

May 2022

The Arbors At ISLANDIA EAST Tel: 631-232-3131
www.thearborsassistedliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 SUNDAY CHURCH SERVICE VEN M 9:45 MASS AT ST. PATRICK'S CATHOLIC CHURCH CM O 10:00 MORNING EXERCISE JM M 10:30 THE CAROL BURNETT SHOW JM M 10:30 WHO AM I? APRIL BIRTHDAYS JM L 11:15 GROUP CROSSWORD PUZZLE JM L 1:15 AFTERNOON MOVIE! JM M 1:15 BINGO! JM G 2:00 VISIT FROM THE GIRLSGOUTS! JM L 2:00 KINGS IN THE CORNER JM B 3:00 SUNDAY ICE CREAM SOCIAL JM B 4:00 WII SPORTS: RESIDENTS CHOICE JM M 4:15 SPRING SCATTEGORIES JM L 6:00 LATE NIGHT BINGO AL G 7:00 EVENING IN THE CINEMA AL M	2 9:30 LIGHT N LIVELY JM M 10:00 TRIP TO NORTH SHORE FARMS CM O 10:00 CURRENT EVENTS JM L 10:30 ROSARY & PRAYER JM M 11:15 FRESH AIR BREAK JM CY 11:15 INDOOR BOWLING JM L 12:00 LUNCH TRIP: THE SNAPPER INN CM O 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 MONDAY MANICURES & MUSIC JM B 2:00 PENNY POKER JM G 3:00 BENNY GOODMAN SWINGING SOCIAL JM B 4:15 GROUP HANGMAN WITH RECREATION JM G 6:00 LIVE MUSIC WITH VANCE BRESCIA! AL G 7:00 EVENING IN THE CINEMA AL M	3 9:30 TONE & SCULPT JM M 10:00 RESIDENT CHOICE MUSIC JM L 10:30 RESIDENT COUNCIL VZ/AM M 11:00 FOOD COUNCIL VZ/AM M 11:00 THE DEAN MARTIN SHOW JM L 1:15 AFTERNOON MOVIE C M 1:15 BINGO! C G 2:00 KINGS IN THE CORNER RL B 2:00 SHOPPING TRIP: WALGREENS CM O 3:00 CHEF'S CHOICE HAPPY HOUR C B 4:00 SMARTBOARD WORD IN A WORD GAME C L 4:15 MEN'S CLUB WITH ALEX AX G 4:15 ACTIVITY PLANNING MEETING VZ B 6:00 BINGO! JM L 7:00 EVENING IN THE CINEMA JM M	4 9:30 WEDNESDAY WORKOUT JM L 10:15 FAMOUS SCENES FROM FAMOUS MUSICAL JM L 11:00 TABLETOP WORD GAMES JM L 11:00 FAMOUS MAY BIRTHDAYS JM L 12:00 NEW RESIDENT LUNCHEON VZ PDR 1:00 ISLAND 16 MOVIE TRIP CM O 1:15 MANICURES IN THE BISTRO D B 1:15 AFTERNOON MOVIE D M 2:00 BLACKJACK! D G 3:00 MIDDAY SNACK SOCIAL HOUR D B 4:00 INDOOR SHUFFLEBOARD D L 6:00 EVENING BINGO! J G 7:00 EVENING IN THE CINEMA J M	5 CINCO DE MAYO 9:30 GET UP N GO EXERCISE! JM M 10:15 SHOPPING TRIP: TJ MAXX CM O 10:15 IT HAPPENED IN MAY! JM L 11:00 JEOPARDY! JM M 1:15 AFTERNOON MOVIE C M 1:15 BINGO! C G 2:00 POKENO RL G 2:00 WALKING CLUB TO THE COURTYARD C CY 3:00 OLE! SANGRIA HAPPY HOUR C B 4:00 CINCO DE MAYO TRIVIA IN THE COURTYARD C CY 4:00 MASTER CLASS HOUR C M 6:00 EVENING BINGO! AG G 7:00 EVENING IN THE CINEMA AG M	6 9:30 SILVER SNEAKERS ZUMBA AX M 10:15 KEEP IT UP! AX L 11:00 KNITTING CLUB WITH DANIELLE D B 11:00 GROUP CROSSWORD WITH ALEX AX L 1:15 AFTERNOON MOVIE C M 1:15 AFTERNOON BINGO C G 2:00 THERAPY DOG VISITS VEN L 2:00 MAH JONG CLUB RL L 3:00 VETS CHAT RL G 3:00 TGIF HAPPY HOUR C B 4:00 INDOOR