

MARCH 2025

The Arbors At BOHEMIA

Tel: 631-567-3113
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



ACTIVITY CALENDAR

STAFF KEY
GT-Gale Taxis
P-Paige Tatzel
A-Alyssa Williams
V-Isabelle Vaders
D- Dan Melli
T-Tricia Cieslak
I-Independent

LOCATION KEY
CS-Coffee Station
E-Entrance Lounge
FL- Front Lawn
B-Bistro
OC-Courtyard
PD-Private Dining
C-Café
GR-Great Room
S-Salon
TH-Theater

DAILY PROGRAMS

2:00 MATINEE MOVIE TH
3:00 HAPPY HOUR RL
7:00 EVENING MOVIE TH

*All trips are if weather permits.
*All programs are subject to change.
Change will be reflected on the Daily Board.

Recreation Director will be happy to answer any questions you may have regarding this calendar.

1
9:30 COMMUNITY CONNECTIONS GR D
10:30 CHAIR EXERCISE GR D
11:00 LADDER BALL GR D/P
1:00 SERIES SQUAD GR D
2:00 MOVIE MATINEE TH E
2:00 CASH BINGO GR D
3:00 HAPPY HOUR GR ALL
3:45 SCRABBLE CLUB B I
4:00 SCATTERGORIES GR D
6:00 CRANIUM CRUNCHES EL P
7:00 WII BOWLING
7:00 EVENING MOVIE TH P

2 LIVE SUNDAY MASS
9:30 NEWS HOUR GR D
10:30 CHAIR EXERCISE GR IV
11:00 BALLOON VOLLEYBALL GR D/P
11:15 LIVE SUNDAY MASS GR D
1:00 ADULT COLORING GR
1:00 SERIES SQUAD TH
1:30 ARTISTS HOUR
2:00 CASH BINGO GR D/I
3:00 SUNDAY SUNDAES GR ALL
3:30 RUMMIKUB CLUB B I
4:00 RESIDENT KARAOKE GR D
6:00 AIR HOCKEY GR P
7:00 MINDFUL MEDITATION GR

3 MANICURES 1PM
9:30 WORD WONDERS GR D
10:00 MAH JONGG B I
10:30 WALKING CLUB C D
10:30 CHAIR EXERCISE B P
11:00 BEAN BAG BUCKETS
1:00 RIDDLES & BRAIN TEASERS
1:00 MANICURES
2:00 MOVIE MATINEE TH A
2:00 POKER CLUB
2:00 NEW RESIDENT MIXER GR P
3:00 HAPPY HOUR GR ALL
3:30 RUMMIKUB CLUB
4:00 CASH BINGO GR D/P
6:00 NAME 10
7:00 CORN HOLE TH A

4 SAVIANOS 12PM/MARDI GRAS!
9:30 WEIRD BUT TRUE FACTS GR A
10:30 CHAIR EXERCISE GR A
11:00 VELCRO DARTS GR A/E
1:00 TIN CAN TOSS GR P
1:00 SERIES SQUAD TH
2:00 MUSICAL BINGO
2:00 MOVIE MATINEE
3:00 HAPPY HOUR GR ALL
3:45 SCRABBLE CLUB B I
4:00 DAY AT THE RACES GR P
6:00 ADULT COLORING GR
7:00 CRANIUM CRUNCHES
7:00 EVENING MOVIE TH

5 MANICURES 1PM/ASH WEDNESDAY MASS 11A
9:30 COFFEE & CONVERSATION GR A
10:00 LIVE ROSARY TH E
10:30 CHAIR EXERCISE PDR A
11:00 ASH WEDNESDAY MASS TH I
11:00 FOOTBALL TOSS GR A
1:00 WHAT WOULD YOU DO? GR A
2:00 MOVIE MATINEE TH A
2:00 JEOPARDY! GR A
3:00 HAPPY HOUR GR A/E
3:30 RUMMIKUB CLUB B I
4:00 SING ALONG W. CAROL GR A
6:00 TABLE GAMES
7:00 JACKPOT BINGO GR
7:00 EVENING MOVIE TH

