

October 2021

The Arbors At ISLANDIA WEST TRANSITIONS

Tel: 631-582-3600
www.thearborsassistedliving.com

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
				STAFF KEY G=GINA, Director of Recreation AB=ABBY K=KELLEY S=SHERYL GB=GABBY H=HANNAH T=THERESA D=DIANE DV=DEB AN=ANDREA J=JASMINE JO=JOSH I= INDEPENDENT RS=Recreation staff V=Volunteer AC=Activity Channel ***=Call 381 for Appt.		LOCATION KEY LV=LIVING ROOM L=LOUNGE AREA BI=BISTRO M=MEDIA ROOM LI=LIBRARY UP=UPPER PARLOR RR=RESIDENT'S ROOM 3F=3RD FLOOR CM=COMMUNITY CY=COURTYARD DR=DINING ROOM ES=EAST SIDE S=SALON O=OUTING		FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board. Your Recreation Director Gina Scaffedi will be happy to answer any questions you may have regarding this calendar.				1 INTERNATIONAL COFFEE DAY 9:00 MUSICAL MELODIES AB&JO SB 9:30 DAILY CHRONICLES AB&JO AR 10:00 CHAIR ZUMBA AB&JO AR 10:30 OCTOBER BIRTHDAY QUIZ AB&JO AR 11:00 GOURMET COFFEE TASTING AB&JO LV 1:30 FREE PLAY BINGO AB&JO AR 3:00 HAPPY HOUR AB&JO AR 3:00 SMARTBOARD CONCERT AB&JO AR 4:00 PENNY PITCH JO AR 6:00 NIGHTLY MOVIE RS LV		2 CARD MAKING DAY 9:00 SATURDAY SONGS K AR 9:30 SATURDAY MORNING NEWS K AR 10:00 STRETCH AND FLEX K AR 10:30 BALLOON VOLLEYBALL K AR 11:00 AMERICA'S GOT TALENT K AR 1:30 KRAFTING WITH KELLEY: CARDS K AR 3:00 ICE CREAM HAPPY HOUR K AR 3:00 SMARTBOARD CONCERT K AR 4:00 CLIMB THE MOUNTAIN DICE GAME K AR 6:00 SUNSET MOVIE RS LV	
3 9:00 SONGS IN THE AM AM AR 9:30 TOP NEWS STORIES AM AR 10:00 SPIRITUAL SERVICE WITH JAMES AM AR 10:30 QUIPO QUIZ AM AR 11:00 WORD WATERFALL AM AR 11:30 THE VOICE AM AR 11:00 A-Z WORD GAME AM AR 1:15 MID-DAY MATINEE AM AR 1:30 BINGO AM AR 3:00 HAPPY HOUR SOCIAL AM AR 4:00 ADULT COLORING AM AR 6:00 MOVIES, MOVIES, MOVIES RS LV		4 KITCHENLESS COOKING 9:00 MORNING ACOUSTIC AM AR 9:30 NEWS & VIEWS AM AR 10:00 STRETCH AND FLEX AM AR 10:30 KITCHENLESS COOKING CLASS: VEGGIE ROLL-UPS AM AR 11:00 BIOGRAPHY ON: JULIE ANDREWS AM AR 1:30 FREE PLAY BINGO AM AR 3:00 HAPPY HOUR SOCIAL: VEGGIE TORTILLA ROLLUPS AM AR 3:00 SMARTBOARD CONCERTS AM AR 4:00 MANICURES AM AR 6:00 MONDAY NIGHT SHOWING RS LV		5 9:00 MUSIC, MUSIC, MUSIC AB&JO AR 9:30 TODAY'S NEWS AB&JO AR 10:00 DANCING WITH SCARVES AB&JO AR 10:30 WALKING CLUB AB&JO AR 11:00 PET THERAPY AB&JO AR 1:30 HORSE-RACING AB&JO AR 3:00 HOMEMADE SOCIAL: TACO DIP AB&JO AR 3:00 SMARTBOARD CONCERTS AB&JO AR 4:00 JEOPARDY TRIVIA AB&JO AR 6:00 NIGHTLY MOVIE RS LV		6 TEA PARTY 9:00 MUSIC IN THE MORNING AB AR 9:30 DAILY NEWS