



ACTIVITY CALENDAR

May 2025

The Arbors At ISLANDIA WEST TRANSITIONS

Tel: 631-582-3600
www.thearborsassistedliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	STAFF KEY S=STACEY A=ANGELICA AM=AMANDA AS=ASHA D=DIANE DA=DEANNA G=GRACE J=JACK SE=SAMANTHA I=INDEPENDENT RS=Recreation staff V=Volunteer AC=Activity Channel ***=Call 381 for Appt. LOCATION KEY AR=ACTIVITY ROOM LV=LIVING ROOM L=LOUNGE AREA BI=BISTRO M=MEDIA ROOM LI=LIBRARY UP=UPPER PARLOR RR=RESIDENT'S ROOM 3F=3RD FLOOR CM=COMMUNITY CY=COURTYARD DR=DINING ROOM ES=EAST SIDE S=SALON O=OUTING	FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board. Your Recreation Director Stacey Conroy will be happy to answer any questions you may have regarding this calendar.	DAILY PROGRAMS 9:30 CURRENT EVENTS 10:30 WALKING CLUB 1:15 MOVIE MATINEE 1:30 FRESH AIR CLUB 3:00 HAPPY HOUR 6:00 NIGHTLY BINGO 7:00 NIGHTLY MOVIE	1 GLEN FORD BIO 9:00 RHYTHM & BLUES G LV 9:30 CURRENT EVENTS G LV 10:00 MOTIVATIONAL WORKOUT DD LV 10:30 WALKING CLUB DD CM 11:00 NAME 10..15..20 G LV 11:00 ONE ON ONE VISITS DD RR 11:30 WHEEL OF FORTUNE G LV 1:30 GLENN FORD BIO DD LV 1:30 PAINTING FOR FUN G M 2:00 TRUE OR FALSE DD LV 3:00 HAPPY HOUR TOASTED RAVIOLI DD/G LV 4:00 BINGO DD/G LV 6:00 EVENING FLICK RS LV	2 NATIONAL TRUFFLE DAY 9:00 CLASSIC COUNTRY TUNES G LV 9:30 TODAY'S TOP STORIES G LV 10:00 LETS STAY IN SHAPE G LV 10:30 WALKING CLUB G CM 11:00 CROSSWORD AM LV 1:30 FRESH AIR CLUB AM CY 1:30 PUZZLES & BOARD GAMES G M 2:00 WHEEL OF FORTUNE AM LV 3:00 HAPPY HOUR CHEESE/CRACKERS AM/G LV 4:00 WHO AM I? AM LV 6:00 FRIDAY FILM RS LV	3 9:00 DOO WOP HITS A LV 9:30 THE WEEKEND REPORT A LV 10:00 SENIOR MOVEMENT A LV 10:30 WEEKEND STROLL AM CM 11:00 MUSICAL HANGMAN A LV 11:30 WORD IN A WORD AM LV 1:30 IMAGINATIVE PAINTING AM M 1:30 KEEP UP THE BALLOON A LV 2:00 MAY FACTS A LV 3:00 HAPPY HOUR CHEX MIX A/AM LV 4:00 ARMCHAIR TRIVIA /AM LV 6:00 WEEKEND MOVIE RS LV
4 AUDREY HEPBURN BIRTHDAY 9:00 SUNDAY TUNES AS LV 9:30 CURRENT EVENTS AS LV 10:00 WORK UP A SWEAT AS LV 10:30 COMMUNION WITH JAMES V LV 11:00 WEEKEND STROLL AS CM 11:00 DAILY CROSSWORD J LV 1:30 AUDREY HEPBURN BIO J LV 1:30 SPRING ARTS AND CRAFTS AS M 2:00 YOU BE THE JUDGE J LV 2:30 TOSS & TALK BALL J LV 3:00 HAPPY HOUR ICE CREAM J/AS LV 4:00 BINGO BLITZ! J LV 6:00 SUNDAY SHOWING RS LV	5 ABRAHAM VISIT & CINCO DE MAYO 9:00 MARIACHI MELODIES DA LV 9:30 NEWS FLASH DA