SEPTEMBER 2023

The Arbors At WESTBURY Tel: 516-333-6400 www.thearborsassistedliving.com

8:00 EVENING MOVIE

8:00 EVENING MOVIE

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8:00 EVENING MOVIE

Sunday		Monday		Tuesday		Wednesday		Thursday	Friday	Saturday	/
				M=MICHAEL B - E D=DAVID D - C J=JESSICA GR- J=JIMMY M - I B=BEATRICE O - C E=EDWIN P - P F=FATIMA IR - I	Dining Room Great Room Media Room Dutings	BANKING HOURS MONDAY - FRIDAY 11:00 AM - 3:00 PM COMPUTER CLUB MONDAY - FRIDAY 9:00 AM - 10:00 AM WALKING CLUB MONDAY / WEDNESDAY/ THURSDAY 2:00 PM BREAKFAST SERV 7:30 AM & 8:45 AM 11:30 AM & 12:45 P 11:30 AM & 12:45 P 4:30 PM & 5:45 PM		*ALL TRIPS ARE IF WEATHER PERMITS. *ALL PROGRAMS ARE SUBJECT TO CHANGE. CHANGE WILL BE REFLECTED ON THE DAILY BOARD. YOUR RECREATION DIRECTOR MICHAEL FILS WILL BE HAPPY TO ANSWER ANY QUESTIONS YOU MAY HAVE REGARDING THIS CALENDAR.	1 CARIBBEAN CELEBRATION 10:00 MORNING UPDATE AND NEWS B 10:30 EXERCISE WITH ZUMBA J 11:30 LATIN MUSIC & ARTIST WITH JIMMY C 2:00 MOVIE MATINEE F G 2:00 AFTERNOON BINGO B G 3:00 AFTERNOON SNACK SOCIAL F G 3:00 CARIBBEAN CELEBRATION E G 4:00 SHABBAT SERVICE G G 4:30 MEXICAN TRAIN DOMINOES F G 7:00 EVENING BINGO I G 8:00 EVENING MOVIE N M	IN 10:30 CHAIR YOGA WITH JANICE IN 11:30 WORD IN A WORD	B B B B
3 LEFT CENTER RIGHT WITH JOY		△ LABOR DAY	S THE SAME OF THE	5 MARY HARMONY PERFORMING	LIVE	6 DOLLARTREE SHOPPING		7 ART WITH DEBBIE VIOLA	8 JEOPARDY WITH JIMMY	9 CHAIR YOGA WITH JANICE	
10:00 NEWS AND VIEWS	N GR	10:00 NEWS AND DISCUSSION	N GR	10:00 CURRENT EVENTS & UPDATES	B R	10:00 NEWS AND VIEWS	B GR	8:30 BUS TRIP FOR MASS B R	10:00 MORNING UPDATE AND NEWS F	9	F
:30 SUNDAY STRETCH	Y GR	10:30 RISE AND SHINE EXERCISE	A M	10:30 EXERCISE WITH MUSIC	F GR	10:45 VOLLEY BALL COMPETITION	I GR	10:00 NEWS AND VIEWS Y GR	10:30 FRIDAY FITNESS F C		В
1:00 SUNDAY MASS LIVE STREAM CH 26	N GR	10:45 PET THERAPY VISIT	Y GR	11:30 WRITING CLUB	F GR	11:30 SMART BOARD GAMES	B GR	10:30 MORNING FITNESS F GR	11:30 BEAN BAG TOSS F (F
1:30 FINISHING WORDS	I GR	11:30 BASKET BALL HOOPS SHOT	I GR	2:00 MOVIE MATINEE	Y GR	2:00 DOLLARTREE SHOPPING	F IR	11:30 TABLE TOPICS I GR 2:00 TARGET SHOPING F GR	2:00 MOVIE MATINEE		i
:00 MOVIE MATINEE	A GR	2:00 MOVIE MATINEE	Y GR	2:00 AFTERNOON BINGO	B M	2:00 MOVIE MATINEE	B GR	2:00 ART WITH DEBBIE VIOLA I IR	2:00 AFTERNOON BINGO F (i i
:00 LEFT CENTER RIGHT WITH JOY	N GR	2:00 RING TOSS	N GR	3:00 AFTERNOON SNACK SOCIAL	F GR	3:00 RING TOSS	B GR	2:00 MOVIE MATINEE B R	3:00 AFTERNOON SNACK SOCIAL B		В
