## September 2021

ME G

ME L

4:15 PASSPORT TO...FRANCE

6:00 LATE NIGHT BINGO

1:15 BINGO!

2:00 PENNY POKER

4:00 GROUP TRIVIA IN THE LOBBY

7:00 EVENING IN THE CINEMA

## The Arbors At ISLANDIA EAST Tel: 631-232-3131 www.thearborsassistedliving.com

RECREATION CALENDAR 1:15 BINGO! 2:00 KINGS IN THE CORNER

	Sunday	Sunday Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
	A STATE OF THE PARTY OF THE PAR	17/1	STAFF KEY	LOCATION KEY			1 CLASSICAL MUSIC MONTH		2		3		1	
	The second second		V - Vanessa	0 - Outing	FOR YOUR DINING PLEASUR	E	1	T/JL M	9:30 GOOD MORNING YOGA	T/JL M	9:30 SILVER SNEAKER ZUMBA	D M	9:30 MORNING MOVE N GROOVE	D M
			AM - Amanda	B - Bistro	BREAKFAST 8AM		10:15 SMARTBOARD SHOW: AMERICAN BANDSTAND		10:15 SMARTBOARD CONCERT	T/JL L	10:15 MANICURES IN THE BISTRO	D B	10:00 A&E BIOGRAPHY: BOB DYLAN	D L
		1	M - Malik	CY - Courtyard LO - Lobby	LUNCH 12NOON			T/JL G	10:15 BIBLE STUDY WITH TAYLOR	T M	11:00 BUZZWORD	D L	11:30 WALKING CLUB BEFORE LUNCH	RL CY
	A CONTRACTOR OF THE PARTY OF TH		T - Taylor	G - Game Room	DINNER 5PM		11:30 PIANO PLAYING BEFORE LUNCH	T L	11:15 CATCHING UP WITH VANESSA IN THE COURTYAI 11:30 PIANO PLAYING BEFORE LUNCH	KUV CT TI	1:15 THREE THIRTEEN CARD CLUB	RL G	1:15 AFTERNOON MOVIE	ME M
		100	ME - Meleny	AC - Activity Channel	**************************************			D B	1:15 AFTERNOON MOVIE	D M	1:15 AFTERNOON MOVIE	ME M	1:15 BINGO	ME G
			D - Danielle	IR - In Room	*All trips are if weather permits All programs are subject to chang			D M	1:15 BINGO!	D G	2:00 BRAIN GAMES	ME L	2:00 CARDS IN THE BISTRO	ME B
			J - Jasmine	F1 - First Floor F2 - Second Floor	All changes will be reflected on the Dai	Jc. Iv Roard		AM G	2:00 AFTERNOON CARD SHARKS 3:00 NACHO CHEESE DIP	D B	2:00 <b>THERAPY DOG</b> 3:00 TGIF HAPPY HOUR	VEN L Me B	3:00 HAPPY HOUR SOCIAL	ME B
			JL - Jeannine	F3 - Third Floor	7 in changes will be reflected on the bal	iy boara.	Side inibarii siiricii secirili ileen	D B	3:00 MUSIC HOUR DURING SOCIAL	D L	4:15 TRIVIA IN THE COURTYARD	ME CY	4:00 WII BOWLING	RL M
11		1	RS - Recreation Staff	DR - Dining Room	Your Director Vanessa will be happy to a	nswer any		D L	4:15 FAMILY FEUD	D L	4:15 SHABBAT SERVICE	AM G	4:15 SMARTBOARD JOEPARDY	AM L
