

Sunday			Monday			Tuesday			Wednesday			Thursday			Friday			Saturday					
PLEASE PRACTICE Facemask Suggested SOcial DISTANCING The Arbors ASSISTED LIVING COMMUNITIES			STAFF KEY G=GINA, Director of Recreation K=KELLEY S=SHERYL GB=GABBY H=HANNAH D=DIANE DV=DEB AN=ANDREA J=JASMINE JO=JOSH I=INDEPENDENT RS=Recreation staff V=Volunteer AC=Activity Channel ***=Call 381 for Appt.			LOCATION KEY AR=ACTIVITY ROOM LV=LIVING ROOM L=LOUNGE AREA BI=BISTRO M=MEDIA ROOM LI=LIBRARY UP=UPPER PARLOR RR=RESIDENT'S ROOM 3F=3RD FLOOR CM=COMMUNITY CY=COURTYARD DR=DINING ROOM ES=EAST SIDE S=SALON O=OUTING			FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board. Your Recreation Director Gina Scaffedi will be happy to answer any questions you may have regarding this calendar.			Happy New Year									1 NEW YEARS DAY 9:00 ACOUSTIC SUNRISE VS AR 9:30 "NEWS"YEAR DAY VS AR 10:00 NOODLECIZE VS AR 10:30 NEW YEAR, NEW YOU! VS AR 11:00 NEW YEARS DAY ACROSTIC POEM VS AR 1:30 BIG WIN BINGO VS AR 3:00 HOT COCOA SOCIAL VS AR 3:00 SMARTBOARD CONCERT: CELINE DION VS AR 4:00 NYD TRIVIA VS AR 6:00 HONEY MOONERS AT NIGHT RS LV		
2 COMMUNION 9:00 MORNING TUNES AN AR 9:30 TOP NEWS STORIES AN AR 10:00 STRETCHING IN THE MORNING AN AR 10:30 COMMUNION WITH JAMES V AR 11:00 JANUARY CELEBRITY BIRTHDAY QUIZ AN AR 11:30 THE GREAT BRITISH BAKING SHOW AN AR 1:30 KEEP IT UP BALLOON VOLLEYBALL AN AR 2:15 QUIPO QUIZ AN AR 3:00 SMARTBOARD CONCERT AN AR 4:00 IT HAPPENED IN JANUARY AN AR 6:00 TONIGHT AT THE MOVIES RS LV			3 FRUIT CAKE TOSS DAY 9:00 MORNING ACOUSTIC RS AR 9:30 NEWS & VIEWS RS AR 10:00 STRETCH AND FLEX RS AR 10:30 KITCHENLESS COOKING RS AR 11:30 MASTER CLASS MONDAY RS AR 1:00 MANICURES WITH JASMINE RS AR 1:30 FRUIT CAKE TOSS RS AR 3:00 THE HAPPIEST HOUR RS AR 3:00 SMARTBOARD CONCERTS RS AR 4:00 CARDS GAMES RS AR 6:00 MONDAY NIGHT SHOWING RS LV			4 TRIVIA DAY 9:00 MUSIC, MUSIC, MUSIC JO/V AR/LV 9:30 TODAY'S NEWS JO/V AR/LV 10:00 DANCING WITH SCARVES JO/V AR/LV 10:30 A-Z WORD GAME JO/V AR/LV 11:00 PET THERAPY JO/V AR/LV 11:30 DODO ANIMAL VIDEOS JO/V AR/LV 1:30 NON STOP TRIVIA SHOWDOWN JO/V LV 3:00 CHEFS CHOICE SOCIAL JO/V LV 3:00 SMARTBOARD CONCERTS JO/V AR/LV 4:00 LAUGHTER IS THE BEST MEDICINE JO/V AR/LV 6:00 NIGHTLY MOVIE JO/V LV			5 