

JUNE 2025

The Arbors At ISLANDIA EAST

Tel: 631-232-3131
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1 <i>R. C COMMUNION W/JAMES</i> 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L O 10:15 EXERCISE & HYDRATE D LO 11:00 TRIVIA D LO 1:15 AFTERNOON MOVIE D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL G 2:00 PENCIL PUZZLES D/L/A LO 3:00 HAPPY HOUR SUNDAES D/L/A B 4:00 BOGGLE D LO 6:15 AFTER DINNER BINGO A G 7:15 NIGHT FLICK A M	2 <i>ROSARY PRAYER SERVICE</i> 9:30 NEWS & VIEWS G LO 10:00 SIT, BE FIT & HYDRATE E LO 10:00 ROSARY PRAYER SERVICE VEN M 11:00 GROUP CROSSWORD G LO 1:15 MATINEE E M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL G 2:00 BILLIARD CLUB G LO 3:00 HAPPY HOUR G/E/D B 4:00 JEOPARDY G LO 6:15 BINGO ANYONE? D G 7:15 FEATURE FILM D M	3 <i>RESIDENT & FOOD COUNCIL MEETINGS TRIP PICNIC AT ISLANDIA PARK W/WEST</i> 9:30 WORLD NEWS D LO 10:00 TUESDAY TONING & REFRESHMENTS G LO 10:30 RESIDENT COUNCIL MEETING RL M 11:00 FOOD COUNCIL MEETING RL M 11:15 TRIP PICNIC AT ISLANDIA PARK W/WEST S/G O 1:15 MOVIE TIME D M 1:15 BINGO! D G 2:00 MAH JONG CLUB RL G 2:30 MARGUERITA ROSE & TONY T. ENTERTAINMENT VEN LO 3:00 HAPPY HOUR TERIYAKI MEATBALLS D/G/S B 4:00 TRIVIA TIME D LO 6:15 ALL ABOUT BINGO S G 7:15 EVENING MOTION PICTURE S M	4 <i>LUTHERAN SERVICE W/PASTOR ZACH</i> 9:30 DAILY NEWS D LO 10:00 CHAIR YOGA & HYDRATION E LO 10:30 LUTHERAN SERVICE W/PASTOR ZACH VEN G 10:30 WALKING CLUB/BOARD GAMES D/E LO 11:00 SCATERGORIES D LO 1:15 MID DAY SHOW D M 1:15 BINGO! A G 2:00 POKENO CLUB/CANASTA CLUB RL G 2:00 JUMBO GAMES D/E/A LO 3:00 HAPPY HOUR ROOTBEER FLOATS D/E/A B 4:00 GUESSING GAME D LO 6:15 BINGO! A G 7:15 TONIGHT'S FEATURE FILM A M	5 <i>COURTYARD BBQ LUNCH</i> 9:30 GOOD NEWS DAY D LO 10:00 FITNESS FUN & HYDRATE VEN LO 10:30 WALKING CLUB/WORD GAME S LO 11:00 MULTIPLE CHOICE D LO 12:00 COURTYARD BBQ LUNCH S/D/L CY 1:15 AFTERNOON MOVIE D M 1:15 BINGO! L G 2:00 POKENO CLUB/CANASTA CLUB RL G 2:00 COURTYARD BALLOON VOLLEY D/S CY 3:00 HAPPY HOUR DONUT HOLES D/S/L CY 4:00 BRAIN BENDERS D LO 6:15 BINGO TIME L G 7:15 EVENING FILM L M	6 9:30 HAPPENINGS M LO 10:00 STRETCHING & REFRESHING S LO 10:30 WALKING CLUB/TABLE TALK M LO 11:00 TRUE & FALSE S LO 1:15 MID DAY MOVIE M M 1:15 BINGO! L G 2:00 THREE THIRTEEN CLUB RL G 2:00 TOSS GAMES S/M/L LO 3:00 HAPPY HOUR CHEESE & CRACKERS S/M/L B 4:00 FAMILY FEUD M LO 6:15 