

# April 2025

# The Arbors At ISLANDIA WEST TRANSITIONS

Tel: 631-582-3600  
www.thearborsassistedliving.com

# ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<b>1 APRIL FOOLS DAY</b> 9:00 PLAYFUL LYRICS D LV 9:30 FAKE NEWS D LV 10:00 HUMOROUS WORKOUT D LV 10:30 JOGGING AROUND THE COMMUNITY D CM 11:00 TALL TALES D LV 11:00 ONE ON ONE'S D RR 1:30 MANICURES BY APPT D LV 1:30 ANIMAL VIDEOS D LV 2:00 GUESS THE FAMOUS FACE D LV 3:00 <b>HAPPY HOUR CINNAMON SQUARES</b> D LV 4:00 BINGO FOR CANDY D LV 6:00 NIGHTLY MOVIE RS LV	<b>2</b> 9:00 CROONERS AND SWOONERS DD LV 9:30 NEWS DISCUSSION DD LV 10:00 TOO FIT TO QUIT DD LV 10:30 WALKING CLUB DD CM 11:00 MATCH GAME DD LV 11:30 NAME 10.15.20 DD LV 1:30 CHICKEN SOUP FOR THE SOUL DD LV 2:00 FACT OR FICTION DD LV 2:30 JEOPARDY DD LV 3:00 <b>HAPPY HOUR ICE CREAM</b> DD LV 4:00 WHO AM I? DD LV 6:00 EVENING MOVIE RS LV	<b>3 MARLON BRANDO BIO</b> 9:00 SPRING JAZZ G LV 9:30 NEWS & VIEWS G LV 10:00 WORK UP A SWEAT G LV 10:30 WALKING CLUB G CM 11:00 DAILY CROSSWORD G LV 11:00 ONE ON ONE'S DD RR 1:30 MARLON BRANDO BIO DD LV 1:30 CRAFTY CREATIONS G M 2:00 MATCH GAME DD LV 3:00 <b>HAPPY HOUR ONION RINGS</b> DD/G LV 4:00 B.I.N.G.O.! DD/G LV 6:00 MOVIE TIME RS LV	<b>4 SCRABBLE CLUB</b> 9:00 SING YOUR HEART OUT G LV 9:30 DAILY CHRONICLES G LV 10:00 KEEP IN SHAPE G LV 10:30 WALKING CLUB G CM 11:00 WORD WATERFALL G LV 11:30 NAME 10.15.20 G LV 1:30 SCRABBLE CLUB G M 1:30 FINISH THE PHRASE AM LV 2:00 FAMILY FEUD G LV 3:00 <b>HAPPY HOUR FRUIT PARFAIT</b> AM/G LV 4:00 MUSICAL HANGMAN G/AM LV 6:00 TGIF MOVIES RS LV	<b>5</b> 9:00 MORNING MUSIC A LV 9:30 WEEKEND UPDATE A LV 10:00 WAKE UP, WORK OUT A LV 10:30 WEEKEND STROLL A CM 11:00 COFFEE & CROSSWORDS A LV 11:00 ONE ON ONE'S RS RS 1:30 COLORING FOR FUN RS M 1:30 IT HAPPENED ON LONG ISLAND A LV 2:00 FILL IN THE BLANK A LV 3:00 <b>HAPPY HOUR SOUR CREAM/ONION CHIPS</b> A/RS LV 4:00 JACKPOT BINGO A LV 6:00 SATURDAY SHOWING RS LV	
<b>6 NATIONAL PAJAMA DAY</b> 9:00 TUNES IN THE AM AS LV 9:30 NEWS AND VIEWS AS LV 10:00 CHAIR EXERCISES AS LV 10:30 COMMUNION V LV 11:00 WALKING CLUB AS CM 11:00 WORD IN A WORD J LV 11:30 NAME 10.15.20 J LV 1:30 TOSS AND TALK BALL J LV 1:30 PAINT BY NUMBER AS M 2:00 FACT OR FICTION J LV 3:00 <b>HAPPY HOUR ICE CREAM</b> AS/J LV 4:00 BINGO IS CALLING J/AS LV 6:00 AT THE MOVIES RS LV	<b>7 ABRAHAM DOG VISIT</b> 