ENTERTAINMENT: GEORGIE MASELLI 9:00 MUSIC IN THE MORNING JO/VS LV/AR 9:30 DAILY NEWS JO/VS LV/AR 10:00 MUSICAL BALL TOSS JO/VS LV/AR 10:30 WORD ASSOCIATIONS JO/VS LV/AR 11:00 MAGAZINE SCAVENGER HUNT JO/VS LV/AR 1:30 BINGO,BINGO, BINGO JO/VS LV 2:30 MUSIC WITH GEORGIE MASELLI ALL LV 3:00 HAPPY HOUR SOCIAL ALL LV 4:00 BALLOON VOLLEYBALL JO/VS LV 6:00 MOVIES AT DUSK RS LV			6 FEAST OF THE EPIPHANY 9:00 MORNING TUNES JO/VS AR/LV 9:30 HAPPENINGS AND HOROSCOPES JO/VS AR/LV 10:00 TONE IT UP THURSDAY JO/VS AR/LV 10:30 ABOUT THE EPIPHANY JO/VS AR/LV 11:00 NAME THAT TUNE JO/VS AR/LV 1:30 CREATIVE CREATIONS JO AR 1:30 HORSERACING VS LV 3:00 CHEFS CHOICE SOCIAL ALL LV 3:00 SMARTBOARD CONCERTS ALL LV 4:00 BOGGLE JO/VS AR 6:00 MEET ME AT THE CINEMA RS LV			7 9:00 MUSICAL MUSINGS JO/VS AR/LV 9:30 NEWSDAY JO/VS AR/LV 10:00 CHAIR ZUMBA JO/VS AR/LV 10:30 ARMCHAIR TRIVIA JO/VS AR/LV 11:00 SEATED BOCCIE BALL ALL LV 1:15 TGIF MOVIE CLUB JO AR 1:30 MENS CLUB WITH VINNY VS LV 3:00 HAPPY HOUR SOCIAL ALL LV 3:00 SMARTBOARD CONCERTS ALL AR/LV 4:00 HOT POTATO JO/VS AR/LV 6:00 MOVIES AT NIGHT RS LV			8 ELVIS PRESLEY'S BIRTHDAY 9:00 MUSIC IN THE MORNING VS AR 9:30 WEEKEND IN REVIEW VS AR 10:00 SIT AND BE FIT VS AR 10:30 BIOGRAPHY ON ELVIS VS AR 11:00 ELVIS SING-A-ALONG VS AR 1:30 CLIMB THE MOUNTAIN DICE GAME VS AR 3:00 ELVIS BIRTHDAY SOCIAL VS AR 3:00 SMARTBOARD CONCERT VS AR 4:00 PUZZLE PARTY VS AR 6:00 SATURDAY SHOWING VS AR					
9 COMMUNION 9:30 WEEKEND NEWS AN AR 10:00 BALLOON VOLLEYBALL AN AR 10:30 COMMUNION WITH JAMES V AR 11:00 WORD WATERFALL AN ARA 11:30 THE GREAT BRITISH BAKING SHOW AN AR 1:30 SCATTAGORIES AN AR 3:00 SUNDAY SOCIAL AN AR 3:00 SMARTBOARD CONCERTS AN AR 4:00 NAME THAT FAMOUS FACE AN AR 6:00 MOVIES, MOVIES, MOVIES RS LV			10 9:00 MORNING TUNES JO/VS AR/LV 9:30 TODAY'S NEWS JO/VS AR/LV 10:00 SIT AND BE FIT JO/VS AR/LV 10:30 BIOGRAPHY ON: JOE FRAIZER JO/VS AR/LV 11:00 MASTER CLASS MONDAY JO/VS AR/LV 11:00 MONDAY MANICURES J AR/LV 1:30 FREE PLAY BINGO JO/VS AR/LV 3:00 SMARTBOARD CONCERTS ALL AR/LV 3:00 HAPPY HOUR SOCIAL ALL AR/LV 4:00 JEOPARDY STYLE TRIVIA JO/VS AR/LV 6:00 MOVIES WE LOVE RS LV			11 9:00 WONDERFUL MELODIES JO/VS AR/LV 9:30 WHAT'S IN THE NEWS? JO/VS AR/LV 10:00 NOODLECIZE JO/VS AR/LV 10:30 PENNY PITCH