPING TRIP - DOLLAR TREE 11:00 GIANT CONNECT FOUR 12:00 CROSSWORD 1:15 TABLE TOP GAMES 2:15 BINGO IN THE PATIO 3:15 HAPPY HOUR IN THE PATIO 4:00 RUMMIKUB 6:30 CARD GAMES 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B JE GR JE GR E/JS O JE GR E GR JC GR JE P E/JS P I GM C GM C GR C M	3 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 WORLD NEWS 10:00 WALKING CLUB 11:00 RING TOSS 12:00 MANICURES & MUSIC 1:15 GIANT TIC TAC TOE 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:00 NAME THAT TUNE 4:00 DINNER TRIP - IHOP 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B C GR C P JE GR JE GR C GR C GR E/JE GR C GR E/Y GR E GR E M	4 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 BREAKING NEWS 10:00 ZUMBA 10:30 ROSARY GROUP & BIBLE STUDY 11:00 LUNCH AT THE PARK 12:00 COLORING CORNER 1:15 TRIVIA 2:15 AFTERNOON BINGO 2:30 COOKING CLUB: CUPCAKES 3:15 HAPPY HOUR! 4:00 HEADS UP! 6:00 CHECKER AND CHES 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B C GR C GR I GR E/YCO I GR F GR C GR F GR C/F GR C GR I GR F GR F M	5 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 THIS DAY IN HISTORY 10:15 CARDIO BLAST FITNESS CLASS 11:00 VOLLEYBALL CHALLENGE 12:00 CHES AND CHECKERS 1:15 PUZZLES 2:15 AFTERNOON BINGO 2:30 JEWISH SERVICES WITH RABBI BROWNSTEIN 3:15 HAPPY HOUR! 4:00 NAME THAT TUNE 6:00 TABLE GAMES 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B C GR C GR E GR C GR I GR V M E/F GR C GR I GR F GR F M	6 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 WORLD NEWS 10:15 FRIDAY FITNESS 11:00 GARDENING GROUP 12:00 BOWLING FOR A DOLLAR 1:15 BEAN BAG TOSS 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:00 CRAFTING CLUB 6:00 CARD GAMES 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B J GR J GR C P J GR C GR F GR J/C GR F GR I GR F GR F M	7 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 BREAKING NEWS 10:00 WALKING CLUB 10:45 CHAIR YOGA WITH JANICE 11:00 AXE THROWING CHALLENGE 12:00 WORD IN WORD 1:15 TRIVIA 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:00 BOOK CLUB 6:00 COLORING CORNER 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B JS GR JS P JS GR JS GR JE GR JS GR F GR JS GR F GR I GR F GR F M
8 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 TODAY'S HEADLINES 10:00 SUNDAY STRENGTHENING 10:00 TRIP: ST. PAUL THE APOSTLE CHURCH 10:30 SUNDAY MASS ON TV 11:00 JEOPARDY 1:15 WHO WANTS TO BE A MILLIONAIRE 1:30 BAS MITZVAH RABBI BROWNSTEIN'S DTR 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:15 OUTDOOR WALK 6:00 LEFT CENTER RIGHT DICE GAME 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B JE GR JE GR E/JS O I M JE GR F GR E/F O JE GR JS GR JE/JCP F GR F GR F M	9 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 HAPPENINGS & HOROSCOPES 10:00 LIFE AND LIVELY FITNESS 10:00 SHOPPING TRIP - ALDI 11:00 MANICURES & MUSIC 12:00 RING TOSS GAME 1:15 COLORING CORNER 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:00 RUMMIKUB 6:00 TRIVIA 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B JE GR JE GR E/JS O JE GR E GR JS GR JE