

SEPTEMBER 2024

The Arbors At ISLANDIA EAST SAFECARE

Tel: 631-232-3131
www.thearborsassistedliving.com

ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 COMMUNION WITH JAMES AL 9:30 NAME THAT ANIMAL VG/D LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV VG/D LR 10:00 TABLE GAMES VG/D LR 10:30 STRETCH & REFRESH VG/D LR 11:00 DICE ROLL VG/D LR 1:15 BALL GAMES VG/D LR 2:00 TRIVIA TEASERS VG/D LR 2:30 JUMBO GAMES VG/D LR 3:00 HAPPY HOUR SUNDAES VG/D DR 4:00 BINGO VG/D LR 6:00 SWEET MELODIES RS LR	2 LABOR DAY 9:30 A-Z OCCUPATIONS VG LR 10:00 FITNESS FUN & HYDRATE VG LR 10:30 MULTIPLE CHOICE VG LR 11:00 SIMON SAYS VG LR 1:15 RING TOSS VG LR 2:00 OCCUPATION DISCUSSION VG LR 2:30 KARAOKE VG LR 3:00 HAPPY HOUR VG DR 4:00 BINGO VG LR 6:00 MUSIC HOUR RS LR	3 9:30 FAVORITE FRUITS VG/D LR 10:00 EXERCISE & REFRESH VG/D LR 10:30 TRIVIA TIME VG/D LR 11:00 BOWLING VG/D LR 1:15 WORD CHALLENGE VG/D LR 2:00 BALL TOSS VG/D LR 2:30 FLOWER ARRANGING VG/D LR 3:00 HAPPY HOUR PIGS IN A BLANKET VG/D DR 4:00 BINGO VG/D LR 6:00 BROADWAY TUNES RS LR	4 SCHOOL MEMORIES 9:30 SCHOOL MEMORIES VG/D LR 10:00 MOVE TO THE BEAT & HYDRATION STATION VG/D LR 10:30 BALLOON TAP VG/D LR 11:00 GUESSING GAME VG/D LR 1:15 PARACHUTE VG/D LR 2:00 SCHOOL Pictionary VG/D LR 2:30 MOVEMENT TO MUSIC VG/D LR 3:00 HAPPY HOUR ROOTBEER FLOATS VG/D DR 4:00 BINGO VG/D LR 6:00 SOOTHING MELODIES RS LR	5 DEBRA TOSCANO ENTERTAINMENT AL 9:30 PICTURE BOOKS DD/VG/D LR 10:00 STRETCHING & REFRESHING ON THE PATIO DD/VG/D P 10:30 PATIO GAMES DD/VG/D P 11:00 BALLOONS AFLOAT DD/VG/D P 1:15 WATER COLOR SUMMER DD/VG/D LR 2:00 JUMBO PONG DD/VG/D LR 2:30 DICE ROLL DD/VG/D LR 2:30 DEBRA TOSCANO ENTERTAINMENT AL VEN ELO 3:00 HAPPY HOUR LOADED POTATO SKINS DD/VG/D DR 4:00 BINGO RS LR 6:00 BACK TO THE 50'S RS LR	6 ALEX ALEXANDER ENTERTAINMENT 9:30 FAMILIAR FACES DD/D/K LR 10:00 FITNESS FUN & HYDRATION DD/D/K LR 10:30 ALEX ALEXANDER ENTERTAINMENT VEN LR 11:00 SEEK & FIND DD/D/K LR 1:15 KARAOKE DD/D/K LR 2:00 NOODLE TENNIS DD/D/K LR 2:30 NAME 10 DD/D/K LR 3:00 HAPPY HOUR FRUIT COCKTAIL DD/D/K DR 4:00 BINGO DD/D/K LR 6:00 MUSIC STYLINGS OF DOLLY PARTON RS LR	7 9:30 A-Z SUMMER K LR 10:00 EXERCISE & HYDRATE K LR 10:30 NAME THAT ANIMAL K LR 11:00 BASKETBALL SHOOTOUT K LR 1:15 HOOP TOSS K LR 2:00 NAME THAT SOUND K LR 2:30 GOLF K LR 3:00 HAPPY HOUR K DR 4:00 BINGO K LR 6:00 MUSICAL SENSATIONS RS LR