JO/VS AR/LV 11:00 LEARN YOUR NAME IN MORSE CODE JO/VS LV/AR 1:30 HORSERACING JO/VS LV 3:00 CHEFS CHOICE SOCIAL ALL LV 3:00 SMARTBOARD CONCERTS ALL LV 4:00 DEXTERITY EXERCISES JO/VS AR/LV 6:00 MOVIE MANIA RS LV			12 TEA PARTY DAY 9:00 SWEET MELODIES IN THE MORNING JO/VS LV/AR 9:30 DAILY NEWS JO/VS LV/AR 10:00 STRETCH AND FLEX JO/VS LV/AR 10:30 MUSICAL HANGMAN JO/VS LV/AR 11:00 SING-A-LONG SONGS JO/VS LV/AR 1:30 TEA PARTY JO/VS LV 3:00 HAPPY HOUR! ALL LV 3:00 SMARTBOARD CONCERT ALL LV 4:00 WORD-IN-A-WORD RS SB 6:00 MOVIES AT DUSK RS LV			13 MONTHLY BIRTHDAY PARTY 9:00 MUSICAL MORNING JO/VS AR/LV 9:30 NEWS IN REVIEW JO/VS AR/LV 10:00 SIT AND GET FIT JO/VS AR/LV 10:30 WORD WATERFALL JO/VS AR/LV 11:00 IT HAPPENED ON LONG ISLAND JO/VS AR/LV 1:30 HORSERACING JO AR 1:30 CREATIVE CREATIONS VS LV 2:30 MONTHLY BIRTHDAY PARTY WITH ROB AND AMANDA SCALICIA ALL LV 3:00 CHEFS CHOICE SOCIAL ALL LV 3:00 SMARTBOARD CONCERTS RS B 4:00 A-Z WORD GAME ALL LV 6:00 SUNSET MOVIES JO/VS AR			14 CUTEST PET 9:00 MELODIES IN THE MORNING JO/VS AR/LV 9:30 HOROSCOPES AND HAPPENINGS JO/VS AR/LV 10:00 CHAIR ZUMBA JO/VS AR/LV 10:30 CLASSIC HANGMAN JO/VS AR/LV 11:00 SEATED BOCCIE BALL ALL AR/LV 1:15 TGIF MOVIE CLUB JO AR 1:30 MENS CLUB WITH VINNY VS LV 3:00 TGIF HAPPY HOUR JO/VS LV 3:00 SMARTBOARD CONCERTS JO/VS LV 4:00 CUTE PET PHOTOS JO/VS AR 6:00 MOVIE NIGHT RS M			15 9:00 SING A LONG SONGS VS AR 9:30 WEEKEND UPDATE VS AR 10:00 SIT AND BE FIT VS AR 10:30 WORD IN A WORD VS AR 11:00 GIANT WORD SEARCH VS AR 1:30 FAMILY FEUD VS AR 3:00 HOT COCOA SOCIAL VS AR 3:00 SMARTBOARD CONCERT: POLKA VS AR 4:00 CARD CLUB VS AR 6:00 MOVIE CLUB					
16 COMMUNION 9:00 SUNDAY SERENADES AN AR 9:30 DAILY CHRONICLES AN AR 10:00 KEEP IT UP BALLOON V AR 10:30 COMMUNION WITH JAMES AN AR 11:00 WHO AM I? TRIVIA AN AR 11:30 THE GREAT BRITISH BAKING SHOW AN AR 1:30 FAMILY FEUD AN AR 3:00 SOCIAL HOUR AN AR 3:00 SMARTBOARD CONCERTS AN AR 4:00 WOULD YOU RATHER?! AM AR 6:00 SUNSET MOVIES RS LV			17 MLK DAY 9:00 MUSIC IN THE MORNING JO/VS AR/LV 9:30 HOROSCOPES & NEWS JO/VS AR/LV 10:00 MORNING EXERCISE JO/VS AR/LV 10:30 KITCHENLESS COOKING JO/VS AR/LV 11:00 BIOGRAPHY ON: MARTIN LUTHER KING JR JO/VS AR/LV 11:30 I HAVE A DREAM SPEECH J AR/LV 1:30 FREE PLAY BINGO ALL AR/LV 