

November 2021

The Arbors At ISLANDIA EAST Tel: 631-232-3131
www.thearborsassistedliving.com

RECREATION CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 ALL SAINTS DAY - NYG VS. KC 8:15PM 9:30 LIGHT N LIVELY JL L 10:15 COOKING CLUB WITH JEANNINE JL B 10:15 COFFEE CLUB WITH AMANDA AM L 11:15 SKEE BALL JL G 1:15 AFTERNOON MOVIE! JM M 1:15 BINGO! JM G 2:00 PENNY POKER RL G 2:00 SMALL GROUP SCRABBLE GAME JM L 3:00 HAPPY HOUR SOCIAL JM B 4:15 GROUP SING-ALONG JM L 6:00 BINGO! M G 7:00 EVENING IN THE CINEMA M M	2 ELECTION DAY 9:15 BUS OUTING TO VOTE JL O 9:30 TONE & SCULPT JL L 10:30 RESIDENT COUNCIL MEETING AM M 11:00 FOOD COUNCIL MEETING AM M 11:30 PRESIDENTIAL TRIVIA & FACTS JL L 1:15 AFTERNOON MOVIE JM/DM 1:15 BINGO! JM/DG 2:00 AFTERNOON CARD SHARKS JM/DB 2:00 TRIP TO WALGREENS JL O 3:00 BATTERED CORN NUGGET SOCIAL JM/DB 4:00 COMEDY HOUR JM/DL 4:15 ACTIVITY PLANNING MEETING AM B 6:00 BINGO! J G 7:00 EVENING IN THE CINEMA J M	3 9:30 WEDNESDAY WORKOUT JL L 10:15 SMARTBOARD CONCERT: RESIDENT REQUEST JL G 11:15 LUNCH TRIP: ITALIAN JL O 11:15 GROUP CROSSWORDS D L 1:15 MANICURES IN THE BISTRO D B 1:15 AFTERNOON MOVIE D M 2:00 BLACKJACK! D G 2:00 LIVE QUEEN CONCERT D L 3:00 MIDDAY SNACK SOCIAL HOUR D B 3:30 RESIDENT'S CHOICE MUSIC D L 4:15 TEAM JEOPARDY! D L 7:00 EVENING BINGO! J M 7:00 EVENING IN THE CINEMA J M	4 NYJ VS. IND 8:20PM 9:30 GET UP N GO EXERCISE! D L 10:00 SMARTBOARD Pictionary D L 11:15 IT HAPPENED IN NOVEMBER D L 1:15 AFTERNOON MOVIE AG M 1:15 BINGO! AG G 2:00 CARD GAMES IN THE BISTRO D B 2:00 ART CLASS WORKSHOP WITH ALEXA AG G 3:00 DILL TUNA WITH APPLE BITES AG/DB 4:00 TRAVELOGUE HOUR AG/DCY 6:00 EVENING BINGO! M G 7:00 EVENING IN THE CINEMA M M	5 9:30 SILVER SNEAKERS ZUMBA D M 10:30 BUZZWORD D L 11:00 KNITTING CLUB WITH DANIELLE D B 11:00 GROUP CROSSWORD WITH JAYDAH JM L 1:15 THREE THIRTEEN CARD CLUB RL G 1:15 MANICURES WITH JAYDAH JM B 1:15 AFTERNOON MOVIE JM M 2:00 THERAPY DOG VEN L 3:00 TGIF HAPPY HOUR JM B 4:00 FAMOUS TV COMMERCIALS JM B 4:15 SHABBAT SERVICE VZ G 6:00 BIG BUCKS BINGO! AG G 7:00 EVENING IN THE CINEMA AG M	6 9:30 MORNING MOVE N GROOVE JM M 10:15 KEEP IT UP! JM L 11:15 A&E BIOGRAPHY JM L 1:15 AFTERNOON MOVIE ME G 1:15 BINGO ME M 2:00 BANANAGRAMS D B 3:00 MUSICAL HOUR DURING SOCIAL ME L 3:00 CHIPS N DIP SOCIAL ME B 4:00 WII BOWLING ME M 4:15 SMARTBOARD HOT SEAT ME L 6:00 EVENING BINGO! ME G 7:00 EVENING IN THE CINEMA ME M
