The Arbors At ISLANDIA EAST Tel: 631-232-3131 www.thearborsassistedliving.com

11:15 MUSICAL MUSINGS WITH DYLAN

4:15 WEEKEND MANICURES & MASSAGE

1:15 AFTERNOON MOVIE

2:00 WALKING CLUB

4:00 WII BOWLING

6:00 EVENING BINGO!

7:00 EVENING IN THE CINEMA

9:30 MORNING MOVE N GROOVE

11:15 MUSICAL MUSINGS WITH DYLAN

4:15 WEEKEND MANICURES & MASSAGE

10:15 ROOM TO ROOM VISITS

1.15 AFTERNOON MOVIE

3:00 HAPPY HOUR SOCIAL

2:00 WALKING CLUB

4:00 WII BOWLING

1:15 BINGO

3:00 HAPPY HOUR SOCIAL

1:15 BINGO

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1:00 BINGO

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1:15 AFTERNOON MOVIE!

6:00 LATE NIGHT BINGO

7:00 EVENING IN THE CINEMA

9:30 SUNDAY SUNRISE STRETCH

10:15 ROOM TO ROOM VISITS

9:30 SUNDAY SUNRISE STRETCH

10:15 ROOM TO ROOM VISITS

1:15 AFTERNOON MOVIE!

2:00 KINGS IN THE CORNER

6:00 LATE NIGHT BINGO

7:00 EVENING IN THE CINEMA

3:00 SUNDAY ICE CREAM SOCIAL

4:00 WII SPORTS: RESIDENTS CHOICE

10:00 SUNDAY MASS

1:00 BINGO

4:15 SCRABBLE

10:00 SUNDAY MASS

2:00 KINGS IN THE CORNER

3:00 SUNDAY ICE CREAM SOCIAL

4:00 WII SPORTS: RESIDENTS CHOICE

4:15 FAMOUS COUPLES THROUGH HISTORY

Sunday SE PRAC acemask Required THIS CALENDAR OF ACTIVITIES IS LIMITED DUE TO THE STRICT GUIDELINES OF THE DEPARTMENT OF **HEALTH FOR CORONA VIRUS PREVENTION**

Monday

FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM

*All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board.

Your Director Vanessa will be happy to answer any questions you may have regarding this calendar.

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Tuesday

STAFF KEY LOCATION KEY 0 - Outing V - Vanessa B - Bistro ME - Meleny CY - Courtvard M - Malik LO - Lobby AM - Amanda G - Game Room AC - Activity Channel K - Kayeshaw IR - In Room D - Dylan F1 - First Floor

10:15 RESIDENT COUNCIL SURVEYS IN ROOM T

11:00 ACTIVITY PLANNING MEETING FOR MAY VZ G

11:30 LIVE PIANO PERFORMANCE BY TAYLOR T L

IR - In Room

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T - Taylor F2 - Second Floor A - Anne F3 - Third Floor TI - Timothy DR - Dining Room M - Media Room I - Independent W - West Side RS - Recreation Staff

9:30 TONE & SCULPT

1:15 AFTERNOON MOVIE

3:00 PIGS IN A BLANKET SOCIAL

4:15 QUICKTIONARY CHALLENGE

7:00 EVENING IN THE CINEMA

1:00 BINGO!

2:00 CANASTA

6:00 BINGO!

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Wednesday

Thursday

10:15 BRAIN BUSTERS

2:00 UPWORDS

6:00 EVENING BINGO!

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11:30 LIVE PIANO PERFORMANCE BY TAYLOR

3:00 CINNAMON ROLL SOCIAL

4:15 LADIES MINGLE GROUP

7:00 EVENING IN THE CINEMA

10:15 ROOM TO ROOM VISITS

1:15 AFTERNOON MOVIE

6:00 EVENING BINGO!