LV 10:00 SHAKE YOUR MARACAS DA LV 10:30 CONGA AROUND THE COMMUNITY DA CM 11:00 MATCH GAME V LV 11:30 ABRAHAM VISIT D LV 1:30 CINCO DE MAYO FACTS SD LV 1:30 FRESH AIR CLUB SD/DA CY 2:00 NAME THE FAMOUS FACE SE/DA LV 3:00 HAPPY HOUR GUACAMOLE DIP SE/DA LV 4:00 TACO TRIVIA SE/DA LV 6:00 MONDAY MOVIE RS LV	6 9:00 DIVA MUSIC D LV 9:30 WHAT'S IN THE NEWS D LV 10:00 WAKE UP WORK OUT AO LV 10:30 WALKING CLUB D CY 11:00 NAME 10.15.20 AO LV 11:30 WORD IN A WORD AO LV 1:30 FRESH AIR CLUB D CY 1:30 MANICURES BY APPT AO LV 2:00 QUIPO QUIZ D LV 3:00 HAPPY HOUR DEVILED EGGS D/AO LV 4:00 BINGO TIME AO LV 6:00 MEET ME AT THE CINEMA RS LV	7 9:00 CROONERS & SWOONERS DD LV 9:30 NEWS AND VIEWS DD LV 10:00 CHAIR WARMUPS DD LV 10:30 WALKING CLUB I CM 11:00 HANGMAN I LV 11:30 WORD WATERFALL DD LV 1:30 BOARD GAMES AND PUZZLES I M 1:30 WHEEL OF FORTUNE DD LV 2:00 JEOPARDY DD LV 3:00 HAPPY HOUR ICE CREAM DD/I LV 4:00 NAME THE FAMOUS FACE DD LV 6:00 SILVER SCREEN CLASSICS RS LV	8 PICNIC AT LAKE RONKONKOMA 9:00 FEMALE VOCALISTS G LV 9:30 TOP NEWS STORIES G LV 10:00 PROMOTE FITNESS G LV 10:30 WALKING CLUB DD LV 11:00 A TO Z G LV 11:30 PICNIC AT LAKE RONKONKOMA RS O 11:30 WORD IN A WORD RS LV 1:30 SHORT STORIES RS LV 2:00 MATCH GAME G LV 3:00 HAPPY HOUR MEATBALLS G/DD LV 4:00 LETS PLAY BINGO! DD/G LV 6:00 MOVIE MANIA RS LV	9 ROSARY WITH LINDA 9:00 EASY LISTENING G LV 9:30 LOCAL NEWS G LV 9:45 ROSARY V M 10:00 FUNCTIONAL MOVES G LV 10:30 WALKING CLUB AM CM 11:00 MUSICAL HANGMAN AM LV 11:00 ONE ON ONE VISITS G RR 1:30 SCRABBLE CLUB G M 1:30 FAMILY FEUD AM LV 2:00 FINISH THE PHRASE AM LV 3:00 HAPPY HOUR PEANUT BUTTER/APPLES AM/G LV 4:00 JACKPOT BINGO AM/G LV 6:00 FRIDAY FEATURE RS LV	10 MARY PECK ENTERTAINMENT 9:00 LOVELY TUNES A LV 9:30 TODAY'S STORIES A LV 10:00 BODY CONDITIONING A LV 10:30 WEEKEND STROLL AM CM 11:00 DAILY CROSSWORD AM LV 11:00 ONE ON ONE VISITS A RR 1:30 MARY PECK ENTERTAINMENT ENT LV 2:30 ANIMAL VIDEOS AM LV 3:00 HAPPY HOUR PRETZELS A/AM LV 4:00 WHO AM I? A LV 6:00 SATURDAY SHOWING RS LV
11 MOTHERS DAY 9:00 MOTHERS DAY PLAYLIST AS LV 9:30 REFLECTIVE NEWS AS LV 10:00 PRESENT MOTHERS DAY FLOWERS AS/J LV 10:00 MOVE YOUR BODY LOVE YOUR MOM J LV 10:30 COMMUNION WITH JAMES V LV 11:00 MOM'S MORNING MARCH J CM 11:00 MOTHERS DAY TEA AS BI 1:30 BE CREATIVE AS M 1:30 FUN MOTHERS DAY FACTS J LV 2:00 NAME 10..15..20 J LV 3:00 HAPPY HOUR ICE CREAM J/AS LV 4:00 MOMS DAY