

June 2021

The Arbors At ISLANDIA EAST

Tel: 631-232-3131
www.thearborsassistedliving.com

RECREATION CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 PLEASE PRACTICE <i>Facemask Required</i> SOCIAL DISTANCING The Arbors ASSISTED LIVING COMMUNITIES THIS CALENDAR OF ACTIVITIES IS LIMITED DUE TO THE STRICT GUIDELINES OF THE DEPARTMENT OF HEALTH FOR CORONA VIRUS PREVENTION	STAFF KEY V - Vanessa ME - Meleny M - Malik AM - Amanda K - Kayeshaw D - Dylan T - Taylor TI - Tim H - Hayley I - Independent RS - Recreation Staff LOCATION KEY O - Outing B - Bistro CY - Courtyard LO - Lobby G - Game Room AC - Activity Channel IR - In Room F1 - First Floor F2 - Second Floor F3 - Third Floor DR - Dining Room M - Media Room W - West Side IR - In Room	1 9:30 TONE & SCULPT T M 10:15 GROUP CROSSWORD T L 11:30 PIANO PLAYING BEFORE LUNCH T L 12:00 BBQ LUNCH IN THE COURTYARD! AM/KCY 1:15 AFTERNOON MOVIE H M 1:15 BINGO! H G 2:00 AFTERNOON CARD SHARKS H B 2:00 MUSIC IN THE COURTYARD K CY 3:00 SNACKIN SOCIAL H IR 4:15 BOCCIE BALL IN THE COURTYARD AM M 6:00 BINGO! AM G 7:00 EVENING IN THE CINEMA AM M	2 ITALIAN NATIONAL DAY 9:30 WEDNESDAY WORKOUT T M 10:15 SMARTBOARD CONCERT: ANDREA BOCCELLI T L 10:15 SIP N PAINT: TUSCAN SUNSET T/H G 11:30 PIANO PLAYING BEFORE LUNCH T L 1:15 MANICURES IN THE BISTRO H B 1:15 AFTERNOON MOVIE H M 2:00 BLACKJACK! K G 3:00 FACTS ABOUT ITALY H CY 3:00 ITALIAN CANNOLI HAPPY HOUR K IR 4:15 PUTT PUTT GOLF H L 6:00 EVENING BINGO! H M 7:00 EVENING IN THE CINEMA H M	3 FLORAL SHIRT DAY 9:30 GOOD MORNING YOGA T M 10:15 WHO AM I? JUNE BIRTHDAYS AM L 10:15 BIBLE STUDY WITH TAYLOR T M 11:15 SMALL GROUP DISCUSSION: FLOWERS H L 11:30 PIANO PLAYING BEFORE LUNCH T L 1:15 AFTERNOON MOVIE K M 1:15 BINGO! K G 2:00 DICE ROLL FOR PRIZES K G 3:00 MIDDAY SNACK SOCIAL HOUR H IR 3:00 FLORAL SHIRT FASHION SHOW K L 4:15 WALKING CLUB TO THE KOI POND H CY 4:15 LADIES MINGLE GROUP K B 6:00 EVENING BINGO! K G 7:00 EVENING IN THE CINEMA K M	4 9:30 SILVER SNEAKERS ZUMBA K M 10:15 BALLOON TAP CHALLENGE H L 10:15 GARDENING CLUB K CY 11:30 BUZZWORD K L 1:15 THREE THIRTEEN CARD CLUB RL G 1:15 MANICURES WITH MEL ME B 1:15 AFTERNOON MOVIE ME B 3:00 OUTDOOR LAWN GAMES DL CY 3:00 TGIF HAPPY HOUR ME IR 4:15 TRIVIA IN THE COURTYARD ME CY 4:15 SHABBAT SERVICE AM G 6:00 BIG BUCKS BINGO! ME G 7:00 EVENING IN THE CINEMA ME M	5 9:30 MORNING MOVE N GROOVE H M 10:15 A&E BIOGRAPHY: H L 11:15 WALKING CLUB TO THE COURTYARD H CY 1:15 AFTERNOON MOVIE H G 1:15 BINGO H M 2:00 CARDS IN THE BISTO H B 3:00 BOGGLE AM B 3:00 HAPPY HOUR SOCIAL H IR 4:00 WII BOWLING H M 4:15 SMARTBOARD JOEPARDY AM B 6:00 EVENING BINGO! DL G 7:00 EVENING IN THE CINEMA DL M
