

August 2022

The Arbors At ISLANDIA EAST

Tel: 631-232-3131
www.thearborsassistedliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Jody will be happy to answer any questions you may have regarding this calendar.	1 WORLD WIDE WEB DAY 9:30 SWEATIN TO THE OLDIES JM L 10:00 SHOPPING TRIP: DOLLAR TREE CM O 10:30 CURRENT EVENTS CM L 11:15 TRIVIA CHALLENGE JM CY 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 PENNY POKER RL G 2:30 INTRO THE WORLD WIDE WEB JW L 3:00 HAPPY HOUR JM B 4:00 SMART BOARD CHALLENGE JM G 6:00 BINGO! RS G 7:00 EVENING IN THE CINEMA RS M	2 LIVE ENTERTAINMENT WITH ROSE 9:30 TONE AND SCULPT JM L 10:00 NEWS AND VIEWS JM L 10:30 RESIDENT COUNCIL RL M 11:00 FOOD COUNCIL RL M 12:00 LUNCH TRIP: TEXAS ROADHOUSE CM O 1:15 BINGO! C G 1:15 AFTERNOON MOVIE CM M 2:00 MAH JONG CLUB RL G 2:30 LIVE ENTERTAINMENT WITH ROSE VEN L 3:00 CHEF'S SPECIAL HAPPY HOUR C B 4:00 ACTIVITY PLANNING MEETING JM L 4:15 MENS CLUB RS G 6:00 BINGO! JM G 7:00 EVENING IN THE CINEMA JM M	3 CLASSICAL MUSIC APPRECIATION DAY 9:30 WEDNESDAY WORKOUT JM L 10:15 SHOPPING TRIP: TARGET CM O 11:00 MUSIC APPRECIATION- CLASSICAL JM L 12-2 DOTERRA OILS WITH TERI VEN L 1:15 AFTERNOON MOVIE JM G 1:15 BINGO! JM M 2:00 TRIP: RALPHS ICES CM O 2:00 BLACKJACK! D G 2:30 AXE THROWING D L 3:00 HAPPY HOUR D B 4:00 NOODLE TAP WITH JASMINE J L 6:00 BINGO! J G 7:00 EVENING IN THE CINEMA J M	4 CHOCOLATE CHIP DAY 9:30 GET UP N GO EXERCISE JM L 10:00 ACTIVE GAMES ON THE PATIO JM P 11:00 NEW YORK LANDMARKS JW P 11:00 LUNCH TRIP: THE STEAM ROOM CM O 1:15 AFTERNOON MOVIE CM M 1:15 BINGO! CM G 2:00 POKENO RL G 2:00 LECTURE WITH LARRY WOLFE- "JACK BENNY" VEN L 3:00 CHOCOLATE CHIP COOKIE HAPPY HOUR CM O 3:30 HUMAN BINGO GAME JW B 4:15 JOKES CORNER WITH CYNTHIA C L 6:00 EVENING BINGO RS G 7:00 EVENING IN THE CINEMA RS M	5 INTERNATIONAL BEER DAY 9:30 ZUMBA D L 10:15 CORNHOLE ON THE PATIO D CY 10:45 LEMONADE SOCIAL JW CY 11:15 MOVIE COMMITTEE MEETING JW CY 1:15 AFTERNOON MOVIE D G 1:15 BINGO! D M 2:00 THERAPY DOG VISIT JW L 2:00 POKER CLUB RL G 2:00 TABLE GAMES JW B 3:00 BEER TASTING HAPPY HOUR JW B 4:00 BOWLING FOR DOLLARS D L 4:15 SHABBAT SERVICE RL G 6:00 BIG BUCKS BINGO RS G 7:00 EVENING IN THE CINEMA RS M	6 NATIONAL ROOT BEER FLOAT DAY 9:30 MORNING MOVE AND GROOVE C L 10:15 EAST VS WEST VOLLEY C L 11:15 NEWS AND VIEWS C L 1:15 AFTERNOON MOVIE RS M 1:15 BINGO! RS G 2:00 JEOPARDY LABS JW L 2:00 CANASTA CLUB RL G 3:00 ROOT BEER FLOAT SOCIAL RS B 3:30 ROOT BEER FUN FACTS RS L 4:00 ALL ABOUT AUGUST RS L 6:00 EVENING BINGO RS G 7:00 EVENING IN THE CINEMA RS M
