

MAY 2024

The Arbors At ISLANDIA EAST

Tel: 631-232-3131
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

STAFF KEY
V=Valerie Director
D= Denzel
VRJ=Vitra
S= Sarah
G= Gina
A= Anne
M= Megan
H= Heidi
JG= Jeanell
WD=Natia Wellness Director
VEN= Vender
RS- Recreation Staff
RL= Resident Lead

LOCATION KEY
O - Outing
B - Bistro
CY - Courtyard
LO - Lobby
G - Game Room
AC - Activity Channel
IR - In Room
F1 - First Floor
F2 - Second Floor
F3 - Third Floor
DR - Dining Room
M - Media Room
W - West Side
IR - In Room

FOR YOUR DINING PLEASURE
BREAKFAST 7:45am-9:15am
LUNCH 11:45am-1:15pm
DINNER 4:45pm-6:15pm

All programs are subject to change.
All changes will be reflected on the Daily Board.
Your Director Valerie will be happy to answer any questions you may have regarding this calendar.

WEEKLY TRIPS

TO SIGN UP FOR OUR WEEKLY TRIPS
OR SPECIAL EVENTS PLEASE GO TO
THE CALENDAR AREA BY THE FRONT
DESK TO RESERVE YOUR SPOT!

*All trips are if weather permits.

1 LUTHERAN SERVICES WITH PASTOR ZACHARY

9:30 WORLD NEWS B LO
10:00 WEDNESDAY WORKOUT M LO
10:30 WALKING CLUB B LO
10:30 LUTHERAN SERVICES WITH PASTOR ZACHARY VEN G
11:00 WHEEL OF FORTUNE M LO
1:15 AFTERNOON MOTION PICTURE B M
1:15 BINGO! M G
2:00 THREE THIRTEEN CLUB RL G
2:00 BOWLING B LO
3:00 HAPPY HOUR ROOTBEER FLOATS M/B B
4:00 TRIVIA TEASERS M LO
6:00 ALL ABOUT BINGO A G
7:00 EVENING MOTION PICTURE A M

2 TRIP TO DOLLAR TREE

9:30 TOP STORIES TODAY S LO
10:00 TOTAL FITNESS B LO
10:30 TABLE GAMES S LO
11:00 SPRING HANGMAN B LO
1:15 MATINEE M M
1:15 BINGO! M G
1:30 TRIP TO DOLLAR TREE S/B O
2:00 POKENO RL G
2:00 GAMES IN THE COURTYARD M CY
3:00 HAPPY HOUR SOFT PRETZLES M B
4:00 WHO AM I? B LO
6:00 BINGO! M G
7:00 TONIGHT'S FEATURE FILM M M

3 ERIC ENTERTAINMENT

9:30 WHAT'S UP MR LO
10:00 FITNESS FRIDAY S LO
10:30 WALKING CLUB MR LO
11:00 BOGGLE S LO
1:15 FRIDAY AFTERNOON FLICK MR M
1:15 BINGO! S G
2:00 POKER CLUB RL G
2:00 ERIC ENTERTAINMENT VEN LO
3:00 HAPPY HOUR FROZEN YOGURT SQUARES S/MR B
4:00 TRUE OR FALSE MR LO
6:00 BIG BUCKS BINGO RS G
7:00 FRIDAY NIGHT FLICK RS M

4 KENTUCKY DERBY

9:30 HAPPENINGS S LO
10:00 STRETCHING MR LO
10:30 BOARD GAMES S LO
11:00 FASCINATING FACTS MR LO
1:15 MID DAY MOVIE S M
1:15 BINGO! MR G
2:00 CANASTA CLUB RL G
2:00 WEAR YOUR HATS: KENTUCKY DERBY S/MR/B LO
3:00 HAPPY HOUR FUNIONS S/MR/B B
4:00 FAMILY FEUD MR LO
6:00 BINGO ANYONE? B G
7:00 WEEKEND MOVIE B M

5 HAPPY HOUR SUNDAES/CINCO DE MAYO

9:30 R.C. COMMUNION WITH JAMES VEN G
9:30 TRIP CALVARYLUTHERAN & ST PATRICKS CHURCH A/RS O
10:15 NEWS AROUND TOWN RS LO
10:30 FITNESS FUN RS LO
11:00 WALKING CLUB RS LO
1:00 RECOVERY PROGRAM RL M
1:15 BINGO! M G
2:00 KINGS IN THE CORNER CLUB RL G
2:00 MEXICAN HAT TOSS A/M LO
3:00 HAPPY HOUR SUNDAES A/M B
4:00 ARE YOU SMARTER THAN A 5TH GRADER M LO
6:00 EVENING BINGO M G
7:00 MOVIE TIME M M