:00 AFTERNOON SNACK SOCIAL	E GR	3:00 AFTERNOON SNACK SOCIAL	E GR	3:00 MARY HARMONY PERFORMING		3:30 AFTERNOON SNACK SOCIAL	E GR	3:00 AFTERNOON SNACK SOCIAL B GR 3:30 AFTERNOON BINGO E GR			E
:30 AFTERNOON BINGO	E GR	3:30 AFTERNOON BINGO	Y GR	4:00 MIND JOGGERS	B GR	3:45 AFTERNOON BINGO	Y GR	3:30 AFTERNOON BINGO E GR 3:30 SHABBAT W/RABBI BROWNSTEIN F GR	3:00 JEOPARDY WITH JIMMY E		E D
4:00 SPORTS CENTER IN MEDIA ROOM	N GR	4:00 SB: DEAN MARTIN MUSIC	N GR	7:00 EVENING BINGO	I IR	4:00 AFTERNOON POKER/ CARDS	F GR	5:00 TABOO H GR	4:00 SHABBAT SERVICES F C		D ς
7:00 EVENING BINGO	H GR	7:00 EVENING BINGO	I IR	8:00 EVENING MOVIE	N GR	7:00 EVENING BINGO	I IR	7:00 EVENING BINGO	7:00 EVENING BINGO N N 8:00 EVENING MOVIE N	8:00 EVENING MOVIE	S
:15 EVENING MOVIE	H M	8:00 EVENING MOVIE	H GR			8:00 EVENING MOVIE	H GR	8:00 EVENING MOVIE			
O CRAFT CORNER		11 WALMART SHOPPING		12 APPLE PICKING AT HARBES FAI		13 ARBOR'S OLYMPICS		14 TARGET SHOPPING	15 ROSH HASHANAH	16 CROSSWORD CHALLENGE	
00 NEWS AND VIEWS	N GR	10:00 NEWS AND DISCUSSION	N GR	10:00 CURRENT EVENTS & UPDATES	B GR	10:00 MID WEEK NEWS	M GR	8:30 BUS TRIP FOR MASS B 0		GR 10:00 CURRENT EVENTS & UPDATES	В
30 SUNDAY MASS LIVE STREAM CH 26 30 Wordle Challenge	Y GR F GR	10:45 PET THERAPY VISIT	Y GR	10:30 MORNING EXERCISE	F IR	10:30 BALLOON VOLLEY PLAY FOR POINTS	F GR	10:00 NEWS AND VIEWS B GR		GR 10:30 CHAIR YOGA WITH JANICE	F
00 MOVIE MATINEE	N GR	10:30 STRETCH TO THE MUSIC	F GR F GR	11:30 CROSSWORD CHALLENGE	F GR	11:00 MUSIC APPRECIATION 12:00 ARBOR'S OLYMPICS	B GR	10:30 MORNING FITNESS F GR		GR 11:30 WORD IN A WORD	F
00 CRAFT CORNER	N GR	11:30 FLOOR DARTS 2:00 MOVIE MATINEE	Y GR	2:00 MOVIE MATINEE 2:00 APPLE PICKING AT HARBES FAR	I GR M A GR	2:00 SPELLING CHALLENGE	B GR	11:30 TABLETOPICS I GR		M 2:00 MOVIE MATINEE	I
00 CHESS & CHECKERS GAMES	F GR	2:00 WALMART SHOPPING	N M	2:00 CORNHOLE COMPETITION	B M	3:00 AFTERNOON SNACK SOCIAL	F M	2:00 TARGET SHOPPING F GR	2:00 MOVIE MATINEE B	GR 2:00 CROSSWORD CHALLENGE	В
00 AFTERNOON SNACK SOCIAL	N GR	3:00 AFTERNOON SNACK SOCIAL	N GR	3:00 AFTERNOON SNACK SOCIAL	F GR	3:00 AFTERNOON BINGO	B GR	3:00 CHEF'S TREATS F GR		GR 3:00 AFTERNOON SNACK SOCIAL	В
30 AFTERNOON BINGO	E M F GR	3:30 BALLOON CHALLENGE	E GR	3:30 AFTERNOON BINGO	E GR	3:00 VET'S CHAT	E GR	3:30 SHABBAT W/RABBI BROWNSTEIN F GR		GR 3:30 AFTERNOON BINGO	E
