


RECREATION CALENDAR

JANUARY 2023

The Arbors At BOHEMIA

Tel: 631-567-3113
www.thearborsassistedliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>HAPPY NEW YEAR!</i> 10:00 NEWS & VIEWS RL M 10:30 EXERCISE CLUB RL A 11:00 HOOP TAC TOE RL A 11:00 LIVE SUNDAY MASS TH M 1:30 THE CROONERS RL A 2:00 MOVIE MATINEE TH M 2:00 CASH BINGO RL A 3:00 SUNDAY SUNDAYS RL ALL 4:00 MEN'S GROUP B M 4:00 WII GAMES TH IS 7:00 EVENING MOVIE TH IS 7:00 SHORT STORY	2 10:00 COFFEE CHAT RL K 10:30 EXERCISE CLUB RL A 10:30 MAH JONGG CLUB B I 11:00 INDOOR GOLF RL A/G 1:30 DANCING WITH THE STARS 2:00 MOVIE MATINEE TH K 2:00 CASH BINGO RL A/G 3:00 HAPPY HOUR & WOULD YOU RATHER? RL ALL 4:00 RUMMIKUB CLUB EL I 4:00 GROUP CROSSWORD RL K 7:00 EVENING MOVIE TH C 7:00 MINDFUL MEDITATION PD C	3 10:00 NEWS & VIEWS RL A 10:30 EXERCISE CLUB RL EJ 11:00 BALLOON VOLLEYBALL RL A 1:30 MASTER CLASS RL EJ 2:00 MOVIE MATINEE TH M 2:00 DAY AT THE RACES RL A/M 3:00 HAPPY HOUR RL ALL 4:00 CASH BINGO RL M 4:00 SCRABBLE CLUB B I 7:00 EVENING MOVIE TH M 7:00 FINISHING LINES RL M	4 10:00 COFFEE CHAT RL K 10:00 LIVE ROSARY TH A 10:30 EXERCISE CLUB RL A 11:00 LADDERBALL RL EJ 1:30 PLANET EARTH DOCUMENTARY 2:00 MOVIE MATINEE RL A/K 2:00 CASH BINGO RL ALL 3:00 HAPPY HOUR & SING ALONG RL A 3:30 ART WITH KAREN TH K 4:00 TABLE GAMES TH I 7:00 EVENING MOVIE	5 <i>TARGET TRIP</i> 10:00 NEWS & VIEWS RL A 10:30 EXERCISE CLUB RL A 11:00 BATTLE AXE THROW RL A/G 1:30 MANICURES S M/E 2:00 MOVIE MATINEE TH EJ 2:00 KNITTING CLUB EL G 2:00 GETTING TO KNOW YOU RL A 3:00 HAPPY HOUR & TRIVIA RL ALL 4:00 SCATTERGORIES RL A 4:00 BIRTHDAY COMMITTEE EL EJ 7:00 EVENING MOVIE TH M 7:00 CASH BINGO RL M	6 10:00 COFFEE CHAT RL M 10:30 EXERCISE CLUB RL EJ 11:00 BASKETBALL TOSS RL M 1:30 TRAVELOGUE RL M 2:00 MOVIE MATINEE TH EJ 2:00 CASH BINGO RL M 3:00 HAPPY HOUR & FAMILY FEUD RL ALL 4:00 ADULT COLORING RL M 4:00 KINGS IN THE CORNER EL IS 6:30 CHILDREN'S CHOIR PERFORMANCE RL IS/E 7:00 EVENING MOVIE TH IS 7:00 SCENIC ROUTES RL IS	7 10:00 NEWS & VIEWS RL K 10:30 CHAIR YOGA RL C 11:00 TWISTED TWISTER RL C/G 1:30 SING ALONG RL EJ 2:00 MOVIE MATINEE TH EJ 2:00 CASH BINGO RL C/G 3:00 HAPPY HOUR & JEOPARDY RL ALL 4:00 CRAFT: SPONGE MANDALAS RL K/E 4:00 WII GAMES TH C 7:00 EVENING MOVIE TH I
