

September 2022

The Arbors At BOHEMIA

Tel: 631-567-3113
www.thearborsassistedliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>PLEASE PRACTICE <i>Facemask Suggested</i> SOCIAL DISTANCING</p> <p>The Arbors ASSISTED LIVING COMMUNITIES</p>	<p>STAFF KEY AY=Andrew, Director GT=Gale M=Mya J=Jessi MA=Marissa C=Cassandra A=Ashley FSD = Food Service Director ALL= All Staff I= Independent</p> <p>LOCATION KEY TH=Theater L=Library A=Art Room S=Salon OC=Courtyard EL=Entrance Lounge RL = Recreation Lounge R= Resident Room FL= Front Lawn PD = Private Dining</p>	<p>DAILY PROGRAMS</p> <p>2:00 MATINEE MOVIE TH 3:00 HAPPY HOUR RL 7:00 EVENING MOVIE TH</p> <p>*All trips are if weather permits. *All programs are subject to change. Change will be reflected on the Daily Board.</p> <p>Recreation Director Andrew will be happy to answer any questions you may have regarding this calendar.</p>		<p>1 SHOPPING AT KOHL'S</p> <p>9:30 MUSIC ENJOYMENT RL I 10:00 THE ARBORS NEWS RL A 10:30 EXERCISE CLUB RL T 10:30 SHOPPING AT KOHL'S EL AY 11:00 BATTLE AXE GAME RL G 1:30 THURSDAY TED TALKS RL AY 2:00 CASH BINGO RL M 2:00 KNITTING CLUB EL M 2:00 MOVIE MATINEE TH I 3:00 HAPPY HOUR RL ALL 3:30 CASH BINGO RL T 4:00 WII GAMES TH I 7:00 ART WITH MYA RL M 7:00 EVENING MOVIE TH M</p>	<p>2</p> <p>9:30 MUSIC ENJOYMENT RL I 10:00 GOOD NEWS NETWORK RL M 10:30 EXERCISE CLUB RL M 11:00 MUSICAL CONCERT EL AY 11:00 FOOTBALL TOSS RL ALL 1:30 NEW YORK CITY IN THE 1950'S RL AY 2:00 CASH BINGO RL M 2:00 MOVIE MATINEE RL AY 3:00 HAPPY HOUR RL ALL 3:30 SHABAT SERVICES PD AY 4:00 WII GAMES TH IS 6:30 20 QUESTIONS RL IS 7:00 EVENING MOVIE TH IS 7:00 ART WITH ISABELLE RL IS</p>	<p>3</p> <p>9:00 MORNING JAZZ RL AY 10:00 CURRENT EVENTS RL A 10:30 EXERCISE CLUB RL T 11:00 FOOD PARADISE RL AY 11:00 BEAN BAG BUCKETS RL G 1:30 FORGOTTEN ELLIS ISLAND RL AY 2:00 CASH BINGO RL I 2:00 MOVIE MATINEE TH I 3:00 HAPPY HOUR RL ALL 4:00 WII BOWLING RL T 4:00 WORD GAMES RL I 6:30 TRIVA JUNKIES TH I 7:00 EVENING MOVIE TH I 7:00 TWISTED TWISTER RL I</p>
