

February 2025

The Arbors At ISLANDIA EAST

Tel: 631-232-3131
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

ACTIVITY CALENDAR

STAFF KEY	LOCATION KEY
V=Valerie Director	O - Outing
S=Sarah	B - Bistro
G=Gina	CY - Courtyard
E=Elissa	LO - Lobby
A=Anne	G - Game Room
M=Michelle	AC - Activity Channel
K=Keara	IR - In Room
L=Linda	F1 - First Floor
D=Denzel	F2 - Second Floor
N=Neha	F3 - Third Floor
IR=Indasia	DR - Dining Room
VEN=Vender	M - Media Room
RS-Recreation Staff	W - West Side
RL=Resident Lead	IR - In Room

FOR YOUR DINING PLEASURE
BREAKFAST 7:45am-9:15am
LUNCH 11:45am-1:15pm
DINNER 4:45pm-6:15pm

All programs are subject to change.
All changes will be reflected on the Daily Board.

Your Director Valerie will be happy to answer any questions you may have regarding this calendar.

WEEKLY TRIPS

TO SIGN UP FOR OUR WEEKLY TRIPS
OR SPECIAL EVENTS PLEASE GO TO
THE CALENDAR AREA BY THE FRONT
DESK TO RESERVE YOUR SPOT!

*All trips are if weather permits.



9:30 NEWS FLASH	S	LO
10:00 SATURDAY WARM UP	M	LO
10:30 WALKING CLUB	S	LO
11:00 MULTIPLE CHOICE	M	LO
1:15 MOVIE IN THE CINEMA	M	M
1:15 BINGO!	L	G
2:00 CANASTA CLUB	RL	G
2:00 TABLE GAMES	S/M	LO
3:00 HAPPY HOUR TRAIL MIX	S/M/L	B
4:00 NAME 10	S	LO
6:15 WEEKEND BINGO	L	G
7:15 NIGHT AT THE MOVIES	L	M

2	R.C. COMMUNION WITH JAMES GROUNDHOG DAY		
9:30	R.C. COMMUNION WITH JAMES	VEN	G
9:30	TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH	A/D/RS	O
10:30	MORNING WARM UP	L	LO
11:00	MULTIPLE CHOICE	L	LO
1:15	MATINEE	D	M
1:15	BINGO!	D	G
2:00	KINGS IN THE CORNER CLUB	RL	G
2:00	GROUNDHOG WORD SEARCH	D/A/L	LO
3:00	HAPPY HOUR SUNDAES	D/A/L	B
4:00	TRIVIA CHALLENGE	D	LO
6:15	LATE DAY BINGO	A	G
7:15	EVENING MOVIE IN THE CINEMA	A	M

3			
9:30	CURRENT EVENTS	G	LO
10:00	EXERCISE	E	LO
10:00	ROSARY PRAYER SERVICE	RL	M
10:30	WALKING CLUB	G	LO
11:00	COZY HOT COCOA BAR/TRIVIA	G/E	LO
1:15	AFTERNOON MOVIE	G	M
1:15	BINGO!	E	G
2:00	PENNY POKER CLUB	RL	G
2:00	WORD PUZZLES	G/E/N	LO
3:00	HAPPY HOUR GROUND HOG CHILLI DIP & CHIPS	G/E/N	B
4:00	BOGGLE	G	LO
6:15	AFTER DINNER BINGO	N	G
7:15	NIGHT FLICK	N	M

4	RESIDENT COUNCIL/FOOD COUNCIL MEETINGS		
9:30	NEWS & VIEWS	G	LO
10:00	TUESDAY TONING	IR	LO
10:30	RESIDENT COUNCIL MEETING	RL	M
11:00	FOOD COUNCIL MEETING	RL	M
1:15	MATINEE	G	M
1:15	BINGO!	S	G
2:00	MAH JONG CLUB	RL	G
2:00	BILLIARD CLUB	G/IR/S	LO
3:00	HAPPY HOUR MOZARELLA STICKS	G/IR/S	B
3:30	GREGORY ENTERTAINMENT	VEN	LO
6:15	JEOPARDY	S	G
7:15	BINGO ANYONE?	S	M

5	PENCIL PUZZLES		
9:30	WORLD NEWS	IR	LO
10:00	WEDNESDAY WORKOUT	E	LO
10:30	WALKING CLUB	E	LO
11:00	WHEEL OF FORTUNE	IR	LO
1:15	MOVIE TIME	E	M
1:15	BINGO!	IR	G
2:00	THREE THIRTEEN CLUB	RL	G
2:00	PENCIL PUZZLES	E/IR	LO
3:00	HAPPY HOUR ROOTBEER FLOATS	E/IR	B
4:00	TRIVIA TEASERS	IR	LO
6:15	ALL ABOUT BINGO	A	G
7:15	EVENING MOTION PICTURE	A	M