BOWLING COMPETITION C L 4:15 SHABBAT SERVICE RL G 6:00 BIG BUCKS BINGO! I G 7:00 EVENING IN THE CINEMA I M	7 KENTUCKY DERBY DAY! 9:30 MORNING MOVE N GROOVE I M 10:15 EAST VS WEST BALLOON VOLLEY I L 11:15 DERBY DAY FACTS & PLACE YOUR BETS! I L 1:15 AFTERNOON MOVIE AX G 1:15 BINGO! AX M 2:00 MOTHERS DAY ENTERTAINMENT W/ TOMMY SAX AX CY 3:00 CHARCUTERIE BOARD SOCIAL AX B 4:00 KENTUCKY DERBY LIVE AX B 4:15 SMARTBOARD HOT SEAT AX B 6:00 EVENING BINGO! AX G 7:00 EVENING IN THE CINEMA AX M
8 MOTHER'S DAY 9:30 SUNDAY CHURCH SERVICE VEN M 9:45 MASS AT ST. PATRICK'S CATHOLIC CHURCH CM O 10:00 MORNING EXERCISE JM M 10:30 REMINISCING: BEING A MOM JM M 11:15 MIMOSAS & PASTRIES FOR MOMS JM L 1:15 AFTERNOON MOVIE! JM M 1:15 BINGO! JM G 2:00 VISIT FROM THE GIRLSGOUTS! JM L 2:00 MANICURES FOR MOMS JM B 3:00 SUNDAY ICE CREAM SOCIAL JM L 4:00 WII SPORTS: RESIDENTS CHOICE JM B 4:15 MOTHER'S DAY QUIZZES & TRIVIA JM M 6:00 LATE NIGHT BINGO AL B 7:00 EVENING IN THE CINEMA AL G	9 9:30 LIGHT N LIVELY JM M 10:00 CURRENT EVENTS JM L 10:00 TRIP TO STOP N SHOP CM O 10:30 ROSARY & PRAYER JM M 11:15 INDOOR BOWLING JM L 12:00 LUNCH TRIP: THE OAR CM O 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 MONDAY MANICURES & MUSIC JM B 2:00 PENNY POKER JM G 3:00 60'S HITS SOCIAL HOUR JM B 4:00 HOT SEAT CHALLENGE JM L 6:00 BINGO! AL G 7:00 EVENING IN THE CINEMA AL M	10 9:30 TONE & SCULPT JM M 10:00 HAUPPAUGE LIBRARY VISIT VEN B 10:00 BEACH BALL TOSS JM L 10:15 DUCK DONUTS TRIP CM O 11:00 GARDENING CLUB JM CY 11:00 RESIDENT CHOICE MUSIC JM M 1:15 AFTERNOON MOVIE C M 1:15 BINGO! C G 2:15 TRIP TO THE MALL CM O 2:15 PLACE YOUR BETS HORSE RACING C L 3:00 CHEF'S CHOICE HAPPY HOUR C B 4:00 INDOOR BOWLING C L 4:15 MEN'S CLUB WITH ALEX AX G 6:00 BINGO! JM G 7:00 EVENING IN THE CINEMA JM M	11 9:30 WEDNESDAY WORKOUT JM L 10:00 TRIP TO THE BANK/POST OFFICE CM O 10:15 NAME THAT JINGLE JM L 11:00 GROUP CROSSWORDS J M 1:15 MANICURES IN THE BISTRO D B 1:15 AFTERNOON MOVIE D M 2:00 TRIP TO WALMART CM O 2:00 BLACKJACK! D G 3:00 MIDDAY SNACK SOCIAL HOUR D B 4:15 COMEDY HOUR D L 6:00 EVENING BINGO! J G 7:00 EVENING IN THE CINEMA J M	12 9:00 GET UP N GO EXERCISE! JM M 10:15 GROUP ANAGRAMS JM B 10:15 SHOPPING TRIP: KOHL'S CM O 11:15 INDOOR BOWLING JM L 1:15 AFTERNOON MOVIE C M 1:15 BINGO! C G 2:00 POKENO RL G 2:00 WALKING CLUB TO THE COURTYARD C CY 3:00 CHEF'S CHOICE HAPPY HOUR C B 4:00 TRIVIA IN THE COURTYARD C CY 4:00 MASTER CLASS HOUR C M 6:00 EVENING BINGO! AG G 7:00 EVENING IN THE CINEMA AG M	13 9:30 SILVER SNEAKERS ZUMBA AX M 10:15 KEEP IT UP! AX L 11:00 KNITTING CLUB WITH DANIELLE D B 11:00 GROUP CROSSWORD WITH ALEX AX L 