

September 2021

The Arbors At ISLANDIA WEST

Tel: 631-582-3600
www.thearborsassistedliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	STAFF KEY G=Gina, Director of Recreation AB=ABBY K=Kelley S=Sheryl GB=Gabby H=Hannah T=Theresa D=Diane DV=Deb AN=Andrea J=Jasmine I= INDEPENDENT RS=Recreation staff V=Volunteer AC=Activity Channel ***=Call 381 for Appt. LOCATION KEY LV=LIVING ROOM L=LOUNGE AREA BI=BISTRO M=MEDIA ROOM LI=LIBRARY UP=UPPER PARLOR RR=RESIDENT'S ROOM 3F=3RD FLOOR CM=COMMUNITY CY=COURTYARD DR=DINING ROOM ES=EAST SIDE S=SALON O=OUTING	FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board. Your Recreation Director Gina Scaffedi will be happy to answer any questions you may have regarding this calendar.	1 9:00 ACOUSTIC SUNRISE RS SB 9:30 HAPPENINGS AND HOROSCOPES D LV 10:00 STRETCH AND FLEX D LV 10:30 WALKING CLUB D CY 11:00 IT HAPPENED IN SEPTEMBER D LV 11:30 SEPTEMBER 8-DAY QUIZ D LV 11:00 BISTRO GAMES I BI 1:15 MID DAY MATINEE RS M 1:30 MID DAY MATINEE D BI 1:30 FREE PLAY BINGO ALL B 3:00 HAPPY HOUR! 3:00 SMARTBOARD CONCERT RS SB 4:15 TOSS AND TALK D LV 4:15 GAMES AT THE BAR I B 6:00 EVENING BINGO FOR \$ RS BI 7:00 TONIGHT AT THE MOVIES RS M	2 VJ DAY 9:00 SUMMERTIME MELODIES RS SB 9:30 THE FRONT PAGE NEWS D LV 10:00 SIT AND BE FIT D LV 10:30 WALKING CLUB D CY 11:00 REMEMBERING VJ DAY D LV 11:00 BOARD GAMES IN BISTRO I BI 11:30 SUMMER ROAD TRIP TO: DENVER COLORADO RS SB 1:15 MID-DAY MOVIE RS M 1:30 CREATIVE CREATIONS RS LV 1:30 FREE PLAY BINGO D BI 3:00 CHEFS CHOICE SOCIAL: NACHO CHEESE DIP ALL B 3:00 SMARTBOARD CONCERTS RS SB 4:15 SCATTAGORIES D LV 4:15 BOARD GAMES AT THE BAR I B 4:15 ADULT EDUCATION CLASS G M 6:00 EVENING BINGO FOR \$ RS BI 7:00 TONIGHT AT THE MOVIES RS M	3 MUSICAL MELODIES RS SB 9:30 DAILY CHRONICLES D LV 10:00 CHAIR ZUMBA D LV 10:30 WALKING CLUB D CY 11:00 JUMBO BOWLING D&J LV 11:00 BISTRO GAMES I BI 1:15 MENS MOVIE MATINEE RS M 1:30 FREE PLAY BINGO D BI 3:00 HAPPY HOUR ALL B 3:00 SMARTBOARD CONCERT RS SB 4:15 PENNY PITCH D LV 4:15 SHABBAT SERVICE G BI 4:15 BAR GAMES I B 6:00 EVENING BINGO FOR \$ J BI 7:00 NIGHTLY MOVIE J M	4 BACON DAY 9:00 SATURDAY SONGS RS SB 9:30 SATURDAY MORNING NEWS RS LV 10:00 STRETCH AND FLEX RS LV 10:30 WEEKEND STROLL RS CY 11:00 COFFEE AND CROSSWORDS RS LV 11:00 BISTRO BOARD GAMES I BI 1:15 MID-DAY MOVIE RS M 1:30 SHORT STORY CLUB G BI 3:00 SOCIAL: BLT SANDWICHES RS B 3:00 SMARTBOARD CONCERT RS SB 4:15 RUMMIKUB RS LV 4:15 GAMES AT THE BAR I B 6:00 BINGO IN THE EVENING \$ H BI 7:00 SUNSET MOVIE H M
