

MAY 2024



The Arbors At ISLANDIA EAST SAFECARE

Tel: 631-232-3131
www.thearborsassistedliving.com

ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
STAFF KEY V=Valerie Director D=Denzel VRJ=Vitra A=Anne JG=Jeanell B=Britany Y=Kyra VEN=Vender RS-Recreation Staff RL=Resident Lead LOCATION KEY O - Outing B - Bistro CY - Courtyard LO - Lobby G - Game Room AC - Activity Channel IR - In Room F1 - First Floor F2 - Second Floor F3 - Third Floor DR - Dining Room M - Media Room W - West Side IR - In Room	<p><i>"All that I am or ever hope to be, I owe to my angel mother."</i></p> <p>-Abraham Lincoln</p>	<p>FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM</p> <p>All programs are subject to change. All changes will be reflected on the Daily Board.</p> <p>Your Director Valerie will be happy to answer any questions you may have regarding this calendar.</p>	<p>1</p> <p>9:30 WEATHER CHAT J/D LR 10:00 MOVE TO THE BEAT & HYDRATE J/D LR 10:30 TRIVIA TEASERS J/D LR 11:00 BALLOON VOLLEYBALL J/D LR 1:15 BINGO J/D/A LR 2:00 MINI GOLF J/D/A LR 3:00 HAPPY HOUR ROOTBEER FLOATS J DR 4:00 INSTRUMENTS WITH RHYTHM J/D LR 6:00 GUESSING GAME RS LR 7:00 SOOTHING MELODIES RS LR</p>	<p>2</p> <p>9:30 PICTURE BOOKS J/VRJ LR 10:00 STRETCHING & REFRESHING J/VRJ LR 10:30 WALK TO THE BISTRO J/VRJ B 11:00 NAME 10 J/VRJ LR 1:15 BINGO J/VRJ/D LR 2:00 HOOP TOSS J/VRJ/D LR 3:00 HAPPY HOUR SOFT PRETZELS J DR 4:00 TIC TAC TOSS J/VRJ LR 6:00 FILL IN THE BLANK D LR 7:00 GOLDEN OLDIES D LR</p>	<p>3 ERIC ENTERTAINMENT AL</p> <p>9:30 TGIF Y/RS LR 10:00 FITNESS & WATER Y/RS LR 10:30 OUTBURST Y/RS LR 11:00 HIDDEN OBJECTS Y/RS LR 1:15 LIFESTYLE STATIONS Y/RS/D LR 2:00 BALL GAMES Y/RS/D LR 2:00 ERIC ENTERTAINMENT AL Y/RS/D ELO 3:00 HAPPY HOUR FROZEN YOGURT SQUARES Y LR 4:00 DANCE TO THE MUSIC Y/RS LR 6:00 CHIT CHAT D LR 7:00 MUSIC STYLINGS OF JOHNNY MATHIS D LR</p>	<p>4 KENTUCKY DERBY</p> <p>9:30 WEEKEND WORDS Y/RS LR 10:00 EXERCISE & HYDRATE Y/RS LR 10:30 NAME THAT ANIMAL Y/RS LR 11:00 OBSTACLE COURSE Y/RS LR 1:15 HORSE RACING Y/RS/VRJ LR 2:00 NAME THAT SOUND Y/RS/VRJ LR 3:00 HAPPY HOUR FUNYUNS Y DR 4:00 GARDENING CHARADES Y/RS P 6:00 HOUSE CLEANING LIST VRJ LR 7:00 MUSICAL SENSATIONS VRJ LR</p>
