**April 2021** 

# The Arbors At ISLANDIA WEST Tel: 631-582-3600 www.thearborsassistedliving.com

**Thursday** 

SPRING FLING LUNCHEON

9:00 SPRINGTIME MELODIES

4:15 TRAVEL TO: EASTER ISLAND

**?** FIND A RAINBOW DAY

9:30 SATURDAY MORNING NEWS

11:00 WORD-IN-A-WORD "RAINBOW"

9:00 SATURDAY SINGING

11:30 COFFEE, TEA AND ME

1:15 MID-DAY MOVIE

1:30 EGG DECORATING

1:30 SHORT STORY CLUB

3:00 ICE CREAM SOCIAL

4:15 BRAIN TEASERS

6:00 SUNSET MOVIE

10 SIBLINGS DAY

9:30 LETS GET MOVING

9:30 DAILY NEWS REPORT

10:00 WEEKEND WALKABOUT

11:00 PING-PONG CHALLENGE

1:30 SHORT STORY CLUB

3:00 ICE CREAM SOCIAL

9:30 SUNRISE STRETCHING

9:30 MUSICAL MORNINGS

9:30 WEEKEND UPDATE

10:30 SATURDAY STROLL

11:00 JUMBO BOWLING

1:15 MID-DAY MOVIE

10:00 CHAIR YOGA

1:15 AFTERNOON MOVIE

1:15 MID-DAY MOVIE

4:15 FAMILY FFUD

6:00 SUNSET MOVIE

10:30 REMINISCING: SIBLINGS

9:00 TUNE TIME

10:00 WEEKEND STROLL

RS LV

RS LV

RS LV

RS LV

RS LV

RS M

RS IV

RS RR

RS L\

RS AC

RS LV

RS L

RS LV

RS LV

RS LV

RS LV

RS M

RS L\

RS AC

S L\

## Sunday SE PRAC Facemask Required he Arbors

THIS CALENDAR OF ACTIVITIES IS LIMITED DUE TO THE STRICT GUIDELINES OF THE DEPARTMENT OF **HEALTH FOR CORONA VIRUS PREVENTION** 

**EASTER SUNDAY** 

9:00 SUNDAY MASS

9:30 TOP NEWS STORIES

9:00 SUNDAY MASS

9:30 DAILY CHRONICLES

10:30 SUNDAY STROLL

11:30 WHO AM I TRIVIA

1:15 MID DAY MOVIE

1.30 NAII BAR\*\*\*

6:00 SUNSET MOVIES

9:00 SUNDAY MASS

10:30 SUNDAY STROLL

11:30 RIDDLE METHIS

1:30 NAIL BAR\*\*\*

6:00 SUNSET MOVIES

3:00 SUNDAY SOCIAL

4:15 MENS CLUB MEET-UP

4:15 SMARTBOARD CONCERT

**ELLA FITZGERALD** 

1:15 MID-DAY MATINFF

11:00 OUIPPO OUIZ

9:30 TOP NEWS STORIES

1:30 WHEEL OF FORTUNE

3:00 SUNDAY SOCIAL

4:15 ARBORS ADVICE COLUMN

4:15 MENS CLUB MEET-UP

MONTHLY REFLECTIONS

10:30 BIOGRAPHY ON AL PACINO

11:00 OUIPPO OUIZ

10:00 STRETCHING IN THE MORNING

Monday **STAFF KEY** G=Gina, Director of Recreation K=Kelley S=Sheryl GB=Gabby P=Patti AB=Abby RS=Recreation staff I= INDEPENDENT V=Volunteer AC=Activity Channel \*\*\*=Call 381 for Appt.