1:00 BING0

2:00 UPWORDS

15 NATIONAL HIGH FIVE DAY! 9:30 GOOD MORNING YOGA

10:15 TOTAL REQUEST LIVE WITH ALEXA

11:30 LIVE PIANO PERFORMANCE BY TAYLOR

3:00 ORANGE BANANA CAKE SOCIAL

4:15 LADIES MINGLE GROUP

7:00 EVENING IN THE CINEMA

9:30 GOOD MORNING YOGA

Friday

Saturday

			1	APRIL FOOL'S DAY			2	GOOD FRIDAY			3			
	Fig.		9:30	GOOD MORNING YOGA	T	М	9:30	SILVER SNEAKERS ZUMBA	Α	М	9:30	MORNING MOVE N GROOVE	AM	l M
	Mary .		10:15	EASTER EGG DYEING!	T	L	10:15	CONCERT ON THE SMARTBOARD	Α	M	10:15	ROOM TO ROOM VISITS	AM	I M
		7	12:00	SPRING FLING LUNCHEON	٧Z	D	10:15	ROSARY & FAITH SHARING	Α	G	11:15	TRIVIA IN THE LOBBY	AM	L
			1:00	BINGO!	RL	G		LIVE VIOLIN PLAYING IN THE LOBBY			1:15	AFTERNOON MOVIE	ME	G
		1		AFTERNOON MOVIE	K				RL		1:15	BINGO	ME	М
				UPWORDS	K				A		2:00	WALKING CLUB	ME	CY
	1								A		3:00	HAPPY HOUR SOCIAL	ME	IR
				BRUSCHETTA ON CROSTINI SOCIAL HOUF		IR			A A		4:00	WII BOWLING	ME	М
All has been been a	4		4:15	APRIL FOOL'S JOKES	K	В			A		4:15	WEEKEND MANICURES & MASSAGE	ME	В
			6:00	EVENING BINGO!	TI	M			A		6:00	EVENING BINGO!	ME	G
			7:00	EVENING IN THE CINEMA	TI	M			Α	_	7:00	EVENING IN THE CINEMA	ME	M
NATIONAL BEER DAY			8				9				10	NATIONAL SIBLINGS DAY		
WEDNESDAY WORKOUT	T	м	9:30	GOOD MORNING YOGA	T	М	9:30	SILVER SNEAKERS ZUMBA	Α	M	9:30	MORNING MOVE N GROOVE	D	М
CRAFT BEER "HOW TO"	T	м	10:15	TOTAL REQUEST LIVE WITH ALEXA	T	L	10:15	CONCERT ON THE SMARTBOARD	Α	М	10:15	ROOM TO ROOM VISITS	D	М

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4	EASTER SUNDAY			
9:30	SUNDAY SUNRISE STRETCH	D	М	
10:00	STREAMING EASTER SUNDAY MASS	D	М	
11:00	VISIT WITH THE EASTER BUNNY	D	L	
1:00	BINGO!	RL	G	
1:15	AFTERNOON MOVIE!	D	G	
2:00	KINGS IN THE CORNER	TI	М	
3:00	JELLY BEAN BARK SOCIAL	TI	IR	
4:15	EASTER EGG HUNT	D	L	
6:00	LATE NIGHT BINGO	TI	G	
7:00	EVENING IN THE CINEMA	TI	М	
11				
9:30	SUNDAY SUNRISE STRETCH	AM	М	
10:00	SUNDAY MASS	AM	М	
10:15	ROOM TO ROOM VISITS	AM	IR	

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10.13	ROOM TO ROOM VISITS	IVIL	IN
11:15	MUSIC APPRECIATION	ME	L
1:00	BINGO!	RL	G
1:15	AFTERNOON MOVIE!	AM	M
2:00	PENNY POKER	AM	G
3:00	HAPPY HOUR SOCIAL	AM	IR
4:15	FAMOUS APRIL BIRTHDAYS	AM	G
6:00	BINGO!	ME	G
7:00	EVENING IN THE CINEMA	ME	M
12			
9:30	LIGHT N LIVELY	ME	М
10.15	ROOM TO ROOM VISITS	ME	IR

9:30 LIGHT N LIVELY

10-15 DOOM TO DOOM VISITS

00	EVENING IN THE CINEMA	ME	M
2			
30	LIGHT N LIVELY	ME	М
:15	ROOM TO ROOM VISITS	ME	IR
:15	THINGS THAT START WITH A	ME	L
00	BINGO!	RL	G
:15	AFTERNOON MOVIE!	AM	М
00	PENNY POKER	AM	G
00	HAPPY HOUR SOCIAL	AM	IR
:15	FRESH AIR BREAK	AM	CY
00	BINGO!	ME	G

7:00 EVENING IN THE CINEMA

10:15 ROOM TO ROOM VISITS

1:15 AFTERNOON MOVIE!

