February 2025
Sunday Monday

The Arbors At WESTBURY Tel: 516-333-6400 www.thearborsassistedliving.com

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9:45 COFFEE CORNER

10:45 ONE TO ONE VISIT

2:30 KARAOKE FUN

3:00 HAPPY HOUR

7:15 EVENING BINGO

8:15 EVENING MOVIE

11:15 YOU BE THE JUDGE

3.45 AFTERNOON RINGO

4:15 JIMMY'S CONVERSATION CORNER

4:00 INDEPENDENT CARD GAMES

10:45 LIGHT LIVELY FITNESS

1:30 CROSSWORD PUZZLES

10:15 MORNING UPDATE AND NEWS

I MR

10:45 ONE TO ONE VISIT

1:30 CROSSWORD PUZZLES

3:45 AFTERNOON RINGO

2:30 THE DATING GAME WITH JIMMY

4:15 JIMMY'S CONVERSATION CORNER

4:00 INDEPENDENT CARD GAMES

11:15 LOVE POFMS

3:00 HAPPY HOUR!

9:45 COFFEE CORNER

9:45 COFFEE CORNER

11:15 WORD IN A WORF

10:15 WEEKEND NEWS & UPDATES

10:45 START YOUR MORNING VISIT

10:45 CHAIR YOGA WITH JANICE

10:45 WEEKEND WORKOUT

10:15 \WEEKEND NEWS & UPDATES

STAFF KEY LOCATION KEY B - Bistro M = MICHAEL

E = EDWINJ = JIMMYF = FATIMAC = CARMEN

JS = JOYJE = JESSICAE = ALL STAFF

I = INDEPENDENT

9-45 COFFEE CORNER

1:30 BRAIN TEASERS

3:00 HAPPY HOUR!

4:00 SPORT CENTER

7:15 EVENING RINGO

8:15 EVENING MOVIE

9:45 COFFEE CORNER

10:15 NEWS AND VIEWS

11:15 FINISH THE WORD

2:30 LEFT RIGHT CENTER

3:45 AFTERNOON BINGO

2:30 CVS SHOPPING

3:00 HAPPY HOUR!

