

August 2022

The Arbors At ISLANDIA WEST TRANSITIONS

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www.thearborsassistedliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
STAFF KEY G=GINA, Director of Recreation SH=SHARON S=SHERYL VS=VINNY D=DIANE DV=DEB AN=ANDREA J=JASMINE AM=ANNEMARIE JO=JOSH I= INDEPENDENT RS=RECREATION STAFF V=VOLUNTEER AC=ACTIVITY CHANNEL ***=Call 381 for Appt. LOCATION KEY AR=ACTIVITY ROOM LV=LIVING ROOM L=LOUNGE AREA BI=BISTRO M=MEDIA ROOM LI=LIBRARY UP=UPPER PARLOR RR=RESIDENT'S ROOM 3F=3RD FLOOR CM=COMMUNITY CY=COURTYARD DR=DINING ROOM ES=EAST SIDE S=SALON O=OUTING 7 FRIENDSHIP DAY 9:00 MORNING TUNES DV LV 9:30 NEWS AND VIEWS DV LV 10:00 STRETCH AND FLEX RS LV 10:30 COMMUNION WITH JAMES V LV 11:00 MAKING FRIENDSHIP BRACELETS DV LV 1:30 REMINISCE: FRIENDS DV LV 2:00 FRIENDSHIP ACROSTIC POEM DV LV 3:00 HAPPY HOUR SOCIAL DV LV 4:00 CREATE A TRIP TO THE BEACH DV LV 6:00 TONIGHT AT THE MOVIES RS LV	1 ALOHA AUGUST! 9:00 MORNING TUNES RS LV 9:30 WHAT'S IN THE NEWS? RS LV 10:00 PILATES RS LV 10:30 NOODLE BALL RS LV 11:00 IT HAPPENED IN AUGUST RS LV 11:30 AUGUST BIRTHDAY QUIZ RS LV 1:00 MANICURES WITH JASMINE J LV 2:00 BINGO BLITZ J LV 3:00 HAPPY HOUR SOCIAL J LV 4:00 MUSICAL HANGMAN J LV 6:00 MOVIES AT NIGHT J LV 8 9:00 SING-A-LONG SONGS RS LV 9:30 MORNING NEWS RS LV 10:00 ARMCHAIR PILATES RS LV 10:30 NOODLE BALL RS LV 11:00 BIOGRAPHY ON: LUCILLE BALL J LV 11:30 THE I LOVE LUCY SHOW J LV 1:00 MANICURES WITH JASMINE J AR 2:00 BINGO000 J LV 3:00 HAPPY HOUR SOCIAL J LV 4:00 TRIVIA J LV 6:00 MONDAY NIGHT SHOWING J LV	2 SCAVENGER HUNT DAY 9:00 TUESDAY TUNES JO LV 9:30 NEWS & VIEWS JO LV 10:00 TUESDAY TONE UP JO LV 10:30 CIRCLE SOCCER JO LV 11:00 MAGAZINE SCAVENGER HUNT JO LV 11:30 A-Z WORD GAME JO LV 1:30 GOOD LUCK CHARM SCAVENGER HUNT JO&VS LV 3:00 CHEFS CHOICE SOCIAL ALL LV 4:00 FAMILY FEUD JO LV 4:15 MENS CLUB VS GR 6:00 NIGHTLY MOVIE VS LV 9 BUS TRIP 9:00 MELODIES IN THE MORNING JO LV 9:30 TODAYS NEWS JO LV 10:00 MOVEMENTS TO MUSIC JO LV 10:30 CIRCLE SOCCER JO CM 11:00 BUS TRIP TO CARVEL DV&AN O 11:15 WHATS IN THE BAG? JO LV 1:30 FRESH AIR CLUB JO&VS CY 3:00 CHEFS CHOICE ALL LV 4:00 MENS CLUB VS GR 4:00 NAME 10 JO LV 6:00 NIGHTLY MOVIE VS LV	3 9:00 ACOUSTIC SUNRISE VS LV 9:30 NEWS DISCUSSION VS LV 10:00 CHAIR PILATES VS LV 10:30 KEEP IT UP BALLOON VS LV 11:00 BIOGRAPHY ON TONY BENNETT VS LV 11:30 MUSICAL HANGMAN: TONY BENNETT EDITION VS LV 1:30 FRESH AIR CLUB VS&JO CY 3:00 HAPPY HOUR ALL LV 4:00 A-Z JO LV 6:00 MOVIE NIGHT JO LV 10 LUAU 9:00 UKULELE MUSIC VS