6 D-DAY 9:30 SUNDAY SUNRISE STRETCH ME M 10:00 SUNDAY MASS ME M 11:00 D-DAY DISCUSSION ME/DLCY 11:15 LIVE VIOLIN BEFORE LUNCH D M 1:15 AFTERNOON MOVIE! D G 2:00 BINGO! DL B 3:00 KINGS IN THE CORNER D CY 3:00 MEN'S CLUB DL IR 4:00 SUNDAY ICE CREAM SOCIAL DL M 4:15 WII SPORTS: RESIDENTS CHOICE D CY 6:00 D-DAY VETERAN STORIES ME G 7:00 LATE NIGHT BINGO ME M 7:00 EVENING IN THE CINEMA ME M	7 9:30 LIGHT N LIVELY DL M 10:15 WHAT'S NEW IN THE NEWS? DL CY 11:15 BRAIN GAMES ME G 11:15 THINGS THAT START WITH... DL L 1:15 AFTERNOON MOVIE! ME M 1:15 BINGO! ME G 2:00 PENNY POKER ME G 2:00 TENDING THE GARDEN DL CY 3:00 HAPPY HOUR SOCIAL DL IR 4:15 CORNHOLE CHALLENGE ME CY 6:00 BINGO! DL G 7:00 EVENING IN THE CINEMA DL M	8 9:30 TONE & SCULPT T M 10:30 RESIDENT COUNCIL MEETING AM M 11:00 FOOD COUNCIL AM M 1:15 AFTERNOON MOVIE H M 1:15 BINGO! H G 2:00 AFTERNOON CARD SHARKS H B 2:00 WORD GAMES IN THE COURTYARD K CY 3:00 SUMMER FRUIT SALAD SOCIAL H IR 4:15 ACTIVITY PLANNING MEETING AM L 6:00 BINGO! H G 7:00 EVENING IN THE CINEMA H M	9 9:30 WEDNESDAY WORKOUT T M 10:15 SMARTBOARD SHOW: AMERICAN BANDSTAND T L 10:15 DIY CRAFTS WITH TAYLOR T G 11:30 PIANO PLAYING BEFORE LUNCH T L 1:15 MANICURES IN THE BISTRO H B 1:15 AFTERNOON MOVIE K M 2:00 BLACKJACK! K G 3:00 COURTYARD BIRD WATCHING H CY 3:00 MIDDAY SNACK SOCIAL HOUR K IR 4:15 PUTT PUTT GOLF H L 6:00 EVENING BINGO! K M 7:00 EVENING IN THE CINEMA H M	10 TWIN DAY! 9:30 GOOD MORNING YOGA L M 10:15 JUNE QUIZZES AM L 10:15 BIBLE STUDY WITH TAYLOR T M 11:15 SMALL GROUP DISCUSSION: TWINS H L 11:30 PIANO PLAYING BEFORE LUNCH T L 1:15 AFTERNOON MOVIE K M 1:15 BINGO! K G 2:00 DICE ROLL FOR PRIZES K G 3:00 FLUFFY KEY LIME PIE SOCIAL H IR 3:00 WHICH TWIN WILL WIN? K L 4:15 WALKING CLUB TO THE KOI POND H CY 4:15 LADIES MINGLE GROUP K B 6:00 EVENING BINGO! T G 7:00 EVENING IN THE CINEMA T M	11 9:30 SILVER SNEAKERS ZUMBA K M 10:15 CURRENT EVENTS DISCUSSION H L 10:15 GARDENING CLUB K M 11:00 FAMILY FEUD GROUP GAME K/H L 1:15 THREE THIRTEEN CARD CLUB RL G 1:15 MANICURES WITH MEL ME B 1:15 AFTERNOON MOVIE ME M 2:00 LIVE ENTERTAINMENT IN THE COURTYARD AM CY 3:00 WALTER'S 100TH BIRTHDAY BASH! DL/AMCY 