

# May 2021




# The Arbors At BOHEMIA

Tel: 631-567-3113  
www.thearborsassistedliving.com

# RECREATION CALENDAR



THIS CALENDAR OF ACTIVITIES IS LIMITED DUE TO THE STRICT GUIDELINES OF THE DEPARTMENT OF HEALTH FOR CORONA VIRUS PREVENTION

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div><div><div>PLEASE PRACTICE</div><div>Facemask Required</div><div></div><div>The Arbors</div><div>ASSISTED LIVING COMMUNITIES</div><div>SOCIAL DISTANCING</div></div><div>THIS CALENDAR OF ACTIVITIES IS LIMITED DUE TO THE STRICT GUIDELINES OF THE DEPARTMENT OF HEALTH FOR CORONA VIRUS PREVENTION</div></div>				<div><div><div>STAFF KEY</div><div>AY=Andrew, Director D=Dianna GT=Gail L=Loretta FSD = Food Service Director ALL= All Staff I= Independent</div></div><div><div>LOCATION KEY</div><div>TH=Theater L=Library A=Art Room S=Salon OC=Courtyard EL=Entrance Lounge RL = Recreation Lounge R= Resident Room FL= Front Lawn PD = Private Dining</div></div></div>		<div><div>DAILY PROGRAMS</div><div>2:30 HAPPY HOUR 7:00 MOVIE</div><div>*All trips are if weather permits. *All programs are subject to change. Change will be reflected on the Daily Board.  Recreation Director will be happy to answer any questions you may have regarding this calendar.</div></div>				<div><div>1 CRAFT CLUB</div><div>9:00 WORD BOGGLE 10:00 NEWS AND VIEWS 10:30 EXERCISE CLUB 11:00 GROUP WALK 1:00 JEOPARDY MASTERS 2:00 MOVIE MATINEE 2:30 CRAFTS FOR A CAUSE 3:30 SATURDAY SOCIAL 4:30 ROOM VISITS 7:00 EVENING MOVIE</div><div>RL SG RL SG RL SG FL SG RL A TH I A GT RL SG R SG TH I</div></div>			
<div><div>2 SUNDAY MASS</div><div>9:30 SUNDAY CROSSWORDS 10:00 NEWS DISCUSSION 10:30 EXERCISE CLUB 11:00 SUNDAY MASS BIG SCREEN 11:00 GROUP WALK 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 BINGO 4:30 TRIVIA CHAMPS 6:30 CASH BINGO 7:00 EVENING MOVIE</div><div>L I RL D RL L TH I FL D TH I RL L R D RL L RL TH I</div></div>		<div><div>3 KNITTING CIRCLE</div><div>9:00 PET THERAPY 9:30 MUSIC ENJOYMENT 36 10:00 WORD BOXES 10:30 EXERCISE CLUB 11:00 CROCHET CLUB 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 BINGO 4:00 SENIOR BOWLING LEAGUE 7:00 EVENING MOVIE</div><div>RL L 36 I RL D RL D RL D TH I RL D RL D RL L TH I</div></div>		<div><div>4 RESIDENT COUNCIL</div><div>9:30 NAILS BY DIANNA 9:30 MUSIC ENJOYMENT 36 10:00 RESIDENT COUNCIL 10:30 EXERCISE CLUB 11:00 GROUP WALK 1:00 KARAOKE HOUR WITH ANDY 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 BINGO 7:00 EVENING MOVIE</div><div>S D 36 I TH AY RL L FL D RL AY OC I RL L RL D TH I</div></div>		<div><div>5 CINCO DE MAYO</div><div>9:30 MUSIC ENJOYMENT 36 10:00 HISTORY OF CINCO DE MAYO 10:30 FIESTA FITNESS 11:00 GROUP WALK 