LV 9:30 DAILY NEWS VS LV 10:00 HULA DANCING VS LV 10:30 ALL ABOUT HAWAII VS LV 11:00 MAKE YOUR OWN LEI'S VS AR 1:30 DANCE ALOHA ALL CY 3:00 TROPICAL DRINK HAPPY HOUR ALL CY 4:00 FAMILY FEUD JO LV 6:00 MOVIES AT DUSK JO LV	4 BBQ 9:00 MUSICAL MUSINGS JO LV 9:30 THE FRONT PAGE NEWS JO LV 10:00 SIT AND BE FIT JO LV 10:30 MOVEMENT TO MUSIC JO LV 11:00 TRENDING TOPICS JO LV 12:00 BBQ LUNCH ALL CY 1:30 BINGO JO LV 3:00 CHEFS CHOICE SOCIAL ALL LV 4:00 TRIVIA JO LV 6:00 MEET ME AT THE CINEMA VS LV 11 9:00 60S IN THE AM JO LV 9:30 HAPPENINGS AND HOROSCOPES JO LV 10:00 STRETCH AND FLEX JO LV 10:30 KEEP IT UP BALLOON JO LV 11:00 MUSICAL HANGMAN JO LV 11:30 TRAVEL TO: ROME JO LV 1:30 CREATIVE CREATIONS VS AR 1:30 BINGO JO LV 3:00 CHEFS CHOICE SOCIAL ALL LV 4:00 JEOPARDY STYLE TRIVIA JO LV 6:00 MEET ME AT THE MOVIES JO LV	5 INTERNATIONAL BEER DAY 9:00 MUSICAL MUSINGS JO LV 9:30 DAILY CHRONICLES JO LV 10:00 CHAIR ZUMBA VS LV 10:30 TOSS & TALK BALL JO LV 11:00 FRESH AIR CLUB JO&VS CY 1:30 POOL SHARKS VS GR 1:30 PENNY PITCH JO LV 3:00 BEER & POPCORN HAPPY HOUR ALL LV 4:00 WHO AM I? JO LV 6:00 TGIF MOVIES J LV 12 9:00 MUSICAL MUSINGS JO LV 9:30 NEWSDAY JO LV 10:00 CHAIR ZUMBA VS LV 10:30 NOODLEBALL JO&VS LV 11:00 OUTSIDE GAMES JO&VS CY 1:30 POOL SHARKS VS GR 1:30 BINGO JO LV 3:00 TGIF HAPPY HOUR ALL LV 4:00 SCATTAGORIES JO LV 6:00 TGIF MOVIES J LV	6 9:00 AMERICAN SING-A-LONG VS LV 9:30 WEEKEND UPDATE VS LV 10:00 WAKE UP, WORK OUT VS LV 10:30 BALLOON VOLLEYBALL VS LV 11:00 COFFEE AND WORD-SEARCHES VS LV 1:30 FAMILY FEUD VS LV 2:00 MUSICAL HANGMAN VS LV 3:00 ICE CREAM SOCIAL VS LV 4:00 QUIPO QUIZ VS LV 6:00 SATURDAY NIGHT SHOWING VS LV 13 9:00 MUSIC IN THE MORNING VS LV 9:30 WEEKEND IN REVIEW VS LV 10:00 ARMCHAIR EXERCISES VS LV 10:30 BALLOON VOLLEYBALL VS LV 11:00 COFFEE AND WORD-SEARCHES VS LV 1:30 CLIMB THE MOUNTAIN VS LV 2:00 NAME THAT FAMOUS FACE VS LV 3:00 ICE CREAM HAPPY HOUR VS LV 4:00 CONVERSATION STARTERS VS LV 6:00 SATURDAY SHOWING JO LV
14 9:00 MORNING SONGS RS LV 9:30 WEEKEND NEWS RS LV 10:00 PILATES RS LV 10:30 COMMUNION WITH JAMES V LV 11:00 WORD GAMES RS LV 1:30 BALLOON BOUNCE RS LV 2:00 WHEEL OF FORTUNE RS LV 3:00 HAPPY HOUR SOCIAL RS LV 4:00 LAUGHTER IS THE BEST MEDICINE RS LV 6:00 SUNDAY SHOWING RS LV 21 MERRICK CORRALE 9:00 SUNDAY SERENADES DV LV 9:30 DAILY CHRONICLES DV LV 10:00 SIT & BE FIT V DR 10:30 COMMUNION WITH JAMES RS CM 11:00 WHO WANTS TO BE A MILLIONAIRE QUESTIONS RS LV 1:30 REMINISCING RS LV 2:00 MERRICK CORRALE PERFORMS RS LV 3:00 HAPPY HOUR SOCIAL RS LV 4:00 SENIOR ADVICE DV