6 RESIDENT COUNCIL 11:00/OREO COOKIE DAY
9:30 NEWS HOUR GR E/A
10:00 WALKING CLUB
10:30 CHAIR EXERCISE GR A
11:00 RESIDENT COUNCIL TH A/IV
1:00 WORD PUZZLES GR D
1:00 SERIES SQUAD TH
2:00 MOVIE MATINEE
2:00 MOVEMENT & MUSIC GR IV
3:00 OREO COOKIE HAPPY HOUR GR IV
4:00 LITERATURE LOVERS EL I
6:00 YOU BE THE JUDGE GR IV
7:00 MINDFUL MEDITATION
7:00 EVENING MOVIE TH IV

7 TARGET 1:30/EMPLOYEE APPRECIATION DAY
9:30 WORD WONDERS GR P
10:30 CHAIR EXERCISE GR A
11:00 PUTT & BOWL GR P/D
1:00 WATERCOLOR PAINTING C D
2:00 WII BOWLING GR A
3:00 HAPPY HOUR GR A/P
3:30 RUMMIKUB CLUB B I
4:00 HORSE RACING FOR PRIZES GR P/A
6:00 CRANIUM CRUNCHES GR D
7:00 JACKPOT BINGO
7:00 EVENING MOVIE TH D

8 INTERNATIONAL WOMAN'S DAY
9:30 THIS DAY IN HISTORY GR D
10:30 CHAIR EXERCISE GR D
11:00 PONG BALL GR D/P
1:00 FINISH THE LYRICS
1:00 SERIES SQUAD TH
2:00 CASH BINGO GR D
3:00 HAPPY HOUR GR ALL
3:45 SCRABBLE CLUB B I
4:00 RIDDLES & BRAIN TEASERS GR D
6:00 GUESS THE SINGER GR P
7:00 WII BOWLING
7:00 EVENING MOVIE TH P

9 LIVE SUNDAY MASS/IRISH STEP DANCERS 2PM
9:30 NEWS HOUR GR D
10:30 CHAIR EXERCISE GR IV
11:00 TWISTED TWISTER GR D/P
11:15 LIVE SUNDAY MASS TH D
1:00 ADULT COLORING
1:00 SERIES SQUAD
1:30 ARTISTS HOUR EL P
2:00 IRISH STEP DANCERS PERFORM TH I
2:00 CASH BINGO GR D/I
3:00 SUNDAY SUNDAES GR ALL
3:30 RUMMIKUB CLUB B I
4:00 HOT POTATO TH D
6:00 JEOPARDY!
7:00 MINDFUL MEDITATION TH P
7:00 EVENING MOVIE TH P

10 MANICURES 1PM/NATIONAL BARBIE DAY
9:30 WORD WONDERS GR D
10:00 MAH JONGG B I
10:30 WALKING CLUB C D
10:30 CHAIR EXERCISE B P
11:00 AXE THROWING GR P/A
1:00 MANICURES
1:00 MANDALA PAINTING GR D
2:00 MOVIE MATINEE TH A
2:00 POKER CLUB
2:00 TRIVIA CHALLENGE GR P
3:00 HAPPY HOUR GR ALL
3:30 RUMMIKUB
4:00 CASH BINGO
6:00 ALPHALIST
7:00 LCR DICE GAME GR A
7:00 EVENING MOVIE TH A

11 DOLLAR TREE 1:30/BALLROOM DANCERS PERFORM 2PM
9:30 WEIRD BUT TRUE FACTS GR A
10:30 CHAIR EXERCISE GR A
11:00 HOOP TACTOE GR A/E
1:00 TIN CAN TOSS GR P
1:00 SERIES SQUAD TH
2:00 MOVIE MATINEE TH A
2:00 BALLROOM DANCERS PERFORM TH P/A
3:00 HAPPY HOUR GR ALL
3:30 RUMMIKUB CLUB B I
3:45 SCRABBLE CLUB G I
4:00 DAY AT THE RACES GR P
6:00 ADULT COLORING
7:00 CRANIUM CRUNCHES TH
7:00 EVENING MOVIE TH