7 LIGHTHOUSE DAY 9:30 SUNDAY CHURCH SERVICE CM VEN 9:45 MASS AT ST. PATRICKS CATHOLIC CHURCH CM O 10:00 MORNING EXERCISE JM JM 11:00 Pictionary GAME JM L 1:15 AFTERNOON MOVIE JM JM 1:15 BINGO! JM JM 2:00 HISTORY OF LIGHTHOUSES JM JM 3:00 SUNDAY SUNDAY ICE CREAM SOCIAL JM JM 4:00 WII SPORTS: RESIDENT CHOICE JM JM 4:15 KARAOKE HOUR JM JM 6:00 BINGO! RS AL 7:00 EVENING IN THE CINEMA RS AL	8 INTERNATIONAL CAT DAY 9:30 SWEATIN TO THE OLDIES JM L 10:00 FUNNY CAT VIDEOS JM L 10:30 CURRENT EVENTS CM L 10:30 ROSARY AND PRAYER JM M 11:15 AXE THROWING JM L 1:15 TRIP: SHABBY TABBY CAT CAFE CM O 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 PENNY POKER RL G 2:00 MANICURES AND MUSIC JM L 3:00 HAPPY HOUR JM B 4:00 WORD GAMES JM L 6:00 BINGO! RS G 7:00 EVENING IN THE CINEMA RS M	9 GAMBLING AT JAKES 58 CASINO 9:30 TONE AND SCULPT JM L 10:00 TRIP: JAKES 58 CASINO CM O 10:00 VISIT FROM THE HAUPPAGUE LIBRARY CM L 10:30 HUMOR CORNER JM L 11:15 NEWS AND VIEWS JW DR 12:00 NEW RESIDENT LUNCHEON C M 1:15 AFTERNOON MOVIE C G 1:15 BINGO! RL G 2:00 MAH JONG CLUB RL G 2:15 ANTIQUE CORNER C G 3:00 BRING SOMETHING TO SHOW JW L 3:00 CHEF'S SPECIAL HAPPY HOUR C B 4:00 KARAOKE WITH JASMINE J L 4:15 MENS CLUB RS G 6:00 BINGO! JM G 7:00 EVENING IN THE CINEMA JM M	10 HAWAIIAN LUAU DAY 9:30 TROPICAL WORKOUT JM L 10:00 TRIP: BANK/POST OFFICE CM O 10:15 ACTIVE PONG GAME JM L 11:00 HAWAIIAN WORD IN A WORD JM M 12:00 LUNCH TRIP: BAHAMA BREEZE JM O 1:15 AFTERNOON MOVIE D M 1:15 BINGO! JM G 2:00 BLACKJACK! D G 2:30 LUAU DANCERS VEN CY 3:00 TROPICAL HAPPY HOUR JM CY 3:45 FUN FACTS ABOUT HAWAII JM L 6:00 EVENING BINGO J G 7:00 EVENING IN THE CINEMA J M	11 HIP HOP DAY 9:30 HIP HOP DANCERCISE JM L 10:00 TRIVIA IN THE COURTYARD JM CY 10:15 SHOPPING TRIP: DOLLAR TREE CM O 11:00 MORNING CHAT COURTYARD JM CY 1:15 AFTERNOON MOVIE CM M 1:15 BINGO! CM G 2:00 POKENO RL G 2:00 BOLERO OF COMMACK: BOWLING OUTING! CM O 2:00 SENIOR HIP HOP MUSIC VIDEO JW L 3:00 CHEF'S SPECIAL HAPPY HOUR C B 4:00 BOWLING FOR DOLLARS C L 4:15 TRIVIA CHALLENGE C L 6:00 EVENING BINGO RS G 7:00 EVENING IN THE CINEMA RS M	12 VINYL RECORD DAY 9:30 ZUMBA TO RECORDS D L 10:15 KEEP IT UP D M 11:00 FUN VINYL RECORD FACTS JW L 1:15 AFTERNOON MOVIE D G 1:15 BINGO! D C 2:00 THERAPY DOG VISITS JW L 2:00 POKER CLUB RL G 2:30 VINYL RECORD AFTERNOON JW L 3:00 TGIF HAPPY HOUR JW B 3:30 LIVE ENTERTAINMENT WITH DEBRA D L 4:15 SHABBAT SERVICE RL G 6:00 BIG BUCKS BINGO RS M 7:00 EVENING IN THE CINEMA RS M	13 EAST VS WEST VOLLEY 9:30 MORNING MOVE AND GROOVE C L 10:15 EAST VS WEST VOLLEY C L 11:30 NEWS AND VIEWS C L 1:15 AFTERNOON MOVIE RS M 1:15 BINGO! RS G 2:00 MANICURES AND MUSIC JW B 2:00 CANASTA CLUB RL G 3:00 HAPPY HOUR RS B 3:30 DOUBLE DITTO GAME RS L 4:00 PUTTING GOLF C L 6:00 EVENING BINGO RS G 7:00 EVENING MOVIE RS M