3:00 HAPPY HOUR SOCIAL ALL AR/LV 3:00 SMARTBOARD CONCERTS JO/VS AR/LV 4:00 TABLE TOP GAMES JO/VS AR/LV 6:00 MONDAY MOVIE MANIA RS LV			18 9:00 MUSIC IN THE MORNING JO/VS AR/LV 9:30 TODAY'S HEADLINERS JO/VS AR/LV 10:00 STRETCH AND FLEX JO/VS AR/LV 10:30 DEXTERITY EXERCISES JO/VS AR/LV 11:00 PET THERAPY JO/VS LV/AR 11:30 TUESDAY TRAVEL JO/VS LV 1:15 MID-DAY MATINEE ALL LV 1:30 FREE PLAY BINGO ALL LV 3:00 HOMEMADE SOCIAL JO/VS AR/LV 3:00 SMARTBOARD CONCERTS ALL LV 4:00 NAME 5 JO/VS AR/LV 6:00 NIGHTLY MOVIE VS LV			19 9:00 MORNING TUNES JO/VS AR/LV 9:30 DAILY DOSE JO/VS AR/LV 10:00 WAKE UP, WORK OUT JO/VS AR/LV 10:30 WORD JUMBLES JO/VS AR/LV 11:00 CONVERSATION STARTERS JO/VS LV/AR 1:15 MID DAY MOVIE JO/VS LV 1:30 FREE PLAY BINGO ALL LV 3:00 THE HAPPIEST HOUR ALL LV 3:00 SMARTBOARD CONCERT JO/VS AR/LV 4:00 RIDDLE ME THIS ALL LV 6:00 EVENING SHOWING JO/VS AR/LV			20 AQUARIUS SEASON BEGINS 9:00 MUSICAL MUSINGS JO/VS AR/LV 9:30 GOOD NEWS ONLY JO/VS AR/LV 10:00 USE YOUR NOODLES JO/VS AR/LV 10:30 ABOUT AQUARIUS JO/VS AR/LV 11:00 PENNY PITCH ALL AR/LV 1:30 CREATIVE CREATIONS JO AR 3:00 SMARTBOARD CONCERTS VS LV 3:00 CHEFS CHOICE SOCIAL JO/VS LV 4:00 SCATTAGORIES JO/VS LV 6:00 MEET ME AT THE CINEMA RS LV			21 9:00 MELODIC MORNINGS JO/VS AR/LV 9:30 BREAKING NEWS JO/VS AR/LV 10:00 CHAIR ZUMBA JO/VS AR/LV 10:30 MUSICAL HANGMAN JO/VS AR/LV 11:00 SEATED BOCCIE BALL ALL AR/LV 1:15 TGIF MOVIE CLUB JO AR 1:30 MENS CLUB WITH VINNY VS LV 3:00 SOCIAL HOUR JO/VS LV 3:00 SMARTBOARD CONCERT JO/VS LV 4:00 WHEEL OF FORTUNE JO/VS AR 6:00 TGIF MOVIES RS M			22 9:00 SATURDAY SONGS VS AR 9:30 SATURDAY POST VS AR 10:00 WAKE UP, WORKOUT VS AR 10:30 WORD IN A WORD VS AR 11:00 GIANT WORD SEARCH VS AR 1:30 FAMILY FEUD VS AR 3:00 HOT COCOA SOCIAL VS AR 3:00 SMARTBOARD CONCERT VS AR 4:00 CARD CLUB VS AR 6:00 NIGHTLY MOVIES RS LV					
23/30 COMMUNION 9:30 TOP NEWS STORIES AN AR 10:00 BALLOON VOLLEYBALL (23) AN AR 10:00 MONTHLY REFLECTION QUESTIONS (30) V AR 10:30 COMMUNION WITH JAMES V AR 11:00 WORD-IN-A-WORD AN AR 11:30 GREAT BRITISH BAKE OFF (30) AN AR 1:30 SCATTAGORIES (23) AN AR 1:30 50 STATES CHALLENGE (30) AN AR 3:00 SUNDAY SOCIAL AN AR 3:00 SMARTBOARD CONCERT AN AR 4:15 WHAT WOULD YOU DO?