12 MANICURES 1PM
9:30 COFFEE & CONVERSATION GR A
10:00 LIVE ROSARY TH E
11:00 BEAN BAG BUCKETS GR A/E
1:00 MANICURES C E
1:00 WHAT WOULD YOU DO? GR
2:00 JEOPARDY! GR A
2:00 MOVIE MATINEE TH A
3:00 HAPPY HOUR GR A/E
3:30 RUMMIKUB CLUB B I
4:00 SING ALONG W. CAROL GR A
6:00 TRIVIA CHALLENGE TH
7:00 JACKPOT BINGO GR
7:00 EVENING MOVIE TH

13 CASINO OPEN HOUSE 1-6PM
9:30 NEWS HOUR GR E/A
10:00 WALKING CLUB TH A
10:30 CHAIR EXERCISE GR A/IV
11:00 LADDERBALL GR IV
1:00 CASINO OPEN HOUSE! GR
PLAY GAMES AND PUT ON YOUR BEST POKER FACE TH
2:00 HANDCRAFTS & CHAT GR D
2:00 MOVIE MATINEE EL I
3:00 HAPPY HOUR TH A
6:00 YOU BE THE JUDGE GR A
7:00 MINDFUL MEDITATION GR IV
7:00 EVENING MOVIE TH IV

14 OLD NAVY 1:30/BAGPIPES PERFORMANCE 2PM
9:30 WORD WONDERS GR P
10:30 CHAIR EXERCISE GR A
11:00 BALLOON VOLLEYBALL GR P/D
1:00 WATERCOLOR PAINTING C A
2:00 MOVIE MATINEE TH A/P
2:00 BAGPIPES PERFORMANCE GR A/P
3:00 HAPPY HOUR GR ALL
3:30 RUMMIKUB CLUB B I
4:00 MUSICAL BINGO GR A
6:00 CRANIUM CRUNCHES
7:00 JACKPOT BINGO GR D
7:00 EVENING MOVIE TH D

15 RECREATION MEETING 11AM
9:30 THIS DAY IN HISTORY GR D
10:30 EXERCISE CLUB GR D
11:00 RECREATION MEETING GR D/P
1:00 FINISH THE LYRICS GR D
1:00 SERIES SQUAD TH
2:00 MOVIE MATINEE TH E
2:00 CASH BINGO GR D
3:00 HAPPY HOUR GR ALL
3:45 SCRABBLE CLUB B I
4:00 WHEEL OF FORTUNE GR D
6:00 GUESS THE SINGER
7:00 WII BOWLING GR P
7:00 EVENING MOVIE TH P

16 LIVE SUNDAY MASS
9:30 NEWS HOUR GR D
10:30 CHAIR EXERCISE GR IV
11:00 VELCRO DARTS GR D/P
11:15 LIVE SUNDAY MASS TH D
1:00 ADULT COLORING GR P
1:00 SERIES SQUAD TH
1:30 ARTISTS HOUR
2:00 MOVIE MATINEE TH I
2:00 CASH BINGO GR D/I
3:00 SUNDAY SUNDAES GR ALL
3:30 RUMMIKUB CLUB B I
4:00 HOT POTATO GR D
6:00 AIR HOCKEY TH P
7:00 MINDFUL MEDITATION
7:00 EVENING MOVIE GR P

17 MANICURES 1PM/HAPPY ST. PATRICKS DAY!
9:30 IRISH FOLK MUSIC GR D
10:00 MAH JONGG B I
10:30 WALKING CLUB C D
10:30 CHAIR EXERCISE B P
11:00 FOOTBALL TOSS GR P/A
1:00 MANICURES
1:00 ST. PATTY'S DAY WORD GAMES GR D
2:00 HOROSCOPES & HAPPENINGS
2:00 MOVIE MATINEE TH A
2:00 POKER CLUB GR P
3:00 LUCK O' THE IRISH HAPPY HOUR GR ALL
3:30 RUMMIKUB
4:00 ST. PATTY'S DAY TRIVIA GR D/P
6:00 NAME 10
7:00 LADDER BALL TH A
7:00 EVENING MOVIE PD A