8 <i>LIVE SUNDAY MASS</i> 10:00 NEWS & VIEWS RL M 10:30 EXERCISE CLUB RL A 11:00 HOOP TAC TOE RL A 11:00 LIVE SUNDAY MASS TH M 1:30 THE CROONERS RL A 2:00 MOVIE MATINEE TH M 2:00 CASH BINGO RL A 3:00 SUNDAY SUNDAYS RL ALL 4:00 MEN'S GROUP B M 4:00 WII GAMES TH IS 7:00 EVENING MOVIE TH IS 7:00 SHORT STORY	9 10:00 COFFEE CHAT RL K 10:30 EXERCISE CLUB RL A 10:30 MAH JONGG CLUB B I 11:00 INDOOR GOLF RL A/G 1:30 DANCING WITH THE STARS 2:00 MOVIE MATINEE TH K 2:00 CASH BINGO RL A/G 3:00 HAPPY HOUR & WOULD YOU RATHER? RL ALL 4:00 RUMMIKUB CLUB EL I 4:00 GROUP CROSSWORD RL K 7:00 EVENING MOVIE TH C 7:00 MINDFUL MEDITATION PD C	10 <i>RESIDENT COUNCIL/FOOD COMMITTEE</i> 10:00 RESIDENT COUNCIL & FOOD COMMITTEE RL A 10:30 EXERCISE CLUB RL EJ 11:00 BALLOON VOLLEYBALL RL A 1:30 MASTER CLASS RL EJ 2:00 MOVIE MATINEE TH M 2:00 DAY AT THE RACES RL A/M 3:00 HAPPY HOUR RL ALL 4:00 CASH BINGO RL M 4:00 SCRABBLE CLUB B I 7:00 EVENING MOVIE TH M 7:00 FINISHING LINES RL M	11 <i>NEW RESIDENT SOCIAL</i> 10:00 COFFEE CHAT RL K 10:00 LIVE ROSARY TH A 10:30 NEW RESIDENT SOCIAL RL K 10:30 EXERCISE CLUB RL A 11:00 LADDERBALL RL EJ 1:30 PLANET EARTH DOCUMENTARY 2:00 MOVIE MATINEE RL A/K 2:00 CASH BINGO RL ALL 3:00 HAPPY HOUR & SING ALONG RL A 3:30 ART WITH KAREN TH K 4:00 TABLE GAMES TH I 7:00 EVENING MOVIE	12 10:00 NEWS & VIEWS RL A 10:30 EXERCISE CLUB RL A 11:00 BEAN BAG BUCKETS RL A/G 1:30 MANICURES S M/E 2:00 MOVIE MATINEE EL G 2:00 KNITTING CLUB RL EJ 2:00 WHERE WOULD YOU GO? RL ALL 3:00 HAPPY HOUR & TRIVIA RL A 4:00 SCATTERGORIES EL I 4:00 KINGS IN THE CORNER TH M 7:00 EVENING MOVIE RL M 7:00 CASH BINGO	13 <i>LUNCH TRIP: SAVIANO'S</i> 10:00 COFFEE CHAT RL M 10:30 EXERCISE CLUB RL EJ 11:00 PUTT & BOWL RL M 11:30 LUNCH AT SAVIANO'S S M/E 1:30 TRAVELOGUE RL M 2:00 MOVIE MATINEE TH EJ 2:00 MUSIC WITH LES RL M 3:00 HAPPY HOUR & FAMILY FEUD RL ALL 4:00 CASH BINGO RL M 4:00 KINGS IN THE CORNER EL IS 7:00 EVENING MOVIE TH IS 7:00 FLOWER ARRANGING RL IS	14 10:00 NEWS & VIEWS RL K 10:30 CHAIR YOGA RL C 11:00 BOTTLE RING TOSS RL C/G 1:30 SING ALONG RL K 2:00 MOVIE MATINEE TH EJ 2:00 CASH BINGO RL C/G 3:00 HAPPY HOUR & JEOPARDY RL ALL 4:00 CRAFT: SOCK SNOWMEN RL K/E 4:00 WII GAMES TH C 7:00 EVENING MOVIE TH I
15 10:00 NEWS & VIEWS RL M 10:30 EXERCISE CLUB RL A 11:00 CORN HOLE RL A 11:00 LIVE SUNDAY MASS TH M 1:30 REMEMBERING THE 30S 2:00 MOVIE MATINEE TH M 2:00 CASH BINGO RL A 3:00 SUNDAY SUNDAYS RL ALL 4:00 MEN'S GROUP B M 4:00 WII GAMES TH IS 7:00 EVENING MOVIE TH IS 7:00 SHORT STORY RL IS	16 10:00 COFFEE CHAT RL K 10:30 EXERCISE CLUB RL A 10:30 MAH JONGG CLUB B I 11:00 BATTLE AXE THROW RL A/G 1:30 HOW IT'S MADE RL K 2:00 MOVIE MATINEE TH K 2:00 CASH BINGO RL K/G 3:00 HAPPY HOUR & DID YOU KNOW? RL ALL 4:00 RUMMIKUB CLUB EL I 4:00 GROUP CROSSWORD RL K 7:00 EVENING MOVIE TH C 7:00 MINDFUL MEDITATION PD C	17 <i>WALGREENS TRIP</i> 10:00 WALGREENS TRIP RL ALL 10:00 NEWS & VIEWS RL ALL 10:30 EXERCISE CLUB 11:00 FOOTBALL TOSS RL A 1:30 MASTER CLASS RL