BINGO ANYONE? L G 7:15 MOVIE IN THE ARBORS THEATER L M	7 9:30 NEWS FLASH S LO 10:00 SATURDAY WARM UP S LO 10:30 WALKING CLUB/DOMINOS S LO 11:00 TRIVIA TEASERS S LO 1:15 MOVIE IN THE CINEMA N M 1:15 BINGO! L G 2:00 SCRABBLE CLUB RL G 2:00 PENCIL PUZZLES S/N/L LO 3:00 HAPPY HOUR S/N/L B 4:00 NAME 10 N LO 6:15 WEEKEND BINGO L G 7:15 NIGHT AT THE MOVIES L M
8 <i>RECOVERY MEETING</i> 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L O 10:15 MORNING WARM UP & REFRESH D M 11:00 MULTIPLE CHOICE D LO 1:00 RECOVERY MEETING RL M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL G 2:00 WORD SEARCH D/A/L LO 3:00 HAPPY HOUR SUNDAES D/A/L B 4:00 TRIVIA CHALLENGE D LO 6:15 LATE DAY BINGO A G 7:15 EVENING MOVIE IN THE CINEMA A M	9 <i>YOGA IN ART WORKSHOP W/YOGA RAY</i> 9:30 CURRENT EVENTS G LO 10:00 ROSARY PRAYER SERVICE RL M 10:00 EXERCISE & HYDRATE E LO 10:30 WALKING CLUB/TABLE TALK G LO 11:00 TRIVIA E LO 1:15 BINGO! D G 2:00 YOGA IN ART WORKSHOP W/YOGA RAY VEN M 2:00 PENNY POKER CLUB RL G 2:00 PENCIL PICTURES RS LO 3:00 HAPPY HOUR G/E/D B 4:00 BOGGLE E LO 6:15 AFTER DINNER BINGO D G 7:15 NIGHT FLICK D M	10 <i>WEGMAN'S SHOPPING TRIP</i> 9:30 LIBRARY VISIT 9:30 NEWS & VIEWS G LO 10:00 SIT, BE FIT & HYDRATE D LO 10:30 WALKING CLUB/CELEBRITY GUESS G LO 11:00 GROUP CROSSWORD D LO 1:15 WEGMAN'S SHOPPING TRIP S/D O 1:15 MATINEE G M 1:15 BINGO! G G 2:00 MAH JONG CLUB RL G 2:00 BILLIARD CLUB G LO 3:00 HAPPY HOUR CORN NUGGETS G/RS B 4:00 JEOPARDY D LO 6:15 BINGO ANYONE? S G 7:15 FEATURE FILM S M	11 9:30 WORLD NEWS D LO 10:00 WEDNESDAY WORKOUT & HYDRATION E LO 10:30 WALKING CLUB/TABLE GAMES E/D LO 11:00 WHEEL OF FORTUNE D LO 1:15 MOVIE PRODUCED BY ONE OF OUR OWN ALFREDO D M 1:15 BINGO! E G 2:00 THREE THIRTEEN CLUB RL G 2:00 PENCIL PUZZLES D LO 3:00 HAPPY HOUR ROOTBEER FLOATS E/D B 4:00 TRIVIA TIME D LO 6:15 ALL ABOUT BINGO A G 7:15 EVENING MOTION PICTURE A M	12 <i>JOEY NICHOLS ENTERTAINMENT</i> 9:30 DAILY NEWS S LO 10:00 CHAIR YOGA & REFRESH D M 10:30 WALKING CLUB/BOARD GAMES S LO 11:00 SCATERGORIES D LO 1:15 BINGO! S G 2:00 POKENO CLUB/CANASTA CLUB RL G 2:30 JOEY NICHOLS ENTERTAINMENT VEN LO 3:00 HAPPY HOUR PEANUT BUTTER COOKIES S/D/L B 4:00 GUESSING GAME D LO 6:15 BINGO! L G 7:15 TONIGHT'S FEATURE FILM L M	13 <i>LUNCH TAKE IN BAGELS</i> 9:30 GOOD NEWS DAY S LO 10:00 FITNESS FUN & HYDRATE M LO 10:30 WALKING CLUB/WORD GAME S LO 11:00 TRIVIA