

JUNE 2025

The Arbors At ISLANDIA EAST SAFECARE

Tel: 631-232-3131
www.thearborsassistedliving.com

Sunday

Monday

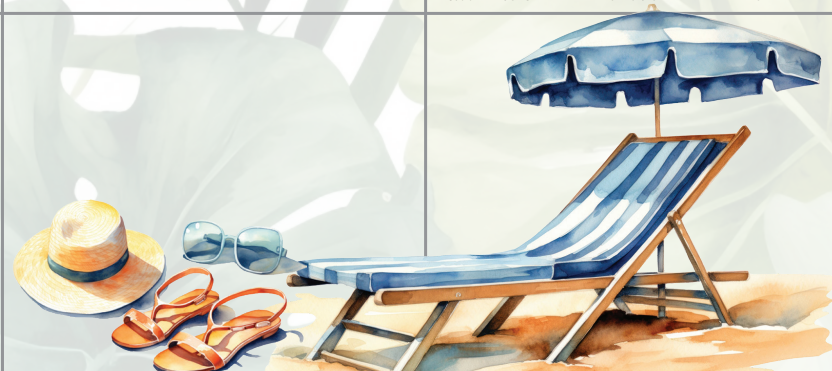
Tuesday

Wednesday

Thursday

Friday

Saturday

1 <i>NATIONAL GAME SHOW DAY</i> 9:30 SIT AND TALK K/F LR 9:30 COMMUNION WITH JAMES VEN EG 10:00 CATHOLIC MASS ON TV K/F LR 10:00 TABLE ACTIVITIES K/F LR 10:30 SCARF DANCING & HYDRATION K/F LR 11:00 NOODLE TAP K/F LR 1:15 FAMILY FEUD K/F LR 2:00 BALL GAMES K/F LR 2:30 WHEEL OF FORTUNE K/F LR 3:00 HAPPY HOUR SUNDAES K/F DR 4:00 BINGO K/F LR 6:00 ON SCREEN GAME SHOWS RS LR	2 <i>MARIA MENNITI MUSIC THERAPY</i> 9:30 WHO'S WHO? I/DS/W LR 10:00 STRETCHING & REFRESHING I/DS/W LR 10:30 GARDEN CARE ON THE PATIO I/DS/W P 11:00 BALLOON VOLLEY I/DS/W P 1:30 MARIA MENNITI MUSIC THERAPY VEN LR 2:30 TOSS GAMES I/DS/W LR 3:00 HAPPY HOUR I/DS/W DR 4:00 DICE GAMES I/DS/W LR 6:00 SWEET MELODIES RS LR	3 9:30 WHAT WOULD YOU DO? I/R/W LR 10:00 CHEER FITNESS & HYDRATE I/R/W LR 10:30 WORD TEASERS I/R/W LR 11:00 SIMON SAYS I/R/W LR 1:15 SCATERGORIES I/R/W LR 2:00 BEAN BAG CHALLENGE I/R/W LR 2:30 GUESSING GAME I/R/W LR 3:00 HAPPY HOUR TERIYAKI MEATBALLS I/R/W DR 4:00 BINGO I/R/W LR 6:00 MOTOWN MUSIC RS LR	4 <i>SANDWICHES ON THE PATIO</i> 9:30 FAVORITE VEGGIES T/F/I LR 10:00 EXERCISE & REFRESH T/F/I LR 10:30 PAINTING FLOWERS T/F/I LR 11:00 BASKETBALL SHOOTOUT T/F/I LR 12:00 SANDWICHES ON THE PATIO RS P 1:15 ROLL OF THE DICE T/F/I P 2:00 BRAIN BENDERS T/F/I P 2:30 BALL TOSS T/F/I P 3:00 HAPPY HOUR ROOTBEER FLOATS T/F/I P 4:00 DICE GAMES T/F/I LR 6:00 MUSIC THAT MAKES YOU SMILE RS LR	5 <i>BBQ LUNCH/NATIONAL KETCHUP DAY</i> 9:30 HOT TOPICS I/R/DD LR 10:00 SCARF DANCING & HYDRATION I/R/DD LR 10:30 CLUE TRIVIA I/R/DD LR 11:00 BALLOON VOLLEYBALL I/R/DD LR 12:00 BBQ LUNCH RS P 1:15 JUMBO GAMES I/R/DD P 2:00 KETCHUP WITH WHAT? I/R/DD P 2:30 KICKBALL I/R/DD P 3:00 HAPPY HOUR KETCHUP W/POTATO CHIPS I/R/DD P 4:00 BINGO I/R/DD LR 6:00 HAPPY SONGS RS LR	6 <i>NATIONAL GARDENING DAY</i> 9:30 PICTURE BOOKS W/DD/DS LR 10:00 STRETCHING & REFRESHING W/DD/DS LR 10:30 FUN FACTS W/DD/DS LR 11:00 NAME 10 W/DD/DS LR 1:15 PATIO GARDEN WALK W/DD/DS P 2:00 HOOP TOSS W/DD/DS P 2:30 GARDENING CHARADES W/DD/DS P 