:00 SPORTS CENTER IN MEDIA ROOM :00 FIRESIDE CHATS	r GK I IR	4:00 SB: COUNTRY MUSIC	I GR	4:00 WORDLE CHALLENGE	F GR	4:00 SUDOKU CHALLENGE	Y GR	5:00 TABOO N GR	4:00 SHABBAT SERVICES F	GR 4:00 CONVERSATION CORNER	F
:00 EVENING BINGO	H M	7:00 EVENING BINGO	H GR	7:00 EVENING BINGO	N GR	7:00 EVENING BINGO	H GR	7:00 EVENING BINGO N M	7:00 EVENING BINGO N	M 7:00 EVENING BINGO	S
:00 EVENING MOVIE		8:00 EVENING MOVIE	H M	8:00 EVENING MOVIE	N M	8:00 EVENING MOVIE	н м	8:00 EVENING MOVIE	8:00 EVENING MOVIE N	8:00 EVENING MOVIE	S
7 AXE THROWING CHALLENGE		18 STOP & SHOP		19 RESIDENT COUNCIL MEETING	/CVS	20 CRAFT WITH FATIMA		21 ALBERT MULAD VIOLIN PERFORMANCE	22 BOWLING FOR DOLLARS	23 CHAIR YOGA WITH JANICE	
:00 NEWS AND VIEWS	Y GR	10:00 NEWS AND DISCUSSION	Y GR	10:00 CURRENT EVENTS & UPDATES	Y GR	10:00 MID WEEK NEWS	B 0	8:30 BUS TRIP FOR MASS B R	10:00 MORNING UPDATE AND NEWS H C		G
:30 SUNDAY MASS LIVE STREAM CH 26	GR	10:30 CHAIR EXERCISE	Y GR	10:30 MORNING EXERCISE	F GR	10:30 VOLLEYBALL RED TEAM VS BLUE TEAM	M GR	10:00 NEWS AND VIEWS F GR	10:30 FRIDAY FITNESS B G	SR 10:30 CHAIR YOGA WITH JANICE	F
00 SUNDAY STRETCH	N GR	10:45 PET THERAPY VISIT	N M	11:30 CROSSWORD CHALLENGE	Y GR	11:30 TRENDING TOPICS	B 0	10:30 EXERCISE TO MUSIC F GR	11:00 MUSIC HISTORY LECTURE W JIMMY F G	SR 11:30 FLOOR DARTS	F
:30 YOU BE THE JUDGE	Y GR	11:30 WORLD TRAVELER	Y GR	2:00 MOVIE MATINEE	Y IR	2:00 MOVIE MATINEE	Y GR	11:15 RING TOSS F GR	12:00 PIZZA TAKE -OUT I C	SR 2:00 MOVIE MATINEE	- 1
:00 MOVIE MATINEE	A GR	2:00 MOVIE MATINEE 2:00 STOP & SHOP SHOPPING	Y GR	2:00 RESIDENT COUNCIL MEETING	A GR	2:00 CRAFT CORNER WEDNESDAY	B 0	2:00 AFTERNOON BINGO I IR	2:00 MOVIE MATINEE F I	R 2:00 AFTERNOON BINGO	В
00 AXE THROWING CHALLENGE	I GR	2:00 AFTERNOON BINGO	B GR	3:00 AFTERNOON SNACK SOCIAL	Y GR	3:00 AFTERNOON SNACK SOCIAL	B GR	2:00 MOVIE MATINEE B R	2:00 AFTERNOON BINGO F C	3:00 AFTEKNOON SNACK SOCIAL	В
:00 AFTERNOON SNACK SOCIAL	E GR	3:00 AFTERNOON SNACK SOCIAL	Y GR	3:30 AFTERNOON BINGO	E GR	3:30 AFTERNOON BINGO	Y GR	3:00 ALBERT MULAD VIOLIN PERFORMANCE F M	3:00 AFTERNOON SNACK SOCIAL B G	1 3:00 MEMORY GAME	E
:30 AFTERNOON BINGO	E GR	3:30 FLOOR DARTS	E GR	3:30 WORDLE CHALLENGE	E GR	4:00 INDEPENDENT CARD GAMES	E GR	3:00 CHEF'S CORNER B GR	3:30 BOWLING WITH JIMMY E	GR 4:00 RING TOSS	F
:00 SPORTS CENTER IN MEDIA ROOM	E GR	4:00 CONVERSATION CORNER	N GR	7:00 EVENING BINGO	N GR	7:00 EVENING BINGO	I IR	4:00 SHABBAT W/ RABBI BROWNSTEIN E GR	4:00 SHABBAT SERVICES E	7:00 EVENING BINGO	ς.