3:00 HAPPY HOUR SOCIAL

7:00 EVENING IN THE CINEMA

7:00 EVENING IN THE CINEMA

2:00 PENNY POKER

4:15 OUTBURST

6:00 BINGO!

11:15 SMARTBOARD WORD GAMES

9:30 LIGHT N LIVELY

1:00 BINGO!

ME	M	9:30	TONE & SCULPT	T	Ν
ME	IR	10:15	GROUP CROSSWORD	T	L
ME	L	11:30	LIVE PIANO PERFORMANCE BY TAYLOR	T	L
RL	G	1:00	BINGO!	RL	В
AM	М	1:15	AFTERNOON MOVIE	ME	Ν
AM	G	2:00	CANASTA	ME	G
AM	IR	3:00	BRIE & ROAST BEEF FINGER SANDWICHES	ME	II
AM	CY	4:15	STAFF & RESIDENT STAND UP COMEDY HOUR	ME	Ν
ME	G	6:00	BINGO!	TI	G
ME	М	7:00	EVENING IN THE CINEMA	TI	Ν
		20			
MF	М		TONE & SCULPT	T	٨

П				_
	7:00	EVENING IN THE CINEMA	TI	М
	20			
	9:30	TONE & SCULPT	T	М
	10:15	ASK AMY COLUMN	T	IR
	11:30	LIVE PIANO PERFORMANCE BY TAYLOR	T	L
	1:00	BINGO!	RL	В
	1:15	AFTERNOON MOVIE	ME	M
	2:00	CANASTA	ME	G
	3:00	CHEESY FRIES SOCIAL	ME	IR
	4:15	SMARTBOARD JEOPARDY	ME	M
	6:00	BINGO!	TI	G
	7:00	EVENING IN THE CINEMA	TI	M

SY FRIES SOCIAL	MŁ	IK	3:00	MIDDAY SNACK SOCIAL HOUR
TBOARD JEOPARDY	ME	М	4:15	BATTLE OF THE SEXES TRIVIA!
!	TI	G	6:00	EVENING BINGO!
NG IN THE CINEMA	TI	М	7:00	EVENING IN THE CINEMA
			28	
& SCULPT	T	М	9:30	WEDNESDAY WORKOUT
IISCING: SPRING HOLIDAYS	T	IR	10:15	BIRD WATCHING IN THE SUN ROOM
IANO PERFORMANCE BY TAYLOR	T	L	10:15	OPEN ART STUDIO
)!	RL	В	11:30	LIVE PIANO PERFORMANCE BY TAYLOR
NOON MOVIE	ME	М	1:15	AFTERNOON MOVIE
STA	ME	G	2:00	BLACKJACK!
PRETZEL SOCIAL	ME	IR	3:00	MIDDAY SNACK SOCIAL HOUR
TBOARD CROSSWORDS	ME	М	4:15	STROLL IN THE COURTYARD
)!	TI	G	6:00	EVENING BINGO!

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9:30	WEDNESDAY WORKOUT	T	Ν
10:15	BOTANICAL GARDENS ON THE SMARTBOARD	T	L
10:15	FLORAL WREATH DECORATING	T	IF
11:30	LIVE PIANO PERFORMANCE BY TAYLOR	T	L
1:15	AFTERNOON MOVIE	K	N
2:00	BLACKJACK!	K	G
3:00	MIDDAY SNACK SOCIAL HOUR	K	IF
4:15	STROLL IN THE COURTYARD	K	C
6:00	EVENING BINGO!	ME	N
7:00	EVENING IN THE CINEMA	ME	N

10:15 CRAFT BEER "HOW TO"

11:30 LIVE PIANO PERFORMANCE BY TAYLOR

10:15 SPRING SIP N PAINT

1:15 AFTERNOON MOVIE

3:00 BEER TASTING SOCIAL HOUR

4:15 BATTLE OF THE SEXES TRIVIA!

7:00 EVENING IN THE CINEMA

2:00 BLACKJACK!