9:00 SING-A-LONG SONGS DA LV 9:30 MORNING NEWS DA LV 10:00 SIT & GET FIT DA LV 10:30 WALKING CLUB SE CM 11:00 DAILY CROSSWORD DA LV 11:00 <b>ABRAHAM DOG VISIT</b> V LV 11:00 ONE ON ONE'S SE RR 1:30 SCRABBLE CLUB SE M 1:30 KEEP UP THE BALLOON DA LV 2:00 FINISH THE PHRASE DA LV 3:00 <b>HAPPY HOUR AVOCADO DIP W/CHIPS</b> DA/SE LV 4:00 ARMCHAIR TRIVIA DA/SE LV 6:00 FEATURE FILM RS LV	<b>8 LIBRARY VISIT</b> 9:00 DOO WOP HITS D LV 9:30 TODAY'S NEWS D LV 10:00 SWEAT, SMILE, REPEAT D LV 10:30 WALKING CLUB D CM 10:30 <b>LIBRARY VISIT</b> V BI 11:00 MUSICAL HANGMAN D LV 11:30 WORD IN A WORD D LV 1:30 MANICURES BY APPT D LV 1:30 FACT OR FICTION D LV 2:00 NAME THAT TUNE D LV 3:00 <b>HAPPY HOUR CHOC CHIP COOKIES</b> D LV 4:00 BINGO TIME D LV 6:00 TUESDAY SHOWING RS LV	<b>9 ENTERTAINMENT KAREN BELLA</b> 9:00 ACOUSTIC SUNRISE DD LV 9:30 NEWS AND VIEWS DD LV 10:00 MORNING STRETCHES DD LV 10:30 WALKING CLUB DD LV 11:00 WORD WATERFALL DD LV 11:00 ONE ON ONE'S DD RR 11:30 A TO Z WORD GAME DD LV 1:30 <b>ENTERTAINMENT KAREN BELLA</b> ENT LV 3:00 <b>HAPPY HOUR ICE CREAM</b> DD LV 4:00 WHO AM I? DD LV 6:00 MID WEEK MOVIE RS LV	<b>10 CHUCK CONNORS BIO</b> 9:00 HAPPY MUSIC G LV 9:30 HAPPENINGS & HOROSCOPES G LV 10:00 STRETCH AND FLEX G LV 10:30 WALKING CLUB DD LV 11:00 ODD WORD OUT G LV 11:30 A TO Z WORD GAME G LV 1:30 CHUCK CONNORS BIO DV LV 1:30 ARTS N CRAFTS DD LV 2:00 JEOPARDY G LV 3:00 <b>HAPPY HOUR TERIYAKI MEATBALLS</b> DD/G LV 4:00 NAME THE FAMOUS FACE G LV 6:00 MOTION PICTURE RS LV	<b>11 ROSARY</b> 9:00 MUSICAL MUSINGS G LV 9:30 NEWSDAY G LV 9:45 <b>ROSARY</b> V B 10:00 FIT FOR LIFE G LV 10:30 WALKING CLUB AM CM 11:00 ONE ON ONE'S AM LV 11:00 ODD WORD OUT G LV 11:30 WORDS THAT START WITH "P" G 1:30 CHICKEN SOUP FOR THE SOUL AM B 1:30 BOARD GAMES & PUZZLES G MR 3:00 <b>HAPPY HOUR BANANA BREAD</b> AM/G B 4:00 BINGO TIME G/AM B 6:00 MOVIES MOVIES MOVIES RS BI	<b>12 PASSOVER BEGINS</b> 9:00 MUSIC IN THE MORNING A LV 9:30 WEEKEND IN REVIEW A LV 10:00 SIT & BE FIT A LV 10:30 WEEKEND STROLL A LV 11:00 DAILY CROSSWORD A LV 11:00 DAILY COLORING A M 1:30 MUSICAL HANGMAN A LV 2:00 MATCH GAME A LV 3:00 <b>HAPPY HOUR CHEESE POPCORN</b> A LV 4:00 KARAOKE A LV 6:00 SATURDAY SHOWING RS LV	