/ ARMCHAIR TRIVIA AN AR 6:00 SUNSET MOVIES RS LV			24/31 COMPLIMENT DAY 9:00 SWEET MELODIES JO/VS AR/LV 9:30 NEWS & VIEWS JO/VS AR/LV 10:00 SIT AND BE FIT/ DANCE TO THE MUSIC JO/VS AR/LV 10:30 BIOGRAPHY JO/VS AR/LV 11:00 MASTER CLASS MONDAY (24) JO/VS AR/LV 11:30 BEAUTIFUL ART PHOTOS (31) JO/VS AR/LV 1:00 MONDAY MANICURES J AR/LV 1:30 BINGO FOR PRIZES *** JO/VS AR/LV 1:30 PAINTING FROM THE HEART (31) J AR/LV 3:00 HAPPY HOUR SOCIAL ALL AR/LV 3:00 SMARTBOARD CONCERTS ALL AR/LV 4:00 SHOUT-OUT TRIVIA (31) ALL AR/LV 4:15 COMPLIMENT YOUR NEIGHBOR (24) JO/VS AR/LV 6:00 MOVIES, MOVIES, MOVIES RS LV			25 9:00 MUSIC APPRECIATION JO/VS AR/LV 9:30 WHAT'S IN THE NEWS JO/VS AR/LV 10:00 WAKE UP WORK-OUT JO/VS AR/LV 10:30 NAME THAT FAMOUS FACE JO/VS AR/LV 11:00 TRAVEL TUESDAY JO/VS LV/AR 1:30 BINGO JO/VS LV 3:00 CHEFS CHOICE SOCIAL ALL LV 3:00 SMARTBOARD CONCERTS ALL LV 4:15 WHAT'S YOUR ADVICE JO/VS AR/LV 6:00 MOVIES & POPCORN RS LV			26 9:00 MORNING TUNES JO/VS AR/LV 9:30 DAILY NEWS JO/VS AR/LV 10:00 DANCING WITH SCARVES JO/VS AR/LV 10:30 SHOUT OUT TRIVIA JO/VS AR/LV 11:00 BANANAGRAMS JO/VS LV/AR 1:30 HORSERACING JO/VS LV 3:00 HAPPY HOUR! ALL LV 3:00 SMARTBOARD CONCERT ALL LV 4:00 MATCH ME JO/VS AR/LV 6:00 MOVIE CLUB RS LV			27 9:00 MUSIC IN THE MORNING JO/VS AR/LV 9:30 TODAY'S STORIES AND HOROSCOPES JO/VS AR/LV 10:00 MOVE TO MUSIC JO/VS AR/LV 10:30 NAME 10 JO/VS AR/LV 11:00 MAGAZINE SCAVENGER HUNT ALL AR/LV 1:30 CREATIVE CREATIONS JO AR 3:00 CHEFS CHOICE SOCIAL VS LV 3:00 SMARTBOARD CONCERTS JO/VS LV 4:00 AROMATHERAPY & RELAXATION JO/VS LV 6:00 CLASSIC CINEMA RS LV			28 CRAZY HAT DAY AND PIZZA PARTY 9:00 MUSIC ON THE SMARTBOARD JO/VS AR/LV 9:30 NEWSDAY JO/VS AR/LV 10:00 CHAIR ZUMBA JO/VS AR/LV 10:30 NAME THAT TUNE JO/VS AR/LV 11:00 SEATED BOCCIE BALL ALL AR/LV 12:00 PIZZA PARTY ALL DR 1:15 TGIF MOVIE CLUB VS LV 1:30 MENS CLUB WITH VINNY JO/VS LV 3:00 HAPPY HOUR JO/VS LV 3:00 SMARTBOARD CONCERTS JO/VS AR 4:00 CRAZY HAT DAY AWARDS RS M 6:00 FRIDAY SHOWING RS LV			29 NATIONAL PUZZLE DAY 9:00 ACOUSTIC SUNRISE VS AR 9:30 WEEKEND UPDATE VS AR 10:00 STRETCH AND FLEX VS AR 10:30 WORD IN A WORD VS AR 11:00 GIANT WORD SEARCH VS AR 1:30 GROUP JIGSAW PUZZLE VS AR 3:00 HOT COCOA SOCIAL VS AR 3:00 CONCERTS ON THE SMARTBOARD VS AR 4:00 CARD CLUB VS AR 6:00 MOVIE WEEKEND RS LV					