9:00 MORNING ACOUSTIC

10:00 STRETCH AND FLEX

11:00 BIOGRAPHY ON: SPENCER TRACEY RS LV

9:30 NEWS & VIEWS

10:30 WALKING CLUB

11:30 ARMCHAIR TRIVIA

1:15 MID DAY MATINEE

1:30 BINGO FOR PRIZES \*\*\*

3:00 THE HAPPIEST HOUR

4:15 WHEEL OF FORTUNE

6:00 MONDAY MOVIE MANIA

**12** RAMADAN BEGINS

11:00 ABOUT RAMADAN

1:30 BINGO FOR PRIZES \*\*\*

3:00 AFTERNOON SOCIAL

9:30 MORNING EXERCISE

11:00 BALLOON VOLLEYBALL

11:30 CASH CAB OUESTIONS

1:15 MID-DAY MATINEE

1:30 BINGO FOR PRIZES \*\*\*

3:00 HAPPY HOUR SOCIAL

4:15 LETS MAKE A DEAL

6:00 MOVIES AT NIGHT

10:00 NEWS & VIEWS

10:30 WEEKDAY WALK

11:30 ARMCHAIR TRIVIA

1:15 MID DAY MOVIE

9:00 MORNING TUNES

9:30 TODAY'S NEWS

10:00 SIT AND BE FIT

10:30 WALKABOUT

RS IV

RS LV

RS CM

RS LV

RS LV

RS IV

RS RR

RS LV

RS AC

RS RR

RS RR

GB UP

**LOCATION KEY** LV=LIVING ROOM I = I OLINGE AREA BI=BISTRO M=MEDIA ROOM I I=I IRRARY UP=UPPER PARLOR RR=RESIDENT'S ROOM 3F=3RD FLOOR CM=COMMUNITY

CY=COURTYARD

ES=EAST SIDE

S=SALON

0=OUTING

DR=DINING ROOM

RS LV

RS LV

RS LV

RS CM

RS LV

RS M

RS LV

ALL RR

RS LV

RS LV

RS LV

RS LV

RS LV

RS M

RS LV

RS RR

\*All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board

**Tuesday** 

FOR YOUR DINING PLEASURE

**BREAKFAST 8AM** 

LUNCH 12NOON

DINNER 5PM

Your Recreation Director Gina Scaffedi will be happy to answer any questions you may have regarding this calendar.

**WEST NEW RESIDENT WELCOME** 

11:00 PET THERAPY WITH TOM & DELILAH RS LV

G CY

RS M

RS RR

RS LV

RS M

RS IV

RS RR

RS LV

RS AC

RS LV

RS LV

RS LV

RS M

RS CY

RS LV

MUSIC, MUSIC, MUSIC

9:30 TODAYS NEWS

10:45 DAILY WALK

10:00 NOODLING AROUND

11:00 WEST WELCOME

1:15 MID-DAY MATINFF

1:15 MID DAY MATINEE

IN A BLANKET

9:00 WONDERFUL MELODIES

9:30 WHAT'S IN THE NEWS?

10:00 WALKING CLUB

10:30 A-7 WORD GAME

11:00 MIND IOGGERS

1:15 MID DAY MATINEE

4:15 LETS MAKE A DEAL

9.00 MUSICAL MUSINGS

9:30 TODAY'S HEADLINERS

10:30 STRETCH AND FLEX

1:15 MID-DAY MATINEE

1:30 GARDENING CLUB

1:30 HOT SEAT CHALLENGE

20 TWIN DAY

6:00 TONIGHT AT THE MOVIES

1:30 GARDENING CLUE

1:30 SCRABBLE TOURNAMENT

3:00 HOMEMADE SOCIAL: BRIE AND

**ROASTBEEF SANDWHICHES** 

11:00 VIRTUAL PET THERAPY WITH DELILAH RS LV

3:00 HOMEMADE SOCIAL: CHEESY FRIES RS RR

4:15 ASTROLOGY 101: TAURUS THE BULL RS LV

4:15 THE PRICE IS RIGHT

6:00 MOVIES AT NIGHT

3:00 HOMEMADE SOCIAL: PIGS

**13** NATIONAL SCRABBLE DAY

## 9:30 THE FRONT PAGE NEWS 10:00 DANCING WITH SCARVES 10:30 APRII RIRTHDAY OUI7 11:00 ROLL A STORY 11:30 SPRING SING-A-LONG 1:15 MID-DAY MOVIE 1:30 CREATIVE CREATIONS: EASTER MASKS RS LV 3:00 CHEFS CHOICE SOCIAL: BRUSCHETTA

11:00 WORD WATERFALL 11:30 SCENIC TRAVELS RS 1:15 MID-DAY MATINEE 1:30 BINGO BINGO BINGO\*\* 1:30 NON-ALCHOLIC BEER TASTING 3.00 HAPPY HOUR! 4:15 SMARTBOARD CONCERT: BILLIE HALLIDAY RS IV 6:00 DINNER & A MOVIE