3:00 HAPPY HOUR CHEESE & CRACKERS W/DD/DS P 4:00 DICE GAMES W/DD/DS LR 6:00 GOLDEN GIRLS RS LR	7 9:30 MOVIE TALK I/F/W LR 10:00 FITNESS FUN & HYDRATION I/F/W LR 10:30 TRUE OR FALSE I/F/W LR 11:00 HIDDEN OBJECTS I/F/W LR 1:15 MUSIC & DANCING I/F/W LR 2:00 TRIVIA CHALLENGE I/F/W LR 2:30 NOODLE TENNIS I/F/W DR 3:00 DANCE PARTY I/F/W LR 4:00 HAPPY HOUR I/F/W LR 6:00 BINGO I/F/W LR
8 9:30 FILL IN THE BLANK K/F LR 9:30 COMMUNION WITH JAMES VEN EG 10:00 CATHOLIC MASS ON TV K/F LR 10:00 TABLE ACTIVITIES K/F LR 10:30 EXERCISE & REFRESH K/F LR 11:00 REMINISCING K/F LR 1:15 SING A LONG K/F LR 2:00 BALLOON VOLLEY K/F LR 2:30 WORD POWER K/F LR 3:00 HAPPY HOUR SUNDAES K/F DR 4:00 DICE GAMES K/F LR 6:00 MUSIC FOR THE SOUL RS LR	9 9:30 LETS TALK I/DS/W LR 10:00 SCARF DANCING & HYDRATION I/DS/W LR 10:30 20 QUESTIONS I/DS/W LR 11:00 NOODLE TAP I/DS/W LR 1:15 ROLL OF THE DICE I/DS/W LR 2:00 TRIVIA CHALLENGE I/DS/W LR 2:30 BALL GAMES I/DS/W LR 3:00 HAPPY HOUR I/D/SW DR 4:00 BINGO I/DS/W LR 6:00 MUSICAL STYLINGS OF TONY BENNET RS LR	10 <i>TOM ENTERTAINMENT</i> 9:30 WHO DO YOU KNOW? I/R/W LR 10:00 STRETCHING & REFRESHING I/R/W LR 10:30 BRAIN GAMES I/R/W LR 11:00 BALLOON VOLLEY I/R/W LR 1:30 TOM ENTERTAINMENT VEN LR 2:30 TOSS GAMES I/R/W LR 3:00 HAPPY HOUR CORN NUGGETS I/R/W DR 4:00 DICE GAMES I/R/W LR 6:00 SWEET MELODIES RS LR	11 <i>TRIP TO HOLTSVILLE ZOO</i> 9:30 CHIT CHAT T/F/I LR 10:00 CHEER FITNESS & HYDRATE T/F/I LR 10:30 FAMILY FEUD T/F/I LR 11:00 SIMON SAYS T/F/I LR 1:15 TRIP TO HOLTSVILLE ZOO A/T LR 1:15 MULTIPLE CHOICE F/I LR 2:00 BEAN BAG CHALLENGE F/I LR 2:30 A-Z ANIMALS AT THE ZOO F/I DR 3:00 HAPPY HOUR ROOTBEER FLOATS F/I LR 4:00 BINGO T/F/I LR 6:00 ON SCREEN ZOO RS	12 <i>NATIONAL PEANUT BUTTER COOKIE DAY</i> 9:30 SIT AND TALK I/R/DD LR 10:00 EXERCISE & REFRESH I/R/DD LR 10:30 A-Z ON THE FARM I/R/DD LR 11:00 WALK TO THE BISTRO I/R/DD B 1:15 ROLL OF THE DICE I/R/DD LR 2:00 BALL TOSS I/R/DD LR 2:30 JOEY NICHOLS ENTERTAINMENT AL VEN ELO 2:30 SPRING Pictionary I/R/DD LR 3:00 HAPPY HOUR PEANUT BUTTER COOKIES I/R/DD DR 4:00 DICE GAMES I/R/DD LR 6:00 MUSIC THAT MAKES YOU SMILE RS LR	13 9:30 DISCUSS SPRING W/DD/DS LR 10:00 SCARF DANCING & HYDRATION W/DD/DS LR 10:30 TRIVIA