

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1 HAPPY NEW YEAR 2023! 9:00 MUSIC IN THE MORNING A LV 9:30 NEW YEAR, NEW NEWS A LV 10:00 IT HAPPENED IN JANUARY A LV 10:30 COMMUNION WITH JAMES A LV 11:00 WHO AM I? BIRTHDAY QUIZ A LV 1:30 NEW YEAR BINGO A LV 2:00 MANICURES A LV 3:00 HOT TOTTIE HAPPY HOUR A LV 3:00 SMARTBOARD SHOWING A LV 4:00 TRIVIA A LV 6:00 MOVIE NIGHT A LV		2 MANICURES 9:00 MORNING TUNES A LV 9:30 WHATS IN THE NEWS? A LV 10:00 PILATES A LV 10:30 BALLOON TOSS A LV 11:00 BIOGRAPHY ON:GEORGE REEVES A/J LV 1:00 MONDAY MANICURES J AR 1:30 BINGO A LV 2:00 NAME 10 A LV 3:00 HAPPY HOUR SOCIAL A/J LV 4:00 CONVERSATION STARTERS A LV 4:00 CREATIVE COLORING J AR 6:00 MOVIES AT NIGHT J LV		3 MENS CLUB 9:00 MORNING SING-A-LONG JO LV 9:30 NEWSDAY JO LV 10:00 DANCE AEROBICS JO LV 10:30 SIT AND STRETCH JO LV 11:00 NOODLE BALL JO/VS LV 11:30 TRAVEL TUESDAY: TAHITI JO/VS LV 1:30 BINGO JO LV 1:30 LEFT, RIGHT, CENTER VS AR 3:00 CHEFS CHOICE SOCIAL VS/JO LV 4:00 WORD IN A WORD VS LV 4:15 MENS CLUB VS GR 6:00 NIGHTLY MOVIE VS LV		4 TRIVIA DAY 9:00 CROONERS AND SWOONERS VS LV 9:30 NEWS DISCUSSION VS LV 10:00 CHAIR PILATES VS LV 10:30 CIRCLE SOCCER VS LV 11:00 QUIPO QUIZ VS/JO LV 11:30 NAME THAT FAMOUS FACE VS/JO LV 1:30 TRIVIA SHOWDOWN VS/JO LV 3:00 WINE DOWN WEDNESDAY VS/JO LV 3:00 KARAOKE ON THE SMARTBOARD VS/JO LV 4:00 SCATTAGORIES JO LV 4:00 CARD CLUB VS AR 6:00 MOVIE NIGHT JO LV		5 NATIONAL BIRD DAY 9:00 HOLIDAY MUSIC JO LV 9:30 THE FRONT PAGE NEWS JO LV 10:00 SIT AND BE FIT JO LV 10:30 WALKING CLUB JO LV 11:00 NAME 10: BIRDS JO/VS LV 11:30 BIRD WATCHING ON THE SMARTBOARD JO/VS LV 1:30 CRAFTY CREATIONS: WINTER BIRD CARD BINGO VS AR 1:30 BINGO JO LV 3:00 HAPPY HOUR JO/VS LV 3:00 SMARTBOARD CONCERTS JO/VS LV 4:00 FINISH THE PHRASE JO LV 4:00 PUZZLE PARTY VS AR 6:00 NIGHTTIME MOVIE VS LV		6 EPIPHANY 9:00 SING YOUR HEART OUT JO/VS LV 9:30 DAILY CHRONICLES JO/VS LV 9:45 ROSARY V 1F 10:00 CHAIR ZUMBA JO/VS LV 10:30 TOSS AND TALK JO/VS LV 11:00 ABOUT EPIPHANY JO/VS LV 11:30 WISE MEN TRIVIA JO/VS LV 1:30 POOL SHARKS VS GR 1:30 A-Z WORD GAME JO LV 3:00 ICE CREAM BARS JO/VS LV 3:00 SMARTBOARD CONCERT JO/VS LV 4:00 CARD CLUB JO AR 4:00 WHAT ARE THEY THINKING? GAME VS LV 7:00 TGIF MOVIES J LV		7 COFFEE & CROSSWORDS 9:00 MUSIC IN THE MORNING VS 9:30 WEEKEND UPDATE VS 10:00 DANCING WITH SCARVES VS 10:30 NEWSDAY PUZZLES VS 11:00 COFFEE & CROSSWORDS VS 1:30 MUSICAL HANGMAN & SING A LONG VS 3:00 CHEFS TASTING SOCIAL VS 3:00 SMARTBOARD CONCERTS VS 4:00 POT LUCK QUIZ VS 6:00 SATURDAY NIGHT SHOWING JO	