1:15 AFTERNOON MOVIE C M 1:15 AFTERNOON BINGO C G 2:00 THERAPY DOG VISITS VEN L 2:00 MAH JONG CLUB RL G 3:00 TGIF HAPPY HOUR C B 4:00 GROUP SINGING WITH CYNTHIA C L 4:15 SHABBAT SERVICE RL G 6:00 BIG BUCKS BINGO! I G 7:00 EVENING IN THE CINEMA I M	14 9:30 MORNING MOVE N GROOVE I M 10:15 EAST VS WEST BALLOON VOLLEY I L 1:15 AFTERNOON MOVIE AX M 1:15 BINGO! AX G 2:00 TRIVIA FOR PRIZES AX G 2:00 AFTERNOON MANICURES & MUSIC AX B 3:00 CHIPS N DIP SOCIAL AX B 4:00 WII BOWLING AX B 4:15 CHARADES WITH ALEXA AX M 6:00 EVENING BINGO! AX B 7:00 EVENING IN THE CINEMA AX G
15 9:30 SUNDAY CHURCH SERVICE VEN M 9:45 MASS AT ST. PATRICK'S CATHOLIC CHURCH CM O 10:00 MORNING EXERCISE JM M 10:30 THE CAROL BURNETT SHOW JM M 10:30 SMARTBOARD GROUP BOGGLE JM L 11:15 GROUP CROSSWORD PUZZLE JM L 1:15 AFTERNOON MOVIE! JM M 1:15 BINGO! JM G 2:00 VISIT FROM THE GIRLSGOUTS! JM L 2:00 SUNDAY ICE CREAM SOCIAL JM B 4:00 WII SPORTS: RESIDENTS CHOICE JM M 4:15 KARAOKE HOUR WITH MELENY JM B 6:00 LATE NIGHT BINGO AL G 7:00 EVENING IN THE CINEMA AL M	16 9:30 LIGHT N LIVELY JM M 10:00 CURRENT EVENTS JM L 10:00 TRIP TO MACY'S JM O 10:30 ROSARY & PRAYER JM M 11:15 INDOOR BOWLING JM L 12:00 LUNCH TRIP: THE OUTBACK JM O 1:15 AFTERNOON MOVIE! JM M 1:15 BINGO! JM G 2:00 PENNY POKER JM G 2:00 MONDAY MANICURES & MUSIC JM B 3:00 SOCK HOP SOCIAL JM B 4:00 BATTLE OF THE SEXES TRIVIA! JM L 6:00 BINGO! AL G 7:00 EVENING IN THE CINEMA AL M	17 9:30 TONE & SCULPT JM M 10:15 FLOWER POT PAINTING JM B 10:15 COFFEE & DONUT RUN CM O 11:00 GARDENING CLUB JM CY 1:15 AFTERNOON MOVIE C M 1:15 BINGO! C G 2:15 CVS PHARMACY TRIP CM O 2:15 PLACE YOUR BETS HORSE RACING C L 3:00 CHEF'S CHOICE HAPPY HOUR C B 4:00 SMARTBOARD ANAGRAMS C L 4:15 MEN'S CLUB WITH ALEX AX G 6:00 BINGO! JM G 7:00 EVENING IN THE CINEMA JM M	18 9:30 WEDNESDAY WORKOUT JM M 9:30 BREAKFAST TRIP: BROWNSTONES CM O 10:15 THIS DATE IN HISTORY JM M 11:00 TABLETOP WORD GAMES JM G 1:15 WORDS THAT START WITH M J L 1:15 MANICURES IN THE BISTRO D B 1:15 AFTERNOON MOVIE D M 2:00 BLACKJACK! D G 3:00 MUSIC & SNACKS! D B 4:00 INDOOR SHUFFLEBOARD D L 6:00 EVENING BINGO! J G 7:00 EVENING IN THE CINEMA J M	19 9:30 GET UP N GO EXERCISE! JM M 10:15 SMARTBOARD GROUP BOGGLE JM M 10:15 SHOPPING TRIP: DOLLAR TREE CM O 11:15 INDOOR BOWLING JM L 12:00 TAKE IN PIZZA PARTY J B 1:15 AFTERNOON MOVIE C M 1:15 BINGO! C G 2:00 WALKING CLUB TO THE COURTYARD C CY 2:00 POKENO RL G 3:00 CHEF'S CHOICE HAPPY HOUR C B 4:00 TRIVIA IN THE COURTYARD C CY 4:00 MASTER CLASS HOUR C M 6:00 EVENING BINGO! AG G 7:00 EVENING IN THE CINEMA AG M	20 9:30 SILVER SNEAKERS ZUMBA AX M 10:15 KEEP IT UP! AX L 11:00 KNITTING CLUB