14 MUSIC HISTORY: JAZZ 9:30 SUNDAY CHURCH SERVICE CM VEN 9:45 MASS AT ST. PATRICKS CATHOLIC CHURCH CM O 10:00 MORNING EXERCISE JM L 11:00 ARM CHAIR TRAVEL JM L 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 KINGS IN THE CORNER JM B 3:00 SUNDAY SUNDAY ICE CREAM SOCIAL JM B 3:30 MUSIC HISTORY: JAZZ JM M 4:15 KARAOKE HOUR JM G 6:00 LATE NIGHT BINGO RS M 7:00 EVENING IN THE CINEMA RS M	15 HONEYMOONERS DAY 9:30 SWEATIN TO THE OLDIES JM L 10:15 CURRENT EVENTS JM L 10:45 POETRY CORNER CM L 11:15 MORNING PRAYER GROUP CM L 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 HONEYMOONERS WITH GINGER VEN L 2:00 PENNY POKER RL L 3:00 HAPPY HOUR JM B 3:30 HONEYMOONERS EPISODES JM M 4:00 INDOOR BOWLING JM L 6:00 BINGO! RS G 7:00 EVENING IN THE CINEMA RS M	16 LUNCH AT RED LOBSTER 9:30 TONE AND SCULPT JM L 10:00 HUMOR CORNER JW P 10:30 TRIVIA ON THE PATIO JM P 12:00 LUNCH TRIP: RED LOBSTER CM O 1:15 AFTERNOON MOVIE JM CY 1:15 BINGO! C G 1:15 MUSIC WITH GEORGIE MASELLI WEST JM L 2:00 MAH JONG CLUB RL G 2:30 CRAFT CORNER C B 3:00 CHEF'S SPECIAL HAPPY HOUR C B 4:15 KARAOKE WITH JASMINE J L 6:00 BINGO! RS G 7:00 EVENING MOVIE JM M	17 ARBORS VIEW WITH ROSE 9:30 WEDNESDAY WORKOUT JM L 10:15 SHOPPING TRIP: MACYS CM O 11:00 ASTROSHOT GAME JM L 1:15 AFTERNOON MOVIE D M 1:15 BINGO! JW G 2:00 BLACKJACK! D G 2:30 ARBORS VIEW WITH ROSE VEN L 3:00 HAPPY HOUR D B 4:00 BALLOON VOLLYBALL J L 6:00 EVENING MOVIE J M 7:00 EVENING BINGO J G	18 WALT WHITMAN DAY 9:30 GET UP N GO EXERCISE JM L 10:00 SHOPPING TRIP: TRADER JOES CM O 10:30 SMARTBOARD BOGGLE JM L 11:15 YOUTUBE WALT WHITMAN JM L 1:15 AFTERNOON MOVIE CM M 1:15 BINGO! CM G 2:00 POKENO RL G 2:00 LIFE OF WALT WHITMAN POETRY VEN L 3:00 CHEF'S SPECIAL HAPPY HOUR C B 4:00 ART TO CLASSICAL MUSIC C L 4:15 TRIVIA CHALLENGE C CY 6:00 EVENING BINGO RS G 7:00 EVENING IN THE CINEMA RS M	19 ARBORS HELPING HANDS DOG BISCUITS 9:30 ZUMBA D L 10:15 NOODLE HOCKEY D M 11:00 ARBORS HELPING HANDS DOG BISCUITS JW B 1:15 AFTERNOON MOVIE D M 1:15 BINGO! D G 2:00 THERAPY DOG VISITS JW L 2:00 THERAPEUTIC USE OF ESSENTIAL OILS VEN L 2:00 POKER CLUB D G 3:00 TGIF HAPPY HOUR D B 4:00 MOVIE COMMITTEE MEETING JW M 4:15 SHABBAT SERVICE RL G 6:00 BIG BUCKS BINGO RS G 7:00 EVENING IN THE CINEMA RS M	20 NATIONAL RADIO DAY 9:30 MORNING MOVE AND GROOVE C L 10:15 EAST VS WEST VOLLEY C L 11:15 NEWS AND VIEWS C L 1:15 AFTERNOON MOVIE C M 1:15 BINGO! C G 2:00 NATIONAL RADIO DAY LISTEN TO OLD RADIO JW L 2:00 CANASTA CLUB RL G 3:00 HAPPY HOUR C B 3:30 SWEET STORIES ICE BREAKER GAME C L 4:15 THIS DAY IN HISTORY C L 6:00 EVENING BINGO C G 7:00 EVENING IN THE CINEMA C M