TEASERS W/DD/DS LR 11:00 BALLOON VOLLEY W/DD/DS LR 1:15 JUMBO GAMES W/DD/DS LR 2:00 MOVEMENT TO MUSIC W/DD/DS LR 2:30 KICKBALL W/DD/DS LR 3:00 HAPPY HOUR FRESH FRUIT W/DD/DS DR 4:00 BINGO W/DD/DS LR 6:00 FRIDAY FLICK RS LR	14 <i>NATIONAL DRAGON FLY DAY</i> 9:30 PICTURE BOOKS I/F/W LR 10:00 STRETCHING & REFRESHING I/F/W LR 10:30 FACE THE FACTS I/F/W LR 11:00 NAME 10 I/F/W LR 1:15 DRAGON FLY CRAFT I/F/W P 2:00 HOOP TOSS I/F/W P 2:30 Pictionary I/F/W P 3:00 HAPPY HOUR I/F/W P 4:00 DICE GAMES I/F/W LR 6:00 GOLDEN OLDIES RS LR
15 <i>FATHER'S DAY DONUTS WITH DAD</i> 9:30 TALK ABOUT FAVORITES K/F LR 9:30 COMMUNION WITH JAMES VEN EG 10:00 CATHOLIC MASS ON TV K/F LR 10:00 TABLE ACTIVITIES K/F LR 10:30 FITNESS FUN & HYDRATE K/F LR 11:00 NAME 10 K/F LR 1:15 MULTIPLE CHOICE K/F LR 2:00 DONUTS WITH DAD RS EGY 2:00 REMEMBERING DAD K/F LR 2:30 GUESSING GAME K/F DR 3:00 HAPPY HOUR SUNDAES K/F LR 4:00 BINGO K/F LR 6:00 MUSIC MONTAGE RS LR	16 <i>WALK TO THE PATIO</i> 9:30 GARDENING TALK I/DS/W LR 10:00 EXERCISE & REFRESH I/DS/W LR 10:30 MIX AND MATCH I/DS/W LR 11:00 REMINISCING I/DS/W LR 1:15 WALK TO THE PATIO I/DS/W P 2:00 SING A LONG I/DS/W P 2:30 BALLOON VOLLEY I/DS/W P 3:00 HAPPY HOUR I/DS/W P 4:00 DICE GAMES I/DS/W LR 6:00 MUSIC FOR THE SOUL RS LR	17 <i>PET THERAPY</i> 9:30 PLACES TO GO? I/R/W LR 10:00 SCARF DANCING & HYDRATION I/R/W LR 10:30 20 QUESTIONS I/R/W LR 11:00 PET THERAPY VEN LR 1:15 ROLL OF THE DICE I/R/W LR 2:00 TRIVIA CHALLENGE I/R/W LR 2:30 BALL GAMES I/R/W LR 3:00 HAPPY HOUR CHEESY CAULIFLOWER BREADSTICKS I/R/W DR 4:00 BINGO I/R/W LR 6:00 MUSICAL STYLINGS OF THE BEATLES RS LR	18 9:30 CELEBRITY GUESS F/I LR 10:00 STRETCHING & REFRESHING F/I LR 10:30 GARDEN CARE ON THE PATIO F/I P 11:00 BALLOON VOLLEY F/I P 1:15 COLOR WITH MUSIC F/I LR 2:00 TABLE GAMES F/I LR 2:30 BALL GAMES F/I LR 3:00 HAPPY HOUR ROOTBEER FLOATS F/I DR 4:00 DICE GAMES F/I LR 6:00 SWEET MELODIES RS LR	19 <i>BBQ LUNCH/JUNETEENTH</i> 9:30 TABLE TALK I/R/DD LR 10:00 CHEER FITNESS & HYDRATE I/R/DD LR 10:30 FAMILY FEUD I/R/DD LR 11:00 WALK TO THE PATIO I/R/DD P 12:00 BBQ LUNCH RS P 1:15 WORD PLAY I/R/DD P 2:00 BEAN BAG CHALLENGE I/R/DD LR 2:30 WHAT'S DIFFERENT I/R/DD LR 3:00 HAPPY HOUR OATBARS I/R/DD