<p>4 LIVE SUNDAY MASS</p> <p>9:30 MUSIC MEMORIES RL I 10:00 NEWS AND VIEWS RL M 10:30 EXERCISE CLUB RL A 11:00 LIVE SUNDAY MASS TH M 11:00 HOOP TAC TOE RL A 1:30 KINGS IN THE CORNER RL M 2:00 CASH BINGO RL A 2:00 MOVIE MATINEE TH IS 3:00 HAPPY HOUR RL ALL 4:00 WORD IN WORDS RL M 6:30 CLASSIC HANGMAN RL IS 7:00 EVENING MOVIE TH IS 7:00 CORNHOLE TOSS RL IS</p>	<p>5 LABOR DAY</p> <p>9:00 PUZZLES AND PONDERINGS RL I 9:30 MUSIC ENJOYMENT RL I 10:00 NEWS AND VIEWS RL A 10:30 LIVE EXERCISE RL M 11:00 MAH JONGG CLUB B I 11:00 LADDERBALL RL G 12:00 LABOR DAY BBQ OC ALL 2:00 MOVIE MATINEE TH M 2:00 CASH BINGO RL A 3:00 HAPPY HOUR RL ALL 4:00 CLASSIC HANGMAN RL M 6:30 WORD SCRAMBLE RL C 7:00 TWISTED TWISTER TH C 7:00 EVENING MOVIE TH C</p>	<p>6 LUNCH AT MILLERS ALE HOUSE</p> <p>9:30 MUSIC ENJOYMENT RL A 10:00 NEWS AND VIEWS RL T 10:30 EXERCISE CLUB RL A 11:00 HOT SHOT BASKETBALL RL T 11:30 LUNCH AT MILLERS ALE HOUSE EL AY 1:30 TRAVELOGUE: NAPPA VALLEY RL M 2:00 MOVIE MATINEE TH A 2:00 DAY AT THE RACES RL M 2:00 RUMMIKUBE RL T 3:00 HAPPY HOUR RL ALL 3:30 CASH BINGO RL A 6:30 PUB TRIVIA RL M 7:00 EVENING MOVIE TH M 7:00 TIN CAN KNOCK DOWN RL M</p>	<p>7 ALBERT MULAD PERFORMS</p> <p>9:30 MUSIC ENJOYMENT RL I 10:00 THE ARBORS NEWS RL A 10:30 LIVE ROSARY TH A 10:30 ALBERT MULAD PERFORMS RL ALL 11:30 QUICK STRETCH RL A 1:30 THIS DAY IN HISTORY RL AY 2:00 COOKING CLUB HAPPY HOUR RL AY 2:00 MOVIE MATINEE TH I 3:00 HAPPY HOUR RL ALL 4:00 WORD GAMES RL A 4:00 WII GAMES TH C 6:30 SENIOR ADVICE RL C 7:00 CASH BINGO RL C 7:00 EVENING MOVIE TH C</p>	<p>8 FAMILY BINGO NIGHT</p> <p>9:30 MUSIC ENJOYMENT RL I 10:00 THE ARBORS NEWS RL J 10:30 EXERCISE CLUB RL A 11:00 INDOOR GOLF PUTTING RL G 12:00 UNO CHAMPS RL M 1:30 THURSDAY TED TALKS RL AY 2:00 POKER CLUB RL AY 2:00 KNITTING CLUB EL M 2:00 MOVIE MATINEE TH A 3:00 HAPPY HOUR RL ALL 4:00 SPELLING BEE COMPETITION RL A 7:00 EVENING MOVIE TH M 7:00 FAMILY CASH BINGO NIGHT RL ALL</p>	<p>9 TRIP TO THE LIBRARY</p> <p>9:00 MIND GAMES RL AY 10:00 NEWS CURRENTS RL M 10:30 EXERCISE CLUB RL M 10:30 TRIP TO THE LIBRARY EL AY 11:00 FLARTS GAME RL AY 1:30 KINGS IN THE CORNER RL M 2:00 BAR FITNESS WITH ANDY RL ALL 2:00 MOVIE MATINEE TH IS 3:00 HAPPY HOUR RL ALL 3:30 SHABAT SERVICES PD AU 4:00 WORD GAMES RL IS 4:00 WII GAMES RL