11:30 A-Z TRIVIA

1:00 MOVIE MATINEE

2:00 SNACK SOCIAL

5:30 EVENING MOVIE

N GR

F GR

I IR

2:00 WOMEN'S CLUB

4:00 CELEBRITY DOCUMENTARY

1:00 MOVIE MATINEE

2:00 GLEE CLUB

3:00 AFTERNOON BINGO

5:30 EVENING MOVIE

4:00 INDEPENDENT CARD GAMES

The Arbors At WESTBURY Tel: 516-333-6400 www.thearborsassistedliving.com

*All programs are subject to change.

Change will be reflected on the Daily Board.

Your Recreation Director Michael Fils will be

happy to answer any questions you may have

regarding this calendar.

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11:00 SUNDAY STRETCH

11:30 YOU BE THE JUDGE

1:00 MOVIE MATINEE

2:00 MAH JONGG

5:30 EVENING MOVIE

3:30 AFTERNOON BINGO

4:00 RELAXATION AND MUSIC

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		STAFF KEY LOCATION KEY		1 SHOW AND TELL	2 MOON CHASER BOAT RIDE	3 BEAN BAG TOSS	4
		M=MICHAEL B - Bistro	BANKING HOURS BREAKFAST SERVED MONDAY - FRIDAY 7-20 AM 9, 9,45 AM	10:00 MID WEEK NEWS Y GR	10:00 NEWS AND VIEWS B GR		10:00 NEWS AND DISCUSSIONS B GR
		F=FATIMA D - Dining Room	MONDAY - FRIDAY 7:30 AM & 8:45 AM 11:00 AM - 3:00 PM	10:45 BALLOON VOLLEY BALL P GR	11:15 FITNESS F GR		11:15 FITNESS F GR
		N=NANCY GR - Great Room	LUNGU CERVER	11:30 TRAVEL CLUB: NORWAY F GR	11:30 A TO Z TRIVIA N GR	11:15 FITNESS J GR	11:30 WORD GAME B GR
4		J=JIMMY M - Media Room	MONDAY - FRIDAY 11:30 AM & 12:45 PM	12:00 PICNIC AT THE PARK I GR	2:00 MOVIE MATINEE Y GR	11:30 BEAN BAG TOSS GR	
6		B=BLAKE 0 - Outings	9:00 AM - 10:00 AM	1:00 MATINEE MOVIE F GR	2:00 BUS TRIP DOLLAR TREE B 0	2:00 WORD IN A WORD B GR	1:00 MOVIE MATINEE IR
		A=ANTONIA P - Patio	DINNER SERVED	2:00 MUSIC APPRECIATION Y GR	2:00 BOOK CLUB IR	Z:00 WUKU IN A WUKU D GN	2:00 AFTERNOON TRIVIA B M
		ER=ERICA IR - In Room MA=MAGGIE UN - Upper Nook	WALKING CLUB MONDAY/WEDNESDAY/ 4:30 PM & 5:45 PM	2:15 SNACK SOCIAL Y GR 3:30 AFTERNOON BINGO E GR	2:30 SNACK SOCIAL B GR 3:30 AFTERNOON BINGO I GR	4:00 SHABBAT SERVICE GR	3:30 AFTERNOON BINGO GR
		MA=MAGGIE UN - Upper Nook E=ALL STAFF	THURSDAY	4:00 LATE DAY STRETCH P GR	4:00 CARD GAMES IR	5:00 EVENING MOVIE F GR	4:00 CONVERSATION CORNER B GR
		E=ALL STAFF I=INDEPENDENT	2:00 PM	5:00 EVENING MOVIE I GR	5:00 EVENING MOVIE H GR	5.00 ETERRITORIOTE	5:00 EVENING MOVIE I GR
	5 CHESS & CHECKERS GAMES	6 ROSH HASHANAH	7 LIBRARYTRIP	8 PICNIC AT PARK/VETS CHAT	9 WALMART	10 ENTERTAINMENT FROM VANCE	11 RING TOSS
	10:00 NEWS AND VIEWS N GR	10:00 NEWS AND DISCUSSION N GR	10:00 CURRENT EVENTS & UPDATES B R	10:00 MID WEEK NEWS B GR	10:00 NEWS AND VIEWS Y GR	10:00 MORNING UPDATE AND NEWS F GR	10:00 NEWS AND DISCUSSIONS F GR
1	10:30 SUNDAY MASS LIVE STREAM CH 26 Y GR	11:00 LIGHT N LIVELY FITNESS F GR	11:15 EXERCISE WITH MUSIC F GR	10:45 BALLOON VOLLEY BALL I GR	10:30 MORNING FITNESS F GR	11:15 FRIDAY FITNESS F GR	11:15 EXERCISE WITH MUSIC F GR
