

April 2025

The Arbors At ISLANDIA EAST SAFECARE

Tel: 631-232-3131
www.thearborsassistedliving.com

ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
		1 HBO COMEDY TOUR W/HOWARD AL 9:30 TELL A JOKE I/R/W LR 10:00 EXERCISE & REFRESH I/R/W LR 10:30 FUNNY SHORT STORIES I/R/W LR 11:00 SILLY CHARADES I/R/W LR 1:15 SPRING COLOR W/MUSIC I/R/W LR 2:00 BALL TOSS I/R/W LR 2:30 HBO COMEDY TOUR W/HOWARD AL VEN ELO 2:30 NAME THE COMEDIAN I/R/W LR 3:00 HAPPY HOUR CINNAMON SQUARES I/R/WDR 4:00 DICE GAME/BINGO I/R/W LR	2 FIZ ENTERTAINMENT 9:30 HOT TOPICS I/AB LR 10:00 MOVE TO THE BEAT & HYDRATION STATION I/AB LR 10:30 CLUE TRIVIA I/AB LR 11:00 BALLOON TAP I/AB LR 1:30 FIZ ENTERTAINMENT I/AB LR 2:00 PARACHUTE I/AB LR 2:30 MOVEMENT TO MUSIC I/AB LR 3:00 HAPPY HOUR ROOTBEER FLOATS I/AB DR 4:00 DICE GAME/BINGO I/AB LR 6:00 OM SCREEN SPRING CHICKENS RS LR	3 NATIONAL FIND A RAINBOW DAY WEAR RAINBOW COLORS 9:30 PICTURE BOOKS I/R/DD LR 10:00 STRETCHING & REFRESHING I/R/DD LR 10:30 SHORT STORIES I/R/DD LR 11:00 BASKETBALL SHOOTOUT I/R/DD LR 1:15 RAINBOW SCENES I/R/DD LR 2:00 ROLL OF THE DICE I/R/DD LR 2:30 SPONGE PICTONARY I/R/DD LR 3:00 HAPPY HOUR ONION RINGS I/R/DD DR 4:00 DICE GAME/BINGO I/R/DD LR 6:00 1950'S TUNES RS LR	4 9:30 MOVIE TALK W/DD LR 10:00 FITNESS FUN & HYDRATION W/DD LR 10:30 FACT OR FICTION W/DD LR 11:00 KICKBALL W/DD LR 1:15 MULTIPLE CHOICE W/DD LR 2:00 CHEER FITNESS W/DD LR 2:30 SING A LONG W/DD LR 2:30 NOODLE TENNIS W/DD LR 3:00 HAPPY HOUR FRUIT PARFAIT W/DD DR 4:00 DICE GAME/BINGO W/DD LR 6:00 FUNNY FLICK RS LR	5 9:30 TRIVIA TEASERS I/W/AB LR 10:00 EXERCISE & HYDRATE I/W/AB LR 10:30 FAMILY FEUD I/W/AB LR 11:00 RING TOSS I/W/AB LR 1:15 JUMBO GAMES I/W/AB LR 2:00 NAME THAT SOUND I/W/AB LR 2:30 HOOP TOSS I/W/AB LR 3:00 HAPPY HOUR SOUR CREAM & ONION CHIPS I/W/AB DR 4:00 DICE GAME/BINGO I/W/AB LR 6:00 MUSICAL STYLINGS OF BUDDY HOLLY RS LR		
6 TWINKLE SNACK 9:30 TABLE TALK K/RS LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV K/RS LR 10:00 HAPPY BIRTHDAY TO TWINKIES K/RS LR 10:30 MOVE TO THE BEAT & HYDRATE K/RS LR 11:00 NOODLE TAP K/RS LR 1:15 DICE GAMES K/RS LR 2:00 BOWLING K/RS LR 2:30 A-Z SNACKS K/RS LR 3:00 HAPPY HOUR SUNDAES K/RS DR 4:00 DICE GAME/BINGO K/RS LR 6:00 