3:00 TGIF HAPPY HOUR ME IR 4:15 NAME THAT TUNE IN THE COURTYARD ME CY 4:15 SHABBAT SERVICE AM G 6:00 BIG BUCKS BINGO! ME G 7:00 EVENING IN THE CINEMA ME M	12 9:30 MORNING MOVE N GROOVE H M 10:15 A&E BIOGRAPHY: H M 11:15 WALKING CLUB TO THE COURTYARD H CY 1:15 AFTERNOON MOVIE H G 1:15 BINGO H M 2:00 BANANAGRAMS H B 3:00 UPWORDS AM B 3:00 HAPPY HOUR SOCIAL H IR 4:00 WII BOWLING H M 4:15 SMARTBOARD CROSSWORD H B 6:00 EVENING BINGO! DL G 7:00 EVENING IN THE CINEMA DL M
13 9:30 SUNDAY SUNRISE STRETCH ME M 10:00 SUNDAY MASS ME M 11:00 SMARTBOARD JOEPARDY ME L 1:15 AFTERNOON MOVIE! D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER RL G 3:00 MEN'S CLUB D CY 3:00 SUNDAY ICE CREAM SOCIAL DL IR 4:00 WII SPORTS: RESIDENTS CHOICE D M 4:15 WEEKEND MANICURES & MASSAGE DL B 6:00 LATE NIGHT BINGO ME G 7:00 EVENING IN THE CINEMA ME M	14 FLAG DAY 9:30 LIGHT N LIVELY DL M 10:15 PATRIOTIC TRIVIA DL CY 11:15 BANANAGRAMS ME G 11:15 SMARTBOARD WORD GAMES DL L 1:15 AFTERNOON MOVIE! ME M 1:15 BINGO! ME G 2:00 PENNY POKER ME G 3:00 TENDING THE GARDEN DL CY 3:00 HAPPY HOUR SOCIAL DL IR 4:15 CORNHOLE CHALLENGE ME G 6:00 BINGO! DL G 7:00 EVENING IN THE CINEMA DL M	15 9:30 TONE & SCULPT T M 10:15 GROUP CROSSWORD T IR 11:30 PIANO PLAYING BEFORE LUNCH T L 1:15 AFTERNOON MOVIE H M 1:15 BINGO! H G 2:00 AFTERNOON CARD SHARKS H B 2:00 REMINISCING: FATHER'S DAY K 3:00 ICE CREAM FUDGE BAR SOCIAL H IR 4:00 BOCCIE BALL IN THE COURTYARD K CY 6:00 BINGO! H G 7:00 EVENING IN THE CINEMA H M	16 9:30 WEDNESDAY WORKOUT T M 10:15 AMERICA'S FUNNIEST HOME VIDEOS T L 10:15 DIY CRAFTS WITH TAYLOR T G 11:30 PIANO PLAYING BEFORE LUNCH T L 1:15 MANICURES IN THE BISTRO H B 1:15 AFTERNOON MOVIE K M 2:00 BLACKJACK! K G 3:00 COURTYARD BIRD WATCHING H CY 3:00 MIDDAY SNACK SOCIAL HOUR K IR 4:15 PUTT PUTT GOLF H CY 6:00 EVENING BINGO! M M 7:00 EVENING IN THE CINEMA H M	17 COLOR WAR DAY 9:30 GOOD MORNING YOGA T M 10:15 SMARTBOARD MADLIBS AM L 10:15 BIBLE STUDY WITH TAYLOR T M 11:15 SMALL GROUP DISCUSSION: ART HISTORY H L 11:30 PIANO PLAYING BEFORE LUNCH T L 1:15 AFTERNOON MOVIE K M 1:15 BINGO! K G 2:00 DICE ROLL FOR PRIZES K G 3:00 RASPBERRY CAKE SOCIAL H IR 3:00 COLOR WAR SHOWDOWN K L 4:15 WALKING CLUB TO THE KOI POND H CY 4:15 LADIES MINGLE GROUP K B 6:00 EVENING BINGO! K G 7:00 EVENING IN THE CINEMA K M	18 9:30 SILVER SNEAKERS ZUMBA K M 10:15 BALLOON TAP CHALLENGE H L 10:15 GARDENING CLUB K CY 11:00 