GR E/JS GR JE GR C GR C GR C M	10 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 WORLD NEWS 10:00 WALKING CLUB 11:00 RESIDENT COUNCIL 12:00 TAKE OUT - CHINESE FOOD 1:15 UNO! CARD GAME 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:00 WHO WANTS TO BE A MILLIONAIRE 6:00 TABLETOP GAME CHALLENGE 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B C GR JE P AS GR I GR E GR C GR E/JE GR C GR I GR E GR E M	11 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 BREAKING NEWS 10:00 ZUMBA 10:30 ROSARY GROUP & BIBLE STUDY 11:00 LUNCH AT THE BEACH 12:00 COLORING CORNER 1:15 TRIVIA 2:15 AFTERNOON BINGO 2:30 COOKING CLUB: FRUIT KABOB 3:15 HAPPY HOUR! 4:00 HEADS UP! 6:00 CHECKER AND CHES 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B C GR C GR I GR E/YCO I GR F GR F GR F GR C/F GR C GR I GR F GR F M	12 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 THIS DAY IN HISTORY 10:15 CARDIO BLAST FITNESS CLASS 11:00 VOLLEYBALL CHALLENGE 12:00 CHES AND CHECKERS 1:15 PUZZLES 2:15 AFTERNOON BINGO 2:30 JEWISH SERVICES WITH RABBI BROWNSTEIN 3:15 HAPPY HOUR! 4:00 NAME THAT TUNE 6:00 TABLE GAMES 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B C GR C GR E GR C GR I GR V M E/F GR C GR I GR F GR F M	13 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 WORLD NEWS 10:15 FRIDAY FITNESS 11:00 GARDENING GROUP 12:00 BEAN BAG TOSS 1:15 BOWLING FOR A DOLLAR 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:00 CRAFTING CLUB 6:00 CARD GAMES 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B J GR J GR C P C GR J GR F GR J/C GR F GR I GR F GR F M	14 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 BREAKING NEWS 10:00 WALKING CLUB 10:45 CHAIR YOGA WITH JANICE 11:00 AXE THROWING CHALLENGE 12:00 WORD IN WORD 1:15 TRIVIA 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:00 BOOK CLUB 6:00 COLORING CORNER 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B JS GR JS P JS GR JS GR JE GR JS GR F GR JS GR F GR I GR F GR F M
15 FATHER'S DAY 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 TODAY'S HEADLINES 10:00 SUNDAY STRENGTHENING 10:00 TRIP: ST. PAUL THE APOSTLE CHURCH 10:30 SUNDAY MASS ON TV 12:00 1ST SEATING FATHER'S DAY BBQ 1:15 2ND SEATING FATHER'S DAY BBQ 3:00 HAPPY HOUR W/ AMY JANE RUSSELL 4:30 FATHER'S DAY GOLF 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B JE GR JE GR E/JS O I M AS P AS P E/F GR JE/F P F GR F M	16 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 HAPPENINGS & HOROSCOPES 10:00 LIFE AND LIVELY FITNESS 10:00 SHOPPING TRIP - WALMART 11:00 DART BOARD GAME 12:00 MAGNETIC STONE GAME 1:15 CHES AND CHECKERS 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:00 RUMMIKUB 6:00 TRIVIA 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B JE GR JE GR E/JS O JE GR E GR C GR JE GR E/JS GR I GM C GR C GR C M	17 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 WORLD NEWS 10:00 WALKING CLUB 11:00 SARAN WRAP GAME 12:00 TAKE OUT - PIZZA 1:15 UNO! CARD GAME 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:00 WHO WANTS TO BE A MILLIONAIRE 6:00 TABLETOP