DANCING ON SCREEN RS LR	7 MARIA MENITTI MUSIC THERAPY 9:30 NAME THE FACE I/W LR 10:00 STRETCH & REFRESH I/W LR 10:30 BALLOON VOLLEY I/W LR 11:00 RHYME TIME I/W LR 1:30 MARIA MENITTI MUSIC THERAPY VEN LR 2:00 BALL GAMES I/W LR 2:30 TRIVIA TIME I/W LR 3:00 HAPPY HOUR POTATO CHIPS & DIP I/W DR 4:00 DICE GAME/BINGO I/W LR 6:00 SOUNDS OF NATURE RS LR	8 9:30 WHAT WOULD YOU DO? I/R/W LR 10:00 FITNESS FUN & HYDRATE I/R/W LR 10:30 FUN FACTS I/R/W LR 11:00 SIMON SAYS I/R/W LR 1:15 BEA BAG CHALLENGE I/R/W LR 2:00 SONG LIST I/R/W LR 2:30 CHEER FITNESS I/R/W LR 3:00 HAPPY HOUR SOFT CHOCOLATE CHIP COOKIES I/R/W DR 4:00 DICE GAME/BINGO I/R/W LR 6:00 MUSIC MEDITATION RS LR	9 PASSOVER 9:30 THE PASSOVER STORY I/AB LR 10:00 EXERCISE & REFRESH I/AB LR 10:30 FRANK SINATRA BIOGRAPHY I/AB LR 11:00 RIDDLES I/AB LR 1:15 A-Z VEGETABLES I/AB LR 2:00 BALL TOSS I/AB LR 2:30 FLOWER ARRANGING I/AB LR 3:00 HAPPY HOUR ROOTBEER FLOATS I/AB DR 4:00 DICE GAME/BINGO I/AB LR 6:00 DANCE MUSIC RS LR	10 9:30 HOT TOPICS I/R/DD LR 10:00 MOVE TO THE BEAT & HYDRATION STATION I/R/DD LR 10:30 CLUE TRIVIA I/R/DD LR 11:00 BALLOON TAP I/R/DD LR 1:15 TRIVIA CHALLENGE I/R/DD LR 2:00 PARACHUTE I/R/DD LR 2:30 MOVEMENT TO MUSIC I/R/DD LR 3:00 HAPPY HOUR TERIYAKI MEATBALLS I/R/DD DR 4:00 DICE GAME/BINGO I/R/DD LR 6:00 SOOTHING MELODIES RS LR	11 NATIONAL PET DAY 9:30 PET PICTURES W/DD LR 10:00 STRETCHING & REFRESHING W/DD LR 10:30 SHORT STORIES W/DD LR 11:00 BASKETBALL SHOOTOUT W/DD LR 1:15 ANIMAL RIDDLES W/DD LR 2:00 ROLL OF THE DICE W/DD LR 2:30 GUESS THE PET W/DD LR 3:00 HAPPY HOUR BANANA BREAD W/DD DR 4:00 DICE GAME/BINGO W/DD LR 6:00 FEATURE FILM RS LR	12 GRILLED CHEESE SANDWICH DAY 9:30 MOVIE TALK I/W/AB LR 10:00 FITNESS FUN & HYDRATION I/W/AB LR 10:30 TRUE OR FALSE I/W/AB LR 11:00 HIDDEN OBJECTS I/W/AB LR 12:00 GRILLED CHEESE SANDWICH LUNCH STAFF DR 1:15 BEAN BAG TOSS I/W/AB LR 2:00 SING A LONG I/W/AB LR 2:30 NOODLE TENNIS I/W/AB LR 3:00 HAPPY HOUR CHEESE POPCORN I/W/AB DR 4:00 DICE GAME/BINGO I/W/AB LR 6:00 MUSIC STYLINGS OF MICHAEL BUBLE RS LR		