DR 4:00 BINGO I/R/DD LR 6:00 MUSIC MEDITATION RS LR	20 <i>SUMMER BEGINS/NATIONAL SEASHELL DAY</i> 9:30 SUMMER REMINISCENCE W/DD/DS LR 10:15 YOGA RAY W/DD/DS LR 11:00 SUMMER WORDS W/DD/DS LR 1:15 SEASHELL CRAFTS W/DD/DS B 2:00 A-Z AT THE BEACH W/DD/DS LR 2:30 BEACH BALL TOSS W/DD/DS LR 3:00 HAPPY HOUR STRAWBERRIES & CREAM W/DD/DS DR 4:00 DICE GAMES W/DD/DS LR 6:00 FEATURE FILM RS LR	21 <i>GARDEN CARE ON THE PATIO</i> 9:30 CURRENT EVENTS I/F/W LR 10:00 SCARF DANCING & HYDRATION I/F/W LR 10:30 GARDEN CARE ON THE PATIO I/F/W P 11:00 BALLOON VOLLEY I/F/W P 1:15 TRIVIA TEASERS I/F/W LR 2:00 JUMBO GAMES I/F/W LR 2:30 KICKBALL I/F/W LR 3:00 HAPPY HOUR I/F/W DR 4:00 BINGO I/F/W LR 6:00 SOOTHING MELODIES RS LR
22 9:30 PICTURE BOOKS K/F LR 9:30 COMMUNION WITH JAMES VEN EG 10:00 CATHOLIC MASS ON TV K/F LR 10:00 TABLE ACTIVITIES K/F LR 10:30 SUNDAY STRETCH & REFRESH K/F LR 11:00 BALLOON VOLLEY K/F LR 1:15 TRIVIA TEASERS K/F LR 2:00 1960'S MUSIC K/F LR 2:30 20 QUESTIONS K/F LR 3:00 HAPPY HOUR SUNDAES K/F DR 4:00 DICE GAMES K/F LR 6:00 ON SCREEN TAP DANCING RS LR	23 <i>PATIO GAMES</i> 9:30 SUMMER CHAT I/DS/W LR 10:00 FITNESS FUN & HYDRATE I/DS/W LR 10:30 NAME 10 I/DS/W LR 11:00 BALLOON VOLLEY I/DS/W LR 1:15 WALK TO THE PATIO I/DS/W P 2:00 PATIO GAMES I/DS/W P 2:30 GUESSING GAME I/DS/W P 3:00 HAPPY HOUR I/DS/W P 4:00 BINGO I/DS/W LR 6:00 MUSIC MONTAGE RS LR	24 <i>WALK TO THE PATIO</i> 9:30 CHIT CHAT I/R/W B 10:00 EXERCISE & REFRESH I/R/W LR 10:30 MIX AND MATCH I/R/W LR 11:00 BACK IN TIME I/R/W LR 1:15 WALK TO THE PATIO I/R/W P 2:00 SING A LONG I/R/W P 2:30 BALLOON VOLLEY I/R/W P 3:00 HAPPY HOUR PIZZA BITES I/R/W P 4:00 DICE GAMES I/R/W LR 6:00 MUSIC FOR THE SOUL RS LR	25 <i>PICNIC AT THE BEACH</i> 9:30 WHERE IN THE WORLD F/I LR 10:00 SCARF DANCING & HYDRATION F/I LR 10:30 20 QUESTIONS F/I LR 11:00 NOODLE TAP F/I LR 11:30 PICNIC AT THE BEACH A/RS LR 1:15 ROLL OF THE DICE F/I O 2:00 TRIVIA CHALLENGE F/I LR 2:30 BALL GAMES F/I LR 3:00 HAPPY HOUR ROOTBEER FLOATS F/I DR 4:00 BINGO F/I LR 6:00 MUSIC STYLINGS OF DEAN MARTIN RS LR	26 <i>GARDEN CARE ON THE PATIO</i> 9:30 REMEMBERING TV SHOWS I/R/DD LR 10:00 STRETCHING & REFRESHING I/R/DD LR 10:30 GARDEN CARE ON THE PATIO I/R/DD P 