GAME CHALLENGE 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B C GR JE P JE GR I GR E GR C GR E/JE GR C GR E GR E GR E M	18 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 BREAKING NEWS 10:00 ZUMBA 10:30 ROSARY GROUP & BIBLE STUDY 11:00 LUNCH AT THE PARK 12:00 COLORING CORNER 1:15 TRIVIA 2:15 AFTERNOON BINGO 2:30 COOKING CLUB: SMOOTHIES 3:15 HAPPY HOUR! 4:00 HEADS UP! 6:00 CHECKER AND CHES 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B C GR C GR I GR E/YCO I GR F GR F GR F GR C/F GR C GR I GR F GR F M	19 JUNETEENTH 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 THIS DAY IN HISTORY - JUNETEENTH 10:15 CARDIO BLAST FITNESS CLASS 11:00 VOLLEYBALL CHALLENGE 12:00 CHES AND CHECKERS 1:15 PUZZLES 2:15 AFTERNOON BINGO 2:30 JEWISH SERVICES WITH RABBI BROWNSTEIN 3:15 HAPPY HOUR! 4:00 NAME THAT TUNE 6:00 TABLE GAMES 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B C GR C GR E GR C GR I GR V M E/F GR C GR I GR F GR F M	20 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 WORLD NEWS 10:15 FRIDAY FITNESS 11:00 GARDENING GROUP 12:00 BOWLING FOR A DOLLAR 1:15 BEAN BAG TOSS 2:15 AFTERNOON BINGO 3:00 HAPPY HOUR- BIRTHDAY PARTY 4:30 CRAFTING CLUB 6:00 CARD GAMES 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B J GR J GR C P J GR C GR C GR J/C GR F GR I GR F GR F M	21 FIRST DAY OF SUMMER 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 BREAKING NEWS 10:00 WALKING CLUB 10:45 CHAIR YOGA WITH JANICE 11:00 AXE THROWING CHALLENGE 12:00 WORD IN WORD 1:15 TRIVIA 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR OUTDOORS 4:00 BOOK CLUB 6:00 COLORING CORNER 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B JS GR JS P JS GR JS P JE GR JS GR F GR JS P F GR I GR F GR F M
22 NATIONAL CHOCOLATE ÉCLAIR DAY 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 TODAY'S HEADLINES 10:00 SUNDAY STRENGTHENING 10:00 TRIP: ST. PAUL THE APOSTLE CHURCH 10:30 SUNDAY MASS ON TV 11:00 TRIVIA 12:00 SCRABBLE 1:15 HORSE RACE 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:15 TABLE GAMES 6:00 LEFT CENTER RIGHT DICE GAME 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B JE GR JE GR E/JS O I M JE GR E GR JS GR JS GR E/F GR JE O F M F GR F M	23 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 HAPPENINGS & HOROSCOPES 10:00 LIFE AND LIVELY FITNESS 10:00 SHOPPING TRIP - STOP AND SHOP 11:00 MANICURES & MUSIC 12:00 RING TOSS GAME 1:15 COLORING CORNER 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:00 PUZZLE TOURNAMENT 6:00 TRIVIA 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B JE GR JE GR E/JS O JE GR E GR JS GR JE GR E/JS GR JE GR C GR C GR C M	24 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 WORLD NEWS 10:00 WALKING CLUB 11:00 WHAT'S IN YOUR PURSE 12:00 TAKE OUT - JERSEY MIKES 1:15 UNO! CARD GAME 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:00 FOOD COUNCIL 6:00 TABLETOP GAME CHALLENGE 7:15 AFTERNOON BINGO 8:15 EVENING MOVIE I GR I B C GR JE P JE GR I GR E GR C GR E/JE GR AS D I GR C GR E M	25 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 BREAKING NEWS 10:00 ZUMBA 10:30 ROSARY GROUP & BIBLE STUDY 11:00 LUNCH AT THE BEACH 12:00 COLORING CORNER 1:15 TRIVIA 2:15 AFTERNOON BINGO 2:30 COOKING CLUB: PARFAITS 3:15 HAPPY HOUR! 4:00 HEADS UP! 6:00 CHECKER AND CHES 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B C GR C GR I GR E/YCO I GR F GR F GR F GR C/F GR C GR I GR F GR F M	26 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 THIS DAY IN HISTORY 10:15 CARDIO BLAST FITNESS CLASS 11:00 VOLLEYBALL CHALLENGE 12:00 CHES AND CHECKERS 1:15 PUZZLES 2:15 AFTERNOON BINGO 2:30 JEWISH SERVICES WITH RABBI BROWNSTEIN 3:15 HAPPY HOUR! 4:00 NAME THAT TUNE 6:00 TABLE GAMES 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B C GR C GR E GR C GR I GR V M E/F GR C GR I GR F GR F M	27 NATIONAL BINGO DAY 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 WORLD NEWS 10:15 FRIDAY FITNESS 11:00 GARDENING GROUP 12:00 BEAN BAG TOSS 1:15 BOWLING FOR A DOLLAR 2:15 ULTIMATE JACK POT BINGO 3:15 HAPPY HOUR! 4:00 CRAFTING CLUB 6:00 CARD GAMES 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B J GR J GR C P J GR C GR C GR J/F GR F GR I GR F GR F M	28 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 BREAKING NEWS 10:00 WALKING CLUB 10:45 CHAIR YOGA WITH JANICE 11:00 AXE THROWING CHALLENGE 12:00 WORD IN WORD 1:15 TRIVIA 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR! 4:00 BOOK CLUB 6:00 COLORING CORNER 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B JS GR JS P JS GR JS GR JE GR JS GR F GR JS GR F GR I GR F GR F M
29 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 TODAY'S HEADLINES 10:00 SUNDAY STRENGTHENING 10:00 TRIP: ST. PAUL THE APOSTLE CHURCH 10:30 SUNDAY MASS ON TV 11:00 MANICURES & MUSIC 12:00 CARD GAMES 1:15 OUTDOOR WALK 2:15 AFTERNOON BINGO 3:15 HAPPY HOUR- SUNDAE SOCIAL 4:15 ARTS AND CRAFTS 6:00 WORD IN A WORD 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B JE GR JE GR E/JS O I M JE O E GR F/JS GR JS M E/F GR JE GR F M F GR F M	30 9:00 MORNING MUSIC 9:30 COFFEE CLUTCH 9:45 HAPPENINGS & HOROSCOPES 10:00 LIFE AND LIVELY FITNESS 10:00 SHOPPING TRIP - TARGET 11:00 DART BOARD 12:00 MAGNETIC STONE GAME 1:15 CHES AND CHECKERS 2:15 COLORING CORNER 3:15 AFTERNOON BINGO 4:00 HAPPY HOUR! 6:00 RUMMIKUB 7:15 EVENING BINGO 8:15 EVENING MOVIE I GR I B JE GR JE GR E/JS O JE GR E GR JS GR JE GR E/JS GR JE GR C GR C GR C M	STAFF KEY I = INDEPENDENT E = EDWIN J = JIMMY F = FATIMA C = CARMEN JS = JOY JE = JESSICA Y = YULIZA AS = ALL STAFF LOCATION KEY B - Bistro D - Dining Room GR - Great Room M - Media Room O - Outings P - Patio IR - In Room UN - Upper Nook	BANKING HOURS MONDAY - FRIDAY 11:00 AM - 3:00 PM COMPUTER CLUB MONDAY - FRIDAY 9:00 AM - 10:00 AM WALKING CLUB MONDAY /WEDNESDAY/ THURSDAY 2:00 PM BREAKFAST SERVED 7:45 AM & 9:00 AM LUNCH SERVED 11:45 AM & 1:00 PM DINNER SERVED 4:45 PM & 6:00 PM	*ALL TRIPS ARE IF WEATHER PERMITS. *ALL PROGRAMS ARE SUBJECT TO CHANGE. CHANGE WILL BE REFLECTED ON THE DAILY BOARD. YOUR PROGRAMMING TEAM WILL BE HAPPY TO ANSWER ANY QUESTIONS YOU MAY HAVE REGARDING THIS CALENDAR.		

ACTIVITY CALENDAR