		E Kin	VEN - Vendor	M - Media Room	questions you may have regarding this c	alendar.		M M	4:15 LADIES MINGLE GROUP 6:00 EVENING BINGO!	D CY M G	6:00 BIG BUCKS BINGO!	RS G	6:00 EVENING BINGO!	RS G
1		Y Y		W - West Side IR - In Room				M M	7:00 EVENING IN THE CINEMA	M M	7:00 EVENING IN THE CINEMA	RS M	7:00 EVENING IN THE CINEMA	RS M
-	5		6 LABOR DAY/ROSH		7 LABOR DAY BBQ		8 RESIDENT & FOOD COUNCIL MEE	TING	0		10 VET'S CHAT		11 PATRIOT DAY & 9/11 REMEMI	IBRANCE
16	9:30 SUNDAY SUNRISE STRETCH	JL M	9:30 LIGHT N LIVELY	JL M	9:30 TONE & SCULPT	т м	9:30 WEDNESDAY WORKOUT	T M	9:30 GOOD MORNING YOGA	т м	9:30 SILVER SNEAKERS ZUMBA	D M	9:30 MORNING MOVE N GROOVE	D M
	10:00 SUNDAY MASS	JL M	10:15 LABOR DAY TRIVIA		10:30 WHAT'S NEW IN THE NEWS?	T M	10:15 OPEN ART STUDIO	T L	10:15 SMARTBOARD PICTIONARY	T L	10:30 MUSIC BREAK	RL L	10:15 <b>REMEMBERING 9/11</b>	V L
		JL L	11:00 LABOR DAY CRAFTI	ING AM G	11:00 PIANO PLAYING BEFORE LUNCH	T M		AM M	10:15 BIBLE STUDY WITH TAYLOR	T M	11:00 HISTORY TRIVIA BEFORE LUNCH	D L	11:15 PATRIOTIC REMEMBRANCE CRA	AFTAM G
	11:00 WALK TO THE COURTYARD 11:15 TRIVIAL TRIVIA BEFORE LUNCH	RL CY	11:00 LABOR DAY PHOTO		12:00 LABOR DAY BBQ IN THE COURTYA	RD AM CY		AM M	11:30 PIANO PLAYING BEFORE LUNCH	T L	1:15 THREE THIRTEEN CARD CLUB	RL G	1:15 PATRIOTIC MOVIE	ME G
		ME G	1:15 AFTERNOON MOVIE!	ME M	12:00 LABOR DAY PHOTOSHOOT	AM CY	11:30 PIANO PLAYING BEFORE LUNCH 1:15 MANICURES IN THE BISTRO	I L	1:15 AFTERNOON MOVIE	JL M	1:15 MANICURES WITH MEL 1:15 AFTERNOON MOVIE	ME B ME M	1:15 BINGO	ME M
	1:15 BINGO!	ME B	1:15 BINGO!	ME G	1:15 AFTERNOON MOVIE	JL/MEM	1:15 AFTERNOON MOVIE	JL M	1:15 BINGO!	JL G	2:00 THERAPY DOG	VEN L	2:00 BANANAGRAMS	ME B
		ME L ME B	2:00 PENNY POKER 2:00 BRAIN GAMES	RL G ME L	1:15 BINGO!	JL/MEG	2:00 BLACKJACK!	AM G	2:30 CARD GAMES IN THE BISTRO	RL B	3:00 VETS CHAT	RL G	3:00 MUSICAL HOUR DURING SOCIAL	ME L
	4:00 WII SPORTS: RESIDENTS CHOICE	ME M	3:00 HAPPY HOUR SOCIAL	ME B	2:00 AFTERNOON CARD SHARKS 3:00 CHICKEN FRIES	JL/MEB JL/MEB		JL L	3:00 CHOCOLATE MILKSHAKES 4:15 TRAVELOGUE TONATIONAL PARKS	JL B	3:00 TGIF HAPPY HOUR	ME B	3:00 HAPPY HOUR SOCIAL 4:00 WII BOWLING	ME B MF M