BINGO J LV 6:00 IN THE CINEMA RS LV	12 9:00 BEAUTIFUL MELODIES DA LV 9:30 WHAT'S IN THE NEWS? DA LV 10:00 STRENGTH TRAINING DA LV 10:30 WALKING CLUB SD CM 11:00 WORD IN A WORD SD LV 11:30 WORDS THAT START WITH "M" DA LV 1:30 FRESH AIR CLUB DA CY 1:30 BOARD GAMES & PUZZLES SD M 2:00 URBAN MYTHS DA LV 3:00 HAPPY HOUR ONION DIP DA/SD LV 4:00 NAME THAT TUNE SD LV 6:00 MOVIES TO ENJOY RS LV	13 LIBRARY VISIT 9:00 SHOWTUNES D LV 9:30 NEWS & VIEWS D LV 10:00 STRETCH AND FLEX D LV 10:00 LIBRARY VISIT V BI 10:30 WALKING CLUB D CM 11:00 MATCH GAME AO LV 11:00 ONE ON ONE VISITS D RR 11:30 HANGMAN AO LV 1:30 MANICURES BY APPT AO LV 1:30 FINISH THE PHRASE D LV 2:00 FAMILY FEUD D LV 3:00 HAPPY HOUR POTATO SKINS D/AO LV 4:00 BINGO TIME D LV 6:00 EVENING MOVIE RS LV	14 HOLTSVILLE ECOLOGY CENTER 9:00 COUNTRY HITS DD LV 9:30 HOROSCOPES & HAPPENINGS DD LV 10:00 SIT & BE FIT DD LV 10:30 WALKING CLUB DD CM 11:00 DAILY CROSSWORD IS LV 12:45 BUS TRIP HOLTSVILLE ECOLOGY CENTER RS O 1:30 FRESH AIR CLUB DD/I CY 2:00 TRUE OR FALSE DD CY 3:00 HAPPY HOUR ICE CREAM DD/I LV 4:00 WHO AM I? I LV 6:00 MOVIE NIGHT RS LV	15 SPRING OPEN HOUSE 9:00 MORNING TUNES DD LV 9:30 POSITIVE NEWS STORIES G LV 10:00 WAKE UP, WORK OUT G LV 10:30 WALKING CLUB DD CM 11:00 WORD IN A WORD G LV 11:30 NAME 10..15..20 DD LV 1:30 GARDEN CLUB DD CY 2:00 FILL IN THE BLANK G LV 2:30 NAME 10..15..20 G LV 3:00 HAPPY HOUR BONELESS CHICK WINGS DD/G LV 4:00 BINGO FOR FUN G/DD LV 6:00 SUNSET MOVIE RS LV	16 NATIONAL PIZZA PARTY DAY 9:00 SING YOUR HEART OUT G LV 9:30 BREAKING NEWS G LV 10:00 STRETCHING IN THE AM G LV 10:30 WALKING CLUB AM CM 11:00 WORD IN A WORD G LV 11:30 ODD WORD OUT AM LV 1:30 CARD & BOARD GAMES AM M 1:30 WHEEL OF FORTUNE G LV 2:00 FILL IN THE LYRIC G LV 2:30 MATCH GAME G LV 3:00 HAPPY HOUR CHEESE DOODLES AM/G LV 4:00 NAME THE FAMOUS FACE G LV 6:00 TGIF FILM RS LV	17 PREAKNESS 150 9:00 SATURDAY SONGS A LV 9:30 WEEKEND UPDATE A LV 10:00 LETS EXERCISE A LV 10:30 WALKING CLUB AM CM 11:00 COFFEE AND CROSSWORDS A LV 11:00 ONE ON ONE'S AM RR 1:30 URBAN MYTHS A LV 1:30 CREATIVE HOUR AM M 2:00 WOULD YOU RATHER? A LV 3:00 HAPPY HOUR A/AM LV 4:00 BINGO A LV 6:00 MOTION PICTURE RS LV