WITH DANIELLE D B 11:00 GROUP CROSSWORD WITH ALEX AX L 1:15 AFTERNOON MOVIE C M 1:15 AFTERNOON BINGO C G 2:00 THERAPY DOG VISITS VEN L 2:00 MAH JONG CLUB RL L 3:00 TGIF HAPPY HOUR C B 4:00 GROUP SINGING WITH CYNTHIA C L 4:15 SHABBAT SERVICE RL G 6:00 BIG BUCKS BINGO! I G 7:00 EVENING IN THE CINEMA I M	21 9:30 MORNING MOVE N GROOVE I M 10:15 EAST VS WEST BALLOON VOLLEY I L 11:15 CURRENT EVENT CATCH UP I M 1:15 AFTERNOON MOVIE AX G 1:15 BINGO! AX M 2:00 AFTERNOON MANICURES & MUSIC AX B 2:00 LEFT, RIGHT, CENTER! AX B 3:00 CHIPS N DIP SOCIAL AX B 4:00 WII BOWLING AX M 4:15 SMARTBOARD HOT SEAT AX B 6:00 EVENING BINGO! AX G 7:00 EVENING IN THE CINEMA AX M
22 9:30 SUNDAY CHURCH SERVICE VEN M 9:45 MASS AT ST. PATRICK'S CATHOLIC CHURCH CM O 10:00 MORNING EXERCISE JM M 10:30 THE CAROL BURNETT SHOW JM M 10:30 MURDER MYSTERY CLUB JM L 11:15 GROUP ANAGRAMS JM L 1:15 AFTERNOON MOVIE! JM M 1:15 BINGO! JM G 2:00 VISIT FROM THE GIRLSGOUTS! JM L 2:00 KINGS IN THE CORNER JM B 3:00 SUNDAY ICE CREAM SOCIAL JM B 4:00 WII SPORTS: RESIDENTS CHOICE JM M 4:15 KARAOKE HOUR JM B 6:00 LATE NIGHT BINGO AL G 7:00 EVENING IN THE CINEMA AL M	23 9:30 LIGHT N LIVELY JM L 10:00 CURRENT EVENTS JM L 10:30 ROSARY & PRAYER JM M 11:15 INDOOR BOWLING JM L 11:30 LUNCH TRIP: THE OLIVE GARDEN CM O 1:15 AFTERNOON MOVIE! JM M 1:15 BINGO! JM G 2:00 PENNY POKER JM G 2:00 MONDAY MANICURES & MUSIC JM B 3:00 RALPH'S ITALIAN ICES TRIP CM O 3:00 DOO WOP SOCIAL JM B 4:00 SHOUT OUT THE ANSWER JM L 6:00 BINGO! AL G 7:00 EVENING IN THE CINEMA AL M	24 9:30 TONE & SCULPT JM M 10:15 PATRIOTIC PIN CREATIONS JM L 10:15 TRIP TO THE DOLLAR TREE CM O 11:00 GARDENING CLUB JM CY 11:00 RESIDENT CHOICE MUSIC JM L 1:15 AFTERNOON MOVIE C M 1:15 BINGO! C G 1:15 JAKE'S 58 TRIP CM O 2:00 TRIVIA HOUR C L 3:00 CHEF'S CHOICE HAPPY HOUR C B 4:00 RIDDLES WITH RECREATION C L 4:15 MEN'S CLUB WITH ALEX AX G 6:00 BINGO! JM G	25 9:30 WEDNESDAY WORKOUT JM L 10:15 NAME THAT TUNE: SHAZAM! JM L 10:15 JASON'S VINEYARD DAY TRIP CM O 11:15 FAMOUS FACES OF THE FIFTIES JM L 1:15 MANICURES IN THE BISTRO D B 1:15 AFTERNOON MOVIE D M 2:00 BLACKJACK! D G 3:00 MIDDAY SNACK SOCIAL HOUR D B 4:15 COMEDY HOUR D L 6:00 EVENING BINGO! J G 7:00 EVENING IN THE CINEMA J M	26 9:30 GET UP N GO EXERCISE! JM M 9:30 TARGET SHOPPING TRIP CM M 10:15 JEOPARDY! JM L 11:00 INDOOR BOWLING JM L 1:15 AFTERNOON MOVIE C M 1:15 BINGO! C G 2:00 PATRIOTIC PARTY WITH DONNA LEE! C L 3:00 CHEF'S CHOICE HAPPY HOUR C B 4:00 TRIVIA IN THE COURTYARD C CY 4:00 MASTER CLASS HOUR C M 6:00 EVENING BINGO! AG G 7:00 EVENING IN THE CINEMA AG M	27 9:30 SILVER SNEAKERS ZUMBA AX M 10:15 KEEP IT UP! AX L 11:00 KNITTING