14 GARDENING DAY

10:00 STRETCH AND FLEX

11:00 FLOWER POT PAINTING

1:15 MID-DAY MATINEE

1:30 OUTDOOR PLANTING

1.30 RINGO FOR PRIZES\*\*\*

9:00 TOP OF THE MORNING TUNES

1:30 BINGO FOR PRIZES\*\*\*

4:15 CHICKEN SOUP FOR THE SOUL

3:00 THE HAPPIEST HOUR

6:00 DINNER & A MOVIE

11:00 BIOGRAPHY: QUEEN ELIZABETH

10:30 TRIVIAL PURSUIT

3:00 HAPPY HOUR!

6:00 MOVIES AT DUSK

9-30 DAILY DOSE

11:30 **TEATIME** 

1:00 MID DAY MOVIE

10:00 WAKE UP, WORK OUT

10:30 SENIOR MOMENTS

4:15 IFOPARDY

9:30 DAILY NEWS

9:00 SWEET MELODIES IN THE MORNING

RS M RS L ALL RR 15 TAX DAY RS LV 9:00 MUSICAL MORNING 9:30 NEWS IN REVIEW

RS LV 10:00 SIT AND GET FIT RS LV 10:30 WALKING CLUB RS IV 11:00 PENNY PITCH 11:30 FAMOUS GARDENS AROUND THE WORLD RS RR 11:00 THE ART WORK OF DAVINCE 1:15 MID-DAY MOVIE 1:30 CREATIVE CREATIONS: SUN CATCHERS RS LV RS LV 3:00 CHEFS CHOICE: ORANGE BANANA CAKE RS LV RS RR 4:15 TRAVEL TO: ROME RS IV 6:00 SUNSET MOVIE 21 NATIONAL TEA DAY/ QUEEN ELIZABETH'S BIRTHDAY

RS LV

RS LV

RS LV

RS LV

RS LV

RS LV

RS M

RS LV

RS RR

RS LV

RS AC

22 RESIDENT COUNCIL/EARTH DAY 9:00 MUSICAL MORNING 9:30 NEWS IN REVIEW 10:00 ABOUT EARTH DAY 10:30 BALLOON VOLLEYBALL RS IV RS LV 11:00 RESIDENT COUNCIL 1:00 MID-DAY MOVIE 1:30 CRAFTY CREATIONS: CHROMATOGRAPHY FLOWERS RS LV

3:00 CHEFS CHOICE: SWEET CORN NUGGETS RS RR 4:15 REMINISCE CORNER RS LV 6:00 MEET ME AT THE CINEMA 9:00 DANCE JAMS 9:30 NEWS WEEK

RS AC RS LV RS LV RIRDHOUSES ALL RR **MOZZARELLA STICKS** 4:15 CHICKEN SOUP FOR THE SOU RS AC 6:00 MEET ME AT THE CINEMA RS M

**Friday** GOOD FRIDAY

9:30 PRIVATE PRAYER AND MASS

11:30 VIOLIN CONCERT WITH SHERYL

NAME YOURSELF DAY

9:00 MUSICAL MELODIES

9:30 CHAIR 7UMBA

11:00 SPRING STROLL

1.30 RINGO\*\*\*

10:00 DAILY CHRONICLES

10:30 ABOUT GOOD FRIDAY

1:15 MID DAY MATINEE

3:00 HAPPY HOUR

6:00 NIGHTLY MOVIE

9:00 MUSICAL MUSINGS

9:30 CHAIR ZUMBA

23 BOOK DAY

9:30 CHAIR ZUMBA

9:30 BREAKING NEWS

10:00 WALKING CLUB

10:30 SHARF A BOOK

11:00 LIBRARY CAR

11:30 TEXT TWIST

1:00 MID DAY MATINEE

3:00 SOCIAL HOUR

30 ARBOR DAY

9:30 CHAIR ZUMBA

10:30 FRESH AIR WALKS

11:00 ABOUT ARBOR DAY

1:15 AFTERNOON MOVIES

3:00 HAPPY HOUR

4:15 CRAZY EIGHTS

6:00 MOVIE AT DUSK

1:30 BINGO FOR PRIZES\*\*\*

11:30 WORD-IN-A-WORD "ARBOR DAY"

