

# AUGUST 2024

# The Arbors At ISLANDIA EAST SAFECARE

Tel: 631-232-3131  
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**STAFF KEY**  
V=Valerie Director  
D= Denzel  
S= Sarah  
G= Gina  
A= Anne  
M= Mary  
MR=Michelle  
VG=Veronica  
DD=Danielle  
K=Keith  
L=Linda  
AT=Alexia  
VEN= Vender  
RS= Recreation Staff  
RL= Resident Lead

**LOCATION KEY**  
O - Outing  
B - Bistro  
CY - Courtyard  
LO - Lobby  
G - Game Room  
AC - Activity Channel  
IR - In Room  
F1 - First Floor  
F2 - Second Floor  
F3 - Third Floor  
DR - Dining Room  
M - Media Room  
W - West Side  
IR - In Room

**FOR YOUR DINING PLEASURE**  
BREAKFAST 8AM  
LUNCH 12NOON  
DINNER 5PM

All programs are subject to change.  
All changes will be reflected on the Daily Board.

Your Director Valerie will be happy to answer any questions you may have regarding this calendar.

**1 PATIO GAMES**  
9:30 PICTURE BOOKS VG/D LR  
10:00 STRETCHING & REFRESHING ON THE PATIO VG/D P  
10:30 PATIO GAMES VG/D P  
11:00 BALLOONS AFLOAT VG/D P  
1:15 WATER COLOR SUMMER VG/D LR  
2:00 JUMBO PONG VG/D LR  
2:30 DICE ROLL VG/D LR  
3:00 HAPPY HOUR CHICKEN NUGGETS VG/D DR  
4:00 BINGO VG/D LR  
6:00 SUMMER SONGS RS LR

**2**  
9:30 FAMILIAR FACES DD/D/K LR  
10:00 FITNESS FUN & HYDRATION DD/D/K LR  
10:30 FACT OR FICTION DD/D/K LR  
11:00 SEEK & FIND DD/D/K LR  
1:15 KARAOKE DD/D/K LR  
2:00 NOODLE TENNIS DD/D/K LR  
2:30 NAME 10 DD/D/K LR  
3:00 HAPPY HOUR FRESH FRUIT DD/D/K DR  
4:00 BINGO DD/D/K LR  
6:00 MUSIC STYLINGS OF JOHNNY MATHIS RS LR

**3**  
9:30 A-Z SUMMER RS/K LR  
10:00 EXERCISE & HYDRATE RS/K LR  
10:30 NAME THAT ANIMAL RS/K LR  
11:00 OBSTACLE COURSE RS/K LR  
1:15 HOOP TOSS RS/K LR  
2:00 NAME THAT SOUND RS/K LR  
2:30 GOLF RS/K LR  
3:00 HAPPY HOUR RS/K DR  
4:00 BINGO RS/K LR  
6:00 MUSICAL SENSATIONS RS LR

**4 COMMUNION WITH JAMES**  
9:30 SIT AND TALK VG/D LR  
9:30 COMMUNION WITH JAMES VEN EG  
10:00 CATHOLIC MASS ON TV VG/D LR  
10:00 TABLE GAMES VG/D LR  
10:30 MOVE TO THE BEAT & HYDRATE VG/D LR  
11:00 NOODLE TAP VG/D LR  
1:15 DICE GAMES VG/D LR  
2:00 BOWLING VG/D LR  
2:30 NAME GAME VG/D LR  
3:00 HAPPY HOUR SUNDAES VG/D DR  
4:00 BINGO VG/D LR  
6:00 MUSICAL STYLINGS OF FRANK SINATRA RS LR

**5 GARDEN CARE ON THE PATIO**  
9:30 NAME THAT FACE VG/DD/M LR  
10:00 STRETCH & REFRESH VG/DD/M LR  
10:30 GARDEN CARE ON THE PATIO VG/DD/M P  
11:00 RHYME TIME VG/DD/M P  
1:15 ROLL OF THE DICE VG/DD/M LR  
2:00 BALL GAMES VG/DD/M LR  
2:30 TRIVIA TIME VG/DD/M LR  
3:00 HAPPY HOUR VG/DD/M DR  
4:00 BINGO VG/DD/M LR  
6:00 SOUNDS OF NATURE RS LR