7 LV VS NYG 1PM 9:15 CHAIR EXERCISE WITH JEANNINE JL L 9:30 SUNDAY CHURCH SERVICE VEN M 10:00 MASS AT ST. PATRICKS CATHOLIC CHURCH JL O 10:30 MURDER MYSTERY CLUB AM L 11:30 TRIVIAL TRIVIA BEFORE LUNCH JL L 1:15 AFTERNOON MOVIE! JM G 1:15 BINGO! JM B 2:00 UPWORDS JM G 3:00 SUNDAY ICE CREAM SOCIAL JM B 4:00 WII SPORTS: RESIDENTS CHOICE JM M 4:15 JUMBO PONG CHALLENGE JM L 6:00 LATE NIGHT BINGO M G 7:00 EVENING IN THE CINEMA M M	8 9:30 LIGHT N LIVELY JL L 10:15 COFFEE CLUB WITH AMANDA AM L 10:15 COOKING CLUB WITH JEANNINE JL B 11:15 INDOOR BOWLING JL 1:15 AFTERNOON MOVIE! JM M 1:15 BINGO! JM G 2:00 PENNY POKER JM G 2:00 SMALL GROUP SCRABBLE GAME JM L 3:00 HAPPY HOUR SOCIAL JM B 4:00 EVENING STROLL RL CY 4:15 GROUP SING-ALONG JM L 6:00 BINGO! M G 7:00 EVENING IN THE CINEMA M M	9 9:30 TONE & SCULPT JL L 10:15 JOKE TELLING JL L 11:00 NOODLE TAP FRENZY JL L 11:00 BOOK CLUB WITH JEANNINE JL L 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 TRIP TO WALMART JL O 2:00 AFTERNOON CARD SHARKS JM B 2:00 CRAFTING WITH JAYDAH JM G 3:00 MOZZARELLA STICK SOCIAL JM B 4:00 FAMILY FEUD JM L 6:00 BINGO! J G 7:00 EVENING IN THE CINEMA J M	10 9:30 WEDNESDAY WORKOUT JL L 9:30 BRETTON WOODS VETERANS DAY CEREMONY JL B 10:15 FALL CRAFTING VZ G 11:15 GROUP CROSSWORDS D L 1:15 MANICURES IN THE BISTRO D B 1:15 AFTERNOON MOVIE D M 2:00 BLACKJACK! D G 3:00 MIDDAY SNACK SOCIAL HOUR D B 3:30 RESIDENT CHOICE MUSIC D L 4:15 TEAM JEOPARDY! D G 6:00 EVENING BINGO! J M 7:00 EVENING IN THE CINEMA J M	11 VETERANS DAY 9:30 GET UP N GO EXERCISE! D L 10:15 PATRIOTIC CRAFTING AM G 11:00 VETERAN'S DAY CEREMONY VZ M 1:15 AFTERNOON MOVIE AG M 1:15 BINGO! AG G 1:30 VIOLIN BY ALBERT MULLAD VEN L 3:00 HUMMUS WITH PITA SOCIAL AG/DB 4:00 VETERANS FACTS & TRIVIA AG CY 6:00 EVENING BINGO! M G 7:00 EVENING IN THE CINEMA M M	12 9:30 SILVER SNEAKERS ZUMBA D M 10:30 BUZZWORD D L 11:00 KNITTING CLUB WITH DANIELLE D L 11:00 GROUP CROSSWORD WITH JAYDAH JM L 1:15 THREE THIRTEEN CARD CLUB RL G 1:15 MANICURES WITH JAYDAH JM B 1:15 AFTERNOON MOVIE JM M 2:00 THERAPY DOG VEN L 3:00 TGIF HAPPY HOUR JM B 3:00 MUSIC BREAK JM L 4:15 SHABBAT SERVICE VZ G 6:00 BIG BUCKS BINGO! AG G 7:00 EVENING IN THE CINEMA AG M	13 WORLD KINDNESS DAY 9:30 MORNING MOVE N GROOVE JM M 10:15 BALLOON VOLLEY CONTEST JM L 11:15 A&E BIOGRAPHY JM L 1:15 AFTERNOON MOVIE ME G 1:15 BINGO ME M 2:00 BANANAGRAMS D B 3:00 MUSICAL HOUR DURING SOCIAL ME L 3:00 CHIPS N DIP SOCIAL ME B 4:00 WII BOWLING ME M 4:15 SMARTBOARD HOT SEAT ME L 6:00 EVENING BINGO! ME G 7:00 EVENING IN THE CINEMA ME M