5 BUS TRIP 9:30 TOP NEWS STORIES S LV 10:00 SIT & GET FIT S LV 10:30 QUIPO QUIZ S LV 11:00 WORD WATERFALL S LV 11:30 THE VOICE S SB 1:15 MID-DAY MATINEE S M 1:30 SPIRITUAL SERVICE WITH THERESA T UP 1:30 CLIMB THE MOUNTAIN DICE GAME S LV 3:00 HAPPY HOUR SOCIAL S B 3:00 SMARTBOARD CONCERT S SB 4:15 CHICKEN SOUP FOR THE SOUL S LV 4:15 MENS CLUB MEET-UP I UP 6:00 TONIGHT AT THE MOVIES RS M	6 LABOR DAY/ROSH HASHANAH 9:00 MORNING ACOUSTIC RS SB 9:30 NEWS & VIEWS RS LV 10:00 STRETCH AND FLEX D LV 10:30 BIOGRAPHY ON: BUDDY HOLLY AM LV 11:00 INDEPENDENT GAMES IN BISTRO I BI 11:00 NAME 5, 10, 15! D LV 11:00 MONDAY MANICURES J RR 1:15 MID DAY MATINEE RS M 1:30 FREE PLAY BINGO D BI 3:00 HAPPY HOUR SOCIAL ALL B 3:00 VETS CHAT D M 3:00 SMARTBOARD CONCERTS RS SB 4:15 CARDS AT THE BAR I B 4:15 HOT SEAT CHALLENGE: CELEBRITY EDITION D LV 6:00 EVENING BINGO \$ J BI 7:00 MONDAY NIGHT SHOWING J M	7 END OF SUMMER BBQ 9:00 MUSIC, MUSIC, MUSIC RS SB 9:30 TODAY'S NEWS D LV 10:00 DANCING WITH SCARVES D LV 10:30 WALKING CLUB D CY 11:00 PET THERAPY V CM 11:00 BISTRO BOARD GAMES I BI 11:30 END OF SUMMER BBQ ALL CY 1:30 FREE PLAY BINGO D BI 3:00 HOMEMADE SOCIAL: APPLES & HONEY ALL B 3:00 SMARTBOARD CONCERTS RS SB 4:15 CARDS AND DARTS I B 4:15 ROSH HASHANA CELEBRATION G LV 7:00 NIGHTLY MOVIE RS M	8 MUSIC IN THE MORNING RS SB 9:30 DAILY NEWS D LV 10:00 MUSICAL BALL TOSS D LV 10:30 WEDNESDAY WALKABOUT D CY 11:00 PENNY PITCH D LV 11:00 BOARD GAMES IN THE BISTRO I BI 1:15 MID-DAY MATINEE RS M 1:30 FREE PLAY BINGO D BI 3:00 HAPPY HOUR SOCIAL ALL B 3:00 SMARTBOARD CONCERTS RS SB 4:15 SENIOR MOMENTS D LV 4:15 BAR GAMES I B 6:00 BINGO IN THE EVENING \$ RS BI 7:00 MOVIES AT DUSK RS M	9 RESIDENT COUNCIL/ACTIVITY COMMITTEE 9:00 MORNING TUNES RS SB 9:30 HAPPENINGS AND HOROSCOPES D LV 10:00 NEWS IN REVIEW D BI 10:30 WALKING CLUB G BI 11:00 ACTIVITY COMMITTEE G BI 11:00 NAME THAT TUNE D LV 1:15 MOVIES IN THE AFTERNOON RS M 1:30 FREE PLAY BINGO D BI 1:30 