18 COMMUNION WITH JAMES 9:00 EASY LISTENING AS LV 9:30 LOCAL NEWS AS LV 10:00 MOVEMENT FOR STABILITY J LV 10:30 COMMUNION WITH JAMES V LV 11:00 SUNDAY STROLL AS CM 11:00 WORD IN A WORD J LV 11:30 A TO Z J LV 1:30 KEEP UP THE BALLOON J LV 1:30 BOARD GAMES & PUZZLES AS M 2:00 MATCH GAME J LV 2:30 NAME 10..15..20 J LV 3:00 HAPPY HOUR ICE CREAM AS/J LV 4:00 LETS PLAY BINGO! AS LV 6:00 WEEKEND MOVIE RS LV	19 9:00 SUNRISE SONGS DA LV 9:30 CURRENT EVENTS DA LV 10:00 LETS EXERCISE DA LV 10:30 WALKING CLUB SD CM 11:00 WORD WATERFALL DA LV 11:30 ODD WORD OUT SD LV 1:30 SCRABBLE CLUB SD M 1:30 FRESH AIR CLUB DA CY 2:00 URBAN MYTHS SE CY 3:00 HAPPY HOUR SD/DA LV 4:00 WHO AM I? I LV 6:00 AT THE MOVIES RS LV	20 CHER'S BIRTHDAY 9:00 SOULFUL BLUES D LV 9:30 WHAT'S IN THE NEWS D LV 10:00 SENIOR FITNESS D LV 10:30 WALKING CLUB AO CM 11:00 DAILY CROSSWORD AO LV 11:00 ONE ON ONE VISITS D RR 1:30 MANICURES BY APPT AO LV 1:30 CHER FACTS & TRIVIA D LV 2:30 FAMILY FEUD D LV 3:00 HAPPY HOUR MINI HOT DOGS D/AO LV 4:00 BINGO TIME D LV 6:00 CLASSIC CINEMA RS LV	21 GAMES IN THE COURTYARD 9:00 FOLK SONGS DD LV 9:30 DAILY DOSE DD LV 10:00 STRETCHING TO FLEXING DD LV 10:30 WALKING CLUB DD CM 11:00 UNSCRAMBLE THE LETTERS IS LV 11:30 HANGMAN IS LV 1:30 COURTYARD GAMES WITH EAST DD/IS CY 2:00 QUIPO QUIZ DD CY 3:00 HAPPY HOUR ICE CREAM IS/DD LV 4:00 30 MINUTE MYSTERY IS LV 6:00 FEATURE FILM RS LV	22 MEMORIAL DAY BBQ 9:00 DOO WOP HITS DD LV 9:30 NEWS & VIEWS DD LV 10:00 HUSTLE FOR THE MUSCLE G LV 10:30 WALKING CLUB G CM 11:00 WORD IN A WORD G LV 11:30 MEMORIAL DAY BBQ DD/G CY 1:30 FRESH AIR CLUB DD/G CY 2:00 SING A LONG DD/G CY 3:00 HAPPY HOUR RICE BALLS DD/G LV 4:00 BINGO G LV 6:00 CLASSIC MOTION PICTURE RS LV	23 ROSARY 9:00 EASY LISTENING G LV 9:30 FRIDAY FACTS G LV 10:00 PHYSICAL FITNESS G LV 10:30 WALKING CLUB AM CM 11:00 MUSICAL HANGMAN G LV 11:00 ONE ON ONE VISITS AM RR 1:30 SCRABBLE CLUB G M 1:30 WHAT YEAR WAS THAT? AM LV 2:00 MATCH GAME AM LV 3:00 HAPPY HOUR TUNA SALAD/CRACKERS AM/G LV 4:00 WHEEL OF FORTUNE G LV 6:00 FRIDAY FLICK RS LV	24 NATIONAL ASPARAGUS DAY 9:00 COUNTRY MUSIC A LV 9:30 WEEKEND UPDATE A LV 10:00 SIT & BE FIT A LV 10:30 SATURDAY STROLL AM CM 11:00 ONE ON ONE VISITS A BI 11:00 WORD IN A WORD "ASPARAGUS" AM LV 11:30 WORD WATERFALL AM LV 1:30 NATURE FACTS A LV 1:30 CREATIVE HOUR AM B 2:00 FINISH THE LYRIC A LV 3:00 HAPPY HOUR POPCORN A/AM B 4:00 LETS PLAY BINGO! A/AM B 6:00 WEEKEND FILM RS B
