

October 2021

The Arbors At ISLANDIA EAST

Tel: 631-232-3131
www.thearborsassistedliving.com

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
				STAFF KEY V - Vanessa AM - Amanda M - Malik T - Taylor ME - Meleny D - Danielle J - Jasmine AT - Anne JL - Jeannine AG - Alexa RS - Recreation Staff VEN - Vendor		LOCATION KEY O - Outing B - Bistro CY - Courtyard LO - Lobby G - Game Room AC - Activity Channel IR - In Room F1 - First Floor F2 - Second Floor F3 - Third Floor DR - Dining Room M - Media Room W - West Side IR - In Room		FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Vanessa will be happy to answer any questions you may have regarding this calendar.				1 INTERNATIONAL COFFEE DAY 9:30 SILVER SNEAKER ZUMBA D M 10:15 KEEP IT UP! D L 11:00 COFFEE: TRIVIA, FACTS & CHAT D L 1:15 THREE THIRTEEN CARD CLUB RL G 1:15 AFTERNOON MOVIE ME M 2:00 BRAIN GAMES ME/AG L 2:00 THERAPY DOG VEN L 3:00 TGIF HAPPY HOUR ME/AG B 4:15 TRIVIA HOUR WITH MEL ME CY 4:15 SHABBAT SERVICE AM G 6:00 BIG BUCKS BINGO! AG G 7:00 EVENING IN THE CINEMA AG M		2 9:30 MORNING MOVE N GROOVE D M 10:15 A TRIP THROUGH HISTORY: THE TITANIC D L 11:15 NAME 5... V L 11:30 WALKING CLUB BEFORE LUNCH RL CY 1:15 AFTERNOON MOVIE ME M 1:15 BINGO ME/AG G 2:00 CARDS GAMES WITH MEL ME B 3:00 HAPPY HOUR SOCIAL ME/AG B 4:00 WII BOWLING RL M 4:15 SMARTBOARD JOEPARDY ME/AG L 6:00 EVENING BINGO! AG G 7:00 EVENING IN THE CINEMA AG M	
3 WORLD COMMUNION SUNDAY <i>Jets v. Titans @1pm on CBS / Giants v. Saints @1pm on FOX</i> 9:30 SUNDAY CHURCH SERVICE VEN M 9:30 SUNDAY SUNRISE STRETCH JL L 10:15 MURDER MYSTERY CLUB AM L 11:00 WALK TO THE COURTYARD RL CY 11:15 TRIVIAL TRIVIA BEFORE LUNCH JL L 1:15 AFTERNOON MOVIE! ME G 1:15 BINGO! ME B 2:00 GROUP WORD GAMES ME L 3:00 FOOTBALL TAILGATE SOCIAL ME B 4:00 WII SPORTS: RESIDENTS CHOICE ME M 4:15 JUMBO PONG CHALLENGE ME L 4:15 COURTYARD BREAK RL CY 6:00 LATE NIGHT BINGO M G 7:00 EVENING IN THE CINEMA M M				4 9:30 LIGHT N LIVELY JL L 10:15 FUNNY MORNING RIDDLES JL L 10:15 SCIENCE EXPERIMENT WITH AMANDA AM B 11:15 WORLD SPACE DAY TRIVIA JL L 1:15 AFTERNOON MOVIE! ME M 1:15 BINGO! ME G 2:00 PENNY POKER RL G 2:00 BRAIN GAMES ME L 3:00 HAPPY HOUR SOCIAL ME B 4:00 EVENING STROLL RL CY 4:15 GROUP SING-ALONG ME L 6:00 BINGO! M G 7:00 EVENING IN THE CINEMA M M		5 9:30 TONE & SCULPT JL/T L 10:15 GROUP CROSSWORD T L 10:30 RESIDENT COUNCIL MEETING AM M 11:00 FOOD