

May 2021

The Arbors At ISLANDIA WEST TRANSITIONS

Tel: 631-582-3600
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



THIS CALENDAR OF ACTIVITIES IS LIMITED DUE TO THE STRICT GUIDELINES OF THE DEPARTMENT OF HEALTH FOR CORONA VIRUS PREVENTION



STAFF KEY
G=Gina, Director of Recreation
SM=Samantha D
SR=Samantha R
K=Kelley
S=Sheryl
GB=Gabby
AB=Abby
D=Diane
DV=Deb
AN=Andrea
RS=Recreation staff
I=INDEPENDENT
V=Volunteer
AC=Activity Channel
***=Call 381 for Appt.

LOCATION KEY
LV=LIVING ROOM
L=LOUNGE AREA
BI=BISTRO
M=MEDIA ROOM
LI=LIBRARY
UP=UPPER PARLOR
RR=RESIDENT'S ROOM
3F=3RD FLOOR
CM=COMMUNITY
CY=COURTYARD
DR=DINING ROOM
ES=EAST SIDE
S=SALON
O=OUTING

FOR YOUR DINING PLEASURE

BREAKFAST 8AM
LUNCH 12NOON
DINNER 5PM

*All trips are if weather permits.
All programs are subject to change.
All changes will be reflected on the Daily Board.

Your Recreation Director Gina Scaffedi will be happy to answer any questions you may have regarding this calendar.



1 KENTUCKY DERBY DAY
9:00 SATURDAY SONGS K AR
10:00 SATURDAY MORNING NEWS K AR
10:30 IT HAPPENED IN MAY K AR
11:00 MAY BIRTHDAY QUIZ K AR
11:30 MOTHER GOOSE DAY: ABOUT MOTHER GOOSE K AR
1:15 MID-DAY MOVIE K AR
1:30 HORSE RACING K AR
3:00 **HAPPY HOUR SOCIAL** K AR
3:00 **SMARTBOARD CONCERTS** K AR
4:00 PUZZLE PARTY G AR
6:00 SUNSET MOVIE G RR
7:00 **KENTUCKY DERBY RACE** I RR

2
9:00 **SUNDAY MASS** AB AC
10:00 TOP NEWS STORIES AB AR
10:30 BALLOON VOLLEYBALL AB AR
11:00 A-Z WORD GAME AB AR
1:15 **MID-DAY MOVIE** AB AR
1:30 ARMCHAIR TRIVIA AB AR
3:00 SMARTBOARD CONCERTS AB AR
3:00 **HAPPY HOUR SOCIAL** AB AR
4:00 BING CROSBY BIO AND MUSIC AB AR
6:00 TONIGHT AT THE MOVIES AB AR

3 GARDEN MEDITATION DAY
9:00 MORNING ACOUSTIC GB AR
10:00 NEWS & VIEWS GB AR
10:30 STRETCH AND FLEX GB AR
11:00 BIOGRAPHY ON: ENGBERT HUMPERDINCK GB AR
11:30 WORD-IN-A-WORD GB AR
1:15 **MID DAY MATINEE** GB AR
1:30 **FRESH AIR CLUB** GB CY
3:00 **SMARTBOARD CONCERTS** GB AR
3:00 **HAPPY HOUR SOCIAL** GB AR
4:00 CONVERSATION STARTERS GB AR
6:00 MONDAY MOVIE MANIA GB RR

4 BIRD DAY
9:00 MUSIC, MUSIC, MUSIC RS AR
10:00 TODAY'S NEWS RS AR
10:30 NOODLING AROUND RS AR
11:00 QUIPO QUIZ: BIRDS RS AR
11:30 **BIRD WATCHING** RS AR
1:15 MID-DAY MATINEE RS AR
1:30 **CRAFTY CREATIONS: BIRD FEEDERS** RS AR
3:00 HAPPY HOUR SOCIAL RS AR
3:00 SMARTBOARD CONCERT RS AR
4:00 THE PRICE IS RIGHT RS AR
6:00 MOVIES AT NIGHT RS RR