8 GRANDPARENT'S DAY EVENTS IN AL 9:30 SIT AND TALK VG/D LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV VG/D LR 10:00 TABLE GAMES VG/D LR 10:30 MOVE TO THE BEAT & HYDRATE VG/D LR 11:00 NOODLE TAP VG/D LR 1:15 DICE GAMES VG/D LR 2:00 GRANDPARENT'S DAY EVENTS IN AL VG/D ELO 2:00 BOWLING VG/D LR 2:30 NAME THAT OBJECT VG/D DR 3:00 HAPPY HOUR SUNDAES VG/D LR 4:00 BINGO VG/D LR 6:00 DANCING OF GENE KELLY RS LR	9 WEAR YOUR FAVORITE SPORT 9:30 NAME THAT FACE VG LR 10:00 STRETCH & REFRESH VG LR 10:30 GARDEN CARE ON THE PATIO VG P 11:00 RHYME TIME VG P 1:15 ROLL OF THE DICE VG LR 2:00 BALL GAMES VG LR 2:30 TRIVIA TIME VG LR 3:00 HAPPY HOUR VG DR 4:00 BINGO VG LR 6:00 SOUNDS OF NATURE RS LR	10 FUNNY SOCK DAY 9:30 WHAT WOULD YOU DO? VG/D LR 10:00 FITNESS FUN & HYDRATE VG/D LR 10:30 GUESSING GAME VG/D LR 11:00 SIMON SAYS VG/D LR 1:15 DANCE PARTY VG/D LR 1:30 MARIA MENNITI MUSIC THERAPY VEN LR 2:30 SING A LONG VG/D LR 3:00 HAPPY HOUR DONUT HOLES VG/D DR 4:00 BINGO VG/D LR 6:00 MOTOWN MUSIC RS LR	11 PATRIOT DAY (RED WHITE & BLUE) 9:30 HISTORIC EVENTS VG/D LR 10:00 EXERCISE & REFRESH VG/D LR 10:30 TRIVIA TEASERS VG/D LR 11:00 BOWLING VG/D LR 1:15 A-Z VEGETABLES VG/D LR 2:00 BALL TOSS VG/D LR 2:30 FLOWER ARRANGING VG/D LR 3:00 HAPPY HOUR ROOTBEER FLOATS VG/D DR 4:00 BINGO VG/D LR 6:00 PATRIOTIC TUNES RS LR	12 THE ARBORS OLYMPICS WEAR RED 9:30 HOT TOPICS DD/VG/D LR 10:00 MOVE TO THE BEAT & HYDRATION STATION DD/VG/D LR 10:30 BALLOON TAP DD/VG/D LR 11:00 CLUE TRIVIA DD/VG/D LR 1:15 RING TOSS DD/VG/D LR 2:00 SPORTS Pictionary DD/VG/D LR 2:30 MOVEMENT TO MUSIC DD/VG/D LR 3:00 HAPPY HOUR TOASTED RAVIOLI DD/VG/D DR 4:00 BINGO DD/VG/D LR 6:00 SOOTHING MELODIES RS LR	13 CRAZY HAT DAY/SCENIC DRIVE 9:30 PICTURE BOOKS DD/D/K LR 10:00 SCENIC DRIVE DD/D/K LR 10:00 STRETCHING & REFRESHING DD/D/K LR 10:30 FUN FACTS DD/D/K LR 11:00 BASKETBALL SHOOTOUT DD/D/K LR 1:15 BEADING S/D O 2:00 ROLL OF THE DICE DD/K LR 2:30 SPORTS CHARADES DD/K LR 3:00 HAPPY HOUR VEGGIES W/RANCH DIP DD/K DR 4:00 BINGO DD/D/K LR 6:00 GOLDEN OLDIES RS LR	14 BANDANA DAY 9:30 MOVIE TALK K LR 10:00 FITNESS FUN & HYDRATION K LR 10:30 TRUE OR FALSE K LR 11:00 HIDDEN OBJECTS K LR 1:15 SING A LONG K LR 2:00 NOODLE TENNIS K LR 2:30 FAMILY FEUD K LR 3:00 HAPPY HOUR K DR 4:00 BINGO K LR 6:00 MUSIC STYLINGS OF ROD STEWART RS LR
15 COMMUNION WITH JAMES AL 9:30 A-Z AT SCHOOL VG/D LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV VG/D LR 10:00 TABLE GAMES VG/D LR 10:30 WALK TO THE PATIO VG/D P 11:00 EXERCISE & REFRESH VG/D P 1:15 HOOP TOSS VG/D LR 2:00 BALLOON VOLLEYBALL VG/D LR 2:30 SCATEGORIES VG/D LR 3:00 HAPPY HOUR SUNDAES VG/D DR 4:00 BINGO VG/D LR 6:00 MUSIC FOR THE SOUL RS LR	16 ANDREW ENTERTAINMENT 9:30 LETS TALK VG LR 10:00 MOVE TO THE BEAT & HYDRATION STATION VG LR 10:30 FAMOUS FACES VG LR 11:00 DICE GAMES VG LR 1:15 CRAYON CREATIONS VG LR 1:30 ANDREW ENTERTAINMENT VEN LR 2:30 JUMBO DOMINOES VG LR 3:00 