TID BITS M LO 12:00 LUNCH TAKE IN BAGELS S/M/L B 1:15 FRIDAY AFTERNOON FLICK L M 1:15 BINGO! L G 2:00 THREE THIRTEEN CLUB RL G 2:00 ROSE PENCIL PICTURES S/M LO 3:00 HAPPY HOUR FRESH FRUIT S/M/L B 4:00 BRAIN BENDERS S LO 6:15 BIG BUCKS BINGO L G 7:15 FRIDAY NIGHT FLICK L M	14 <i>NATIONAL DRAGONFLY DAY</i> 9:30 HAPPENINGS S LO 10:00 STRETCHING & REFRESHING S LO 10:30 COURTYARD WALK S CY 11:00 FASCINATING FACTS S LO 1:15 MID DAY MOVIE N M 1:15 BINGO! L G 2:00 SCRABBLE CLUB RL G 2:00 DRAGONFLY CRAFT S/N/L LO 3:00 HAPPY HOUR S/N/L B 4:00 FAMILY FEUD N LO 6:15 BINGO ANYONE? L G 7:15 MOVIE IN THE ARBORS THEATER L M
15 <i>FATHER'S DAY</i> 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L O 10:15 FITNESS FUN & REFRESH D LO 11:00 GUESSING GAME D LO 1:15 MOVIE TIME D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL G 2:00 DONUTS WITH DAD IN THE COURTYARD D/A/L CY 3:00 HAPPY HOUR SUNDAES D/A/L B 4:00 GROUP CROSSWORD D LO 6:15 BINGO TIME A G 7:15 NIGHT TIME MOVIE A M	16 <i>ROSARY PRAYER SERVICE</i> 9:30 GOOD NEWS TODAY G LO 10:00 MORNING WARM UP & REFRESHMENTS E LO 10:00 ROSARY PRAYER SERVICE VEN M 10:30 WALKING CLUB/TRIVIA G LO 11:00 MULTIPLE CHOICE E LO 1:15 MATINEE E M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL G 2:00 BILLIARD CLUB G/E LO 3:00 HAPPY HOUR G/E/D B 4:00 TRIVIA CHALLENGE G LO 6:15 LATE DAY BINGO D G 7:15 EVENING MOVIE IN THE CINEMA D M	17 <i>LUNCH TRIP TO FIVE GUYS</i> 9:30 CURRENT EVENTS VEN B 10:00 EXERCISE & HYDRATE G LO 10:30 PET THERAPY VEN LO 10:30 WALKING CLUB/TABLE TALK G LO 11:00 WHO AM I? D LO 11:15 LUNCH TRIP TO FIVE GUYS S/G O 1:15 AFTERNOON MOVIE D M 1:15 BINGO! D G 2:00 MAH JONG CLUB RL G 2:00 WORD PUZZLES D LO 3:00 HAPPY HOUR CHEESY CAULIFLOWER BREADSTICKS D B 4:00 BOGGLE G LO 6:15 AFTER DINNER BINGO S G 7:15 NIGHT FLICK S M	18 9:30 NEWS & VIEWS D LO 10:00 SIT, BE FIT & HYDRATE E LO 10:30 WALKING CLUB/WHO AM I D LO 11:00 GROUP CROSSWORD D LO 1:15 MATINEE E M 1:15 BINGO! A G 2:00 THREE THIRTEEN CLUB RL G 2:00 BALLOON VOLLEYBALL D/E LO 3:00 HAPPY HOUR ROOTBEER FLOATS E/D/A B 4:00 JEOPARDY D LO 6:15 BINGO ANYONE? A G 7:15 FEATURE FILM A M	19 <i>GREGORY ENTERTAINMENT/BBQ IN THE COURTYARD</i> 9:30 JUNETEENTH FACTS D 10:00 SCARF DANCING & HYDRATION S 10:30 GREGORY ENTERTAINMENT VEN 12:00 BBQ IN THE COURTYARD S/D/L 1:15 MOVIE TIME L 1:15 BINGO! L 2:00 POKENO CLUB/CANASTA CLUB RL 2:00 JUNETEENTH