8 ELVIS BIRTHDAY 9:00 ELVIS IN THE AM A LV 9:30 NEWS AND VIEWS A LV 10:00 STRETCH AND FLEX A LV 10:30 COMMUNION A LV 11:00 WORD-IN-A-WORD A LV 1:30 ELVIS QUIZ AND BIO A LV 2:00 NAME THAT FAMOUS FACE A LV 3:00 HAPPY HOUR SOCIAL A LV 4:00 SENIOR JOKES A LV 6:00 WEEKEND MOVIE A LV		9 MANICURES 9:00 SING-A-LONG-SONGS A LV 9:30 MORNING NEWS A LV 10:00 PILATES CLASS A LV 10:30 BALLOON BOUNCE A LV 11:00 BIOGRAPHY ON: JUDY GARLAND A/J LV 11:30 JUDY GARLAND ON THE SMARTBOARD A/J LV 1:00 MANICURES J AR 1:30 BINGO A LV 2:00 FAMILY FEUD A LV 3:00 HAPPY HOUR SOCIAL A/J LV 4:00 CREATIVE COLORING J AR 4:00 SHOUT OUT THE ANSWER A LV 6:00 MOVIE AT NIGHT J LV		10 BUS TRIP 9:00 MELODIES IN THE MORNING JO LV 9:30 TODAYS NEWS JO LV 9:30 BREAKFAST TRIP AN/DV O 10:00 MOVEMENTS TO MUSIC JO LV 10:30 NOODLEBALL JO LV 11:00 PET THERAPY VS/JO LV 11:15 NAME 10 JO LV 1:30 BINGO JO LV 1:30 TABLE TOP GAMES VS AR 3:00 HAPPY HOUR JO/VS LV 3:00 SMARTBOARD CONCERTS JO LV 4:00 WOULD YOU RATHER? JO LV 4:15 MENS CLUB VS GR 7:00 NIGHTLY MOVIE VS LV		11 WINE DOWN WEDNESDAY 9:00 ACOUSTIC SUNRISE VS LV 9:30 NEWS AND VIEWS VS LV 10:00 MORNING STRETCHING VS LV 10:30 MOVEMENT WITH SCARVES VS LV 11:00 A-Z WORD GAME VS/JO LV 11:30 GONE WITH THE WIND WORDSEARCH VS/JO LV 1:30 PICTIONARY JO LV 1:30 MAGAZINE SCAVENGER HUNT VS AR 3:00 HAPPY HOUR SOCIAL! JO/VS LV 4:00 SENIOR ADVICE JO LV 4:00 PUZZLES VS AR 6:00 MOVIES AT DUSK JO LV		12 RAINFOREST BUTTERFLIES 9:00 HAPPY MUSIC JO LV 9:30 HAPPENINGS AND HOROSCOPES JO LV 10:00 STRETCH AND FLEX JO LV 10:30 CIRCLE SOCCER JO LV 11:00 WORD IN A WORD JO/VS LV 11:30 T.V CLASSICS ON THE SMARTBOARD JO/VS LV 1:15 RAINFOREST BUTTERFLIES VS 1F 1:30 BINGO JO LV 3:00 HAPPY HOUR JO/VS LV 4:00 JEOPARDY JO LV 4:00 CREATIVE COLORING VS AR 6:00 MEET ME AT THE CINEMA VS LV		13 FRIDAY THE 13TH 9:00 MUSICAL MUSINGS JO/VS LV 9:30 NEWSDAY JO/VS LV 10:00 CHAIR ZUMBA JO/VS LV 10:30 BALLOON BOUNCE JO/VS LV 11:00 SUPERSTITIONS AROUND THE WORLD JO/VS LV 1:30 POOL SHARKS VS GR 1:30 BINGO JO LV 3:00 ICE CREAM BARS JO/VS LV 4:00 