7:00 EVENING IN THE CINEMA

0.00	LVENING DINGO:	IVIL	IVI	0.00	LVLIVIIVODI
7:00	EVENING IN THE CINEMA	ME	М	7:00	EVENING IN
21				22	EARTH DAY
9:30	WEDNESDAY WORKOUT	T	М	9:30	GOOD MOR
10:15	SMARTBOARD CLASSICAL	T	L	10:15	TOTAL REQI
10:15	CRAFTY CORNER: FLOWER POTS	T	IR	10:15	SUSTAINAB
11:30	LIVE PIANO PERFORMANCE BY TAYLOR	T	L	11:30	LIVE PIANO
1:15	AFTERNOON MOVIE	K	М		BINGO
2:00	BLACKJACK!	K	G		AFTERNO0
3:00	MIDDAY SNACK SOCIAL HOUR	K	IR		UPWORDS
4:15	BATTLE OF THE SEXES TRIVIA!	K	L		BATTERED
	EVENING BINGO!	ME	М		LADIES N
					EVENING B
7:00	EVENING IN THE CINEMA	ME	М	7:00	EVENING IN

10:15	TOTAL REQUEST LIVE WITH ALEXA	T
10:15	SUSTAINABILITY CRAFT WITH TAYLOR	T
11:30	LIVE PIANO PERFORMANCE BY TAYLOR	T
1:00	BINGO	RL
1:15	AFTERNOON MOVIE	K
2:00	UPWORDS	K
3:00	BATTERED SWEET CORN NUGGET SOCIAL	K
4:15	LADIES MINGLE GROUP	K
6:00	EVENING BINGO!	TI
7:00	EVENING IN THE CINEMA	TI
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9:30	GOOD MORNING YOGA	T
10:15	TOTAL REQUEST LIVE WITH ALEXA	T
10:15	ROOM TO ROOM VISITS	Τ

7:00	EVENING IN THE CINEMA	TI	M
29			
9:30	GOOD MORNING YOGA	T	М
10:15	TOTAL REQUEST LIVE WITH ALEXA	T	L
10:15	ROOM TO ROOM VISITS	T	IR
11:30	LIVE PIANO PERFORMANCE BY TAYLOR	T	L
1:00	BINGO	RL	G
1:15	AFTERNOON MOVIE	K	М
2:00	UPWORDS	K	G
3:00	MOZZARELLA STICK SOCIAL	K	IR
4:15	LADIES MINGLE GROUP	K	L
6:00	EVENING BINGO!	TI	M

9:30	SILVER SNEAKERS ZUMBA	Α	
10:15	CONCERT ON THE SMARTBOARD	Α	
10:15	ROSARY & FAITH SHARING	Α	
11:15	FRESH AIR BREAK	RL	
1:00	THREE THIRTEEN CARD CLUB	RL	
1:15	KNITTING CLUB	Α	
1:15	AFTERNOON MOVIE	Α	
3:00	TGIF HAPPY HOUR	Α	
4:15	TRAVELOGUE: CRUISING THE MEDITERRANEAN	Α	
4:15	SHABBAT SERVICE	Α	
6:00	BIG BUCKS BINGO!	Α	
7:00	EVENING IN THE CINEMA	Α	

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9:30	SILVER SNEAKERS ZUMBA	Α	М
10:15	CONCERT ON THE SMARTBOARD	Α	M
10:15	ROSARY & FAITH SHARING	Α	G
11:00	LIVE VIOLIN PLAYING IN THE LOBBY	Α	В
1:00	THREE THIRTEEN CARD CLUB	RL	G
1:15	KNITTING CLUB	Α	В
1:15	AFTERNOON MOVIE	Α	М
3:00	VETS CHAT	Α	M
3:00	TGIF HAPPY HOUR	Α	IR
4:15	TRAVELOGUE: PORTUGAL'S HEARTLAND	Α	M
4:15	SHABBAT SERVICE	Α	G
6:00	BIG BUCKS BINGO!	Α	G
7:00	EVENING IN THE CINEMA	Α	М

6:00	BIG BUCKS BINGO!	Α	G	6:00	EVENING BINGO!
7:00	EVENING IN THE CINEMA	Α	М	7:00	EVENING IN THE CINEMA
23				24	
9:30	SILVER SNEAKERS ZUMBA	Α	M	9:30	MORNING MOVE N GROOVE
10:15	CONCERT ON THE SMARTBOARD	Α	M	10:15	ROOM TO ROOM VISITS
10:15	ROSARY & FAITH SHARING	Α	G	11:15	MUSICAL MUSINGS WITH DYLAN
11:15	FRESH AIR BREAK	RL	CY	1:15	AFTERNOON MOVIE
1:00	THREE THIRTEEN CARD CLUB	RL	G	1:15	BINGO
1:15	KNITTING CLUB	Α	В	2.00	WALKING CLUB
1:15	AFTERNOON MOVIE	Α	M		HAPPY HOUR SOCIAL
3:00	TGIF HAPPY HOUR	Α	IR		
4:15	TRAVELOGUE: THE HEART OF ENGLAND	Α	M		WII BOWLING
4:15	SHABBAT SERVICE	Α	G	4:15	WEEKEND MANICURES & MASSA
6:00	BIG BUCKS BINGO!	Α	G	6:00	EVENING BINGO!