6 ROSARY PRAYER SERVICE

9:30 GOOD NEWS TODAY G LO
10:00 ROSARY PRAYER SERVICE VEN M
10:00 MOVEMENT TO MUSIC B LO
10:30 TABLE GAMES G LO
11:00 GARDENING TALK B LO
1:15 MATINEE G M
1:15 BINGO! H G
2:00 PENNY POKER CLUB RL G
2:00 CRAFTING W/HEIDI H LO
3:00 HAPPY HOUR CHIPS AND SALSA G/B/H B
4:00 WORD PUZZLES B LO
6:00 LATE DAY BINGO H G
7:00 EVENING MOVIE IN THE CINEMA H M

7 RESIDENT & FOOD COUNCIL MEETING/ENTERTAINMENT

9:30 CURRENT EVENTS G LO
10:00 EXERCISE B LO
10:30 RESIDENT & FOOD COUNCIL MEETING RL M
10:30 WALKING CLUB G LO
11:00 KIDS SAY THE DARDEST THINGS B LO
1:15 AFTERNOON MOVIE G M
1:15 BINGO! S G
2:00 CARD CLUB RL G
2:00 ROBERT STACK ENTERTAINMENT VEN LO
3:00 HAPPY HOUR BREAD PUDDING G/B B
4:00 NAME THAT CELEBRITY B LO
6:00 AFTER DINNER BINGO S G
7:00 NIGHT FLICK S M

8 LUNCH TRIP TO MAMA ANGELINA'S

9:30 NEWS & VIEWS M LO
10:00 SIT AND BE FIT B LO
10:30 BOARD GAMES M LO
10:30 MIDWEEK MEDITATION V M
11:00 CROSSWORD B LO
12:00 LUNCH TRIP TO MAMA ANGELINA'S A/B O
1:15 BINGO! M G
1:15 MATINEE M M
2:00 THREE THIRTEEN CLUB RL G
2:00 REMINISCING 1960'S M LO
3:00 HAPPY HOUR ROOTBEER FLOATS M B
4:00 JEOPARDY M/B LO
6:00 BINGO ANYONE? A G
7:00 FEATURE FILM A M

9 SMITHTOWN STUDENT VISIT/HIGH TEA WITH MOM

9:30 WORD GAMES W/STUDENTS VEN LO
10:00 ARTS & CRAFTS W/STUDENTS VEN LO
10:30 BOARD GAMES W/STUDENTS VEN LO
11:00 COZY HOT COCOA BAR W/STUDENTS S/B LO
1:15 BINGO! S G
1:15 MOVIE TIME B M
1:30 HIGH TEA WITH MOM S/B/M B
2:00 POKENO RL G
2:00 BOWLING S/M LO
3:00 HAPPY HOUR MOZZARELLA STICKS S/B B
4:00 TRIVIA CHALLENGE B LO
6:00 BINGO PARTY! M G
7:00 EVENING MOVIE M M

10 TAKE-IN LUNCH CHINESE

9:30 TOP STORIES TODAY S LO
10:00 TOTAL FITNESS MR LO
10:30 WALKING CLUB S LO
11:00 JEOPARDY MR LO
12:00 TAKE-IN LUNCH CHINESE S/MR B
1:15 BINGO! S G
1:15 MID DAY SHOW MR M
2:00 POKER CLUB RL G
2:00 GAMES IN THE COURTYARD S/MR CY
3:00 HAPPY HOUR APPLE SAUCE S/MR B
4:00 FUN FACT FRIDAY MR LO
6:00 BIG BUCKS BINGO RS G
7:00 MOVIE NIGHT RS M

11 POETRY READING

9:30 GOOD NEWS DAY MR LO
10:00 FITNESS FUN S LO
10:30 TABLE GAMES MR LO
11:00 BOGGLE S LO
1:15 BINGO! MR G
1:15 AFTERNOON MOVIE S M
2:00 CANASTA CLUB RL G
2:00 CASINO GAMES S/MR/B LO
3:00 HAPPY HOUR CHEEZ ITS S/MR/B B
4:00 BRAIN GAMES MR LO
6:00 BINGO TIME B G
7:00 EVENING FILM B M