25 LUNCH TRIP PIZZA PLACE 9:00 BIG BAND ERA AS LV 9:30 LOCAL NEWS STORIES AS LV 10:00 WORK IT OUT AS LV 10:30 COMMUNION WITH JAMES V LV 11:00 WEEKEND STROLL J CM 11:00 FAMILY FEUD AS LV 11:30 LUNCH TRIP PIZZA PLACE RS O 1:30 JEOPARDY AS LV 1:30 BOARD GAMES & PUZZLES J M 2:00 MATCH GAME AS LV 2:30 HANGMAN AS LV 3:00 HAPPY HOUR ICE CREAM AS/J LV 4:00 B.I.N.G.O. J LV 6:00 EVENING FILM RS LV	26 MEMORIAL DAY 9:00 PATRIOTIC TUNES DA LV 9:30 NEWS & VIEWS DA LV 10:00 WAVE THOSE ARMS! SD LV 10:30 MEMORIAL MARCH DA CM 11:00 MEMORIAL DAY FACTS DA LV 11:30 HONORING OUR VETERANS SD LV 1:30 COLOR A FLAG! SD M 1:30 MEMORIAL DAY PARADE ON TV DA LV 2:00 WORD IN A WORD "MEMORIAL DAY" DA LV 3:00 HAPPY HOUR DA/SD LV 4:00 MEMORIAL DAY BINGO! DA/SD LV 6:00 MOVIES, MOVIES, MOVIES RS LV	27 JOHNNY WHIMPLE ENTERTAINMENT 9:00 MUSIC FROM THE 1940'S D LV 9:30 WHATS IN THE NEWS D LV 10:00 CHAIR EXERCISES D LV 10:30 WALKING CLUB AO CM 11:00 DAILY CROSSWORD AO LV 11:00 ONE ON ONE VISITS D RR 1:30 MANICURES BY APPT AO LV 1:30 JOHNNY WHIMPLE ENTERTAINMENT ENT LV 3:00 HAPPY HOUR MINI TACOS D/AO LV 4:00 NAME THE FAMOUS FACE D LV 6:00 MOTION PICTURE RS LV	28 9:00 MORNING MUSIC DD LV 9:30 DAILY NEWS DD LV 10:00 WEDNESDAY WORKOUT DD LV 10:30 WALKING CLUB DD CM 11:00 MATCH GAME IS LV 11:30 WORD WATERFALL IS LV 1:30 BOARD GAMES AND PUZZLES IS M 1:30 FACT OR FICTION DD LV 2:00 FAMILY FEUD DD LV 3:00 HAPPY HOUR ICE CREAM DD/IS LV 4:00 30 MINUTE MYSTERY DD LV 6:00 CINEMA CLASSIC RS LV	29 9:00 RHYTHM & BLUES G LV 9:30 HAPPENINGS & HOROSCOPES G LV 10:00 STRETCHING IN THE AM G LV 10:30 WALKING CLUB DD CM 11:00 WORD IN A WORD G LV 11:00 ONE ON ONE VISITS DD RR 11:30 MUSICAL HANGMAN G LV 1:30 PAINTING FOR FUN DD M 1:30 TOSS & TALK BALL G LV 2:00 NAME 10..15..20 G LV 3:00 HAPPY HOUR SOFT PRETZELS G/DD LV 4:00 BINGO G LV 6:00 MOVIES WE LOVE RS LV	30 SHABBAT DINNER/SERVICE 9:00 SONGS FROM THE 60'S G LV 9:30 NEWSDAY G LV 10:00 FRIDAY WORKOUT G LV 10:30 WALKING CLUB AM CM 11:00 COLORING FOR ADULTS AM M 11:00 WORD IN A WORD G LV 11:30 MATCH GAME G LV 1:30 TRUE OR FALSE G LV 1:30 BOARD GAMES & PUZZLES AM M 2:00 WHO AM I? G LV 3:00 HAPPY HOUR FRUIT COCKTAIL G/AM LV 4:00 TGIF BINGO G/AM LV 4:30 SHABBAT DINNER/SERVICE V DR 6:00 FRIDAY FEATURE RS LV	31 NATIONAL SMILE DAY 9:00 MUSIC TO ENJOY A LV 9:30 TOP STORIES A LV 10:00 GET INTO SHAPE A LV 10:30 WALKING CLUB AM CM 11:00 DAILY CROSSWORD A LV 11:00 ONE TO ONE VISITS AM RR 1:30 FRESH AIR CLUB A/AM CY 2:00 FACT OR FICTION AM LV 2:00 CARD GAMES A M 3:00 HAPPY HOUR FRUIT COCKTAIL A/AM LV 4:00 YELL BINGO! AM LV 6:00 COMEDY CLASSIC RS LV