COUNCIL MEETING AM M 11:00 PASSWORD WITH JEANNINE JL L 11:30 PIANO PLAYING BEFORE LUNCH T L 1:15 AFTERNOON MOVIE ME M 1:15 BINGO! JL G 2:00 AFTERNOON CARD SHARKS ME/JL B 3:00 TACO DIP ME/JL B 4:00 WHO WANTS TO BE A MILLIONAIRE AM L 4:00 JUMBO PONG AM L 6:00 BINGO! M G 7:00 EVENING IN THE CINEMA M M		6 BREAST CANCER AWARENESS MONTH WEAR PINK 9:30 WEDNESDAY WORKOUT JL/T L 10:15 BREAST CANCER AWARENESS PIN MAKING AM G 11:30 PIANO PLAYING BEFORE LUNCH T L 1:15 MANICURES IN THE BISTRO D B 1:15 AFTERNOON MOVIE D M 2:00 BLACKJACK! D G 3:00 MIDDAY SNACK SOCIAL HOUR JL/D B 3:30 RESIDENT CHOICE MUSIC JL L 4:15 TEAM JEOPARDY! JL/D G 6:00 EVENING BINGO! M M 7:00 EVENING IN THE CINEMA M M		7 9:30 GET UP N GO EXERCISE! JL/T L 10:00 SMARTBOARD PICTONARY JL/T L 10:15 BIBLE STUDY WITH TAYLOR T M 11:00 COOKING CLUB WITH VANESSA & AMANDA V/AM B 11:30 GUESSING QUIZ BEFORE LUNCH T/AG L 1:15 AFTERNOON MOVIE JL/D M 1:15 BINGO! JL/D G 2:00 CARD GAMES IN THE BISTRO RL B 3:00 HOT PRETZELS JL/D B 4:00 TRAVELOGUE HOUR JL/D CY 6:00 EVENING BINGO! M G 7:00 EVENING IN THE CINEMA M M		8 9:30 SILVER SNEAKERS ZUMBA D M 10:30 BUZZWORD D L 11:00 TRAVEL CLUB D L 1:15 THREE THIRTEEN CARD CLUB RL G 1:15 MANICURES WITH MEL ME B 1:15 AFTERNOON MOVIE ME M 2:00 THERAPY DOG VEN L 3:00 TGIF HAPPY HOUR ME/AG B 3:00 MUSIC BREAK ME/AG L 3:45 WINE TASTING 101 V B 4:15 SHABBAT SERVICE AM G 6:00 BIG BUCKS BINGO! AG G 7:00 EVENING IN THE CINEMA AG M		9 9:30 MORNING MOVE N GROOVE D M 10:15 A TRIP THROUGH HISTORY: PEARL HARBOR V L 11:15 CURIOUS EVENTS V G 1:15 AFTERNOON MOVIE ME/AG G 1:15 BINGO ME/AG M 2:00 BANANAGRAMS ME/AG B 3:00 MUSICAL HOUR DURING SOCIAL ME/AG L 3:00 HAPPY HOUR SOCIAL ME/AG B 4:00 WII BOWLING ME/AG M 4:15 JUMBO PONG GAME ME/AG L 6:00 EVENING BINGO! AG G 7:00 EVENING IN THE CINEMA AG M	
10 Jets v. Falcons @9:30am / Giants v. Cowboys @4:25pm 9:30 SUNDAY CHURCH SERVICE VEN M 9:30 SUNDAY SUNRISE STRETCH JL L 10:15 MURDER MYSTERY CLUB AM L 11:00 SMARTBOARD JEOPARDY JL L 1:15 AFTERNOON MOVIE! ME M 1:15 BINGO! ME G 2:00 KINGS IN THE CORNER RL G 3:00 FOOTBALL TAILGATE SOCIAL ME B 4:00 COURTYARD BREAK RL CY 4:15 CORNHOLE CHALLENGE ME L 6:00 LATE NIGHT BINGO RS G 7:00 EVENING IN THE CINEMA RS M				11 COLUMBUS DAY 9:30 LIGHT N LIVELY JL L 10:15 SMARTBOARD WORD GAMES JL L 10:15 SCIENCE EXPERIMENT WITH AMANDA AM B 11:15 COLUMBUS TRIVIA & FACTS AM L 1:15 AFTERNOON MOVIE ME M 1:15 BINGO! ME G 2:00 