21 MUSIC HISTORY: COUNTRY 9:30 SUNDAY CHURCH SERVICE CM VEN 9:45 MASS AT ST. PATRICKS CATHOLIC CHURCH CM O 10:00 MORNING EXERCISE JM L 11:00 SMARTBOARD WORD PUZZLES JM M 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 MERRICK CORRALLE ENTERTAINMENT-WEST JM W 2:00 KINGS IN THE CORNER JM L 3:00 SUNDAY SUNDAY ICE CREAM SOCIAL JM B 3:30 MUSIC HISTORY: COUNTRY JM L 4:15 KARAOKE HOUR JM L 6:00 LATE NIGHT BINGO RS G 7:00 EVENING IN THE CINEMA RS M	22 BE AN ANGEL DAY 9:30 SWEATIN TO THE OLDIES JM L 10:00 NEWS AND VIEWS JM L 10:30 CURRENT EVENTS CM L 10:30 ROSARY AND PRAYER JM M 11:00 ANGEL STORIES JM L 12:00 LUNCH TRIP: PF CHANGS CM O 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 MONDAY MANICURES AND MUSIC JM G 2:00 PENNY POKER RL L 3:00 HAPPY HOUR JM B 4:00 MAKE A DEAL DEAL JM L 6:00 BINGO! RS G 7:00 EVENING IN THE CINEMA RS M	23 OUTDOOR MOVIE NIGHT 9:30 TONE AND SCULPT JM L 10:00 TRIVIA CHALLENGE JW CY 10:30 GROUP CROSSWORD JM CY 12:00 LUNCH TRIP: J&R'S STEAKHOUSE CM O 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! C G 2:00 MAH JONG CLUB RL G 2:30 YOUTUBE-DRIVE IN MOVIE MEMORIES C L 3:00 CHEF'S SPECIAL HAPPY HOUR CM B 4:00 KARAOKE WITH JASMINE J L 6:00 BINGO! JM G 7:00 OUTDOOR MOVIE NIGHT JW CY	24 VIRTUAL REALITY DAY 9:30 WEDNESDAY WORKOUT JM L 10:15 CORNHOLE ON THE PATIO CM CY 10:15 SHOPPING TRIP: ANGELS OF LI THRIFT CM O 11:15 PONG GAME JM O 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 BLACKJACK! JW G 2:30 VIRTU-WELL VIRTUAL REALITY VEN L 3:00 HAPPY HOUR D B 4:00 I SHOULD HAVE KNOWN THAT GAME J L 6:00 EVENING BINGO J G 7:00 EVENING IN THE CINEMA J M	25 SCIENCE ROADSHOW 9:30 GET UP N GO EXERCISE RS L 10:15 TRIP: THE HOTSVILLE ECOLOGY SITE CM O 10:30 FUNNIEST ANIMAL VIDEOS CM L 11:15 TABLE GAMES RS L 1:15 AFTERNOON MOVIE CM M 1:15 BINGO! CM G 2:00 POKENO RL G 2:00 SMARTBOARD GAMES CM L 3:00 CHEF'S SPECIAL HAPPY HOUR C B 3:30 SCIENCE ROADSHOW SCIENCE SHOW VEN M 6:00 EVENING BINGO RS G 7:00 EVENING IN THE CINEMA RS M	26 SANDCASTLE DAY 9:30 ZUMBA D L 10:15 SING A LONG D L 11:00 YOUTUBE SANDCASTLE CREATIONS JW L 1:15 AFTERNOON MOVIE D M 1:15 BINGO! D G 2:00 THERAPY DOG VISITS JW L 2:00 POKER CLUB