12:00 NEWS &amp; VIEWS 36 2:00 MOVIE MATINEE 2:30 CINCO DE MAYO FIESTA 4:00 BINGO 5:00 AFTERNOON VISITS 7:00 EVENING MOVIE</div><div>36 I RL AY RL L FL L I TH I OC AL RL L OC ALL TH I</div></div>		<div><div>6</div><div>9:30 MUSIC ENJOYMENT 36 10:00 NEWS DISCUSSION 10:30 EXERCISE CLUB 11:00 EDUCATIONAL SERIES 11:00 INDOOR GOLF 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 BINGO 4:00 AFTERNOON VISITS 7:00 EVENING MOVIE</div><div>36 I 36 I RL L RL AY TH G TH I RL L RL T R ALL TH I</div></div>		<div><div>7</div><div>9:00 SENIOR ADVICE DISCUSSION 10:00 CONTROVERSIAL NEWS DEBATE 10:30 EXERCISE CLUB 11:00 GROUP WALK 1:00 JEOPARDY MASTERS 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 BINGO 4:30 ROOM VISITS 7:00 EVENING MOVIE</div><div>RL AY RL AY RL AY FL AY RL AY TH I RL AY RL AY R AY TH I</div></div>		<div><div>8</div><div>9:00 BIOGRAPHY SERIES:ABBOTT AND COSTELLO 10:00 TRICKY QUESTIONS 10:30 EXERCISE CLUB 11:00 GROUP WALK 1:00 COMEDY HOUR 2:00 MOVIE MATINEE 2:30 SATURDAY SOCIAL 3:30 BINGO 4:30 ROOM VISITS 7:00 EVENING MOVIE</div><div>RL AY RL AY RL AY FL AY R G TH I RL AY RL AY R AY TH I</div></div>	
<div><div>9 MOTHER'S DAY</div><div>9:30 MUSIC ENJOYMENT 36 10:00 MOTHERS DAY MORNING TEA 10:30 EXERCISE CLUB 11:00 SUNDAY MASS BIG SCREEN 11:00 GROUP WALK 2:00 MOVIE MATINEE 2:30 MOTHER'S DAY HAPPY HOUR 3:30 DAY AT THE RACES 4:30 ROOM VISITS 6:30 CASH BINGO 7:00 EVENING MOVIE</div><div>36 I RL D RL L TH I FL D TH I RL L RL D L RL TH I</div></div>		<div><div>10 KNITTING CIRCLE</div><div>9:00 PET THERAPY 9:30 MUSIC ENJOYMENT 36 10:00 THE ARBORS NEWS 10:30 EXERCISE CLUB 11:00 CROCHET CLUB 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 VOLLEYBALL LEAGUE 4:00 AFTERNOON VISITS 7:00 EVENING MOVIE</div><div>RL L 36 I R D RL D RL D TH I RL D RL D R D TH I</div></div>		<div><div>11 NAILS BY DIANNA</div><div>9:30 NAILS BY DIANNA 9:30 MUSIC ENJOYMENT 36 10:00 THE ARBORS NEWS 10:30 EXERCISE CLUB 11:00 GROUP WALK 2:00 ANDY SINGS THE HITS 2:30 MOVIE MATINEE 3:30 HAPPY HOUR 4:00 BINGO 7:00 EVENING MOVIE</div><div>S D RL T RL L RL D EL ALL RL AY R ALL RL I RL L TH I</div></div>		<div><div>12</div><div>9:30 MUSIC ENJOYMENT 36 10:00 WORD GAMES 11:30 EXERCISE CLUB 12:00 EDUCATIONAL SERIES 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 BINGO 4:00 AFTERNOON VISITS 7:00 EVENING MOVIE</div><div>36 I RL L RL L RL AY TH I RL ALL R I OC ALL TH I</div></div>		<div><div>13 VET'S CHAT WITH PAT</div><div>9:30 MUSIC ENJOYMENT 36 10:00 THE ARBORS NEWS 10:30 EXERCISE CLUB 11:00 WHO WANT'S TO BE A MILLIONAIRE 12:00 GROUP WALK 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:00 VETS CHAT 3:30 BINGO 4:00 OUTDOOR ATHLETICS</div><div>36 I RL L RL L RL L EL G TH I RL ALL B AY RL L OC AY</div></div>		<div><div>14 BINGO!