	11:00 SUNDAY STRETCH N GR	11:30 BASKET BALL HOOPS SHOT I GR	11:30 WRITING CLUB F GR	11:30 TRENDING TOPICS B GR	11:30 WORD GAMES I GR	11:30 POETRY WITH JIMMY F GR	11:30 WORD GAME B GR
	11:30 FINISHING WORDS F M	1:00 MOVIE MATINEE N IR	1:00 MOVIE MATINEE I IR	12:00 PICNIC AT THE PARK I GR 1:00 MOVIE MATINEE F IR	1:00 MOVIE MATINEE I IR	1:00 MOVIE MATINEE I IR	
	1:00 MOVIE MATINEE IR	2:00 ROSH HASHANAH SERVICE N GR	2:00 SNACK SOCIAL B M	2:00 20 QUESTIONS B GR	2:00 INDOOR GOLF B R	2:00 SNACK SOCIAL B GR	1:00 MOVIE MATINEE I IR
	2:00 CHESS & CHECKERS GAMES N GR	2:00 BOARD GAME BONANZA N GR	2:00 JERICHO LIBRARY TRIP F GR	2:30 SNACK SOCIAL F GR	2:00 SNACK SOCIAL E GR	2:00 SCENIC RIDE F GR	2:00 KARAOKE HOUR B M
	3:00 AFTERNOON BINGO E GR	3:00 AFTERNOON BINGO N GR	3:30 AFTERNOON BINGO E GR	3:00 AFTERNOON BINGO F M	3:00 AFTERNOON BINGO E GR	2:00 CARD GAMES E GR	3:30 AFTERNOON BINGO E GR
	4:00 FIRESIDE CHATS N GR	4:00 CELEBRITY DOCUMENTARY Y GR	4:00 MIND JOGGERS B GR	3:00 VETS CHAT W/PAT E GR	4:00 TABOO F GR	4:00 AFTERNOON BINGO F GR	4:00 DEAR ABBY B GR
	5:00 EVENING MOVIE I IR	5:00 EVENING MOVIE I IR	5:00 EVENING MOVIE I IR	4:00 SCRABBLE GAME F GR 5:00 EVENING MOVIE I IR	5:00 EVENING MOVIE I IR	4:00 SHABBAT SERVICES F GR	5:00 EVENING MOVIE I IR
		13 JAKES 58	14 TARGET/GLEE CLUB		16 MOVIE TRIP/NEW RESIDENT TEA	5:00 EVENING MOVIE I IR 17 BOWLING	18 JEWELRY MAKING W/ FATIMA
	12 GRAND PARENTS DAY 10:00 NEWS AND VIEWS N GR	10:00 NEWS AND DISCUSSION N GR		15 YOM KIPPUR/BAKING CLUB 10:00 MID WEEK NEWS B R	10;00 NEWS AND VIEWS B 0		
	10:30 SUNDAY MASS LIVE STREAM CH 26 Y GR	10:30 JAKES 58 TRIP N M	10:00 CURRENT EVENTS & UPDATES B GR	10:30 BALLOON VOLLEYBALL N GR	11:15 EXERCISE TO MUSIC F GR	10:00 MORNING UPDATE AND NEWS B GR	
	11:15 SUNDAY STRETCH F GR	11:15 STRETCH TO THE MUSIC F GR	11:15 MORNING EXERCISE F IR	11:15 SPELLING BEE CHALLENGE F GR	11:30 NEW RESIDENT TEA F GR	11:15 CHAIR EXERCISE N GR	
1	1:00 MATINEE MOVIE I IR	1:00 MATINEE MOVIE I IR	11:30 CRANIUM CRUSHERS F GR	1:00 MATINEE MOVIE F IR	1:00 MOVIE MATINEE I IR	11:30 BOWLING N GR	11:30 WORD GAME F GR
	2:00 SNACK SOCIAL N GR	2:00 SNACK SOCIAL N M	1:00 MATINEE MOVIE I GR	2:00 SNACK SOCIAL B GR	2:00 SNACK SOCIAL F GR	1:00 MOVIE MATINEE I IR	1:00 AFTERNOON MOVIE I IR
		2:00 SNACK SOCIAL N M 2:00 BEAN BAG TOSS F GR	2:00 SNACK SOCIAL B M	2:00 BAKING CLUB B GR	2:00 SING ALONG W NANCY E GR	2:00 BASKETBALL HOOP SHOT N GR	2:00 JEWELRY MAKING W/ FATIMA B M
		4:00 AFTERNOON BINGO E GR	2:00 GLEE CLUB F GR	2:00 YOM KIPPUR SERVICES F M	3:00 AFTERNOON BINGO F GR	3:00 SNACK SOCIAL B GR	2:00 HAVE A SNACK F GR
1.0	3:00 PIANO PERFORMANCE E M		3:00 AFTERNOON BINGO B GR	3:00 AFTERNOON BINGO E GR	3:00 MENS CLUB F GR	3:30 AFTERNOON BINGO B GR	3:00 AFTERNOON BINGO E GR