CREATIVE CREATIONS RS B 3:00 CHEFS CHOICE SOCIAL: CHOCOLATE MILKSHAKES ALL B 3:00 SMARTBOARD CONCERTS: PATSY CLINE RS SB 4:15 THIS OR THAT? D LV 4:15 ADULT EDUCATION CLASS G M 4:15 LRC FOR PENNIES I B 6:00 BINGO IN THE EVENING RS BI 7:00 MEET ME AT THE CINEMA RS M	10 MUSICAL MUSINGS RS SB 9:30 NEWSDAY D LV 10:00 CHAIR ZUMBA D LV 10:30 WALKING CLUB D CY 11:00 JUMBO BOWLING D&J LV 11:00 INDEPENDENT PUZZLE GAMES I BI 1:15 MENS MOVIE MATINEE RS M 1:30 FREE PLAY BINGO D BI 3:00 HAPPY HOUR SOCIAL ALL LV 3:00 SMARTBOARD CONCERTS RS SB 4:15 CONVERSATION STARTERS D LV 4:15 SHABBAT SERVICE G BI 4:15 GAMES AT THE BAR I B 6:00 EVENING BINGO FOR \$ J BI 7:00 MOVIES AT NIGHT J M	11 PATRIOT DAY 9:00 PATRIOTIC TUNES RS SB 9:30 MOMENT OF SILENCE RS LV 9:35 DAILY NEWS RS LV 10:00 WEEKEND WALKABOUT RS CY 10:30 COFFEE AND CHATting RS LV 11:00 BISTRO GAMES I BI 1:30 SCATTAGORIES RS LV 1:30 SHORT STORY CLUB RS BI 3:00 ICE CREAM SOCIAL ALL B 3:00 SMARTBOARD CONCERT: CONCERT FOR NY RS SB 4:15 SHOUT OUT TRIVIA RS LV 4:15 BAR GAMES RS B 6:00 CASH BINGO RS BI 7:00 SATURDAY SHOWING RS M
12 GRANDPARENTS DAY/ASSISTED LIVING WEEK 9:30 WEEKEND NEWS S SB 10:00 SUNDAY STROLL S CY 10:30 GRAND-FRIEND GIFTS S LV 11:00 REMINISCING: GRANDPARENTS S LV 1:15 MID-DAY MATINEE S M 1:30 SPIRITUAL SERVICE WITH THERESA T UP 1:30 WORD-IN-A-WORD:"GRANDPARENTS DAY" S LV 3:00 SPECIAL GRANDPARENTS DAY SOCIAL S B 3:00 SMARTBOARD CONCERTS S SB 4:15 TABLE TALK S LV 4:15 MENS CLUB MEET UP I UP 6:00 MOVIES, MOVIES, MOVIES RS M	13 ASSISTED LIVING WEEK/ FLANNEL DAY 9:00 MORNING TUNES RS SB 9:30 TODAY'S NEWS RS LV 10:00 SIT AND BE FIT D LV 10:30 KITCHENLESS COOKING: FRUIT SKEWERS D B 11:00 ARMCHAIR TRIVIA J LV 11:00 INDEPENDENT BISTRO GAMES I BI 1:15 MID DAY MOVIE RS M 1:30 RESIDENT V. STAFF SCAVENGER HUNT ALL LV 3:00 SMARTBOARD CONCERTS RS LV 3:00 HOMEMADE SOCIAL: RAINBOW FRUIT SKEWERS ALL B 4:15 FORTUNES FROM THE COOKIE D LV 4:15 CARDS AT THE BAR I B 6:00 BINGO AT NIGHT FOR \$ J BI 7:00 MOVIES WE LOVE J M	14 ASSISTED LIVING WEEK/CRAZY SOCK DAY 9:00 WONDERFUL MELODIES RS SB 9:30 WHATS IN THE NEWS? D LV 10:00 USE YOUR NOODLE D LV 10:30 WALKING CLUB D CY 11:00 BOARD GAMES IN THE BISTRO I BI 11:00 MAGAZINE SCAVENGER HUNT D LV 1:15 MID-DAY MATINEE RS