M 6:30 GREATEST DANCE MOVIE SCENES TH IS 7:00 EVENING MOVIE TH IS 7:00 CASH BINGO RL IS</p>	<p>10</p> <p>9:00 MUSIC ENJOYMENT RL AY 10:00 NEWS CURRENTS RL T 10:30 EXERCISE CLUB RL T 11:00 BOTTLE RING TOSS RL G 11:00 MAN VS. FOOD RL AY 1:30 THE EARLY DAYS OF ROCK-N-ROLL RL AY 2:00 MOVIE MATINEE TH IS 2:00 ART WITH ISABELLE RL IS 3:00 HAPPY HOUR RL ALL 4:00 SMARTBOARD TRIVIA RL T 4:00 WII GAMES TH A 6:30 SENIOR ADVICE RL IS 7:00 EVENING MOVIE TH IS 7:00 CASH BINGO RL IS</p>
<p>11 GRANDPARENTS DAY</p> <p>9:30 MUSIC MEMORIES RL I 10:00 NEWS AND VIEWS RL A 10:30 EXERCISE CLUB RL M 11:00 LIVE SUNDAY MASS TH C 11:00 BEAN BAG BUCKETS RL M 1:30 KINGS IN THE CORNER RL IS 2:00 MOVIE MATINEE TH MA 2:00 GRAND PARENTS DAY CELEBRATION OC ALL 3:00 SUNDAY SUNDAYS RL ALL 4:00 WORD SHAKE UP RL C 6:00 CLASSIC BOARD GAMES RL IS 7:00 EVENING MOVIE TH IS 7:00 BATTLE AXE THROW RL IS</p>	<p>12</p> <p>9:00 WORD GAMES RL A 9:30 MUSIC ENJOYMENT RL A 10:00 CURRENTS EVENTS RL A 10:30 EXERCISE CLUB RL A 11:00 SENIOR BOWLING RL G 11:00 MAH JONGG CLUB B I 1:30 LEFT RIGHT CENTER RL A 2:00 MOVIE MATINEE TH I 2:00 CASH BINGO RL A 3:00 HAPPY HOUR RL ALL 4:00 TRIVIAL TRIVIA RL C 6:00 KINGS IN THE CORNER RL C 7:00 HORSE SHOE PITCH RL C 7:00 EVENING MOVIE TH C</p>	<p>13 LUNCH AT THE SHED RESTAURANT</p> <p>9:30 MORNING JAZZ RL AY 10:00 NEWS AND VIEWS RL T 10:30 EXERCISE CLUB RL A 11:00 TEAM VOLLEY BALL RL ALL 11:30 LUNCH AT THE SHED RESTAURANT RL T 1:30 TRAVELOGUE TEXAS BBQ RL M 2:00 DAY AT THE RACES RL A 2:00 MOVIE MATINEE TH M 3:00 HAPPY HOUR RL ALL 4:00 TRIVIA JUNKIES RL A 4:00 WII GAMES RL M 6:30 AFTER DINNER STRETCH RL M 7:00 CASH BINGO RL M 7:00 EVENING MOVIE TH M</p>	<p>14 COOKING DEMO HAPPY HOUR</p> <p>9:30 MUSIC ENJOYMENT RL A 10:00 THE ARBORS NEWS RL A 10:30 LIVE ROSARY TH AY 10:30 EXERCISE CLUB RL A 11:00 LADDERBALL RL A 1:30 20 QUESTIONS RL MA 2:00 COOKING DEMO HAPPY HOUR RL AY 2:00 MOVIE MATINEE TH J 3:00 HAPPY HOUR RL ALL 4:00 WORD GAMES RL C 4:00 INTRIGING STORIES RL C 6:30 SENIOR ADVICE RL C 7:00 EVENING MOVIE TH C 7:00 CASH BINGO RL C</p>	<p>15 ARBORS OLYMPICS</p> <p>9:30 MUSIC ENJOYMENT RL AY 10:00 NEWS AND VIEWS RL A 10:30 OLYMPIC