



ACTIVITY CALENDAR

May 2025

The Arbors At ISLANDIA EAST

Tel: 631-232-3131
www.thearborsassistedliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	STAFF KEY V=Valerie Director S= Sarah G= Gina E=Elissa A= Anne M=Michelle W=Wilfred L=Linda D=Denzel N=Neha IR=Indasia VEN= Vender RS= Recreation Staff RL= Resident Lead LOCATION KEY O - Outing B - Bistro CY - Courtyard LO - Lobby G - Game Room AC - Activity Channel IR - In Room F1 - First Floor F2 - Second Floor F3 - Third Floor DR - Dining Room M - Media Room W - West Side IR - In Room	FOR YOUR DINING PLEASURE BREAKFAST 7:45am-9:15am LUNCH 11:45am-1:15pm DINNER 4:45pm-6:15pm All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Valerie will be happy to answer any questions you may have regarding this calendar.	WEEKLY TRIPS TO SIGN UP FOR OUR WEEKLY TRIPS OR SPECIAL EVENTS PLEASE GO TO THE CALENDAR AREA BY THE FRONT DESK TO RESERVE YOUR SPOT! *All trips are if weather permits.	1 CRYSTALS & ACCESSORIES VENDOR 9:30 GOOD NEWS DAY D LO 10:00 CRYSTALS & ACCESSORIES VENDOR VEN LO 10:00 FITNESS FUN & HYDRATE S M 10:30 WALKING CLUB/WORD GAME D LO 11:00 MULTIPLE CHOICE S LO 1:15 AFTERNOON MOVIE D O 1:15 BINGO! L M 2:00 POKENO RL G 2:00 BALLOON VOLLEY D/S G 3:00 HAPPY HOUR TOASTED RAVIOLI D/S/L LO 4:00 BRAIN BENDERS D B 6:15 BINGO TIME L LO 7:15 EVENING FILM L G 2 TRIP TO DOLLAR TREE 9:30 HAPPENINGS M LO 10:00 STRETCHING & REFRESHING S M 10:30 WALKING CLUB/TABLE TALK M LO 11:00 TRUE & FALSE M LO 1:15 TRIP TO DOLLAR TREE S/M O 1:15 MID DAY MOVIE L M 1:15 BINGO! L G 2:00 THREE THIRTEEN CLUB RL G 2:00 MAY FLOWERS PENCIL PUZZLES L LO 3:00 HAPPY HOUR CHEESE & CRACKERS L/RS B 4:00 FAMILY FEUD M LO 6:15 BINGO ANYONE? L G 7:15 MOVIE IN THE ARBORS THEATER L M 3 GARDEN MEDITATION DAY 9:30 NEWS FLASH S LO 10:00 SATURDAY WARM UP M M 10:30 WALKING CLUB/GARDEN MEDITATION SCENES S/M LO 11:00 TRIVIA TEASERS S LO 1:15 MOVIE IN THE CINEMA M M 1:15 BINGO! L G 2:00 CANASTA CLUB RL G 2:00 MARIACHI EGG SHAKER CRAFT S/M/L LO 3:00 HAPPY HOUR CHEX MIX S/M/L B 4:00 NAME 10 M LO 6:15 WEEKEND BINGO L G 7:15 NIGHT AT THE MOVIES L M	4 R.C. COMMUNION WITH JAMES 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/D/RS O 10:15 MORNING WARM UP & REFRESH L M 11:00 MULTIPLE CHOICE L LO 1:15 MATINEE D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL G 2:00 WORD SEARCH D/A/L LO 3:00 HAPPY HOUR SUNDAES D/A/L B 4:00 TRIVIA CHALLENGE D LO 6:15 LATE DAY BINGO A G 7:15 EVENING MOVIE IN THE CINEMA A M 5 CINCO DE MAYO/DEBRA TOSCANO