PENCIL PUZZLES S/D/L 3:00 HAPPY HOUR OUTBARS S/D/L 4:00 TRIVIA TIME D 6:15 ALL ABOUT BINGO L 7:15 EVENING MOTION PICTURE L	20 <i>THE ARBORS ISLANDIA EAST PROM</i> 9:30 YOGA RAY VEN LO 10:15 WALKING CLUB & REFRESHMENTS M LO 11:00 SCATERGORIES S LO 1:15 PROM DECORATIONG S/M/L DR 2:00 THE ARBORS ISLANDIA EAST TO PROM VEN DR 4:30 WITH DJ MICHAEL 6:15 BIG BUCKS BINGO L G 7:15 TONIGHT'S FEATURE FILM L M	21 <i>SUMMER SEASHELL DAY</i> 9:30 GOOD NEWS DAY S LO 10:00 FITNESS FUN & HYDRATE S LO 10:30 WALKING CLUB/WORD GAME S LO 11:00 BOGGLE S LO 1:15 AFTERNOON MOVIE N M 1:15 BINGO! L G 2:00 SCRABBLE CLUB RL G 2:00 PAINT A SEASHELL S/N/L LO 3:00 HAPPY HOUR S/N/L B 4:00 BRAIN BENDERS N LO 6:15 BINGO TIME L G 7:15 EVENING FILM L M
22 <i>R.C. COMMUNION WITH JAMES</i> 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L O 10:15 SWAY TO THE MUSIC & HYDRATE D LO 11:00 JEOPARDY D LO 1:15 MOVIE IN THE CINEMA D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL G 2:00 WORD SEARCH D/A/L LO 3:00 HAPPY HOUR SUNDAES D/A/L B 4:00 WORD CHALLENGE D LO 6:15 WHO'S PLAYING BINGO A G 7:15 EVENING MOVIE IN THE CINEMA A M	23 9:30 THIS DAY IN HISTORY G LO 10:00 ROSARY PRAYER SERVICE RL M 10:00 FLEX, STRETCH & REFRESH E LO 10:30 WALKING CLUB/TABLE TALK G LO 11:00 GUESSING GAME E LO 1:15 MOVIE TIME G M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL G 2:00 TABLE TOP GAMES G/E LO 3:00 HAPPY HOUR G/E/D B 4:00 GROUP CROSSWORD D LO 6:15 BINGO TIME N G 7:15 NIGHT TIME MOVIE N M	24 <i>TRIP TO LI DUCKS BASEBALL GAME</i> 9:30 GOOD NEWS TODAY D LO 10:00 FITNESS FUN & HYDRATION D M 10:30 WALKING CLUB/TRIVIA D LO 11:00 MULTIPLE CHOICE D LO 1:15 AFTERNOON MOVIE S O 1:15 BINGO! D M 2:00 MAH JONG CLUB RL G 2:00 MAKE LI DUCKS CHEER SIGNS S/G G 3:00 HAPPY HOUR PIZZA BITES D/S/G B 4:00 TRIVIA CHALLENGE D B 5:30 TRIP TO LI DUCKS BASEBALL GAME S/G/V LO 6:15 EVENING MOVIE IN THE CINEMA RS M	25 <i>JUNE BIRTHDAY CELEBRATION W/FIZ</i> 9:30 CURRENT EVENTS D LO 10:00 EXERCISE & HYDRATE E LO 10:30 WALKING CLUB/TABLE TALK E LO 11:00 FAMOUS FOLKS TRIVIA D LO 1:15 BINGO! D G 2:00 THREE THIRTEEN CLUB RL G 2:30 JUNE BIRTHDAY CELEBRATION W/FIZ D/E LO 3:00 HAPPY HOUR BIRTHDAY CAKE D/E/A B 4:00 BOGGLE E LO 6:15 AFTER DINNER BINGO A G 7:15 NIGHT FLICK A M	26 <i>ACTIVITY PLANNING</i> 9:30 NEWS & VIEWS S 10:00 SIT, BE FIT & HYDRATE D 10:30 ACTIVITY PLANNING V 11:00 GROUP CROSSWORD D 1:15 