4:00 SPORT CENTER

7:15 EVENING RINGO

8:15 EVENING MOVIE

9:45 COFFEE CORNER

10:15 NEWS AND VIEWS

11:15 FINISH THE WORD

1:30 BRAIN TEASERS

3:00 HAPPY HOUR

4:00 MANDALA ART

7:15 EVENING BINGO

8:15 FVFNING MOVIE

3:45 AFTERNOON BINGO

10:30 SUNDAY MASS - LIVE STREAM

2:30 AFTERNOON MOVIE MATINEE

2:30 STEW LEONARDS SHOPPING

11:00 SUNDAY STRENGTHENING

1:30 BRAIN TEASERS

16

D - Dining Room

GR - Great Room

M - Media Room

0 - Outings

IR - In Room

UN - Upper Nook

P - Patio

MONDAY - FRIDAY 11:00 AM - 3:00 PM

COMPUTER CLUB

MONDAY - FRIDAY 9:00 AM - 10:00 AM

WALKING CLUB MONDAY / WEDNESDAY / THURSDAY

9:45 COFFEE CORNER

10:45 PFT THERAPY

2:30 AXETHROWING

3:45 AFTERNOON BINGO

4:00 CONVERSATION CORNER

3:00 HAPPY HOURI

4:00 HANG MAN

10

7:15 EVENING RINGO

8:15 EVENING MOVIE

9:45 COFFEE CORNER

10:45 PET THERAPY

3:00 HAPPY HOUR

4:00 HANG MAN

7:15 FVFNING BINGO

8:15 EVENING MOVIE

17 PRESIDENTS DAY

9:45 COFFEE CORNER

10:45 PET THERAPY

7.15 FVFNING RINGO

8:15 EVENING MOVIE

11:00 ART CLUB

10:15 TODAY'S HEADLINE

10:45 LIGHT AND LIVELY FITNESS

11:00 ART CLUB

10:15 TODAY'S HEADLINE

10:45 LIGHT AND LIVELY FITNESS

2:30 AXE THROWING CHALLENGE

2:30 TARGET SHOPPING

3:45 AFTERNOON BINGO

4:00 CONVERSATION CORNER

1:30 CHESS AND CHECKERS CHALLENGE

11:00 ART CLUB

10:45 TODAY'S HEADLINE

10:30 LIGHT AND LIVELY FITNESS

1:30 CHESS AND CHECKERS CHALLENGE

2:30 DOLLAR TREE SHOPPING

2:00 PM

BANKING HOURS BREAKFAST SERVED

LUNCH SERVED

DINNER SERVED

4:30 PM & 5:45 PM

11:30 AM & 12:45 PM

*ALL TRIPS ARE IF WEATHER PERMITS. 7:30 AM & 8:45 AM *ALL PROGRAMS ARE SUBJECT TO CHANGE.

CHANGE WILL BE REFLECTED ON THE DAILY **YOUR RECREATION DIRECTOR**

Tuesday

MICHAEL FILS WILL BE HAPPY TO ANSWER ANY OUESTIONS YOU MAY HAVE REGARDING THIS CALENDAR.

9:45 COFFEE CORNER

10:15 HAPPENINGS AND HOROSCOPES

10:45 YOU'VE GOT MAIL - VISIT

11:15 CROSSWORD CHALLENGE

1:30 CRANIUM CRUSHERS

2:30 BEAN BAG TOSS

3:00 HAPPY HOUR

4:00 RUMMIKUB

7:15 EVENING BINGO

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8:15 EVENING MOVIE

9:45 COFFEE CORNER

10:15 MID WEEK NEWS

10:45 HOSPITALITY VISIT

1:30 WORD IN A WORD

3:45 AFTERNOON BINGO

7:15 EVENING BINGO

8:15 EVENING MOVIE

9:45 COFFEE CORNER

10:15 MID WEEK NEWS

10:45 HOSPITALITY VISIT

11:15 TRENDING TOPICS

1:30 WORD IN A WORD

3:45 AFTERNOON BINGO

3:00 HAPPY HOUR!

7:15 EVENING BINGO

8:15 FVFNING MOVIE

2:30 JEWELRY WITH FATIMA

4:00 INDEPENDENT CARD GAMES

10:30 BALLOON VOLLEYBALL

3:00 HAPPY HOURI

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8:30 TRIP: CHURCH

10:45 MORNING EXERCISE

10:45 HOSPITALITY VISIT

1:30 TAROOTHE GAME

2:30 CHEF'S CORNER

3:45 AFTERNOON BINGO

7:15 EVENING BINGO

8:15 EVENING MOVIE

8:30 TRIP: CHURCH

10:45 MORNING EXERCISE

10:45 HOSPITALITY VISIT

1:30 TABOO THE GAME

11:15 A TO Z TRIVIA

2:30 INDOOR GOLF

3:30 HAPPY HOUR

3:45 AFTERNOON BINGO

7:15 EVENING RINGO

8:15 EVENING MOVIE

11:15 A TO Z TRIVIA

2:30 INDOOR GOLF

3:00 CHEF'S CORNE

4:00 MANDALA ART

7:15 EVENING RINGO

8:15 EVENING MOVIE

3:45 AFTERNOON BINGO

1:30 TABOO THE GAME

2:30 DAVEN W/ RABBI BROWNSTEIN

10:15 HOT TOPICS & DISCUSSION

2:30 DAVEN W/ RARRI BROWNSTEIN

3:00 HAPPY HOUR

11:15 A TO 7 TRIVIA

10:15 HOT TOPICS & DISCUSSION

12:00 MAMA THERESA LUNCHEON

2:30 DAVEN W/ RABBI BROWNSTEIN

10:45 START YOUR MORNING VISIT GR GR 11:15 WORD IN A WORD 1:30 NATIONAL TRIVIA DAY JS GR 2:30 HORSE RACING WITH FATIMA JS GR MR 3:45 AFTERNOON BINGO JS GR 4:00 READING/BOOK CLUB WITH JOY E 0 7:15 EVENING BINGO E GR F GR 8:15 EVENING MOVIE