M 1:30 FAMILY FEUD SHOWDOWN ALL LV 3:00 CHEFS CHOICE SOCIAL: CINNAMON DONUT TWISTS ALL B 3:00 SMARTBOARD CONCERTS RS SB 4:15 NAME THAT TUNE D LV 4:15 PUB GAMES I BI 7:00 TONIGHT AT THE MOVIES RS M	15 ASSISTED LIVING WEEK/UGLY OUTFIT DAY 9:00 SWEET MELODIES IN THE MORNING RS SB 9:30 DAILY NEWS D LV 10:00 STRETCH AND FLEX D LV 10:30 WALKING CLUB D CY 11:00 GAMES IN THE BISTRO I BI 11:00 BALLOON VOLLEYBALL D LV 11:30 Pictionary D SB 1:15 MID-DAY MATINEE RS M 1:30 MINUTE TO WIN IT! ALL LV 3:00 HAPPY HOUR! ALL B 3:00 SMARTBOARD CONCERT RS LV 4:15 DARTS AND CARDS I B 4:15 JEOPARDY! D LV 6:00 BINGO FOR \$\$ RS BI 7:00 MOVIES AT DUSK RS M	16 ASSISTED LIVING WEEK/CONCERT T-SHIRT 9:00 MUSICAL MORNING RS SB 9:30 NEWS IN REVIEW D LV 10:00 SIT AND GET FIT D LV 10:30 WALKING CLUB D CY 11:00 PENNY PITCH D LV 11:00 BISTRO BOARD GAMES I BI 11:30 SUMMER ROAD TRIP TO: PORTUGAL D SB 1:15 MID-DAY MOVIE RS M 1:30 MONTHLY BIRTHDAY PARTY ALL LV 3:00 CHEFS CHOICE SOCIAL: CHEESY BREAD ALL B 3:00 SMARTBOARD CONCERTS RS SB 4:15 ADULT EDUCATION CLASS G M 4:15 PENNY LRC I B 4:15 MATCH ME D LV 6:00 BINGO AT NIGHT \$ RS BI 7:00 SUNSET MOVIES RS M	17 ASSISTED LIVING WEEK/JERSEY DAY 9:00 MELODIES IN THE MORNING RS SB 9:30 HOROSCOPES AND HAPPENINGS D LV 10:00 CHAIR ZUMBA D LV 10:30 WALKING CLUB D CY 11:00 JUMBO BOWLING D&J LV 11:00 INDEPENDENT PUZZLE GAMES I BI 1:15 MENS MOVIE MATINEE RS M 1:30 STAFF SUPERLATIVES & AWARDS CELEBRATION ALL LV 3:00 SOCIAL HOUR ALL B 3:00 SMARTBOARD CONCERTS RS SB 4:15 PASSWORD D LV 4:15 SHABBAT SERVICE G BI 6:00 CASH BINGO J BI 7:00 MOVIE NIGHT RS M	18 ASSISTED LIVING WEEK/OKTOBERFEST 9:00 SING A LONG SONGS RS SB 9:30 WEEKEND UPDATE RS LV 10:00 SIT AND BE FIT RS LV 10:30 ABOUT OKTOBERFEST RS LV 11:00 COFFEE AND CROSSWORDS RS LV 11:00 INDEPENDENT GAMES RS BI 1:15 MID-DAY MOVIE RS M 1:30 OKTOBERFEST CELEBRATION ALL LV 3:00 BEER TASTING SOCIAL ALL B 3:00 SMARTBOARD CONCERT: POLKA RS SB 4:15 COVER THE NUMBER DICE GAME RS LV 4:15 CARD CLUB AT THE BAR I B 6:00 BINGO FOR \$\$ RS BI 7:00 MOVIE CLUB RS M