	4:15 PASSPORT TONEW ZEALAND	ME L	4:00 GROUP SING-ALONG	ME L	4:00 JUMBO PONG	AM L		JL/D B AM G	4:15 TRAVELOGUE TONATIONAL PARKS 4:15 LADIES MINGLE GROUP	JL CY JL B	4:00 FAMILY FEUD 4:15 SHABBAT SERVICE	ME CY AM G	4:15 JUMBO PONG GAME	ME/AM L
	4:15 COURTYARD BREAK 6:00 LATE NIGHT BINGO	RL CY	6:00 BINGO!	M G	6:00 BINGO!	M G	6:00 EVENING BINGO!	M M	6:00 EVENING BINGO!	M G	6:00 BIG BUCKS BINGO!	RS G	6:00 EVENING BINGO!	RS G
	7:00 EVENING IN THE CINEMA	M M	7:00 EVENING IN THE CINEMA	M M	7:00 EVENING IN THE CINEMA	M M	7:00 EVENING IN THE CINEMA	M M	7:00 EVENING IN THE CINEMA	M M	7:00 EVENING IN THE CINEMA	RS M	7:00 EVENING IN THE CINEMA	RS M
	12 GRANDPARENTS DAY/ ASSISTED LIVING	G WFFK	13 SUPERHERO DAY!		14 HOLLYWOOD DAY!		15 GLOW/NEON DAY!/YOM KIPPUR	2	16 CAMO DAY!		17 TIE DYE DAY!		18 PAJAMA DAY!	
	9:30 SUNDAY SUNRISE STRETCH	JL M	9:30 LIGHT N LIVELY	JL M	9:30 TONE & SCULPT	ТМ	9:30 WEDNESDAY WORKOUT	T M	9:30 GOOD MORNING YOGA	T M	9:30 SILVER SNEAKERS ZUMBA	D M	9:30 MORNING MOVE N GROOVE	D M
	10:00 SUNDAY MASS	JL M	10:15 SUPERHERO TRIVIA		10:15 GROUP CROSSWORD	T L	10:15 AMERICA'S FUNNIEST HOME VIDEOS	T I	10:15 BIBLE STUDY WITH TAYLOR	T M	10:15 TIE DYE CARFT IN THE COURTYARI		10:15 A&E BIOGRAPHY: BONNIE & CLYDE	D M
	11:00 SMARTBOARD JEOPARDY	JL L	11:15 SMARTBOARD WORD GA		11:30 PIANO PLAYING BEFORE LUNCH	T L	10:15 GLOW-IN-THE-DARK ART WORKSHOP	 	10:30 CARE PACKAGES FOR THE TROOPS	AM L	11:00 BUZZWORD	D L	11:00 STABILITY & MOBILITY	
_	1:15 AFTERNOON MOVIE!	ME M	1:15 MARVEL MOVIE	ME M	1:15 HOLLYWOOD CINEMA PREMIER	AM M	11:30 PIANO PLAYING BEFORE LUNCH	T L	11:30 PIANO PLAYING BEFORE LUNCH 1:15 AFTERNOON MOVIE	T L D M	1:15 THREE THIRTEEN CARD CLUB	RL G	WITH CAMRON, DPT 11:15 SMARTBBOARD BOGGLE	V L AM L
	1:15 BINGO! 2:00 KINGS IN THE CORNER	ME G RL G	1:15 BINGO!	ME G	1:15 BINGO!	ME G	1:15 MANICURES IN THE BISTRO	JL/D B	1:15 BINGO!	JL G	1:15 MANICURES WITH MEL	ME B	1:15 AFTERNOON MOVIE	ME G
	2:00 LIVE ENTERTAINMENT- MARCIA BLAIR		2:00 PENNY POKER	RL G	2:00 AFTERNOON CARD SHARKS	RL B	1:15 AFTERNOON MOVIE	JL/D M	2:00 CAMO THEMED GAME	AM G	1:15 AFTERNOON MOVIE	ME M	1:15 BINGO	ME M
	3:00 "A TASTE OF FALL"	V CY	3:00 SUPERHERO PHOT		2:00 RED CARPET PHOTOSHOOT	AM L	2:00 BLACKJACK!	AM G		AM B	2:00 THERAPY DOG	VEN L	2:00 CARDS IN THE BISTO 2:00 PAJAMA DAY PHOTOSHOOT	RL B