<p>5 CINCO DE MAYO/MEXICAN HAT TOSS</p> <p>9:30 SIT AND TALK J/D LR 9:30 COMMUNION WITH JAMES VEN EM 10:00 CATHOLIC MASS ON TV J/D LR 10:30 MOVE TO THE BEAT & HYDRATE J/D LR 11:00 MEXICAN HAT TOSS J/D LR 1:15 BINGO J/D/VRJ LR 2:00 NOODLE TAP J/D/VRJ LR 3:00 HAPPY HOUR SUNDAES D DR 4:00 BOWLING J/D LR 6:00 TEA & TALK VRJ LR 7:00 MUSICAL STYLINGS OF FRANK SINATRA VRJ LR</p>	<p>6 GARDEN CARE ON THE PATIO</p> <p>9:30 WHO'S WHO? Y/RS LR 10:00 STRETCH & REFRESH Y/RS LR 10:30 GARDEN CARE ON THE PATIO Y/RS P 11:00 RHYME TIME Y/RS LR 1:15 ROLL OF THE DICE Y/RS/J LR 2:00 BALL GAMES Y/RS/J LR 3:00 HAPPY HOUR CHIPS & SALSA Y DR 4:00 TIC TAC TOSS Y/RS LR 6:00 SOUNDS OF NATURE J LR 7:00 SWEET MELODIES J LR</p>	<p>7 ROBERT STACK ENTERTAINMENT AL</p> <p>9:30 WHAT WOULD YOU DO? RS/D LR 10:00 FITNESS FUN & WATER RS/D LR 10:30 BOX TRIVIA RS/D LR 11:00 SIMON SAYS RS/D LR 1:15 BINGO RS/D/J LR 2:00 BEAN BAG CHALLENGE RS/D/J LR 2:00 ROBERT STACK ENTERTAINMENT AL VEN ELO 3:00 HAPPY HOUR BREAD PUDDING D DR 4:00 DANCE PARTY RS/D LR 6:00 TALK ABOUT SPRING J LR 7:00 MOTOWN MUSIC J LR</p>	<p>8</p> <p>9:30 FAVORITE VEGGIES J/D LR 10:00 EXERCISE & REFRESH J/D LR 10:30 PAINTING VEGETABLES J/D LR 11:00 SALAD RECIPE J/D DR 1:15 DICE GAMES J/D/A LR 2:00 A-Z VEGETABLES J/D/A LR 3:00 HAPPY HOUR ROOTBEER FLOATS D DR 4:00 BOWLING J/D LR 6:00 WEDNESDAY WIND DOWN A LR 7:00 MUSIC THAT MAKES YOU SMILE A LR</p>	<p>9 STUDENTS VISIT/HIGH TEA WITH MOM</p> <p>9:30 SMITHTOWN SCHOOL STUDENTS J/VRJ ELO 9:30 HOT TOPICS J/VRJ LR 10:00 MOVE TO THE BEAT & HYDRATE J/VRJ LR 10:30 CLUE TRIVIA J/VRJ LR 11:00 BALLOON VOLLEYBALL J/VRJ/D LR 1:15 BINGO J/VRJ/D LR 1:30 HIGH TEA WITH MOM J DR 2:00 MATCH GAME J/VRJ/D LR 3:00 HAPPY HOUR MOZZARELLA STICKS D DR 4:00 BALL TOSS J/VRJ LR 6:00 ON SCREEN ZOO VISIT D 7:00 SOOTHING MELODIES D</p>	<p>10 ALEX ENTERTAINMENT</p> <p>9:30 PICTURE BOOKS Y/RS ELO 10:00 STRETCHING & REFRESHING Y/RS LR 10:30 FUN FACTS Y/RS LR 11:00 ALEX ENTERTAINMENT VEN LR 11:00 BASKETBALL SHOOTOUT Y/RS LR 1:15 ROLL OF THE DICE Y/RS/D LR 2:00 CHARADES Y/RS/D LR 3:00 HAPPY HOUR APPLE SAUCE Y DR 4:00 TIC TAC TOSS Y/RS LR 6:00 GROCERY SHOPPING LIST D LR 7:00 GOLDEN OLDIES D</p>	<p>11</p> <p>9:30 MOVIE TALK Y/RS LR 10:00 FITNESS FUN & HYDRATION Y/RS LR 10:30 TRUE OR FALSE Y/RS LR 11:00 HIDDEN OBJECTS Y/RS LR 1:15 BINGO Y/RS/VRJ LR 2:00 NOODLE TENNIS Y/RS/VRJ LR 3:00 HAPPY HOUR CHEEZITS Y DR 4:00 KARAOKE Y/RS LR 6:00 CHIT CHAT VRJ LR 7:00 MUSIC STYLINGS OF CELINE DION VRJ LR</p>