LV 6:00 SUNSET MOVIES RS LV	15 9:00 MORNING TUNES RS LV 9:30 TODAY'S NEWS RS LV 10:00 WAKE UP, WORK OUT! RS LV 10:30 NOODLE BALL RS LV 11:00 BIOGRAPHY ON: JULIA CHILD J LV 11:30 JULIA CHILD COOKING SHOW J LV 1:30 FREE PLAY BINGO J LV 3:00 HAPPY HOUR J LV 4:00 ABOUT THE FEAST OF THE ASSUMPTION J LV 7:00 MOVIES WE LOVE J LV 22 9:00 SING-A-LONG SONGS RS LV 9:30 HOROSCOPES & NEWS RS LV 10:00 MORNING EXERCISE RS LV 10:30 CHAIR ZUMBA RS LV 11:00 BIOGRAPHY ON: GENE KELLY J LV 11:30 SINGING IN THE RAIN J LV 1:00 MANICURES WITH JASMINE J LV 2:00 BINGO J LV 3:00 HAPPY HOUR SOCIAL J LV 4:15 A-Z J LV 6:00 MONDAY MOVIE MANIA J LV	16 BUS TRIP & ENTERTAINMENT 9:00 CROONERS AND SWOONERS JO LV 9:30 WHATS IN THE NEWS? JO LV 10:00 NOODLECIZE JO LV 10:30 BUS TRIP DV&AN O 11:00 WORD JUMBLES JO LV 11:30 CONVERSATION STARTERS JO LV 1:15 MAGAZINE SCAVENGER HUNT JO LV 2:30 GEORGIE MASELLI PLAYS GUITAR ALL LV 3:00 CHEFS CHOICE SOCIAL ALL LV 4:00 MENS CLUB WITH VINNIE VS GR 4:00 NAME 10 JO LV 6:00 NIGHT TIME MOVIES JO LV 23 9:00 MUSIC IN THE MORNING JO LV 9:30 TODAY'S HEADLINERS JO LV 10:00 STRETCH AND FLEX JO LV 10:30 CIRCLE SOCCER JO LV 11:00 PET THERAPY JO LV 11:15 WORD IN A WORD JO LV 1:30 HORSERACING JO&VS LV 3:00 CHEFS CHOICE SOCIAL ALL LV 4:15 NAME 5,10,15 JO LV 4:15 MENS CLUB WITH VINNIE VS GR 6:00 MOVIE UNDER THE STARS VS&G LV	17 9:00 SWEET MELODIES IN THE MORNING VS LV 9:30 DAILY NEWS VS LV 10:00 STRETCH AND FLEX VS LV 10:30 CIRCLE SOCCER VS LV 11:00 WHO AM I TRIVIA? VS LV 11:30 GUESS THE SONG AND SING-A-LONG VS LV 1:30 FRESH AIR CLUB JO&VS CY 3:00 HAPPY HOUR! ALL LV 4:00 DEAL OR NO DEAL JO LV 6:00 MOVIES AT DUSK JO LV 24 9:00 MORNING MELODIES VS LV 9:30 DAILY DOSE VS LV 10:00 USE YOUR NOODLE VS LV 10:30 NOODLEBALL VS LV 11:00 PICTURE PUZZLES VS LV 11:30 SHOUT OUT TRIVIA VS LV 2:00 FRESH AIR CLUB VS&JO CY 3:00 HAPPY HOUR SOCIAL ALL LV 4:00 MAD LIBS VS LV 6:00 EVENING SHOWING JO LV	18 9:00 THURSDAY TUNES RS LV 9:30 NEWS & VIEWS RS LV 10:00 SIT AND GET FIT RS LV 10:30 BALLOON VOLLEYBALL RS LV 11:00 WORD-IN-A-WORD RS LV 1:30 CREATIVE CREATIONS VS AR 1:30 BINGO00 VS LV 3:00 CHEFS CHOICE ALL LV 4:00 QUIPO QUIZ JO LV 6:00 NIGHTLY MOVIE JO LV 25 9:00 70S IN THE AM JO LV 9:30 HAPPENINGS AND HOROSCOPES JO LV 10:00 STRETCH AND FLEX JO LV 10:30 MUSICAL HOT POTATO JO LV 11:00 WORD GAMES JO LV 11:30 TRAVEL TO: PUERTO RICO JO LV 1:30 CREATIVE CREATIONS VS AR 1:30 BINGO00 JO LV 3:00 CHEFS CHOICE SOCIAL ALL LV 4:00 JEOPARDY STYLE TRIVIA JO LV 6:00 MEET ME AT THE CINEMA VS LV	19 NEW RESIDENT LUNCHEON 9:00 MELODIES IN THE