AB AR 10:00 MUSICAL BALL TOSS AB AR 11:00 PENNY PITCH AB&JO AR 1:30 TEA PARTY AB&JO AR 3:00 HAPPY HOUR SOCIAL AB&JO AR 3:00 SMARTBOARD CONCERTS AB&JO AR 4:00 GO FISH CARD CLUB JO AR 6:00 MOVIES AT DUSK RS LV		7 9:00 MORNING TUNES AB&JO AR 9:30 HAPPENINGS AND HOROSCOPES AB&JO AR 10:00 PARACHUTE POP-UP AB&JO AR 10:30 NAME THAT TUNE AB&JO AR 11:00 SPOOKY ROAD TRIP TO: CATACOMBS FRANCE AB&JO AR 1:30 CREATIVE CREATIONS AB&JO AR 3:00 CHEFS CHOICE SOCIAL: HOT PRETZELS AB&JO AR 3:00 SMARTBOARD CONCERTS AB&JO AR 4:00 WHO AM I? BIOGRAPHY GAME JO AR 6:00 MEET ME AT THE CINEMA RS LV		8 PIZZA PARTY 9:00 MUSICAL MUSINGS AB&JO AR 9:30 NEWSDAY AB&JO AR 10:00 CHAIR ZUMBA AB&JO AR 11:00 TARGET GOLF AB&JO AR 12:00 PIZZA PARTY AB&JO DR 1:30 FREE PLAY BINGO AB&JO AR 3:00 HAPPY HOUR SOCIAL AB&JO AR 3:00 SMARTBOARD CONCERTS AB&JO AR 4:00 TALK AND TOSS BALL JO AR 6:00 TGIF MOVIES RS LV		9 9:00 SATURDAY SERENADE K AR 9:30 DAILY NEWS K AR 10:00 COFFEE AND CROSSWORDS K AR 11:00 TABLE GAMES K AR 1:30 KRAFTS WITH KELLEY K AR 3:00 ICE CREAM SOCIAL K AR 3:00 SMARTBOARD CONCERT K AR 4:00 DEAL OR NO DEAL K AR 6:00 SATURDAY SHOWING RS LV			
10 9:00 MORNING ACOUSTIC AM AR 9:30 WEEKEND NEWS AM AR 10:00 SPIRITUAL WITH JAMES AM AR 10:30 QUIPO QUIZ AM AR 11:00 WORD WATERFALL AM AR 1:30 BINGO AM AR 3:00 SUNDAY SOCIAL AM AR 3:00 SMARTBOARD CONCERTS AM AR 4:00 YOU BE THE JUDGE AM AR 6:00 MOVIES, MOVIES, MOVIES RS LV		11 COLUMBUS DAY/ INDIGENOUS PEOPLES DAY 9:00 MORNING TUNES AM AR 9:30 TODAY'S NEWS AM AR 10:00 SIT AND BE FIT AM AR 11:00 BIOGRAPHY ON: CHRISTOPHER COLUMBUS AM AR 11:30 COLUMBUS DAY FACTS AM AR 1:30 FREE PLAY BINGO AM AR 3:00 SMARTBOARD CONCERTS AM AR 3:00 HAPPY HOUR SOCIAL AM AR 4:00 FAMILY FEUD AM AR 6:00 MOVIES WE LOVE RS LV		12 9:00 WONDERFUL MELODIES AB AR 9:30 WHAT'S IN THE NEWS? AB AR 10:00 USE YOUR NOODLE AB AR 11:00 MAGAZINE SCAVENGER HUNT AB&JO AR 1:30 BOARD GAME BONANZA AB&JO AR 3:00 CHEFS CHOICE SOCIAL:ANGEL FOOD CAKE AB&JO AR 3:00 SMARTBOARD CONCERTS AB&JO AR 4:00 NAME THAT FAMOUS FACE JO AR 6:00 TONIGHT AT THE MOVIES RS LV		13 9:00 MUSICAL MORNINGS AB AR 9:30 NEWSDAY AB AR 10:00 STRETCH AND FLEX AB AR 11:00 BALLOON VOLLEYBALL AB&JO AR 1:30 BINGO AB&JO AR 3:00 HAPPY HOUR! AB&JO AR 3:00 SMARTBOARD CONCERT AB&JO AR 4:00 Pictionary JO AR 6:00 MOVIES AT DUSK RS LV		14 9:00 TUNE TIME AB&JO AR 9:30 NEWS IN REVIEW AB&JO AR 10:00 SIT AND GET FIT AB&JO AR 11:00 PENNY PITCH AB&JO AR 11:30 SPOOKY ROAD TRIP TO: SLEEPY HOLLOW AB&JO AR 1:30 ENTERTAINMENT BY: ROB & PATTY