5 CINCO DE MAYO
9:00 MUSIC FROM MEXICO AB AR
10:00 DAILY NEWS AB AR
10:30 MUSICAL BALL TOSS AB AR
11:00 **ABOUT CINCO DE MAYO** AB AR
11:30 **SCENIC TRAVELS: MEXICO** AB AR
1:15 **MID-DAY MATINEE** AB AR
1:30 **FRESH AIR CLUB** AB CY
3:00 CHEFS CHOICE SOCIAL: CHILI AND BEAN DIP AB AR
3:00 **SMARTBOARD CONCERT** AB AR
4:00 **PINATA PARTY** AB AR
6:00 DINNER & A MOVIE SM M

6 RESIDENT COUNCIL
9:00 MUSICAL MORNING AB AR
10:00 HAPPENINGS AND HOROSCOPES AB AR
10:30 DANCING WITH SCARVES AB AR
11:00 **RESIDENT COUNCIL** AB AR
11:30 MIND TEASERS & RIDDLES AB AR
1:15 **MOVIES IN THE AFTERNOON** AB AR
1:30 **CREATIVE CREATIONS** AB AR
3:00 **HAPPY HOUR SOCIAL** AB AR
3:00 SMARTBOARD CONCERT AB AR
4:00 Pictionary AB AR
6:00 MEET ME AT THE CINEMA SR RR

7 SPACE DAY
9:00 MUSICAL MUSINGS AB AR
10:00 NEWSDAY AB AR
10:30 **SOLAR SYSTEM QUIZ** AB AR
11:00 **JOURNEY TO OUTER SPACE!** AB AR
1:15 **MID DAY MATINEE** SM AR
1:30 FRESH AIR CLUB AB&S CY
3:00 HAPPY HOUR SOCIAL AB&S AR
3:00 **HAPPY HOUR SOCIAL** ALL AR
3:00 SMARTBOARD CONCERTS AB AR
4:00 **AROMATHERAPY AND MEDITATIVE COLORING** S AR
6:00 MOVIES AT NIGHT S AR

8 V-E DAY
9:00 TUNE TIME K AR
10:00 DAILY NEWS REPORT K AR
10:30 ABOUT V.E DAY K AR
11:00 **TARGET GOLF** K AR
1:15 AFTERNOON MOVIE K AR
1:30 **KRAFTS WITH KELLEY** K AR
3:00 **ICE CREAM SOCIAL** K AR
3:00 **SMARTBOARD CONCERTS** K AR
4:00 A-Z TRIVIA K AR
6:00 SUNSET MOVIE K RR

9 MOTHERS DAY
9:00 **SUNDAY MASS** AB AC
10:00 WEEKEND NEWS AB AR
10:30 **PASTRIES AND MIMOSA'S** AB AR
11:00 **MOTHERS DAY TRIBUTE** AB AR
1:15 **MID-DAY MATINEE** AB AR
1:30 **FAMILY FEUD: MOTHERS DAY EDITION** AB AR
2:00 **MANICURES FOR MOM'S** AB AR
3:00 **HAPPY HOUR CART** AB AR
3:00 SMARTBOARD CONCERTS BA AR
4:00 **REMINISCING: MOM** AB AR
6:00 MOVIES, MOVIES, MOVIES AB AR

10 VETS CHAT
9:00 MORNING TUNES GB AR
10:00 TODAY'S NEWS GB AR
10:30 SIT AND BE FIT GB AR
11:00 WHO AM I? GB AR
11:30 ARMCHAIR TRAVEL GB AR
1:15 **MID DAY MOVIE** GB AR
1:30 **FRESH AIR CLUB** GB CY
3:00 **VETS CHAT WITH PAT** GB AR
3:00 **SMARTBOARD CONCERTS** GB AR
3:00 **AFTERNOON SOCIAL** GB AR
4:00 HANGMAN WORD GAME GB AR
6:00 MOVIES WE LOVE GB RR

11
9:00 WONDERFUL MELODIES RS AR
10:00 WHAT'S IN THE NEWS? RS AR
10:30 A-Z WORD GAME RS AR
11:00 MIND JOGGERS RS AR
1:15 **MID DAY MATINEE** RS AR
1:30 **BINGO** RS AR
3:00 **SMARTBOARD CONCERT** RS AR
3:00 **HOMEMADE SOCIAL: BUTTERSCOTCH BROWNIES** RS AR
4:00 NAME THAT TUNE RS AR
6:00 TONIGHT AT THE MOVIES RS RR