RL G 2:00 SANDCASTLE CONTEST D CY 3:00 TGIF HAPPY HOUR D B 4:00 OLYMPIC GAME PRACTICE JW L 4:15 SHABBAT SERVICE RL G 6:00 BIG BUCKS BINGO RS G 7:00 EVENING IN THE CINEMA RS M	27 COMEDY SHOW WITH FRANK SINATRA 9:30 MORNING MOVE AND GROOVE C L 10:15 EAST VS WEST VOLLEY C L 11:15 NEWS AND VIEWS C L 1:15 AFTERNOON MOVIE RS M 1:15 BINGO! RS G 2:00 CANASTA CLUB JW L 2:30 COMEDY SHOW WITH FRANK SINATRA VEN L 3:00 HAPPY HOUR RS B 3:30 GIVE ME THREE GAME RS G 4:15 HISTORY OF FRANK SINATRA C L 6:00 EVENING BINGO RS G 7:00 EVENING IN THE CINEMA RS M
28 MUSIC HISTORY: CLASSICAL 9:30 SUNDAY CHURCH SERVICE CM VEN 9:45 MASS AT ST. PATRICKS CATHOLIC CHURCH CM O 10:00 MORNING EXERCISE JM L 10:30 SMARTBOARD WORD GAMES JM L 11:15 NEWS AND VIEWS JM L 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 KINGS IN THE CORNER JM M 3:00 SUNDAY SUNDAY ICE CREAM SOCIAL JM B 3:30 MUSIC HISTORY: OPERA JM L 4:15 KARAOKE HOUR JM M 6:00 LATE NIGHT BINGO RS G 7:00 EVENING IN THE CINEMA RS M	29 LA TOMATINA DAY 9:30 SWEATIN TO THE OLDIES JM L 10:00 NEWS AND VIEWS CM L 11:00 HISTORY OF LA TOMATINA DAY RS L 11:30 TRAVEL TO SPAIN: LAT TOMATINA RS L 1:15 AFTERNOON MOVIE RS M 1:15 BINGO! RS G 2:00 PENNY POKER RL G 2:30 BLOODY MARY & TOMATO FUN FACTS RS B 3:00 CHEF TASTING: TOMATO RS B 4:00 SCATTEGORIES GAME RS L 4:00 AFTERNOON STRETCHES RS L 6:00 BINGO RS G 7:00 EVENING IN THE CINEMA RS M	30 LUNCH AT FIVE GUYS 9:30 TONE AND SCULPT JM L 10:00 YOU BE THE JUDGE JW CY 10:30 OUTDOOR GAMES IN THE COURTYARD JM CY 12:00 LUNCH TRIP: FIVE GUYS CM O 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! C G 2:00 MAH JONG CLUB RL G 2:30 BEADING CLUB WITH ROSE JW B 3:00 CHEF'S SPECIAL HAPPY HOUR CM B 4:00 KARAOKE WITH JASMINE J L 6:00 BINGO! JM G 7:00 EVENING IN THE CINEMA RS M	31 AFTERNOON AT THE BEACH 9:30 WEDNESDAY WORKOUT JM L 10:00 SHOPPING TRIP: FIVE AND BELOW CM O 10:15 FUN & GAMES ON THE PATIO JM CY 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM M 1:30 SENIOR AMERICA LIVE ENTERTAINMENT JM P 2:00 TRIP: SMITHSPONT BEACH CM O 2:00 BLACKJACK! JW G 2:30 FLOWER ARRANGING JW B 3:00 MIDDAY SNACK HAPPY HOUR D B 4:00 MASTER CLASS HOUR D M 6:00 EVENING BINGO J G	STAFF KEY JW - Jody D - Danielle J - Jasmine AT - Anne AG - Alexa JM - Jaydah C - Cynthia AX - Alex CM - Carmela RS - Recreation Staff VEN - Vendor LOCATION KEY O - Outing B - Bistro CY - Courtyard LO - Lobby G - Game Room AC - Activity Channel IR - In Room F1 - First Floor F2 - Second Floor F3 - Third Floor DR - Dining Room M - Media Room W - West Side IR - In Room		