14 BUF VS NYJ 1PM 9:15 CHAIR EXERCISE WITH JEANNINE JL L 9:30 SUNDAY CHURCH SERVICE VEN M 10:00 MASS AT ST. PATRICKS CATHOLIC CHURCH JL O 10:30 MURDER MYSTERY CLUB AM L 11:00 SMARTBOARD JEOPARDY JL L 1:15 AFTERNOON MOVIE! JM M 1:15 BINGO! JM G 2:00 KINGS IN THE CORNER JM G 3:00 SUNDAY ICE CREAM SOCIAL JM B 4:00 COURTYARD BREAK JM CY 4:15 CORNHOLE CHALLENGE JM L 6:00 LATE NIGHT BINGO M G 7:00 EVENING IN THE CINEMA M M	15 9:30 LIGHT N LIVELY JL L 10:15 COOKING CLUB WITH JEANNINE JL B 10:15 COFFEE CLUB WITH AMANDA AM L 11:15 FRESH AIR BREAK RL O 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 SMALL GROUP SCRABBLE GAME JM L 2:00 PENNY POKER RL G 3:00 BENNY GOODMAN SWINGING SOCIAL JM B 4:15 TABLETOP GAMES JM G 6:00 BINGO! M G 7:00 EVENING IN THE CINEMA M M	16 9:30 TONE & SCULPT JL L 10:00 HAUPPAUGE LIBRARY BOOKS ON WHEELS VEN B 10:15 CRAFTING WITH JAYDAH JM L 11:00 NOODLE TAP FRENZY JL L 11:00 BOOK CLUB WITH JEANNINE JL L 1:15 SOLVE THE RIDDLE JL L 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 AFTERNOON CARD SHARKS JM B 2:00 TRIP TO TJ MAXX JL O 3:00 MINI PIZZA BAGEL SOCIAL JM B 4:00 WORD IN A WORD GAME JM L 6:00 GROOVY CONCERT WITH VANCE BRESCIA VEN L 7:00 EVENING IN THE CINEMA J M	17 9:30 WEDNESDAY WORKOUT JL L 10:15 SMARTBOARD CONCERT: RESIDENT REQUEST JL G 11:15 LUNCH TRIP: MEXICAN JL O 11:15 GROUP CROSSWORDS D L 1:15 MANICURES IN THE BISTRO D B 1:15 AFTERNOON MOVIE D M 2:00 BLACKJACK! D G 3:00 FRUIT COCKTAIL SOCIAL HOUR D B 4:00 AUTUMN AUCTION: COME ONE COME ALL! VZ L 6:00 EVENING BINGO! J M 7:00 EVENING IN THE CINEMA J M	18 9:30 GET UP N GO EXERCISE! D L 10:15 WHITE BOARD GAME D M 11:15 JEOPARDY! D L 1:15 AFTERNOON MOVIE AG M 1:15 BINGO! AG G 2:00 CARD GAMES IN THE BISTRO AM B 2:00 ART CLASS WORKSHOP WITH ALEXA AG L 3:00 POTATO SKIN SOCIAL AG/DB 4:00 JUMBO PONG AG L 6:00 EVENING BINGO! M G 7:00 EVENING IN THE CINEMA M M	19 9:30 SILVER SNEAKERS ZUMBA D M 10:15 NAME 5... D L 11:00 KNITTING CLUB WITH DANIELLE D L 11:00 GROUP CROSSWORD WITH JAYDAH JM L 12:00 TAKE IN PIZZA PARTY VZ B 1:15 THREE THIRTEEN CARD CLUB RL G 1:15 MANICURES WITH JAYDAH JM B 1:15 AFTERNOON MOVIE JM M 2:00 THERAPY DOG VEN L 3:00 VETS CHAT JM G 3:00 TGIF HAPPY HOUR JM B 4:15 FAMOUS FACES JM L 4:15 SHABBAT SERVICE VZ G 6:00 BIG BUCKS BINGO! AG G 7:00 EVENING IN THE CINEMA AG M	20 9:30 MORNING MOVE N GROOVE JM M 10:15 KEEP IT UP! JM L 11:15 A&E BIOGRAPHY JM L 1:15 AFTERNOON MOVIE ME G 1:15 BINGO! ME M 2:00 AFTERNOON WALK TO THE POND RL CY 2:00 CARDS GAMES WITH DANIELLE D B 3:00 CHIPS N DIP SOCIAL ME B 4:00 WII BOWLING ME M 4:15 SMARTBOARD HOT SEAT ME B 6:00 EVENING BINGO! ME G 7:00 EVENING IN THE CINEMA ME M