13 SCRABBLE DAY 9:30 SUNDAY CHAT K/RS LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV K/RS LR 10:00 TABLE ACTIVITIES K/RS LR 10:30 EXERCISE & REFRESH K/RS LR 11:00 BALL TOSS K/RS LR 1:15 TRIVIA TEASERS K/RS LR 2:00 BALLOON VOLLEYBALL K/RS LR 2:30 WORD SCRABBLE K/RS LR 3:00 HAPPY HOUR SUNDAES K/RS DR 4:00 DICE GAME/BINGO K/RS LR 6:00 MUSIC FOR THE SOUL RS LR	14 SPRING GUESSING GAME 9:30 LETS TALK I/W LR 10:00 MOVE TO THE BEAT & HYDRATION STATION I/W LR 10:30 FAMOUS FACES I/W LR 11:00 DICE GAMES I/W LR 1:15 SPRING GUESSING GAME I/W LR 2:00 NOODLE TAP VEN LR 2:30 JUMBO GAMES I/W LR 3:00 HAPPY HOUR EGGPLANT DIP I/W DR 4:00 DICE GAME/BINGO I/W DR 6:00 DANCING WITH THE STARS I/W LR	15 REMEMBER THE TITANIC 9:30 REMEMBER THE TITANIC I/R/W LR 10:00 STRETCHING & REFRESHING I/R/W LR 10:30 BALLOON VOLLEY I/R/W LR 11:00 NAME 10 I/R/W LR 1:15 EASTER CRAFT I/R/W LR 2:00 BALL TOSS I/R/W LR 2:30 INSTRUMENT CHARADES I/R/W LR 3:00 HAPPY HOUR DONUT HOLES I/R/W DR 4:00 DICE GAME/BINGO I/R/W LR 6:00 SWEET MELODIES RS LR	16 BASKIN ROBBINS TRIP 9:30 CHIT CHAT I/AB LR 10:00 FITNESS FUN & HYDRATE I/AB LR 10:30 SHORT STORIES I/AB LR 11:00 DICE GAMES I/AB LR 1:15 BASKIN ROBBINS TRIP I/A O 1:15 TRIVIA TIME AB LR 2:00 BEAN BAG CHALLENGE AB LR 2:30 3 LETTER WORDS AB LR 3:00 HAPPY HOUR ROOTBEER FLOATS AB DR 4:00 DICE GAME/BINGO I/AB LR 6:00 MUSIC MEDITATION RS LR	17 GREGORY ENTERTAINMENT AL 9:30 NAME THE FLOWER I/R/DD LR 10:00 EXERCISE & REFRESH I/R/DD LR 10:30 GREGORY ENTERTAINMENT AL VEN ELO 10:30 SING A LONG 1950'S I/R/DD LR 11:00 BOWLING I/R/DD LR 1:15 WORD PUZZLES I/R/DD LR 2:00 BALL TOSS I/R/DD LR 2:30 FLOWER ARRANGING I/R/DD LR 3:00 HAPPY HOUR CHICKEN NUGGETS I/R/DD DR 4:00 DICE GAME/BINGO I/R/DD LR 6:00 DANCE MUSIC RS LR	18 YOGA CLASS W/RAY ANIMAL CRACKERS DAY 9:30 HOT TOPICS W/DD LR 10:15 YOGA CLASS W/RAY VEN LR 10:30 A-Z ON THE FARM W/DD LR 11:00 BALLOON TAP W/DD LR 1:15 TRIVIA CHALLENGE W/DD LR 2:00 PARACHUTE W/DD LR 2:30 MOVEMENT TO MUSIC W/DD LR 3:00 HAPPY HOUR FRESH FRUIT & ANIMAL CRACKERS W/DD DR 4:00 DICE GAME/BINGO W/DD LR 6:00 SHIRLEY TEMPLE RS LR	19 EASTER EGG HUNT/EASTER BUNNY VISIT 9:30 PICTURE BOOKS I/W/AB LR 10:00 STRETCHING & REFRESHING I/W/AB LR 10:30 FACT OR FICTION I/W/AB LR 11:00 BASKETBALL SHOOTOUT I/W/AB LR 1:15 SPRING PICTONARY I/W/AB LR 2:00 EASTER EGG HUNT I/W/AB LR 2:30 WINTER CHARADES I/W/AB LR 3:00 HAPPY HOUR TAVERN MIX I/W/AB DR 3:00 EASTER BUNNY VISIT I/W/AB LR 4:00 DICE GAME/BINGO RS LR 6:00 GOLDEN OLDIES RS LR		