EJ 2:00 MOVIE MATINEE TH M 2:00 DAY AT THE RACES RL EJ 3:00 HAPPY HOUR & MUSIC W/ DONNA LEE RL ALL 4:00 CASH BINGO RL ALL 4:00 SCRABBLE CLUB B I 7:00 EVENING MOVIE TH M 7:00 FINISHING LINES RL M	18 <i>COOKING DEMO</i> 10:00 COFFEE CHAT RL K 10:00 LIVE ROSARY TH A 10:30 EXERCISE CLUB RL K 11:00 BASKETBALL TOSS RL A 1:30 PLANET EARTH DOCUMENTARY RL EJ 2:00 MOVIE MATINEE TH EJ 2:00 CASH BINGO RL A/K 3:00 COOKING DEMO RL ALL 3:30 ART WITH KAREN RL EJ 4:00 A FAMOUS FACE TH K 7:00 EVENING MOVIE TH I	19 <i>FIVE BELOW TRIP</i> 10:00 FIVE BELOW TRIP 10:00 NEWS & VIEWS RL A 10:30 EXERCISE CLUB RL EJ 11:00 TWISTED TWISTER RL A/G 1:30 MANICURES S M/E 2:00 MOVIE MATINEE TH EJ 2:00 WHO SAID IT? RL EJ 2:00 KNITTING CLUB EL G 3:00 HAPPY HOUR & TRIVIA RL ALL 4:00 SCATTERGORIES RL A 4:00 KINGS IN THE CORNER EL I 7:00 EVENING MOVIE TH M 7:00 CASH BINGO RL M	20 10:00 COFFEE CHAT RL M 10:30 EXERCISE CLUB RL EJ 11:00 HOOP TAC TOE RL M 1:30 TRAVELOGUE RL EJ 2:00 MOVIE MATINEE TH IS 2:00 CASH BINGO RL M 3:00 HAPPY HOUR & FAMILY FEUD RL ALL 4:00 KINGS IN THE CORNER EL EJ 4:00 LANDSCAPE PAINTING RL IS 7:00 EVENING MOVIE TH IS 7:00 BRACELET MAKING RL IS	21 10:00 NEWS & VIEWS RL M 10:30 CHAIR YOGA RL C 11:00 INDOOR GOLF RL C/G 1:30 SING ALONG RL EJ 2:00 MOVIE MATINEE TH EJ 2:00 CASH BINGO RL C/M 3:00 HAPPY HOUR & JEOPARDY RL ALL 4:00 CRAFT: DIY WINDOW CLINGS E/M 4:00 WII GAMES TH C 7:00 EVENING MOVIE TH I
22 10:00 NEWS & VIEWS RL M 10:30 EXERCISE CLUB RL A 11:00 BALLOON VOLLEYBALL RL A 11:00 LIVE SUNDAY MASS TH M 1:30 REMEMBERING THE 40S 2:00 MOVIE MATINEE TH M 2:00 CASH BINGO RL A 3:00 SUNDAY SUNDAYS RL ALL 4:00 MEN'S GROUP B M 4:00 WII GAMES TH A 7:00 EVENING MOVIE TH IS 7:00 SHORT STORY RL IS	23 10:00 COFFEE CHAT RL A 10:30 EXERCISE CLUB RL A 10:30 MAH JONGG CLUB B I 11:00 LADDERBALL RL A 1:30 DANCING WITH THE STARS RL EJ 2:00 MOVIE MATINEE TH EJ 2:00 CASH BINGO RL A/G 3:00 HAPPY HOUR & NEVER HAVE I EVER RL ALL 4:00 RUMMIKUB CLUB EL I 4:00 GROUP CROSSWORD RL K 7:00 EVENING MOVIE TH C 7:00 MINDFUL MEDITATION PD C	24 <i>LIBRARY TRIP</i> 10:00 LIBRARY TRIP 10:00 NEWS & VIEWS RL A 10:30 EXERCISE CLUB RL ALL 11:00 BATTLE AXE THROW 1:30 MASTER CLASS RL A 2:00 MOVIE MATINEE TH EJ 2:00 DAY AT THE RACES RL A/M 3:00 HAPPY HOUR & HUMOR RL ALL 4:00 CASH BINGO RL M 4:00 SCRABBLE CLUB B I 7:00 EVENING MOVIE TH I 7:00 FINISHING LINES	25 10:00 COFFEE CHAT RL A 10:00 LIVE ROSARY TH EJ 10:30 EXERCISE CLUB RL A 11:00 PUTT & BOWL RL A 1:30 PLANET EARTH DOCUMENTARY RL EJ 2:00 MOVIE MATINEE TH EJ 2:00 CASH BINGO RL A 3:00 HAPPY HOUR & SING ALONG RL ALL 3:30 ART WITH KAREN RL EJ 4:00 TABLE GAMES TH A 7:00 