9:30 R.C. COMMUNION WITH JAMES VEN G
9:30 TRIP CALVARYLUTHERAN & ST PATRICKS CHURCH A/RS O
10:00 WHAT'S UP RS LO
10:30 SUNDAY STRETCH RS LO
11:00 WALKING CLUB RS LO
1:15 MOVIE IN THE CINEMA A M
1:15 BINGO! M G
2:00 KINGS IN THE CORNER CLUB RL G
2:00 MINI GOLF M LO
3:00 HAPPY HOUR SUNDAES A/M B
4:00 MIND BENDERS M LO
6:00 WHO'S PLAYING BINGO M G
7:00 EVENING MOVIE IN THE CINEMA M M

13 MARIA MENITTI ENTERTAINMENT

9:30 HAPPENINGS B LO
10:00 FLEX AND STRETCH G LO
10:30 MONDAY MANICURES B LO
11:00 THINK QUICK G LO
1:15 MOVIE TIME B M
1:15 BINGO! H G
2:00 PENNY POKER CLUB RL G
2:00 SPRING ARTS & CRAFTS H LO
3:00 HAPPY HOUR SOUR CREAM & ONION DIP W/CHIPS G/B/H B
3:00 MARIA MENITTI ENTERTAINMENT VEN LO
4:00 WORD COUNT G LO
6:00 BINGO TIME H G
7:00 EVENING MOVIE H M

14 LIBRARY VISIT/EDUCATION W/WELLNESS

9:30 NEWS AROUND TOWN G LO
10:00 FITNESS FUN B LO
10:30 WALKING CLUB G LO
11:00 HEAT/HYDRATION EDUCATION W/NATIA WD LO
1:15 AFTERNOON MOVIE B M
1:15 BINGO! S G
2:00 CARD CLUB RL G
2:00 COURTYARD GARDENING G/B/S CY
3:00 HAPPY HOUR DEVEILED EGGS G/B/S B
4:00 WORD SCRAMBLE G LO
6:00 BINGO BONANZA S G
7:00 MOVIE NIGHT S M

15 TRIP TO WALMART

9:30 WORLD NEWS B LO
10:00 STRETCH AND REFRESH M LO
10:30 MEN'S CLUB V/RS M
10:30 TABLE GAMES B LO
11:00 BOGGLE M LO
1:15 MOVIE TIME B M
1:15 BINGO! B G
1:30 TRIP TO WALMART A/M O
2:00 THREE THIRTEEN CLUB RL G
2:00 FLOATING BALLOONS B LO
3:00 HAPPY HOUR ROOTBEER FLOATS B B
4:00 FINISH THE LYRICS B LO
6:00 LATE DAY BINGO A G
7:00 EVENING MOVIE IN THE CINEMA A M

16 SPRING OPEN HOUSE/KAREN BELLA ENTERTAINMENT

9:30 CURRENT EVENTS S LO
10:00 EXERCISE B LO
10:30 FLOWER ARRANGING S/B LO
11:00 GROUP CROSSWORD S LO
1:15 MATINEE B M
1:15 BINGO! M G
2:00 OUTBURST S LO
2:00 POKENO RL G
2:45 KAREN BELLA ENTERTAINMENT VEN LO
3:00 HAPPY HOUR CINNAMON SQUARES S/B/M B
4:00 JEOPARDY B LO
6:00 BINGO! M G
7:00 THURSDAY SHOWING M M

17 YOGA CLASS WITH RAY

9:45 YOGA CLASS WITH RAY VEN LO
10:15 NEWS & VIEWS MR LO
11:00 WHEEL OF FORTUNE S LO
1:15 AFTERNOON MOVIE MR M
1:15 BINGO! S G
2:00 POKER CLUB RL G
2:00 BOWLING MR LO
3:00 HAPPY HOUR BANANA BREAD S/MR B
4:00 TRIVIA TIME MR LO
6:00 BIG BUCKS BINGO RS G
7:00 FRIDAY FILM RS M

18 GAMES IN THE COURTYARD

9:30 WORLD NEWS S LO
10:00 SIT AND BE FIT MR LO
10:30 WALKING CLUB S LO
11:00 TRIVIA CHALLENGE MR LO
1:15 MOVIE TIME S M
1:15 BINGO! MR G
2:00 CANASTA CLUB RL G
2:00 GAMES IN THE COURTYARD S/MR/B CY
3:00 HAPPY HOUR CHEESE POPCORN S/MR/B B
4:00 WHAT MORE DO YOU KNOW? MR LO
6:00 EVENING BINGO B G
7:00 NIGHT MOVIE AT THE CINEMA B M