	4:00 MANICURES & MUSIC F GR 5:00 EVENING MOVIE I IR	4:00 SB: DEAN MARTIN MUSIC I GR 5:00 EVENING MOVIE N IR	4:00 FAMOUS CELEBRITY BIO F GR	4:00 RUMMIKUB Y GR	4:00 AFTERNOON CARD GAMES F GR	4:00 SHABBAT SERVICES F GR	4:00 CONVERSATION CORNER F GR
			5:00 EVENING MOVIE I IR	5:00 EVENING MOVIE F IR	5:00 EVENING MOVIE I IR	5:00 EVENING MOVIE I IR	5:00 EVENING MOVIE I IR
	19 SUNDAY SUNDAES	20 STOP & SHOP	21 RESIDENT COUNCIL MEETING	22 BIRTHDAY PERFORMANCE W/ AMI JANE	- ·	24 PIZZA TAKE OUT FRIDAY	25 WINE & CHEESE TASTING
	10:00 NEWS AND VIEWS Y GR	10:00 NEWS AND DISCUSSION Y GR	10:00 CURRENT EVENTS & UPDATES Y GR	11:15 CRUISE SHIP GAMES Y GR	10:00 NEWS AND VIEWS B R	10:00 MORNING UPDATE AND NEWS H GR	10:00 NEWS AND DISCUSSIONS G GR
1	10:30 SUNDAY MASS LIVE STREAM CH 26 GR	10:45 MORNING FITNESS Y GR	11:15 EXERCISE TO MUSIC F GR	11:30 TRAVEL CLUB: CARIBBEAN B 0	10:30 CHAIR EXERCISE F GR	11:15 FRIDAY FITNESS B GR	1:00 MOVIE MATINEE I IR
	11:15 SUNDAY STRETCH N GR	11:30 MUSIC THROUGH THE DECADES Y GR	11:30 CRANIUM CRUSHERS Y GR		11:15 RING TOSS F GR	11:30 SPELLING CHALLENGE F GR	200 WINE O CHEESE TASTING D. CD
	11:30 STORIES ABOUT DAD Y GR	1:00 MATINEE MOVIE Y IR	1:00 MOVIE MATINEE Y IR	1:00 MOVIE MATINEE F IR	1:00 MOVIE MATINEE I IR	1:00 MOVIE MATINEE F IR	2:00 WINE & CHEESE TASTING B GR
	1:00 MATINEE MOVIE N IR	2:00 SNACK SOCIAL B GR	2:00 RESIDENT COUNCIL MEETING Y M	2:00 LETS TRAVEL B O		2:00 BALL TOSS F GR	3:00 AFTERNOON BINGO E GR
	2:00 SUNDAY SUNDAES I GR	2:00 WOMEN'S CLUB Y GR	2:15 SNACK SOCIAL Y GR	3:00 BIRTHDAY PARTY W AMI JANE Y GR	2:00 COOKING PRESENTATION W CHEF B R	2:15 SNACK SOCIAL H GR	4:00 DEAR ABBY F GR
	3:00 AFTERNOON BINGO N GR	3:00 AFTERNOON BINGO N GR	3:15 AFTERNOON BINGO I GR		4:00 MUSIC APPRECIATION E GR	2:30 AFTERNOON BINGO F GR	
	4:00 TOPICS TO DISCUSS E GR	4:00 CONVERSATION CORNER N GR	4:00 RUMMIKUB E GR	5:00 EVENING MOVIE I IR	5:00 EVENING MOVIE N IR	4:00 SHABBAT SERVICES E	5:00 EVENING MOVIE I IR
=	5:00 EVENING MOVIE I IR	5:30 EVENING MOVIE I IR	5:00 EVENING MOVIE I IR			5:00 EVENING MOVIE I IR	
204	26 MAH JONGG	27 WOMEN'S CLUB	28 GLEE CLUB	29 FALL CRAFT W/ FATIMA	30 BOWLING		SE PRACE
	10:00 NEWS AND VIEWS N GR	10:00 NEWS AND DISCUSSION B GR	10:00 CURRENT EVENTS & UPDATES B GR	10:00 MID WEEK NEWS B R	10:00 NEWS AND VIEWS B R		EASETIMCA
	10:30 SUNDAY MASS LIVE STREAM CH 26 Y GR	11:15 STRETCH TO MUSIC F GR	11:15 CHAIR YOGA F GR	10:45 BALLOON VOLLEYBALL	11:15 CHAIR FITNESS N GR	*All trips are if weather permits.	* Facemask **

11:15 BALLOON VOLLEYBALL

2:15 FALL CRAFT W/ FATIMA

4:00 MEXICAN TRAIN DOMINOES

1:00 MOVIE MATINEE

3:00 AFTERNOON BINGO

5:00 EVENING MOVIE

N GR

I R

11:30 WORD PUZZLES

1:00 MOVIE MATINEE

2:00 SNACK SOCIAL

4:00 **BOWLING**

5:00 EVENING MOVIE