9.43	COFFEE CONNEN	12	un
10:15	NEWS AND VIEWS	JS	GR
10:30	SUNDAY MASS - LIVE STREAM	1	GR
10:45	SUNDAY STRENGTHENING	E	GR
11:15	FINISH THE WORD	JS	GR
1:30	BRAIN TEASERS	JS	GR
2:30	AFTERNOON MOVIE MATINEE	1	MR
2:30	LEFT RIGHT CENTER	JS	GR
2:30	MARSHALLS SHOPPING	E	0
3:00	HAPPY HOUR!	E	GR
3:45	AFTERNOON BINGO	F	GR
4:00	SPORT CENTER	S	MR
7:15	EVENING BINGO	F	GR
8:15	EVENING MOVIE	- 1	MR
9	SUPER BOWL SUNDAY		
9:45	COFFEE CORNER	JS	GR
10:15	NEWS AND VIEWS	JS	GR
10:30	SUNDAY MASS - LIVE STREAM	1	GR
11:00	SUNDAY STRENGTHENING	E	GR

JS GR 11:15 FINISH THE WORD JS GR 2:30 AFTERNOON MOVIE MATINEE MR 2:30 DICK'S SPORTING GOODS GR 2:30 AFTERNOON RINGO 0 0 3:45 SUPER BOWL SUNDAY GR GR MR GR

JS GR 10:30 SUNDAY MASS - LIVE STREAM GR GR 11:00 SUNDAY STRENGTHENING GR 2:30 AFTERNOON MOVIE MATINEE MR GR GR GR MR GR

24 JS GR JS GR GR GR GR 11:00 **ART CLUB** GR MR JS GR 3.00 HAPPY HOUR GR 3:45 AFTERNOON RINGO GR 4:00 CONVERSATION CORNER MR

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1:30 CHESS AND CHECKERS CHALLENGE 2:30 **STOP & SHOP** 2:30 AXE THROWING 3:00 HAPPY HOURI 3:45 AFTERNOON BINGO 4.00 HANG MAN 4:00 CONVERSATION CORNER 7.15 EVENING RINGO 8:15 EVENING MOVIE 9:45 COFFEE CORNER 10:15 TODAY'S HEADLINE 10:45 LIGHT AND LIVELY FITNESS 10:45 **PET THERAPY** 1:30 CHESS AND CHECKERS CHALLENGE 2:30 WALMART SHOPPING 2:30 AXE THROWING

GR 3:45 AFTERNOON BINGO 4:00 RUMMIKUB 7:15 EVENING BINGO 8:15 EVENING MOVIE 9:45 COFFEE CORNER 10:15 HAPPENINGS AND HOROSCOPES 10:45 YOU'VE GOT MAIL - VISIT 11:15 CROSSWORD CHALLENGE 1:30 CRANIUM CRUSHERS 2:30 BEAN BAG TOSS 3:00 VETS CHAT WITH ERIC 3:00 HAPPY HOUR 3:45 AFTERNOON BINGO

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7:15 EVENING BINGO

8:15 EVENING MOVIE

MR 8:15 EVENING MOVIE 9:45 COFFEE CORNER 10:15 HAPPENINGS AND HOROSCOPES 10:45 YOU'VE GOT MAIL - VISIT GR GR 11:15 CROSSWORD CHALLENGE 1:30 CRANIUM CRUSHERS MR 3:00 HAPPY HOUR! GR 3.45 AFTERNOON RINGO 4.00 RIIMMIKIIR MR 7:15 EVENING BINGO GR MR 8:15 EVENING MOVIE 25

GR E GR I MR 9:45 COFFEE CORNER C GR 10:15 HAPPENINGS AND HOROSCOPES C GR 10:45 YOU'VE GOT MAIL - VISIT C GR 11:15 CROSSWORD CHALLENGE C GR 1:30 CRANIUM CRUSHERS C GR 2:30 FOOD COUNCIL MEETING E DR 3:00 HAPPY HOUR! (3:45 AFTERNOON BINGO C GR 4:00 RUMMIKUB

