菜	Tanuary	2025 Monday		The	Arbors At WE	STBURY	516-333-6400 w.thearborsassisted living.com
	Sunday <b>O</b>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	STAFF KEY  M=MICHAEL D=DAVID D-Dining Room J=JESSICA J=JIMMY B=BEATRICE E=EDWIN F=FATIMA JO=JOY E=ALL STAFF I=INDEPENDENT  M - Be Bistro D - Dining Room M - Media Room O - Outings P - Patio IR - In Room UN - Upper Nook	BANKING HOURS MONDAY - FRIDAY 11:00 AM - 3:00 PM  COMPUTER CLUB MONDAY - FRIDAY 9:00 AM - 10:00 AM  WALKING CLUB MONDAY / WEDNESDAY/ THURSDAY 2:00 PM  BREAKFAST SERVED 7:30 AM & 8:45 AM  LUNCH SERVED 11:30 AM & 12:45 PM  DINNER SERVED 4:30 PM & 5:45 PM	*ALL TRIPS ARE IF WEATHER PERMITS. *ALL PROGRAMS ARE SUBJECT TO CHANGE. CHANGE WILL BE REFLECTED ON THE DAILY BOARD.  YOUR RECREATION DIRECTOR MICHAEL FILS WILL BE HAPPY TO ANSWER ANY QUESTIONS YOU MAY HAVE REGARDING THIS CALENDAR.	NEW YEAR'S DAY     9:30   BALLROOM DANCING   E   GR     9:45   COFFEE CORNER   E   GR     10:15   MID WEEK NEWS   E   GR     10:30   BALLOON VOLLEYBALL   E   GR     10:45   HOSPITALITY VISIT   C   GR     11:15   TRENDING TOPICS   E   GR     13:30   WORD IN A WORD   C   GR     2:30   NEW YEAR'S RESOLUTIONS   E   GR     3:45   AFTERNOON BINGO   E   GR     4:00   INDEPENDENT CARD GAMES   I   GR     7:15   EVENING BINGO   F   GR     8:15   EVENING MOVIE   I   MF	10:15	10:15   MORNING UPDATE AND NEWS   J   GF	10:15   WEEKEND NEWS & UPDATES   JS   GR
	5           9:45         COFFEE CORNER         JS         GR           10:15         NEWS AND VIEWS         JS         GR           10:30         SUNDAY MASS - LIVE STREAM         I         GR           10:45         SUNDAY STRENGTHENING         E         GR           11:15         FINISH THE WORD         JS         GR           1:30         BRAIN TEASERS         JS         GR           2:30         AFTERNOON MOVIE MATINEE         I         MR           2:30         LEFT RIGHT CENTER         JS         GR           2:30         MICHAEL'S CRAFT STORE         E         O           3:45         AFTERNOON BINGO         F         GR           4:00         SPORT CENTER         S         MR           7:15         EVENING BINGO         F         GR           8:15         EVENING MOVIE         I         MR	10:45   TODAY'S HEADLINE   JS   GR	7           9:45         COFFEE CORNER         C GR           10:15         HAPPENINGS AND HOROSCOPES         C GR           10:45         YOU'VE GOT MAIL - VISIT         C GR           11:15         CROSSWORD CHALLENGE         C GR           1:30         CRANIUM CRUSHERS         C GR           2:30         BEAN BAG TOSS         E O           3:00         HAPPY HOUR!         C GR           3:45         AFTERNOON BINGO         C GR           4:00         RUMMIKUB         I GR           7:15         EVENING BINGO         E GR           8:15         EVENING MOVIE         I MR	9:45 COFFEE CORNER E GR 10:15 MID WEEK NEWS E GR 10:30 BALLOON VOLLEYBALL E GR 10:45 HOSPITALITY VISIT C GR 11:15 TRENDING TOPICS E GR 1:30 WORD IN A WORD E GR 2:30 LADDER BALL CHALLENGE C GR 3:00 SOCIAL WITH ELVIS PRESLEY C GR 3:45 AFTERNOON BINGO F GR 4:00 INDEPENDENT CARD GAMES I GR 7:15 EVENING BINGO F GR 8:15 EVENING MOVIE I MF	10:15 HOT TOPICS & DISCUSSION C GI 10:45 MORNING EXERCISE C GI 10:45 HOSPITALITY VISIT I GI 11:15 A TO Z TRIVIA C GI 1:30 TABOO THE GAME C GI 2:30 ART BY DEBBIE VIOLA E GI 2:30 DAVEN WITH RABBI BROWNSTEIN C M 2:30 CHEF'S CORNER E GI 3:00 HAPPY HOUR! F GI 3:45 AFTERNOON BINGO F GI 7:15 EVENING BINGO F GI	9:45 COFFEE CORNER J GR 10:15 MORNING UPDATE AND NEWS J GR 10:45 LIGHT LIVELY FITNESS J GR 10:45 ONE TO ONE VISIT C GR 11:15 YOU BE THE JUDGE M GR 1:30 CROSSWORD PUZZLES J GR 2:30 AFTERNOON BINGO J GR 3:00 HAPPY HOUR! F GR 3:15 AMI JANE MUSIC F GR 3:45 JIMMY'S CONVERSATION CORNER J GR 4:00 INDEPENDENT CARD GAMES J GR 7:15 EVENING BINGO F GR 8:15 EVENING MOVIE I MF	9:45 COFFEE CORNER JS GR 10:15 WEEKEND NEWS & UPDATES JS GR 10:45 CHAIR YOGA W JANICE JS GR 10:45 START YOUR MORNING VISIT JS GR 11:15 WORD IN A WORD I GR 1:30 WHERE IN THE WORLD E GR 2:30 HORSE RACING WITH FATIMA JS GR 3:00 HAPPY HOUR! JS GR 3:45 AFTERNOON BINGO JS GR 4:00 INDEPENDENT CARD GAMES E O 7:15 EVENING BINGO E GR
Y CA	9:45 COFFEE CORNER JS GR 10:15 NEWS AND VIEWS JS GR 10:30 SUNDAY MASS - LIVE STREAM I GR 11:00 SUNDAY STRENGTHENING E GR 11:15 FINISH THE WORD JS GR 1:30 BRAIN TEASERS JS GR 2:30 AFTERNOON MOVIE MATINEE I MR 2:30 LEFT RIGHT CENTER JS GR 2:30 JERICHO PUBLIC LIBRARY E O 3:00 HAPPY HOUR! E O 3:45 AFTERNOON BINGO E GR 4:00 SPORT CENTER F GR 7:15 EVENING BINGO S MR 8:15 EVENING MOVIE F GR	11:00   ART CLUB   JS   GR     1:30   CHESS AND CHECKERS CHALLENGE   JS   GR     2:30   AXE THROWING CHALLENGE   M   GR     2:30   DOLLAR TREE SHOPPING   M   GR     3:00   HAPPY HOUR!   E   O     3:45   AFTERNOON BINGO   E   GR     4:00   HANG MAN   F   GR     4:00   CONVERSATION CORNER   S   MR     7:15   EVENING BINGO   F   GR     6:00   GR   GR     7:15   EVENING BINGO   F   GR     7:16   GR   GR     7:17   GR   GR     7:18   GR   GR     7:19   GR   GR     7:19   GR   GR     7:10   GR   GR     7:10   GR   GR     7:10   GR   GR     7:11   GR   GR     7:12   GR   GR     7:12   GR   GR     7:13   GR   GR     7:14   GR   GR     7:15   GR   GR     7:15   GR   GR     7:16   GR   GR     7:17   GR   GR     7:18   GR   GR     7:19   GR   GR     7:19   GR   GR     7:10   GR     7:10   GR   GR     7:10   GR   GR     7:10   GR   GR     7:10   GR     7:10   GR   GR     7:10   GR     7:10   GR   GR     7:10   GR     7:1	9:45 COFFEE CORNER C GR 10:15 HAPPENINGS AND HOROSCOPES C GR 10:45 YOU'VE GOT MAIL - VISIT C GR 11:15 CROSSWORD CHALLENGE C GR 1:30 CRANIUM CRUSHERS C GR 2:30 BEAN BAG TOSS E O 3:00 VETS CHAT WITH ERIC C GR 3:00 HAPPY HOUR! C GR 3:45 AFTERNOON BINGO C GR 4:00 RUMMIKUB I GR 7:15 EVENING BINGO E GR 8:15 EVENING MOVIE I MR	9:45 COFFEE CORNER	10:15         HOT TOPICS & DISCUSSION         C         G           10:45         MORNING EXERCISE         C         G           10:45         HOSPITALITY VISIT         I         G           11:15         A TO Z TRIVIA         C         G           1:30         TABOO THE GAME         C         G           2:30         DAVEN WITH RABBI BROWNSTEIN         C         M           2:30         INDOOR GOLF         E         G           3:30         HAPPY HOUR!         F         G           3:45         AFTERNOON BINGO         F         G           7:15         EVENING BINGO         F         G	10:15   MORNING UPDATE AND NEWS   J   G	R   10:15   WEEKEND NEWS & UPDATES   JS   GR
	9:45 COFFEE CORNER	20         MARTIN LUTHER KING DAY           9:45         COFFEE CORNER         JS GR           10:15         TODAY'S HEADLINE         JS GR           10:45         LIGHT AND LIVELY FITNESS         I GR           10:45         PET THERAPY         E GR           11:00         ART CLUB         JS GR           1:30         CHESS AND CHECKERS CHALLENGE         JS GR           2:30         BROADWAY MALL TRIP         I MR           2:30         AXE THROWING         JS GR           3:00         HAPPY HOUR!         E O           3:45         AFTERNOON BINGO         E GR           4:00         CONVERSATION CORNER         S MR           7:15         EVENING BINGO         F GR	21         9:45       COFFEE CORNER       C GR         10:15       HAPPENINGS AND HOROSCOPES       C GR         10:45       YOU'VE GOT MAIL - VISIT       C GR         11:15       CROSSWORD CHALLENGE       C GR         1:30       CRANIUM CRUSHERS       C GR         2:30       RESIDENT COUNCIL MEETING       E MR         3:00       HAPPY HOUR!       C GR         3:45       AFTERNOON BINGO       C GR         4:00       RUMMIKUB       I GR         7:15       EVENING BINGO       E GR	9:45         COFFEE CORNER         E         GR           10:15         MID WEEK NEWS         E         GR           10:30         BALLOON VOLLEYBALL         E         GR           10:45         HOSPITALITY VISIT         C         GR           11:15         TRENDING TOPICS         E         GR           1:30         WORD IN A WORD         C         GR           2:30         BAKING CLUB WITH FATIMA         E         GR           3:00         HAPPY HOUR!         C         GR           3:45         AFTERNOON BINGO         E         GR           4:00         INDEPENDENT CARD GAMES         I         GR           7:15         EVENING BINGO         F         GR           8:15         EVENING MOVIE         I         MF	### 8:30 TRIP: CHURCH	24	25
ACT	26           9:45         COFFEE CORNER         JS GR           10:15         NEWS AND VIEWS         JS GR           10:30         SUNDAY MASS - LIVE STREAM         I GR           11:00         SUNDAY STRENGTHENING         E GR           11:15         FINISH THE WORD         JS GR           1:30         BRAIN TEASERS         JS GR           2:30         AFTERNOON MOVIE MATINEE         I MR           2:30         TRADER JOES SHOPPING         JS GR           3:00         HAPPY HOUR!         E O           3:45         AFTERNOON BINGO         E GR           4:00         MANDALA ART         I GR           7:15         EVENING BINGO         S MR           8:15         EVENING MOVIE         F GR	10:15   TODAY'S HEADLINE   JS   GR     10:45   LIGHT AND LIVELY FITNESS   JS   GR     10:45   PETTHERAPY   I   GR     11:00   ART CLUB   JS   GR     13:00   CHESS AND CHECKERS CHALLENGE   JS   GR     2:30   TARGET TRIP   I   MR     2:30   AXE THROWING   JS   GR     3:00   HAPPY HOUR!   E   O     3:45   AFTERNOON BINGO   E   GR     4:00   CONVERSATION CORNER   S   MR	28         FAMILY BINGO NIGHT           9:45         COFFEE CORNER         C         GR           10:15         HAPPENINGS AND HOROSCOPES         C         GR           10:45         YOU'VE GOT MAIL - VISIT         C         GR           11:15         CROSSWORD CHALLENGE         C         GR           1:30         CRANIUM CRUSHERS         C         GR           2:30         FOOD COUNCIL MEETING         E         DR           3:00         HAPPY HOUR!         C         GR           3:45         AFTERNOON BINGO         C         GR           4:00         RUMMIKUB         I         GR           7:15         FAMILY BINGO NIGHT         E         GR           8:15         EVENING MOVIE         I         MR	9:45         COFFEE CORNER         E         GR           10:15         MID WEEK NEWS         E         GR           10:30         BALLOON VOLLEYBALL         E         GR           10:45         HOSPITALITY VISIT         C         GR           11:15         TRENDING TOPICS         E         GR           1:30         WORD IN A WORD         C         GR           2:30         WINTER OLYMPICS COMPETITION         E         GR           3:00         HAPPY HOUR!         C         GR           3:45         AFTERNOON BINGO         E         GR           4:00         INDEPENDENT CARD GAMES         I         GR           7:15         EVENING BINGO         F         GR           8:15         EVENING MOVIE         I         MR	10:15	2:30 KARAOKE FUN J G 3:00 HAPPY HOUR! F G 3:45 AFTERNOON BINGO F G 4:15 JIMMY'S CONVERSATION CORNER J G 4:00 INDEPENDENT CARD GAMES J G 7:15 EVENING BINGO F G	R R R R R R R R R R R R R R R R R R R