6	LUNCH TRIP TO RED LOBSTER		
9:30	DAILY NEWS	D	LO
10:00	CHAIR YOGA	S	LO
10:30	WALKING CLUB/BOARD GAMES	S/D	LO
11:00	SCATERGORIES	D	LO
11:30	LUNCH TRIP TO RED LOBSTER	S/D	O
1:15	MID DAY SHOW	L	M
1:15	BINGO!	L	G
2:00	POKENO	RL	G
2:00	JUMBO GAMES	L	LO
3:00	HAPPY HOUR CHOCOLATE CHIP COOKIES	L	B
4:00	GUESSING GAME	D	LO
6:15	BINGO!	L	G
7:15	TONIGHT'S FEATURE FILM	L	M

7	TAKE-IN LUNCH PIZZA		
9:30	GOOD NEWS DAY	S	LO
10:00	FITNESS FUN	M	LO
10:30	WALKING CLUB	M	LO
11:00	TRIVIA TID BITS	S	LO
12:00	TAKE-IN LUNCH PIZZA	S/M/L	B
1:15	FRIDAY AFTERNOON FLICK	L	M
1:15	BINGO!	L	G
2:00	THREE THIRTEEN CLUB	RL	G
2:00	WINTER HAT CRAFT	S/M/L	LO
3:00	HAPPY HOUR FRESH FRUIT	S/M/L	B
4:00	BRAIN BENDERS	M	LO
6:15	BIG BUCKS BINGO	L	G
7:15	FRIDAY NIGHT FLICK	L	M

8			
9:30	HAPPENINGS	M	LO
10:00	STRETCHING	S	LO
10:30	WALKING CLUB	S	LO
11:00	FASCINATING FACTS	M	LO
1:15	MID DAY MOVIE	S	M
1:15	BINGO!	L	G
2:00	CANASTA CLUB	RL	G
2:00	PENCIL COLORING	VEN	LO
3:00	HAPPY HOUR COOL RANCH DORITOS	S/M/L	B
4:00	FAMILY FEUD	M	LO
6:15	BINGO ANYONE?	L	G
7:15	MOVIE IN THE ARBORS THEATER	L	M

9	R.C. COMMUNION WITH JAMES		
9:30	R.C. COMMUNION WITH JAMES	VEN	G
9:30	TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH	A/D/RS	O
10:15	FITNESS FUN	L	LO
11:00	GUESSING GAME	L	LO
1:15	MOVIE TIME	D	M
1:15	BINGO!	D	G
2:00	KINGS IN THE CORNER CLUB	RL	G
2:00	TABLE TOP FOOTBALL	D/A/L	LO
3:00	HAPPY HOUR SUNDAES	D/A/L	B
4:00	GROUP CROSSWORD	D	LO
6:15	SUPERBOWL SUNDAY PARTY	A	M

10	ROSARY PRAYER SERVICE		
9:30	GOOD NEWS TODAY	G	LO
10:00	MORNING WARM UP	E	LO
10:00	ROSARY PRAYER SERVICE	VEN	M
10:30	WALKING CLUB	G	LO
11:00	MULTIPLE CHOICE	E	LO
1:15	MATINEE	E	M
1:15	BINGO!	G	G
2:00	PENNY POKER CLUB	RL	G
2:00	BILLIARD CLUB	G/E/N	LO
3:00	HAPPY HOUR CHOCOLATE CAKE DIP W/PRETZELS	G/E/N	B
4:00	TRIVIA CHALLENGE	E	LO
6:15	LATE DAY BINGO	N	G
7:15	EVENING MOVIE IN THE CINEMA	N	M

11	TRIP TO STARBUCKS		
9:30	CURRENT EVENTS	IR	LO
10:00	EXERCISE	G	LO
10:30	WALKING CLUB	G	LO
11:00	COZY HOT COCOA BAR/WHO AM I?	G/IR	LO
1:15	TRIP TO STARBUCKS	S/G	O
1:15	AFTERNOON MOVIE	IR	M
1:15	BINGO!	IR	G
2:00	MAH JONG CLUB	RL	G
2:00	WORD PUZZLES	IR	LO
3:00	HAPPY HOUR PIGS IN A BLANKET	IR/RS	B
4:00	BOGGLE	IR	LO
6:15	AFTER DINNER BINGO	S	G
7:15	NIGHT FLICK	S	M

12			
9:30	NEWS & VIEWS	IR	LO
10:00	SIT AND BE FIT	E	LO
10:30	WALKING CLUB	E	LO
11:00	GROUP CROSSWORD	IR	LO
1:15	MATINEE	IR	M
1:15	BINGO!	A	G
2:00	THREE THIRTEEN CLUB	RL	G
2:00	BALLOON VOLLEYBALL	E/IR/A	LO
3:00	HAPPY HOUR ROOTBEER FLOATS	E/IR/A	B
4:00	JEOPARDY	IR	LO
6:15	BINGO ANYONE?	A	G
7:15	FEATURE FILM	A	M