21 MIA VS NYJ 1PM 9:15 CHAIR EXERCISE WITH JEANNINE JL L 9:30 SUNDAY CHURCH SERVICE VEN M 10:00 MASS AT ST. PATRICKS CATHOLIC CHURCH JL O 10:30 MURDER MYSTERY CLUB AM L 11:15 SMARTBOARD GROUP GAMES JM L 1:15 AFTERNOON MOVIE! JM G 1:15 CM PERFORMING ARTS CENTER TRIP JL O 1:15 BINGO! JM G 2:00 KINGS IN THE CORNER JM G 3:00 SUNDAY ICE CREAM SOCIAL JM B 4:15 WII SPORTS: RESIDENTS CHOICE JM M 4:15 JUMBO PONG CHALLENGE JM L 6:00 LATE NIGHT BINGO M G 7:00 EVENING IN THE CINEMA M M	22 NYG VS TB 8:15PM 9:30 LIGHT N LIVELY JL L 10:15 COOKING CLUB WITH JEANNINE JL B 10:15 COFFEE CLUB WITH AMANDA AM L 11:15 SHORT STORY READ ALOUD JL G 1:15 AFTERNOON MOVIE! JM M 1:15 BINGO! JM G 2:00 SMALL GROUP SCRABBLE GAME JM L 2:00 PENNY POKER RL G 3:00 SMARTBOARD BIG BAND MUSIC JM L 3:00 60S HITS SOCIAL JM B 4:00 TRIVIA HOUR JM L 6:00 BINGO! M G 7:00 EVENING IN THE CINEMA M M	23 9:30 TONE & SCULPT JL L 10:15 CRAFTING WITH JAYDAH JM L 11:00 NOODLE TAP FRENZY JL L 11:00 BOOK CLUB WITH JEANNINE JL L 11:30 BETWEEN A ROCK & A HARD PLACE JL L 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 AFTERNOON CARD SHARKS JM B 2:00 TRIP TO THE DOLLAR TREE JL O 3:00 HONEY GARLIC GLAZED MEATBALLS JM B 4:00 WHO AM I? NOVEMBER BIRTHDAYS JM B 6:00 BINGO! J G 7:00 EVENING IN THE CINEMA J M	24 9:30 WEDNESDAY WORKOUT JL L 10:15 SMARTBOARD CONCERT: RESIDENT REQUEST JL L 10:15 LAST MINUTE MANICURES JL B 11:15 LUNCH TRIP: AMERICAN JL O 1:15 MANICURES IN THE BISTRO D B 1:15 AFTERNOON MOVIE D M 2:00 BLACKJACK! D G 3:00 ISLANDIA EAST PIE EATING CONTEST D B 3:00 MIDDAY SNACK SOCIAL HOUR D B 4:15 I AM THANKFUL DISCUSSION D L 6:00 EVENING BINGO! J M 7:00 EVENING IN THE CINEMA J M	25 THANKSGIVING DAY! 9:00 ANNUAL MACY'S THANKSGIVING DAY PARADE D L 9:30 TURKEY TROT EXERCISE D M 11:00 BEFORE YOU GO...THANKSGIVING TREATS AM/VZB 11:30 FACTS ABOUT TURKEY DAY AM L 1:00 THANKSGIVING DAY FOOTBALL RL M 1:15 BINGO! AG G 2:15 THANKSGIVING DAY TRADITIONS AG/DCY 3:00 INDIAN PUDDING SOCIAL HOUR AG/DCY 3:00 FUNNY THANKSGIVING DAY VIDEOS AG/DB 4:00 CARD GAMES IN THE BISTRO AGD L 6:00 EVENING BINGO! M G 7:00 EVENING IN THE CINEMA M M	26 9:30 SILVER SNEAKERS