10:00 NEWSDAY

4:15 SHABBAT SERVICE

9:00 MUSICAL MORNINGS

1:30 BINGO FOR PRIZES\*\*\*

6:00 FRIDAY NIGHT SHOWING

9:00 MFI ODIC MORNINGS

10:00 NEWSDAY

4:15 SHABBAT SERVICE

RS LV

RS LV

RS IV

RS LV

RS M

RS RR

RS LV

Saturday

RS LV

RS LV

RS LV

RS LV

RS LV

RS M

RS LV

G BI

RS RR

RS LV

RS AC

RS LV

RS AC

RS LV

G RR

RS LV

RS LV

RS M

RS M

ALL RR

RS LV

RS AC

RS AC

RS LV

RS LV

GB LV

RS IV

RS LV

RS M

G BI

GB LV

RS RR

RS LV

RS AC

RS LV

	Wednesda	ay	
e. Board. be ave			
RS LV RS LV RS LV RS LV G BI	9:00 MORNING TUNES 9:30 DAILY NEWS 10:00 WEDNESDAY WALKABOUT 10:30 SIT AND GET FIT	RS LV RS LV RS CM RS LV	

6:00 MOVIES, MOVIES, MOVIES RS AC 9:00 MUSICAL MORNING 9:30 HAPPENINGS AND HOROSCOPES RS LV 10:00 WHAT'S YOUR ADVICE? RS IV 10:30 WALKING CLUB RS CM 11:00 MAGAZINE SCAVENGER HUNT RS LV 11:30 MIND TEASERS & RIDDLES 1:15 MOVIES IN THE AFTERNOON 1:30 CREATIVE CREATIONS: PAPER KITES 3:00 CHEFS CHOICE SOCIAL: CINNAMON ROLLS RS RR 4:15 URBAN MYTHS GAME 6:00 MEET ME AT THE CINEMA

10:30 MUSICAL BALL TOSS 11:00 NAME YOURSELF! 11:30 A-Z NAMES 1:15 MID DAY MATINEE 3:00 HAPPY HOUR SOCIAL 4:15 SHABBAT SERVICE 6:00 MOVIES AT NIGHT 16 RS LV RS LV RS LV

RS LV

RS LV

RS IV

9:00 MELODIES IN THE MORNING RS LV 9:30 CHAIR ZUMBA RS LV 9:30 HOROSCOPES AND HAPPENINGS RS IV 10;00 WALKING CLUB 10:30 BALLOON VOLLEYBALL 11:00 UNSCRAMBLE THE WORDS RS IV 11:30 VIOLIN CONCERT WITH SHERYL 1:15 MID DAY MATINEE RS IV 1:30 BINGO FOR PRIZES\*\*\* 3:00 SOCIAL HOUR 4:15 SHABBAT SERVICE 6:00 MOVIE NIGHT

1:30 SHORT STORY CLUB RS IV 1:30 KNITTING CIRCLE 3:00 ICE CREAM SOCIAL RS RR RS LV 4.15 RIIMMIKIIR 6:00 SATURDAY AT THE MOVIES RS AC RS LV 9:00 SATURDAY SONGS RS LV RS LV

RS CM

RS IV

RS IV

RS LV

RS M

RS LV

RS RR

RS LV

RS AC

RS SB

RS AC

RS LV

RS CM

RS LV

RS LV

RS M

RS LV

ALL RR

RS B

RS M

9:30 SATURDAY POST RS LV 10:00 OUTDOOR STROLL RS LV 10:30 CATAGORIES RS LV 11:00 BARBARA STREISAND BIOGRAPHY RS LV 11:30 SMARTBOARD CONCERT: BARABA RS LV 1:00 MID-DAY MOVIE RS M 1:30 PAINT AND SIP 3:00 ICE CREAM SOCIAL 4:15 FACT OR FICTION