THIS DATE IN HISTORY H L 11:30 BUZZWORD K L 1:15 THREE THIRTEEN CARD CLUB RL G 1:15 MANICURES WITH MEL ME B 1:15 AFTERNOON MOVIE ME M 3:00 VETS CHAT ME G 3:00 TGIF HAPPY HOUR ME IR 4:15 CATEGORIES IN THE COURTYARD ME CY 4:15 SHABBAT SERVICE AM G 6:00 BIG BUCKS BINGO! ME G 7:00 EVENING IN THE CINEMA ME M	19 9:30 MORNING MOVE N GROOVE H M 10:15 A&E BIOGRAPHY: H M 11:15 WALKING CLUB TO THE COURTYARD H CY 1:15 AFTERNOON MOVIE H G 1:15 BINGO H M 2:00 CARDS IN THE BISTO H B 3:00 YAHTZEE AM B 3:00 HAPPY HOUR SOCIAL H IR 4:00 WII BOWLING H M 4:15 SMARTBOARD CATEGORIES H B 6:00 EVENING BINGO! DL G 7:00 EVENING IN THE CINEMA DL M
20 FATHER'S DAY & FIRST DAY OF SUMMER! 9:30 SUNDAY SUNRISE STRETCH ME M 10:00 SUNDAY MASS ME M 11:00 LIVE VIOLIN BEFORE LUNCH ME L 11:15 GOLF IN THE COURTYARD D M 1:15 AFTERNOON MOVIE! D G 2:00 BINGO! RL G 3:00 KINGS IN THE CORNER D CY 3:00 CHOCOLATE CIGAR MEN'S CLUB DL IR 4:00 FATHER'S DAY APPS & BEERS D M 4:15 WII SPORTS: RESIDENTS CHOICE DL L 6:00 FATHER'S DAY TRIVIA ME G 7:00 LATE NIGHT BINGO ME M 7:00 EVENING IN THE CINEMA ME M	21 9:30 LIGHT N LIVELY DL M 10:15 VISIT TO THE KOI POND DL CY 11:15 BRAIN GAMES ME G 11:15 CURRENT EVENTS DISCUSSION DL L 1:15 AFTERNOON MOVIE! ME M 1:15 BINGO! ME G 2:00 PENNY POKER ME G 3:00 TENDING THE GARDEN DL CY 3:00 HAPPY HOUR SOCIAL DL IR 4:00 CORNHOLE CHALLENGE ME CY 6:00 BINGO! DL G 7:00 EVENING IN THE CINEMA DL M	22 9:30 TONE & SCULPT T M 10:15 GROUP CROSSWORD T IR 11:30 PIANO PLAYING BEFORE LUNCH T L 1:15 AFTERNOON MOVIE H M 1:15 BINGO! H G 2:00 AFTERNOON CARD SHARKS H B 2:00 BEACH BALL TOSS K CY 3:00 PEACH COBBLER SOCIAL H IR 4:00 BOCCIE BALL IN THE COURTYARD K CY 6:00 BINGO! H G 7:00 EVENING IN THE CINEMA H M	23 9:30 WEDNESDAY WORKOUT T M 10:15 SMARTBOARD CONCERT: RESIDENT REQUEST T L 10:15 DIY CRAFTS WITH TAYLOR T G 11:30 PIANO PLAYING BEFORE LUNCH T L 1:15 MANICURES IN THE BISTRO H B 1:15 AFTERNOON MOVIE K M 2:00 BLACKJACK! K G 3:00 COURTYARD BIRD WATCHING H CY 3:00 MIDDAY SNACK SOCIAL HOUR K IR 4:15 PUTT PUTT GOLF H CY 6:00 EVENING BINGO! M M 7:00 EVENING IN THE CINEMA H M	24 HAWAIIAN LUAU DAY! 9:30 ALOHA MORNING STRETCH T CY 10:15 TRAVEL TO... HAWAII! AM L 10:15 BIBLE STUDY WITH TAYLOR T M 11:15 HIBISCUS ART WITH HAYLEY H CY 11:30 PIANO PLAYING BEFORE LUNCH T L 1:15 AFTERNOON MOVIE K M 1:15 BINGO! K G 2:00 DICE ROLL FOR PRIZES K G 3:00 COCONUT MACAROON SOCIAL H IR 3:00 TROPICAL PHOTO SHOOT K L 4:15 HOW TO: DANCE THE HULA K/H CY 6:00 EVENING BINGO! T G 7:00 EVENING IN THE CINEMA T M	25 9:30 SILVER SNEAKERS ZUMBA K M 10:15 CURRENT EVENTS DISCUSSION H L 10:15 GARDENING CLUB K CY 11:00 FAMILY FEUD GROUP GAME K/H L 1:15 THREE THIRTEEN CARD GAME RL G 1:15 MANICURES WITH MEL ME B 1:15 AFTERNOON MOVIE ME M 3:00 OUTDOOR LAWN GAMES DL CY 3:00 TGIF HAPPY HOUR ME IR 4:15 THINGS THAT START WITH J ME CY 4:15 SHABBAT SERVICE AM G 6:00 BIG BUCKS BINGO! ME G 7:00 EVENING IN THE CINEMA ME M	26 9:30 MORNING MOVE N GROOVE H M 10:15 A&E BIOGRAPHY: H M 11:15 WALKING CLUB TO THE COURTYARD H CY 1:15 AFTERNOON MOVIE H G 1:15 BINGO H M 2:00 WORD IN A WORD GAME H B 3:00 "ALL FIVE" DICE GAME AM B 3:00 HAPPY HOUR SOCIAL H IR 4:00 WII BOWLING H M 4:15 SMARTBOARD HEADBANDZ H B 6:00 EVENING BINGO! DL G 7:00 EVENING IN THE CINEMA DL M
27 9:30 SUNDAY SUNRISE STRETCH ME M 10:00 SUNDAY MASS ME M 11:00 SMARTBOARD JOEPARDY ME L 1:15 AFTERNOON MOVIE! D M 1:15 BINGO! D G 2:00 KINGS IN THE CORNER RL G 3:00 MEN'S CLUB D CY 3:00 SUNDAY ICE CREAM SOCIAL DL IR 4:00 WII SPORTS: RESIDENTS CHOICE D L 4:15 WEEKEND MANICURES & MASSAGE DL B 6:00 LATE NIGHT BINGO ME G 7:00 EVENING IN THE CINEMA ME M	28 9:30 LIGHT N LIVELY DL M 10:15 MORNING MEDITATION IN THE COURTYARD DL CY 11:15 BOGGLE ME G 11:15 KEEP IT UP BALLOON TAP! DL L 1:15 AFTERNOON MOVIE! ME M 1:15 BINGO! ME G 2:00 PENNY POKER ME G 3:00 TENDING THE GARDEN DL CY 3:00 HAPPY HOUR SOCIAL DL IR 4:00 CORNHOLE CHALLENGE ME CY 6:00 BINGO! DL G 7:00 EVENING IN THE CINEMA DL M	29 9:30 TONE & SCULPT T M 10:15 GROUP CROSSWORD T IR 11:30 PIANO PLAYING BEFORE LUNCH T L 1:15 AFTERNOON MOVIE H M 1:15 BINGO! H G 2:00 AFTERNOON CARD SHARKS H B 2:00 CATEGORIES K CY 3:00 ONION DIP & HOMEMADE CHIPS SOCIAL H IR 4:00 BOCCIE BALL IN THE COURTYARD K CY 6:00 BINGO! H G 7:00 EVENING IN THE CINEMA H M	30 SENIOR PROM DAY 9:30 WEDNESDAY WORKOUT T M 10:15 THE CAROL BURNETT SHOW ON THE SMARTBOARD T L 10:15 DIY FLORAL CORSAGES T G 11:30 REMINISCING: SENIOR PROM DATES T L 1:15 MANICURES IN THE BISTRO H B 1:15 AFTERNOON MOVIE K M 2:00 BLACKJACK! K G 3:00 PROM DRESS FAILS ON THE SMARTBOARD H L 3:00 SADIE HAWKINS SOCIAL K IR 4:15 SENIOR PROM - KING & QUEEN ANNOUNCED K/AM/H L 6:00 EVENING BINGO! M M 7:00 EVENING IN THE CINEMA H M	FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Vanessa will be happy to answer any questions you may have regarding this calendar.		