</div><div>9:00 WORDS IN WORDS 10:00 CONTROVERSIAL NEWS DEBATE 10:30 EXERCISE CLUB 11:00 GROUP WALK 1:00 JEOPARDY MASTERS 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 BINGO 4:30 ROOM VISITS 7:00 EVENING MOVIE</div><div>RL AY RL AY RL AY FL AY RL AY TH I RL ALL RL AY R AY TH I</div></div>		<div><div>15 ARMED FORCES DAY</div><div>9:00 MILITARY MUSIC 10:00 NAME THAT SINGER 10:30 EXERCISE CLUB 11:00 GROUP WALK 1:00 VETERANS DISCUSSION 2:00 MOVIE MATINEE 2:30 SATURDAY SOCIAL 3:30 BINGO 4:30 ROOM VISITS 7:00 EVENING MOVIE</div><div>RL AY RL AY RL AY FL AY R AY TH I RL AY RL AY R AY TH I</div></div>	
<div><div>16 SUNDAY MASS</div><div>9:30 MUSIC ENJOYMENT 36 10:00 NEWS CURRENTS 10:30 EXERCISE CLUB 11:00 SUNDAY MASS BIG SCREEN 11:00 GROUP WALK 2:00 MOVIE MATINEE 2:30 SUNDAY SUNDAES 3:30 HEAD OF THE CLASS TOURNAMENT 4:30 ROOM VISITS 6:30 CASH BINGO 7:00 EVENING MOVIE</div><div>36 I RL D RL L TH I FL D TH I RL L R D L RL TH I</div></div>		<div><div>17 KNITTING CIRCLE</div><div>9:00 PET THERAPY 9:30 MUSIC ENJOYMENT 36 10:00 THE ARBORS NEWS 10:30 EXERCISE CLUB 11:00 CROCHET CLUB 12:00 WALKING CLUB 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 SENIOR BOWLING LEAGUE 4:00 AFTERNOON VISITS 7:00 EVENING MOVIE</div><div>RL I 36 D 36 D RL D R I TH D R D RL L RL D I TH I</div></div>		<div><div>18 RESIDENT BIRTHDAY PARTY</div><div>9:30 NAILS BY DIANNA 9:30 MUSIC ENJOYMENT 36 10:30 EXERCISE CLUB 12:00 GROUP STROLL 2:00 SING ALONG WITH ANDY 2:30 MOVIE MATINEE 3:00 RESIDENT BIRTHDAY PARTY 4:00 BINGO 4:00 AFTERNOON VISITS 7:00 EVENING MOVIE</div><div>S D 36 L RL L R I RL AY RL L OC ALL RL D R I TH I</div></div>		<div><div>19 COMEDY MOVIE</div><div>9:30 MUSIC ENJOYMENT 36 10:00 BOGGLE MASTERS 10:30 EXERCISE CLUB 11:00 ARTS &amp; CRAFTS 12:00 WALK AND TALK 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 BINGO 4:00 AFTERNOON VISITS 7:00 EVENING MOVIE</div><div>36 I RL L RL I RL L R I TH T RL I RL L OC ALL TH T</div></div>		<div><div>20 CHEF DEMO</div><div>9:30 MUSIC ENJOYMENT 36 10:00 THE ARBORS NEWS 10:30 EXERCISE CLUB 11:00 MUSIC CLUB 12:00 GROUP GAMES 2:00 MOVIE MATINEE 2:30 CHEF DEMO 3:30 BINGO 4:00 AFTERNOON VISITS 7:00 EVENING MOVIE</div><div>36 I RL L RL L RL ALL RL I TH I RL ALL RL L R ALL TH I</div></div>		<div><div>21 MONUMENT PARK VETERANS TRIP</div><div>9:00 MIND GAMES 10:00 CONTROVERSIAL NEWS DEBATE 10:30 EXERCISE CLUB 11:00 MONUMENT PARK TRIP 1:00 JEOPARDY MASTERS 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 BINGO 4:30 ROOM VISITS 7:00 EVENING MOVIE</div><div>RL AY RL AY RL AY FL AY R AY TH I RL AY RL AY R AY TH I</div></div>		<div><div>22 MUSICAL!</div><div>9:00 MASTERPIECES OF THE LOUVRE 10:00 HOROSCOPES AND SIGNS 10:30 EXERCISE CLUB 11:00 GROUP WALK 1:00 ROOM VISITS 2:00 MOVIE MATINEE 2:30 SATURDAY SOCIAL 3:30 BINGO 4:30 ROOM VISITS 7:00 EVENING MOVIE</div><div>RL AY RL AY RL AY FL AY R AY TH I RL AY RL AY R AY TH I</div></div>	