18
9:30 WEIRD BUT TRUE FACTS GR A
10:30 CHAIR EXERCISE GR A
11:00 CORNHOLE GR A/E
1:00 TIN CAN TOSS GR P
1:00 SERIES SQUAD TH
2:00 MOVIE MATINEE TH A
2:00 DRUM CIRCLE GR P/A
3:00 HAPPY HOUR GR ALL
3:45 SCRABBLE CLUB B I
4:00 DAY AT THE RACES GR P
6:00 ADULT COLORING GR
7:00 CRANIUM CRUNCHES
7:00 EVENING MOVIE TH

19 MANICURES 1PM
9:30 COFFEE & CONVERSATION GR A
10:00 LIVE ROSARY TH E
10:30 CHAIR EXERCISE GR A
11:00 PUTT & BOWL GR A/E
1:00 MANICURES C E
1:00 WHAT WOULD YOU DO? GR
2:00 JEOPARDY! GR A
2:00 MOVIE MATINEE TH A
3:00 HAPPY HOUR GR A/E
3:30 RUMMIKUB CLUB B I
4:00 SING ALONG W. CAROL GR A
6:00 TABLE GAMES TH
7:00 JACKPOT BINGO GR
7:00 EVENING MOVIE TH

20 FIRST DAY OF SPRING
9:30 NEWS HOUR GR E/A
10:00 WALKING CLUB
10:30 CHAIR EXERCISE GR A
11:00 PONG BALL GR A/IV
1:00 WORD PUZZLES GR IV
1:00 SERIES SQUAD TH
2:00 MOVIE MATINEE TH IV
2:00 HANDCRAFTS & CHAT EL I
2:00 MOVEMENT & MUSIC GR A
3:00 HAPPY HOUR GR A/E
4:00 LITERATURE LOVERS EL I
6:00 YOU BE THE JUDGE GR IV
7:00 MINDFUL MEDITATION
7:00 EVENING MOVIE TH IV

21 MARCH BDAY PARTY
9:30 WORD WONDERS GR P
10:30 CHAIR EXERCISE GR A
11:00 TWISTED TWISTER GR P/D
1:00 WATERCOLOR PAINTING C D
2:00 MOVIE MATINEE TH P
2:00 MUSICAL BINGO GR A
3:00 MARCH BIRTHDAY PARTY GR ALL
3:30 RUMMIKUB CLUB B I
4:00 HORSE RACING FOR PRIZES GR A
6:00 CRANIUM CRUNCHES GR D
7:00 JACKPOT BINGO
7:00 EVENING MOVIE TH D

22
9:30 THIS DAY IN HISTORY GR D
10:30 CHAIR EXERCISE GR D
11:00 BATTLE AXE THROW GR D/P
1:00 FINISH THE LYRICS GR D
1:00 SERIES SQUAD TH
2:00 MOVIE MATINEE TH E
2:00 CASH BINGO GR D
3:00 HAPPY HOUR GR ALL
3:45 SCRABBLE CLUB B I
4:00 RIDDLES & BRAIN TEASERS GR I
6:00 GUESS THE SINGER GR P
7:00 WII BOWLING
7:00 EVENING MOVIE TH P

23/30 LIVE SUNDAY MASS
9:30 NEWS HOUR GR D
10:30 CHAIR EXERCISE GR IV
11:00 HOOP TACTOE GR D/P
11:15 LIVE MASS TH D
1:00 ADULT COLORING GR P
1:00 SERIES SQUAD TH
1:30 ARTISTS HOUR
2:00 MOVIE MATINEE GR I
2:00 CASH BINGO GR D/I
3:00 SUNDAY SUNDAES GR ALL
3:30 RUMMIKUB CLUB B I
4:00 HOT POTATO TH D
6:00 AIR HOCKEY TH P
7:00 MINDFUL MEDITATION
7:00 EVENING MOVIE GR P