20 EASTER 9:30 TALK ABOUT FAVORITES K/RS LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV K/RS LR 10:00 TABLE ACTIVITIES K/RS LR 10:30 FITNESS FUN & HYDRATION K/RS LR 11:00 NAME 10 K/RS LR 1:15 EASTER EGG HUNT K/RS LR 1:15 EASTER BUNNY VISIT K/RS LR 2:00 GUESSING GAME K/RS LR 2:30 BALL GAMES K/RS DR 3:00 HAPPY HOUR SUNDAES K/RS LR 4:00 DICE GAME/BINGO K/RS LR 6:00 MUSIC MONTAGE RS LR	21 VANCE ENTERTAINMENT 9:30 MONDAY CHAT I/W LR 10:00 EXERCISE & REFRESH I/W LR 10:30 VANCE ENTERTAINMENT VEN LR 11:00 BALL GAMES I/W LR 1:15 TRIVIA TEASERS I/W LR 2:00 BALLOON VOLLEYBALL I/W LR 2:30 SPRING CRAYON CREATIONS I/W LR 3:00 HAPPY HOUR 7 LAYER DIP I/W DR 4:00 DICE GAME/BINGO I/W LR 6:00 MUSIC FOR THE SOUL RS LR	22 PET THERAPY/MARGUERITA ROSE ENTERTAINMENT EARTH DAY 9:30 WHAT'S UP I/R/W LR 10:00 MOVE TO THE BEAT & HYDRATION STATION I/R/W LR 10:30 PET THERAPY VEN LR 10:30 TOSS GAMES I/R/W LR 11:00 WORD CHALLENGE I/R/W LR 1:15 ARTIFICIAL PLANT CRAFT I/R/W LR 2:00 NOODLE TAP I/R/W LR 2:30 MARGUERITA ROSE ENTERTAINMENT AL VEN LR 2:30 JUMBO GAMES I/R/W LR 3:00 HAPPY HOUR BROWNIES I/R/W DR 4:00 DICE GAME/BINGO I/R/W LR 6:00 SONGS THAT MAKE YOU SMILE RS LR	23 9:30 FAMOUS FOLKS I/AB LR 10:00 STRETCHING & REFRESHING I/AB LR 10:30 BALLOON VOLLEY I/AB LR 11:00 20 QUESTIONS I/AB LR 1:15 KICK BALL I/AB LR 2:00 FAMILY FEUD I/AB LR 2:30 BALL GAMES I/AB LR 3:00 HAPPY HOUR ROOTBEER FLOATS I/AB DR 4:00 DICE GAME/BINGO I/AB LR 6:00 BIG BANDS RS LR	24 9:30 REMINISCING SPRING I/R/DD LR 10:00 SIMON SAYS I/R/DD LR 10:30 SPRING TRIVIA TIME I/R/DD LR 11:00 DICE GAMES I/R/DD LR 1:15 DANCE TO THE MUSIC I/R/DD LR 2:00 RING TOSS I/R/DD LR 2:30 SING A LONG I/R/DD LR 3:00 HAPPY HOUR POTATO SKINS I/R/DD DR 4:00 DICE GAME/BINGO I/R/DD LR 6:00 SPRING SOUNDS OF NATURE RS LR	25 ARBOR DAY 9:30 MUSIC DISCUSSION W/DD LR 10:00 EXERCISE & REFRESH W/DD LR 10:30 SING ALONG W/DD LR 11:00 BOWLING W/DD LR 1:15 WATER COLOR TREES W/DD LR 2:00 BALL TOSS W/DD LR 2:30 FLOWER ARRANGING W/DD LR 3:00 HAPPY HOUR CUP CAKES W/DD DR 4:00 DICE GAME/BINGO W/DD LR 6:00 EVENING MOVIE RS LR	26 NATIONAL BIRD DAY 9:30 CURRENT EVENTS I/W/AB LR 10:00 MOVE TO THE BEAT & HYDRATION STATION I/W/AB LR 10:30 TRIVIA TEASERS I/W/AB LR 11:00 BALLOON VOLLEYBALL I/W/AB LR 1:15 PAINTING BIRD HOUSES I/W/AB LR 2:00 RHYTHM WITH INSTRUMENTS I/W/AB LR 2:30 CHAIR EXERCISE I/W/AB LR 3:00 HAPPY HOUR NACHO CHEESE DORITOS I/W/AB DR 4:00 DICE GAME/BINGO I/W/AB LR 6:00 SOOTHING MELODIES RS LR		