ENTERTAINMENT 9:30 CURRENT EVENTS G LO 10:00 ROSARY PRAYER SERVICE VEN M 10:00 EXERCISE & HYDRATE E LO 10:30 WALKING CLUB/TABLE TALK G LO 11:00 TRIVIA E LO 1:15 AFTERNOON MOVIE G M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL G 2:30 DEBRA TOSCANO ENTERTAINMENT VEN LO 3:00 HAPPY HOUR GUACAMOLE W/TORTILLA CHIPS G/E/D B 4:00 BOGGLE D LO 6:15 AFTER DINNER BINGO N G 7:15 NIGHT FLICK N M 6 RESIDENT & FOOD COUNCIL MEETINGS 9:30 NEWS & VIEWS D LO 10:00 TUESDAY TONING & REFRESHMENTS G M 10:30 RESIDENT COUNCIL MEETING RL M 11:00 FOOD COUNCIL MEETING RL M 1:15 MATINEE G M 1:15 BINGO! S G 2:00 MAH JONG CLUB RL G 2:00 BILLIARD CLUB G/D G 3:00 HAPPY HOUR DEVEILED EGGS G/D/S B 4:00 JEOPARDY D LO 6:15 BINGO ANYONE? S G 7:15 FEATURE FILM S M 7 LUTHERAN SERVICE W/PASTOR ZACH 9:30 WORLD NEWS D LO 10:00 LUTHERAN SERVICE W/PASTOR ZACH VEN G 10:00 WEDNESDAY WORKOUT & HYDRATION E M 10:30 WALKING CLUB/TABLE GAMES D LO 11:00 WHEEL OF FORTUNE E LO 1:15 MOVIE TIME E M 1:15 BINGO! D G 2:00 THREE THIRTEEN CLUB RL G 2:00 PENCIL PUZZLES E/A LO 3:00 HAPPY HOUR ROOTBEER FLOATS D/E/A B 4:00 TRIVIA TIME D LO 6:15 ALL ABOUT BINGO A G 7:15 EVENING MOTION PICTURE A M 8 HIBACCHI LUNCH TRIP 9:30 DAILY NEWS S LO 10:00 CHAIR YOGA & REFRESH D M 10:30 WALKING CLUB/BOARD GAMES S LO 11:00 SCATERGORIES D LO 11:00 HIBACCHI LUNCH TRIP S/D O 1:15 MID DAY SHOW L M 1:15 BINGO! L G 2:00 POKENO RL G 2:00 JUMBO GAMES L LO 3:00 HAPPY HOUR MEATBALLS L/RS B 4:00 GUESSING GAME D LO 6:15 BINGO! L G 7:15 TONIGHT'S FEATURE FILM L M 9 TAKE IN CHINESE 9:30 SHERYL-ANOTHER OPTION VENDOR VEN LO 9:30 GOOD NEWS DAY S LO 10:00 FITNESS FUN & HYDRATE M M 10:30 WALKING CLUB/WORD GAME S LO 11:00 TRIVIA TID BITS M LO 12:00 TAKE IN CHINESE S/M/L B 1:15 FRIDAY AFTERNOON FLICK L M 1:15 BINGO! L G 2:00 THREE THIRTEEN CLUB RL G 2:00 PENCIL PICTURES S/M LO 3:00 HAPPY HOUR PEANUT BUTTER & APPLES S/M/L B 4:00 BRAIN BENDERS S LO 6:15 BIG BUCKS BINGO L G 7:15 FRIDAY NIGHT FLICK L M 10 COURTYARD WALK 9:30 HAPPENINGS M LO 10:00 STRETCHING & REFRESHING S M 10:30 COURTYARD WALK M CY 11:00 FASCINATING FACTS S LO 1:15 MID DAY MOVIE M M 1:15 BINGO! L G 2:00 CANASTA CLUB RL G 2:00 BOARD GAMES S/M/L LO 3:00 HAPPY HOUR PRETZELS S/M/L B 4:00 FAMILY FEUD M LO 6:15 BINGO ANYONE? L G 7:15 MOVIE IN THE ARBORS THEATER L M	11 MOTHER'S DAY 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/D/RS O 10:15 FITNESS FUN & REFRESH L M 11:00 GUESSING GAME L LO 1:15 MOVIE TIME D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL G 2:00 TEA & BISCUITS WITH MOM/PHOTO SHOOT D/A/L LO 3:00 HAPPY HOUR SUNDAES D/A/L B 4:00 GROUP CROSSWORD D LO 6:15 BINGO TIME A G 7:15 NIGHT TIME MOVIE A M 12 ROSARY PRAYER SERVICE 9:30 GOOD NEWS TODAY G LO 10:00 MORNING WARM UP & REFRESHMENTS E LO 10:00 ROSARY PRAYER SERVICE RL M 10:30 WALKING CLUB/TRIVIA G LO 11:00 MULTIPLE CHOICE E LO 1:15 MATINEE E M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL G 2:00 BILLIARD CLUB G/E LO 3:00 HAPPY HOUR ONION DIP W/ POTATO CHIPS G/E/D B 4:00 TRIVIA CHALLENGE D LO 6:15 LATE DAY BINGO N G 7:15 EVENING MOVIE IN THE CINEMA N M 13 FROG JUMPING DAY/LIBRARY VISIT 9:30 LIBRARY VISIT VEN B 9:30 CURRENT EVENTS G LO 10:00 EXERCISE & HYDRATE D M 10:30 WALKING CLUB/TABLE TALK G LO 11:00 WHO AM I? D LO 1:15 AFTERNOON MOVIE D M 1:15 BINGO! S G 2:00 MAH JONG CLUB RL G 2:00 FROG WORD PUZZLES D/G LO 3:00 HAPPY HOUR POTATO SKINS G/D/S B 4:00 BOGGLE D LO 6:15 AFTER DINNER BINGO S G 7:15 NIGHT FLICK S M 14 TRIP TO JAKE'S 58 9:30 NEWS & VIEWS D LO 10:00 SIT, BE FIT & HYDRATE E M 10:30 WALKING CLUB/WHO AM I D LO 11:00 GROUP CROSSWORD D LO 1:15 TRIP TO JAKE'S 58 A/D O 1:15 MATINEE E M 1:15 BINGO! E G 2:00 THREE THIRTEEN CLUB RL G 2:00 BALLOON VOLLEYBALL E LO 3:00 HAPPY HOUR ROOTBEER FLOATS E/RS B 4:00 JEOPARDY E LO 6:15 BINGO ANYONE? A G 7:15 FEATURE FILM A M 15 SPRING OPEN HOUSE 9:30 WORLD NEWS D LO 10:00 SCARF DANCING & HYDRATION S LO 10:30 SPRING WALK TO THE COURTYARD D CY 11:00 SPRING HANGMAN S LO 1:15 MOVIE TIME D M 1:15 BINGO! L G 2:00 POKENO RL G 2:30 ANDREW ENTERTAINMENT VEN LO 3:00 HAPPY HOUR BONELESS CHICKEN WINGS S/D/L B 4:00 TRIVIA TIME D LO 6:15 ALL ABOUT BINGO L G 7:15 EVENING MOTION PICTURE L M 16 YOGA RAY/NATIONAL PIZZA DAY 9:30 YOGA RAY M LO 10:15 WALKING CLUB & REFRESHMENTS S/M LO 11:00 SCATERGORIES M LO 12:00 TAKE IN PIZZA S/M/L B 1:15 MID DAY SHOW L M 1:15 BINGO! L G 2:00 THREE THIRTEEN CLUB RL G 2:00 WORD CHALLENGE S/M/L LO 3:00 HAPPY HOUR BANANA BREAD S/M/L B 3:45 ALBERT VIOLINIST S LO 6:15 BIG BUCKS BINGO L G 7:15 TONIGHT'S FEATURE FILM L M 17 9:30 GOOD NEWS DAY S LO 10:00 FITNESS FUN & HYDRATE M M 10:30 WALKING CLUB/WORD GAME S LO 11:00 BOGGLE M LO 1:15 AFTERNOON MOVIE S M 1:15 BINGO! L G 2:00 CANASTA CLUB RL G 2:00 PENCIL PICTURES S/M/L LO 3:00 HAPPY HOUR CHEESE DOODLES S/M/L B 4:00 BRAIN BENDERS S LO 6:15 BINGO TIME L G 7:15 EVENING FILM L M	18 R.C. COMMUNION WITH JAMES 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/D/RS O 10:15 SWAY TO THE MUSIC & HYDRATE L M 11:00 JEOPARDY L LO 1:15 MOVIE IN THE