GAMES TRIP O A 11:00 INDOOR GOLF PUTTING RL ALL 1:30 THURSDAY TED TALKS RL I 2:00 MOVIE MATINEE TH I 3:00 HAPPY HOUR RL ALL 4:00 Pictionary RL T 4:00 WII GAMES RL A 6:00 WORD GAMES RL M 7:00 EVENING MOVIE TH M 7:00 CASH BINGO RL M</p>	<p>16 SHOPPING AT BARNES AND NOBLE</p> <p>9:00 MORNING JAZZ RL AY 10:00 NEWS CURRENTS RL M 10:30 EXERCISE CLUB RL M 10:30 SHOPPING AT BARNES AND NOBLE EL AY 11:00 HOOP TAC TOE RL ALL 1:30 TRAVELOGUE: NEW ENGLAND RL M 2:00 MOVIE MATINEE TH I 2:00 CASH BINGO RL IS 3:00 HAPPY HOUR RL ALL 3:30 SHABAT SERVICES PD AU 4:00 PUTT-N-BOWL RL IS 4:00 WII GAMES TH M 6:00 WORD GAMES RL IS 7:00 EVENING MOVIE TH IS 7:00 ART WITH ISABELLE RL IS</p>	<p>17 OCTOBERFEST KICKOFF PARTY</p> <p>9:00 MORNING JAZZ RL A 10:00 WORD SHAKE UP RL T 10:30 EXERCISE CLUB RL T 11:00 HISTORY OF OCTOBERFEST FL AY 11:00 BEER BARREL PONG BALL RL G 1:30 POLKA MUSIC SENSATION RL IS 2:00 CASH BINGO RL T 2:00 MOVIE MATINEE TH T 3:00 PRETZELS AND BEER HAPPY HOUR RL ALL 4:00 HEADS UP CHARADES RL IS 4:00 TRAVELOGUE GERMANY RL AY 6:30 CHICKEN SOUP FOR THE SOUL RL IS 7:00 BEAN BAG BUCKETS RL IS 7:00 EVENING MOVIE RL IS</p>
<p>18 LIVE SUNDAY MASS</p> <p>9:30 MUSIC ENJOYMENT RL I 10:00 NEWS DISCUSSION RL A 10:30 EXERCISE CLUB RL C 11:00 LIVE SUNDAY MASS TH M 11:00 GROUP WALK FL A 11:00 BATTLE AXE THROW RL C 1:30 TRAVELOGUE: BOSTON RL M 2:00 MOVIE MATINEE TH M 2:00 CASH BINGO RL C 2:00 ART WITH ISABELLE FL I 3:00 SUNDAY SUNDAYS RL ALL 4:00 FAMILY FEUD RL M 4:00 WII GAMES TH C 6:30 GUESS THE SINGER RL IS 7:00 EVENING MOVIE TH IS 7:00 INDOOR PUTTING RL IS</p>	<p>19</p> <p>9:30 MORNING TALK RL A 10:00 CURRENT EVENTS RL A 10:30 EXERCISE CLUB RL A 11:00 LADDERBALL RL G 11:00 MAH JONGG CLUB B I 1:30 COMEDY HALF HOUR RL A 2:00 MOVIE MATINEE TH A 2:00 CASH BINGO RL A 3:00 HAPPY HOUR RL ALL 4:00 CASH CAB RL C 4:00 WII GAMES TH A 6:30 SENIOR ADVICE RL C 7:00 EVENING MOVIE TH C 7:00 CORNHOLE TOSS RL C</p>	<p>20 RESIDENT COUNCIL/FOOD COMMITTEE</p> <p>9:30 MORNING JAZZ RL AY 10:00 ARBORS NEWS RL A 10:30 EXERCISE CLUB RL T 11:00 GROUP WALK RL A 11:00 HOOP TAC TOSS RL ALL 12:00 CONNECT FOUR RL M 1:30 WEIRD BUT TRUE FACTS RL T 2:00 RESIDENT