9:30 R.C. COMMUNION WITH JAMES VEN M
9:30 TRIP CALVARYLUTHERAN & ST PATRICKS CHURCH A/RS O
10:00 TOP STORIES TODAY RS LO
10:30 SUNDAY WORKOUT RS LO
11:00 TABLE TOP GAMES RS LO
1:15 AFTERNOON MOVIE M M
1:15 BINGO! M G
2:00 KINGS IN THE CORNER CLUB RL G
2:00 BOWLING A LO
3:00 HAPPY HOUR SUNDAES A/M B
4:00 TRAVEL TRIVIA M LO
6:00 AFTER DINNER BINGO M G
7:00 MOVIE NIGHT M M

20 ROSARY PRAYER SERVICE/AWAY WE GROW WORKSHOP

9:30 WHAT'S UP G LO
10:00 ROSARY PRAYER SERVICE VEN M
10:00 TOTAL FITNESS B LO
10:30 WALKING CLUB G LO
11:00 BOGGLE B LO
1:15 MATINEE G M
1:15 BINGO! BH G
2:00 PENNY POKER CLUB RL G
2:00 "AWAY WE GROW WORKSHOP" VEN LO
3:00 HAPPY HOUR BUFFALO CHICKEN DIP G/B/H B
4:00 BOGGLE B LO
6:00 LATE DAY BINGO H G
7:00 MOVIE TIME H M

21 LARRY WOLFF LECTURE JACKIE GLEASON

9:30 HAPPENINGS G LO
10:00 FITNESS FUN B LO
10:30 BOARD GAMES G LO
11:00 JEOPARDY B LO
1:15 MOVIE IN THE CINEMA G M
1:15 BINGO! S G
2:00 CARD CLUB RL G
2:00 BOWLING B LO
3:00 HAPPY HOUR ONION RINGS G/B/S B
3:30 LARRY WOLFF LECTURE JACKIE GLEASON VEN M
4:00 CROSSWORD G LO
6:00 WILD FOR BINGO S G
7:00 EVENING SHOW S M

22 GARDENING CARE IN THE COURTYARD

9:30 LOCAL NEWS M LO
10:00 STRETCHING B LO
10:30 WALKING CLUB M LO
11:00 FINISH THE PHRASE B LO
1:15 MID DAY MOVIE M M
1:15 BINGO! B G
2:00 THREE THIRTEEN CLUB RL G
2:00 GARDENING CARE IN THE COURTYARD M/B CY
3:00 HAPPY HOUR ROOTBEER FLOATS M/B B
4:00 TRIVIA TEASERS M LO
6:00 BINGO TIME A G
7:00 FEATURE FILM A M

23 VENDOR 3 SISTERS GLASS/TRIP TO HOLTSTVILLE ZOO

9:30 VENDOR 3 SISTERS GLASS 9:30-4 VEN LO
9:30 GOOD NEWS TODAY B LO
10:00 FITNESS FUN S LO
10:30 COZY HOT COCOA BAR B LO
11:00 GUESSING GAME S LO
1:15 TRIP TO HOLTSTVILLE ZOO & ECOLOGY CENTER S/M O
1:15 BINGO! B G
1:15 AFTERNOON FILM B M
2:00 POKENO RL G
2:00 MINI GOLF B LO
3:00 HAPPY HOUR TERIYAKI MEATBALLS B B
4:00 MULTIPLE CHOICE B LO
4:30 CHEZ ARBORS DINNER B PDR
6:00 BINGO ANYONE? M M
7:00 MOVIE TONIGHT M

24 ACTIVITY PLANNING/TAKE-IN LUNCH

9:30 CURRENT EVENTS S LO
10:00 MOVEMENT TO MUSIC MR LO
10:30 ACTIVITY PLANNING MEETING V LO
11:00 CROSSWORD S LO
12:00 TAKE-IN LUNCH SUBWAY S/MR B
1:15 AFTERNOON AT THE MOVIES S M
1:15 BINGO! MR G
2:00 POKER CLUB RL G
2:00 BALLOON VOLLEYBALL S LO
3:00 HAPPY HOUR FRUIT SALAD S/MR B
4:00 JEOPARDY MR LO
6:00 BIG BUCKS BINGO RS G
7:00 FRIDAY FLICK RS M