CINEMA D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL G 2:00 WORD SEARCH D/A/L LO 3:00 HAPPY HOUR SUNDAES D/A/L B 4:00 WORD CHALLENGE D LO 6:15 WHO'S PLAYING BINGO A G 7:15 EVENING MOVIE IN THE CINEMA A M 19 9:30 THIS DAY IN HISTORY G LO 10:00 ROSARY PRAYER SERVICE VEN M 10:00 FLEX, STRETCH & REFRESH E LO 10:30 WALKING CLUB/TABLE TALK G LO 11:00 GUESSING GAME E LO 1:15 MOVIE TIME G M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL G 2:00 TABLE TOP GAMES G/E LO 3:00 HAPPY HOUR CHOCOLATE CAKE & GRAHAM CRACKERS G/E/D B 4:00 GROUP CROSSWORD D LO 6:15 BINGO TIME N G 7:15 NIGHT TIME MOVIE N M 20 TRIP TO WALMART 9:30 GOOD NEWS TODAY D LO 10:00 FITNESS FUN & HYDRATION G M 10:30 WALKING CLUB/TRIVIA D LO 11:00 MULTIPLE CHOICE G LO 1:15 TRIP TO WALMART S/G O 1:15 AFTERNOON MOVIE D M 1:15 BINGO! D G 2:00 MAH JONG CLUB RL G 2:00 BILLIARD CLUB D LO 3:00 HAPPY HOUR MINI HOT DOGS D/RS B 4:00 TRIVIA CHALLENGE D LO 6:15 LATE DAY BINGO S G 7:15 EVENING MOVIE IN THE CINEMA S M 21 5 ARBORS COURTYARD GAMES 9:30 CURRENT EVENTS D LO 10:00 EXERCISE & HYDRATE E M 10:30 WALKING CLUB/TABLE TALK D LO 11:00 FAMOUS FOLKS TRIVIA D LO 1:30 5 ARBORS COURTYARD GAMES D/E/A CY 2:00 THREE THIRTEEN CLUB RL G 3:00 HAPPY HOUR ICE CREAM D/E/A CY 4:00 BOGGLE D LO 6:15 AFTER DINNER BINGO A G 7:15 NIGHT FLICK A M 22 ACTIVITY PLANNING/BBQ 9:30 NEWS & VIEWS S LO 10:00 SIT, BE FIT & HYDRATE D M 10:30 ACTIVITY PLANNING V M 11:00 GROUP CROSSWORD D LO 12:00 COURTYARD BBQ RS CY 1:15 MATINEE L M 1:15 BINGO! L G 2:00 POKENO RL G 2:00 BALLOON VOLLEY D/L LO 3:00 HAPPY HOUR RICE BALLS D/L/S B 4:00 JEOPARDY D LO 6:15 BINGO! L G 7:15 THURSDAY SHOWING L M 23 MAY BIRTHDAY CELEBRATION 9:30 WORLD NEWS S LO 10:15 EXERCISE & HYDRATION M M 10:30 WALKING CLUB/TABLE GAMES S/M LO 11:00 WHEEL OF FORTUNE S LO 1:15 AFTERNOON MOVIE M M 1:15 BINGO! L G 2:00 THREE THIRTEEN CLUB RL G 2:30 MAY BIRTHDAY CELEBRATION W/ENTERTAINMENT S/M/L LO 3:00 HAPPY HOUR BIRTHDAY CAKE S/M/L B 4:00 TRIVIA TIME M LO 6:15 BIG BUCKS BINGO L G 7:15 FRIDAY FILM L M 24 FAMILY BINGO 9:30 DAILY NEWS M LO 10:00 SATURDAY WORKOUT & REFRESHMENTS S M 10:30 WALKING CLUB/DOMINOES M LO 11:00 ARE YOU SMARTER THAN A 5TH GRADER S LO 1:15 MOVIE TIME M M 1:15 FAMILY BINGO S/M/L LO 2:00 CANASTA CLUB RL G 2:00 WORD GAMES S/M/L LO 3:00 HAPPY HOUR POPCORN & SODA S/M/L B 4:00 WHAT MORE DO YOU KNOW? M LO 6:15 EVENING BINGO L G 7:15 NIGHT MOVIE AT THE CINEMA L M	25 R.C. COMMUNION WITH JAMES 9:30 R.C. COMMUNION WITH JAMES VEN G 9:30 TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH A/D/RS O 10:15 SUNDAY WORKOUT & REFRESH L M 11:00 MULTIPLE CHOICE L LO 1:15 AFTERNOON MOVIE D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER CLUB RL G 2:00 DICE GAMES D/A/L LO 3:00 HAPPY HOUR SUNDAES D/A/L B 4:00 TRAVEL TRIVIA D LO 6:15 AFTER DINNER BINGO A G 7:15 MOVIE NIGHT A M 26 MEMORIAL DAY 9:30 MEMORIAL DAY REMEMBRANCE G LO 10:00 TOTAL FITNESS & HYDRATION E LO 10:00 ROSARY PRAYER SERVICE RL M 10:30 WALKING CLUB/DOMINOES G LO 11:00 WORD CHALLENGE E LO 1:15 MATINEE E M 1:15 BINGO! D G 2:00 PENNY POKER CLUB RL G 2:00 MEMORIAL DAY PUZZLES G/E LO 3:00 HAPPY HOUR PIZZA DIP W/BREADSTICKS G/E/D B 4:00 WORD SCRAMBLE D LO 6:15 LATE DAY BINGO N G 7:15 MOVIE TIME N M 27 PET THERAPY 9:30 HAPPENINGS G LO 10:00 FLEX, STRETCH & REFRESH D M 10:30 PET THERAPY VEN LO 10:30 WALKING CLUB/TABLE TALK G LO 11:00 GUESSING GAME D LO 1:15 MOVIE TIME G M 1:15 BINGO! S G 2:00 MAH JONG CLUB RL G 2:00 TOSS GAMES G/D LO 3:00 HAPPY HOUR MINI TACOS G/D/S B 4:00 GROUP CROSSWORD D LO 6:15 BINGO TIME S G 7:15 EVENING MOVIE S M 28 THE ODD COUPLE LECTURE W/LARRY 9:30 NEWS AROUND TOWN D LO 10:00 FITNESS FUN & HYDRATION E M 10:30 THE ODD COUPLE LECTURE W/LARRY VEN M 1:15 AFTERNOON MOVIE D M 1:15 BINGO! E G 2:00 THREE THIRTEEN CLUB RL G 2:00 PENCIL PUZZLES D/E LO 3:00 HAPPY HOUR ROOTBEER FLOATS D/E/A B 4:00 TRIVIA CHALLENGE D LO 6:15 BINGO HOUR A G 7:15 EVENING MOVIE IN THE CINEMA A M 29 PICNIC AT THE BEACH 9:30 CURRENT EVENTS D LO 10:00 EXERCISE & HYDRATE S M 10:30 PICNIC AT THE BEACH S/D O 10:30 WALKING CLUB/TABLE TALK V LO 11:00 CELEBRITY GUESS V LO 1:15 MOVIE L M 1:15 BINGO! L G 2:00 POKENO RL G 2:00 JUMBO GAMES L LO 3:00 HAPPY HOUR SOFT PRETZELS L/RS B 4:00 BOGGLE D LO 6:15 AFTER DINNER BINGO L G 7:15 NIGHT FLICK L M 30 3 SISTERS VENDOR 9:30 3 SISTERS VENDOR M LO 9:30 NEWS& VIEWS S M 10:00 SIT, BE FIT & HYDRATE M LO 10:30 COURTYARD WALK S CY 11:00 GROUP CROSSWORD S M 1:15 MATINEE L G 1:15 BINGO! RL G 2:00 THREE THIRTEEN CLUB VEN LO 2:00 BALLOON VOLLEY S/M/L B 3:00 HAPPY HOUR TURKEY PINWHEELS M LO 4:00 JEOPARDY VEN W 4:15 SHABBAT SERVICE L G 6:15 BINGO! L G 7:15 FEATURE FILM L M 31 AMERICAN POETRY DAY 9:30 AMERICAN POETS POETRY S LO 10:00 EXERCISE & HYDRATION M M 10:30 WALKING CLUB/TABLE GAMES S LO 11:00 WHEEL OF FORTUNE M LO 1:15 AFTERNOON MOVIE S M 1:15 BINGO! L G 2:00 CANASTA CLUB RL G 2:00 PENCIL COLORING S/M/L LO 3:00 HAPPY HOUR DORITOS S/M/L B 4:00 TRIVIA TIME S LO 6:15 ALL ABOUT BINGO L G 7:15 EVENING MOTION PICTURE L M