**6**  
9:30 WHAT WOULD YOU DO? VG/D LR  
10:00 FITNESS FUN & HYDRATE VG/D LR  
10:30 GUESSING GAME VG/D LR  
11:00 SIMON SAYS VG/D LR  
1:15 DANCE PARTY VG/D LR  
2:00 BEAN BAG CHALLENGE VG/D LR  
2:30 SING A LONG VG/D LR  
3:00 HAPPY HOUR ONION RINGS VG/D DR  
4:00 BINGO VG/D LR  
6:00 MOTOWN MUSIC RS LR

**7**  
9:30 WEATHER CHAT VG/D LR  
10:00 EXERCISE & REFRESH VG/D LR  
10:30 TRIVIA TEASERS VG/D LR  
11:00 BOWLING VG/D LR  
1:15 A-Z VEGETABLES VG/D LR  
2:00 BALL TOSS VG/D LR  
2:30 FLOWER ARRANGING VG/D LR  
3:00 HAPPY HOUR ROOTBEER FLOATS VG/D DR  
4:00 BINGO VG/D LR  
6:00 SWAY TO THE MUSIC RS LR

**8 GEORGI MASELLI ENTERTAINMENT**  
9:30 HOT TOPICS VG/D LR  
10:00 MOVE TO THE BEAT & HYDRATION STATION VG/D LR  
10:30 BALLOON TAP VG/D LR  
11:00 CLUE TRIVIA VG/D LR  
1:15 BALLOON VOLLEYBALL VG/D LR  
2:00 GEORGI MASELLI ENTERTAINMENT VEN LR  
3:00 HAPPY HOUR MOZZARELLA STICKS VG/D DR  
4:00 BINGO VG/D LR  
6:00 SOOTHING MELODIES RS LR

**9 SCENIC DRIVE/DEBRA TOSCANO ENTERTAINMENT AL**  
9:30 PICTURE BOOKS DD/D/K LR  
10:00 STRETCHING & REFRESHING DD/D/K LR  
10:30 DEBRA TOSCANO ENTERTAINMENT AL VEN ELO  
10:30 FUN FACTS DD/D/K LR  
11:00 BASKETBALL SHOOTOUT DD/D/K LR  
1:15 CRAFTING DD/D/K LR  
1:30 SCENIC DRIVE S/D O  
2:00 ROLL OF THE DICE DD/K LR  
2:30 SPORTS CHARADES DD/K LR  
3:00 HAPPY HOUR FROZEN YOGURT DD/K DR  
4:00 BINGO DD/D/K LR  
6:00 GOLDEN OLDIES RS LR

**10**  
9:30 MOVIE TALK RS/K LR  
10:00 FITNESS FUN & HYDRATION RS/K LR  
10:30 TRUE OR FALSE RS/K LR  
11:00 HIDDEN OBJECTS RS/K LR  
1:15 SING A LONG RS/K LR  
2:00 NOODLE TENNIS RS/K LR  
2:30 FAMILY FEUD RS/K LR  
3:00 HAPPY HOUR RS/K DR  
4:00 BINGO RS/K LR  
6:00 MUSICAL STYLINGS OF NEIL DIAMOND RS LR

**11 HAPPY HOUR SUNDAES**  
9:30 A-Z AT THE BEACH VG/D LR  
9:30 COMMUNION WITH JAMES VEN EG  
10:00 CATHOLIC MASS ON TV VG/D LR  
10:00 TABLE GAMES VG/D LR  
10:30 WALK TO THE PATIO VG/D P  
11:00 EXERCISE & REFRESH VG/D P  
1:15 HOOP TOSS VG/D LR  
2:00 BALLOON VOLLEYBALL VG/D LR  
2:30 SCATEGORIES VG/D LR  
3:00 HAPPY HOUR SUNDAES VG/D DR  
4:00 BINGO VG/D LR  
6:00 MUSIC FOR THE SOUL RS LR