7:00 EVENING BINGO B:00 EVENING MOVIE	i ik H GR	7:00 EVENING BINGO 8:00 EVENING MOVIE	I IK H GR	8:00 EVENING MOVIE	N M	8:00 EVENING MOVIE	H GR	7:00 EVENING BINGO N IR	7:00 EVENING BINGO I I 8:00 EVENING MOVIE N	N 9.00 EVENING MOVIE	
	II UN		II UN					8:00 EVENING MOVIE N M		"	,
4 YOM KIPPUR	N CD	25 MAMA THERESA LUNCHEON	D CD	26 FOOD COUNCIL MEETING		27 LARRY WOLFE LECTURE	V	28 KOHLS SHOPPING	29 PIZZA TAKE OUT	30 SEPTEMBER BIRTHDAY PARTY	
:00 NEWS AND VIEWS	N GR	10:00 NEWS AND DISCUSSION	B GR	10:00 CURRENT EVENTS & UPDATES	B GR	10:00 MID WEEK NEWS	Y	8:30 BUS TRIP FOR MASS	10:00 MORNING UPDATE AND NEWS H		G
1:30 SUNDAY MASS LIVE STREAM CH 26	Y GR	10:30 MOVEMENT & EXERCISE	Y GR	10:30 EXERCISE TO MUSIC	F GR	10:30 VOLLEYBALL CHALLENGE	Y R	10:00 NEWS AND VIEWS 10:30 EXERCISE TO MUSIC		GR 10:30 EXERCISE W LIGHT WEIGHTS	F
1:15 SUNDAY STRETCH 1:30 TABLE GAMES	N GR F GR	10:45 PET THERAPY VISIT	N M F GR	11:30 CRANIUM CRUSHERS	F GR	11:30 TRENDING TOPICS	f 	11:15 RING TOSS	11:00 JEOPARDY W JIMMY F	GR 11:30 FLOOR DARTS	F
:00 MOVIE MATINEE	r GK N GR	11:30 MUSIC THROUGH THE DECADES 2:00 MOVIE MATINEE	r GK Y GR	2:00 MOVIE MATINEE	A GR	2:00 MOVIE MATINEE	A R	2:00 MOVIE MATINEE		GR 2:00 MOVIE MATINEE	I
::00 BLACK JACK	N GR	2:00 MOVIE MATINEE 2:00 AFTERNOON BINGO	I IR	2:00 FOOD COUNCIL MEETING	Y M	2:00 LARRY WOLFE LECTURE	Y R	2:00 CORNHOLE COMPETITION 2:00 KOHLS SHOPPING	2:00 MOVIE MATINEE F	IR 2:00 AFTERNOON BINGO	F
3:00 ICE CREAM SNACK SOCIAL	B GR	3:00 AFTERNOON SNACK SOCIAL	B GR	3:00 AFTERNOON SNACK SOCIAL	B GI	3:00 AFTERNOON SNACK SOCIAL	E	3:00 AFTERNOON SNACK SOCIAL	2:00 AFTERNOON BINGO F 3:00 AFTERNOON SNACK SOCIAL B	GR 3:00 SEPTEMBER BIRTHDAY PARTY	F
:30 AFTERNOON BINGO	E GR	3:30 FLOOR DARTS	B GR	3:30 AFTERNOON BINGO	I GR	3:30 AFTERNOON BINGO	E	3:30 AFTERNOON BINGO	3:00 AFTERNOON SNACK SOCIAL B 3:30 BOWLING FOR DOLLARS E	GR 3:00 SQUEAKY CLEAN PERFORMING L	LIVE
:00 SPORTS CENTER IN MEDIA ROOM	F GR	4:00 CONVERSATION CORNER	N GR	4:00 RUMMIKUB	E GR	4:00 INDEPENDENT CARD GAMES	E	4:00 KINGS IN THE CORNER	4:00 SHABBAT SERVICES E	4:00 RING TOSS	ſ
00 EVENING BINGO	H GR	7:00 EVENING BINGO	I IR	7:00 EVENING BINGO	I IR	7:00 EVENING BINGO	N	4:00 SHABBAT W/ RABBI BROWNSTEIN 7:00 EVENING BINGO		IR 7:00 EVENING BINGO	
OO EVENING MOVIE	ш м	0.00 EVENING MOVIE	II CD	8-00 EVENING MOVIE	N GD	8:00 EVENING MOVIE	R	0.00 EVENING MOVIE	7.00 EVENING DINGO	IN 8.00 EVENING MOVIE	

8:00 EVENING MOVIE

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