19 BUS TRIP 9:30 DAILY CHRONICLES S LV 10:00 SUNDAY STROLL S CY 10:30 BALLOON VOLLEYBALL S LV 11:00 WORD-IN-A-WORD S LV 1:15 MID-DAY MOVIE S M 1:30 SPIRITUAL SERVICE WITH THERESA T UP 1:30 WHO AM I? TRIVIA S LV 3:00 SOCIAL HOUR S B 3:00 SMARTBOARD CONCERTS: BIG BAND S SB 4:15 TABLE TALK S LV 4:15 MENS CLUB MEET-UP I UP 6:00 SUNSET MOVIES RS M	20 MUSIC IN THE MORNING RS SB 9:30 HOROSCOPES & NEWS D LV 10:00 MORNING EXERCISE D LV 10:30 WALKING CLUB D CY 10:30 SCRABBLE ON THE SMARTBOARD D LV 11:00 MONDAY MANICURES J RR 11:00 BIOGRAPHY ON:SOPHIA LOREN D LV 1:15 MID-DAY MOVIES RS M 1:30 FREE PLAY BINGO D BI 3:00 HAPPY HOUR SOCIAL ALL B 3:00 SMARTBOARD CONCERTS RS SB 4:15 WHO WANTS TO BE A MILLIONAIRE D LV 4:15 GAMES AT THE BAR I B 6:00 BINGO FOR \$ J BI 7:00 MONDAY MOVIE MANIA J M	21 MINI GOLF DAY 9:00 MUSIC IN THE MORNING RS SB 9:30 TODAY'S HEADLINERS D LV 10:00 STRETCH AND FLEX D LV 10:30 WALKING CLUB D CY 11:00 PET THERAPY V CM 11:00 PUTTING ON THE GREEN D CY 1:15 MID-DAY MATINEE RS M 1:30 BINGO D LV 3:00 HOMEMADE SOCIAL: APPLE DUMPLIN'S ALL B 3:00 SMARTBOARD CONCERTS RS SB 4:15 PASSWORD D LV 4:15 DARTS AND CARDS I B 7:00 NIGHTLY MOVIE RS M	22 AUTUMNAL EQUINOX 9:00 MORNING TUNES RS SB 9:30 DAILY DOSE D LV 10:00 WAKE UP, WORK OUT D LV 10:30 WALKING CLUB D CY 11:00 ABOUT THE AUTUMNAL EQUINOX D BI 11:00 BOARD GAMES IN THE BISTRO I BI 11:30 ASTROLOGY 101: LIBRA D LV 1:15 MID DAY MOVIE RS M 1:30 BINGO FOR PRIZES D BI 3:00 THE HAPPIEST HOUR ALL B 3:00 SMARTBOARD CONCERT RS SB 4:15 CHICKEN SOUP FOR THE SOUL D LV 4:15 GAMES AT THE BAR I B 6:00 BINGO AT NIGHT RS BI 7:00 EVENING SHOWING RS M	23 MUSICAL MUSINGS RS SB 9:30 NEWS IN REVIEW D LV 10:00 USE YOUR NOODLE D LV 10:30 WALKING CLUB D CY 11:00 INDEPENDENT GAMES IN BISTRO I BI 11:00 MAGAZINE SCAVENGER HUNT D LV 1:15 MID-DAY MOVIE RS M 1:30 BINGO IN THE BISTRO D BI 3:00 CHEFS CHOICE SOCIAL: BUTTERSOTCH PUDDING ALL B 4:15 WHAT WOULD YOU DO? D LV 4:15 LRC FOR PENNIES I B 6:00 BINGO AT NIGHT \$ RS BI 7:00 MEET ME AT THE CINEMA RS M	24 MELODIC MORNINGS RS SB 9:30 BREAKING NEWS D LV 10:00 CHAIR ZUMBA D LV 10:30 WALKING CLUB D CY 11:00 JUMBO BOWLING D&J LV 11:00 BISTRO BOARD GAMES I BI 1:15 MENS MOVIE MATINEE RS M 1:30 BINGO FOR PRIZES D BI 3:00 SOCIAL HOUR ALL B 3:00 SMARTBOARD CONCERT RS SB 4:15 20 QUESTIONS D LV 4:15 SHABBAT SERVICE J BI 4:15 CARDS AND DARTS AND GAMES I B 6:00 EVENING BINGO FOR \$ J BI 7:00 TGIF MOVIES J M	25 SATURDAY SONGS RS SB 