**12 ROSARY PRAYER SERVICE AL**  
9:30 LETS TALK VG/DD/M LR  
10:00 MOVE TO THE BEAT & HYDRATION STATION VG/DD/M LR  
10:00 ROSARY PRAYER SERVICE AL VEN EM  
10:30 FAMOUS FACES VG/DD/M LR  
11:00 DICE GAMES VG/DD/M LR  
1:15 YARN ROLLING VG/DD/M LR  
2:00 JUMBO DOMINOES VG/DD/M LR  
2:30 BOWLING VG/DD/M LR  
3:00 HAPPY HOUR VG/DD/M DR  
4:00 BINGO VG/DD/M LR  
6:00 MUSICAL STYLINGS OF TONY BENNET RS LR

**13**  
9:30 WHO DO YOU KNOW? VG/D LR  
10:00 STRETCHING & REFRESHING VG/D LR  
10:30 BALLOON VOLLEY VG/D LR  
11:00 NAME 10 VG/D LR  
1:15 RING TOSS VG/D LR  
2:00 BALL TOSS VG/D LR  
2:30 SUMMER CHARADES VG/D LR  
3:00 HAPPY HOUR TERIYAKI MEATBALLS VG/D DR  
4:00 BINGO VG/D LR  
6:00 SWEET MELODIES RS LR

**14**  
9:30 CHIT CHAT VG/D LR  
10:00 FITNESS FUN & HYDRATE VG/D LR  
10:30 GUESS THE EMOJI VG/D LR  
11:00 SIMON SAYS VG/D LR  
1:15 LIGHTHOUSE PAINTING VG/D LR  
2:00 BEAN BAG CHALLENGE VG/D LR  
2:30 SING A LONG VG/D LR  
3:00 HAPPY HOUR ROOTBEER FLOATS VG/D DR  
4:00 BINGO VG/D LR  
6:00 MUSIC MEDITATION RS LR

**15 WALK TO THE PATIO**  
9:30 SIT AND TALK VG/D LR  
10:00 EXERCISE & REFRESH VG/D LR  
10:30 WALK TO THE PATIO VG/D P  
11:00 BOWLING VG/D P  
1:15 A-Z ON THE FARM VG/D LR  
2:00 BALL TOSS VG/D LR  
2:30 FLOWER ARRANGING VG/D LR  
3:00 HAPPY HOUR CINNAMON SQUARES VG/D DR  
4:00 BINGO VG/D LR  
6:00 MUSIC THAT MAKES YOU SMILE RS LR

**16 YOGA CLASS WITH RAY!**  
9:30 DISCUSS SPRING DD/D/K LR  
10:15 YOGA CLASS WITH RAY VEN LR  
11:00 BALLOON VOLLEYBALL DD/D/K LR  
1:15 SUMMER SONGS DD/D/K LR  
2:00 TRIVIA CHALLENGE DD/D/K LR  
2:30 MOVEMENT TO MUSIC DD/D/K LR  
3:00 HAPPY HOUR WATERMELON DD/D/K DR  
4:00 BINGO DD/D/K LR  
6:00 MUSIC HOUR RS LR

**17 VANCE ENTERTAINMENT**  
9:30 PICTURE BOOKS RS/K LR  
10:00 STRETCHING & REFRESHING RS/K LR  
10:30 VANCE ENTERTAINMENT RS/K LR  
11:00 BASKETBALL SHOOTOUT RS/K LR  
1:15 BEACH SCENES RS/K LR  
2:00 JUMBO DOMINOS RS/K LR  
2:30 NAME 10 RS/K LR  
3:00 HAPPY HOUR RS/K DR  
4:00 BINGO RS/K LR  
6:00 GOLDEN OLDIES RS LR

**18 COMMUNION WITH JAMES**  
9:30 TALK ABOUT FAVORITES VG/D LR  
9:30 COMMUNION WITH JAMES VEN EG  
10:00 CATHOLIC MASS ON TV VG/D LR  
10:00 TABLE GAMES VG/D LR  
10:30 FITNESS FUN & HYDRATION VG/D LR  
11:00 NAME 10 VG/D LR  
1:15 OBSTACLE COURSE VG/D LR  
2:00 GUESSING GAME VG/D LR  
2:30 BALL GAMES VG/D LR  
3:00 HAPPY HOUR SUNDAES VG/D DR  
4:00 BINGO VG/D LR  
6:00 MUSIC MONTAGE RS LR