BOWLING VG LR 4:00 HAPPY HOUR VG DR 6:00 BINGO VG LR 6:00 MUSICAL STYLINGS OF PERRY CUOMO RS LR	17 9:30 WHO DO YOU KNOW? VG/D LR 10:00 STRETCHING & REFRESHING VG/D LR 10:30 BALLOON VOLLEY VG/D LR 11:00 NAME 10 VG/D LR 1:15 RING TOSS VG/D LR 2:00 BALL TOSS VG/D LR 2:30 INSTRUMENT CHARADES VG/D LR 3:00 HAPPY HOUR CHEESE FRIES VG/D DR 4:00 BINGO VG/D LR 6:00 SWEET MELODIES RS LR	18 NEHA DANCE PERFORMANCE AL 9:30 CHIT CHAT VG/D LR 10:00 FITNESS FUN & HYDRATE VG/D LR 10:30 GUESS THE EMOJI VG/D LR 11:00 SIMON SAYS VG/D LR 1:15 BEAN BAG CHALLENGE VG/D LR 2:00 NEHA DANCE PERFORMANCE AL VEN ELO 2:00 CHEER FITNESS VG/D LR 2:30 SING A LONG VG/D DR 3:00 HAPPY HOUR ROOTBEER FLOATS VG/D LR 4:00 BINGO RS LR 6:00 MUSIC MEDITATION RS LR	19 JIM PAPA ENTERTAINMENT AL 9:30 SIT AND TALK DD/VG/D LR 10:00 EXERCISE & REFRESH DD/VG/D LR 10:30 WALK TO THE PATIO DD/VG/D P 11:00 BOWLING DD/VG/D P 1:15 A-Z ON THE FARM DD/VG/D LR 2:00 BALL TOSS DD/VG/D LR 2:00 JIM PAPA ENTERTAINMENT AL VEN ELO 2:30 FLOWER ARRANGING DD/VG/D DR 3:00 HAPPY HOUR SWEET TATOR TOTS DD/VG/D DR 4:00 BINGO DD/VG/D LR 6:00 MUSIC THAT MAKES YOU SMILE RS LR	20 YOGA CLASS WITH RAY! 9:30 YOU BE THE JUDGE DD/D/K LR 10:15 YOGA CLASS W/RAY VEN LR 10:30 BALLOON VOLLEYBALL DD/D/K LR 1:15 40'S SONGS DD/D/K LR 2:00 TRIVIA CHALLENGE DD/D/K LR 2:30 MOVEMENT TO MUSIC DD/D/K LR 3:00 HAPPY HOUR APPLES & PEANUT BUTTER DD/D/K DR 4:00 BINGO DD/D/K LR 6:00 MUSIC HOUR RS LR	21 VANCE ENTERTAINMENT 9:30 PICTURE BOOKS RS/K LR 10:00 STRETCHING & REFRESHING RS/K LR 10:30 VANCE ENTERTAINMENT RS/K LR 11:00 BASKETBALL SHOOTOUT RS/K LR 1:15 BEACH SCENES RS/K LR 2:00 JUMBO DOMINOS RS/K LR 2:30 NAME 10 RS/K LR 3:00 HAPPY HOUR RS/K DR 4:00 BINGO RS/K LR 6:00 GOLDEN OLDIES RS LR
22 AUTUMN/COMMUNION WITH JAMES AL 9:30 TALK ABOUT FAVORITES VG/D LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV VG/D LR 10:00 TABLE GAMES VG/D LR 10:30 FITNESS FUN & HYDRATION VG/D LR 11:00 NAME 10 VG/D LR 1:15 BASKETBALL SHOOTOUT VG/D LR 2:00 GUESSING GAME VG/D LR 2:30 BALL GAMES VG/D LR 3:00 HAPPY HOUR SUNDAES VG/D DR 4:00 BINGO VG/D LR 6:00 MUSIC MONTAGE RS LR	23 PET THERAPY 9:30 GARDENING TALK VG LR 10:00 EXERCISE & REFRESH VG LR 10:30 MATCH GAME VG LR 11:00 PET THERAPY VEN LR 11:00 MULTIPLE CHOICE VG LR 1:15 KARAOKE VG LR 2:00 BALLOON VOLLEYBALL VG LR 2:30 HIDDEN OBJECTS VG LR 3:00 HAPPY HOUR VG DR 4:00 BINGO VG LR 6:00 MUSIC FOR THE SOUL RS LR	24 MARGUERITA ROSE ENTERTAINMENT AL 9:30 TRAVEL TO ITALY VG/D LR 10:00 MOVE TO THE BEAT & HYDRATION STATION VG/D LR 10:30 20 QUESTIONS VG/D LR 11:00 TOSS GAMES VG/D LR 1:15 PAINTING APPLES VG/D LR 2:00 MARGUERITA ROSE ENTERTAINMENT AL VEN ELO 2:00 BOWLING VG/D LR 2:30 JUMBO GAMES VG/D LR 3:00 HAPPY HOUR SOFT PRETZELS VG/D DR 4:00 BINGO VG/D LR 6:00 MUSIC STYLINGS OF THE ANDRE RIEU RS LR	25 PICNIC TRIP TO HOLTSVILLE ZOO & ECOLOGY 9:30 REMINISCING AUTUMN VG/D LR 10:00 PICNIC TRIP TO HOLTSVILLE ZOO & ECOLOGY A/VG O 10:00 STRETCHING & REFRESHING D P 10:30 BALLOON TAP D P 11:00 KARAOKE D LR 1:15 GARDEN CARE ON THE PATIO D LR 2:00 FAMILY FEUD D LR 2:30 BALL GAMES VG/D LR 3:00 HAPPY HOUR ROOTBEER FLOATS VG/D DR 4:00 BINGO VG/D LR 6:00 SWEET MELODIES RS LR	26 9:30 TABLE TALK DD/VG/D LR 10:00 FITNESS FUN & HYDRATE DD/VG/D LR 10:30 TRIVIA TIME DD/VG/D LR 11:00 SIMON SAYS DD/VG/D LR 1:15 BEAN BAG CHALLENGE DD/VG/D LR 2:00 DANCE TO THE MUSIC DD/VG/D LR 2:30 SING A LONG DD/VG/D LR 3:00 HAPPY HOUR CHICKEN NUGGETS DD/VG/D DR 4:00 BINGO DD/VG/D LR 6:00 MUSIC MEDITATION RS LR	27 DEBRA TOSCANO ENTERTAINMENT/LUAU 9:30 MUSIC DISCUSSION DD/D/K LR 10:00 EXERCISE & REFRESH DD/D/K LR 10:30 WORD GAMES DD/D/K LR 11:00 BOWLING DD/D/K LR 1:15 WALK TO THE PATIO DD/D/K P 2:00 BALL TOSS DD/D/K P 3:00 HAPPY HOUR CHEESE & CRACKERS DD/D/K LR 4:00 BINGO DD/D/K DR 6:00 MUSIC THAT MAKES YOU SMILE RS LR	28 GARDEN CARE ON THE PATIO 9:30 CURRENT EVENTS K LR 10:00 MOVE TO THE BEAT & HYDRATION STATION K LR 10:30 TRIVIA TEASERS K LR 11:00 BALLOON VOLLEYBALL K LR 1:15 GARDEN CARE ON THE PATIO K P 2:00 RHYTHM WITH INSTRUMENTS K P 2:30 CHAIR EXERCISE K LR 3:00 HAPPY HOUR K DR 4:00 BINGO K LR 6:00 SOOTHING MELODIES RS LR
29 COMMUNION WITH JAMES AL 9:30 PICTURE BOOKS VG/D LR 9:30 COMMUNION WITH JAMES AL VEN EG 10:00 CATHOLIC MASS ON TV VG/D LR 10:00 TABLE GAMES VG/D LR 10:30 STRETCHING & REFRESHING VG/D LR 11:00 BALLOON VOLLEYBALL VG/D LR 1:15 NAME THAT TUNE VG/D LR 2:00 MINI GOLF VG/D LR 2:30 NAME 10 VG/D LR 3:00 HAPPY HOUR SUNDAES VG/D DR 4:00 BINGO VG/D LR 6:00 EASY LISTENING RS LR	30 9:30 CHIT CHAT VG LR 10:00 FITNESS FUN & HYDRATION VG LR 10:30 NAME THAT SOUND VG LR 11:00 BELIEVE IT OR NOT VG LR 1:15 ROLL OF THE DICE VG LR 2:00 SCATEGORIES VG LR 2:30 MOVE TO THE MUSIC VG LR 3:00 HAPPY HOUR VG D 4:00 BINGO VG LR 6:00 MUSIC MONTAGE VG LR			STAFF KEY V=Valerie Director D= Denzel S= Sarah G= Gina A= Anne M= Mary MR=Michelle VG=Veronica DD=Danielle K=Keith L=Linda AT=Alexia VEN= Vender RS= Recreation Staff RL= Resident Lead	LOCATION KEY O - Outing B - Bistro CY - Courtyard LO - Lobby G - Game Room AC - Activity Channel IR - In Room F1 - First Floor F2 - Second Floor F3 - Third Floor DR - Dining Room M - Media Room W - West Side IR - In Room	FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Valerie will be happy to answer any questions you may have regarding this calendar.