COUNCIL/FOOD COMMITTEE RL M 2:00 MOVIE MATINEE TH I 3:00 HAPPY HOUR RL ALL 4:00 DAY AT THE RACES RL A 6:30 RUMMIKUBE RL M 7:00 EVENING MOVIE TH I 7:00 CASH BINGO RL M</p>	<p>21 CABARET AT CM PERFORMING ARTS</p> <p>9:30 MUSIC ENJOYMENT RL A 10:00 THE ARBORS NEWS RL A 10:30 LIVE ROSARY TH AY 10:30 EXERCISE CLUB RL AY 11:00 PONG BALL RL A 11:00 MASTER CLASS RL AY 1:15 CABARET AT CM PERFORMING ARTS EL AY 1:30 TRAVELOGUE: DISNEY WORLD RL ALL 2:00 LADDERBALL RL ALL 2:00 MOVIE MATINEE TH I 3:00 HAPPY HOUR RL ALL 4:00 WORD SCRAMBLE RL A 6:30 CREATE A STORY RL C 7:00 EVENING MOVIE TH C 7:00 TIN CAN KNOCKDOWN RL C</p>	<p>22 SQUEAKY CLEAN PERFORMS</p> <p>9:30 MUSIC ENJOYMENT RL I 10:00 NEWS AND VIEWS RL A 10:30 EXERCISE CLUB RL T 10:30 SCENIC RIDE EL AY 11:00 BIOGRAPHY SERIES RL A 11:00 BEAN BAG BUCKETS RL T 1:30 SING ALONG RL ALL 2:00 SQUEAKY CLEAN PERFORMS OC ALL 2:00 KNITTING CLUB EL M 2:00 MOVIE MATINEE TH T 3:00 RESIDENT BIRTHDAY PARTY RL ALL 4:00 Pictionary RL M 6:30 WORD GAMES RL M 7:00 EVENING MOVIE TH M 7:00 CASH BINGO RL M</p>	<p>23</p> <p>9:00 MORNING JAZZ RL AY 10:00 NEWS CURRENTS RL M 10:30 EXERCISE CLUB RL M 11:00 GROUP WALK FL I 11:00 HOT SHOT BASKETBALL RL ALL 1:30 TRAVELOGUE: ISRAEL RL M 2:00 CASH BINGO RL ALL 2:00 MOVIE MATINEE TH I 3:00 HAPPY HOUR RL ALL 3:30 SHABAT SERVICES PD AU 4:00 WII GAMES TH M 4:00 WORDS IN WORDS RL IS 4:00 RUMMIKUBE RL IS 6:30 TRIVIA JUNKIES RL IS 7:00 CASH BINGO RL IS 7:00 EVENING MOVIE TH IS</p>	<p>24</p> <p>9:00 MORNING JAZZ RL AY 10:00 ARBORS NEWS RL T 10:30 EXERCISE CLUB RL T 11:00 FOOD PARADISE RL AY 11:00 FOOTBALL TOSS RL G 1:30 DAILY CHRONICLES RL AY 2:00 MOVIE MATINEE TH A 2:00 CASH BINGO RL A 3:00 HAPPY HOUR RL ALL 4:00 HEADS UP CHARADES RL AY 4:00 WII GAMES TH IS 6:30 DAILY HOROSCOPES RL IS 7:00 EVENING MOVIE TH IS 7:00 BOTTLE RING TOSS RL IS</p>
<p>25 LIVE SUNDAY MASS</p> <p>9:30 MUSIC ENJOYMENT RL I 10:00 NEWS DISCUSSION RL A 10:30 EXERCISE CLUB RL A 11:00 LIVE SUNDAY MASS TH M 11:00 CORNHOLE TOSS RL C 1:30 RUMMIKUBE OC IS 2:00 MOVIE MATINEE TH M 2:00 CASH BINGO RL I 2:00 ART WITH ISABELLE FL I 3:00 QUESADILLA HAPPY HOUR RL ALL 4:00 CLASSIC HANGMAN RL M 4:00 WII GAMES