**19 WALK TO THE PATIO**  
9:30 GARDENING TALK VG/DD/M LR  
10:00 EXERCISE & REFRESH VG/DD/M LR  
10:30 WALK TO THE PATIO VG/DD/M P  
11:00 MULTIPLE CHOICE VG/DD/M P  
1:15 KARAOKE VG/DD/M LR  
2:00 BALLOON VOLLEYBALL VG/DD/M LR  
2:30 HIDDEN OBJECTS VG/DD/M LR  
3:00 HAPPY HOUR VG/DD/M DR  
4:00 BINGO VG/DD/M LR  
6:00 MUSIC FOR THE SOUL RS LR

**20 PICNIC AT THE LAKE TRIP**  
9:30 TRAVEL TO HAWAII VG/D LR  
10:00 MOVE TO THE BEAT & HYDRATION STATION VG/D LR  
10:30 20 QUESTIONS VG/D LR  
11:00 FLYING CHICKEN VG/D LR  
11:00 PICNIC AT THE LAKE TRIP S/VG O  
1:15 DICE GAMES D/RS LR  
2:00 BOWLING D/RS LR  
2:30 A-Z AT THE BEACH D/RS LR  
3:00 HAPPY HOUR SOFT PRETZLES VG/D DR  
4:00 BINGO VG/D LR  
6:00 MUSICAL STYLINGS OF THE BEACH BOYS RS LR

**21 GARDEN CARE ON THE PATIO**  
9:30 REMINISCING 1950'S VG/D LR  
10:00 STRETCHING & REFRESHING VG/D LR  
10:30 GARDEN CARE ON THE PATIO VG/D P  
11:00 KARAOKE VG/D P  
1:15 BALLOON TAP VG/D LR  
2:00 FAMILY FEUD VG/D LR  
2:30 BALL GAMES VG/D LR  
3:00 HAPPY HOUR ROOTBEER FLOATS VG/D DR  
4:00 BINGO VG/D LR  
6:00 SWEET MELODIES RS LR

**22**  
9:30 TABLE TALK VG/D LR  
10:00 FITNESS FUN & HYDRATE VG/D LR  
10:30 TRIVIA TIME VG/D LR  
11:00 SIMON SAYS VG/D LR  
1:15 BEAN BAG CHALLENGE VG/D LR  
2:00 DANCE TO THE MUSIC VG/D LR  
2:30 SING A LONG VG/D LR  
3:00 HAPPY HOUR FRIED CORN NUGGETS VG/D DR  
4:00 BINGO VG/D LR  
6:00 MUSIC MEDITATION RS LR

**23 DEBRA TOSCANO ENTERTAINMENT/LUAV**  
9:30 MUSIC DISCUSSION DD/D/K LR  
10:00 EXERCISE & REFRESH DD/D/K LR  
10:30 WALK TO THE PATIO DD/D/K P  
11:00 BOWLING DD/D/K LR  
1:15 BALL TOSS DD/D/K LR  
2:00 DEBRA TOSCANO ENTERTAINMENT/LUAV VEN LR  
3:00 HAPPY HOUR APPLES & CARAMEL DD/D/K LR  
4:00 BINGO DD/D/K DR  
6:00 MUSIC THAT MAKES YOU SMILE RS LR

**24 GEORGI MISELI ENTERTAINMENT AL**  
9:30 CURRENT EVENTS RS/K LR  
10:00 MOVE TO THE BEAT & HYDRATION STATION RS/K LR  
10:30 GARDEN CARE ON THE PATIO RS/K P  
11:00 BALLOON VOLLEYBALL RS/K P  
1:15 TRIVIA TEASERS RS/K LR  
2:00 GEORGI MISELI ENTERTAINMENT AL VEN ELO  
2:00 RHYTHM WITH INSTRUMENTS RS/K LR  
2:30 CHAIR EXERCISE RS/K LR  
3:00 HAPPY HOUR RS/K DR  
4:00 BINGO RS/K LR  
6:00 SOOTHING MELODIES RS LR

**25**  
9:30 PICTURE BOOKS VG/D LR  
9:30 COMMUNION WITH JAMES VEN EG  
10:00 CATHOLIC MASS ON TV VG/D LR  
10:00 TABLE GAMES VG/D LR  
10:30 STRETCHING & REFRESHING VG/D LR  
11:00 BALLOON VOLLEYBALL VG/D LR  
1:15 NAME THAT TUNE VG/D LR  
2:00 MINI GOLF VG/D LR  
2:30 NAME 10 VG/D LR  
3:00 HAPPY HOUR SUNDAES VG/D DR  
4:00 BINGO VG/D LR  
6:00 EASY LISTENING RS LR