12
9:00 SWEET MELODIES IN THE MORNING AB AR
10:00 DAILY NEWS AB AR
10:30 STRETCH AND FLEX AB AR
11:00 TRIVIAL PURSUIT AB AR
11:30 NAME 10 AB AR
1:15 MID-DAY MATINEE AB AR
1:30 AROMATHERAPY AB LV
1:30 **FRESH AIR CLUB** AB CY
3:00 **HAPPY HOUR!** AB AR
3:00 **SMARTBOARD CONCERT** AB AR
4:00 JEOPARDY! AB AR
6:00 MOVIES AT DUSK SM RR

13
9:00 MUSICAL MORNING AB
10:00 NEWS IN REVIEW AB AR
10:30 SIT AND GET FIT AB AR
11:00 PENNY PITCH AB AR
11:30 **DANCING WITH SCARVES** AB AR
1:15 MID DAY MOVIE AB AR
1:30 **CREATIVE CREATIONS** AB AR
3:00 **SMARTBOARD CONCERTS** AB AR
3:00 **CHEFS CHOICE: CHEDDAR BAY BISCUITS** AB AR
4:00 WHEEL OF FORTUNE AB AR
6:00 SUNSET MOVIE AB RR

14 ACTIVITY COMMITTEE
9:00 MELODIES IN THE MORNING AB AR
9:30 CHAIR ZUMBA AB AR
10:00 HOROSCOPES AND HAPPENINGS AB AR
10:30 **ACTIVITY COMMITTEE** AB AR
10:30 BALLOON VOLLEYBALL AB AR
11:00 UNSCRAMBLE THE WORDS AB AR
11:30 **VIOLIN CONCERT** AB AR
1:15 **MID DAY MATINEE** SM AR
1:30 **FRESH AIR CLUB** K&AB CY
3:00 SOCIAL HOUR K&AB AR
3:00 SMARTBOARD CONCERTS K&AB AR
4:00 **MATCH GAME** K AR
6:00 MOVIE NIGHT K AR

15 ARMED FORCES DAY
9:30 MUSICAL MORNINGS K AR
10:00 WEEKEND UPDATE K AR
10:30 **ABOUT ARMED FORCES DAY** K AR
11:00 **KEEP IT UP BALLOON** K AR
1:15 **MID-DAY MOVIE** K AR
1:30 KRAFTING WITH KELLEY K AR
3:00 ICE CREAM SOCIAL K AR
3:00 SMARTBOARD CONCERTS K AR
4:15 TABLE TOP GAMES K AR
6:00 SATURDAY AT THE MOVIES K RR

16 WEAR PURPLE FOR PEACE DAY
9:00 **SUNDAY MASS** AB AC
10:00 DAILY CHRONICLES AB AR
10:30 STRETCHING IN THE MORNING AB AR
11:00 QUIPO QUIZ AB AR
11:30 NAME THAT FAMOUS FACE AB AR
1:15 **MID DAY MOVIE** AB AR
1:30 WHEEL OF FORTUNE AB AR
3:00 **SMARTBOARD CONCERTS** AB AR
3:00 **SUNDAY SOCIAL** AB AR
4:00 CIRCLE SOCCER AB AR
6:00 SUNSET MOVIES AB RR

17
9:00 MORNING MUSIC GB AR
10:00 HOROSCOPES & NEWS GB AR
10:30 MORNING EXERCISE GB AR
11:00 **SPRING TIME SCAVENGER HUNT** GB AR
11:30 ARMCHAIR TRIVIA GB AR
1:15 **MID-DAY MOVIES** GB AR
1:30 **FRESH AIR CLUB** GB AR
3:00 **HAPPY HOUR SOCIAL** GB AR
3:00 **SMARTBOARD CONCERTS** GB AR
4:00 WHO WANTS TO BE A MILLIONAIRE GB AR
6:00 MONDAY MOVIE MANIA SR RR

18
9:00 MUSICAL MUSINGS RS SB
10:00 TODAY'S HEADLINERS RS LV
10:30 STRETCH AND FLEX RS LV
11:00 **MUSIC APPRECIATION: PERRY COMO** RS LV
11:30 **VIRTUAL PET THERAPY** RS LV
1:15 **MID-DAY MATINEE** RS M
1:30 **BINGO** RS LV
3:00 **HOMEMADE SOCIAL: CHERRY COBBLER** RS RR
3:00 **SMARTBOARD CONCERT** RS
4:00 DEAL OR NO DEAL RS LV
6:00 NIGHTLY MOVIE RS M

19 WORLD PLANT A GARDEN DAY
9:00 MORNING TUNES AB AR
10:00 NEWS AND VIEWS AB AR
10:30 LETS PLANT A GARDEN GAME AB AR
11:00 MAGAZINE SCAVENGER HUNT AB AR
11:30 **AMBIENT FLOWERS** AB AR
1:00 **MID DAY MOVIE** AB AR
1:30 **FRESH AIR CLUB** AB CY
3:00 **THE HAPPIEST HOUR** AB AR
4:00 FAMILY FEUD AB AR
6:00 DINNER & A MOVIE SM RR

20 ARBORS GAME NIGHT
9:30 MUSICAL MORNING RS AR
10:00 NEWS IN REVIEW RS AR
10:30 BALLOON VOLLEYBALL RS AR
11:00 SCATTAGORIES RS AR
11:30 FINISH THE PHRASE RS AR
1:15 **MID-DAY MOVIE** RS AR
1:30 **CRAFTY CREATIONS** RS AR
3:00 **CHEFS CHOICE: MINI FRITTATAS** RS AR
3:00 SMARTBOARD CONCERT RS AR
4:00 **WHAT WOULD YOU DO?** RS AR
6:00 MOVIE CLASSICS RS AR
6:00 ARBORS GAME NIGHT RS RR

21 VETERANS TRIP TO EISENHOWER
9:00 MELODIC MORNINGS S AR
10:00 BREAKING NEWS S AR
10:30 EISENHOWER PARK VETERANS BUS TRIP S AR
10:30 BIOGRAPHY ON DOLLY PARTON S AR
11:00 TEXT TWIST S AR
11:30 **VIOLIN CONCERT** S AR
1:15 **MID DAY MATINEE** S AR
1:30 **FRESH AIR CLUB** S CY
3:00 **SOCIAL HOUR** S AR
4:00 CLIMB THE MOUNTAIN S AR
4:00 **SHABBAT SERVICE** S AR
6:00 FRIDAY NIGHT SHOWING S RR

22 MUSICAL INSTRUMENT DAY
9:00 SATURDAY SONGS K AR
10:00 SATURDAY POST K AR
10:30 **NAME THAT MUSICAL INSTRUMENT** K AR
11:00 RYTHMIC DRUMMING K AR
11:30 CATAGORIES K AR
1:00 **MID-DAY MOVIE** K AR
1:30 **KRAFTS WITH KELLEY** K AR
3:00 **SMARTBOARD CONCERTS** K AR
3:00 **ICE CREAM SOCIAL** K AR
4:00 SENIOR MOMENTS K AR
6:00 MOVIE AT DUSK K RR

23/30
9:00 SUNDAY SERENADES (30TH) AB AR
9:00 **SUNDAY MASS** AB AC
9:30 TOP NEWS STORIES AB AR
10:00 MONTHLY REFLECTIONS BA AR
10:30 SUNDAY STROLL AB AR
11:00 ALL ABOUT TURTLES AB AR
11:30 RIDDLE ME THIS AB AR
1:15 MID-DAY MATINEE AB AR
1:30 **BINGO (23RD)** AB AR
1:30 **PARACHUTE POP UP (30TH)** AB AR
3:00 **SUNDAY SOCIAL** AB AR
3:00 SMARTBOARD CONCERTS AB AR
4:00 **TOSS AND TALK BALL (23RD)** AB AR
4:00 **PUZZLE PARTY (30TH)** AB AR
6:00 SUNSET MOVIES AB RR