9:30 NEWS & VIEWS MR LO
10:00 EXERCISE S LO
10:30 TABLE GAMES MR LO
10:30 MEDITATION TIME V LO
11:00 WHEEL OF FORTUNE S M
1:15 FEATURE FILM MR G
1:15 BINGO! S G
2:00 CANASTA CLUB RL LO
2:00 BOWLING MR B
3:00 HAPPY HOUR CHEESE DOODLES S/MR/B LO
4:00 GENERAL TRIVIA MR G
6:00 BINGO TIME B M
7:00 WEEKEND AT THE MOVIES B

9:30 COMMUNION WITH JAMES VEN M
9:30 TRIP CALVARYLUTHERAN & ST PATRICKS CHURCH A/RS O
10:15 WORLD NEWS RS LO
10:30 MORNING WARMUP RS LO
11:00 WALKING CLUB RS LO
1:15 MID DAY MOVIE A M
1:15 BINGO! M G
2:00 KINGS IN THE CORNER CLUB RL G
2:00 NOODLE TAP A LO
3:00 HAPPY HOUR SUNDAES A/M B
4:00 JEOPARDY M LO
6:00 EVENING BINGO M G
7:00 LET'S GO TO THE MOVIES M M

27 MEMORIAL DAY

9:30 TOP STORIES TODAY B LO
10:00 CHAIR EXERCISE G LO
10:30 MONDAY MANICURES B LO
11:00 WHEEL OF FORTUNE G LO
1:15 AT THE MOVIES B M
1:15 BINGO! H G
2:00 PENNY POKER CLUB RL G
2:00 PAINT BY NUMBER H LO
3:00 HAPPY HOUR CHIPS & CHEESE SAUCE G/B/H B
4:00 TRIVIA TIME G LO
6:00 BINGO NIGHT H G
7:00 MOVIES H M

28 ENTERTAINMENT/MEMORIAL DAY BBQ

9:30 NEWS SPOTLIGHT G LO
10:00 SIT AND BE FIT B LO
10:30 WALKING CLUB G LO
11:00 GREGORY ENTERTAINMENT VEN CY
12:00 MEMORIAL DAY BBQ S/RS CY
1:15 FEATURE FILM G M
1:15 BINGO! S G
2:00 QUIZ QUEST B LO
2:00 CARD CLUB RL G
3:00 HAPPY HOUR FRIED CORN NUGGETS G/B B
4:00 BOGGLE G LO
6:00 BINGO TIME S G
7:00 AFTER DINNER MOVIE S M

29 GAMES IN THE COURTYARD

9:30 HAPPENINGS B LO
10:00 FITNESS FUN M LO
10:30 TABLE GAMES B LO
11:00 JEOPARDY M LO
1:15 MOVIE IN THE CINEMA B M
1:15 BINGO! M G
2:00 BOWLING B LO
2:00 GAMES IN THE COURTYARD M/B CY
3:00 HAPPY HOUR ROOTBEER FLOATS M/B B
4:00 CROSSWORD M LO
6:00 WILD FOR BINGO A G
7:00 EVENING SHOW A M

30 ERRAND TRIP TO STOP & SHOP PLUS

9:30 LOCAL NEWS S LO
10:00 STRETCHING B LO
10:30 WALKING CLUB S LO
11:00 MULTIPLE CHOICE B LO
1:15 MID DAY MOVIE S M
1:15 BINGO! M G
1:30 ERRAND TRIP TO STOP & SHOP PLUS S/B O
2:00 POKENO RL G
2:00 GARDENING IN THE COURTYARD M CY
3:00 HAPPY HOUR CHOCOLATE CHIP COOKIES M B
4:00 TRIVIA CHALLENGE B LO
6:00 BINGO TIME M G
7:00 FEATURE FILM M M

31 SHABBAT DINNER ON WEST

9:30 GOOD NEWS TODAY MR LO
10:00 MOVE TO THE BEAT S LO
10:30 TABLE TOP GAMES MR LO
11:00 BIG SCREEN GAMES S LO
1:15 AFTERNOON FILM MR M
1:15 BINGO! S G
2:00 POKER CLUB RL G
2:00 MINI GOLF MR LO
3:00 HAPPY HOUR VEGGIE WRAPS S/MR B
4:00 WORD SCRAMBLE MR LO
4:30 SHABBAT DINNER ON WEST VEN W
6:00 BINGO ANYONE? RS G



ACTIVITY CALENDAR