MATINEE D 1:15 BINGO! S 2:00 POKENO CLUB/CANASTA CLUB L 2:00 BALLOON VOLLEYBALL S/D/L 3:00 HAPPY HOUR SOFT PRETZELS S/D/L 4:00 JEOPARDY D 6:15 BINGO! L 7:15 THURSDAY SHOWING L	27 <i>NATIONAL SUNGLASSES DAY</i> 9:30 WORLD NEWS M LO 10:15 EXERCISE & HYDRATION S LO 10:30 WALKING CLUB/TABLE GAMES M LO 11:00 WHEEL OF FORTUNE S LO 1:15 AFTERNOON MOVIE S M 1:15 BINGO! L G 2:00 THREE THIRTEEN CLUB RL G 2:00 SUNGLASS PENCIL PUZZLES S/M/L LO 3:00 HAPPY HOUR FRUIT & YOGURT PARFAIT S/M/L B 4:00 TRIVIA TIME M LO 6:15 BIG BUCKS BINGO L G 7:15 FRIDAY FILM L M	28 <i>SUMMER WORD GAMES</i> 9:30 DAILY NEWS S LO 10:00 SATURDAY WORKOUT & REFRESHMENTS S LO 10:30 WALKING CLUB/DOMINOES S LO 11:00 ARE YOU SMARTER THAN A 5TH GRADER S LO 1:15 MOVIE TIME S M 1:15 BINGO! L G 2:00 SCRABBLE CLUB RL G 2:00 SUMMER WORD GAMES S/N/L LO 3:00 HAPPY HOUR S/N/L B 4:00 WHAT MORE DO YOU KNOW? S LO 6:15 EVENING BINGO L G 7:15 NIGHT MOVIE AT THE CINEMA L M
29 <i>R.C. COMMUNION WITH JAMES</i> 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/L O 10:15 SUNDAY WORKOUT & REFRESH D LO 11:00 MULTIPLE CHOICE D LO 1:15 AFTERNOON MOVIE D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL G 2:00 DICE GAMES D/A/L LO 3:00 HAPPY HOUR SUNDAES D/A/L B 4:00 TRAVEL TRIVIA D LO 6:15 AFTER DINNER BINGO A G 7:15 MOVIE NIGHT A M	30 <i>SUMMER PUZZLES</i> 9:30 HAPPENINGS G LO 10:00 TOTAL FITNESS & HYDRATION E LO 10:00 ROSARY PRAYER SERVICE VEN M 10:30 WALKING CLUB/DOMINOES G LO 11:00 WORD CHALLENGE E LO 1:15 MATINEE E M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL G 2:00 SUMMER PUZZLES G/E LO 3:00 HAPPY HOUR G/E/D B 4:00 WORD SCRAMBLE D LO 6:15 LATE DAY BINGO N G 7:15 MOVIE TIME N M	STAFF KEY V=Valerie Director S= Sarah G= Gina E=Elissa A= Anne M=Michelle L=Linda D=Denzel N=Neha VEN= Vender RS= Recreation Staff RL= Resident Lead LOCATION KEY O- Outing B-Bistro CY- Courtyard LO- Lobby G- Game Room DR- Dining Room M- Media Room W- West Side PDR- Private Dining Room	FOR YOUR DINING PLEASURE BREAKFAST 7:45am-9:15am LUNCH 11:45am-1:15pm DINNER 4:45pm-6:15pm All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Valerie will be happy to answer any questions you may have regarding this calendar.	WEEKLY TRIPS TO SIGN UP FOR OUR WEEKLY TRIPS OR SPECIAL EVENTS PLEASE GO TO THE CALENDAR AREA BY THE FRONT DESK TO RESERVE YOUR SPOT! *All trips are if weather permits.		

ACTIVITY CALENDAR