ZUMBA D M 10:15 CURRENT EVENT DISCUSSION D L 11:00 KNITTING CLUB WITH DANIELLE D L 11:00 GROUP CROSSWORD WITH JAYDAH JM L 1:15 THREE THIRTEEN CARD GAME RL G 1:15 MANICURES WITH JAYDAH JM B 1:15 AFTERNOON MOVIE JM M 3:00 TGIF HAPPY HOUR JM B 4:15 THINGS THAT START WITH...N JM CY 4:15 SHABBAT SERVICE VZ G 6:00 BIG BUCKS BINGO! AG G 7:00 EVENING IN THE CINEMA AG M	27 9:30 MORNING MOVE N GROOVE JM M 10:15 BALLOON VOLLEY CONTEST JM L 11:15 A&E BIOGRAPHY JM L 1:15 AFTERNOON MOVIE ME G 1:15 BINGO ME M 2:00 WORD IN A WORD GAME D B 3:00 CHIPS N DIP SOCIAL ME B 4:00 WII BOWLING ME M 4:15 SMARTBOARD HOT SEAT ME B 6:00 EVENING BINGO! ME G 7:00 EVENING IN THE CINEMA ME M
28 HANUKKAH BEGINS AT SUNDOWN ADVENT BEGINS - PHI VS. NYG 1PM 9:15 CHAIR EXERCISE WITH JEANNINE JL L 9:30 SUNDAY CHURCH SERVICE VEN M 10:00 MASS AT ST. PATRICKS CATHOLIC CHURCH JL O 10:30 MURDER MYSTERY CLUB AM L 11:00 INDOOR BOCCIE JL L 1:15 AFTERNOON MOVIE! JM M 1:15 BINGO! JM G 2:00 KINGS IN THE CORNER JM G 3:00 SUNDAY FUNDAY MUSIC HOUR JM L 3:00 SUNDAY ICE CREAM SOCIAL JM B 4:00 WII SPORTS: RESIDENTS CHOICE JM M 4:15 CORNHOLE CHALLENGE JM L 6:00 LATE NIGHT BINGO M G 7:00 EVENING IN THE CINEMA M M	29 9:30 LIGHT N LIVELY JL L 10:15 COOKING CLUB WITH JEANNINE JL B 10:15 COFFEE CLUB WITH AMANDA AM L 11:15 NAME THAT FAMOUS CELEB JL O 1:15 AFTERNOON MOVIE! JM M 1:15 BINGO! JM G 2:00 PENNY POKER RL G 2:00 THINGS THAT START WITH...D JM L 3:00 SMARTBOARD CONCERT JM L 3:00 SOCK HOP SOCIAL JM B 4:00 GROUP TRIVIA IN THE LOBBY JM L 6:00 BINGO! M G 7:00 EVENING IN THE CINEMA M M	30 ST. ANDREW 9:30 TONE & SCULPT JL L 10:15 GROUP CROSSWORD JL L 11:00 BOOK CLUB WITH JEANNINE JL G 11:00 NOODLE TAP FRENZY JL L 1:15 AFTERNOON MOVIE JM M 1:15 BINGO! JM G 2:00 AFTERNOON CARD SHARKS JM B 2:00 TRIP TO STOP N SHOP JL O 3:00 HAM & CHEDDAR ROLL UPS JM B 4:00 TRUE OR FALSE JM L 6:00 BINGO! J G 7:00 EVENING IN THE CINEMA J M	STAFF KEY V - Vanessa AM - Amanda M - Malik T - Taylor ME - Meleny D - Danielle J - Jasmine AT - Anne JL - Jeannine AG - Alexa JM - Jaydah RS - Recreation Staff VEN - Vendor LOCATION KEY O - Outing B - Bistro CY - Courtyard LO - Lobby G - Game Room AC - Activity Channel IR - In Room F1 - First Floor F2 - Second Floor F3 - Third Floor DR - Dining Room M - Media Room W - West Side IR - In Room	FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Vanessa will be happy to answer any questions you may have regarding this calendar.		