TABLE TOP GAMES VS AR 4:00 URBAN MYTHS JO LV 6:00 MOVIES AT NIGHT J LV		14 COFFEE AND CROSSWORDS 9:00 MUSIC IN THE MORNING VS 9:30 WEEKEND IN REVIEW VS 10:00 USE YOUR NOODLE VS 10:30 SCRABBLE-GRAMS VS 11:00 COFFEE AND CROSSWORDS VS 1:30 PENNY PITCH VS 2:00 A-Z VS 3:00 CHEFS TASTING SOCIAL VS 3:00 SMARTBOARD CONCERTS VS 4:00 FAMILY FEUD VS 6:00 SATURDAY SHOWING JO	
15 9:00 MORNING SONGS A LV 9:30 WEEKEND NEWS A LV 10:00 SILVER SNEAKERS A LV 10:30 COMMUNION A LV 11:00 BUILD A PICNIC A LV 1:30 BINGO A LV 3:00 HOMEMADE SOCIAL A LV 3:00 SMARTBOARD CONCERTS A LV 4:00 REMINISCING: WINTER ACTIVITIES A LV 6:00 SUNDAY SHOWING A LV		16 MARTIN LUTHER KING JR DAY 9:00 MORNING TUNES A LV 9:30 TODAY'S NEWS A LV 10:00 WAKE UP, WORK OUT! A LV 10:30 MOVEMENT TO MUSIC A LV 11:00 BIOGRAPHY: MARTIN LUTHER KING JR. A/J LV 1:00 MANICURES J AR 1:30 FAMILY FEUD A LV 3:00 HAPPY HOUR A/J LV 4:00 ARMCHAIR TRIVIA A LV 4:00 CREATIVE COLORING J AR 6:00 MOVIES WE LOVE J LV		17 PIZZA TAKE-IN 9:00 CROONERS AND SWOONERS JO LV 9:30 WHAT'S IN THE NEWS? JO LV 10:00 SIT AND STRETCH JO LV 10:30 NOODLEBALL JO LV 11:00 WORD WATERFALL JO/VS LV 11:30 TRAVEL TO: MADAGASCAR JO/VS LV 12:00 PIZZA TAKE-IN JO/VS DR 1:30 TABLE TOP GAMES VS AR 1:30 BINGO JO LV 3:00 HAPPY HOUR SOCIAL JO/VS LV 3:00 SMARTBOARD CONCERTS JO LV 4:00 MENS CLUB WITH VINNIE VS GR 4:00 MUSICAL HANGMAN JO LV 6:00 NIGHT TIME MOVIES VS LV		18 WINE DOWN WEDNESDAY 9:00 SWEET MELODIES IN THE MORNING JO LV 9:30 DAILY NEWS JO LV 10:00 STRETCH AND FLEX JO LV 10:30 CIRCLE SOCCER JO LV 11:00 WORD WATERFALL JO/VS LV 11:30 NAME THAT FAMOUS FACE JO/VS LV 1:30 CARD GAMES VS AR 1:30 BINGO JO LV 3:00 WINE DOWN WEDNESDAY JO/VS LV 3:00 KARAOKE ON THE SMARTBOARD JO/VS LV 4:00 SENIOR MOMENTS JO LV 4:00 PUZZLE PARTY VS AR 6:00 MOVIE AT NIGHT JO LV		19 CRAZY HAT DAY 9:00 THURSDAY TUNES JO LV 9:30 NEWS & VIEWS JO LV 10:00 CHAIR YOGA JO LV 10:30 HOT POTATO JO LV 11:00 HOT SEAT CHALLENGE JO/VS LV 1:30 CRAZY HAT CREATIONS VS AR 1:30 PICTIONARY JO LV 2:30 CRAZY HAT PARADE JO/VS/G LV 3:00 HAPPY HOUR JO/VS LV 4:00 QUIPO QUIZ JO LV 4:00 CARD CLUB VS AR 6:00 MOVIE VS LV		20 ROSARY 9:00 MELODIES IN THE MORNING JO/VS LV 9:30 HOROSCOPES AND HAPPENINGS JO/VS LV 9:45 ROSARY V 1F 10:00 CHAIR ZUMBA JO/VS LV 10:30 TOSS AND TALK JO/VS LV 11:00 TARGET GOLF JO/VS