<b>13 PALM SUNDAY</b> 9:00 MORNING SONGS AS LV 9:30 WEEKEND NEWS AS LV 10:00 <b>LET'S EXERCISE</b> AS LV 10:30 COMMUNION V LV 11:00 WALKING CLUB J CM 11:00 WORD IN A WORD AS LV 11:30 NAME 10.15.20 AS LV 1:30 30 MINUTE MYSTERY J LV 1:30 <b>EGG DYING</b> AS M 2:00 <b>WHEEL OF FORTUNE</b> J LV 3:00 <b>HAPPY HOUR ICE CREAM</b> AS/J LV 4:00 PLAY BINGO J LV 6:00 SUNDAY SHOWING RS LV	<b>14</b> 9:00 50'S HITS DA LV 9:30 TODAY'S NEWS DA LV 10:00 WAKE UP, WORK OUT! DA LV 10:30 WALKING CLUB SE CM 11:00 DAILY CROSSWORD DA LV 1:30 BOARD GAMES & PUZZLES SE M 1:30 URBAN MYTHS DA LV 2:00 NAME THE FAMOUS FACE DA LV 3:00 <b>HAPPY HOUR EGGPLANT DIP W/MATZO</b> DA/SE LV 4:00 JEOPARDY SE LV 6:00 MONDAY FILM RS LV	<b>15 PASSOVER SERVICE</b> 9:00 CROONERS AND SWOONERS D LV 9:30 WHAT'S IN THE NEWS? D LV 10:00 COMMIT TO FIT D LV 10:30 WALKING CLUB D CM 11:00 <b>PASSOVER SERVICE WITH RABBI</b> V B 11:00 NAME 10.15.20 D LV 11:30 WHEEL OF FORTUNE D LV 1:00 MANICURES BY APPT DD LV 1:30 WOULD YOU RATHER? D LV 2:00 YOU BE THE JUDGE D LV 3:00 <b>HAPPY HOUR DONUT HOLES</b> D LV 4:00 BINGO DD LV 6:00 EVENING MOVIE DA LV	<b>16</b> 9:00 SWEET MELODIES DD LV 9:30 DAILY NEWS DD LV 10:00 STRETCH AND FLEX DD LV 10:30 WALKING CLUB DD CM 11:00 A-Z WORD GAME DD LV 11:30 ODD WORD OUT DD LV 1:30 SCRABBLE CLUB DD M 1:30 FAMILY FEUD DD LV 2:00 MATCH GAME DD LV 3:00 <b>HAPPY HOUR ICE CREAM</b> DD LV 4:00 WHO AM I? DD LV 6:00 BOX OFFICE HIT RS LV	<b>17 HOME SCHOOL KIDS VISIT</b> 9:00 MORNING TUNES G LV 9:30 NEWS & VIEWS G LV 10:00 <b>HOME SCHOOL KIDS VISIT</b> V LV 10:00 STRONG BODY, STRONG MIND G LV 10:30 WALKING CLUB DD CM 11:30 DAILY CROSSWORD G LV 1:30 <b>HAPPINESS GROUP WITH CAT</b> ENT RR 1:30 WHEEL OF FORTUNE G LV 2:00 KEEP UP THE BALLOON DD LV 3:00 <b>HAPPY HOUR CHICKEN NUGGETS</b> DD/G LV 4:00 BINGO TIME G LV 6:00 LETS WATCH A MOVIE RS LV	<b>18 GOOD FRIDAY</b> 9:00 SING YOUR HEART OUT G LV 9:30 HOROSCOPES & HAPPENINGS G LV 10:00 SWEAT SMILE REPEAT G LV 10:30 WALKING CLUB AM CM 11:00 WORDS THAT START WITH "R" G LV 11:30 NAME 10.15.20 AM LV 1:30 FACT OR FICTION G LV 1:30 COLORING FOR FUN AM M 2:00 ANIMAL FACTS & VIDEOS G LV 3:00 <b>HAPPY HOUR FRESH FRUIT</b> AM/G LV 4:00 TRIVIA CHALLENGE G LV 6:00 FRIDAY FLICK RS LV	<b>19 EGG HUNT</b> 9:00 SONGS FOR ALL A LV 9:30 WEEKEND UPDATE A LV 10:00 SHAPE YOUR FUTURE A LV 10:30 WEEKEND STROLL A CM 11:00 DAILY CROSSWORD A LV 1:30 MUSICAL HANGMAN A LV 2:00 <b>EASTER EGG HUNT COURTYARD</b> A CY 3:00 <b>HAPPY HOUR TAVERN MIX</b> A LV 4:00 B.I.N.G.O. A LV 6:00 SATURDAY SHOW RS LV	