9:45 COFFEE CORNER E GR 10:15 MID WEEK NEWS 10:30 BALLOON VOLLEYBALL E GR 10:45 HOSPITALITY VISIT C GR 11:15 TRENDING TOPICS F GR 1:30 WORD IN A WORD 2:30 LADDER BALL CHALLENGE 3:00 HAPPY HOUR! 3:45 AFTERNOON BINGO F GR 4:00 INDEPENDENT CARD GAMES I GR 7:15 EVENING BINGO F GR 8:15 EVENING MOVIE I MR

12 9:45 COFFEE CORNER E GR 10:15 MID WEEK NEWS 10:30 BALLOON VOLLEYBALL 10.45 HOSPITALITY VISIT GR 11:15 TRENDING TOPICS 2:30 VALENTINE'S DAY CARDS 3:00 HAPPY HOURI 3:45 AFTERNOON RINGO 4:00 INDEPENDENT CARD GAMES 7:15 EVENING BINGO

I MR E GR 10:15 HOT TOPICS & DISCUSSION 10:45 MORNING EXERCISE 10:30 BALLOON VOLLEYBALL GR C GR 10.45 HOSPITALITY VISIT 2:30 BAKING CLUB WITH FATIMA 4:00 INDEPENDENT CARD GAMES

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7:15 EVENING BINGO GR 8:15 EVENING MOVIE MR 8-30 TRIP-CHURCH E 0 10:15 HOT TOPICS & DISCUSSION C GR C GR 10:45 MORNING EXERCISE 10:45 HOSPITALITY VISIT GR 11:15 A TO Z TRIVIA GR 1.30 TAROOTHE GAME GR 2:30 DAVEN W/ RABBI BROWNSTEIN MR 2:30 LARRY WOLFE LECTURES GR 3:30 HAPPY HOUR! GR 3:45 AFTERNOON BINGO GR 9:45 COFFEE CORNER 10:15 MORNING UPDATE AND NEWS 10:45 LIGHT LIVELY FITNESS 10:45 ONE TO ONE VISIT 11:15 YOU BE THE JUDGE 1:30 CROSSWORD PUZZLES 2:30 IFOPARDY WITH IIMMY 3:15 AFTERNOON BINGO 3:45 JIMMY'S CONVERSATION CORNER 4:00 INDEPENDENT CARD GAMES

GR 1:30 WHERE IN THE WORLD 2:30 HORSE RACING WITH FATIMA 3:00 HAPPY HOUR! 3:45 AFTERNOON BINGO GR 4:00 INDEPENDENT CARD GAMES GR 7:15 EVENING BINGO 7:15 EVENING BINGO 8:15 EVENING MOVIE 8:15 EVENING MOVIE 14 VALENTINE'S DAY *15* 9:45 COFFEE CORNER 9:45 COFFEE CORNER 10:15 MORNING UPDATE AND NEWS 10:15 WEEKEND NEWS & UPDATES 10:45 CUPID FITNESS

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JS GR JS GR 10:45 WEEKEND WORKOUT JS 10:45 START YOUR MORNING VISIT 11:00 FASHION ON WHEELS 11:15 WORD IN A WORD 1:30 WHERE IN THE WORLD 2:30 HORSE RACING WITH FATIMA 3:00 HAPPY HOUR! GR 3:45 AFTERNOON BINGO 4:00 READING/BOOK CLUB WITH JOY 7:15 FVFNING BINGO 8:15 EVENING MOVIE

ROMANTIC DINNER 7:15 EVENING BINGO 8:15 EVENING MOVIE 10:15 WEEKEND NEWS & UPDATES 10:15 MORNING UPDATE AND NEWS 10:45 LIGHT LIVELY FITNESS 10:45 WEEKEND WORKOUT 10:45 BARRE FITNESS 10:45 ONE TO ONE VISIT GR 11:15 WORD IN A WORD 11:15 YOU BE THE JUDGE 1:30 CROSSWORD PUZZLES GR 2:30 AFTERNOON BINGO 3:15 BUD GRAMMER PERFORMING 3:45 AFTERNOON BINGO GR 3:45 JIMMY'S CONVERSATION CORNER 3:45 AFTERNOON BINGO 4:00 RING TOSS 4:00 INDEPENDENT CARD GAMES 7:15 EVENING RINGO 7:15 EVENING BINGO 8:15 EVENING MOVIE MR 8:15 EVENING MOVIE

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