<p>12 MOTHER'S DAY</p> <p>9:30 MOTHER'S ADVICE J/D LR 9:30 COMMUNION WITH JAMES VEN EM 10:00 CATHOLIC MASS ON TV J/D LR 10:30 EXERCISE & REFRESH J/D LR 11:00 WALK TO THE BISTRO J/D B 1:15 BINGO J/D/VRJ LR 2:00 REMEMBERING MOM J/D/VRJ LR 3:00 HAPPY HOUR SUNDAES D DR 4:00 BALLOON VOLLEYBALL J/D LR 6:00 KARAOKE VRJ LR 7:00 MUSIC FOR THE SOUL VRJ LR</p>	<p>13 MARIA MENNITI ENTERTAINMENT</p> <p>9:30 LETS TALK Y/RS LR 10:00 MOVE TO THE BEAT & WATER Y/RS LR 10:30 MONDAY MANICURES Y/RS LR 11:00 YARN ROLLING Y/RS LR 1:15 DICE GAMES Y/RS/J LR 2:00 MARIA MENNITI ENTERTAINMENT VEN LR 3:00 HAPPY HOUR ONION DIP W/POTATO CHIPS Y DR 4:00 BOWLING Y/RS LR 6:00 TEA & TALK J LR 7:00 MUSICAL STYLINGS OF TONY BENNET J LR</p>	<p>14 TRIP TO THE BEACH/GARDENING ON THE PATIO</p> <p>9:30 WHO DO YOU KNOW? RS/D LR 10:00 STRETCHING & REFRESHING RS/D LR 10:30 GARDENING ON THE PATIO RS/D P 11:00 BALLOON VOLLEY RS/D LR 1:15 TRIP TO THE BEACH SN/D O 1:15 BINGO JG/D LR 2:00 BALL GAMES JG/D LR 3:00 HAPPY HOUR DEVEILED EGGS RS/D DR 4:00 TIC TAC TOSS RS/D LR 6:00 BRAIN GAMES J LR 7:00 SWEET MELODIES J LR</p>	<p>15</p> <p>9:30 CHIT CHAT J/D LR 10:00 FITNESS FUN & HYDRATE J/D LR 10:30 TRIVIA TIME J/D LR 11:00 SIMON SAYS J/D LR 1:15 ROLL OF THE DICE J/D/A LR 2:00 BEAN BAG CHALLENGE J/D/A LR 3:00 HAPPY HOUR ROOTBEER FLOATS D DR 4:00 LETS DANCE J/D LR 6:00 IDENTIFY THIS A LR 7:00 MUSIC MEDITATION A LR</p>	<p>16</p> <p>9:30 SIT AND TALK J/VRJ LR 10:00 EXERCISE & WATER J/VRJ LR 10:30 A-Z ON THE FARM J/VRJ LR 11:00 WALK TO THE BISTRO J/VRJ B 1:15 BINGO J/VRJ/D LR 2:00 BALL TOSS J/VRJ/D LR 3:00 HAPPY HOUR CINNAMON SQUARES J DR 4:00 BOWLING J/VRJ LR 6:00 FLOWER ARRANGING D LR 7:00 MUSIC THAT MAKES YOU SMILE D LR</p>	<p>17 YOGA CLASS WITH RAY!</p> <p>9:30 DISCUSS SPRING Y/RS LR 10:15 YOGA WITH RAY VEN LR 10:45 HYDRATION STATION Y/RS LR 11:00 BALLOON VOLLEYBALL Y/RS LR 1:15 DICE GAMES Y/RS/D LR 2:00 MOVEMENT TO MUSIC Y/RS/D LR 3:00 HAPPY HOUR BANANA BREAD Y DR 4:00 BALL TOSS Y/RS LR 6:00 MUSIC HOUR D LR 7:00 SOOTHING MELODIES D LR</p>	<p>18</p> <p>9:30 PICTURE BOOKS Y/RS LR 10:00 STRETCHING & REFRESHING Y/RS LR 10:30 WALK TO THE BISTRO Y/RS B 11:00 NAME 10 Y/RS LR 1:15 BINGO Y/RS/VRJ LR 2:00 TABLE GAMES Y/RS/VRJ LR 3:00 HAPPY HOUR CHEESE POPCORN Y DR 4:00 TIC TAC TOSS Y/RS LR 6:00 YOU BE THE JUDGE VRJ LR 7:00 GOLDEN OLDIES VRJ LR</p>