OCTOBER TEAM JEOPARDY WITH MEL & AMANDA ME/AMB 2:00 PENNY POKER RL G 3:00 HAPPY HOUR SOCIAL ME B 4:15 TABLETOP GAMES WITH MEL ME G 6:00 BINGO! RS G 7:00 EVENING IN THE CINEMA RS M		12 9:30 TONE & SCULPT JL L 10:15 GROUP CROSSWORD JL L 11:00 FRESH AIR BREAK RL CY 11:00 PASSWORD WITH JEANNINE JL L 11:30 SOLVE THE RIDDLE JL L 1:15 AFTERNOON MOVIE ME M 1:15 BINGO! ME G 2:00 AFTERNOON CARD SHARKS RL B 2:00 WALK TO THE KOI POND RL CY 3:00 ANGEL FOOD CAKE ME B 4:00 TRAIN OF THOUGHT' GAME ME L 6:00 BINGO! J G 7:00 EVENING IN THE CINEMA J M		13 NAVY BIRTHDAY 9:30 WEDNESDAY WORKOUT JL L 10:15 NAVY TRIVIA & FACTS AM L 10:15 PAINT N SIP JL G 11:30 FAMOUS NAVY FACES JL L 1:15 MANICURES IN THE BISTRO D B 1:15 AFTERNOON MOVIE D M 2:00 BLACKJACK! D G 3:00 MIDDAY SNACK SOCIAL HOUR D B 4:00 FRESH AIR BEFORE DINNER RL CY 4:15 NAME THAT.... AM L 6:00 EVENING BINGO! J M 7:00 EVENING IN THE CINEMA J M		14 9:30 GET UP N GO EXERCISE! JL L 10:15 SMARTBOARD CONCERT JL M 11:00 COOKING CLUB WITH AMANDA V/AM L 11:30 THE PRICE IS RIGHT JL L 1:15 AFTERNOON MOVIE AG M 1:15 BINGO! AG G 2:00 CARD GAMES IN THE BISTRO RL B 2:00 NAME 5... AM L 3:00 CHEESE CURDS AG/DB 4:00 JUMBO PONG AM L 6:00 EVENING BINGO! AG G 7:00 EVENING IN THE CINEMA AG M		15 9:30 SILVER SNEAKERS ZUMBA D M 10:15 AMERICA'S FUNNIEST HOME VIDEOS D L 11:00 NAME 5... D L 1:15 THREE THIRTEEN CARD CLUB RL G 1:15 MANICURES WITH MEL ME B 1:15 AFTERNOON MOVIE ME M 2:00 THERAPY DOG VEN L 3:00 VETS CHAT RL G 3:00 TGIF HAPPY HOUR AG/ME B 4:15 FAMOUS FACES ME L 4:15 SHABBAT SERVICE AM G 6:00 BIG BUCKS BINGO! AG G 7:00 EVENING IN THE CINEMA AG M		16 9:30 MORNING MOVE N GROOVE ME M 10:15 A TRIP THROUGH HISTORY: SON OF SAM V L 11:15 SMARTBBOARD BOGGLE ME L 1:15 AFTERNOON MOVIE D G 1:15 BINGO! D M 2:00 AFTERNOON WALK TO THE POND RL CY 2:00 CARDS GAMES WITH DANIELLE D B 3:00 HAPPY HOUR SOCIAL D B 4:00 WII BOWLING D M 4:15 SMARTBOARD GROUP GAME D B 6:00 EVENING BINGO! AG G 7:00 EVENING IN THE CINEMA AG M	
17 GIANTS V. RAMS @ 1PM ON FOX 9:30 SUNDAY CHURCH SERVICE VEN M 9:30 SUNDAY SUNRISE STRETCH JL L 10:15 MURDER MYSTERY CLUB AM L 11:15 SMARTBOARD GROUP GAMES JL L 1:15 AFTERNOON MOVIE! ME G 1:15 BINGO! ME G 2:00 KINGS IN THE CORNER RL G 3:00 SUNDAY FUNDAY MUSIC HOUR ME L 3:00 FOOTBALL TAILGATE SOCIAL ME B 4:15 WII SPORTS: RESIDENTS CHOICE ME M 4:15 JUMBO PONG CHALLENGE ME L 6:00 LATE NIGHT BINGO RS G 7:00 EVENING IN THE CINEMA RS M				