TH IS 6:30 NAME THAT TUNE RL IS 7:00 EVENING MOVIE TH IS 7:00 LADDERBALL RL IS</p>	<p>26</p> <p>9:30 MORNING TALK RL A 10:00 CURRENT EVENTS RL A 10:30 EXERCISE CLUB RL A 11:00 BEAN BAG BUCKETS RL G 11:00 MAH JONGG CLUB B G 1:30 KINGS IN THE CORNER TH I 2:00 MOVIE MATINEE TH G 2:00 CASH BINGO RL A 3:00 DUMPLING HAPPY HOUR RL ALL 3:30 WHERE IN THE WORLD TRIVIA RL ALL 4:00 WII GAMES TH C 4:00 CLASSIC HANGMAN RL A 6:30 WHAT'S MY LINE? RL C 7:00 EVENING MOVIE TH C 7:00 FLARTS RL C</p>	<p>27 VANDEBUILT MUSEUM TRIP</p> <p>9:30 MORNING JAZZ RL AY 10:00 ARBORS NEWS RL A 10:30 EXERCISE CLUB RL T 10:30 VANDEBUILT MUSEUM TRIP EL A 11:00 GROUP WALK RL A 11:00 TWISTED TWISTER RL T 1:30 SPELLING BEE RL M 2:00 DAY AT THE RACES RL M 2:00 MOVIE MATINEE TH A 3:00 HAPPY HOUR RL ALL 3:30 CASH BINGO RL T 6:30 RUMMIKUBE RL M 7:00 EVENING MOVIE TH I 7:00 ART WITH MYA RL M</p>	<p>28</p> <p>9:30 MUSIC ENJOYMENT RL AY 10:00 THE ARBORS NEWS RL A 10:30 LIVE ROSARY TH AY 10:30 EXERCISE CLUB RL A 11:00 PONG BALL RL A 11:00 MASTER CLASS RL A 1:30 JENGA JUNKIES EL A 2:00 CASH BINGO RL ALL 2:00 MOVIE MATINEE TH A 3:00 HAPPY HOUR RL ALL 4:00 CLASSIC BOARD GAMES RL C 4:00 RUMMIKUBE CLUB TH A 6:30 TRIVIA JUNKIES RL C 7:00 EVENING MOVIE TH C 7:00 LADDERBALL RL C</p>	<p>29 LUNCH AT CARRABBA'S</p> <p>9:30 MUSIC ENJOYMENT RL I 10:00 NEWS AND VIEWS RL A 10:30 EXERCISE CLUB RL T 11:00 BIOGRAPHY SERIES RL A 11:00 BEAN BAG BUCKETS RL G 1:30 LUNCH AT CARRABBA'S EL ALL 1:30 GEOGRAPHY QUIZ RL T 2:00 KNITTING CLUB EL M 2:00 POKER CLUB RL AY 2:00 KNITTING CLUB EL M 2:00 MOVIE MATINEE TH I 3:00 HAPPY HOUR RL ALL 4:00 Pictionary RL A 4:00 SCRABBLE CLUB FL M 6:30 2 MINUTE MYSTERIES TH I 7:00 EVENING MOVIE TH M 7:00 CASH BINGO RL M</p>	<p>30 BAR FITNESS WITH ANDY</p> <p>9:00 MORNING JAZZ RL AY 10:00 NEWS CURRENTS RL M 10:30 EXERCISE CLUB RL M 11:00 GROUP WALK FL AY 11:00 BATTLE AXE GAME RL ALL 1:30 CREATE A STORY RL M 2:00 BAR FITNESS WITH ANDY RL ALL 2:00 MOVIE MATINEE TH I 2:30 HAPPY HOUR RL ALL 3:30 SHABAT SERVICES PD AY 4:00 WORDS IN WORDS RL M 4:00 CHICKEN SOUP FOR THE SOUL FL IS 6:30 WORDS IN WORDS RL IS 7:00 EVENING MOVIE TH IS 7:00 CASH BINGO RL IS</p>	