<b>7</b>		ME B	3:00 HAPPY HOUR SOCIAL	ME B	3:00 CINNAMON DONUT TWISTS	ME B	3:00 MIDDAY SNACK SOCIAL HOUR	JL/D B	3:00 CHEESY BREAD 4:15 CAMO DAY PHOTOSHOOT	JL/DB AML	3:00 TGIF HAPPY HOUR 4:15 TIE DYE PHOTOSHOOT	ME B ME CY	3:00 HAPPY HOUR SOCIAL	ME IR
	4:00 TIK TOK DANCE PARTY 4:15 PASSPORT TOUS NATIONAL PARKS	AM M ME B	4:15 BANANAGRAMS	ME G	4:00 TRAIN OF THOUGHT' GAME	ME L	4:00 GLOW STICK PHOTOSHOOT	AM L	4:15 LADIES MINGLE GROUP	JL/D B	4:15 SHABBAT SERVICE	AM G	4:00 WII BOWLING	ME M
19	6:00 LATE NIGHT BINGO	M G	6:00 BINGO!	M G	6:00 BINGO!	M G	6:00 EVENING BINGO!	M M	6:00 EVENING BINGO!	M G	6:00 BIG BUCKS BINGO!	RS G	4:15 SMARTBOARD CATEGORIES 6:00 EVENING BINGO!	ME B RS G
	7:00 EVENING IN THE CINEMA	M M	7:00 EVENING IN THE CINEMA	A M M	7:00 EVENING IN THE CINEMA	M M	7:00 EVENING IN THE CINEMA	M M	7:00 EVENING IN THE CINEMA	M M	7:00 EVENING IN THE CINEMA	RS M	7:00 EVENING IN THE CINEMA	RS M
	9 20			21		22		23 FIRST DAY OF AUTUMN		24		25		
		JL M	9:30 LIGHT N LIVELY	JL/D M	9:30 TONE & SCULPT	T M	9:30 WEDNESDAY WORKOUT	T M	9:30 GOOD MORNING YOGA	T M	9:30 SILVER SNEAKERS ZUMBA	D M	9:30 MORNING MOVE N GROOVE	D M
		JL M	10:15 CURRENT EVENTS DISCU		10:15 GROUP CROSSWORD	T L	10:15 SMARTBOARD CONCERT: RESIDENT REQUEST	T L	10:15 AUTUMN FACTS & TRIVIA	AM L	10:15 THIS DATE IN HISTORY	D L	10:15 A&E BIOGRAPHY: JOHNNY CASH	D M
		JL L	11:00 WALK TO THE COURTYA	RD RL CY	11:30 PIANO PLAYING BEFORE LUNCH	T L	10:15 PAINT N SIP	T G	10:15 BIBLE STUDY WITH TAYLOR	T M	10:30 CURRENT EVENT DISCUSSION	D L	11:15 WALKING CLUB TO THE COURTYARD	D CY
		ME G	11:00 BRAIN GAMES	JL/D L	1:15 AFTERNOON MOVIE	ME M		T L	11:00 PIANO PLAYING BEFORE LUNCH 1:15 AFTERNOON MOVIE	T L D M	11:00 TEAM JEOPARDY 1:15 THREE THIRTEEN CARD GAME	D L RL G	1:15 AFTERNOON MOVIE	ME G
		ME G	1:15 AFTERNOON MOVIE!	ME M	1:15 BINGO!	ME G		JL/D B	1:15 BINGO	JL G	1:15 MANICURES IN THE BISTRO	ME B	1:15 BINGO	ME M
		RL G ME L	1:15 BINGO!	ME G	2:00 AFTERNOON CARD SHARKS	ME B	1:15 AFTERNOON MOVIE	JL/D M	2:30 CARD GAMES IN THE BISTRO	JL/D B	1:15 AFTERNOON MOVIE	ME M	2:00 WORD IN A WORD GAME	ME B
		ME B	2:00 PENNY POKER	RL G	2:00 RESIDENT CHOICE CONCERT	ME L	2:00 BLACKJACK! 3:00 FRESH AIR BREAK	AM G RL CY	3:00 BUTTERSCOTCH PUDDING	JL/D B	3:00 OUTDOOR LAWN GAMES	ME CY	3:00 HAPPY HOUR SOCIAL	ME B