EVENING MOVIE RL EJ	26 <i>BAHAMA BREEZE TRIP</i> 10:00 NEWS & VIEWS RL A 10:30 EXERCISE CLUB RL A 11:00 BOTTLE RING TOSS RL A/G 1:30 MANICURES S M/E 2:00 LIVE MUSIC W/ROGER 2:00 MOVIE MATINEE TH EJ 2:00 KNITTING CLUB EL G 3:00 HAPPY HOUR & TRIVIA RL ALL 4:00 SCATTERGORIES RL M 4:00 RUMMIKUB EL A 7:00 EVENING MOVIE TH M 7:00 CASH BINGO RL M	27 <i>RESIDENT BIRTHDAY PARTY</i> 10:00 COFFEE CHAT RL M 10:30 EXERCISE CLUB RL EJ 11:00 CORN HOLE RL M 1:30 TRAVELOGUE RL EJ 2:00 MOVIE MATINEE TH IS 2:00 CASH BINGO RL M 3:00 RESIDENT BIRTHDAY PARTY RL ALL 4:00 WATERCOLOR PAINTING EL IS 4:00 WORDS IN WORDS RL M 7:00 EVENING MOVIE TH IS 7:00 WORD PUZZLES RL IS	28 10:00 NEWS & VIEWS RL C 10:30 CHAIR YOGA RL C 11:00 BATTLE AXE THROW RL E/G 1:30 SING ALONG RL C 2:00 MOVIE MATINEE TH EJ 2:00 CASH BINGO RL C/G 3:00 HAPPY HOUR & JEOPARDY RL ALL 4:00 SEQUENCE GAME EL C 4:00 CRAFT: STENCILED ORNAMENTS RL EJ 7:00 EVENING MOVIE TH I
29 10:00 NEWS & VIEWS RL M 10:30 EXERCISE CLUB RL A 11:00 BASKETBALL TOSS RL A 11:00 LIVE SUNDAY MASS TH M 1:30 REMEMBERING THE 50S RL A 2:00 MOVIE MATINEE RL M 2:00 CASH BINGO RL A 3:00 SUNDAY SUNDAYS RL ALL 4:00 MEN'S GROUP RL M 4:00 WII GAMES TH A 7:00 EVENING MOVIE TH IS 7:00 SHORT STORY RL IS	30 10:00 COFFEE CHAT RL K 10:30 EXERCISE CLUB RL A 10:30 MAH JONGG CLUB B I 11:00 TWISTED TWISTER RL A/G 1:30 HOW IT'S MADE RL EJ 2:00 MOVIE MATINEE TH K 2:00 CASH BINGO RL K/G 3:00 HAPPY HOUR & NAME 5 RL ALL 4:00 RUMMIKUB CLUB EL I 4:00 GROUP CROSSWORD RL K 7:00 EVENING MOVIE TH C 7:00 MINDFUL MEDITATION PD C	31 <i>BED BATH & BEYOND TRIP</i> 10:00 BED BATH & BEYOND TRIP 10:00 NEWS & VIEWS RL A 10:30 EXERCISE CLUB RL EJ 11:00 HOOP TAC TOE RL A 1:30 MASTER CLASS RL EJ 2:00 MOVIE MATINEE TH M 2:00 DAY AT THE RACES RL A/M 3:00 HOT COCOA HAPPY HOUR RL ALL 4:00 CASH BINGO RL A/M 4:00 SCRABBLE CLUB B I 7:00 EVENING MOVIE TH M 7:00 FINISHING LINES RL M	STAFF KEY AY=Emily Jacobs, Director GT=Gale M=Mya K=Karen IS=Isabelle C=Charley A=Ashley MI=Michelle FSD = Food Service Director ALL= All Staff I = Independent LOCATION KEY TH=Theater L=Library A=Art Room S=Salon OC=Courtyard EL=Entrance Lounge RL = Recreation Lounge R= Resident Room FL= Front Lawn PD = Private Dining	DAILY PROGRAMS 2:00 MATINEE MOVIE TH 3:00 HAPPY HOUR RL 7:00 EVENING MOVIE TH *All trips are if weather permits. *All programs are subject to change. Change will be reflected on the Daily Board. Recreation Director will be happy to answer any questions you may have regarding this calendar.	 <div><p>PLEASE PRACTICE Facemask Suggested</p><p>THE ARBORS ASSISTED LIVING COMMUNITIES</p><p>SOCIAL DISTANCING</p></div>	