24/31 MEMORIAL DAY (31ST)
9:00 MUSIC IN THE MORNING GB LV
9:30 MORNING EXERCISE GB LV
10:00 NEWS & VIEWS D CY
10:00 **REMEMBERING MEMORIAL DAY (31ST)** GB AR
10:30 NAME 10 (24TH) D LV
10:30 SIT AND BE FIT (31ST) GB AR
11:00 BALLOON VOLLEYBALL SR LV
11:00 **PATRIOTIC SING-A-LONG (31ST)** GB AR
11:30 CASH CAB QUESTIONS SR M
1:15 **MID-DAY MATINEE** SR LV
1:30 **FRESH AIR CLUB** D RR
3:00 **HAPPY HOUR SOCIAL** ALL LV
3:00 **SMARTBOARD CONCERTS (24TH)** GB AR
3:00 **NATIONAL MEMORIAL DAY CONCERT (31ST)** GB AR
3:00 **RED, WHITE AND BLUE SOCIAL (31ST)** GB AR
4:00 LETS MAKE A DEAL SR M
6:00 MOVIES AT NIGHT SR

25
9:00 MUSIC APPRECIATION RS SB
10:00 WHAT'S IN THE NEWS RS LV
10:30 WAKE UP WORK-OUT RS LV
11:00 **MAGAZINE SCAVENGER HUNT** RS LV
11:15 TRAVEL SERIES RS LV
1:15 MOVIE IN THE AFTERNOON RS M
1:30 **PENNY PITCH FOR PRIZES** RS LV
3:00 **HOMEMADE SOCIAL: BLUEBERRY SWIRL CHEESECAKE** RS RR
3:00 **SMARTBOARD CONCERT** RS
4:00 CONCENTRATION GAME SHOW RS LV
6:00 MOVIES & POPCORN RS M

26
9:00 MUSICAL MUSINGS AB AR
10:00 NEWS AND VIEWS AB AR
10:30 HOT POTATO AB AR
11:00 **WHO WAS AL JOLSON?** AB AR
11:30 MAD LIBS AB AR
1:15 AFTERNOON SHOWING AB AR
1:30 AROMATHERAPY AB AR
1:30 **FRESH AIR CLUB** AB CY
3:00 **HAPPY HOUR!** ALL AR
3:00 **SMARTBOARD CONCERT** AB AR
4:00 CHICKEN SOUP FOR THE SOUL AB AR
6:00 SUNSET MOVIES SM RR

27 MONTHLY BIRTHDAY CELEBRATION
9:30 DANCE JAMS AB AR
10:00 NEWS WEEK AB AR
10:30 WALK ABOUT AB AR
11:00 ASTROLOGY 101: GEMINI AB AR
11:30 TRAVEL TO: BARCELONA AB AR
1:30 TRIVIA SHOWDOWN AB AR
2:00 **BIRTHDAY CELEBRATION WITH JOE COSTANZO** AB AR
3:00 **CHEF'S CHOICE SOCIAL: MINI BBQ FRANKS** AB AR
3:00 SMARTBOARD CONCERT AB AR
4:00 REMINISCING CORNER AB AR
6:00 MEET ME AT THE CINEMA AB RR

28
9:00 MUSICAL MORNINGS AB AR
10:00 NEWSDAY AB AR
10:30 USE YOUR NOODLE AB AR
11:00 BIOGRAPHY ON RUDY GIULIANI AB AR
11:30 WORD WATERFALL AB AR
1:15 AFTERNOON MOVIES SM AR
1:30 **FRESH AIR CLUB** K&AB CY
3:00 **HAPPY HOUR** K&AB AR
4:00 CRAZY EIGHTS K AR
6:00 MOVIE AT DUSK K AR

29
9:00 SUNRISE ACOUSTIC K AR
10:00 HOROSCOPES AND HAPPENINGS K AR
10:30 WHAT'S YOUR ADVICE K AR
11:00 NAME THAT TUNE K AR
11:30 TRIVIAL PURSUIT K AR
1:30 KRAFTS WITH KELLEY K AR
3:00 **ICE CREAM SOCIAL** K AR
3:00 **SMARTBOARD CONCERTS** K AR
4:15 ROLL A STORY K AR
6:00 SUNSET MOVIE K RR

RECREATION CALENDAR