**26 ROSARY PRAYER SERVICE AL**  
9:30 CHIT CHAT VG/DD/M LR  
10:00 FITNESS FUN & HYDRATION VG/DD/M LR  
10:00 ROSARY PRAYER SERVICE AL VEN EM  
10:30 NAME THAT SOUND VG/DD/M LR  
11:00 BELIEVE IT OR NOT VG/DD/M LR  
1:15 ROLL OF THE DICE VG/DD/M LR  
2:00 SCATEGORIES VG/DD/M LR  
2:30 MOVE TO THE MUSIC VG/DD/M LR  
3:00 HAPPY HOUR VG/DD/M DR  
4:00 BINGO VG/DD/M LR  
6:00 MUSIC MONTAGE RS LR

**27 MARIA MINNITI ENTERTAINMENT**  
9:30 WHAT WOULD YOU DO? VG/D LR  
10:00 EXERCISE & REFRESH VG/D LR  
10:30 WALK TO THE PATIO VG/D P  
11:00 MIX & MATCH VG/D P  
1:15 SING A LONG VG/D LR  
1:30 MARIA MINNITI ENTERTAINMENT VEN LR  
2:30 BALLOON VOLLEYBALL VG/D LR  
3:00 HAPPY HOUR DEVILED EGGS VG/D DR  
4:00 BINGO VG/D LR  
6:00 MUSIC FOR THE SOUL RS LR

**28 KAREN BELLA ENTERTAINMENT AL**  
9:30 WHERE IN THE WORLD VG/D LR  
10:00 MOVE TO THE BEAT & HYDRATION STATION VG/D LR  
10:30 YARN ROLLING VG/D LR  
11:00 FLYING CHICKEN VG/D LR  
1:15 DICE GAMES VG/D LR  
2:00 KAREN BELLA ENTERTAINMENT AL VEN ELO  
2:00 BOWLING VG/D LR  
2:30 NAME 10 VG/D LR  
3:00 HAPPY HOUR ROOTBEER FLOATS VG/D DR  
4:00 BINGO VG/D LR  
6:00 MUSICAL STYLINGS OF RAY CHARLES RS LR

**29**  
9:30 SUMMER CHARADES VG/D LR  
10:00 MOVE TO THE BEAT & HYDRATION STATION VG/D LR  
10:30 MULTIPLE CHOICE VG/D LR  
11:00 BALLOON VOLLEY VG/D LR  
1:15 HIDDEN OBJECTS VG/D LR  
2:00 NAME 10 VG/D LR  
2:30 BALL TOSS VG/D LR  
3:00 HAPPY HOUR STRING CHEESE VG/D DR  
4:00 BINGO VG/D LR  
6:00 DOO WOP STYLE RS LR

**30**  
9:30 YOU BE THE JUDGE DD/D/K LR  
10:00 FITNESS FUN & HYDRATE DD/D/K LR  
10:30 GUESSING GAME DD/D/K LR  
11:00 SIMON SAYS DD/D/K LR  
1:15 WORD CHALLENGE DD/D/K LR  
2:00 BEAN BAG CHALLENGE DD/D/K LR  
2:30 SING A LONG DD/D/K LR  
3:00 HAPPY HOUR PEANUT BUTTER BANANA ROLLUP DD/D/K DR  
4:00 BINGO DD/D/K LR  
6:00 SONGS FROM GREASE THE MUSICAL RS LR

**31 FAVORITE SUMMER MEMORIES**  
9:30 FAVORITE SUMMER MEMORIES RS/K LR  
10:00 EXERCISE & REFRESH RS/K LR  
10:30 TRIVIA TEASERS RS/K LR  
11:00 BOWLING RS/K LR  
1:15 3 LETTER WORDS RS/K LR  
2:00 BALL GAMES RS/K LR  
2:30 FLOWER ARRANGING RS/K LR  
3:00 HAPPY HOUR RS/K DR  
4:00 BINGO RS/K LR  
6:00 MUSIC THAT MAKES YOU SMILE RS LR

ACTIVITY CALENDAR