LV 1:30 POOL SHARKS VS GR 1:30 BINGO JO LV 3:00 ICE CREAM BARS JO/VS LV 3:00 SMARTBOARD CONCERTS JO/VS LV 4:00 TABLE TOP GAMES VS AR 4:00 NAME 10 JO LV 6:00 MOVIES AT NIGHT J LV		21 CHEFS TASTING SOCIAL 9:00 SONGS FOR ALL VS LV 9:30 WEEKEND UPDATE VS LV 10:00 WALKING CLUB VS LV 10:15 EAST V. WEST VOLLEYBALL VS LV 10:30 SCRABBLE-GRAMS VS LV 11:00 HOT COCOA AND CROSSWORDS VS LV 1:30 CLIMB THE MOUNTAIN VS LV 2:00 QUIPO QUIZ VS LV 3:00 CHEFS TASTING SOCIAL VS LV 3:00 SMARTBOARD CONCERTS VS LV 4:00 MUSICAL HOT POTATO VS LV 6:00 MOVIE AT NIGHT JO JO	
22 CHINESE NEW YEAR 9:00 SUNDAY SERENADES A LV 9:30 DAILY CHRONICLES A LV 10:00 MOVING AND GROOVING A LV 10:30 COMMUNION A LV 11:00 ABOUT CHINESE NEW YEAR A LV 11:30 WHAT'S YOUR CHINESE ZODIAC? A LV 1:30 CHINESE NEW YEAR CRAFT A LV 3:00 HAPPY HOUR A LV 3:00 SMARTBOARD CONCERTS A LV 4:00 TRIVIA GAME A LV 6:00 NIGHTTIME MOVIE A LV		23 9:00 MUSIC IN THE MORNING A LV 9:30 HOROSCOPES & NEWS A LV 10:00 MORNING EXERCISE A LV 10:30 SIT AND BE FIT A LV 11:00 BIOGRAPHY: SAM COOKE A/J LV 11:30 SAM COOKE MUSIC A/J LV 1:00 MANICURES J AR 1:30 BINGO A LV 3:00 HAPPY HOUR A/J LV 3:00 SMARTBOARD CONCERTS A/J LV 4:00 CLIMB THE MOUNTAIN A LV 4:00 CREATIVE COLORING J AR 6:00 NIGHTTIME MOVIE J LV		24 SPELLING BEE 9:00 MUSIC IN THE MORNING JO LV 9:30 TODAY'S HEADLINERS JO LV 10:00 STRETCH AND FLEX JO LV 10:30 CIRCLE SOCCER JO LV 11:00 PET THERAPY JO/VS LV 11:15 TRAVEL TO: THE AMAZON RAINFOREST JO/VS LV 1:30 SPELLING BEE JO/VS LV 2:00 BINGO JO/VS LV 3:00 CHEFS CHOICE JO/VS LV 3:00 SMARTBOARD CONCERTS JO/VS LV 4:00 FINISH THE LYRICS JO LV 4:00 MENS CLUB VS GR 6:00 NIGHTLY MOVIE VS LV		25 VIOLIN WITH ALBERT MULLAD 9:00 LOVELY SONGS VS LV 9:30 DAILY DOSE VS LV 10:00 ALBERT MULLAD: VIOLIN VS LV 11:00 SILVER SNEAKERS EXERCISE VS/JO LV 11:30 BALLOON VOLLEYBALL VS/JO LV 1:30 TABLE TOP GAMES VS AR 1:30 DEAL OR NO DEAL JO LV 3:00 WINE DOWN WEDNESDAY VS/JO LV 3:00 TRIVIA AND SIP VS/JO LV 4:00 CARD GAMES VS AR 4:00 RIDDLE ME THIS JO LV 6:00 MOVIES AT NIGHT JO LV		26 CRAFTY CREATIONS 9:00 SING-A-LONG SONGS JO LV 9:30 DAILY NEWS JO LV 10:00 SIT AND BE FIT JO LV 10:30 USE YOUR NOODLE JO LV 11:00 WORD-IN-A-WORD JO/VS LV 11:30 DEAN MARTIN SHOW JO/VS LV 1:30 BINGO JO LV 1:30 CRAFTY CREATIONS VS AR 3:00 HAPPY HOUR JO/VS LV 4:00 FAMILY FEUD JO