9:30 SATURDAY POST RS LV 10:00 WAKE UP, WORKOUT RS LV 10:30 OUTDOOR STROLL RS CY 11:00 COFFEE AND CROSSWORDS RS LV 1:15 MID-DAY MOVIE RS M 1:30 GUESS THE WORD RS LV 3:00 ICE CREAM SUNDAE SOCIAL ALL B 3:00 SMARTBOARD CONCERT RS SB 4:15 JEOPARDY QUESTIONS RS LV 4:15 CARDS AT THE BAR RS B 6:00 BINGOOO \$ RS BI 7:00 NIGHTLY MOVIES RS M
26 TOP NEWS STORIES S LV 10:00 MONTHLY REFLECTIONS S LV 10:30 SUNDAY STROLL S CY 11:00 A-Z WORD GAME S LV 1:15 MID-DAY MATINEE S M 1:30 SPIRITUAL SERVICE WITH THERESA T UP 1:30 SENIOR MOMENTS S LV 3:00 SUNDAY SOCIAL ALL B 3:00 SMARTBOARD CONCERT S SB 4:15 YOU BE THE JUDGE S LV 4:15 MENS CLUB MEET-UP I UP 6:00 SUNSET MOVIES S M	27 SWEET MELODIES RS SB 9:30 NEWS & VIEWS RS LV 10:00 SIT AND BE FIT D LV 10:30 KITCHENLESS COOKING:MINI PIZZAS D B 11:00 BIOGRAPHY ON: BRIDGET BARDOT J SB 1:15 MID-DAY MATINEE RS M 1:30 BINGO FOR PRIZES *** D BI 1:30 MONDAY MANICURES J RR 3:00 HOMEMADE SOCIAL ALL B 3:00 SMARTBOARD CONCERTS RS SB 4:15 DEAL OR NO DEAL D LV 4:15 CARDS AT THE BAR I B 6:00 EVENING BINGO \$ J BI 7:00 MOVIES, MOVIES, MOVIES J M	28 MUSIC APPRECIATION RS SB 9:30 WHATS IN THE NEWS D LV 10:00 WAKE UP WORK-OUT D LV 10:30 FRESH AIR WALKING D CY 11:00 PENNY PITCH D LV 11:00 BISTRO BOARD GAMES I BI 11:30 NAME THAT FAMOUS FACE D LV 1:15 MOVIE IN THE AFTERNOON RS M 1:30 BINGO D BI 3:00 HOMEMADE SOCIAL ALL B 3:00 SMARTBOARD CONCERTS RS SB 4:15 CARDS AND DARTS I B 4:15 SCATTAGORIES D LV 7:00 MOVIES & POPCORN RS M	29 MORNING TUNES RS SB 9:30 DAILY NEWS D LV 10:00 DANCING WITH SCARVES D LV 10:30 WEDNESDAY WALKING D CY 11:00 WORD SCRAMBLE D LV 11:30 NAME 10 D LV 1:15 AFTERNOON SHOWING RS M 1:30 BINGO FOR PRIZES*** D BI 3:00 HAPPY HOUR! ALL B 3:00 SMARTBOARD CONCERT RS LV 4:15 MATCH ME D LV 4:15 LCR DICE GAME I B 6:00 BINGO AT NIGHT RS BI 7:00 MOVIE CLUB RS M	30 FOOD COMMITTEE 9:00 MUSIC IN THE MORNING RS SB 9:30 TODAY'S STORIES D LV 10:00 MOVE TO MUSIC D LV 10:30 WALKING CLUB D CY 11:00 FOOD COMMITTEE MEETING D BI 11:30 TRAVEL TO: MONTREAL D LV 1:15 MID-DAY MATINEE RS M 1:30 CREATIVE CREATIONS G B 1:30 BINGO FOR PRIZES D LV 3:00 CHEFS CHOICE: POT STICKERS ALL B 4:15 GUESS AND SING-A-LONG D LV 4:15 ADULT EDUCATION CLASS G M 6:00 CASH BINGO! RS BI 7:00 CLASSIC CINEMA RS M	 	