MEAD ALL AR 3:00 CHEFS CHOICE SOCIAL: CHEESE CURDS AB&JO AR 3:00 SMARTBOARD CONCERTS AB&JO AR 4:00 MATCH ME JO AR 6:00 SUNSET MOVIES RS LV		15 9:00 MELODIES IN THE MORNING AB&JO AR 9:30 HOROSCOPES AND HAPPENINGS AB&JO AR 10:00 CHAIR ZUMBA AB&JO AR 11:00 GOLFING ON THE GREEN AB&JO AR 1:30 BINGO FOR PRIZES AB&JO AR 3:00 SOCIAL HOUR AB&JO AR 3:00 SMARTBOARD CONCERTS AB&JO AR 4:00 HANGMAN JO AR 6:00 MOVIE NIGHT RS LV		16 9:00 SING A LONG SONGS K AR 9:30 WEEKEND UPDATE K AR 10:00 SIT AND BE FIT K AR 11:00 COFFEE AND CROSSWORDS K AR 1:30 KRAFTING WITH KELLEY K AR 3:00 ICE CREAM SOCIAL K AR 3:00 SMARTBOARD CONCERT: K AR 4:00 COVER THE NUMBER DICE GAME K AR 6:00 MOVIE CLUB RS LV			
17 9:00 SUNDAY SONGS AM AR 9:30 DAILY CHRONICLES AM AR 10:00 SPIRITUAL SERVICE WITH JAMES AM AR 10:30 KEEP IT UP BALLOON AM AR 11:00 WORD PUZZLES AM AR 1:30 BINGO AM AR 3:00 SOCIAL HOUR AM AR 3:00 SMARTBOARD CONCERTS AM AR 4:00 ROLL THE DICE, BREAK THE ICE AM AR 6:00 SUNSET MOVIES RS LV		18 9:00 MUSIC FOR MONDAY AM AR 9:30 HOROSCOPES & NEWS AM AR 10:00 MORNING EXERCISE AM AR 11:00 BIOGRAPHY ON: MICKEY MANTLE AM AR 1:30 FREE PLAY BINGO AM AR 3:00 HAPPY HOUR SOCIAL AM AR 3:00 SMARTBOARD CONCERTS AM AR 4:00 WHO WANTS TO BE A MILLIONAIRE AM AR 6:00 MONDAY MOVIE MANIA RS LV		19 9:00 MUSIC IN THE MORNING AB AR 9:30 TODAY'S HEADLINERS AB AR 10:00 STRETCH AND FLEX AB AR 11:00 PET THERAPY AB&JO AR 1:30 HORSE-RACING AB&JO AR 3:00 HOMEMADE SOCIAL: BEER BREWED BRATWURST AB&JO AR 3:00 SMARTBOARD CONCERTS AB&JO AR 4:00 TELEPHONE GAME JO AR 7:00 NIGHTLY MOVIE RS LV		20 AUTUMNAL EQUINOX 9:00 MORNING TUNES AB&JO AR 9:30 DAILY DOSE AB&JO AR 10:00 WAKE UP, WORK OUT AB&JO AR 11:00 ASTROLOGY 101: SCORPIO SEASON AB&JO AR 1:30 BINGO FOR PRIZES AB&JO AR 3:00 THE HAPPIEST HOUR ALL AR 3:00 SMARTBOARD CONCERT AB&JO AR 4:00 I SPY AB&JO AR 6:00 BINGO AT NIGHT JO AR 7:00 EVENING SHOWING RS LV		21 FALL FESTIVAL 9:00 MUSICAL MUSINGS AB&JO AR 9:30 NEWS IN REVIEW AB&JO AR 10:00 USE YOUR NOODLE AB&JO AR 10:30 PUMPKIN CRAFT AB&JO AR 11:00 SPOOKY ROAD TRIP TO: WINCHESTER MYSTERY HOUSE AB&JO AR 1:30 FALL FESTIVAL IN THE COURTYARD AB&JO AR 3:00 CHEFS CHOICE SOCIAL:APPLE CARAMEL CRUMB CAKE AB&JO AR 4:00 ARMCHAIR TRIVIA JO AR 6:00 MEET ME AT THE CINEMA RS LV		22 9:00 MELODIC MORNINGS AB&JO AR 9:30 BREAKING NEWS AB&JO AR 10:00 CHAIR ZUMBA AB&JO AR 11:00 TARGET GOLF AB&JO AR 1:30 BINGO FOR PRIZES AB&JO AR 3:00 SOCIAL HOUR AB&JO AR 3:00 SMARTBOARD CONCERT AB&JO AR 4:00 20 QUESTIONS JO AR 6:00 TGIF MOVIES RS LV		23 9:00 SATURDAY SONGS K AR 9:30 SATURDAY POST K AR 10:00 WAKE UP, WORKOUT K AR 11:00 COFFEE AND CROSSWORDS K AR 1:30 KRAFTS WITH KELLEY K AR 3:00 ICE CREAM SUNDAE SOCIAL K AR 3:00 SMARTBOARD CONCERT K AR 4:00 CARD CLUB K AR 6:00 NIGHTLY MOVIES RS LV			