13	VALENTINE PAINTING		
9:30	WINTER WEATHER WORLD NEWS	D	LO
10:00	EXERCISE	S	LO
10:30	WALKING CLUB	S	LO
11:00	VALENTINE WORD SCRAMBLE	D	LO
1:15	MOVIE TIME	D	M
1:15	BINGO!	L	G
2:00	VALENTINE PENCIL PUZZLES	S/D/L	LO
2:00	POKENO	RL	G
2:00	VALENTINE PAINTING	S/D/L	LO
3:00	HAPPY HOUR PEANUT BUTTER & BANANAS	S/D/L	B
4:00	VALENTINE TRIVIA CHALLENGE	D	LO
6:15	LET IT SNOW BINGO	L	G
7:15	WINTER MOTION PICTURE	L	M

14	VALENTINES DAY		
9:30	DAILY NEWS	VEN	LO
10:00	CHAIR YOGA	M	LO
10:30	WARM & COZY HOT COCOA BAR	S/M	LO
11:00	LOVE LETTERS	S/M	LO
1:15	ROMANCE ON THE BIG SCREEN	S	M
1:15	BINGO!	L	G
2:00	THREE THIRTEEN CLUB	RL	G
2:30	LYZA ENTERTAINMENT	VEN	LO
3:00	HAPPY HOUR RED VELVET CUPCAKES	S/M/L	B
4:00	VALENTINE GUESSING GAME	S	LO
6:15	BIG BUCKS BINGO	L	G
7:15	ROMANTIC FILM	L	M

15			
9:30	GOOD NEWS DAY	M	LO
10:00	FITNESS FUN	S	LO
10:30	COZY HOT COCOA BAR/FIRESIDE CHAT	S/M	LO
11:00	BOGGLE	S	LO
1:15	AFTERNOON MOVIE	M	G
1:15	BINGO!	L	M
2:00	CANASTA CLUB	RL	G
2:00	TABLE TOP BOWLING	S/M/L	LO
3:00	HAPPY HOUR STRAWBERRY CREAM CHEX MIX	S/M/L	B
4:00	BRAIN BENDERS	M	LO
6:15	BINGO TIME	L	G
7:15	EVENING FILM	L	M

16	R.C. COMMUNION WITH JAMES		
9:30	R.C. COMMUNION WITH JAMES	VEN	G
9:30	TRIP CALVARY LUTHERAN & ST.PATRICK'S CHURCH	A/D/RS	O
10:15	SWAY TO THE MUSIC	L	LO
11:00	JEOPARDY	L	LO
1:15	MOVIE IN THE CINEMA	D	M
1:15	BINGO!	D	G
2:00	KINGS IN THE CORNER CLUB	RL	G
2:00	WORD CHALLENGE	D/A/L	LO
3:00	HAPPY HOUR SUNDAES	D/A/L	B
4:00	MIND BENDERS	D	LO
6:15	WHO'S PLAYING BINGO	A	G
7:15	EVENING MOVIE IN THE CINEMA	A	M

17	PRESIDENTS DAY		
9:30	HISTORY OF PRESIDENTS	G	LO
10:00	ROSARY PRAYER SERVICE	RL	M
10:00	FLEX AND STRETCH	E	LO
10:30	COZY HOT COCOA BAR	G/E	LO
11:00	PRESIDENTIAL TRIVIA	G	LO
1:15	MOVIE TIME	G	M
1:15	BINGO!	IR	G
2:00	PENNY POKER CLUB	RL	G
2:00	PENCIL PUZZLES	VEN	LO
3:00	HAPPY HOUR SPINACH & ARTICHOKE DIP	G/E	B
4:00	GROUP CROSSWORD	G/E	LO
6:15	BINGO TIME	N	G
7:15	NIGHT TIME MOVIE	N	M

18	PET THERAPY		
9:30	NEWS AROUND TOWN	IR	LO
10:00	FITNESS FUN	G	LO
10:30	PET THERAPY	IR/G	LO
10:30	WALKING CLUB	IR/G	LO
11:00	MULTIPLE CHOICE	IR	LO
1:15	AFTERNOON MOVIE	G	M
1:15	BINGO!	S	G
2:00	MAH JONG CLUB	RL	G
2:00	BILLIARD CLUB	G/IR/S	LO
3:00	HAPPY HOUR CORN NUGGETS	G/IR/S	B
4:00	TRIVIA CHALLENGE	G	LO
6:15	LATE DAY BINGO	S	G
7:15	EVENING MOVIE IN THE CINEMA	S	M

19	COZY HOT COCOA BAR/WINTER REMINISCE		
9:30	CURRENT EVENTS	IR	LO
10:00	EXERCISE	E	LO
10:30	WALKING CLUB	E	LO
11:00	COZY HOT COCOA BAR/WINTER REMINISCE	IR/E	LO
1:15	MOVIE	IR	M
1:15	BINGO!	E	G
2:00	THREE THIRTEEN CLUB	RL	G
2:00	TABLE TOP GAMES	IR/E	LO
3:00	HAPPY HOUR ROOTBEER FLOATS	IR/E	B
4:00	BOGGLE	IR	LO