24/31 MENS LUNCH TRIP 12PM/MANICURES
9:30 WORD WONDERS GR D
10:00 MAH JONGG B I
10:30 WALKING CLUB C D
10:30 CHAIR EXERCISE GR P
11:00 BALLOON VOLLEYBALL TH P/A
1:00 MANICURES
1:00 MANDALA PAINTING GR D
2:00 NEW RESIDENT MIXER
2:00 MOVIE MATINEE TH A
2:00 POKER CLUB GR P
3:00 HAPPY HOUR GR ALL
3:30 RUMMIKUB
4:00 CASH BINGO GR D/P
6:00 ALPHALIST TH A
7:00 LCR DICE GAME PD A
7:00 EVENING MOVIE

25 IHOP 12PM
9:30 WEIRD BUT TRUE FACTS GR A
10:30 CHAIR EXERCISE GR A
11:00 BEAN BAG BUCKETS GR A/E
1:00 TIN CAN TOSS GR P
1:00 SERIES SQUAD TH
2:00 MOVIE MATINEE TH A
2:00 MUSICAL BINGO GR P/A
3:00 HAPPY HOUR GR ALL
3:45 SCRABBLE CLUB B I
4:00 RESIDENT KARAOKE GR P
6:00 ADULT COLORING GR
7:00 CRANIUM CRUNCHES
7:00 EVENING MOVIE TH

26 MANICURES 1PM
9:30 COFFEE & CONVERSATION GR A
10:00 LIVE ROSARY TH E
10:30 CHAIR EXERCISE GR A
11:00 LADDERBALL GR A/E
1:00 MANICURES C E
1:00 WHAT WOULD YOU DO? GR
2:00 MOVIE MATINEE TH A
2:00 JEOPARDY! GR A
3:00 HAPPY HOUR GR A/E
3:30 RUMMIKUB CLUB B I
4:00 SING ALONG W. CAROL GR A
6:00 TRIVIA CHALLENGE TH
7:00 JACKPOT BINGO GR
7:00 EVENING MOVIE TH

27 WORLD THEATER DAY
9:30 BROADWAY SHOWTUNES GR E/A
10:00 WALKING CLUB
10:30 CHAIR EXERCISE GR A
11:00 INDOOR GOLF GR A/IV
1:00 GUESS THE MUSICAL GR IV
1:00 SERIES SQUAD TH
2:00 MOVIE MATINEE TH IV
2:00 HANDCRAFTS & CHAT EL I
2:00 HOW MUSICALS ARE MADE PRESENTATION GR A
3:00 HAPPY HOUR GR A/E
4:00 LITERATURE LOVERS: THEATER EDITION GR A
6:00 YOU BE THE JUDGE GR IV
7:00 MINDFUL MEDITATION GR IV
7:00 EVENING MOVIE TH IV

28 WALMART 1:30/WEAR A HAT DAY
9:30 WORD WONDERS GR P
10:30 CHAIR EXERCISE GR A
11:00 BALLOON VOLLEYBALL GR P/D
1:00 WATERCOLOR PAINTING C D
2:00 MOVIE MATINEE TH P
2:00 WII BOWLING GR A
3:00 HAPPY HOUR GR ALL
3:30 RUMMIKUB CLUB B I
4:00 MUSICAL BINGO GR A
6:00 CRANIUM CRUNCHES GR D
7:00 JACKPOT BINGO
7:00 EVENING MOVIE TH D

29 WORLD PIANO DAY
9:30 COMMUNITY CONNECTIONS GR D
10:30 CHAIR EXERCISE GR D
11:00 BATTLE AXE THROW GR D/P
1:00 FINISH THE LYRICS GR
1:00 SERIES SQUAD TH D
2:00 MOVIE MATINEE TH E
2:00 CASH BINGO GR D
3:00 HAPPY HOUR GR ALL
3:45 SCRABBLE CLUB B I
4:00 DRUM CIRCLE GR I
6:00 GUESS THE SINGER GR P
7:00 WII BOWLING
7:00 EVENING MOVIE TH P