MORNING VS LV 9:30 HOROSCOPES AND HAPPENINGS VS LV 10:00 PILATES VS LV 10:30 TOSS & TALK BALL VS CY 11:00 COURTYARD GAMES VS CY 12:00 NEW RESIDENT LUNCHEON G BI 1:30 POOL SHARKS VS LV 1:30 BINGO RS LV 3:00 TGIF HAPPY HOUR ALL LV 4:00 HOT SEAT CHALLENGE VS LV 6:00 AFTER DINNER MOVIE J LV 26 9:00 MELODIC MORNINGS VS LV 9:30 BREAKING NEWS VS LV 10:00 CHAIR ZUMBA VS LV 10:30 KEEP UP BALLOON JO&VS LV 11:00 SHUFFLEBOARD AND FRESH AIR JO&VS CY 1:30 BINGO JO LV 1:30 POOL SHARKS VS GR 3:00 POPCORN SOCIAL ALL LV 4:00 MUSICAL HANGMAN JO LV 6:00 TGIF MOVIES J LV	20 9:30 WEEKEND UPDATE VS LV 10:00 SATURDAY STROLL VS LV 10:30 NOODLING AROUND VS LV 11:00 COFFEE AND WORD-SEARCHES VS LV 1:30 ROLL THE DICE, BREAK THE ICE VS LV 2:00 MUSICAL HANGMAN VS LV 3:00 ICE CREAM SOCIAL VS LV 4:00 Pictionary VS LV 6:00 MOVIE CLUB RS LV 27 9:00 ACOUSTIC SUNRISE VS LV 9:30 WEEKEND UPDATE VS LV 10:00 STRETCHING ON A SATURDAY VS LV 10:30 NOODLEBALL VS LV 11:00 COFFEE AND WORDSEARCHES VS LV 1:30 CLIMB THE MOUNTAIN VS LV 2:00 QUIPO QUIZ VS LV 3:00 ICE CREAM SOCIAL VS LV 4:00 NAME THAT FAMOUS FACE VS LV 6:00 SATURDAY NIGHT MOVIES VS LV
28 9:00 SUNDAY SONGS RS 9:30 NEWS AND VIEWS RS LV 10:00 SITTERCIZE RS LV 10:30 COMMUNION WITH JAMES RS LV 11:00 WORD-IN-A-WORD RS LV 1:30 PENNY PITCH RS LV 2:00 HOT SEAT CHALLENGE RS LV 3:00 SUNDAY SOCIAL RS LV 4:00 A DAY AT THE ZOO RS LV 6:00 NETFLIX NIGHT RS LV 29 9:00 MELODIES IN THE MORNING RS LV 9:30 NEWS & VIEWS RS LV 10:00 SIT AND BE FIT RS LV 10:30 TOSS & TALK BALL RS LV 11:00 BIOGRAPHY ON: INGRID BERGMAN J LV 11:30 NAME 10 J LV 1:00 MANICURES WITH JASMINE J LV 2:00 BINGO J LV 3:00 SOCIAL HOUR J LV 4:00 SCATTAGORIES J LV 6:00 MOVIES, MOVIES, MOVIES J LV	30 BUS TRIP 9:00 MUSIC APPRECIATION JO LV 9:30 WHATS IN THE NEWS JO LV 10:00 WAKE UP WORK-OUT JO LV 10:30 SCENICTRIP DV/AN O 11:00 FAMILY FEUD JO LV 1:30 FRESH AIR CLUB JO/VS LV 3:00 CHEFS CHOICE SOCIAL ALL LV 4:00 MENS CLUB WITH VINNIE VS GR 4:00 WHAT WOULD YOU DO? JO LV 6:00 MOVIES AT NIGHT VS LV 31 FAMILY FUN DAY 9:00 70S SONGS VS LV 9:30 DAILY NEWS VS LV 10:00 CHAIR PILATES VS LV 10:30 CIRCLE SOCCER VS CM 11:00 HISTORY'S MYSTERIES VS LV 1:30 SENIOR AMERICA PREFORMS ALL CY 3:00 FAMILY SOCIAL ALL CY 4:00 CONVERSATION STARTERS ALL LV 6:00 MOVIE CLUB JO LV	FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board. Your Recreation Director Gina Scaffedi will be happy to answer any questions you may have regarding this calendar.	PLEASE PRACTICE Facemask Suggested  SOcial DISTANCING The Arbors ASSISTED LIVING COMMUNITIES	It's SUMMER time 		