45		ME M	3:00 SMARTBOARD BIG BANI 3:00 HAPPY HOUR SOCIAL	D MUSIC ME L ME B	3:00 APPLE DUMPLINGS	ME B		JL/D B	3:30 WALK TO THE COURTYARD 4:00 GROUP KARAOKE	JL/D CY AM L	3:00 TGIF HAPPY HOUR 4:15 THINGS THAT START WITH S	ME B ME CY	4:00 WII BOWLING	ME M
		ME L	4:00 TRIVIA HOUR	ME L	4:00 GUESS WHO?	ME L	4:15 JUMBO PONG	AM L	4:15 LADIES MINGLE GROUP	JL/D G	4:15 SHABBAT SERVICE	AM G	4:15 JUMBO PONG GAME	AM B
	6:00 LATE NIGHT BINGO	M G	6:00 BINGO!	M G	6:00 BINGO!	M G	6:00 EVENING BINGO!	M M	6:00 EVENING BINGO!	M G	6:00 BIG BUCKS BINGO!	RS G	6:00 EVENING BINGO!	RS G
28	7:00 EVENING IN THE CINEMA	M M	7:00 EVENING IN THE CINEMA	A M M	7:00 EVENING IN THE CINEMA	M M	7:00 EVENING IN THE CINEMA	M M	7:00 EVENING IN THE CINEMA	M M	7:00 EVENING IN THE CINEMA	RS M	7:00 EVENING IN THE CINEMA	RS M
	26		27		28		29		30 WORLD MARITIME DAY					
		JL M	9:30 LIGHT N LIVELY	JL/D M	9:30 TONE & SCULPT	T M	9:30 WEDNESDAY WORKOUT	T M	9:30 GOOD MORNING YOGA	T M	May Service And American		LASE PRACY.	
The state of		JL M	10:15 WALK TO THE KOI POND		10:15 GROUP CROSSWORD	T L	10:15 SMARTBOARD CONCERT: RESIDENT REQUEST	T L	10:15 MARITIME TRIVIA & FACTS 10:15 BIBLE STUDY WITH TAYLOR	AM L T M		The Wall		A
7.7		JL L	11:15 SMARTBOARD BOGGLE		11:30 PIANO PLAYING BEFORE LUNCH	T L	10:15 PAINT N SIP	T G	11:00 FRESH AIR BREAK BEFORE LUNCH	RL CY		and the same	* Facemask	Lin.
		ME M	1:15 AFTERNOON MOVIE!	ME M	1:15 AFTERNOON MOVIE	ME M	11:30 PIANO PLAYING BEFORE LUNCH	T L	11:00 PIANO PLAYING BEFORE LUNCH	T L		1	Suggested	
	1:15 BINGO!	ME G	THE	IVIL IVI	1.1C DINCOL	ME C	1:15 MANICURES IN THE BISTRO	ME B	1:15 TITANIC SHOWING	AM M				- N

3:00 COURTYARD FRESH AIR BREAK

3:00 MIDDAY SNACK SOCIAL HOUR

1:15 AFTERNOON MOVIE

4:15 **PUTT PUTT GOLF** 

7:00 EVENING IN THE CINEMA

6:00 EVENING BINGO!

2:00 BLACKJACK!

ME CY

2:00 OUTDOOR GAMES IN THE COURTYARD

4:00 WHO AM I? SEPTEMBER BIRTHDAYS

3:00 QUESADILLAS

1:15 TITANIC SHOWING

3:00 POT STICKERS

6:00 EVENING BINGO!

ME G

2:30 CARD GAMES IN THE BISTRO

4:00 MARITIME STORIES

7:00 EVENING IN THE CINEMA

4:15 LADIES MINGLE GROUP

3:00 WALKING CLUB TO THE KOI POND

JL/D CY

JL/DB

AM L

JL/DG