<b>20 EASTER</b> 9:00 SOME BUNNY LOVES YOU AS LV 9:30 EGGCELLENT EASTER NEWS AS LV 10:00 <b>SHAKE YOUR BUNNY TAIL</b> AS LV 10:30 COMMUNION V LV 11:00 FOLLOW THE BUNNY TRAIL J CM 11:00 <b>WATCH EASTER PARADE</b> AS LV 1:30 CHICKEN SOUP FOR THE SOUL J LV 1:30 BOARD GAMES AS M 2:00 TOSS AND TALK BALL J LV 3:00 <b>HAPPY HOUR ICE CREAM</b> AS/J LV 4:00 HOPPY JOKES & RIDDLES AS/J LV 6:00 EASTER MOVIE RS LV	<b>21 NATIONAL TEA DAY</b> 9:00 MUSIC IN THE MORNING DA LV 9:30 CURRENT EVENTS DA LV 10:00 ENERGIZE YOUR BODY DA LV 10:30 WALKING CLUB SE CM 11:00 DAILY CROSSWORD DA LV 11:00 ONE ON ONE'S SE RR 1:30 FAMILY FEUD DA LV 1:30 COLORING FOR FUN SE M 2:00 WHEEL OF FORTUNE DA LV 3:00 <b>HAPPY HOUR 7 LAYER DIP</b> SE/DA LV 4:00 BINGO BLITZ DA/SE LV 6:00 MONDAY FILM RS LV	<b>22 EARTH DAY</b> 9:00 EARTHY TUNES D LV 9:30 TODAY'S HEADLINERS D LV 10:00 YOUR WORKOUT D LV 10:30 WALKING CLUB D CM 11:00 WORD IN A WORD D LV 11:30 NAME 10.15.20 D LV 1:30 MANICURES BY APPT D LV 1:30 JEOPARDY D LV 2:00 MATCH GAME D LV 3:00 <b>HAPPY HOUR BROWNIES</b> D LV 4:00 WHO AM I? D LV 6:00 FEATURE FILM RS LV	<b>23</b> 9:00 LOVELY SONGS DD LV 9:30 DAILY DOSE DD LV 10:00 HUSTLE FOR MUSCLE DD LV 10:30 WALKING CLUB DD CM 11:00 WORD WATERFALL DD LV 11:30 FILL IN THE BLANK DD LV 1:30 SCRABBLE CLUB DD M 1:30 TRUE OR FALSE DD LV 2:00 TOSS & TALK BALL DD LV 3:00 <b>HAPPY HOUR ICE CREAM</b> DD LV 4:00 BINGO DD LV 6:00 MID WEEK MOVIE DD LV	<b>24</b> 9:00 SING-A-LONG SONGS G LV 9:30 DAILY NEWS G LV 10:00 SIT & BE FIT G LV 10:30 WALKING CLUB DD CM 11:00 WORD IN A WORD G LV 11:30 NAME 10.15.20 DD LV 1:30 CRAFTY CREATIONS DD M 1:30 LADDERBALL G LV 2:00 NAME THE FAMOUS FACE G LV 3:00 <b>HAPPY HOUR LOADED POTATO SKINS</b> G/DD LV 4:00 TRENDING TOPICS G LV 6:00 EVENING MOVIE VS LV	<b>25 ROSARY</b> 9:00 HITS FROM THE 70'S G LV 9:30 BREAKING NEWS G LV 9:45 <b>ROSARY</b> V M 10:00 TOO FIT TO QUIT G LV 10:30 WALKING CLUB AM CM 11:00 DAILY CROSSWORD G LV 11:00 ONE ON ONE'S AM RR 1:30 BOARD GAMES & PUZZLES AM M 1:30 30 MINUTE MYSTERY AM LV 2:00 MIND JOGGERS G LV 3:00 <b>HAPPY HOUR CUPCAKES</b> AM/G LV 4:00 BINGO! D LV 6:00 MOVIES RS LV	<b>26 BUS TRIP FLEA MARKET</b> 9:00 SATURDAY SONGS A LV 9:30 TOP STORIES A LV 10:00 CHAIR EXERCISES A LV 10:30 WALKING CLUB A CM 11:00 ODD WORD OUT A LV 11:00 ONE ON ONE'S A RR 11:30 A TO Z WORD GAME A LV 12:45 <b>BUS TRIP FLEA MARKET</b> RS O 1:30 KEEP UP THE BALLOON A LV 2:00 WHEEL OF FORTUNE A LV 3:00 <b>HAPPY HOUR NACHO CHEESE DORITOS</b> A LV 4:00 WHO AM I? A LV 6:00 FEATURE FILM A LV	