4:15	WEEKEND MANICURES & MASSAGE	ME	В	
6:00	EVENING BINGO!	ME	G	
7:00	EVENING IN THE CINEMA	ME	М	
	THE RESERVE AND ADDRESS OF THE PARTY OF THE		A10. 1	

4:15	SHABBAT SERVICE	Α	G	4:15 WEEKEND MANICURES & MASSAGE
6:00	BIG BUCKS BINGO!	Α	G	6:00 EVENING BINGO!
7:00	EVENING IN THE CINEMA	Α	М	7:00 EVENING IN THE CINEMA
30	ARBOR DAY			
9:30	SILVER SNEAKERS ZUMBA	Α	M	
10:15	CONCERT ON THE SMARTBOARD	Α	M	
10:15	ROSARY & FAITH SHARING	Α	G	Na Na
11:00	LIVE VIOLIN PLAYING IN THE LOBBY	Α	L	2//////
1:00	THREE THIRTEEN CARD GAME	RL	G	VIII. THE PARTY OF
1:15	KNITTING CLUB	Α	В	
1:15	AFTERNOON MOVIE	Α	M	
3:00	TGIF HAPPY HOUR	Α	IR	
4:15	GARDEN WATERING IN THE COURTYARD	٧Z	CY	
4:15	SHABBAT SERVICE	Α	G	
6:00	BIG BUCKS BINGO!	Α	G	
7:00	EVENING IN THE CINEMA	Α	M	

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	7:00	EVENING IN THE CINEMA	TI	М	
	6:00	LATE NIGHT BINGO	TI	G	
ı	4:15	CATEGORIES ON THE WHITEBOARD	TI	L	
1	4:00	WII SPORTS: RESIDENTS CHOICE	TI	М	
1	3:00	SUNDAY ICE CREAM SOCIAL	TI	IR	
۷	2:00	KINGS IN THE CORNER	TI	G	
	1:15	AFTERNOON MOVIE!	TI	М	
	1:00	BINGO	RL	G	

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	9:30	LIGHT N LIVELY	٨	۸E	М	
	10:15	ROOM TO ROOM VISITS	٨	۸E	IR	
	11:15	CURRENT EVENTS DISCUSSION	٨	۸E	L	
	1:00	BINGO!	R	L	G	
	1:15	AFTERNOON MOVIE!	A	М	М	
	2:00	PENNY POKER	A	М	G	
	3:00	HAPPY HOUR SOCIAL	A	М	IR	
	4:15	FRESH AIR BREAK	A	М	CY	
	6:00	BINGO!	٨	۸E	G	

27			
9:30	TONE & SCULPT	T	М
10:15	REMINISCING: SPRING HOLIDAYS	T	IR
11:30	LIVE PIANO PERFORMANCE BY TAYLOR	T	L
1:00	BINGO!	RL	В
1:15	AFTERNOON MOVIE	ME	М
2:00	CANASTA	ME	G
3:00	SOFT PRETZEL SOCIAL	ME	IR
4:15	SMARTBOARD CROSSWORDS	ME	М
6:00	BINGO!	TI	G
7:00	EVENING IN THE CINEMA	TI	М

			29	
	T	М	9:30	GOOD MORNING YOGA
	T	L	10:15	TOTAL REQUEST LIVE WITH
	T	IR	10:15	ROOM TO ROOM VISITS
1	T	L	11:30	LIVE PIANO PERFORMANO
	K	М	1:00	BINGO
	K	G	1:15	AFTERNOON MOVIE
	K	IR	2:00	UPWORDS
	<i>_</i>		3:00	MOZZARELLA STICK S
	K	CY	4:15	LADIES MINGLE GROU
	ME	М	6:00	EVENING BINGO!
	ME	М	7:00	EVENING IN THE CINEMA