CLUB WITH DANIELLE D B 11:00 GROUP CROSSWORD WITH ALEX AX L 1:15 AFTERNOON MOVIE C M 1:15 AFTERNOON BINGO C G 2:00 THERAPY DOG VISITS VEN L 2:00 MAH JONG CLUB VZ O 3:00 TGIF HAPPY HOUR C B 4:00 INDOOR BOWLING COMPETITION C L 4:15 SHABBAT SERVICE RL G 6:00 BIG BUCKS BINGO! I G 7:00 EVENING IN THE CINEMA I M	28 9:30 MORNING MOVE N GROOVE I M 10:15 EAST VS WEST BALLOON VOLLEY I L 11:15 A&E BIOGRAPHY I M 1:15 AFTERNOON MOVIE AX G 1:15 BINGO! AX M 2:00 AFTERNOON MANICURES & MUSIC I B 2:00 LEFT, RIGHT, CENTER! AX B 3:00 CHIPS N DIP SOCIAL AX B 4:00 WII BOWLING AX M 4:15 SMARTBOARD HOT SEAT AX B 6:00 EVENING BINGO! AX G 7:00 EVENING IN THE CINEMA AG M
29 9:30 SUNDAY CHURCH SERVICE VEN M 9:45 MASS AT ST. PATRICK'S CATHOLIC CHURCH CM O 10:00 MORNING EXERCISE JM M 10:30 THE CAROL BURNETT SHOW JM M 10:30 MURDER MYSTERY CLUB JM L 11:15 GROUP ANAGRAMS JM L 1:15 AFTERNOON MOVIE! JM M 1:15 BINGO! JM G 2:00 VISIT FROM THE GIRLSGOUTS! JM L 2:00 KINGS IN THE CORNER JM B 3:00 SUNDAY ICE CREAM SOCIAL JM B 4:00 WII SPORTS: RESIDENTS CHOICE JM M 4:15 KARAOKE HOUR WITH MELENY JM B 6:00 LATE NIGHT BINGO AL G 7:00 EVENING IN THE CINEMA AL M	30 MEMORIAL DAY! WEAR RED, WHITE & BLUE! 9:30 LIGHT N LIVELY JM L 10:00 CURRENT EVENTS JM L 10:30 ROSARY & PRAYER JM M 11:15 INDOOR BOWLING JM L 11:30 LUNCH TRIP: CHEESECAKE FACTORY CM O 1:15 AFTERNOON MOVIE! JM M 1:15 BINGO! JM G 2:00 PENNY POKER JM G 2:00 MONDAY MANICURES & MUSIC JM B 3:00 RED WHITE & BLUE SOCIAL JM B 4:00 SHOUT OUT THE ANSWER JM L 6:00 BINGO! AL G 7:00 EVENING IN THE CINEMA AL M	31 9:30 TONE & SCULPT JM M 10:15 GROUP FAMILY FEUD JM L 10:15 RIDE TO STONYBROOK VILLAGE CM O 11:00 GARDENING CLUB JM CY 11:00 RESIDENT CHOICE MUSIC JM L 12:00 SUMMER KICK OFF BBQ LUNCH! JM CY 1:15 AFTERNOON MOVIE C M 1:15 BINGO! C G 2:00 SCENIC TRIP TO THE BEACH CM O 2:00 TRIVIA HOUR IN THE COURTYARD C CY 3:00 CHEF'S CHOICE HAPPY HOUR C B 4:00 RIDDLES WITH RECREATION C L 4:15 MEN'S CLUB WITH ALEX AX G 6:00 BINGO! JM G 7:00 EVENING IN THE CINEMA JM M	STAFF KEY V - Vanessa D - Danielle J - Jasmine AT - Anne AG - Alexa JM - Jaydah C - Cynthia AX - Alex I - Imo AL - Al IL - Irma CM - Carmela RS - Recreation Staff VEN - Vendor LOCATION KEY O - Outing B - Bistro CY - Courtyard LO - Lobby G - Game Room AC - Activity Channel IR - In Room F1 - First Floor F2 - Second Floor F3 - Third Floor DR - Dining Room M - Media Room W - West Side IR - In Room	FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Vanessa will be happy to answer any questions you may have regarding this calendar.	PLEASE PRACTICE Facemask Suggested SOCIAL DISTANCING The Arbors ASSISTED LIVING COMMUNITIES	