<b>27 COMMUNION</b> 9:00 MUSIC IN THE MORNING AS LV 9:30 NEWS & VIEWS AS LV 10:00 <b>SIT &amp; GET FIT</b> AS LV 10:30 COMMUNION V LV 11:00 WALKING CLUB J CM 11:00 DAILY CROSSWORD AS LV 1:30 PUZZLES & BOARD GAMES J M 1:30 FAMILY FEUD AS LV 2:00 MATCH GAME AS LV 3:00 <b>HAPPY HOUR ICE CREAM</b> AS/J LV 4:00 PLAY BINGO J LV 6:00 SUNDAY SHOWING RS LV	<b>28</b> 9:00 COUNTRY MUSIC DA LV 9:30 CURRENT EVENTS DA LV 10:00 WAKE UP, WORK OUT! DA LV 10:30 WALKING CLUB SE CM 11:00 A TO Z WORD GAME DA LV 11:30 WORD WATERFALL SE LV 1:30 TRUE OR FALSE SE LV 1:30 CREATIVE PAINTING DA M 2:00 MUSICAL HANGMAN SE LV 3:00 <b>HAPPY HOUR ARTICHOKE DIP</b> DA/SE LV 4:00 ARMCHAIR TRIVIA SE LV 6:00 MOVIES, MOVIES, MOVIES RS LV	<b>29</b> 9:00 COUNTRY MUSIC D LV 9:30 WHAT'S IN THE NEWS D LV 10:00 CHAIR EXERCISES D LV 10:30 WALKING CLUB D CM 11:00 NAME 10.15.20 D LV 11:30 WORD IN A WORD D LV 1:30 LADDERBALL D LV 1:30 WOULD YOU RATHER? D LV 2:00 HISTORY MYSTERY D LV 3:00 <b>HAPPY HOUR RICE PUDDING</b> D LV 4:00 TRENDING TOPICS D LV 6:00 SILVER SCREEN D LV	<b>30</b> 9:00 MOTOWN SINGLES DD LV 9:30 DAILY NEWS DD LV 10:00 EXERCISE REGIMEN DD LV 10:30 WALKING CLUB DD LV 11:00 DAILY CROSSWORD DD LV 1:30 HOT POTATO DD LV 1:30 CARD GAMES DD LV 2:00 FINISH THE LYRICS DD LV 3:00 <b>HAPPY HOUR ICE CREAM</b> DD LV 4:00 BINGO TIME DD LV 6:00 FEATURE FILM DD LV	<b>STAFF KEY</b> S=STACEY A=ANGELICA AM=AMANDA AS=ASHA D=DIANE DA=DEANNA G=GRACE J=JACK SE=SAMANTHA I=INDEPENDENT RS=Recreation staff V=Volunteer AC=Activity Channel ***=Call 381 for Appt.	<b>LOCATION KEY</b> AR=ACTIVITY ROOM LV=LIVING ROOM L=LOUNGE AREA BI=BISTRO M=MEDIA ROOM LI=LIBRARY UP=UPPER PARLOR RR=RESIDENT'S ROOM 3F=3RD FLOOR CM=COMMUNITY CY=COURTYARD DR=DINING ROOM ES=EAST SIDE S=SALON O=OUTING	<b>FOR YOUR DINING PLEASURE</b> BREAKFAST 8AM LUNCH 12NOON DINNER 5PM  *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board.  Your Recreation Director Stacey Conroy will be happy to answer any questions you may have regarding this calendar.	<b>DAILY PROGRAMS</b> 9:30 CURRENT EVENTS 10:30 WALKING CLUB 1:15 MOVIE MATINEE 1:30 FRESH AIR CLUB 3:00 HAPPY HOUR 6:00 NIGHTLY BINGO 7:00 NIGHTLY MOVIE