11:00 BALLOON VOLLEY I/R/DD P 1:15 WATER COLORS I/R/DD LR 2:00 BALL GAMES I/R/DD LR 2:30 THINK TANK I/R/DD LR 3:00 HAPPY HOUR SOFT PRETZELS I/R/DD DR 4:00 DICE GAMES I/R/DD LR 6:00 SWEET MELODIES RS LR	27 <i>NATIONAL SUNGLASSES DAY</i> 9:30 OUTDOOR SPORTS TALK W/DD/DS LR 10:00 CHEER FITNESS & HYDRATE W/DD/DS LR 10:30 HIDDEN OBJECTS W/DD/DS LR 11:00 BASKETBALL SHOOTOUT W/DD/DS LR 1:15 ROLL OF THE DICE W/DD/DS LR 2:00 SUNGLASS BLING CRAFT W/DD/DS LR 2:30 CLUE TRIVIA W/DD/DS LR 3:00 HAPPY HOUR FRUIT & YOGURT PARFAIT W/DD/DS DR 4:00 BINGO W/DD/DS LR 6:00 MOVIE TIME RS LR	28 <i>MAKING FROZEN BANANA POPS</i> 9:30 POETRY READING I/F/W LR 10:00 EXERCISE & REFRESH I/F/W LR 10:30 MAKING FROZEN BANANA POPS I/F/W LR 11:00 WALK TO THE BISTRO I/F/W B 1:15 Pictionary I/F/W LR 2:00 TOSS GAMES I/F/W LR 2:30 BRAIN GAMES I/F/W LR 3:00 HAPPY HOUR BANANA POPS I/F/W DR 4:00 BINGO/DICE GAMES I/F/W LR 6:00 MUSIC THAT MAKES YOU SMILE RS LR
29 <i>NATIONAL TAP DANCE DAY</i> 9:30 MORNING CHAT K/F LR 9:30 COMMUNION WITH JAMES VEN EG 10:00 CATHOLIC MASS ON TV K/F LR 10:00 TABLE ACTIVITIES K/F LR 10:30 NOODLE FITNESS & REFRESHMENTS K/F LR 11:00 WORD POWER K/F LR 1:15 TOSS GAMES K/F LR 2:00 SUNDAY SING A LONG K/F LR 2:30 BRAIN GAMES K/F LR 3:00 HAPPY HOUR SUNDAES K/F DR 4:00 BINGO K/F LR 6:00 MUSICAL STYLINGS OF ANDREA BOCCELLI RS	30 9:30 PICTURE BOOKS I/DS/W LR 10:00 STRETCH & REFRESH I/DS/W LR 10:30 CLUE TRIVIA I/DS/W LR 11:00 BALLOON VOLLEY I/DS/W LR 1:15 TRIVIA TEASERS I/DS/W LR 2:00 DANCE PARTY I/DS/W LR 2:30 NAME 10 I/DS/W LR 3:00 HAPPY HOUR I/DS/W DR 4:00 DICE GAMES I/DS/W LR 6:00 BROADWAY TUNES RS LR		FOR YOUR DINING PLEASURE Breakfast 8am-9pm Lunch 12pm-1pm Dinner 5pm-6pm All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Valerie will be happy to answer any questions you may have regarding this calendar.	STAFF KEY V=Valerie Director D= Denzel I=Indasia W=Wilfred DD=Danielle D K=Keara A=Anne R=Rahat T=Tatiana F=Frank DS=Danielle S VEN= Vender RS= Recreation Staff RL= Resident Lead LOCATION KEY O-Outing B-Bistro P-Patio LR- Living Room DR-Dining Room ELO- East Lobby PDR- Private Dining Room W- West Side EM-East Media Room ECY=East Court Yard EG=East Game Room		

ACTIVITY CALENDAR