<p>19</p> <p>9:30 TALK ABOUT FAVORITES J/D LR 9:30 COMMUNION WITH JAMES VEN EM 10:00 CATHOLIC MASS ON TV J/D LR 10:30 FITNESS FUN & HYDRATION J/D LR 11:00 NAME 10 J/D LR 1:15 ROLL OF THE DICE J/D/VRJ LR 2:00 OBSTACLE COURSE J/D/VRJ LR 3:00 HAPPY HOUR SUNDAES D DR 4:00 BALL GAMES J/D LR 6:00 MULTIPLE CHOICE VRJ LR 7:00 MUSIC MONTAGE VRJ LR</p>	<p>20</p> <p>9:30 GARDENING TALK Y/RS LR 10:00 EXERCISE & REFRESHMENTS Y/RS LR 10:30 MIX AND MATCH Y/RS LR 11:00 WALK TO THE BISTRO Y/RS LR 1:15 BINGO Y/RS/J LR 2:00 HIDDEN OBJECTS Y/RS/J LR 3:00 HAPPY HOUR BUFFALO CHICKEN DIP Y DR 4:00 BALLOON VOLLEYBALL Y/RS LR 6:00 KARAOKE J LR 7:00 MUSIC FOR THE SOUL J LR</p>	<p>21 LARRY WOLFF LECTURE-JACKIE GLEASON</p> <p>9:30 WHERE WOULD YOU LIKE TO GO? D/RS LR 10:00 MOVE TO THE BEAT & WATER D/RS LR 10:30 20 QUESTIONS D/RS LR 11:00 FLYING CHICKEN D/RS LR 1:15 DICE GAMES D/RS/J LR 2:00 NOODLE TAP D/RS/J LR 3:00 HAPPY HOUR ONION RINGS RS DR 3:30 LARRY WOLFF LECTURE-JACKIE GLEASON D/RS/J EM 4:00 BOWLING D/RS LR 6:00 TEA & TALK J LR 7:00 1950'S MUSIC J LR</p>	<p>22 JOHNNY WHIMPLE ENTERTAINMENT/GARDENING</p> <p>9:30 REMINISCING 1950'S D/J LR 10:00 STRETCHING & REFRESHING D/J LR 10:30 GARDEN CARE ON THE PATIO D/J P 11:00 LIFESTYLE STATIONS D/J LR 1:15 BINGO D/A/J LR 2:00 JOHNNY WHIMPLE ENTERTAINMENT VEN LR 3:00 HAPPY HOUR ROOTBEER FLOATS D DR 4:00 TIC TAC TOSS D/J LR 6:00 BRAIN GAMES A LR 7:00 SWEET MELODIES A LR</p>	<p>23 VENDOR 3 SISTERS NECK GLASS</p> <p>9:30 VENDOR 3 SISTERS NECK GLASS 9:30-4 VEN ELO 9:30 TABLE TALK J/VRJ LR 10:00 FITNESS FUN & HYDRATE J/VRJ LR 10:30 TRIVIA TIME J/VRJ LR 11:00 SIMON SAYS J/VRJ LR 1:15 ROLL OF THE DICE J/VRJ/D LR 2:00 COLOR SCENES WITH MUSIC J/VRJ/D LR 3:00 HAPPY HOUR TERIYAKI MEATBALLS J DR 4:00 DANCE TO THE MUSIC J/VRJ LR 6:00 MATCH GAME D LR 7:00 MUSIC MEDITATION D LR</p>	<p>24</p> <p>9:30 MUSIC DISCUSSION Y/RS LR 10:00 EXERCISE & REFRESHMENTS Y/RS LR 10:30 A-Z SPRING CLEANING Y/RS LR 11:00 WALK TO THE BISTRO Y/RS B 1:15 BINGO Y/RS/D LR 2:00 BALL TOSS Y/RS/D LR 3:00 HAPPY HOUR FRUIT SALAD Y DR 4:00 BOWLING Y/RS LR 6:00 FLOWER ARRANGING D LR 7:00 MUSIC THAT MAKES YOU SMILE D LR</p>	<p>25</p> <p>9:30 CURRENT EVENTS Y/RS LR 10:00 MOVE TO THE BEAT & WATER Y/RS LR 10:30 GARDEN CARE ON THE PATIO Y/RS P 10:30 BALLOON VOLLEYBALL Y/RS LR 11:00 TRIVIA TEASERS Y/RS LR 1:15 DICE GAMES Y/RS/VRJ LR 2:00 CHAIR EXERCISE Y/RS/VRJ LR 3:00 HAPPY HOUR CHEESE DOODLES Y DR 4:00 BALL TOSS Y/RS LR 6:00 TABLE GAMES VRJ LR 7:00 SOOTHING MELODIES VRJ LR</p>