<div><div>23/30 SUNDAY MASS</div><div>9:30 MUSIC ENJOYMENT 36 10:00 NEWS DISCUSSION 10:30 EXERCISE CLUB 11:00 SUNDAY MASS BIG SCREEN 11:00 GROUP WALK 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 TEAM VOLLEYBALL 4:30 ROOM VISITS 6:30 CASH BINGO 7:00 EVENING MOVIE</div><div>36 I RL D RL L TH I FL D TH I RL L RL D ALL L RL D TH I</div></div>		<div><div>24/31 KNITTING CIRCLE</div><div>9:00 PET THERAPY 9:30 MUSIC ENJOYMENT 36 10:00 THE ARBORS NEWS 10:30 EXERCISE CLUB 11:00 CROCHET CLUB 11:00 MEMORIAL DAY BBQ (31ST) 12:00 BIOGRAPHY SERIES:AUDREY HEPBURN 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 BINGO 4:00 AFTERNOON VISITS 7:00 EVENING MOVIE</div><div>RL L 36 D 36 D RL D 36 I OC I TH D RL D RL D R D R ALL TH I</div></div>		<div><div>25 TASTE OF HOME</div><div>9:30 NAILS BY DIANNA 9:30 AMERICA'S GOT TALENT 10:00 MUSIC ENJOYMENT 36 10:30 EXERCISE CLUB 12:00 WALKING CLUB 2:00 TASTE OF HOME 2:30 MOVIE MATINEE 3:30 HAPPY HOUR 4:00 BINGO 4:00 AFTERNOON VISITS 7:00 EVENING MOVIE</div><div>S D 36 I 36 I RL L EL D RL AY R ALL RL ALL RL D R ALL TH I</div></div>		<div><div>26</div><div>9:30 MUSIC ENJOYMENT 36 10:00 THE ARBORS NEWS 10:30 EXERCISE CLUB 11:00 OUTDOOR ATHLETICS 12:00 GROUP WALK 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 BINGO 4:00 AFTERNOON VISITS 7:00 EVENING MOVIE</div><div>36 I RL L 36 I OC ALL EL I TH I RL L RL L OC ALL TH I</div></div>		<div><div>27 NEW RESIDENT MEET AND GREET</div><div>9:30 MUSIC ENJOYMENT 36 10:00 THE ARBORS NEWS 10:30 EXERCISE CLUB 11:00 FACT OR FICTION 11:45 WALKING CLUB 2:00 MOVIE MATINEE 2:30 NEW RESIDENT MEET AND GREET 3:30 KARAOKE CORNER 4:00 AFTERNOON VISITS 7:00 EVENING MOVIE</div><div>36 I RL L RL L RL AY EL I TH I OC ALL RL AY R ALL TH I</div></div>		<div><div>28 BINGO</div><div>9:00 WORD GAMES 10:00 CONTROVERSIAL NEWS DEBATE 10:30 EXERCISE CLUB 11:00 GROUP WALK 1:00 JEOPARDY MASTERS 2:00 MOVIE MATINEE 2:30 HAPPY HOUR 3:30 BINGO 4:30 ROOM VISITS 7:00 EVENING MOVIE</div><div>RL AY RL AY RL AY FL I R AY TH I RL AY RL AY R AY TH I</div></div>		<div><div>29 MUSICAL!</div><div>9:00 BIOGRAPHY SERIES: ANN MARGARET 10:00 SENIOR ADVICE DISCUSSION 10:30 EXERCISE CLUB 11:00 GROUP WALK 1:00 ROOM VISITS 2:00 MOVIE MATINEE 2:30 SATURDAY SOCIAL 3:30 BINGO 4:30 ROOM VISITS 7:00 EVENING MOVIE</div><div>RL AY RL AY RL AY FL AY R AY TH I RL AY RL AY R AY TH I</div></div>	