27 COMMUNION WITH JAMES AL 9:30 PICTURE BOOKS K/RS LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV K/RS LR 10:00 TABLE ACTIVITIES K/RS LR 10:30 STRETCHING & REFRESHING K/RS LR 11:00 BALLOON VOLLEYBALL K/RS LR 1:15 NAME THAT TUNE K/RS LR 2:00 MINI GOLF K/RS LR 2:30 NAME 10 K/RS LR 3:00 HAPPY HOUR SUNDAES K/RS DR 4:00 DICE GAME/BINGO K/RS LR 6:00 EASY LISTENING RS LR	28 DEBRA TOSCANO ENTERTAINMENT AL 9:30 CHIT CHAT I/W LR 10:00 FITNESS FUN & HYDRATION I/W LR 10:30 NAME THAT SOUND I/W LR 11:00 BELIEVE IT OR NOT I/W LR 1:15 ROLL OF THE DICE I/W LR 2:00 SCATEGORIES I/W LR 2:30 DEBRA TOSCANO ENTERTAINMENT AL VEN ELO 2:30 MOVE TO THE MUSIC I/W LR 3:00 HAPPY HOUR SPINACH & ARTICHOKE DIP I/W DR 4:00 DICE GAME/BINGO I/W LR 6:00 MUSIC MONTAGE RS LR	29 9:30 SPRING THINGS DISCUSSION I/R/W LR 10:00 EXERCISE & REFRESH I/R/W LR 10:30 MATCH GAME I/R/W LR 11:00 MULTIPLE CHOICE I/R/W LR 1:15 SPRING WORD CHALLENGE I/R/W LR 2:00 BALLOON VOLLEYBALL I/R/W LR 2:30 HIDDEN OBJECTS I/R/W LR 3:00 HAPPY HOUR RICE PUDDING I/R/W DR 4:00 DICE GAME/BINGO I/R/W LR 6:00 MUSIC FOR THE SOUL RS LR	30 SPRING SCENIC TRIP 9:30 WHAT'S HAPPENING I/AB LR 10:00 MOVE TO THE BEAT & HYDRATION STATION I/AB LR 10:30 FAMOUS FOLKS I/AB LR 11:00 DICE GAMES I/AB LR 1:15 MULTIPLE CHOICE I/AB LR 1:30 SPRING SCENIC TRIP A/AB O 2:00 NOODLE TAP I LR 2:30 JUMBO GAMES I LR 3:00 HAPPY HOUR ROOTBEER FLOATS I DR 4:00 DICE GAME/BINGO I/AB LR 6:00 JAZZ MUSIC RS LR			STAFF KEY V=Valerie Director D=Denzel S=Sarah DD=Danielle K=Keara I=Ice A=Anne R=Rahat IR=Indasia VEN=Vender RS-Recreation Staff RL=Resident Lead	LOCATION KEY O-Outing B-Bistro CY-Courtyard LO-Lobby G-Game Room AC-Activity Channel IR-In Room F1-First Floor F2-Second Floor F3-Third Floor DR-Dining Room M-Media Room W-West Side IR-In Room	FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Valerie will be happy to answer any questions you may have regarding this calendar.