18 ST. LUKE 9:30 LIGHT N LIVELY JL L 10:15 CURRENT EVENTS DISCUSSION JL L 10:15 SCIENCE EXPERIMENT WITH AMANDA AM B 11:00 WALK TO THE COURTYARD RL CY 11:00 BRAIN GAMES JL L 1:15 AFTERNOON MOVIE! ME M 1:15 BINGO! ME G 2:00 PENNY POKER RL G 3:00 SMARTBOARD BIG BAND MUSIC ME L 3:00 HAPPY HOUR SOCIAL ME B 4:00 TRIVIA HOUR ME L 6:00 BINGO! RS G		19 9:30 TONE & SCULPT JL L 10:00 HAUPPAUGE LIBRARY VISIT VEN B 10:15 GROUP CROSSWORD JL L 11:00 FRESH AIR BREAK RL CY 11:00 PASSWORD WITH JEANNINE JL L 11:30 BETWEEN A ROCK & A HARD PLACE AM L 1:15 AFTERNOON MOVIE ME M 1:15 BINGO! ME G 2:00 AFTERNOON CARD SHARKS ME B 2:00 RESIDENT CHOICE CONCERT ME L 3:00 BEER BREWED BRATS ME B 4:00 GUESS WHO? ME L 6:00 BINGO! J G 7:00 EVENING IN THE CINEMA J M		20 9:30 WEDNESDAY WORKOUT JL L 10:15 SMARTBOARD CONCERT: RESIDENT REQUEST JL L 10:15 FALL WREATH DESIGNS AM L 11:30 SHORT STORIES WITH AMANDA AM L 1:15 MANICURES IN THE BISTRO D B 1:15 AFTERNOON MOVIE D M 2:00 BLACKJACK! D G 3:00 FRESH AIR BREAK RL CY 3:00 MIDDAY SNACK SOCIAL HOUR D B 4:15 JUMBO PONG AM L 6:00 EVENING BINGO! J M 7:00 EVENING IN THE CINEMA J M		21 FALL FESTIVAL! NATIONAL APPLE DAY 9:30 GET UP N GO EXERCISE! JL L 10:15 THE PRICE IS RIGHT JL M 11:00 COOKING CLUB WITH VANESSA & AMANDA V/AML 11:30 OKTOBERFEST TRIVIA AM L 1:15 AFTERNOON MOVIE D M 1:15 BINGO AG G 2:15 FALL FESTIVAL IN THE COURTYARD V/AM CY 3:00 BEER & WINE TASTING V/AM CY 3:00 APPLE CARAMEL COFFEE CAKE V/AM B 4:00 BOBBING FOR APPLES CONTEST AM L 6:00 EVENING BINGO! AG G 7:00 EVENING IN THE CINEMA AG M		22 9:30 SILVER SNEAKERS ZUMBA D M 10:15 CURRENT EVENT DISCUSSION D L 11:00 TRAVEL CLUB D L 1:15 THREE THIRTEEN CARD GAME RL G 1:15 MANICURES IN THE BISTRO ME B 1:15 AFTERNOON MOVIE ME M 3:00 TGIF HAPPY HOUR ME B 4:15 THINGS THAT START WITH...O ME CY 4:15 SHABBAT SERVICE AM G 6:00 BIG BUCKS BINGO! AG G 7:00 EVENING IN THE CINEMA AG M		23 9:30 MORNING MOVE N GROOVE D M 10:15 A TRIP THROUGH HISTORY: ROE V WADE V L 11:00 WALKING CLUB TO THE COURTYARD D CY 11:15 GROUP TRIVIAL TRIVIA D L 1:15 AFTERNOON MOVIE ME G 1:15 BINGO ME M 2:00 WORD IN A WORD GAME ME B 3:00 HAPPY HOUR SOCIAL ME B 4:00 WII BOWLING ME M 4:15 JUMBO PONG GAME ME B 6:00 EVENING BINGO! AG G 7:00 EVENING IN THE CINEMA AG M	