10:00	EASTER BUNNY VISITS	RS	LV	
10:30	BALLOON VOLLEYBALL	RS	LV	
11:00	EASTER REMINISCING	RS	LV	
1:15	MID-DAY MOVIE: EASTER PARADE	RS	М	
1:30	EGG HUNT	ALL	CY	
3:00	SPECIAL SOCIAL: JELLY BEAN BARK	RS	RR	
4:15	ROLL A STORY	RS	LV	
6:00	TONIGHT AT THE MOVIES: THE EASTER PA	RADE	RS	
11	BARBER SHOP QUARTET DAY			
9:00	SUNDAY MASS	RS	AC	
9:30	WEEKEND NEWS	RS	LV	
10:00	SUNDAY STROLL	RS	LV	
10:30	QUIPPO QUIZ	RS	LV	
11:00	<b>SMARTBOARD CONCERT: BARBER</b>			
	SHOP QUARTET	RS	LV	
1:15	MID-DAY MATINEE	RS	LV	
1:30	WORD-IN-A-WORD	RS	LV	
1:30	NAIL BAR ***			
3:00	HAPPY HOUR CART	RS	RR	
4:15	YOU BE THE JUDGE			
	MENS CLUB MEET-UP	RS	LV	
6:00	MOVIES, MOVIES, MOVIES	RS	AC	

4:15	AMERICA SAYS	RS	LV
6:00	MOVIES WE LOVE	RS	AC
19			
9:30	MONDAY MOVES	RS	LV
9:30	HOROSCOPES & NEWS	RS	LV
10:00	MORNING EXERCISE	RS	LV
10:30	WALKING CLUB	RS	RR
11:00	WORD-IN-A-WORD	RS	LV
11:30	ARMCHAIR TRIVIA	RS	LV
1:15	MID-DAY MOVIES	RS	М
1:30	BINGO FOR PRIZES***	RS	LV
3:00	HAPPY HOUR SOCIAL	RS	RR
4:15	WHO WANTS TO BE A MILLIONAIRE	RS	LV
6:00	MONDAY MOVIE MANIA	RS	AC
26	MUSIC IN THE MORNING		

RS	AC	6:00	NIGHTLY A
		27	
RS	AC	9:00	MUSIC APP
RS	١٧	10:00	WHATS IN
	CM	10:30	WAKE UP \
		11:00	MAGAZII
RS	LV	11:00	DAILY VISI
RS	LV	11:15	TRAVEL SE
RS	М	1:15	MOVIE IN 1
RS	١٧	1:30	<b>GARDEN</b>
RS		1:30	JUMBO B
		3:00	<b>HOMEMA</b>
RS	LV	4:15	CONCENTR

RS AC 6:00 MOVIES & POPCORN

5:00	NIGHTLY MOVIE	RS	AC
7			
00:	MUSIC APPRECIATION	RS	LV
00:0	WHATS IN THE NEWS	RS	LV
):30	WAKE UP WORK-OUT	RS	LV
:00	MAGAZINE SCAVENGER HUNT	RS	LV
1:00	DAILY VISITS	RS	RR
1:15	TRAVEL SERIES	RS	LV
1:15	MOVIE IN THE AFTERNOON	RS	М
1:30	GARDENING CLUB	RS	CY
1:30	JUMBO BOWLING	RS	LV
3:00	HOMEMADE SOCIAL: SOFT PRETZELS	RS	RR
4:15	CONCENTRATION GAME SHOW	RS	LV

		28	SUPERHERO DAY		
RS	LV	9:00	MORNING NEWS REVIEW	RS	LV
RS		9:30	NEWS AND VIEWS	RS	CM
RS RS		10:00	WEDNESDAY WALKING	RS	LV
	RR	10:30	SUPERHERO TRIVIA AND FACTS	ALL	LV
RS		11:00	WHO IS YOUR SUPERHERO?	RS	RR
RS	М	1:15	AFTERNOON SHOWING	RS	М
RS	٠.	1:30	BINGO FOR PRIZES***	RS	LV
RS		3:00	HAPPY HOUR!	RS	AC
RS	RR LV	4:15	LCR DICE GAME	RS	LV
	AC	6:00	SUNSET MOVIES	RS	AC

### RS AC 29 DANCE DAY 10:00 WALK ABOUT 10:30 HISTORY OF DANCE 11:00 BOOGIE DOWN DANCE PARTY 11:30 TRAVEL TO: SPAIN "FLAMANCO DANCING" RS SB 1:15 MID-DAY MATINEE 1:30 CRAFTY CREATIONS: PAINTED 3:00 CHEF'S CHOICE SOCIAL: