		y 2024	7 The Arbor	's At I	<u> SLANUI</u>	AV	AEDI II	KAN		) ww	w.thearborsassistedliv
Sunday		Monday	Tuesday		Wednesda		Thursda		Friday		Saturda
	12	1 HAPPY NEW YEAR 2024!	2 PET THERAPY WITH TOM		3 FRUIT CAKE TOSS-LUNCH TRIP		4 SPARKLING CIDER TASTI	ING	5		6 EPIPHANY
		9:00 MORNING TUNES K L'		DA LV	9:00 CROONERS AND SWOONERS	DA LV	9:00 TUNES FROM THE 50'S	DA LV	9:00 SING YOUR HEART OUT	C LV	9:00 MUSIC IN THE MORNING
	ST.	9:30 NEWS & VIEWS K L'	9:30 TODAY'S TOP STORIES	DA LV	9:30 NEWS DISCUSSION	DA LV	9:30 FRONT PAGE NEWS	DA LV	9:30 WHAT'S IN THE NEWS?	C LV	9:30 WEEKEND UPDATE
<b>Q</b>	and	10:00 "NEW" EXERCISES S L'	10:00 SIT & STRETCH 10:30 WALKING CLUB	DA LV M LV	10:00 WARM UP & WORK OUT	DA LV	10:00 SIT AND BE FIT	DA LV	10:00 CHAIR ZUMBA 10:30 TOSS AND TALK	C LV	10:00 CHAIR EXERCISES
		10:30 ENTERTAINMENT JOHNNY WHIMPLE S C 11:00 2024 STROLL S L'	11:00 BALLOON VOLLEYBALL	M LV	10:30 CIRCLE SOCCER 11:00 MUSICAL HANGMAN	G LV G LV	10:30 WALKING CLUB 11:00 FACT OR FICTION	G LV	11:00 CHARADES	G LV	10:30 WALKING CLUB 11:00 CROSSWORD
THE RESERVE TO SERVE THE PARTY OF THE PARTY	>	11:30 COLORING K A	11:00 PET THERAPY WITH TOM	V LV	11:00 MUSICAL HANGMAN  11:00 LUNCH TRIP-MAMA ANGELINA'S	DA O	11:30 SPOT THE DIFFERENCE	DA LV	11:30 NAME THE FAMOUS FACE	C LV	11:30 FAMILY FEUD
	AA.	1:30 TOSS & TALK BALL K L'	1:30 <b>BINGO</b>	M LV	11:30 NAME THAT FAMOUS FACE	DA LV	1:30 TASTING OF SPARKLING CI		1:30 1 ON 1'S	C GR	1:30 THREE KING CRAFT
A COLUMN TO A COLU		1:30 24 GOALS FOR 2024 S A	1:30 1 0N 1'S	DA RR	1:30 SING A LONG	G LV	1:30 SPARKLING CIDER TIDBIT	'S G LV	1:30 A-Z WORD GAME	G LV	1:30 THREE KING TRIVIA
N		3:00 HAPPY HOUR S/K L		DA/M LV	3:00 HAPPY HOUR	VS/JO LV	3:00 HAPPY HOUR	DA/G LV	3:00 HAPPY HOUR	C/G LV	3:00 HAPPY HOUR
		4:00 NAME 10 S/K L'	4:00 WORD IN A WORD 6:00 NIGHTLY MOVIE	M/DA LV RS LV	4:00 MAD LIBS	DA/G AR	4:00 FINISH THE PHRASE	DA/G LV	4:00 WHAT ARE THEY THINKING? GAME 6:00 TGIF MOVIES	C/G LV RS LV	4:00 WOULD YOU RATHER?
	A STATE OF	6:00 EVENING MOVIE RS L'		K2 LV	6:00 MOVIE NIGHT	RS LV	6:00 NIGHTTIME MOVIE	RS LV		KS LV	6:00 SATURDAY NIGHT SHOWING
7 COMMUNION	,,	8 ELVIS BIRTHDAY!	9 SNOWMAN CRAFT		10		11		12 7 WONDERS OF THE WORLD		13 COFFEE AND CROSSWORDS
9:00 MUSIC IN THE AM	K LV	9:00 ELVIS SONGS K LV		DA LV	9:00 MUSIC MUSIC MUSIC	DA LV	9:00 SONGS TO SING ALONG TO	DA LV	9:00 MUSIC IN THE AM	C LV	9:00 MUSIC IN THE MORNING
9:30 NEWS AND VIEWS 10:00 Stretch and Flex	K LV K LV	9:30 MORNING NEWS K LV	9:30 TODAY'S NEWS 10:00 MOVEMENTS TO MUSIC	DA LV DA LV	9:30 NEWS AND VIEWS	DA LV	9:30 CURRENT EVENTS 10:00 STRETCH AND FLEX	DA LV DA LV	9:30 NEWS & VIEWS	C LV	9:30 WEEKEND IN REVIEW
10:30 COMMUNION	V LV	10:00 WORK OUT & TONE UP K LV 10:30 WALKING CLUB SE LV	10 20 WALKING CLUB	M LV	10:00 MORNING STRETCHING 10:30 WALKING CLUB	DA LV DA LV	10:30 WALKING CLUB	DA LV	10:00 CHAIR EXERCISE 10:30 WALKING CLUB	GA CM	10:00 KEEP IN SHAPE 10:30 WALKING CLUB
11:00 WALKING CLUB	C LV	11:00 BIOGRAPHY ON ELVIS SE LV	11:00 NAME 10	M LV	11:00 A-Z WORD GAME	G IV	11:00 WORD IN A WORD	G LV	11:00 7 WONDERS OF THE WORLD	( IV	11:00 COFFEE AND CROSSWORDS
11:30 WORD IN A WORD	C LV	11:30 ELVIS BIRTHDAY K LV	11:30 NAME THAT TUNE	DA LV	11:30 UNSCRAMBLE THE WORDS	DA LV	11:30 T.V CLASSICS ON THE SMARTBO	OARD G LV	11:30 TOSS AND TALK BALL	G LV	11:00 COLOR BY NUMBER
1:30 DESIGN A BOOKMARK	C AR	1:30 FINGER PAINTING SE AI	1:30 SNOWMAN CRAFT	DA LV	1:30 BOWLING	G LV	1:30 JEANETTE MCDONALD & NELSON EDDY TRIVIA	G 1F	1:30 NAME 10	G LV	1:30 A-Z
1:30 NAME THAT FAMOUS FACE	K LV	1:30 BINGO K LV	1:30 FILL IN THE BLANK	M	1:30 FACT OR FICTION	DA AR	1:30 CARD GAMES	DA LV	1:30 ARTS N CRAFTS	C AR	1:30 1 0N 1'S
3:00 <b>HAPPY HOUR</b> 4:00 MATCH GAME	K/C LV	3:00 HAPPY HOUR K/SE	3:00 HAPPY HOUR 4:00 WOULD YOU RATHER?	M/DA AR DA/M LV	3:00 HAPPY HOUR	DA/G LV	3:00 HAPPY HOUR	DA/G	3:00 HAPPY HOUR	C/G LV	3:00 HAPPY HOUR
6:00 TONIGHT AT THE MOVIES	C/K LV RS LV	4:00 SHOUT OUT THE ANSWER K LV 6:00 MOVIE AT NIGHT RS LV		RS LV	4:00 21 QUESTIONS 6:00 MOVIES AT DUSK	DA/G RS LV	4:00 FAMILY FEUD	DA/G LV	4:00 MUSICAL HANGMAN	G/C LV	4:00 CONVERSATION STARTERS
	II.J LV			NO EV	6:00 MOVIES AT DUSK	KO LV	6:00 MEET ME AT THE CINEMA	RS LV	6:00 MOVIES AT NIGHT	RS LV	6:00 SATURDAY SHOWING
14 COMMUNION		15 MARTIN LUTHER KING JR DAY	16 PET THERAPY WITH TOM		17		18 ART THERAPY WITH CAT		19 PET THERAPY		20 SNOWMEN STIRRERS
9:00 MORNING SONGS 9:30 WEEKEND NEWS	K LV K LV	9:00 MORNING TUNES K LV	9:00 CROONERS AND SWOONERS 9:30 WHAT'S IN THE NEWS?	DA LV	9:00 MUSIC TO SWAY TO	DA LV	9:00 THURSDAY TUNES 9:30 NEWS & VIEWS	DA LV DA LV	9:00 MELODIES IN THE MORNING 9:30 HOROSCOPES AND HAPPENINGS	C LV	9:00 SONGS FOR ALL 9:30 WEEKEND UPDATE
10:00 WARM UP & WORK OUT!	K LV	9:30 TODAY'S NEWS K LV	10:00 SIT AND STRETCH	DA LV DA LV	9:30 DAILY NEWS 10:00 EXERCISE REGIMEN	DA LV DA LV	10:00 SHAPE & TONE UP!	DA LV	10:00 STRETCH & FLEX	C LV	10:00 CHAIR EXERCISES
10:30 COMMUNION	V LV	10:00 WAKE UP, WORK OUT! K LV 10:30 WALKING CLUB K LV	10:30 WALKING CLUB	DA LV	10:30 WALKING CLUB	DA LV	10:30 WALKING CLUB	G LV	10:30 WALKING CLUB	C LV	10:30 WALKING CLUB
11:00 WALKING CLUB	C CM	10:30 WALKING CLUB K LV 11:00 BIOGRAPHY: MARTIN LUTHER KING JR. SE LV	11:00 WORD WATERFALL	M LV	11:00 WORD WATERFALL	G LV	11:00 BEAN BAG TOSS	G LV	11:00 NAME THE FAMOUS FACE	G LV	11:00 CROSSWORDS
11:30 A TO Z	C LV	11:30 LECTURE TRAVEL TO MEMPHIS K AR	11:00 WINTER TEA PARTY	DA BI	11:30 NAME THAT FAMOUS FACE	DA LV	11:30 NAME 10	DA AR	1:30 PET THERAPY WITH LORETTA	V LV	11:30 NAME THAT TUNE
1:30 JANUARY FACTS	C LV	1:30 FAMILY FEUD K LV	1:30 JOKES & RIDDLES	DA DR	1:30 CARD GAMES	DA AR	1:30 ART THERAPY WITH CAT	VEN LV	1:30 BINGO	C GR	1:30 CREATE SNOWMEN STIRRERS
1:30 BEAN BAG TOSS	K LV	1:30 CREATIVE COLORING SE AR	1:30 MANICURES	M AR	1:30 BINGO	G LV	1:30 FACTS ABOUT CAPRICORNS		1:30 GINGERBREAD MEN CUTOUTS		1:30 CHARADES
3:00 HAPPY HOUR 4:00 WORD IN A WORD	K/C LV C/K LV	3:00 HAPPY HOUR SE/K LV	3:00 HAPPY HOUR SOCIAL 4:00 MUSICAL HANGMAN	M/DA LV DA/M LV	3:00 HAPPY HOUR 4:00 SENIOR MOMENTS	G/DA LV DA/G LV	3:00 HAPPY HOUR 4:00 QUIPO QUIZ	DA/G LV DA/G LV	3:00 HAPPY HOUR 4:00 NAME 10	G/C LV G/C LV	3:00 SMARTBOARD CONCERTS 4:00 ANIMAL VIDEOS
6:00 SUNDAY SHOWING	RS LV	4:00 ARMCHAIR TRIVIA SE/K LV	6:00 NIGHT TIME MOVIES	RS LV	6:00 EVENING SHOWING	RS LV	6:00 MOVIE	RS LV	6:00 MOVIES AT NIGHT	RS LV	6:00 MEET ME AT THE MOVIES
21 COMMUNION		22 GUESS WHOSE BABY PICTHAT IS?	23 NATIONAL PIE DAY		24 NATIONAL COMPLIMENT DAY		25 CRAFTY CREATIONS		26 BOWLING		27 AQUARIUS FACTS
9:00 SUNDAY SERENADES	K LV	9:00 MUSIC IN THE MORNING K LV	9:00 MUSIC IN THE MORNING	DA LV	9:00 LOVELY SONGS	DA LV	9:00 SING-A-LONG SONGS	DA LV	9:00 MORNING SONGS	C LV	9:00 SATURDAY SONGS
9:30 DAILY NEWS	K LV	9:30 HOROSCOPES & NEWS K LV	9:30 TODAY'S HEADLINERS	DA LV	9:30 NEWS IN REVIEW	DA LV	9:30 DAILY NEWS	DA LV	9:30 BREAKING NEWS	C LV	9:30 SATURDAY POST
10:00 MOVING AND GROOVING	K LV	10:00 MORNING EXERCISE K LV	10:00 STRETCH AND FLEX	DA LV	10:00 SIT & BE FIT	DA LV	10:00 SIT AND BE FIT	DA LV	10:00 EXERCISE & BE WISE	C LV	10:00 WINTER WORK OUT
10:30 <b>COMMUNION</b>	V LV	10:30 WALKING CLUB SE LV 11:00 BIOGRAPHY: BILL BIXBY SE LV	10:30 WALKING CLUB	M LV	10:30 WALKING CLUB	G LV	10:30 WALKING CLUB	G LV	10:30 WALKING CLUB	G LV	10:30 WALKING CLUB
11:00 WALKING CLUB	C LV	11:30 GUESS WHOSE BABY PIC THAT IS? K LV	11:00 NAME THE PIE	M LV	11:00 KEEP UP THE BALLOON	DA LV	11:00 WORD-IN-A-WORD	G LV	11:00 BOWLING	C LV	11:00 CROSSWORDS
11:30 WORD WATERFALL	C LV	1:30 FACT OR FICTION SE AR	11:30 TOSS & TALK BALL 1:30 WHEEL OF FORTUNE	DA LV	11:30 CROSSWORD 1:30 SENIOR ADVICE	G AR	11:30 MATCH GAME 1:30 BINGO	DA LV DA LV	11:30 NAME 10 1:30 URBAN MYTHS	G LV	11:30 AQUARIUS FACTS 1:30 MUSICAL HANGMAN
1:30 SPOT THE DIFFERENCE 1:30 FAMILY FEUD	K LV C LV	1:30 BINGO K LV	1:30 MANICURES	DA LV M LV	1:30 SING A LONGS	DA LV	1:30 BINGU 1:30 CRAFTY CREATIONS	G AR	1:30 COLORING	G IV	1:30 MUSICAL HANGMAN  1:30 WHAT'S IN THE BAG?
3:00 HAPPY HOUR	C/K LV	3:00 HAPPY HOUR SE/K LV 4:00 CLIMB THE MOUNTAIN K LV	3:00 HAPPY HOUR	DA/M LV	3:00 HAPPY HOUR	DA/G LV	3:00 HAPPY HOUR	DA/G LV	3:00 HAPPY HOUR	C/G GR	3:00 HAPPY HOUR
4:00 WHO AM I?	C/K LV	4:00 CREATIVE COLORING SE AR	4:00 FINISH THE LYRICS	DA/M LV	4:00 RIDDLE METHIS	DA/G AR	4:00 FAMILY FEUD	DA/G LV	4:00 ARMCHAIR TRIVIA	C/G LV	4:00 NAME 10
6:00 NIGHTTIME MOVIE	RS LV	6:00 NIGHTTIME MOVIE RS LV	6:00 NIGHTLY MOVIE	RS LV	6:00 MOVIES AT NIGHT	RS LV	6:00 MOVIE	RS LV	6:00 MOVIES AT NIGHT	RS LV	6:00 PLAYING AT THE CINEMA
28 NATIONAL PENGUIN DAY		29 JANUARY BIRTHDAYS!	<b>30</b> MONTHLY BIRTHDAY PARTY		31		STAFF KEY LO	OCATION KEY			
9:00 MUSIC IN THE MORNING	K LV	9:00 MORNING SONGS K LV	9:00 COUNTRY MUSIC	DA LV	9:00 MUSIC ENJOYMENT	DA LV	G=Gina, Director of Recreation Al	R=ACTIVITY ROOM V=LIVING ROOM	FOR YOUR DINING PLEAS	URE	DAILY PROGRAMS
9:30 NEWS AND VIEWS	K LV	9:30 NEWS & VIEWS K LV	9:30 WHAT'S IN THE NEWS	DA LV	9:30 TOP NEWS STORIES	DA LV	Y=YVETTE L=	=LOUNGE AREA	BREAKFAST 8AM LUNCH 12NOON		9:30 CURRENT EVENTS
10:00 CHAIR EXERCISE	K LV	10:00 SIT AND BE FIT K LV	10:00 WAKE UP WORK-OUT	DA LV	10:00 WORK IT OUT	DA LV	D=DIANE BI	I=BISTRO I=MEDIA ROOM	DINNER 5PM		10:30 WALKING CLUB
10:30 COMMUNION	V LV	10:30 WALKING CLUB SE LV	10:30 WALKING CLUB	M LV	10:30 WALKING CLUB	G CM	AN=ANDREA LI	I=LIBRARY	DIMINED 3F IN		1:15 MOVIE MATINEE
11:00 WALKING CLUB	C LV	11:00 FAMILY FEUD SE LV	11:00 NAME 10	M LV	11:00 KEEP UP THE BALLOON 11:30 S21 QUESTIONS	DA/G LV	UI	P=UPPER PARLOR R=RESIDENT'S ROOM	*All trips are if weather per		1:30 FRESH AIR CLUB
11:30 A-Z 1:30 <b>COLOR A PENGUIN</b>	C LV	11:30 WOULD YOU RATHER? K LV 1:30 JANUARY BIRTHDAYS! SE AR	11:30 RIDDLE ME THIS	DA AR	1:30 SZT QUESTIONS  1:30 BINGO SPOT THE	DA LV	CC=CATHERINE 3F	F=3RD FLOOR	All programs are subject to c All changes will be reflected on the		3:00 HAPPY HOUR
1:30 COLOR A PENGUIN  1:30 PENGUIN TRIVIA	K LV	1:30 BINGO K LV	1:30 BIRTHDAY WITH LYZA PARADIS		1:30 TRIVIA CHALLENGE	G AR	RS=Recreation staff C\	M=COMMUNITY Y=COURTYARD	An changes will be leffected off till	. Daily Dudiu.	6:00 NIGHTLY BINGO
3:00 HAPPY HOUR	K/C LV	3:00 HAPPY HOUR SE/K LV	3:00 HAPPY HOUR	DA/M LV	3:00 HAPPY HOUR	GA/D LV	V=Volunteer DF	R=DINING ROOM S=EAST SIDE	Your Recreation Director Gina Scaffe		
4:00 REMINISCE	K/C LV	4:00 NAMETHATTUNE SE/K AR	4:00 NAME THE FAMOUS FACE	DA/M LV	4:00 MUSICAL HANGMAN	DA/G LV	***—Call 381 for Appt	=SALON	happy to answer any questions you regarding this calendar.	пау паve	7:00 NIGHTLY MOVIE
6:00 NIGHTLY MOVIE	RS LV	6:00 MOVIES, MOVIES, MOVIES RS LV	6:00 MOVIES AT NIGHT	RS LV	6:00 MOVIE TIME	RS LV	-can so i ioi whht. 0:	=OUTING	garanny and carenaan		