LV 4:00 CONVERSATION STARTERS VS AR 7:00 MOVIE VS LV		27 BOWLING 9:00 MELODIC MORNINGS JO/VS LV 9:30 BREAKING NEWS JO/VS LV 10:00 CHAIR ZUMBA JO/VS LV 10:30 BALLOON BOUNCE JO/VS LV 11:00 BOWLING JO/VS LV 1:30 POOL SHARKS VS GR 1:30 MAD LIBS STORY JO LV 3:00 HAPPY HOUR SOCIAL JO/VS LV 3:00 SMARTBOARD CONCERT JO/VS LV 4:00 TABLE TOP GAMES VS AR 4:00 ARMCHAIR TRIVIA JO LV 6:00 MOVIES AT NIGHT J LV		28 JACKSON POLLACK BIRTHDAY 9:00 SATURDAY SONGS 9:30 SATURDAY POST 10:00 HOT POTATO 10:30 WORDLE 11:00 HOT COCOA AND CROSSWORDS 1:30 WHO WAS JACKSON POLLACK 2:00 JACKSON POLLACK PAINTING 3:00 CHEFS TASTING SOCIAL 3:00 SMARTBOARD CONCERT 4:00 SCATTAGORIES 6:00 MOVIE TIME	
29 NATIONAL PUZZLE DAY 9:00 MUSIC IN THE MORNING A LV 9:30 NEWS AND VIEWS A LV 10:00 CHAIR EXERCISE A LV 10:30 COMMUNION A LV 11:00 A-Z A LV 1:30 PUZZLE PARTY A LV 3:00 HAPPY HOUR A LV 3:00 SMARTBOARD CONCERT A LV 4:00 SHARE A STORY A LV 6:00 MOVIES AT NIGHT A LV		30 NEIL DIAMOND IN CONCERT 9:00 MELODIES IN THE MORNING A LV 9:30 NEWS & VIEWS A LV 10:00 SIT AND BE FIT A LV 10:30 BALLOON VOLLEYBALL A LV 11:00 BIOGRAPHY: NEIL DIAMOND A/J LV 11:30 NEIL DIAMOND IN CONCERT A/J LV 1:00 MANICURES J AR 1:30 BINGO A LV 3:00 SOCIAL HOUR A/J LV 3:00 SMARTBOARD CONCERTS A LV 4:00 CREATIVE COLORING J AR 4:00 WHO WANTS TO BE A MILLIONAIRE? A LV 6:00 MOVIES, MOVIES, MOVIES J LV		31 BUSTRIP 9:00 COUNTRY MUSIC JO LV 9:30 WHAT'S IN THE NEWS JO LV 9:30 BREAKFAST TRIP DV/AN O 10:00 WAKE UP WORK-OUT JO LV 10:30 BALLOON BOUNCE JO LV 11:00 NAME 10 JO/VS LV 1:30 TABLE TOP GAMES VS AR 1:30 BINGO JO LV 3:00 CHEFS CHOICE SOCIAL JO/VS LV 4:00 JEOPARDY JO LV 4:15 MENS CLUB VS GR 6:00 MOVIES AT NIGHT VS LV		STAFF KEY G=GINA, Director of Recreation SH=SHARON S=SHERYL VS=VINNY D=DIANE DV=DEB AN=ANDREA J=JASMINE AM=ANNEMARIE JO=JOSH I=INDEPENDENT RS=RECREATION STAFF V=VOLUNTEER AC=ACTIVITY CHANNEL E=ENTERTAINER ***Call 291 for Appt		LOCATION KEY AR=ACTIVITY ROOM LV=LIVING ROOM L=LOUNGE AREA BI=BISTRO M=MEDIA ROOM LI=LIBRARY UP=UPPER PARLOR RR=RESIDENT'S ROOM 3F=3RD FLOOR CM=COMMUNITY CY=COURTYARD DR=DINING ROOM ES=EAST SIDE S=SALON O=OUTING		FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board. Your Recreation Director Gina Scaffedi will be happy to answer any questions you may have regarding this calendar.		 	