24/31 HALLOWEEN (31ST) 9:00 SUNDAY SING-A-LONG AM AR 9:00 CREEPY SONGS (31ST) AM AR 9:30 TOP NEWS STORIES AM AR 10:00 SPIRITUAL WITH JAMES AM AR 10:30 USE YOUR NOODLE AM AR 11:00 A-Z WORD GAME AM AR 11:00 HISTORY OF HALLOWEEN (31ST) AM AR 1:30 PUMPKIN PAINTING (31ST) AM AR 1:30 BINGO AM AR 3:00 SUNDAY SOCIAL AM AR 3:00 SMARTBOARD CONCERT AM AR 4:00 QUIPO QUIZ AM AR 4:00 SCARY STORIES (31ST) AM AR 6:00 SUNSET MOVIES RS LV		25 KITCHENLESS COOKING 9:00 SWEET MELODIES AM AR 9:30 NEWS & VIEWS AM AR 10:00 SIT AND BE FIT AM AR 10:30 KITCHENLESS COOKING: BAGELS AM AR 11:00 BIOGRAPHY ON: MINNIE PEARL AM AR 1:30 BINGO FOR CHOCOLATE AM AR 3:00 HOMEMADE SOCIAL: BAGELS AM AR 3:00 SMARTBOARD CONCERTS AM AR 4:00 MANICURES AM AR 6:00 MOVIES WE LOVE RS LV		26 9:00 MUSIC APPRECIATION AB&JO AR 9:30 WHAT'S IN THE NEWS AB&JO AR 10:00 WAKE UP WORK-OUT AB&JO AR 11:00 PENNY PITCH AB&JO AR 11:30 NAME THAT TUNE AB&JO AR 1:30 PUZZLE PARTY ALL AR 3:00 HOMEMADE SOCIAL AB&JO AR 3:00 SMARTBOARD CONCERTS AB&JO AR 4:00 WOULD YOU RATHER...? JO AR 7:00 MOVIES & POPCORN RS LV		27 9:00 MORNING TUNES AB&JO AR 9:30 DAILY NEWS AB&JO AR 10:00 DANCING WITH SCARVES AB&JO AR 11:00 WORD SCRAMBLE AB&JO AR 11:30 NAME 10 AB&JO AR 1:30 BINGO FOR PRIZES ALL AR 3:00 HAPPY HOUR! AB&JO AR 3:00 SMARTBOARD CONCERT AB&JO AR 4:00 QUIPO QUIZ JO AR 6:00 MOVIE CLUB RS LV		28 HALLOWEEN PARTY 9:00 SPOOKY MUSIC IN THE MORNING AB&JO AR 9:30 TODAY'S STORIES AND HORRORSCOPES AB&JO AR 10:00 RATTLE YOUR BONES AB&JO AR 11:30 SPOOKY ROAD TRIP TO: HAUNTED HOUSES AB&JO AR 1:00 COSTUME PARADE ALL AR 1:30 MONSTER MASH WITH ELLIOT GOLDBERG AB&JO AR 3:00 SPECIAL SOCIAL: FRANKENSTEIN CAKE AB&JO AR 4:00 PUMPKIN CRAFT JO AR 6:00 CLASSIC CINEMA RS LV		29 9:00 MUSIC ON THE SMARTBOARD AB&JO AR 9:30 CHAIR ZUMBA AB&JO AR 10:00 NEWSDAY AB&JO AR 11:00 GOLFING ON THE GREEN AB&JO AR 1:30 BINGO FOR PRIZES**** AB&JO AR 3:00 HAPPY HOUR AB&JO AR 3:00 SMARTBOARD CONCERTS AB&JO AR 4:00 SCATTAGORIES JO AR 6:00 FRIDAY "FRIGHT" SHOWING RS LV		30 9:00 ACOUSTIC SUNRISE K AR 9:30 WEEKEND UPDATE K AR 10:00 STRETCH AND FLEX K AR 11:00 COFFEE AND CROSSWORDS K AR 1:30 HALLOWEEN CRAFT K AR 3:00 ICE CREAM SOCIAL K AR 3:00 CONCERTS ON THE SMARTBOARD K AR 4:00 CRAZY 8'S K AR 6:00 SPOOKY MOVIE WEEKEND RS LV			