<p>26</p> <p>9:30 PICTURE BOOKS J/D LR 9:30 COMMUNION WITH JAMES VEN EM 10:00 CATHOLIC MASS ON TV J/D LR 10:30 STRETCHING & REFRESHING J/D LR 11:00 BALLOON VOLLEYBALL J/D LR 1:15 BINGO J/D/VRJ LR 2:00 MINI GOLF J/D/VRJ LR 3:00 HAPPY HOUR SUNDAES D DR 4:00 TRIVIA TEASERS J/D LR 6:00 1960'S MUSIC VRJ LR 7:00 EASY LISTENING VRJ LR</p>	<p>27 MEMORIAL DAY</p> <p>9:30 PATRIOTIC TALK Y/RS LR 10:00 FITNESS FUN & HYDRATION Y/RS LR 10:30 NAME 10 Y/RS LR 11:00 MONDAY MANICURES Y/RS LR 1:15 ROLL OF THE DICE Y/RS/J LR 2:00 OBSTACLE COURSE Y/RS/J LR 3:00 HAPPY HOUR CHIPS AND CHEESE SAUCE Y DR 4:00 MOVE TO THE MUSIC Y/RS LR 6:00 MULTIPLE CHOICE J LR 7:00 PATRIOTIC MUSIC MONTAGE J LR</p>	<p>28 MEMORIAL DAY BBQ/GREGORY ENTERTAINMENT</p> <p>9:30 WHEN IS THE BEST TIME FOR...? D/RS LR 10:00 FLAG EXERCISE & REFRESH D/RS LR 10:30 MIX AND MATCH D/RS LR 11:00 WALK TO THE BISTRO D/RS B 11:00 GREGORY ENTERTAINMENT AL VEN ELO 12:00 MEMORIAL DAY BBQ RS CY 1:15 BINGO D/RS/J LR 2:00 HIDDEN OBJECTS D/RS/J LR 3:00 HAPPY HOUR FRIED CORN NUGGETS RS DR 4:00 BALLOON VOLLEYBALL D/J LR 6:00 SING A LONG J LR 7:00 MUSIC FOR THE SOUL J LR</p>	<p>29 TRIP TO STARBUCKS</p> <p>9:30 WHERE IN THE WORLD D/J LR 10:00 MOVE TO THE BEAT & HYDRATE D/J LR 10:30 YARN ROLLING D/J LR 11:00 FLYING CHICKEN D/J LR 1:15 DICE GAMES D/J LR 1:30 TRIP TO STARBUCKS A/RS O 2:00 NOODLE TAP D DR 3:00 HAPPY HOUR ROOTBEER FLOATS D LR 4:00 BOWLING D/J LR 6:00 TEA & TALK A LR 7:00 MUSIC STYLINGS OF DEAN MARTIN A</p>	<p>30 GARDEN CARE ON THE PATIO</p> <p>9:30 REMEMBERING TV SHOWS J/VRJ LR 10:00 STRETCHING & REFRESHING J/VRJ LR 10:30 GARDEN CARE ON THE PATIO J/VRJ P 11:00 LIFESTYLE STATIONS J/VRJ LR 1:15 BINGO J/VRJ/D LR 2:00 BALL GAMES J/VRJ/D LR 3:00 HAPPY HOUR CHOCOLATE CHIP COOKIES J DR 4:00 BRAIN GAMES J/VRJ LR 6:00 THINK TANK D LR 7:00 SWEET MELODIES D LR</p>	<p>31</p> <p>9:30 OUTDOOR SPORTS TALK Y/RS LR 10:00 FITNESS FUN & HYDRATE Y/RS LR 10:30 HIDDEN OBJECTS Y/RS LR 11:00 BASKETBALL SHOOTOUT Y/RS LR 1:15 ROLL OF THE DICE Y/RS/D LR 2:00 CRAFTING Y/RS/D LR 3:00 HAPPY HOUR VEGGIE WRAPS Y DR 4:00 DANCE MOVES Y/RS LR 6:00 MATCH GAME D LR 7:00 MUSIC MEDITATION D LR</p>	