24/31 HALLOWEEN (31ST) 9:30 SUNDAY CHURCH SERVICE VEN M 9:30 SUNDAY SUNRISE STRETCH JL L 10:15 MURDER MYSTERY CLUB AM L 11:00 FINISH THE PHRASE JL L 1:15 AFTERNOON MOVIE! ME M 1:15 BINGO! ME G 2:00 KINGS IN THE CORNER ME G 3:00 SUNDAY FUNDAY MUSIC HOUR ME L 3:00 FOOTBALL TAILGATE SOCIAL ME B 3:00 HALLOWEEN COSTUME CONTEST (31ST) AM L 4:00 WII SPORTS: RESIDENTS CHOICE ME M 4:15 CORNHOLE CHALLENGE ME L 6:00 LATE NIGHT BINGO RS G 7:00 EVENING IN THE CINEMA RS M				25 9:30 LIGHT N LIVELY JL L 10:15 WALK TO THE KOI POND RL CY 10:15 SCIENCE EXPERIMENT WITH AMANDA AM B 11:15 SMARTBOARD BOGGLE JL L 1:15 AFTERNOON MOVIE! ME M 1:15 BINGO! ME G 2:00 PENNY POKER ME G 2:00 THINGS THAT START WITH...O ME L 3:00 SMARTBOARD CONCERT ME L 3:00 HAPPY HOUR SOCIAL ME B 4:00 GROUP TRIVIA IN THE LOBBY ME L		26 NATIONAL PUMPKIN DAY 9:30 TONE & SCULPT JL L 10:15 GROUP CROSSWORD JL L 11:00 PUMPKIN PAINTING! AM G 1:15 AFTERNOON MOVIE ME M 1:15 BINGO! ME G 2:00 AFTERNOON CARD SHARKS ME B 2:00 PUMPKIN TRIVIA & FACTS AM L 3:00 PUMPKIN SOUP ME B 4:00 PUMPKIN SPICE & EVERYTHING NICE AM L 6:00 BINGO! J G 7:00 EVENING IN THE CINEMA J M		27 9:30 WEDNESDAY WORKOUT JL L 10:15 SMARTBOARD CONCERT: RESIDENT REQUEST JL L 10:15 HALLOWEEN CRAFTING JL G 11:30 SHORT STORIES WITH AMANDA AM L 1:15 BLACKJACK! ME B 1:15 AFTERNOON MOVIE ME M 2:00 JOHN CIOTTA SINGS THE HITS! VEN L 3:00 COURTYARD FRESH AIR BREAK RL CY 3:00 MIDDAY SNACK SOCIAL HOUR ME B 4:15 WHO AM I? OCTOBER BIRTHDAYS ME CY 6:00 EVENING BINGO! J M 7:00 EVENING IN THE CINEMA J M		28 9:30 GET UP N GO EXERCISE! D L 10:15 HALLOWEEN CANDY STUFFING AM/V G 10:15 SMARTBOARD CONCERT D M 11:00 COOKING CLUB WITH VANESSA & AMANDA V/AM L 11:30 POT LUCK QUIZ AM L 1:15 AFTERNOON MOVIE JL M 1:15 BINGO JL G 2:00 HALLOWEEN COSTUME PARTY! AM L 3:00 FRANKENSTEIN CAKE JL B 4:00 GROUP KARAOKE AM L 6:00 EVENING BINGO! AG G 7:00 EVENING IN THE CINEMA AG M		29 9:30 TONE & SCULPT D M 10:15 NEWS & VIEWS D L 11:00 NAME 5... D L 1:15 THREE THIRTEEN CARD GAME RL G 1:15 MANICURES IN THE BISTRO ME B 1:15 AFTERNOON MOVIE ME M 2:00 AFTERNOON CARD GAMES IN THE BISTRO ME B 3:00 TGIF HAPPY HOUR ME B 4:00 SMARTBOARD HALLOWEEN JEOPARDY AM L 6:00 BINGO! AG G 7:00 EVENING IN THE CINEMA AG M		30 NATIONAL CANDY CORN DAY 9:30 WEDNESDAY WORKOUT D M 10:15 A TRIP THROUGH HISTORY: WACO TEXAS V L 11:15 GROUP TRIVIAL TRIVIA D L 1:15 AFTERNOON MOVIE ME G 1:15 BINGO ME M 2:00 CANDY CORN TASTE TEST V G 3:00 COURTYARD FRESH AIR BREAK RL CY 3:00 HAPPY HOUR SOCIAL ME B 4:15 GROUP KARAOKE ME L 6:00 EVENING BINGO! AG M 7:00 EVENING IN THE CINEMA AG M	